

# One-page profiles

## What is a one-page profile?

A one-page profile is a simple summary of what is important to a child or young person and how they want to be supported. It can help them get more person-centred care and support to achieve their goals.

A one-page profile captures all the important information about a person on a single sheet of paper. Information is recorded under three or four simple headings, for example:

- What people appreciate about me
- What's important to me
- How best to help and support me
- My goals and wishes for the future

One-page profiles should only contain positive information and can be for anyone of any age from preschool to adult. They help those around a person to understand them better and know how best to support them.

The child or young person should be involved as much as possible in the development of the one-page profile.

## How are one-page profiles being used?

Many young people with special educational needs and/or disability (SEND) use their one-page profile to help them communicate with new people. For example, they can take it to medical appointments or college interviews. They find it an effective way of communicating to new people about themselves.

They are also used at points of transition to help receiving settings develop a clear picture of the child or young person.

## How schools have adapted the one-page profile

Schools have adapted the one-page profile into a document that contains information about a child's strengths, interests and specific support needs. You may hear these called different names such as Pupil Passport or All About Me.

A One Page Profile should provide an accurate and honest summary of a child or young person's strengths and difficulties and include:

- A recent photo
- What people need to know about them
- What they like to be called/how to talk to them
- Who/what is important to them (people, toys, pets, hobbies)
- What they like doing/are good at
- What motivates or triggers them
- How to communicate with them (using additional visual, verbal prompts etc)
- An honest and true reflection of the child or young person's strengths and needs
- Any diagnosis they may have
- Ideas about how best to support/include them including specific support strategies and approaches (e.g. seating position, equipment, task structure, adult support, use of visuals)
- Links to other key documents that have information about them (e.g. SEN Support Plan, EHCP, risk management plan (including key words/scripts), medical/health care plans (including asthma/allergies), PEP)
- Professional involvement e.g. School support agencies, health etc
- Any other key information which may impact on their learning or social and emotional wellbeing

At times of transition, additional headings such as 'What I am looking forward to in my new setting' and 'What concerns me' can be added.

It is also recommended that One Page Profiles should:

- Be updated annually
- Stay with the child or young person throughout their education
- Include the views of the child or young person, their parents/carers and the views of the setting
- Be reviewed at least termly
- Be adapted to suit the individual, so that both the content and format are age and stage appropriate (Home → Early Years → Key Stage 1 → Key Stage 2 → Key Stage 3 → Key Stage 4 → Post-16)
- Be reviewed prior to transition so that they provide a clear and accurate picture of the child or young person for the new setting