

PUBLIC HEALTH DIRECTORATE

Council House, Manor Square
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www.solihull.gov.uk

Date: 21/03/2024

Dear Parents and Carers

Measles (MMR) Vaccine Reminder

Measles remains a serious issue across Birmingham and Solihull. Most of the cases we have seen in recent months have been young children who have not been vaccinated. There are also increasing numbers of adults getting measles.

Measles is a highly infectious disease, which can be very serious. **Two doses of the MMR vaccine is the best protection against measles. We need everyone protected to avoid future outbreaks.**


The MMR vaccine is safe for every faith. There is a type of MMR vaccine that does not contain pork gelatine, so it can be used for people who do not touch any pork products. This vaccine is available at every GP practice, and it is free.

Please contact your GP to book an appointment for Measles (MMR) vaccine.

Children and adults can catch up on any missed vaccines. Children should have the first dose at 1 year old and the second dose at 3 years and 4 months old. Two doses of the MMR can provide life-long immunity.

A significant number of children with measles during this outbreak have had to be admitted to hospital. Some people will suffer long-term effects from getting measles. Please ensure you and your loved ones are vaccinated this Easter.

Yours sincerely



Ruth Tennant
Director of Public Health, Solihull MBC

For more information: <https://www.nhs.uk/conditions/measles/>