

Self-regulation

Helping children to manage their own thoughts, emotions and behaviour

We are very pleased to present a training opportunity with early years consultants and writers,
Nancy Stewart and Helen Moylett

Target Audience: **teachers and practitioners working in EYFS**

Supporting children to control their thoughts, feelings and behaviour is increasingly identified as a key way in which excellent early years settings can have lasting positive impact.

This day course will provide an overview of:

- what self-regulation looks like in practice
- what adults can do to support children
- where it links with the EYFS.

We will consider how managing challenging behaviour, and organising and providing for play, can be opportunities to help children become more aware of their capacity to make choices and take responsibility for controlling their actions.

The Ofsted annual report 2015/16 outlines that during inspections, inspectors will be collecting 'more evidence about behaviour, including around listening skills, preparedness for learning and relationships in early years'.

Date	Time	Venue
Monday 3 rd July 2017	9. 30am – 4.00pm	Sans Souci B90 4DD

Cost: - £65.00 per delegate



Nancy Stewart is an independent consultant and writer with wide experience across early years sectors in schools, nurseries, local authority and National Strategies where she was a Senior Adviser with Every Child a Talker. Nancy provided expert advice to the review of the Early Years Foundation Stage, drawing on her interest in children's development as self-regulating learners. Her writing includes the influential *How Children Learn: The Characteristics of Effective Early Learning* (Early Education 2012), and she co-produced *Development Matters in the EYFS*. Nancy's recent areas of focus include early communication and language, self-regulation, and the role of the adult in playful teaching and learning. She has experience as lecturer and assessor for Early Years Professional Status, and serves as Vice Chair on the executive committee of TACTYC, the Association for the Professional Development of Early Years Educators.



Helen Moylett is an independent early years consultant and writer. She has been head teacher of an early years centre as well as working in schools and as a university lecturer. She was a Birth to Three Matters national trainer and from 2004-2011 she worked for the National Strategies and was centrally involved in developing the Early Years Foundation Stage and other national guidance. Helen was national lead for the Every Child a Talker programme. She co-authored 'Development Matters' with Nancy Stewart and has written and edited several early years books – most recently *Characteristics of Effective Early Learning: helping young children become learners for life* (OU Press 2014). She is a Vice President of Early Education and tutors on the M.A. and PGCE courses at the Centre for Research in Early Childhood in Birmingham.