The Solihull Children and Young People's Health and Wellbeing Survey 2018

A report for Unity Collaborative Years 4 & 6

The Schools Health Education Unit

www.sheu.org.uk



School Survey Report 2018

Unity Collaborative compared with Solihull Primary

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The support service we offer benefits from the continuous use and development of our materials, and feedback from users. Therefore, if you wish to make any contribution based on your own use of the survey service, we would be delighted to hear from you.

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Foreword

The Schools Health Education Unit (SHEU) is pleased to be able to produce your Report, which contains detailed information about the health beliefs and behaviour of your pupils.

The report compares the data collected from your pupils with those from a larger, wider sample.

SHEU is sure that you, your colleagues, and your pupils will also find the information contained within this report to be of value in helping you to gauge some of the most important factors that affect the lives of our young people both now and in the future.

SHEU hope that your pupils found the experience of completing the questionnaire interesting and thought provoking.

Finally, SHEU would like to take this opportunity to thank you for your support and co-operation in agreeing to participate in this valuable research initiative.

Angela Balding

Angela Balding Survey Manager Schools Health Education Unit

David Kggis

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Introduction

The Health-Related Behaviour Survey, developed by the Schools Health Education Unit, is designed for young people of primary and secondary school age. The surveys have been developed over 30 years by health and education professionals, and over a million school children have taken part. In the last ten years, over four thousand schools and colleges have participated. Data arising from the survey can be used to inform planning decisions as well as being used in the classroom as the stimulus for discussion with young people.

This report should ideally be studied with reference to the original questionnaire and the survey results tables. The first is recommended because we may have paraphrased a question below for reasons of space, and the precise wording and position may be important for interpretation.

Preceding this report you should have received **The Survey Results Tables** (or online results), which contain more information than can be summarised here. You may want to refer to this if you want to look in more detail at the results of a particular question. The Survey Results Tables show the number of responses received for each question, which may be less than the total sample. Also in the Results Tables we show the results of each response for multiple-choice questions, whereas in this report answers may be selective or grouped.

A school's results are confidential and will not be shared with other organisations without the express permission of the school.

Additional services (graphs and discs) are available; please contact SHEU. In particular, we have designed a set of INSET workshops around different examples of using the questionnaire data. If you would like further details of these or have any comments on this report please contact us at the address on the front of the report.

If you would like further details about Government policy background, we have created an overview which can be downloaded from our website at: <u>http://sheu.org.uk/content/page/appendix</u>.

Comparison figures

In this report the data gathered from this survey have been compared with a larger sample from your area. For example, if your school is in Exeter then the wider data might be Devon. This enables you to compare your results with others in the area and also go to the SHEU annual reports (summaries available at www.sheu.org.uk/publications) to find out about the UK statistics and trends.

If the figures in your survey have been compared with results from a reference sample, the reference figures are normally given second, and often in parentheses.

15% (20%) of the sample...

Your survey (Reference sample)

| | Your survey | | Reference Sample | | |
|-------|-------------|---------|------------------|---------|--|
| | Year 8 | Year 10 | Year 8 | Year 10 | |
| Boys | 10 | 20 | 30 | 40 | |
| Girls | 80 | 70 | 60 | 50 | |

| Fav | ourite fruits | | |
|-----|---------------|----|------|
| 1 | Apples | 70 | (60) |
| 2 | Oranges | 60 | (50) |
| 3 | Bananas | 50 | (40) |

Your survey (Reference sample)

The sample

This survey involved pupils from the following years. The numbers in each group are shown below.

| | Unity | | • | Solihull |
|-------|-----------|-----|------|----------|
| | Yr 4 Yr 6 | | Yr 4 | Yr 6 |
| Boys | 372 | 383 | 1134 | 1157 |
| Girls | 335 | 327 | 1070 | 1062 |

Please note that 8 (15) pupil(s) didn't specify whether they are a boy or a girl or were unsure/ preferred not to say/described themselves in some other way and 0 (0) didn't specify what year group they are in. These pupils will not be included in any tables or charts which are split by sex or year respectively, however they will be included in any total figures.

If the sample you sent to Exeter for analysis was small, then it may have been aggregated by sex or year, or merged with a sample from another school or schools. This is done so that the figures are not too influenced by the behaviour of any one individual, and to ensure that the anonymity of the respondents is not compromised. If you would like to discuss this in more detail, please contact the Unit directly.

Spine Charts

Key Findings

In the chart below a coloured diamond represents Unity Collaborative's result, while the hollow diamond represents the figure for Solihull Primary. The distance between the diamonds indicates the size of the difference between the percentages – the greater the gap, the larger the difference. The colour of the diamond reflects whether a difference is statistically significant and if the difference is positive (green/white spots), negative (red/white stripes) or if it is not statistically significant (blue). The white space is an indication of how spread out the scores are for Solihull Primary pupils (\pm one Standard Deviation, the paler grey is the next SD).

♦ Collaborative neutral value 🔌 Collaborative worse than Solihull 🔌 Collaborative better than Solihull 🛇 Solihull value

| | | Collabora tive | Solihull | |
|-----------------------|--|-------------------|----------|--------------------------------|
| Diet | % who didn't have anything for breakfast on the day of the survey. (Q6) | 4% | 2% | () |
| Food and Diet | % who ate at least 5 portions of fruit and vegetables on the day before the survey. (Q7) | 23% | 27% | ♦♦ |
| 000 | % who eat fresh fruit 'on most days'. (Q8) | 53% | 61% | \Rightarrow |
| | % who eat vegetables 'on most days'. (Q8) | 41% | 52% | \diamond |
| Safe | % who 'never' feel afraid of going to school because of bullying. (Q10) | 64% | 65% | |
| Feeling Safe | % who have been bullied at or near school in the last 12 months. (Q11) | 26% | 24% | |
| Ľ. | % who think their school takes bullying seriously. (Q15) | 75% | 77% | |
| | % who 'often' feel <u>happy</u> during school playtimes. (Q17a) | 63% | 69% | $\Leftrightarrow \diamondsuit$ |
| | % who 'often' feel safe during school playtimes. (Q17b) | 72% | 77% | \Diamond |
| ne | % who spent time playing sport or doing physical activity after school on the day before the survey. (Q19) | 47% | 49% | |
| Leisure Time | % who were physically active for an hour or more on at least five days in the week before the survey. (Q22) | 36% | 41% | \$◊ |
| Leis | % who have been involved in more than 2 hours of physical activity during school time in the 7 days before the survey. (Q23) | 25% | 28% | |
| | % who walked/scootered to school on the day of the survey. (Q24) | 45% | 39% | $\diamond \diamond$ |
| Н&Н * | % who washed their hands before lunch on the day before the survey. (Q28) | 57% | 65% | |
| Internet Safety | % who said that their parents/carers have rules about what they are allowed to do online. (Q32) | 77% | 80% | |
| Inte Saf | % who have been told how to stay safe while chatting online. (Q36) | 86% | 88% | ۵ |
| ٧B | % who had a high self-esteem score (15 or more). (Q39) | 34% | 39% | $\Leftrightarrow \diamondsuit$ |
| EHWB | % who can 'usually or always' say no when a friend wants them to do something they don't want to do. (Q40) | 46% | 47% | ◆ |
| S | % who have had an alcoholic drink at some point in their lives. (Q42) | 18% | 13% | $\Diamond \blacklozenge$ |
| Jrugs | % of Year 6 pupils who do not drink alcohol. (Q46) | 83% | 87% | ♦ ♦ |
| ы С | % of Year 6 pupils who have never smoked a cigarette. (Q47) | 98% | 98% | |
| okin | % who think they will not smoke when they are older. (Q49) | 88% | 91% | \$ |
| Alcohol, Smoking, Dru | % who said that their parents have talked with them about drugs. (Q56) | 61% | 63% | * |
| Alcohe | % who said that their teachers have talked with them in school lessons about drugs. (Q56) | 48% | 48% | • |
| | % who are 'fairly sure' or 'certain' that they know someone who uses drugs (not as medicines). (Q57) | 16% | 14% | |

* H&H = Health & Hygiene

0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%

OFSTED Framework

| | Sample size: | | | | | | | |
|-------|--------------|-------|-------|------|----------|-------|--|--|
| | | Unity | | | Solihull | | | |
| | Yr 4 | Yr 6 | Total | Yr 4 | Yr 6 | Total | | |
| Boys | 372 | 383 | 755 | 1134 | 1157 | 2291 | | |
| Girls | 335 | 327 | 662 | 1070 | 1062 | 2132 | | |
| Total | 707 | 710 | 1417 | 2204 | 2219 | 4423 | | |

Personal development, behaviour and welfare (PDBW) score for Unity Collaborative:

| | Year 4 | | Year 6 | | Total |
|-----------------|--------|-------|--------|-------|-------|
| | Boys | Girls | Boys | Girls | |
| 0% – 24% true | 0% | 0% | 0% | 0% | 0% |
| 25% – 49% true | 20% | 19% | 11% | 11% | 15% |
| 50% – 74% true | 63% | 65% | 52% | 59% | 60% |
| 75% – 100% true | 16% | 16% | 37% | 31% | 25% |

This table provides a summary PDBW score which reflects the percentage of positive responses a pupil gave throughout the questionnaire; a higher percentage of 'true' responses indicates good personal development, behaviour and welfare.

Personal development, behaviour and welfare (PDBW) score for Solihull Primary:

| | Year 4 | | Year 6 | Total | |
|-----------------|--------|-------|--------|-------|-----|
| | Boys | Girls | Boys | Girls | |
| 0% – 24% true | 0% | 0% | 0% | 0% | 0% |
| 25% – 49% true | 16% | 15% | 6% | 7% | 11% |
| 50% – 74% true | 63% | 65% | 47% | 48% | 56% |
| 75% – 100% true | 20% | 20% | 47% | 44% | 33% |

Please note that the following charts only apply to Unity Collaborative.

Unity Collaborative: Pride in achievement and commitment to learning, supported by a positive culture across the whole provider:

| | Year 4 | | Year 6 | Total | |
|---|--------|-------|--------|-------|-----|
| | Boys | Girls | Boys | Girls | |
| Pupils who think their school cares whether they are happy or not. | 73% | 80% | 78% | 79% | 77% |
| Pupils who think their work is marked so they can see how to improve it. | 90% | 92% | 95% | 95% | 93% |
| Pupils who think their achievements in and out of school are recognised. | 60% | 64% | 66% | 62% | 63% |
| Pupils who think their school encourages everyone to take part in decisions | 78% | 85% | 82% | 86% | 82% |
| Pupils who think that teachers listen to them at school. | 70% | 71% | 73% | 71% | 71% |

Unity Collaborative: Self-confidence, self-awareness and understanding of how to be a successful learner:

| | Year 4 | | Year 6 | | Total |
|---|--------|-------|--------|-------|-------|
| | Boys | Girls | Boys | Girls | |
| Pupils who set their own targets and are helped to meet them. | 70% | 71% | 81% | 80% | 76% |
| Pupils who spent some time going to a club after school on the day before the survey. | 32% | 26% | 34% | 29% | 30% |
| Pupils who spent some time doing homework after school on the day before the survey. | 48% | 60% | 45% | 52% | 51% |
| Pupils who have high self-esteem. | 37% | 22% | 43% | 33% | 34% |
| Pupils who do not usually feel uneasy when they have to say something in front of teachers. | 43% | 41% | 52% | 40% | 44% |
| Pupils who do not usually feel shy when they want to tell a teacher something. | 54% | 38% | 61% | 43% | 49% |

Unity Collaborative: Choices about the next stage of their education, employment, selfemployment or training, where relevant, from impartial careers advice and guidance:

| | Year 4 | | Year 6 | Total | |
|--|--------|-------|--------|-------|-----|
| | Boys | Girls | Boys | Girls | |
| Pupils who think their school helps them work as part of a team. | 86% | 90% | 83% | 83% | 85% |
| Pupils who think their school helps them prepare for when they leave their school. | 75% | 75% | 84% | 89% | 81% |

Unity Collaborative: Following of any guidelines for behaviour and conduct, including management of their own feelings and behaviour, and how they relate to others:

| | Year 4 | Year 4 | | | Total |
|--|--------|--------|------|-------|-------|
| | Boys | Girls | Boys | Girls | |
| Pupils who think their school teaches them how to deal with their feelings positively. | 79% | 79% | 70% | 73% | 75% |
| Pupils who never feel afraid of going to school because of bullying. | 64% | 55% | 75% | 59% | 64% |
| Pupils who have not been bullied at or near school in the last 12 months. | 54% | 52% | 67% | 55% | 57% |
| Pupils who think that their school takes bullying seriously. | 72% | 73% | 80% | 76% | 75% |
| Pupils who think that others do not fear going to school because of them. | 68% | 71% | 77% | 81% | 74% |
| Pupils who sometimes/often feel happy during school playtimes. | 62% | 58% | 67% | 66% | 63% |
| Pupils who sometimes/often feel safe during school playtimes. | 71% | 68% | 74% | 76% | 72% |
| Pupils who feel happy talking to children at school. | 84% | 84% | 89% | 86% | 86% |
| Pupils who do not think that other pupils in the school often fall out with them. | 47% | 41% | 55% | 45% | 47% |
| Pupils who do not think that other pupils in the school often say nasty things about them. | 56% | 53% | 57% | 44% | 53% |

Unity Collaborative: Understanding of how to keep themselves safe from relevant risks such as abuse, sexual exploitation and extremism, including when using the internet and social media:

| | Year 4 | Year 4 | | Year 6 | | |
|---|--------|--------|------|--------|-----|--|
| | Boys | Girls | Boys | Girls | | |
| Pupils whose parents/carers have rules about what they are allowed to do online. | 68% | 82% | 75% | 86% | 77% | |
| Pupils who do not chat to people online that they have never met. | 30% | 14% | 31% | 14% | 23% | |
| Pupils who have been told how to stay safe while chatting online. | 79% | 84% | 89% | 95% | 86% | |
| Pupils who can 'usually or always say no' when a friend wants them to do something they don't want to do (i.e. resist peer pressure). | 43% | 33% | 55% | 52% | 46% | |
| Pupils who said that teachers, the school nurse or school visitors/speakers have spoken with them about drugs (including medicines). | 36% | 31% | 70% | 69% | 51% | |

Unity Collaborative: Knowledge of how to keep themselves healthy, both emotionally and physically, including through exercise and healthy eating:

| | Year 4 | - | Year 6 | | Total |
|--|--------|-------|--------|-------|-------|
| | Boys | Girls | Boys | Girls | |
| Pupils who had at least something to eat for breakfast on the day of the survey. | 85% | 90% | 86% | 89% | 88% |
| Pupils who ate at least 5 portions of fruit and vegetables on the day before the survey. | 28% | 20% | 23% | 20% | 23% |
| Pupils who enjoy physical activities (at least 'quite a lot'). | 70% | 69% | 82% | 74% | 74% |
| Pupils who were physically active for an hour or more on at least three days in the week before the survey. | 55% | 52% | 71% | 66% | 61% |
| Pupils who were physically active for at least an hour and a half during school time in the week before the survey. | | 50% | 69% | 59% | 57% |
| Pupils who washed their hands before lunch on the day before the survey. | 56% | 56% | 58% | 58% | 57% |
| Pupils who wash their hands after visiting the toilet 'whenever possible'. | 75% | 72% | 83% | 86% | 79% |
| Pupils who cleaned their teeth at least twice on the day before the survey. | 73% | 79% | 76% | 77% | 76% |
| Pupils who did not drink alcohol in the last week. | 78% | 89% | 97% | 98% | 90% |
| Pupils who have never even tried smoking a cigarette. | - | - | 96% | 99% | 98% |
| Pupils who said that teachers, the school nurse or school visitors/speakers have spoken with them about how their body changes as they grow up. | 45% | 44% | 67% | 77% | 58% |
| Pupils who feel that they know enough about how their body changes as they get older. | 50% | 45% | 74% | 70% | 60% |
| Pupils who said that teachers, the school nurse or school visitors/speakers have spoken with them about how their emotions change as they grow up. | 41% | 43% | 53% | 65% | 50% |

Unity Collaborative: Personal development, so that they are well prepared to respect others and contribute to wider society and life in Britain:

| | Year 4 | | Year 6 | Total | |
|--|--------|-------|--------|-------|-----|
| | Boys | Girls | Boys | Girls | |
| Pupils who think their school values people with different backgrounds. | 64% | 76% | 75% | 76% | 72% |
| Pupils who think their school encourages them to contribute to community events. | 63% | 73% | 58% | 62% | 64% |

Collaborative compared with Solihull Headlines

| | _ | Unity | _ | Solihull | | |
|-------|------|-------|------|----------|--|--|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 | | |
| Boys | 372 | 383 | 1134 | 1157 | | |
| Girls | 335 | 327 | 1070 | 1062 | | |

Solihull Primary data in brackets; see notes on interpreting differences.

Home and School

ETHNICITY

□ 77% (71%) of pupils described themselves as White English.

HOME LIFE

- □ 71% (64%) of pupils responded that they have at least one brother, while 32% (24%) said they have more than one.
- □ 68% (62%) of pupils responded that they have at least one sister, while 30% (21%) said they have more than one.
- □ 64% (59%) of pupils responded that they have at least one older brother or sister, while 33% (25%) said they have more than one.

SCHOOL

- 93% (94%) of pupils responded that their work is marked so they can see how to improve it.
- 85% (86%) of pupils responded that their school helps them work as part of a team.

Food and Diet

WEIGHT

- □ 6% (5%) of pupils responded that they would like to put on weight.
- □ 30% (26%) of pupils responded that they would like to lose weight.
- □ 65% (69%) of pupils responded that they are happy with their weight as it is.

BREAKFAST

- 4% (2%) of pupils responded that they didn't have anything for breakfast on the day of the survey, while 6% (7%) said they had a cooked breakfast.
- 8% (5%) of pupils responded that they had only a drink for breakfast on the day of the survey.
- 45% (52%) of pupils responded that they had cereal to eat for breakfast on the day of the survey, while 26% (30%) said they had toast, bread, bagels or croissants.
- □ 6% (4%) of pupils responded that they had biscuits for breakfast on the day of the survey.
- 81% (87%) of pupils responded that they had something to eat or drink for breakfast at home on the day of the survey.

FIVE-A-DAY

□ 16% (12%) of boys and 14% (8%) of girls responded that they didn't eat any portions of fruit or vegetables on the day before the survey.

 25% (27%) of boys and 20% (27%) of girls responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.

FOOD

- □ 41% (52%) of pupils responded that they eat vegetables 'on most days'; 53% (61%) said the same of fresh fruit.
- □ 50% (41%) of pupils responded that they 'rarely or never' eat any fish/fish fingers.

WATER

- 13% (8%) of pupils responded that they didn't drink any water on the day before the survey.
- 31% (35%) of pupils responded that they drank at least 'about a litre' of water on the day before the survey.
- 92% (93%) of pupils responded that they are able to get water at school, while 6% (6%) said 'not easily'.
- □ 59% (58%) of pupils responded that they can get water from a water fountain at school; 57% (65%) said they can get it from their own drinking bottle.

Money

SPENDING

□ 40% (32%) of pupils responded that they spent their own money on sweets, chocolate etc. in the 7 days before the survey, while 35% (34%) said they bought books and 30% (31%) bought toys.

Feeling Safe

BULLYING

- 31% (30%) of boys and 43% (40%) of girls responded that they at least 'sometimes' feel afraid of going to school because of bullying.
- 10% (8%) of pupils responded that they 'often' or 'very often' feel afraid of going to school because of bullying.
- 26% (24%) of pupils responded that they have been bullied at or near school in the last 12 months, while 17% (18%) said they 'don't know'.
- □ 68% (68%) of boys and 64% (63%) of girls responded that they experienced at least one of the negative behaviours listed at least a 'few times' in the month before the survey, while 13% (10%) of boys and 9% (7%) of girls experienced such behaviour 'every day'.
- □ 44% (40%) of pupils responded that they have been called nasty names at least a 'few times' in the month before the survey; 38% (39%) said they have been pushed/hit for no reason.

- 35% (37%) of pupils responded that they have experienced at least one of the negative behaviours listed in the school playground/field during breaktimes, while 30% (31%) said they have experienced them in a classroom during breaktimes.
- 18% (15%) of pupils responded that they have been 'picked on' or bullied because of the way they look; 6% (5%) said it was because of their race, colour or religion.
- 75% (77%) of pupils responded that they think their school takes bullying seriously, while 14% (14%) said they 'don't know'.
- □ 6% (4%) of pupils responded that they think others may be frightened of going to school because of them, while 20% (20%) said they 'don't know'.

Leisure Time

SCHOOL BREAKTIMES

- 7% (5%) of pupils responded that they 'never/hardly ever' feel <u>happy</u> during school playtimes, while 29% (26%) said they do so 'sometimes'.
- □ 63% (69%) of pupils responded that they 'often' feel happy during school playtimes.
- 6% (5%) of pupils responded that they 'never/hardly ever' feel <u>safe</u> during school playtimes, while 21% (18%) said they do so 'sometimes'.
- □ 72% (77%) of pupils responded that they 'often' feel <u>safe</u> during school playtimes.
- 85% (89%) of pupils responded that they play running/skipping games/tag at least 'sometimes' during school playtimes; 62% (68%) said they play ball games like football or netball.

AFTER SCHOOL ACTIVITIES

G3% (65%) of pupils responded that they spent time watching TV after school on the day before the survey, while 51% (53%) spent time doing homework and 47% (49%) played sport or other physical activity.

Physical Activity

FITNESS

- □ 11% (9%) of pupils responded that they think they are 'unfit' or 'very unfit'.
- □ 61% (67%) of pupils responded that they think they are 'fit' or 'very fit'.
- □ 5% (3%) of pupils responded that they don't enjoy physical activities at all.
- □ 74% (80%) of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.
- □ 11% (7%) of pupils responded that they were not physically active for an hour or more at all in the week before the survey.
- □ 61% (67%) of pupils responded that they were physically active for an hour or more on at least three days in the week before the survey.
- 14% (11%) of pupils responded that they have not been involved in any physical activity during school time in the 7 days before the survey.
- □ 43% (43%) of pupils responded that they have been involved in more than 1½ hours of physical activity during school time in the 7 days before the survey.

ACTIVE TRAVEL

- 52% (61%) of pupils responded that they travelled to school by car/van on the day of the survey.
- □ 45% (39%) of pupils responded that they walked/scootered to school on the day of the survey.

SPORTS

- 88% (92%) of pupils responded that they play or do one or more of the physical activities listed at least 'once a week'.
- □ 50% (54%) of pupils responded that they run at least 'once a week', while 50% (54%) said the same of keep-fit and 26% (24%) ride their bike.

Hygiene

- □ 57% (65%) of pupils responded that they washed their hands before lunch on the day before the survey, while 18% (15%) said they were 'not sure'.
- □ 79% (86%) of pupils responded that they wash their hands 'whenever possible' after visiting the toilet.
- □ 3% (2%) of pupils responded that they 'never or almost never' wash their hands after visiting the toilet.

DENTAL HEALTH

- □ 76% (82%) of pupils responded that they cleaned their teeth at least twice the day before the survey.
- □ 4% (2%) of pupils responded that they did not clean their teeth at all on the day before the survey.
- 74% (80%) of pupils responded that they had a check-up the last time they visited the dentist, while 35% (24%) said they had fillings.

ASTHMA

- 14% (12%) of pupils responded that they have asthma, while 14% (11%) said they 'don't know' if they do.
- 9% (8%) of pupils responded that they took medicine for asthma (pills, inhaler) in the 7 days before the survey.

Internet Safety

- 72% (73%) of pupils responded that they use a computer/tablet unsupervised when their parents/carers aren't in the room.
- 77% (80%) of pupils responded that their parents/carers have rules about what they are allowed to do online.
- 92% (93%) of pupils responded that they have used the internet at home in the past week and 54% (57%) have used it at school.
- □ 74% (73%) of pupils responded that they use the internet for playing online games, while 55% (63%) said they use it for school work/homework.
- 23% (19%) of pupils responded that they chat online to people they have never met.
- □ 7% (5%) of pupils responded that they chat online to people they have never met and have received a message which scared them or made them upset.
- 86% (88%) of pupils responded that they have been told how to stay safe while chatting online.

Emotional Health and Wellbeing

SELF-ESTEEM

- □ 30% (23%) of pupils had a med-low self-esteem score (9 or less).
- □ 34% (39%) of pupils had a high self-esteem score (15 or more).
- 86% (89%) of pupils responded that they feel happy talking to other children at school.

PEER PRESSURE

- □ 46% (47%) of pupils responded that they can 'usually or always' say no when a friend wants them to do something they don't want to do.
- 26% (23%) of pupils responded that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.
- □ 45% (48%) of pupils responded that they 'usually or always' know what to say when they want a friend to do something.
- □ 21% (16%) of pupils responded that they 'hardly ever' or 'never' know what to say when they want a friend to do something.

WORRYING AND PROBLEMS

- 87% (89%) of pupils worry at least 'a little' about one or more of the issues listed, while 68% (67%) said they do so 'quite a lot' or 'a lot'.
- □ 16% (13%) of boys and 17% (14%) of girls responded that they worry about at least 3 of the issues listed 'quite a lot' or 'a lot'; while 35% (35%) of boys and 28% (31%) of girls said that they don't worry about any of them.
- □ 36% (35%) of pupils responded that they worry about crime 'quite a lot' or 'a lot', while 35% (31%) said they worry about school tests.
- 32% (27%) of pupils responded that they worry about family relationships 'quite a lot' or 'a lot'; 23% (20%) said they worry about the way they look.

Alcohol, Smoking, Drugs

- 18% (13%) of pupils responded that they have had an alcoholic drink at some point in their lives.
- □ Of the 244 (568) pupils who have had an alcoholic drink, they were on average 7 (7) years old when they first tried alcohol.
- 3% (3%) of Year 6 pupils responded that they had an alcoholic drink on at least one day in the 7 days before the survey; 1% (1%) said they drank alcohol on more than one day.
- 2% (1%) of pupils responded that they drank beer or lager in the 7 days before the survey, while 1% (1%) drank spirits.
- □ 83% (87%) of Year 6 pupils responded that they do not drink alcohol.
- 13% (11%) of Year 6 pupils responded that they do drink alcohol and their parents 'always' know, while 1% (1%) said their parents 'usually' know.
- 3% (2%) of Year 6 pupils responded that they drink alcohol and their parents 'never' or only 'sometimes' know.

18% (15%) of Year 4 pupils responded that they drink alcohol and their parents always know when they do, while 5% (4%) said their parents don't always know; 77% (81%) said they don't drink alcohol.

SMOKING

- 2% (2%) of Year 6 pupils said they have smoked in the past or smoke now.
- 2% (1%) of Year 4 pupils responded that they have smoked a cigarette.
- □ 0% (0%) of pupils responded that they smoked in the week before the survey.
- □ 88% (91%) of pupils responded that they think they will not smoke when they are older.
- 2% (1%) of pupils responded that they think they will smoke when they are older, while 10% (7%) think they may smoke.

E-CIGARETTES

- 94% (95%) of pupils responded that they have either never heard of or never used electronic cigarettes/'ecigarettes'.
- 1% (1%) of pupils responded that they have used an e-cigarette at least 'occasionally'.

DRUGS

- 61% (63%) of pupils responded that their parents have talked with them about drugs (including medicines), while 48% (48%) said their teachers have talked with them in school lessons and 19% (21%) said their friends have.
- □ 51% (51%) of pupils responded that either their teachers, the school nurse or visitors in school lessons have talked with them about drugs (incl. medicines).
- 16% (14%) of pupils responded that they are 'fairly sure' or 'certain' that they know someone who uses drugs (not as medicines).
- 1% (2%) of Year 6 pupils responded that they have been offered cannabis. 5% (4%) said they 'don't know' if they have.
- 2% (1%) of Year 6 pupils responded that they have been offered other drugs (not cannabis or medicines), while 3% (3%) said they 'don't know' if they have.

Growing Up

- 74% (76%) of pupils responded that their parents have talked with them about how their body changes as they grow up, while 53% (60%) said their teachers have talked with them in school lessons and 30% (32%) said their friends have.
- 58% (64%) of pupils responded that either their teachers, the school nurse or visitors in school lessons have talked with them about how their body changes as they grow up.
- □ 60% (62%) of pupils responded that they feel they know enough about how their body changes as they get older, while 13% (10%) feel they don't know enough.
- 71% (75%) of pupils responded that their parents have talked with them about how their feelings/emotions change as they grow up, while 47% (50%) said their teachers have talked with them

in school lessons and 32% (32%) said their friends have.

□ 50% (53%) of pupils responded that either their teachers, the school nurse or visitors in school lessons have talked with them about how their feelings/emotions change as they grow up.

PERIODS

 15% (13%) of Year 6 girls responded that they have started their periods, while 11% (11%) said they 'don't know' if they have.

HIV

- □ 27% (23%) of pupils responded that they know about AIDS (or HIV).
- 15% (13%) of pupils responded that their parents have talked with them about AIDS (or HIV), while 8% (6%) said their teachers have talked with them in school lessons.

Significant Differences

Where differences can be seen between your school and the reference sample, you may find the enclosed table of some use in deciding if the differences seen are significant. The 'standard error' of a proportion is an assessment of how reliable our figures are, that is, the margin of error.

Two points in particular should be made:

- 1. when the sample size is small, it may be that just one individual voting a different way would make a large percentage difference to the results (so, one in twenty is 5%)
- 2. even if your sample is small, you may have a very high proportion of your available population if, say, you sample every single pupil of your year 8 class. In this case, the notion of 'margin of error' doesn't really apply to the sampling, only to the process of collecting the responses.

| | | Percentage seen in sample | | | | | |
|--------|-----|---------------------------|-----|------|------|------|--|
| | | 10% | 20% | 30% | 40% | 50% | |
| Number | 20 | 6.7 | 8.9 | 10.2 | 11.0 | 11.2 | |
| In | 30 | 5.5 | 7.3 | 8.4 | 8.9 | 9.1 | |
| sample | 40 | 4.7 | 6.3 | 7.2 | 7.7 | 7.9 | |
| | 50 | 4.2 | 5.7 | 6.5 | 6.9 | 7.1 | |
| | 60 | 3.9 | 5.2 | 5.9 | 6.3 | 6.5 | |
| | 80 | 3.4 | 4.5 | 5.1 | 5.5 | 5.6 | |
| | 100 | 3.0 | 4.0 | 4.6 | 4.9 | 5.0 | |
| | 150 | 2.4 | 3.3 | 3.7 | 4.0 | 4.1 | |
| | 200 | 2.1 | 2.8 | 3.2 | 3.5 | 3.5 | |
| | 300 | 1.7 | 2.3 | 2.6 | 2.8 | 2.9 | |
| | 500 | 1.3 | 1.8 | 2.0 | 2.2 | 2.2 | |

TABLE OF STANDARD ERRORS OF PROPORTION

So, if you have a sample of 50 students and 30% of them think that the school needs a new swimming pool, we can see from the table that standard error of the percentage is about $\pm 6.5\%$.

List of Significant Differences

Below we have listed some statistically significant differences between Unity Collaborative and Solihull Primary.

| Sig | Collab. | Solihull | Question |
|-------|---------|----------|--|
| * * * | 41% | 52% | of pupils responded that they eat vegetables 'on most days'. |
| * * * | 35% | 24% | of pupils responded that they had fillings the last time they visited the dentist. |
| * * * | 50% | 41% | of pupils responded that they 'rarely or never' eat any fish/fish fingers. |
| * * * | 52% | 61% | of pupils responded that they travelled to school by car/van on the day of the survey. |
| * * * | 79% | 86% | of pupils responded that they wash their hands 'whenever possible' after visiting the toilet. |
| * * * | 57% | 65% | of pupils responded that they can get water from their own drinking bottle at school. |
| * * * | 40% | 32% | of pupils responded that they spent their own money on sweets, chocolate etc. in the 7 days before the survey. |
| * * * | 13% | 8% | of pupils responded that they didn't drink any water on the day before the survey. |
| *** | 81% | 87% | of pupils responded that they had something to eat or drink for breakfast at home on the day of the survey. |
| * * * | 55% | 63% | of pupils responded that they use the internet for school work/homework. |
| * * * | 53% | 61% | of pupils responded that they eat fresh fruit 'on most days'. |
| * * * | 15% | 10% | responded that they didn't eat any portions of fruit or vegetables on the day before the survey. |
| * * * | 57% | 65% | of pupils responded that they washed their hands before lunch on the day before the survey. |
| * * * | 76% | 82% | of pupils responded that they cleaned their teeth at least twice the day before the survey. |
| * * * | 74% | 80% | of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'. |
| * * * | 30% | 23% | of pupils had a med-low self-esteem score (9 or less). |
| * * * | 88% | 92% | of pupils responded that they play or do one or more of the physical activities listed at least 'once a week'. |
| * * * | 85% | 89% | of pupils responded that they play running/skipping games/tag at least 'sometimes' during school playtimes. |
| * * * | 53% | 60% | of pupils responded that their teachers have talked with them in school lessons about how their body changes as they grow up. |
| * * * | 21% | 16% | of pupils responded that they 'hardly ever' or 'never' know what to say when they want a friend to do something. |
| * * * | 45% | 52% | of pupils responded that they had cereal to eat for breakfast on the day of the survey. |
| * * * | 74% | 80% | of pupils responded that they had a check-up the last time they visited the dentist. |
| * * * | 71% | 64% | of pupils responded that they have at least one brother. |
| * * * | 18% | 13% | of pupils responded that they have had an alcoholic drink at some point in their lives. |
| * * * | 62% | 68% | of pupils responded that they play ball games like football or netball at least 'sometimes' during school playtimes. |
| * * * | 11% | 7% | of pupils responded that they were not physically active for an hour or more at all in the week before the survey. |
| * * * | 68% | 62% | of pupils responded that they have at least one sister. |
| * * * | 61% | 67% | of pupils responded that they think they are 'fit' or 'very fit'. |
| * * * | 77% | 71% | of pupils described themselves as White English. |
| *** | 58% | 64% | of pupils responded that either their teachers, the school nurse or visitors in school lessons have talked with them about how their body changes as they grow up. |
| * * * | 45% | 39% | of pupils responded that they walked/scootered to school on the day of the survey. |
| * * * | 61% | 67% | of pupils responded that they were physically active for an hour or more on at least three days in the week before the survey. |
| * * * | 63% | 69% | of pupils responded that they 'often' feel happy during school playtimes. |
| * * * | 6% | 4% | of pupils responded that they had biscuits for breakfast on the day of the survey. |
| * * * | 4% | 2% | of pupils responded that they did not clean their teeth at all on the day before the survey. |
| * * * | 88% | 91% | of pupils responded that they think they will not smoke when they are older. |
| * * * | 34% | 39% | of pupils had a high self-esteem score (15 or more). |
| * * * | 72% | 77% | of pupils responded that they 'often' feel safe during school playtimes. |
| * * * | 32% | 27% | of pupils responded that they worry about family relationships 'quite a lot' or 'a lot'. |
| | | | |

| * * * | 86% | 89% | of pupils responded that they feel happy talking to other children at school. |
|--------|------------|---------|---|
| * * * | 64% | 59% | of pupils responded that they have at least one older brother or sister. |
| * * * | 71% | 75% | of pupils responded that their parents have talked with them about how their feelings/emotions change as they grow up. |
| * * * | 23% | 19% | of pupils responded that they chat online to people they have never met. |
| * * * | 11% | 9% | of pupils responded that they think they are 'unfit' or 'very unfit'. |
| * * * | 44% | 40% | of pupils responded that they have been called nasty names at least a 'few times' in the month before the survey. |
| * * * | 26% | 30% | of pupils responded that they had toast, bread, bagels or croissants for breakfast on the day of the survey. |
| * * * | 8% | 5% | of pupils responded that they had only a drink for breakfast on the day of the survey. |
| * * * | 7% | 5% | of pupils responded that they chat online to people they have never met and have received a message which scared them or made them upset. |
| *** | 31% | 35% | of pupils responded that they drank at least 'about a litre' of water on the day before the survey. |
| * * * | 5% | 3% | of pupils responded that they don't enjoy physical activities at all. |
| * * * | 6% | 4% | of pupils responded that they think others may be frightened of going to school because of them. |
| * * * | 7% | 5% | of pupils responded that they 'never/hardly ever' feel happy during school playtimes. |
| * * * | 17% | 13% | of pupils responded that they worry about at least 3 of the issues listed 'quite a lot' or 'a lot'. |
| * * * | 35% | 31% | of pupils responded that they worry about school tests 'quite a lot' or 'a lot'. |
| * * * | 23% | 27% | responded that they ate at least 5 portions of fruit and vegetables on the day before the survey. |
| * * * | 65% | 69% | of pupils responded that they are happy with their weight as it is. |
| * * * | 3% | 2% | of pupils responded that they 'never or almost never' wash their hands after visiting the toilet. |
| * * * | 14% | 11% | of pupils responded that they have not been involved in any physical activity during school time in the 7 days before the survey. |
| * * * | 50% | 54% | of pupils responded that they run at least 'once a week'. |
| * * * | 23% | 20% | of pupils responded that they worry about the way they look 'quite a lot' or 'a lot'. |
| * * * | 4% | 2% | of pupils responded that they didn't have anything for breakfast on the day of the survey. |
| * * | 16% | 14% | of pupils responded that they are 'fairly sure' or 'certain' that they know someone who uses drugs (not as medicines). |
| * * | 83% | 87% | of Year 6 pupils responded that they do not drink alcohol. |
| * * | 26% | 23% | of pupils responded that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do. |
| * * | 8% | 6% | of pupils responded that their teachers have talked with them in school lessons about AIDS (or HIV). |
| * | 10% | 8% | of pupils responded that they 'often' or 'very often' feel afraid of going to school because of bullying. |
| * | 30% | 26% | of pupils responded that they would like to lose weight. |
| * | 2% | 1% | of pupils responded that they think they will smoke when they are older. |
| * | 47% | 50% | of pupils responded that their teachers have talked with them in school lessons about how their feelings/emotions change as they grow up. |
| * | 77% | 80% | of pupils responded that their parents/carers have rules about what they are allowed to do online. |
| * | 74% | 76% | of pupils responded that their parents have talked with them about how their body changes as they grow up. |
| Tests: | Chi-square | d (χ²). | KEY: $* = p < 0.05 (5\%)$ $** = p < 0.01 (1\%)$ $*** = p < 0.001 (0.1\%).$ |

2018/2016 Comparisons

| | _ | 2018 | 2016 | | |
|---------------|------|------|------|------|--|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 | |
| Boys | 372 | 383 | 326 | 310 | |
| Boys Girls | 335 | 327 | 254 | 274 | |

Your School's data for 2018 compared with your 2016 data in brackets; see notes on interpreting differences.

Home and School

HOME LIFE

- □ 71% (70%) of pupils responded that they have at least one brother, while 32% (31%) said they have more than one.
- □ 68% (68%) of pupils responded that they have at least one sister, while 30% (27%) said they have more than one.
- □ 64% (64%) of pupils responded that they have at least one older brother or sister, while 33% (29%) said they have more than one.

SCHOOL

- □ 93% (93%) of pupils responded that their work is marked so they can see how to improve it.
- □ 85% (87%) of pupils responded that their school helps them work as part of a team.

Food and Diet

WEIGHT

- □ 6% (4%) of pupils responded that they would like to put on weight.
- □ 30% (31%) of pupils responded that they would like to lose weight.
- □ 65% (65%) of pupils responded that they are happy with their weight as it is.

BREAKFAST

- 4% (2%) of pupils responded that they didn't have anything for breakfast on the day of the survey, while 6% (8%) said they had a cooked breakfast.
- 8% (5%) of pupils responded that they had only a drink for breakfast on the day of the survey.
- 45% (46%) of pupils responded that they had cereal to eat for breakfast on the day of the survey, while 26% (28%) said they had toast, bread, bagels or croissants.
- 6% (6%) of pupils responded that they had biscuits for breakfast on the day of the survey.
- 81% (82%) of pupils responded that they had something to eat or drink for breakfast at home on the day of the survey.

FIVE-A-DAY

- □ 16% (15%) of boys and 14% (12%) of girls responded that they didn't eat any portions of fruit or vegetables on the day before the survey.
- 25% (22%) of boys and 20% (24%) of girls responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.

FOOD

- □ 41% (40%) of pupils responded that they eat vegetables 'on most days'; 53% (53%) said the same of fresh fruit.
- □ 50% (48%) of pupils responded that they 'rarely or never' eat any fish/fish fingers.

WATER

- 13% (12%) of pupils responded that they didn't drink any water on the day before the survey.
- 31% (28%) of pupils responded that they drank at least 'about a litre' of water on the day before the survey.
- 92% (89%) of pupils responded that they are able to get water at school, while 6% (7%) said 'not easily'.
- 59% (69%) of pupils responded that they can get water from a water fountain at school; 57% (63%) said they can get it from their own drinking bottle.

Money

SPENDING

❑ 40% (48%) of pupils responded that they spent their own money on sweets, chocolate etc. in the 7 days before the survey, while 35% (36%) said they bought books and 30% (30%) bought toys.

Feeling Safe

BULLYING

- 31% (33%) of boys and 43% (47%) of girls responded that they at least 'sometimes' feel afraid of going to school because of bullying.
- 10% (9%) of pupils responded that they 'often' or 'very often' feel afraid of going to school because of bullying.
- 26% (25%) of pupils responded that they have been bullied at or near school in the last 12 months, while 17% (17%) said they 'don't know'.
- 68% (65%) of boys and 64% (63%) of girls responded that they experienced at least one of the negative behaviours listed at least a 'few times' in the month before the survey, while 13% (9%) of boys and 9% (8%) of girls experienced such behaviour 'every day'.
- 44% (45%) of pupils responded that they have been called nasty names at least a 'few times' in the month before the survey; 38% (37%) said they have been pushed/hit for no reason.
- 35% (36%) of pupils responded that they have experienced at least one of the negative behaviours listed in the school playground/field during breaktimes, while 30% (28%) said they have experienced them in a classroom during breaktimes.

- 18% (22%) of pupils responded that they have been 'picked on' or bullied because of the way they look;
 6% (4%) said it was because of their race, colour or religion.
- 75% (78%) of pupils responded that they think their school takes bullying seriously, while 14% (14%) said they 'don't know'.
- 6% (4%) of pupils responded that they think others may be frightened of going to school because of them, while 20% (18%) said they 'don't know'.

Leisure Time

SCHOOL BREAKTIMES

- 7% (5%) of pupils responded that they 'never/hardly ever' feel <u>happy</u> during school playtimes, while 29% (26%) said they do so 'sometimes'.
- □ 63% (69%) of pupils responded that they 'often' feel <u>happy</u> during school playtimes.
- □ 6% (6%) of pupils responded that they 'never/hardly ever' feel <u>safe</u> during school playtimes, while 21% (20%) said they do so 'sometimes'.
- 72% (74%) of pupils responded that they 'often' feel safe during school playtimes.
- 85% (82%) of pupils responded that they play running/skipping games/tag at least 'sometimes' during school playtimes; 62% (65%) said they play ball games like football or netball.

AFTER SCHOOL ACTIVITIES

G3% (62%) of pupils responded that they spent time watching TV after school on the day before the survey, while 51% (52%) spent time doing homework and 47% (44%) played sport or other physical activity.

Physical Activity

FITNESS

- □ 11% (10%) of pupils responded that they think they are 'unfit' or 'very unfit'.
- □ 61% (66%) of pupils responded that they think they are 'fit' or 'very fit'.
- □ 5% (4%) of pupils responded that they don't enjoy physical activities at all.
- □ 74% (78%) of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.
- □ 11% (10%) of pupils responded that they were not physically active for an hour or more at all in the week before the survey.
- □ 61% (60%) of pupils responded that they were physically active for an hour or more on at least three days in the week before the survey.
- 14% (17%) of pupils responded that they have not been involved in any physical activity during school time in the 7 days before the survey.
- □ 43% (40%) of pupils responded that they have been involved in more than 1½ hours of physical activity during school time in the 7 days before the survey.

ACTIVE TRAVEL

52% (53%) of pupils responded that they travelled to school by car/van on the day of the survey. 45% (46%) of pupils responded that they walked/scootered to school on the day of the survey.

SPORTS

- 88% (89%) of pupils responded that they play or do one or more of the physical activities listed at least 'once a week'.
- □ 50% (48%) of pupils responded that they run at least 'once a week', while 50% (45%) said the same of keep-fit and 26% (28%) ride their bike.

Hygiene

- 57% (62%) of pupils responded that they washed their hands before lunch on the day before the survey, while 18% (15%) said they were 'not sure'.
- 79% (80%) of pupils responded that they wash their hands 'whenever possible' after visiting the toilet.
- 3% (4%) of pupils responded that they 'never or almost never' wash their hands after visiting the toilet.

DENTAL HEALTH

- □ 76% (79%) of pupils responded that they cleaned their teeth at least twice the day before the survey.
- □ 4% (2%) of pupils responded that they did not clean their teeth at all on the day before the survey.
- 74% (72%) of pupils responded that they had a check-up the last time they visited the dentist, while 35% (30%) said they had fillings.

ASTHMA

- 14% (15%) of pupils responded that they have asthma, while 14% (12%) said they 'don't know' if they do.
- 9% (15%) of pupils responded that they took medicine for asthma (pills, inhaler) in the 7 days before the survey.

Internet Safety

- 77% (74%) of pupils responded that their parents/carers have rules about what they are allowed to do online.
- □ 92% (91%) of pupils responded that they have used the internet at home in the past week and 54% (49%) have used it at school.
- □ 74% (71%) of pupils responded that they use the internet for playing online games, while 55% (61%) said they use it for school work/homework.
- 23% (21%) of pupils responded that they chat online to people they have never met.
- 7% (5%) of pupils responded that they chat online to people they have never met and have received a message which scared them or made them upset.
- 86% (88%) of pupils responded that they have been told how to stay safe while chatting online.

Emotional Health and Wellbeing

SELF-ESTEEM

- 30% (28%) of pupils had a med-low self-esteem score (9 or less).
- □ 34% (33%) of pupils had a high self-esteem score (15 or more).

86% (88%) of pupils responded that they feel happy talking to other children at school.

PEER PRESSURE

- 46% (47%) of pupils responded that they can 'usually or always' say no when a friend wants them to do something they don't want to do.
- 26% (25%) of pupils responded that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.
- □ 45% (47%) of pupils responded that they 'usually or always' know what to say when they want a friend to do something.
- 21% (19%) of pupils responded that they 'hardly ever' or 'never' know what to say when they want a friend to do something.

WORRYING AND PROBLEMS

- □ 87% (89%) of pupils worry at least 'a little' about one or more of the issues listed, while 68% (68%) said they do so 'quite a lot' or 'a lot'.
- □ 36% (34%) of pupils responded that they worry about crime 'quite a lot' or 'a lot', while 35% (36%) said they worry about school tests.
- 32% (32%) of pupils responded that they worry about family relationships 'quite a lot' or 'a lot'; 23% (23%) said they worry about the way they look.

Alcohol, Smoking, Drugs ALCOHOL

- 18% (21%) of pupils responded that they have had an alcoholic drink at some point in their lives.
- □ Of the 244 (230) pupils who have had an alcoholic drink, they were on average 7 (7) years old when they first tried alcohol.
- 3% (3%) of Year 6 pupils responded that they had an alcoholic drink on at least one day in the 7 days before the survey; 1% (1%) said they drank alcohol on more than one day.
- 2% (2%) of pupils responded that they drank beer or lager in the 7 days before the survey, while 1% (1%) drank spirits.
- □ 83% (83%) of Year 6 pupils responded that they do not drink alcohol.
- 13% (15%) of Year 6 pupils responded that they do drink alcohol and their parents 'always' know, while 1% (0%) said their parents 'usually' know.
- 3% (2%) of Year 6 pupils responded that they drink alcohol and their parents 'never' or only 'sometimes' know.

SMOKING

- 2% (4%) of Year 6 pupils said they have smoked in the past or smoke now.
- □ 0% (0%) of pupils responded that they smoked in the week before the survey.
- □ 88% (87%) of pupils responded that they think they will not smoke when they are older.

 2% (2%) of pupils responded that they think they will smoke when they are older, while 10% (11%) think they may smoke.

DRUGS

- 61% (59%) of pupils responded that their parents have talked with them about drugs (including medicines), while 48% (50%) said their teachers have talked with them in school lessons and 19% (23%) said their friends have.
- □ 51% (52%) of pupils responded that either their teachers, the school nurse or visitors in school lessons have talked with them about drugs (incl. medicines).
- □ 16% (17%) of pupils responded that they are 'fairly sure' or 'certain' that they know someone who uses drugs (not as medicines).
- 1% (3%) of Year 6 pupils responded that they have been offered cannabis. 5% (3%) said they 'don't know' if they have.
- 2% (2%) of Year 6 pupils responded that they have been offered other drugs (not cannabis or medicines), while 3% (3%) said they 'don't know' if they have.

Growing Up

- 74% (76%) of pupils responded that their parents have talked with them about how their body changes as they grow up, while 53% (57%) said their teachers have talked with them in school lessons and 30% (30%) said their friends have.
- □ 58% (61%) of pupils responded that either their teachers, the school nurse or visitors in school lessons have talked with them about how their body changes as they grow up.
- 60% (63%) of pupils responded that they feel they know enough about how their body changes as they get older, while 13% (11%) feel they don't know enough.
- 71% (77%) of pupils responded that their parents have talked with them about how their feelings/emotions change as they grow up, while 47% (53%) said their teachers have talked with them in school lessons and 32% (32%) said their friends have.
- 50% (56%) of pupils responded that either their teachers, the school nurse or visitors in school lessons have talked with them about how their feelings/emotions change as they grow up.

PERIODS

15% (14%) of Year 6 girls responded that they have started their periods, while 11% (12%) said they 'don't know' if they have.

ΗIV

- □ 27% (31%) of pupils responded that they know about AIDS (or HIV).
- 15% (22%) of pupils responded that their parents have talked with them about AIDS (or HIV), while 8% (7%) said their teachers have talked with them in school lessons.

Significant differences between 2018 and 2016 data

Below we have listed some statistically significant differences between the data collected in the 2018 survey and that collected in 2016. Please note that this list is not exhaustive – we have compared headline figures only.

| | | | | | 2018 | | 2016 | |
|--------|-------------|---------------|---------------------|-----------------------------|---------------------------------------|------------------|----------------------|--|
| | | | | Yr 4 | Yr 6 | Yr 4 | Yr 6 | _ |
| | | | Boys | 372 | 383 | 326 | 310 | |
| | | | Girls | 335 | 327 | 254 | 274 | |
| | | | | | | | | |
| Sig | 2018 | 2016 | Questic | n | | | | |
| * * * | 59% | 69% | of pupil | s responded | that they can ge | t water from | n a water fountair | n at school. |
| *** | 9% | 15% | of pupil survey. | s responded | that they took m | edicine for | asthma (pills, inh | naler) in the 7 days before the |
| * * * | 40% | 48% | | s responded he survey. | that they spent t | heir own m | oney on sweets, | chocolate etc. in the 7 days |
| * * * | 15% | 22% | of pupil | s responded | that their parent | s have talke | ed with them abo | ut AIDS (or HIV). |
| *** | 71% | 77% | | s responded as they grov | | s have talke | ed with them abo | ut how their feelings/emotions |
| * * * | 47% | 53% | | | that their teache | | | school lessons about how |
| *** | 63% | 69% | of pupil | s responded | that they 'often' | feel happy | during school pla | aytimes. |
| * * * | 50% | 56% | | | | | | r visitors in school lessons as they grow up. |
| * * * | 57% | 63% | of pupil | s responded | that they can ge | t water from | n their own drink | ing bottle at school. |
| * * * | 55% | 61% | of pupil | s responded | that they use the | e internet fo | r school work/ho | mework. |
| * * * | 18% | 22% | of pupil | s responded | that they have b | een 'picked | l on' or bullied be | ecause of the way they look. |
| * * | 19% | 23% | of pupil | s responded | that their friends | have talke | d with them abou | ut drugs (including medicines). |
| * * | 92% | 89% | of pupil | s responded | that they are abl | e to get wa | ter at school. | |
| * * | 61% | 66% | of pupil | s responded | that they think t | hey are 'fit' | or 'very fit'. | |
| * * | 57% | 62% | of pupil | s responded | that they washe | d their hand | ls before lunch o | n the day before the survey. |
| * * | 14% | 17% | | | that they have n efore the survey. | ot been inv | olved in any phy | sical activity during school |
| * | 7% | 5% | of pupil | s responded | that they 'never/ | hardly ever | ' feel happy durii | ng school playtimes. |
| * | 8% | 5% | of pupil | s responded | that they had on | ly a drink f | or breakfast on th | e day of the survey. |
| * | 4% | 2% | of pupil | s responded | that they didn't | have anythi | ng for breakfast o | on the day of the survey. |
| * | 35% | 30% | of pupil | s responded | that they had fil | lings the las | t time they visited | d the dentist. |
| * | 74% | 78% | | | | | ivities 'quite a lot | |
| * | 4% | 2% | of pupil | s responded | that they did no | t clean theii | r teeth at all on th | e day before the survey. |
| * | 86% | 88% | of pupil | s responded | that they feel ha | ppy talking | to other children | at school. |
| Tests: | Chi-squared | $d(\chi^2)$. | KEY: * | = <i>p</i> < 0.05 | (5%) ** | = <i>p</i> < 0.0 |)1 (1%) ** | * = p < 0.001 (0.1%). |

Home and School

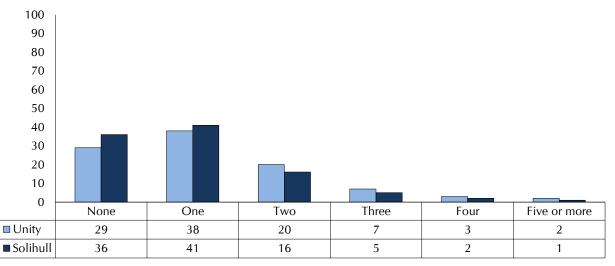
Ethnicity

77% (71%) of pupils described themselves as White English.

| QD. Percentage who described themselves as White |
|---|
| English. |

| | I | Unity | Solihull | | |
|-------|------|-------|----------|------|--|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 | |
| Boys | 75 | 77 | 71 | 71 | |
| Girls | 79 | 76 | 72 | 71 | |

Home Life

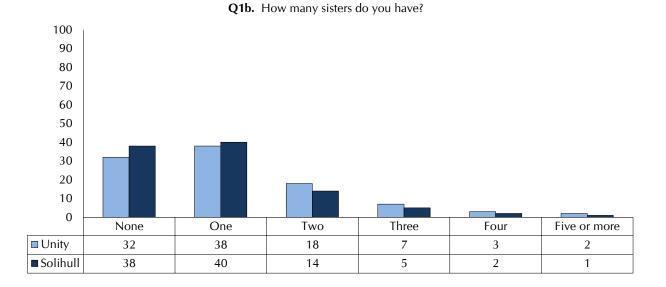


Q1a. How many brothers do you have?

71% (64%) of pupils responded that they have at least one brother, while 32% (24%) said they have more than one.

Q1a. Percentage answering that they have at least one brother.

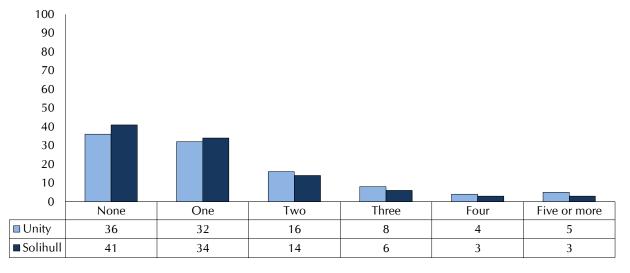
| | Unity | | Solihull | |
|-------|-------|------|----------|------|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 |
| Boys | 70 | 71 | 63 | 63 |
| Girls | 72 | 69 | 65 | 66 |



68% (62%) of pupils responded that they have at least one sister, while 30% (21%) said they have more than one.

| Q1b. | Percentage answering that they have at least one |
|---------|--|
| sister. | |

| | | Unity | Solihull | | |
|-------|------|-------|----------|------|--|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 | |
| Boys | 67 | 71 | 61 | 64 | |
| Girls | 66 | 67 | 60 | 62 | |



Q2. How many brothers and sister are older than you?

64% (59%) of pupils responded that they have at least one older brother or sister, while 33% (25%) said they have more than one.

Q2. Percentage answering that they have at least one older brother or sister.

| | | Unity | Solihull | | |
|-------|------|-------|----------|------|--|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 | |
| Boys | 68 | 62 | 61 | 59 | |
| Girls | 63 | 64 | 57 | 60 | |

School

93% (94%) of pupils responded that their work is marked so they can see how to improve it.

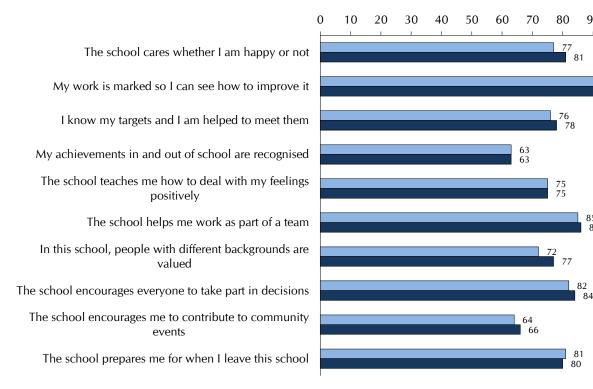
Q3. Percentage of pupils responding 'yes' to the following statements (Solihull Primary data in brackets):

| | Year 4 | | Year 6 | | Total |
|--|---------|---------|---------|---------|---------|
| | Boys | Girls | Boys | Girls | |
| The school cares whether I am happy or not | 73 (77) | 80 (81) | 78 (81) | 79 (84) | 77 (81) |
| My work is marked so I can see how to improve it | 90 (91) | 92 (92) | 95 (95) | 95 (96) | 93 (94) |
| I know my targets and I am helped to meet them | 70 (70) | 71 (73) | 81 (85) | 80 (83) | 76 (78) |
| My achievements in and out of school are recognised | 60 (58) | 64 (63) | 66 (66) | 62 (65) | 63 (63) |
| The school teaches me how to deal with my feelings positively | 79 (76) | 79 (77) | 70 (72) | 73 (76) | 75 (75) |
| The school helps me work as part of a team | 86 (84) | 90 (87) | 83 (85) | 83 (87) | 85 (86) |
| In this school, people with different backgrounds are valued | 64 (68) | 76 (75) | 75 (80) | 76 (85) | 72 (77) |
| The school encourages everyone to take part in decisions (e.g. class discussions or school council | 78 (79) | 85 (83) | 82 (85) | 86 (89) | 82 (84) |
| The school encourages me to contribute to community events | 63 (64) | 73 (70) | 58 (63) | 62 (68) | 64 (66) |
| The school prepares me for when I leave this school | 75 (71) | 75 (73) | 84 (86) | 89 (89) | 81 (80) |

85% (86%) of pupils responded that their school helps them work as part of a team.

Q60. Percentage of pupils responding 'yes' to the following statements:

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Schools Health Education Unit

90 100

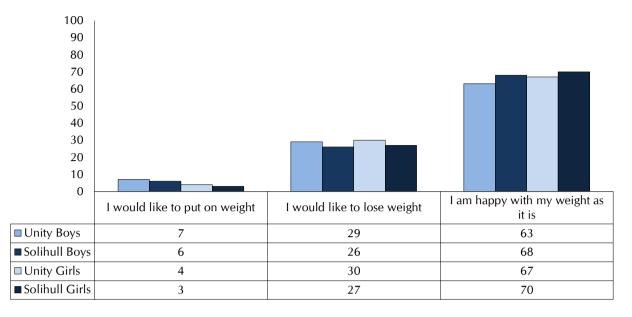
93 94

85

86

Food and Diet

Weight



Q4. Weight: Which statement describes you best?

6% (5%) of pupils responded that they would like to put on weight.

30% (26%) of pupils responded that they would like to lose weight.

weight. Unity Solihull

Q4. Percentage answering that they would like to put on

| | Yr 4 | Yr 6 | Yr 4 | Yr 6 |
|-------|------|------|------|------|
| Boys | 7 | 7 | 6 | 6 |
| Girls | 4 | 4 | 3 | 3 |

Q4. Percentage answering that they would like to lose weight.

| | | Unity | Solihull | | |
|-------|------|-------|----------|------|--|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 | |
| Boys | 28 | 31 | 27 | 24 | |
| Girls | 27 | 32 | 25 | 29 | |

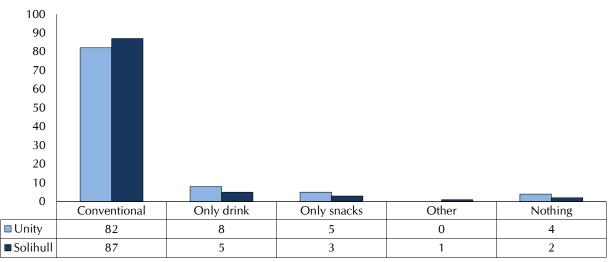
Q4. Percentage answering that they are happy with their weight as it is.

| | Unity | | Solihull | |
|-------|-------|------|----------|------|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 |
| Boys | 65 | 62 | 67 | 70 |
| Girls | 69 | 64 | 72 | 67 |

65% (69%) of pupils responded that they are happy with their weight as it is.

Breakfast

Q6. Percentage of pupils responding that they had the following types of breakfast on the day of the survey:



The chart shows the percentages having different types of breakfast. The category 'Conventional' means at least one of cereal; toast, bread, bagels or croissants; breakfast bar; cooked breakfast; fruit or yoghurt. Only snacks means: chocolate bars, sweets; pop tarts or cakes; biscuits or crisp-type snack but not conventional breakfast.

4% (2%) of pupils responded that they didn't have anything for breakfast on the day of the survey, while 6% (7%) said they had a cooked breakfast.

8% (5%) of pupils responded that they had only a drink for breakfast on the day of the survey.

Q6. Percentage answering that they didn't have anything to eat or drink before lessons this morning.

| | | Unity | Solihull | | |
|-------|------|-------|----------|------|--|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 | |
| Boys | 4 | 5 | 2 | 3 | |
| Girls | 1 | 4 | 1 | 2 | |

Q6. Percentage answering that they had only a drink for breakfast before lessons this morning.

| | | Unity | Solihull | | |
|-------|------|-------|----------|------|--|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 | |
| Boys | 9 | 8 | 7 | 5 | |
| Girls | 7 | 7 | 5 | 4 | |

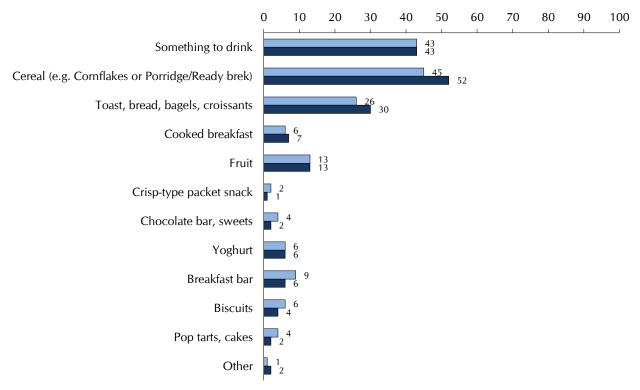
45% (52%) of pupils responded that they had cereal to eat for breakfast on the day of the survey, while 26% (30%) said they had toast, bread, bagels or croissants.

Q6. Percentage of pupils responding that they had the following to eat or drink for breakfast on the day of the survey (top 5 – Solihull Primary data in brackets):

| | Boys | | | | Girls | | |
|---|--|----|------|---|--|----|------|
| 1 | Cereal (e.g. Cornflakes or Porridge/Ready brek) | 46 | (53) | 1 | Cereal (e.g. Cornflakes or Porridge/Ready brek) | 44 | (51) |
| 2 | Something to drink | 42 | (42) | 2 | Something to drink | 44 | (45) |
| 3 | Toast, bread, bagels or croissants | 25 | (29) | 3 | Toast, bread, bagels or croissants | 27 | (30) |
| 4 | Fruit | 13 | (12) | 4 | Fruit | 13 | (14) |
| 5 | Breakfast bar | 8 | (5) | 5 | Breakfast bar | 11 | (6) |

6% (4%) of pupils responded that they had biscuits for breakfast on the day of the survey.

Q6. Percentage of pupils responding that they had the following to eat or drink for breakfast on the day of the survey:



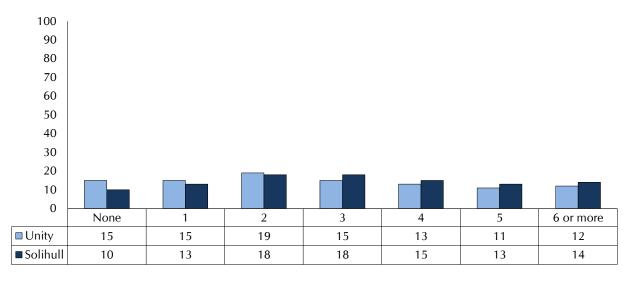
■Unity ■Solihull

81% (87%) of pupils responded that they had something to eat or drink for breakfast at home on the day of the survey.

Q5. Percentage of pupils responding that they had something to eat or drink at the following places for breakfast on the day of the survey (Solihull Primary data in brackets):

| | Boys | | | | Girls | | |
|---|----------------------|----|------|---|----------------------|----|------|
| 1 | At home | 80 | (87) | 1 | At home | 82 | (88) |
| 2 | At school | 18 | (14) | 2 | At school | 22 | (16) |
| 3 | On the way to school | 8 | (6) | 3 | On the way to school | 7 | (6) |

Five-a-day



Q7. How many portions of fruit and vegetables did you eat yesterday?

16% (12%) of boys and 14% (8%) of girls responded that they didn't eat any portions of fruit or vegetables on the day before the survey. **Q7.** Percentage answering that they didn't eat any portions of fruit or vegetables on the day before the survey.

| | Unity | | Solihull | |
|-------|-------|------|----------|------|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 |
| Boys | 18 | 14 | 14 | 9 |
| Girls | 17 | 12 | 11 | 6 |

Q7. Percentage answering that they ate at least 5 portions of fruit and vegetables on the day before the survey.

| | Unity | | Solihull | | |
|-------|-------|------|----------|------|--|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 | |
| Boys | 28 | 23 | 26 | 27 | |
| Girls | 20 | 20 | 25 | 28 | |

25% (27%) of boys and 20% (27%) of girls responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.

Food

| 41% (52%) of pupils responded that they eat vegetables | s 'on most days'; 53% (61%) said the same of fresh fruit. |
|--|---|
|--|---|

| Q8. | Percentage of pupils responding that they | eat or drink the following 'on most day | ys' (Solihull Primary data in brackets): |
|-----|---|---|--|
|-----|---|---|--|

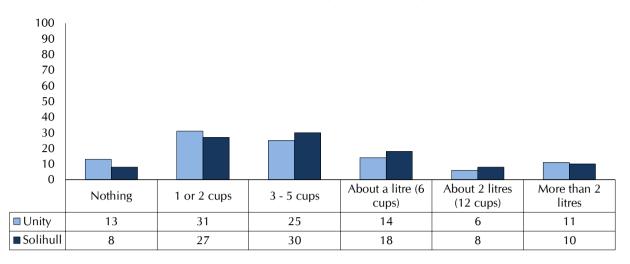
| 0 11 1 0 , | 0 | , , | , |
|---------------------------------------|---------|---------|---------|
| | Boys | Girls | Total |
| Any meat | 41 (41) | 36 (33) | 39 (37) |
| Any fish/fish fingers | 12 (9) | 6 (6) | 9 (8) |
| Any dairy produce (e.g. cheese, milk) | 53 (58) | 56 (59) | 54 (59) |
| Vegetarian main meal | 11 (11) | 9 (11) | 10 (11) |
| Wholemeal bread | 23 (27) | 20 (26) | 22 (26) |
| Chips or roast potatoes | 33 (25) | 27 (22) | 30 (24) |
| Rice or pasta | 20 (20) | 15 (19) | 17 (20) |
| Sugar-coated cereals | 28 (23) | 20 (17) | 24 (20) |
| High-fibre cereals or muesli | 18 (20) | 16 (18) | 17 (19) |
| Fresh fruit | 50 (57) | 56 (65) | 53 (61) |
| Salads | 21 (21) | 23 (25) | 22 (23) |
| Vegetables | 40 (50) | 41 (56) | 41 (52) |
| 'Diet' fizzy drinks (low calorie) | 23 (17) | 14 (10) | 19 (14) |
| Other fizzy drinks (not low-calorie) | 25 (19) | 17 (10) | 21 (15) |
| Water | 61 (71) | 67 (76) | 63 (73) |
| Crisps/crisp-type packet snack | 36 (32) | 32 (26) | 34 (29) |
| Sweets, chocolate, choc bars | 36 (31) | 31 (27) | 34 (29) |
| | | | |

50% (41%) of pupils responded that they 'rarely or never' eat any fish/fish fingers.

Q8. Percentage of pupils responding that they 'rarely or never' eat or drink the following (Solihull Primary data in brackets):

| | Boys | Girls | Total |
|--------------------------------------|---------|---------|---------|
| Any meat | 12 (10) | 10 (11) | 11 (10) |
| Any fish/fish fingers | 47 (39) | 55 (42) | 50 (41) |
| Any dairy produce | 15 (12) | 11 (8) | 13 (10) |
| Vegetarian main meal | 62 (61) | 62 (60) | 62 (61) |
| Wholemeal bread | 45 (37) | 50 (37) | 47 (37) |
| Chips or roast potatoes | 11 (11) | 12 (10) | 11 (10) |
| Rice or pasta | 24 (19) | 22 (14) | 23 (17) |
| Sugar-coated cereals | 33 (38) | 34 (40) | 34 (39) |
| High-fibre cereals or muesli | 50 (47) | 49 (44) | 49 (46) |
| Fresh fruit | 11 (7) | 8 (5) | 10 (6) |
| Salads | 42 (35) | 34 (26) | 38 (31) |
| Vegetables | 18 (12) | 14 (8) | 16 (10) |
| 'Diet' fizzy drinks (low calorie) | 29 (37) | 34 (44) | 32 (40) |
| Other fizzy drinks (not low-calorie) | 28 (38) | 34 (46) | 31 (42) |
| Water | 11 (8) | 12 (6) | 12 (7) |
| Crisps/crisp-type packet snack | 10 (11) | 13 (12) | 12 (11) |
| Sweets, chocolate, choc bars | 9 (9) | 10 (8) | 10 (9) |

Water



Q26. How much water did you drink yesterday?

13% (8%) of pupils responded that they didn't drink any water on the day before the survey.

31% (35%) of pupils responded that they drank at least 'about a litre' of water on the day before the survey.

92% (93%) of pupils responded that they are able to get water at school, while 6% (6%) said 'not easily'.

Q26. Percentage answering that they didn't drink any water on the day before the survey.

| | Unity | | Solihull | | |
|-------|-------|------|----------|------|--|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 | |
| Boys | 15 | 13 | 11 | 7 | |
| Girls | 13 | 9 | 8 | 5 | |

Q26. Percentage answering that they drank at least 'about a litre' of water on the day before the survey.

| | Unity | | Solihull | |
|-------|-------|------|----------|------|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 |
| Boys | 34 | 37 | 34 | 42 |
| Girls | 24 | 28 | 29 | 36 |

Q27a. Percentage answering that they can get water at school.

| | Unity | | Sc | lihull |
|-------|-------|------|------|--------|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 |
| Boys | 91 | 91 | 92 | 93 |
| Girls | 93 | 93 | 93 | 92 |

59% (58%) of pupils responded that they can get water from a water fountain at school; 57% (65%) said they can get it from their own drinking bottle.

Q27b. Percentage of pupils responding that they can get water from the following at school (Solihull Primary data in brackets):

| | Boys | | | | Girls | | |
|---|------------------------|----|------|---|------------------------|----|------|
| 1 | Water fountain | 61 | (57) | 1 | My own drinking bottle | 61 | (70) |
| 2 | My own drinking bottle | 53 | (61) | 2 | Water fountain | 58 | (59) |
| 3 | Tap in classroom | 39 | (36) | 3 | Canteen/dinner room | 42 | (45) |
| 4 | Canteen/dinner room | 34 | (38) | 4 | Tap in classroom | 39 | (33) |
| 5 | Class water bottles | 28 | (21) | 5 | Class water bottles | 31 | (20) |
| 6 | Water cooler | 9 | (12) | 6 | Water cooler | 9 | (10) |
| 7 | Other | 2 | (3) | 7 | Other | 3 | (3) |

Money

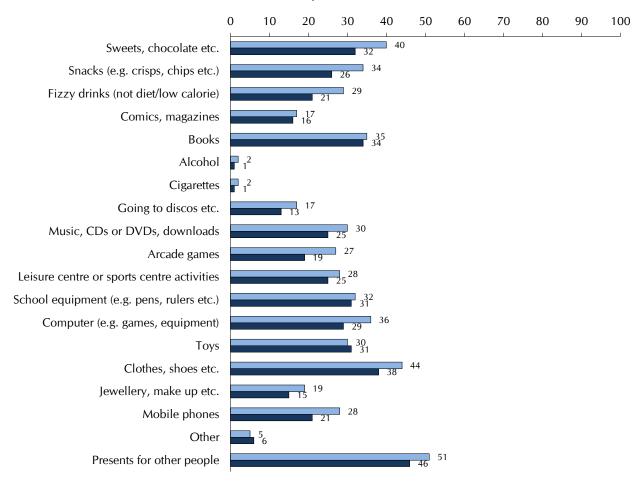
Spending

40% (32%) of pupils responded that they spent their own money on sweets, chocolate etc. in the 7 days before the survey, while 35% (34%) said they bought books and 30% (31%) bought toys.

Q9. Percentage of pupils responding that they spent their own money on the following during the 7 days before the survey (top 10 – Solihull Primary data in brackets):

| | | | | | , | | |
|----|--|----|------|----|---|----|------|
| | Boys | | | | Girls | | |
| 1 | Presents for other people | 51 | (45) | 1 | Presents for other people | 51 | (47) |
| 2 | Computer (e.g. games, equipment) | 50 | (42) | 2 | Clothes, shoes etc. | 45 | (41) |
| 3 | Clothes, shoes etc. | 42 | (34) | 3 | Books | 39 | (38) |
| 4 | Sweets, chocolate etc. | 41 | (33) | 4 | Sweets, chocolate etc. | 39 | (31) |
| 5 | Snacks (e.g. crisps, chips etc.) | 36 | (29) | 5 | School equipment (e.g. pens, rulers etc.) | 35 | (33) |
| 6 | Arcade games | 35 | (26) | 6 | Jewellery, make up etc. | 32 | (27) |
| 7 | Music, CDs or DVDs, downloads | 34 | (28) | 7 | Toys | 31 | (32) |
| 8 | Mobile phones | 34 | (25) | 8 | Snacks (e.g. crisps, chips etc.) | 31 | (24) |
| 9 | Leisure centre or sports centre activities | 33 | (30) | 9 | Music, CDs or DVDs, downloads | 25 | (21) |
| 10 | Fizzy drinks (not diet/low calorie) | 33 | (25) | 10 | Fizzy drinks (not diet/low calorie) | 24 | (16) |

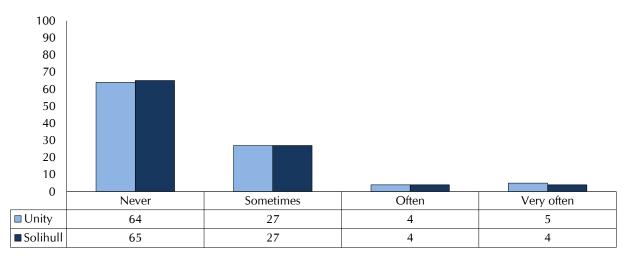
Q9. Percentage of pupils responding that they spent their own money on the following during the 7 days before the survey:



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Feeling Safe

Bullying



Q10. Do you ever feel afraid of going to school because of bullying?

31% (30%) of boys and 43% (40%) of girls responded that they at least 'sometimes' feel afraid of going to school because of bullying.

10% (8%) of pupils responded that they 'often' or 'very often' feel afraid of going to school because of bullying.

26% (24%) of pupils responded that they have been bullied at or near school in the last 12 months, while 17% (18%) said they 'don't know'.

Q10. Percentage answering that they at least 'sometimes' feel afraid of going to school because of bullying.

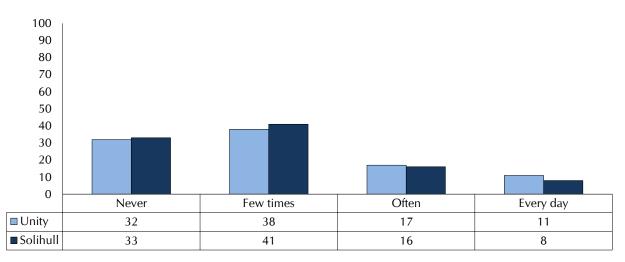
| | Unity | | Solihull | | |
|-------|-------|------|----------|------|--|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 | |
| Boys | 36 | 25 | 37 | 23 | |
| Girls | 45 | 41 | 46 | 34 | |

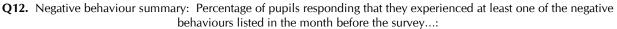
Q10. Percentage answering that they 'often' or 'very often' feel afraid of going to school because of bullying.

| | Unity | | Solihull | | |
|-------|-------|------|----------|------|--|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 | |
| Boys | 10 | 6 | 9 | 4 | |
| Girls | 13 | 10 | 11 | 7 | |

Q11. Percentage answering that they have been bullied at or near school in the last 12 months.

| | Unity | | Solihull | |
|-------|-------|------|----------|------|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 |
| Boys | 29 | 20 | 30 | 20 |
| Girls | 28 | 27 | 27 | 22 |





Most frequent negative behaviour recorded.

68% (68%) of boys and 64% (63%) of girls responded that they experienced at least one of the negative behaviours listed at least a 'few times' in the month before the survey, while 13% (10%) of boys and 9% (7%) of girls experienced such behaviour 'every day'. **Q12.** Percentage answering that they experienced one or more of the negative behaviours listed at least a 'few times' in the month before the survey.

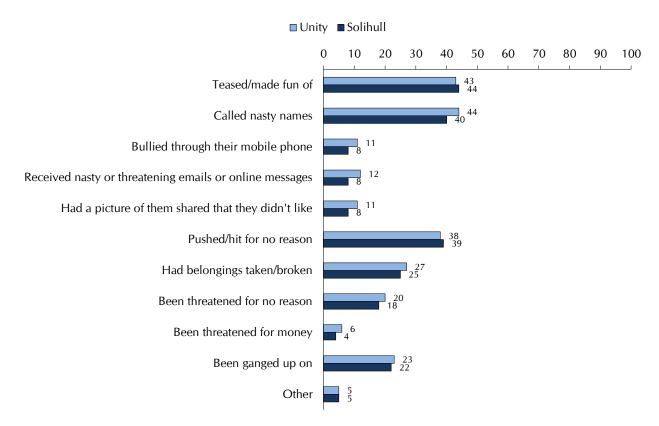
| | | Unity | Solihull | | |
|-------|------|-------|----------|------|--|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 | |
| Boys | 73 | 63 | 74 | 62 | |
| Girls | 62 | 66 | 64 | 61 | |

44% (40%) of pupils responded that they have been called nasty names at least a 'few times' in the month before the survey; 38% (39%) said they have been pushed/hit for no reason.

Q12. Percentage of pupils responding that they have experienced the following at least a 'few times' in the month before the survey (top 10 – Solihull Primary data in brackets):

| | Boys | | | | Girls | | |
|----|---|----|------|----|---|----|------|
| 1 | Called nasty names | 47 | (43) | 1 | Called nasty names | 42 | (36) |
| 2 | Teased/made fun of | 46 | (47) | 2 | Teased/made fun of | 41 | (41) |
| 3 | Pushed/hit for no reason | 43 | (45) | 3 | Pushed/hit for no reason | 32 | (32) |
| 4 | Had belongings taken/broken | 29 | (26) | 4 | Had belongings taken/broken | 25 | (24) |
| 5 | Been ganged up on | 26 | (25) | 5 | Been ganged up on | 21 | (19) |
| 6 | Been threatened for no reason | 24 | (23) | 6 | Been threatened for no reason | 15 | (13) |
| 7 | Received nasty or threatening emails or online messages | 14 | (10) | 7 | Bullied through their mobile phone | 13 | (8) |
| 8 | Had a picture of them shared that they didn't like | 11 | (9) | 8 | Had a picture of them shared that they didn't like | 10 | (8) |
| 9 | Bullied through their mobile phone | 9 | (7) | 9 | Received nasty or threatening emails or online messages | 10 | (6) |
| 10 | Been threatened for money | 7 | (6) | 10 | Other | 4 | (5) |

Q12. Percentage of pupils responding that they have experienced the following at least a 'few times' in the month before the survey:



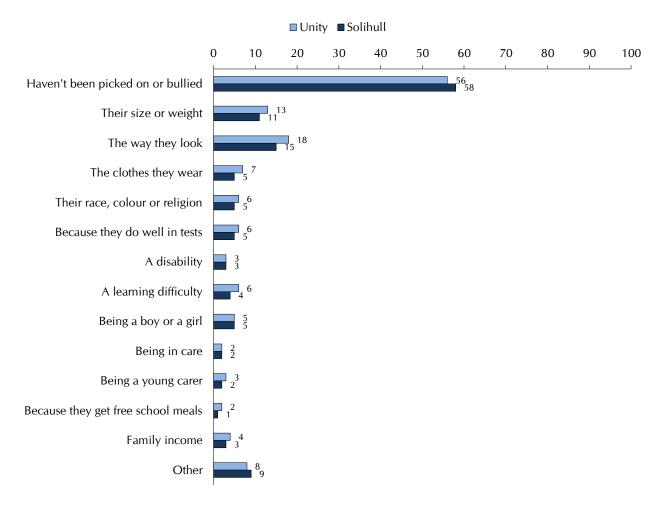
35% (37%) of pupils responded that they have experienced at least one of the negative behaviours listed in the school playground/field during breaktimes, while 30% (31%) said they have experienced them in a classroom during breaktimes.

Q13. Percentage of pupils responding that they have experienced negative behaviour listed at the following places in the last month (top 5 – Solihull Primary data in brackets):

| | Boys | - | | | Girls | | |
|---|---|----|------|---|--|----|------|
| 1 | In the school playground/field (breaktimes) | 35 | (38) | 1 | In the school playground/field (breaktimes) | 35 | (36) |
| 2 | In a classroom (breaktimes) | 30 | (31) | 2 | In a classroom (breaktimes) | 31 | (31) |
| 3 | At or near home | 22 | (18) | 3 | During lesson time | 19 | (19) |
| 4 | During lesson time | 16 | (14) | 4 | At or near home | 19 | (17) |
| 5 | Going out at other times during the day (e.g. in the park/street) | 16 | (11) | 5 | In the corridors | 13 | (14) |

18% (15%) of pupils responded that they have been 'picked on' or bullied because of the way they look; 6% (5%) said it was because of their race, colour or religion.

Q14. Percentage of pupils responding that they think they have been 'picked on' or bullied for the following reasons:



75% (77%) of pupils responded that they think their school takes bullying seriously, while 14% (14%) said they 'don't know'.

6% (4%) of pupils responded that they think others may be frightened of going to school because of them, while 20% (20%) said they 'don't know'.

Q15. Percentage answering that they think their school takes bullying seriously.

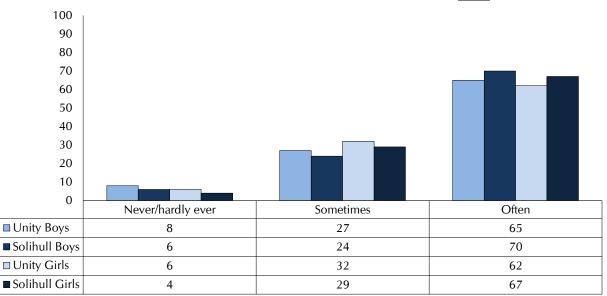
| | | Unity | So | olihull |
|-------|------|-------|------|---------|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 |
| Boys | 72 | 80 | 73 | 80 |
| Girls | 73 | 76 | 75 | 79 |

Q16. Percentage answering that they think others may feel frightened of going to school because of them.

| 0 | | 0 0 | | | | |
|-------|------|-------|----------|------|--|--|
| | | Unity | Solihull | | | |
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 | | |
| Boys | 9 | 6 | 5 | 4 | | |
| Girls | 3 | 4 | 3 | 2 | | |

Leisure Time

School breaktimes



Q17a. During school playtimes (including dinner times), do you feel happy?

7% (5%) of pupils responded that they 'never/hardly ever' feel <u>happy</u> during school playtimes, while 29% (26%) said they do so 'sometimes'.

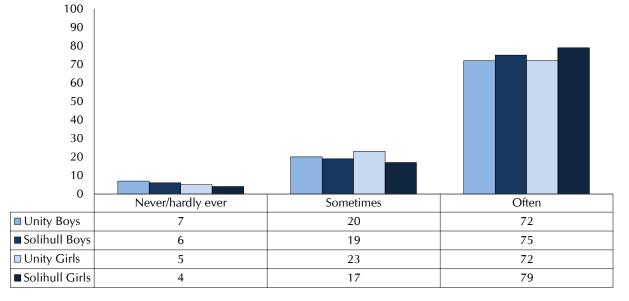
63% (69%) of pupils responded that they 'often' feel <u>happy</u> during school playtimes.

Q17a. Percentage answering that they 'never/hardly ever' feel <u>happy</u> during school playtimes.

| | | Unity | Solihull | | |
|-------|------|-------|----------|------|--|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 | |
| Boys | 12 | 5 | 9 | 4 | |
| Girls | 9 | 3 | 6 | 3 | |

Q17a. Percentage answering that they 'often' feel <u>happy</u> during school playtimes.

| | | Unity | Solihull | | |
|-------|------|-------|----------|------|--|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 | |
| Boys | 62 | 67 | 66 | 75 | |
| Girls | 58 | 66 | 64 | 70 | |



Q17b. During school playtimes (including dinner times), do you feel safe?

6% (5%) of pupils responded that they 'never/hardly ever' feel <u>safe</u> during school playtimes, while 21% (18%) said they do so 'sometimes'.

72% (77%) of pupils responded that they 'often' feel <u>safe</u> during school playtimes.

Q17b. Percentage answering that they 'never/hardly ever' feel safe during school playtimes.

| | | Unity | Solihull | | |
|-------|------|-------|----------|------|--|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 | |
| Boys | 8 | 6 | 8 | 4 | |
| Girls | 7 | 3 | 5 | 3 | |

Q17b. Percentage answering that they 'often' feel <u>safe</u> during school playtimes.

| | | Unity | Solihull | | |
|-------|------|-------|----------|------|--|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 | |
| Boys | 71 | 74 | 71 | 80 | |
| Girls | 68 | 76 | 75 | 82 | |

85% (89%) of pupils responded that they play running/skipping games/tag at least 'sometimes' during school playtimes; 62% (68%) said they play ball games like football or netball.

Q18. Percentage of pupils responding that they do the following at least 'sometimes' during school playtimes (top 5 – Solihull Primary data in brackets):

| | Boys | | | | Girls | | |
|---|---|----|------|---|---|----|------|
| 1 | Chatting/talking | 92 | (95) | 1 | Chatting/talking | 96 | (97) |
| 2 | Running/skipping games/tag | 82 | (88) | 2 | Running/skipping games/tag | 88 | (91) |
| 3 | Ball games like football or netball | 76 | (81) | 3 | Queuing for lunch | 60 | (63) |
| 4 | Queuing for lunch | 60 | (66) | 4 | Ball games like football or netball | 47 | (55) |
| 5 | Reading quietly or being in the library | 32 | (33) | 5 | Reading quietly or being in the library | 45 | (43) |

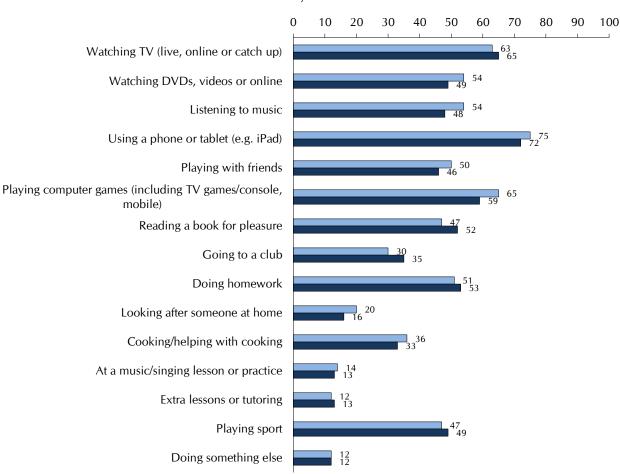
After school activities

63% (65%) of pupils responded that they spent time watching TV after school on the day before the survey, while 51% (53%) spent time doing homework and 47% (49%) played sport or other physical activity.

Q19. Percentage of pupils responding that they spent time doing the following after school on the day before the survey (top 10 – Solihull Primary data in brackets):

| | Boys | | | , | Girls | | |
|----|---|----|------|----|--|----|------|
| 1 | Playing computer games (including TV games/console, mobile) | 80 | (76) | 1 | Using a phone or tablet (e.g. iPad) | 75 | (71) |
| 2 | Using a phone or tablet (e.g. iPad) | 75 | (73) | 2 | Watching TV (live, online or catch up) | 63 | (64) |
| 3 | Watching TV (live, online or catch up) | 63 | (66) | 3 | Doing homework | 56 | (56) |
| 4 | Watching DVDs, videos or online | 59 | (55) | 4 | Listening to music | 54 | (49) |
| 5 | Playing with friends | 57 | (54) | 5 | Reading a book for pleasure | 52 | (57) |
| 6 | Listening to music | 53 | (47) | 6 | Watching DVDs, videos or online | 49 | (43) |
| 7 | Playing sport or other physical activity | 50 | (51) | 7 | Playing computer games (including TV games/console, mobile) | 47 | (42) |
| 8 | Doing homework | 47 | (50) | 8 | Playing sport or other physical activity | 44 | (46) |
| 9 | Reading a book for pleasure | 41 | (47) | 9 | Playing with friends | 42 | (38) |
| 10 | Going to a club | 33 | (37) | 10 | Cooking/helping with cooking | 41 | (38) |

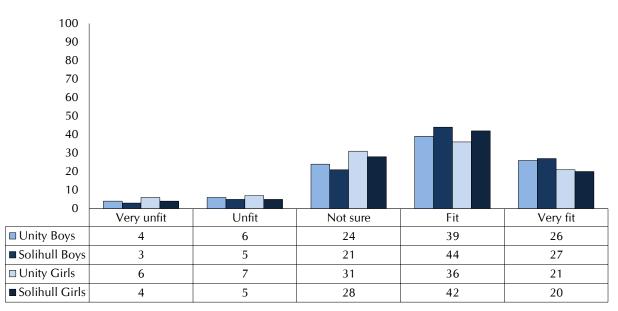
Q19. Percentage of pupils responding that they spent time doing the following after school on the day before the survey:



■ Unity ■ Solihull

Physical Activity

Fitness



Q20. How fit do you think you are?

11% (9%) of pupils responded that they think they are 'unfit' or 'very unfit'.

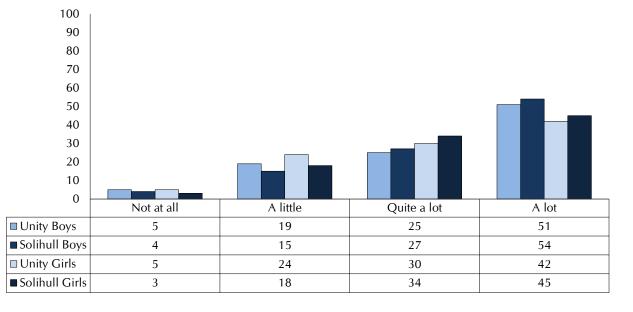
61% (67%) of pupils responded that they think they are 'fit' or 'very fit'.

Q20. Percentage answering that they think they are 'unfit' or 'very unfit'.

| | | Unity | Solihull | | |
|-------|------|-------|----------|------|--|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 | |
| Boys | 7 | 14 | 8 | 8 | |
| Girls | 9 | 16 | 7 | 12 | |

Q20. Percentage answering that they think they are 'fit' or 'very fit'.

| | Unity | | Solihull | |
|-------|-------|------|----------|------|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 |
| Boys | 69 | 62 | 69 | 73 |
| Girls | 60 | 53 | 64 | 61 |



Q21. How much do you enjoy physical activities?

5% (3%) of pupils responded that they don't enjoy physical activities at all.

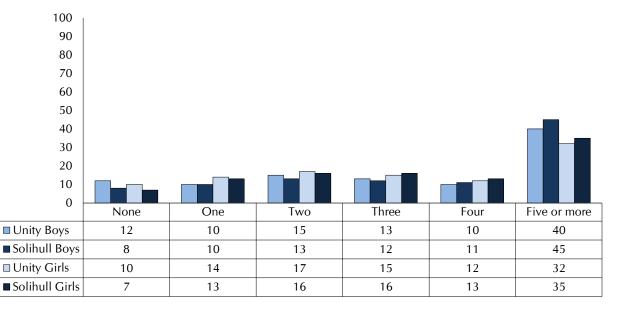
Q21. Percentage answering that they don't enjoy physical activities at all.

| Unity | | Solihull | |
|-------|-----------|------------------|--|
| Yr 4 | Yr 6 | Yr 4 | Yr 6 |
| 7 | 4 | 5 | 2 |
| 6 | 3 | 4 | 2 |
| | Yr 4 7 | Yr 4 Yr 6 7 4 | Yr 4 Yr 6 Yr 4 7 4 5 |

Q21. Percentage answering that they enjoy physical activities 'quite a lot' or 'a lot'.

| | Unity | | Solihull | |
|-------|-------|------|----------|------|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 |
| Boys | 70 | 82 | 76 | 87 |
| Girls | 69 | 74 | 76 | 82 |

74% (80%) of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.



Q22. On how many days in the last week have you been physically active for an hour or more?

11% (7%) of pupils responded that they were not physically active for an hour or more at all in the week before the survey.

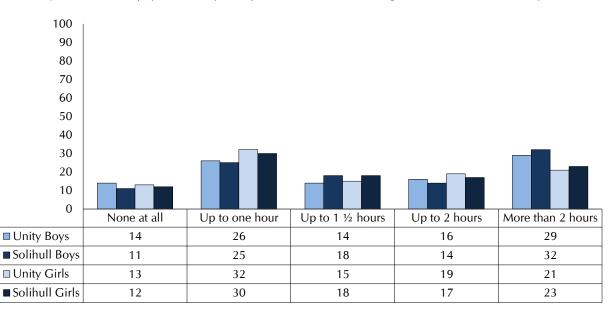
Q22. Percentage answering that they were not physically active for an hour or more at all in the week before the survey.

| | Unity | | Solihull | |
|-------|-------|------|----------|------|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 |
| Boys | 16 | 8 | 12 | 5 |
| Girls | 14 | 6 | 9 | 4 |

Q22. Percentage answering that they were physically active for an hour or more on at least three days in the week before the survey.

| | Unity | | Solihull | |
|-------|-------|------|----------|------|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 |
| Boys | 55 | 71 | 60 | 78 |
| Girls | 52 | 66 | 57 | 72 |

61% (67%) of pupils responded that they were physically active for an hour or more on at least three days in the week before the survey.



Q23. How much physical activity have you been involved in during school time in the last 7 days?

14% (11%) of pupils responded that they have not been involved in any physical activity during school time in the 7 days before the survey.

Q23. Percentage answering that they have not been involved in any physical activity during school time in the 7 days before the survey.

| | Unity | | Solihull | |
|-------|-------|------|----------|------|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 |
| Boys | 19 | 9 | 14 | 7 |
| Girls | 14 | 13 | 14 | 9 |

43% (43%) of pupils responded that they have been involved in more than $1\frac{1}{2}$ hours of physical activity during school time in the 7 days before the survey.

Q23. Percentage answering that they have been involved in more than 1½ hours of physical activity during school time in the 7 days before the survey.

| | Unity | | Solihull | |
|-------|-------|------|----------|------|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 |
| Boys | 37 | 53 | 38 | 54 |
| Girls | 37 | 42 | 36 | 44 |

Active travel

Q24. How did you get to school today?



52% (61%) of pupils responded that they travelled to school by car/van on the day of the survey.

Q24. Percentage answering that they travelled to school by car/van on the day of the survey.

| | Unity | | Solihull | |
|-------|-------|------|----------|------|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 |
| Boys | 52 | 54 | 60 | 63 |
| Girls | 52 | 50 | 61 | 61 |

45% (39%) of pupils responded that they walked/scootered to school on the day of the survey.

Q24. Percentage answering that they walked/scootered to school on the day of the survey.

| | Unity | | Solihull | |
|-------|-------|------|----------|------|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 |
| Boys | 43 | 43 | 38 | 39 |
| Girls | 46 | 49 | 40 | 40 |

Sports

More than once a week Hardly ever or never Sometimes Once a week Unity Boys Solihull Boys Unity Girls ■ Solihull Girls

Q25. Physical activity summary: Percentage of pupils responding that they play or do at least one of the physical activities listed...:

Most frequent activity recorded.

88% (92%) of pupils responded that they play or do one or more of the physical activities listed at least 'once a week'.

Q25. Percentage answering that they play or do one or more of the physical activities listed at least 'once a week'.

| | Unity | | Solihull | |
|-------|-------|------|----------|------|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 |
| Boys | 91 | 90 | 93 | 94 |
| Girls | 83 | 88 | 90 | 93 |

50% (54%) of pupils responded that they run at least 'once a week', while 50% (54%) said the same of keep-fit and 26% (24%) ride their bike.

Q25. Percentage of pupils responding that they play or do the following physical activities at least 'once a week' (top 10 – Solihull Primary data in brackets):

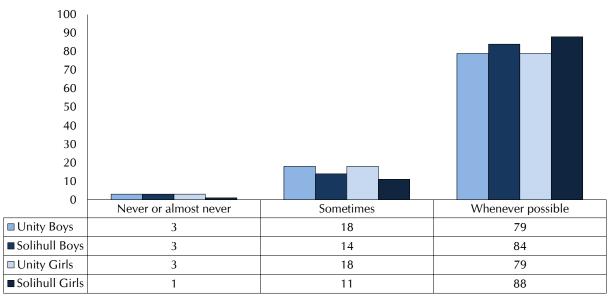
| | contrait i finitary data in Statistici, | | | | | | |
|----|--|----|------|----|--|----|------|
| | Boys | | | | Girls | | |
| 1 | Running (races or tag games) | 58 | (60) | 1 | Dancing/gymnastics/ballet/ trampolining | 47 | (55) |
| 2 | Football | 57 | (60) | 2 | Keep-fit | 47 | (52) |
| 3 | Keep-fit | 53 | (56) | 3 | Going for walks | 41 | (43) |
| 4 | Going for walks | 44 | (42) | 4 | Running (races or tag games) | 40 | (47) |
| 5 | Riding their bike | 32 | (29) | 5 | Swimming | 28 | (35) |
| 6 | Swimming | 30 | (34) | 6 | Football | 19 | (18) |
| 7 | Judo, karate (club), boxing | 26 | (27) | 7 | Riding their bike | 18 | (19) |
| 8 | Basketball | 23 | (24) | 8 | Netball/first step netball | 13 | (18) |
| 9 | Dancing/gymnastics/ballet/ trampolining | 19 | (18) | 9 | Roller skating | 13 | (9) |
| 10 | Tennis/short tennis/badminton | 14 | (17) | 10 | Basketball | 10 | (10) |

Health & Hygiene

57% (65%) of pupils responded that they washed their hands before lunch on the day before the survey, while 18% (15%) said they were 'not sure'.

Q28. Percentage answering that they washed their hands before lunch on the day before the survey.

| | Unity | | Solihull | |
|-------|-------|------|----------|------|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 |
| Boys | 56 | 58 | 63 | 67 |
| Girls | 56 | 58 | 64 | 65 |



Q29. Do you wash your hands after visiting the toilet?

79% (86%) of pupils responded that they wash their hands 'whenever possible' after visiting the toilet.

3% (2%) of pupils responded that they 'never or almost never' wash their hands after visiting the toilet.

Q29. Percentage answering that they wash their hands 'whenever possible' after visiting the toilet.

| | | Unity | Sc | lihull |
|-------|------|-------|------|--------|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 |
| Boys | 75 | 83 | 79 | 88 |
| Girls | 72 | 86 | 84 | 91 |

Q29. Percentage answering that they 'never or almost never' wash their hands after visiting the toilet.

| | | Unity | Sc | olihull |
|-------|------|-------|------|---------|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 |
| Boys | 5 | 2 | 3 | 2 |
| Girls | 5 | 1 | 2 | 1 |

Dental health

76% (82%) of pupils responded that they cleaned their teeth at least twice the day before the survey.

Q30. Percentage answering that they cleaned their teeth at least twice on the day before the survey.

| | | Unity | Sc | olihull |
|-------|------|-------|------|---------|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 |
| Boys | 73 | 76 | 79 | 82 |
| Girls | 79 | 77 | 84 | 85 |

4% (2%) of pupils responded that they did not clean their teeth at all on the day before the survey.

Q30. Percentage answering that they did not clean their teeth at all on the day before the survey.

| | | Unity | Solihull | | |
|-------|------|-------|----------|------|--|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 | |
| Boys | 8 | 2 | 4 | 1 | |
| Girls | 3 | 2 | 2 | 1 | |

74% (80%) of pupils responded that they had a check-up the last time they visited the dentist, while 35% (24%) said they had fillings.

Q31. Percentage of pupils responding that they received the following treatment on their last visit to the dentist (Solihull Primary data in brackets):

| | Boys | | | | Girls | | |
|---|-------------------------|----|------|---|-------------------------|----|------|
| 1 | Check-up | 69 | (75) | 1 | Check-up | 79 | (84) |
| 2 | Fillings | 34 | (25) | 2 | Fillings | 36 | (24) |
| 3 | Brace fitted or checked | 7 | (5) | 3 | Other | 8 | (8) |
| 4 | Other | 6 | (6) | 4 | Brace fitted or checked | 6 | (4) |

Asthma

14% (12%) of pupils responded that they have asthma, while 14% (11%) said they 'don't know' if they do.

Girls 11 1

9% (8%) of pupils responded that they took medicine for asthma (pills, inhaler) in the 7 days before the survey.

Q37. Percentage answering that they have asthma.

| | I | Unity | Sc | olihull |
|-------|------|-------|------|---------|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 |
| Boys | 16 | 14 | 14 | 13 |
| Girls | 11 | 15 | 9 | 12 |

Q38. Percentage answering that they took medicine for asthma (pills, inhaler) in the 7 days before the survey.

| | | Unity | Solihull | |
|-------|------|-------|----------|------|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 |
| Boys | 9 | 9 | 9 | 9 |
| Girls | 7 | 10 | 6 | 8 |

| Internet Safety | | | | | |
|--|-------|------|-----------------------------|------|----------------------------|
| 72% (73%) of pupils responded that they use a computer/tablet unsupervised when their parents/carers aren't in the room. | compu | 0 | • | , | e a r parents/carer |
| ' | | | Unity | So | olihull |
| | | Yr 4 | Yr 6 | Yr 4 | Yr 6 |
| | Boys | 63 | 83 | 68 | 80 |
| | Girls | 63 | 77 | 64 | 77 |
| 77% (80%) of pupils responded that their parents/carers have rules about what they are | | | e answering they are all | | arents/carers h online. |
| allowed to do online. | | | Unity | So | olihull |
| | | Yr 4 | Yr 6 | Yr 4 | Yr 6 |
| | Boys | 68 | 75 | 73 | 78 |
| | Girls | 82 | 86 | 83 | 87 |

92% (93%) of pupils responded that they have used the internet at home in the past week and 54% (57%) have used it at school.

Q33. Percentage of pupils responding that they have used the internet at the following places in the past week (Solihull Primary data in brackets):

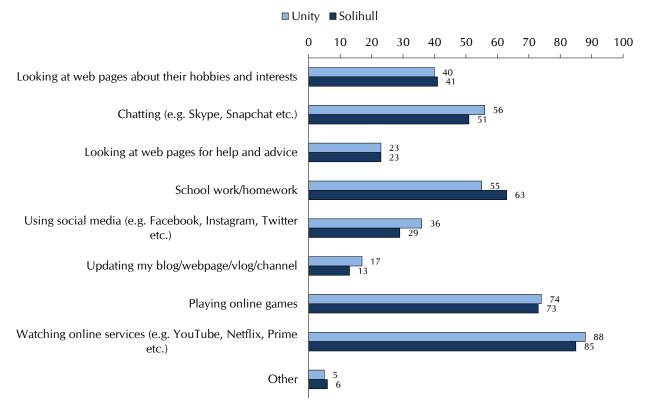
| | Year 4 | | Year 6 | | Total |
|-----------|---------|---------|---------|---------|---------|
| | Boys | Girls | Boys | Girls | |
| At home | 90 (90) | 88 (89) | 96 (97) | 96 (96) | 92 (93) |
| At school | 50 (54) | 52 (54) | 61 (62) | 50 (58) | 54 (57) |
| Elsewhere | 53 (46) | 47 (39) | 63 (55) | 59 (47) | 56 (47) |

74% (73%) of pupils responded that they use the internet for playing online games, while 55% (63%) said they use it for school work/homework.

| Q34. Percentage of pupils responding that they use the internet for the following (top 5 - Solihull Primary data in brackets): |
|---|
|---|

| - | • • • • • | | | | · · · · · · · · · · · · · · · · · · · | | |
|---|---|----|------|---|---|----|------|
| | Boys | | | | Girls | | |
| 1 | Watching online services (e.g. YouTube, Netflix, Prime etc.) | 87 | (86) | 1 | Watching online services (e.g. YouTube, Netflix, Prime etc.) | 88 | (83) |
| 2 | Playing online games | 84 | (83) | 2 | Playing online games | 63 | (63) |
| 3 | Chatting (e.g. Skype, Snapchat etc.) | 52 | (46) | 3 | School work/homework | 62 | (69) |
| 4 | School work/homework | 49 | (58) | 4 | Chatting (e.g. Skype, Snapchat etc.) | 61 | (55) |
| 5 | Looking at web pages about their hobbies and interests | 39 | (40) | 5 | Looking at web pages about their hobbies and interests | 41 | (42) |
| | | | | | | | |

Q34. Percentage of pupils responding that they use the internet for the following:



23% (19%) of pupils responded that they chat online to people they have never met.

7% (5%) of pupils responded that they chat online to people they have never met and have received a message which scared them or made them upset.

86% (88%) of pupils responded that they have been told how to stay safe while chatting online.

Q35a. Percentage answering that they chat online to people they have never met.

| | | Unity | Solihull | | |
|-------|------|-------|----------|------|--|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 | |
| Boys | 30 | 31 | 24 | 26 | |
| Girls | 14 | 14 | 12 | 12 | |

Q35b. Percentage answering that they chat online to people they have never met and have received a message which scared or upset them.

| | Unity | | Solihull | |
|-------|-------|------|----------|------|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 |
| Boys | 8 | 8 | 6 | 5 |
| Girls | 6 | 4 | 5 | 3 |

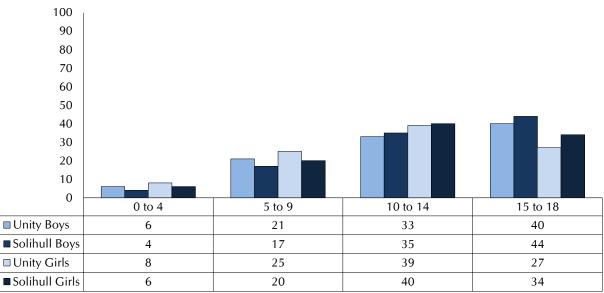
Q36. Percentage answering that they have been told how to stay safe while chatting online.

| | Unity | | Solihull | |
|-------|-------|------|----------|------|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 |
| Boys | 79 | 89 | 82 | 90 |
| Girls | 84 | 95 | 84 | 95 |

Emotional Health and Wellbeing

Self-esteem

This measurement is derived from the responses to a set of ten statements taken from a standard self-esteem enquiry method developed by Denis Lawrence (Lawrence, 1981). The scale is based on social confidence and relationships with friends. Overall the levels of esteem compared with wider data are:



Q39. Composite self-esteem score:

Data from the 'Young People into...' series, reveal more girls than boys found at the lower end of the scale and more boys than girls at the higher end.

30% (23%) of pupils had a med-low self-esteem score (9 or less).

Q39. Percentage with a med-low self-esteem score (9 or less).

| | | Onity | Jiniun | |
|-------|--------|-----------|--------|--|
| | 6 Yr 4 | Yr 4 Yr 6 | Yr 6 | |
| Boys | 25 | 30 24 | 17 | |
| Girls | 28 | 35 31 | 23 | |
| Girls | 28 | 35 31 | | |

Q39. Percentage with a high self-esteem score (15 or more).

| | Unity | | Solihull | | |
|-------|-------|------|----------|------|--|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 | |
| Boys | 37 | 43 | 36 | 52 | |
| Girls | 22 | 33 | 29 | 40 | |

34% (39%) of pupils had a high self-esteem score (15 or more).

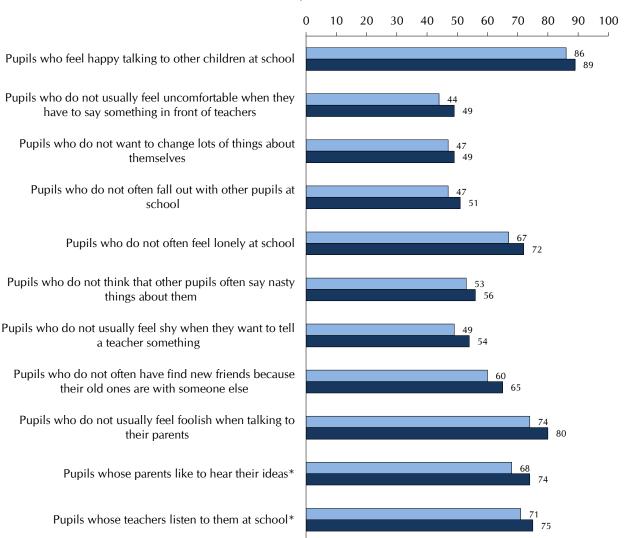
86% (89%) of pupils responded that they feel happy talking to other children at school.

Q39. (Individual self-esteem items) Percentage in each group giving a <u>high</u> esteem response (Solihull Primary data in brackets):

| Diackets). | | | | | T , 1 |
|---|---------|---------|---------|---------|--------------|
| | Year 4 | | Year 6 | | Total |
| | Boys | Girls | Boys | Girls | |
| Pupils who feel happy talking to other children at school | 84 (88) | 84 (88) | 89 (91) | 86 (90) | 86 (89) |
| Pupils who do not usually feel uncomfortable when they have to say something in front of teachers | 43 (46) | 41 (46) | 52 (57) | 40 (46) | 44 (49) |
| Pupils who do not want to change lots of things about themselves | 48 (44) | 44 (46) | 49 (57) | 47 (50) | 47 (49) |
| Pupils who do not often fall out with other pupils at school | 47 (47) | 41 (41) | 55 (62) | 45 (54) | 47 (51) |
| Pupils who do not often feel lonely at school | 67 (70) | 62 (63) | 73 (80) | 67 (72) | 67 (72) |
| Pupils who do not think that other pupils often say nasty things about them | 56 (57) | 53 (54) | 57 (60) | 44 (50) | 53 (56) |
| Pupils who do not usually feel shy when they want to tell a teacher something | 54 (56) | 38 (46) | 61 (66) | 43 (45) | 49 (54) |
| Pupils who do not often have find new friends because their old ones are with someone else | 59 (62) | 49 (55) | 69 (75) | 63 (68) | 60 (65) |
| Pupils who do not usually feel foolish when talking to their parents | 72 (76) | 73 (78) | 76 (84) | 72 (81) | 74 (80) |
| Pupils whose parents like to hear their ideas* | 64 (69) | 66 (71) | 72 (76) | 72 (79) | 68 (74) |
| Pupils whose teachers listen to them at school* | 70 (73) | 71 (75) | 73 (77) | 71 (76) | 71 (75) |
| | | | | | |

*N.B: These items were not used in the calculation of the composite self-esteem score.

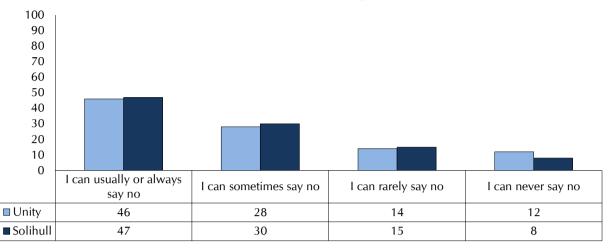
Q39. (Individual self-esteem items) Percentage in each group giving a <u>high</u> esteem response:



■ Unity ■ Solihull

*N.B: These items were not used in the calculation of the composite self-esteem score.

Peer pressure



Q40. When a friend wants me to do something I don't want to do...:

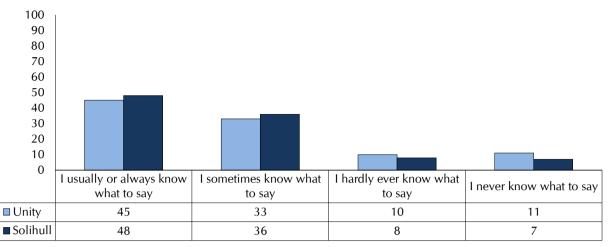
46% (47%) of pupils responded that they can 'usually or always' say no when a friend wants them to do something they don't want to do.

26% (23%) of pupils responded that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do. **Q40.** Percentage answering that they can 'usually or always' say no when a friend wants them to do something they don't want to do.

| | Unity | | Solihull | |
|-------|-------|------|----------|------|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 |
| Boys | 43 | 55 | 42 | 58 |
| Girls | 33 | 52 | 36 | 54 |

Q40. Percentage answering that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.

| | Unity | | Solihull | |
|-------|-------|------|----------|------|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 |
| Boys | 27 | 20 | 27 | 16 |
| Girls | 38 | 21 | 31 | 18 |



Q41. When I want a friend to do something...:

45% (48%) of pupils responded that they 'usually or always' know what to say when they want a friend to do something.

Q41. Percentage answering that they 'usually or always' know what to say when they want a friend to do something.

| | Unity | | Solihull | |
|-------|-------|------|----------|------|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 |
| Boys | 49 | 52 | 50 | 54 |
| Girls | 36 | 43 | 41 | 46 |

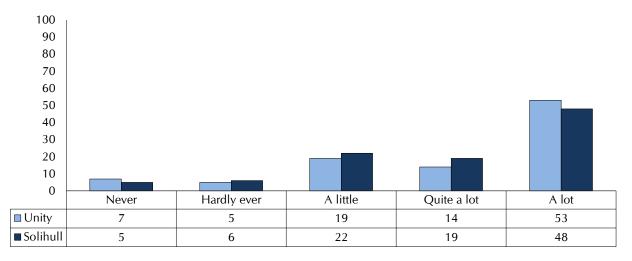
Q41. Percentage answering that they 'hardly ever' or 'never' know what to say when they want a friend to do something.

| | Unity | | Solihull | |
|-------|-------|------|----------|------|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 |
| Boys | 21 | 18 | 16 | 13 |
| Girls | 26 | 21 | 19 | 15 |

21% (16%) of pupils responded that they 'hardly ever' or 'never' know what to say when they want a friend to do something.

Worrying

Q60. Worrying summary: Percentage of pupils responding that they worry about at least one of the issues listed...:



Note: highest worry level recorded.

87% (89%) of pupils worry at least 'a little' about one or more of the issues listed, while 68% (67%) said they do so 'quite a lot' or 'a lot'.

16% (13%) of boys and 17% (14%) of girls responded that they worry about at least 3 of the issues listed 'quite a lot' or 'a lot'; while 35% (35%) of boys and 28% (31%) of girls said that they don't worry about any of them. **Q60.** Percentage answering that they worry 'quite a lot' or 'a lot' about one or more of the issues listed.

| | Unity | | Solihull | |
|-------|-------|------|----------|------|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 |
| Boys | 73 | 56 | 74 | 56 |
| Girls | 74 | 70 | 73 | 65 |

Q60. Percentage answering that they worry about at least 3 of the issues listed 'quite a lot' or 'a lot'.

| | Unity | | Solihull | |
|-------|-------|-----------|----------|------|
| | Yr 4 | Yr 4 Yr 6 | | Yr 6 |
| Boys | 22 | 11 | 17 | 9 |
| Girls | 18 | 15 | 16 | 12 |

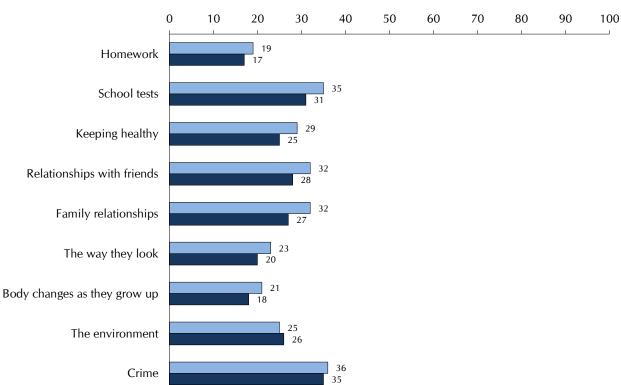
36% (35%) of pupils responded that they worry about crime 'quite a lot' or 'a lot', while 35% (31%) said they worry about school tests.

Q60. Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot' (Solihull Primary data in brackets):

| | | | DIACK | E(S). | | | |
|---|------------------------------|----|-------|-------|------------------------------|----|------|
| | Boys | | | | Girls | | |
| 1 | Crime | 35 | (36) | 1 | School tests | 40 | (36) |
| 2 | School tests | 32 | (27) | 2 | Crime | 36 | (35) |
| 3 | Family relationships | 31 | (27) | 3 | Relationships with friends | 36 | (31) |
| 4 | Keeping healthy | 29 | (25) | 4 | Family relationships | 32 | (26) |
| 5 | Relationships with friends | 28 | (24) | 5 | Keeping healthy | 28 | (25) |
| 6 | The environment | 26 | (27) | 6 | The way they look | 27 | (23) |
| 7 | The way they look | 20 | (17) | 7 | Body changes as they grow up | 24 | (21) |
| 8 | Body changes as they grow up | 19 | (15) | 8 | The environment | 23 | (25) |
| 9 | Homework | 18 | (17) | 9 | Homework | 19 | (16) |
| | | | | | | | |

32% (27%) of pupils responded that they worry about family relationships 'quite a lot' or 'a lot'; 23% (20%) said they worry about the way they look.

Q60. Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot':



■Unity ■Solihull

Problem Solving

In question 61 the young people were asked to whom they would turn to share a range of problems including 'Keep it to myself'. Whom they talk to may depend on what the problem is. The top five sources of support for each problem are as follows (Solihull Primary data in brackets):

Problem with school

| 1 Mum/dad/carer 67 (66) 1 Mum/dad/carer 61 (64) 2 Adult in school 17 (17) 2 Adult in school 22 (17) 3 Keep it to myself 10 (9) 3 Keep it to myself 8 (7) 4 Friend 3 (6) 4 Friend 6 (8) 5 Brother or sister 2 (2) 5 Brother or sister 3 (3) Family relationship Formation of the myself 16 (64) 1 Mum/dad/carer 63 (61) 1 Mum/dad/carer 64 (64) 1 Mum/dad/carer 63 (61) 2 Keep it to myself 16 (15) 2 Keep it to myself 16 (15) 3 Brother or sister 8 (7) 3 Friend 7 (10) 4 Adult in school 5 (5) 4 Brother or sister 6 (8) 5 Friend 3 (3) <td< th=""><th></th><th>Boys</th><th></th><th></th><th></th><th>Girls</th><th></th><th></th></td<> | | Boys | | | | Girls | | | |
|--|---|-------------------|--------|------|-----|-------------------|--------|------|-----|
| 3Keep it to myself10(9)3Keep it to myself8(7)4Friend3(6)4Friend6(8)5Brother or sister2(2)5Brother or sister3(3)Family relationship:BoysGirls1Mum/dad/carer64(64)1Mum/dad/carer63(61)2Keep it to myself16(15)2Keep it to myself16(15)3Brother or sister8(7)3Friend7(10)4Adult in school5(5)4Brother or sister63(81)5Friend4(6)5Adult in school5(55)(13)(11)BoysGirlsGirlsGirlsBoysGirlsAdult in school5(13)2Keep it to myself17(14)3Friend3(73)4Brother or sister72(77)2Keep it to myself15(13)2Keep it to myself13(14)3Friend3(3)4Brother or sister3(3)4Bother or sister3(13)4Brother or sister3(3)(2)5Adult in school3(2)5Adult in school3(2)(3)(3) <td>1</td> <td>Mum/dad/carer</td> <td>67</td> <td>(66)</td> <td>1</td> <td>Mum/dad/carer</td> <td>61</td> <td>(64)</td> | 1 | Mum/dad/carer | 67 | (66) | 1 | Mum/dad/carer | 61 | (64) | |
| 4 Friend 3 (.6) 4 Friend 6 (.8) 5 Brother or sister 2 (.2) 5 Brother or sister 3 (.3) Family relationships Girls Boys Girls Boys Girls 1 Mum/dad/carer 64 (.64) 1 Mum/dad/carer 63 (.61) 2 Keep it to myself 16 (.15) 2 Keep it to myself 16 (.15) 3 Brother or sister 8 (.7) 3 Friend 7 (.10) 4 Adult in school 5 (.5) 4 Brother or sister 6 (.8) 5 Friend 4 (.6) 5 Adult in school 5 (.5) Girls Keep it to myself 15 Mum/dad/carer 72 (.77) 2 Keep it to myself 15 (.13) 2 Keep it to myself 17 (.14) Adult in school 3 | 2 | Adult in school | 17 | (17) | 2 | Adult in school | 22 | (17) | |
| 5Brother or sister2(.2)5Brother or sister3(.3)Family relationshipsBoysGirlsBoysGirls1Mum/dad/carer64(.64)1Mum/dad/carer63(.61)2Keep it to myself16(.15)2Keep it to myself16(.15)3Brother or sister8(.7)3Friend7(.10)4Adult in school5(.5)4Brother or sister6(.8)5Friend4(.6)5Adult in school5(.5)(.7)6BoysGirls7(.10)2Keep it to myself72(.77)1Mum/dad/carer73(.78)1Mum/dad/carer72(.77)2Keep it to myself15(.13)2Keep it to myself17(.14)3Friend3(.73)(.78)1Mum/dad/carer72(.77)2Keep it to myself15(.13)2Keep it to myself17(.14)3Friend3(.73)2Keep it to myself3(.33)3(.14)4Brother or sister3(.73)2Keep it to myself3(.33)3(.14)4Brother or sister3(.73)2Keep it to myself3(.33)(.34)(.34)(.34)(.34)5Adult in school <th< td=""><td>3</td><td>Keep it to myself</td><td>10</td><td>(9)</td><td>3</td><td>Keep it to myself</td><td>8</td><td>(7)</td></th<> | 3 | Keep it to myself | 10 | (9) | 3 | Keep it to myself | 8 | (7) | |
| Family relationships Girls Girls Girls Imm/dad/carer 64 (64) 1 Mum/dad/carer 63 (61) 2 Keep it to myself 16 (10) 3 Brother or sister 64 (61) 2 Adult in school 5 (51) Adult in school 5 Adult in school Adult in school <th co<="" td=""><td>4</td><td>Friend</td><td>3</td><td>(6)</td><td>4</td><td>Friend</td><td>6</td><td>(8)</td></th> | <td>4</td> <td>Friend</td> <td>3</td> <td>(6)</td> <td>4</td> <td>Friend</td> <td>6</td> <td>(8)</td> | 4 | Friend | 3 | (6) | 4 | Friend | 6 | (8) |
| Boys Girls 1 Mum/dad/carer 64 (64) 1 Mum/dad/carer 63 (61) 2 Keep it to myself 16 (15) 2 Keep it to myself 16 (15) 3 Brother or sister 8 (7) 3 Friend 7 (10) 4 Adult in school 5 (5) 4 Brother or sister 6 (8) 5 Friend 4 (66) 5 Adult in school 5 (5) 6 Friend 4 (6) 5 Adult in school 5 (5) 7 Friend 4 (6) 5 Adult in school 5 (5) Health worries Boys Girls 72 (77) 2 Keep it to myself 15 (13) 2 Keep it to myself 17 (14) 3 Friend 3 (3) 4 Brother or sister 3 (3) (2) (2) (2) (2) Adult in school 3< | 5 | Brother or sister | 2 | (2) | 5 | Brother or sister | 3 | (3) | |
| 1 Mum/dad/carer 64 (64) 1 Mum/dad/carer 63 (61) 2 Keep it to myself 16 (15) 2 Keep it to myself 16 (15) 3 Brother or sister 8 (7) 3 Friend 7 (10) 4 Adult in school 5 (5) 4 Brother or sister 6 (8) 5 Friend 4 (6) 5 Adult in school 5 (5) 5 Friend 4 (6) 5 Adult in school 5 (5) Girls Friend 73 (78) 1 Mum/dad/carer 72 (77) 2 Keep it to myself 15 (13) 2 Keep it to myself 17 (14) 3 Friend 3 (3) 3 Friend 3 (3) 4 Brother or sister 3 (13) 3 Keep it to myself 3 (3) | Family relationship | ps | | | | | | | |
| 2Keep it to myself16(15)2Keep it to myself16(15)3Brother or sister8(7)3Friend7(10)4Adult in school5(5)4Brother or sister6(8)5Friend4(6)5Adult in school5(5)Health worriesBoysGirls1Mum/dad/carer73(78)1Mum/dad/carer72(77)2Keep it to myself15(13)2Keep it to myself17(14)3Friend3(3)3Friend4(4)4Brother or sister3(3)3Friend3(3)5Adult in school3(2)5Adult in school3(2)GirlsStriend3(3)4Brother or sister3(3)3Friend3(2)5Adult in school3(2)GirlsGirlsStrind53(55)1Mum/dad/carer50(55)1Mum/dad/carer53(55)2Keep it to myself18(16)2Friend17(15)3Friend18(16)2Friend12(11) | | Boys | | | | Girls | | | |
| 3Brother or sister8 (7) 3Friend7 (10) 4Adult in school5 (5) 4Brother or sister6 (8) 5Friend4 (6) 5Adult in school5 (5) Health worriesBoysGirls1Mum/dad/carer73 (78) 1Mum/dad/carer72 (77) 2Keep it to myself15 (13) 2Keep it to myself17 (14) 3Friend3 (3) 3Friend4 (4) 4Brother or sister3 (3) 3Friend3 (3) 5Adult in school3 (2) 5Adult in school3 (2) GirlsAdult in school3 (2) 5 7 7 7 7 7 4Brother or sister3 (3) 3 Friend 3 (3) 3 7 (12) 5Adult in school 3 (2) 5 Adult in school 3 (2) 7 7 7 7 BoysGirlsGirlsAdult in school 7 (15) 1Mum/dad/carer 50 55 1 Mum/dad/carer 53 55 2Keep it to myself 18 (16) 2 Friend 17 15 3Friend 15 </td <td>1</td> <td>Mum/dad/carer</td> <td>64</td> <td>(64)</td> <td>1</td> <td>Mum/dad/carer</td> <td>63</td> <td>(61)</td> | 1 | Mum/dad/carer | 64 | (64) | 1 | Mum/dad/carer | 63 | (61) | |
| $ \begin{array}{ccccccccccccccccccccccccccccccccccc$ | 2 | Keep it to myself | 16 | (15) | 2 | Keep it to myself | 16 | (15) | |
| 5Friend4(.6)5Adult in school5(.5)Health worriesBoysGirls1Mum/dad/carer73(.78)1Mum/dad/carer72(.77)2Keep it to myself15(.13)2Keep it to myself17(.14)3Friend3(.3)3Friend4(.4)4Brother or sister3(.3)3Friend3(.3)5Adult in school3(.2)5Adult in school3(.2)Feationships with remotes1Mum/dad/carer50(.55)1Mum/dad/carer53(.55)2Keep it to myself18(.16)2Friend17(.15)3Friend15(.13)3Keep it to myself.15(.15) | 3 | Brother or sister | 8 | (7) | 3 | Friend | 7 | (10) | |
| Boys Girls 1 Mum/dad/carer 73 (78) 1 Mum/dad/carer 72 (77) 2 Keep it to myself 15 (13) 2 Keep it to myself 17 (14) 3 Friend 3 (3) 3 Friend 4 (4) 4 Brother or sister 3 (3) 4 Brother or sister 3 (3) 5 Adult in school 3 (2) 5 Adult in school 3 (2) Girls Boys Girls Strind A 1 Mum/dad/carer 50 (55) 1 Mum/dad/carer 53 (55) 2 Keep it to myself 18 (16) 2 Friend 17 (15) 3 Friend 15 (13) 3 Keep it to myself 12 (11) | 4 | Adult in school | 5 | (5) | 4 | Brother or sister | 6 | (8) | |
| Boys Girls 1 Mum/dad/carer 73 (78) 1 Mum/dad/carer 72 (77) 2 Keep it to myself 15 (13) 2 Keep it to myself 17 (14) 3 Friend 3 (3) 3 Friend 4 (4) 4 Brother or sister 3 (3) 4 Brother or sister 3 (3) 5 Adult in school 3 (2) 5 Adult in school 3 (2) Girls Boys Girls Striends Striends Girls Striends Striends 15 13 3 Keep it to myself | 5 | Friend | 4 | (6) | 5 | Adult in school | 5 | (5) | |
| 1 Mum/dad/carer 73 (78) 1 Mum/dad/carer 72 (77) 2 Keep it to myself 15 (13) 2 Keep it to myself 17 (14) 3 Friend 3 (3) 3 Friend 4 (4) 4 Brother or sister 3 (3) 4 Brother or sister 3 (3) 5 Adult in school 3 (2) 5 Adult in school 3 (2) Girls Boys Girls Sind 15 (13) 2 Friend 53 (55) 1 Mum/dad/carer 50 (55) 1 Mum/dad/carer 53 (55) 2 Keep it to myself 18 (16) 2 Friend 17 (15) 3 Friend 15 (13) 3 Keep it to myself 12 (11) | Health worries | | | | | | | | |
| 2 Keep it to myself 15 (13) 2 Keep it to myself 17 (14) 3 Friend 3 (3) 3 Friend 4 (4) 4 Brother or sister 3 (3) 4 Brother or sister 3 (3) 5 Adult in school 3 (2) 5 Adult in school 3 (2) Relationships with riends Soys Girls 1 Mum/dad/carer 50 (55) 1 Mum/dad/carer 53 (55) 2 Keep it to myself 18 (16) 2 Friend 17 (15) 3 Friend 15 (13) 3 Keep it to myself 12 (11) | | Boys | | | | Girls | | | |
| 3Friend3(.3)3Friend4(.4)4Brother or sister3(.3)4Brother or sister3(.3)5Adult in school3(.2)5Adult in school3(.2)Relationships with FriendsSoysGirls1Mum/dad/carer50(.55)1Mum/dad/carer53(.55)2Keep it to myself18(.16)2Friend12(.11) | 1 | Mum/dad/carer | 73 | (78) | 1 | Mum/dad/carer | 72 | (77) | |
| 4Brother or sister3(.3)4Brother or sister3(.3)5Adult in school3(.2)5Adult in school3(.2)Relationships with FriendsBoysGirls1Mum/dad/carer50(.55)1Mum/dad/carer53(.55)2Keep it to myself18(.16)2Friend17(.15)3Friend15(.13)3Keep it to myself12(.11) | 2 | Keep it to myself | 15 | (13) | 2 | Keep it to myself | 17 | (14) | |
| 5Adult in school3(2)5Adult in school3(2)Relationships with FriendsBoysGirls1Mum/dad/carer50(55)1Mum/dad/carer53(55)1Mum/dad/carer50(55)1Mum/dad/carer53(55)2Keep it to myself18(16)2Friend17(15)3Friend15(13)3Keep it to myself12(11) | 3 | Friend | 3 | (3) | 3 | Friend | 4 | (4) | |
| Relationships with Friends Boys Girls 1 Mum/dad/carer 50 (55) 1 Mum/dad/carer 53 (55) 2 Keep it to myself 18 (16) 2 Friend 17 (15) 3 Friend 15 (13) 3 Keep it to myself 12 (11) | 4 | Brother or sister | 3 | (3) | 4 | Brother or sister | 3 | (3) | |
| Boys Girls 1 Mum/dad/carer 50 (55) 1 Mum/dad/carer 53 (55) 2 Keep it to myself 18 (16) 2 Friend 17 (15) 3 Friend 15 (13) 3 Keep it to myself 12 (11) | 5 | Adult in school | 3 | (2) | 5 | Adult in school | 3 | (2) | |
| 1Mum/dad/carer50(55)1Mum/dad/carer53(55)2Keep it to myself18(16)2Friend17(15)3Friend15(13)3Keep it to myself12(11) | Relationships with | 1 friends | | | | | | | |
| 2 Keep it to myself 18 (16) 2 Friend 17 (15) 3 Friend 15 (13) 3 Keep it to myself 12 (11) | | Boys | | | | Girls | | | |
| 3 Friend 15 (13) 3 Keep it to myself 12 (11) | 1 | Mum/dad/carer | 50 | (55) | 1 | Mum/dad/carer | 53 | (55) | |
| | 2 | Keep it to myself | 18 | (16) | 2 | Friend | 17 | (15) | |
| 4 Adult in school 10 (11) 4 Adult in school 10 (12) | 3 | Friend | 15 | (13) | 3 | Keep it to myself | 12 | (11) | |
| | 4 | Adult in school | 10 | (11) | 4 | Adult in school | 10 | (12) | |
| 5 Brother or sister 5 (5) 5 Brother or sister 5 (6) | 5 | Brother or sister | 5 | (5) | 5 | Brother or sister | 5 | (6) | |
| Bullying | Bullying | | | | | | | | |
| Boys Girls | | Boys | | | | Girls | | | |
| 1 Mum/dad/carer 62 (62) 1 Mum/dad/carer 61 (66) | 1 | - | 62 | (62) | 1 | Mum/dad/carer | 61 | (66) | |
| 2 Adult in school 19 (20) 2 Adult in school 22 (18) | 2 | Adult in school | 19 | (20) | 2 | Adult in school | 22 | (18) | |
| 3 Keep it to myself 11 (10) 3 Keep it to myself 9 (8) | 3 | Keep it to myself | 11 | (10) | 3 | Keep it to myself | 9 | (8) | |
| 4 Friend 3 (3) 4 Friend 4 (5) | 4 | Friend | 3 | (3) | 4 | Friend | 4 | (5) | |
| 5 Brother or sister 3 (3) 5 Brother or sister 3 (3) | 5 | Brother or sister | 3 | (3) | 5 | Brother or sister | 3 | (3) | |

It is worth noting that 'keep it to myself' is not necessarily negative. For some pupils, it may mean that they feel they can deal with the problem without help.

Alcohol, Smoking, Drugs

Alcohol

18% (13%) of pupils responded that they have had an alcoholic drink at some point in their lives.

Of the 244 (568) pupils who have had an alcoholic drink, they were on average 7 (7) years old when they first tried alcohol.

3% (3%) of Year 6 pupils responded that they had an alcoholic drink on at least one day in the 7 days before the survey; 1% (1%) said they drank alcohol on more than one day. **Q42.** Percentage answering that they have had an alcoholic drink.

| | Unity | | Sc | olihull |
|-------|-------|------|------|---------|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 |
| Boys | 23 | 23 | 17 | 17 |
| Girls | 12 | 12 | 9 | 10 |

Q43. Mean age of pupils when they first tried alcohol. Unity Solihull Yr 4 Yr 6 Yr 4 Yr 6

| | 114 | 110 | 114 | 110 |
|-------|-----|-----|-----|-----|
| Boys | 6 | 8 | 6 | 8 |
| Girls | 6 | 7 | 7 | 8 |

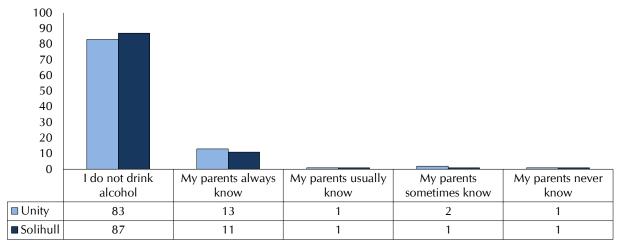
Q44 (Y6). Percentage of Year 6 pupils answering that they have had an alcoholic drink on at least one day in the 7 days before the survey.

| | Uni | ity | Solihull |
|-------|------|------|----------|
| | Yr 6 | Yr 6 | |
| Boys | 3 | 3 | |
| Girls | 2 | 1 | |

2% (1%) of pupils responded that they drank beer or lager in the 7 days before the survey, while 1% (1%) drank spirits.

Q45. Percentage of pupils responding that they have drunk the following alcoholic drinks in the 7 days before the survey (Solihull Primary data in brackets):

| | Boys | | | | Girls | | |
|---|----------------|---|-----|---|----------------|---|------|
| 1 | Beer or lager | 3 | (2) | 1 | Wine | 2 | (1) |
| 2 | Shandy (mixed) | 3 | (2) | 2 | Shandy (mixed) | 1 | (1) |
| 3 | Wine | 2 | (2) | 3 | Beer or lager | 1 | (1) |
| 4 | Spirits | 1 | (1) | 4 | Cider | 1 | (0) |



Q46 (Y6). Year 6 only: Do your parents know if you drink alcohol?

83% (87%) of Year 6 pupils responded that they do not drink alcohol.

13% (11%) of Year 6 pupils responded that they do drink alcohol and their parents 'always' know, while 1% (1%) said their parents 'usually' know.

3% (2%) of Year 6 pupils responded that they drink alcohol and their parents 'never' or only 'sometimes' know.

18% (15%) of Year 4 pupils responded that they drink alcohol and their parents always know when they do, while 5% (4%) said their parents don't always know; 77% (81%) said they don't drink alcohol.

Q46 (Y6). Percentage of Year 6 pupils answering that they do not drink alcohol.

| | | Unity | | Solihull |
|-------|------|-------|------|----------|
| | Yr 6 | | Yr 6 | |
| Boys | 80 | | 85 | |
| Girls | 87 | | 90 | |

Q46 (Y6). Percentage of Year 6 pupils answering that they drink alcohol and their parents 'always' know.

| | | Unity | | Solihull |
|-------|------|-------|------|----------|
| | Yr 6 | | Yr 6 | |
| Boys | 15 | | 13 | |
| Girls | 10 | | 9 | |

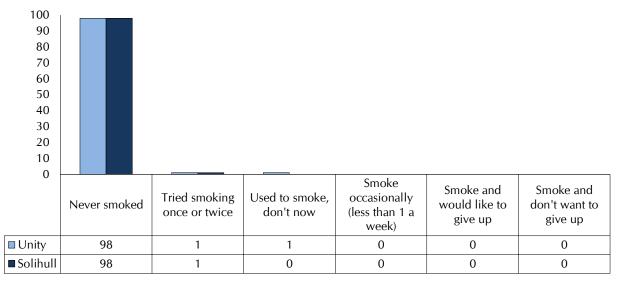
Q46 (Y6). Percentage of Year 6 pupils answering that they drink alcohol and their parents 'never' or only 'sometimes' know.

| | Unity | Solihull |
|-------|-------|----------|
| | Yr 6 | Yr 6 |
| Boys | 4 | 2 |
| Girls | 2 | 1 |

Q46 (Y4). Percentage of Year 4 pupils answering that they drink alcohol and their parents don't always know.

| | | Unity | | Solihull |
|-------|------|-------|------|----------|
| | Yr 4 | | Yr 4 | |
| Boys | 6 | | 5 | |
| Girls | 4 | | 3 | |

Smoking



Q47 (Y6). Year 6 only: Smoking: Which statement describes you best?

2% (2%) of Year 6 pupils said they have smoked in the past or smoke now.

Q47 (Y6). Percentage of Year 6 pupils answering that they have smoked in the past or smoke now.

| Unity | | Solihull |
|-------|-----------|------------------|
| Yr 6 | Yr 6 | |
| 4 | 3 | |
| 1 | 1 | |
| | Yr 6 4 | Yr 6 Yr 6 4 3 |

2% (1%) of Year 4 pupils responded that they have smoked a cigarette.

Q47 (Y4). Percentage of Year 4 pupils answering that they have smoked a cigarette.

| | Unity | | Solihull |
|------|-------|-----------|------------------|
| Yr 4 | | Yr 4 | |
| 2 | | 2 | |
| 2 | | 0 | |
| | 2 | Yr 4 2 | Yr 4 Yr 4 2 2 |

0% (0%) of pupils responded that they smoked in the week before the survey.

 $88\%\ (91\%)$ of pupils responded that they think they will not smoke when they are older.

2% (1%) of pupils responded that they think they will smoke when they are older, while 10% (7%)

think they may smoke.

Q48. Percentage answering that they smoked in the week before the survey.

| | Unity | | Sc | olihull |
|-------|-------|------|------|---------|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 |
| Boys | 1 | 1 | 0 | 0 |
| Girls | 0 | 0 | 0 | 0 |

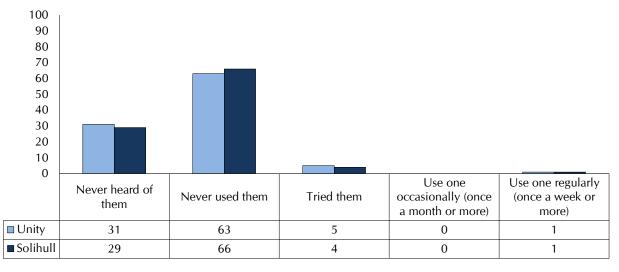
Q49. Percentage answering that they think they will not smoke when they are older.

| | Unity | | Solihull | | |
|-------|-------|------|----------|------|--|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 | |
| Boys | 85 | 86 | 89 | 90 | |
| Girls | 91 | 93 | 93 | 95 | |

Q49. Percentage answering that they think they will smoke when they are older.

| | Unity | | Solihull | |
|-------|-------|------|----------|------|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 |
| Boys | 4 | 2 | 2 | 2 |
| Girls | 1 | 1 | 1 | 0 |

E-cigarettes



Q50. E-cigarettes: What best describes your knowledge or use of electronic cigarettes, 'e-cigarettes'?

94% (95%) of pupils responded that they have either never heard of or never used electronic cigarettes/'e-cigarettes'.

Q50. Percentage answering that they have either never heard of or never used an electronic cigarettes/'e-cigarettes'.

| | Unity | | Solihull | | |
|-------|-------|------|----------|------|--|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 | |
| Boys | 91 | 94 | 91 | 95 | |
| Girls | 96 | 97 | 96 | 98 | |

1% (1%) of pupils responded that they have used an e-cigarette at least 'occasionally'.

Q50. Percentage answering that they have used an e-cigarette at least 'occasionally'.

| | Unity | | Solihull | | |
|-------|-------|------|----------|------|--|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 | |
| Boys | 3 | 1 | 3 | 1 | |
| Girls | 1 | 0 | 1 | 0 | |

Drugs

61% (63%) of pupils responded that their parents have talked with them about drugs (including medicines), while 48% (48%) said their teachers have talked with them in school lessons and 19% (21%) said their friends have.

Q56. Percentage of pupils responding that the following people have talked with them about drugs (including medicines – Solihull Primary data in brackets):

| | Year 4 | | Year 6 | | Total |
|-----------------------------|---------|---------|---------|---------|---------|
| | Boys | Girls | Boys | Girls | |
| Parents | 55 (58) | 53 (54) | 67 (70) | 72 (70) | 61 (63) |
| Teachers, in school lessons | 31 (34) | 26 (27) | 67 (65) | 67 (67) | 48 (48) |
| School nurse | 11 (9) | 10 (7) | 12 (11) | 11 (9) | 11 (9) |
| Visitors in school lessons | 9 (8) | 7 (5) | 19 (13) | 17 (14) | 13 (10) |
| Friends | 17 (18) | 12 (13) | 23 (28) | 24 (26) | 19 (21) |
| Brothers or sisters | 25 (21) | 17 (16) | 20 (20) | 19 (19) | 20 (19) |
| Other close relatives | 18 (21) | 17 (16) | 22 (21) | 24 (21) | 20 (20) |

51% (51%) of pupils responded that either their teachers, the school nurse or visitors in school lessons have talked with them about drugs (incl. medicines).

16% (14%) of pupils responded that they are 'fairly sure' or 'certain' that they know someone who uses drugs (not as medicines).

1% (2%) of Year 6 pupils responded that they have been offered cannabis. 5% (4%) said they 'don't know' if they have.

2% (1%) of Year 6 pupils responded that they have been offered other drugs (not cannabis or medicines), while 3% (3%) said they 'don't know' if they have. **Q56.** Percentage answering that either their teachers, the school nurse or visitors in school lessons have talked with them about drugs (incl. medicines).

| | Unity | | Solihull | | |
|-------|-------|------|----------|------|--|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 | |
| Boys | 36 | 70 | 38 | 67 | |
| Girls | 31 | 69 | 30 | 69 | |

Q57. Percentage answering that they are 'fairly sure' or 'certain' that they know someone who uses drugs (not as medicines).

| | Unity | | Solihull | | |
|-------|-------|------|----------|------|--|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 | |
| Boys | 17 | 20 | 15 | 16 | |
| Girls | 11 | 17 | 11 | 12 | |

Q58 (Y6). Percentage of Year 6 pupils answering that they have been offered cannabis.

| | Unity | So | olihull |
|-------|-------|------|---------|
| | Yr 6 | Yr 6 | |
| Boys | 2 | 2 | |
| Girls | 1 | 1 | |

Q59 (Y6). Percentage of Year 6 pupils answering that they have been offered other drugs (not cannabis or medicines).

| | Unity | Solihull |
|-------|-------|----------|
| | Yr 6 | Yr 6 |
| Boys | 1 | 2 |
| Girls | 2 | 1 |

Growing up

74% (76%) of pupils responded that their parents have talked with them about how their body changes as they grow up, while 53% (60%) said their teachers have talked with them in school lessons and 30% (32%) said their friends have.

Q51a. Percentage of pupils responding that the following people have talked with them about how their body changes as they grow up (Solihull Primary data in brackets):

| | Year 4 | | Year 6 | | Total |
|-----------------------------|---------|---------|---------|---------|---------|
| | Boys | Girls | Boys | Girls | |
| Parents | 68 (70) | 67 (72) | 72 (76) | 90 (90) | 74 (76) |
| Teachers, in school lessons | 35 (43) | 39 (42) | 64 (73) | 76 (82) | 53 (60) |
| School nurse | 16 (13) | 11 (9) | 12 (11) | 10 (9) | 12 (10) |
| Visitors in school lessons | 14 (14) | 12 (9) | 21 (17) | 14 (12) | 15 (13) |
| Friends | 29 (31) | 28 (24) | 30 (31) | 35 (43) | 30 (32) |
| Brothers or sisters | 37 (36) | 30 (31) | 31 (26) | 28 (28) | 32 (30) |
| Other close relatives | 26 (30) | 26 (25) | 31 (26) | 38 (36) | 30 (29) |

58% (64%) of pupils responded that either their teachers, the school nurse or visitors in school lessons have talked with them about how their body changes as they grow up.

Q51a. Percentage answering that either their teachers, the school nurse or visitors in school lessons have talked with them about how their body changes as they grow up.

| | Unity | | Solihull | | |
|-------|-------|------|----------|------|--|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 | |
| Boys | 45 | 67 | 50 | 75 | |
| Girls | 44 | 77 | 48 | 83 | |

Q51b. Percentage answering that they feel they know 60% (62%) of pupils responded that they feel they enough about how their body changes as they get older. know enough about how their body changes as they get older, while 13% (10%) feel they don't Solihull Unity know enough. Yr 4 Yr 6 Yr 4 Boys 50 74 54 Girls 45 70

71% (75%) of pupils responded that their parents have talked with them about how their feelings/emotions change as they grow up, while 47% (50%) said their teachers have talked with them in school lessons and 32% (32%) said their friends have.

Q52. Percentage of pupils responding that the following people have talked with them about how their feelings/emotions change as they grow up (Solihull Primary data in brackets):

| | Year 4 | | Year 6 | | Total |
|-----------------------------|---------|---------|---------|---------|---------|
| | Boys | Girls | Boys | Girls | |
| Parents | 64 (71) | 67 (69) | 72 (77) | 81 (86) | 71 (75) |
| Teachers, in school lessons | 35 (37) | 41 (39) | 50 (58) | 62 (66) | 47 (50) |
| School nurse | 11 (10) | 8 (6) | 9 (8) | 6 (6) | 9 (8) |
| Visitors in school lessons | 11 (11) | 14 (8) | 13 (13) | 12 (10) | 13 (11) |
| Friends | 31 (31) | 34 (29) | 27 (28) | 36 (39) | 32 (32) |
| Brothers or sisters | 31 (31) | 33 (30) | 26 (25) | 25 (27) | 29 (28) |
| Other close relatives | 24 (28) | 26 (25) | 26 (25) | 31 (29) | 26 (26) |
| | | | | | |

Yr 6

75

71

45

50% (53%) of pupils responded that either their teachers, the school nurse or visitors in school lessons have talked with them about how their feelings/emotions change as they grow up.

Q52. Percentage answering that either their teachers, the school nurse or visitors in school lessons have talked with them about how their feelings/emotions change as they grow up.

| | | Unity | Sc | olihull |
|-------|------|-------|------|---------|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 |
| Boys | 41 | 53 | 42 | 60 |
| Girls | 43 | 65 | 42 | 68 |

Periods

15% (13%) of Year 6 girls responded that they have started their periods, while 11% (11%) said they 'don't know' if they have.

ΗΙΥ

27% (23%) of pupils responded that they know about AIDS (or HIV).

Q53 (Y6). Percentage of Year 6 girls answering that they have started their periods.

| | | Unity | | Solihull |
|-------|------|-------|------|----------|
| | Yr 6 | | Yr 6 | |
| Girls | 15 | | 13 | |

Q54. Percentage answering that they know about AIDS (or HIV).

| | | Unity | Solihull | |
|-------|------|-------|----------|------|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 |
| Boys | 21 | 44 | 19 | 38 |
| Girls | 12 | 29 | 11 | 22 |

15% (13%) of pupils responded that their parents have talked with them about AIDS (or HIV), while 8% (6%) said their teachers have talked with them in school lessons.

Q55. Percentage of pupils responding that the following people have talked with them about AIDS (or HIV) (Solihull Primary data in brackets):

| | | | data m | brucht | | | |
|------|-----------------------------|----|--------|--------|-----------------------------|----|------|
| Boys | | | | Girls | | | |
| 1 | Parents | 18 | (16) | 1 | Parents | 12 | (10) |
| 2 | Brothers or sisters | 9 | (7) | 2 | Teachers, in school lessons | 8 | (5) |
| 3 | Friends | 9 | (7) | 3 | Brothers or sisters | 7 | (5) |
| 4 | Teachers, in school lessons | 8 | (8) | 4 | Friends | 6 | (4) |
| 5 | Other close relatives | 7 | (6) | 5 | Other close relatives | 5 | (4) |
| 6 | School nurse | 4 | (4) | 6 | Visitors in school lessons | 3 | (2) |
| 7 | Visitors in school lessons | 3 | (3) | 7 | School nurse | 3 | (2) |
| | | | | | | | |

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