

The Solihull Children and Young People's Health and Wellbeing Survey 2018

**A report for
Rural Collaborative
Years 4 & 6**

The Schools Health Education Unit

www.sheu.org.uk

SHEU

School Survey Report 2018

Rural Collaborative compared with Solihull Primary

Produced by the
Schools Health Education Unit

The contents of this book are © SHEU 2018. Users of the Health Related Behaviour Questionnaire survey service are permitted to reproduce or adapt these materials for use within the classroom only.

The support service we offer benefits from the continuous use and development of our materials, and feedback from users. Therefore, if you wish to make any contribution based on your own use of the survey service, we would be delighted to hear from you.

Contact:

Angela Balding, Survey Manager
Schools Health Education Unit
3 Manaton Court
Manaton Close
Matford
Exeter EX2 8PF

Tel: 01392 667272 Fax: 01392 667269

e-mail angela.balding@sheu.org.uk

Contents

	Page No.
FOREWORD	2
INTRODUCTION	3
SPINE CHARTS	5
OFSTED FRAMEWORK.....	6
COLLABORATIVE COMPARED WITH SOLIHULL HEADLINES	10
SIGNIFICANT DIFFERENCES.....	14
2018/2016 COMPARISONS	17
HOME AND SCHOOL.....	21
FOOD AND DIET	24
MONEY	31
FEELING SAFE.....	32
LEISURE TIME.....	36
PHYSICAL ACTIVITY.....	39
HEALTH & HYGIENE.....	45
INTERNET SAFETY	47
EMOTIONAL HEALTH AND WELLBEING.....	49
ALCOHOL, SMOKING, DRUGS.....	57
GROWING UP	63
LIST OF TABLES.....	65

Foreword

The Schools Health Education Unit (SHEU) is pleased to be able to produce your Report, which contains detailed information about the health beliefs and behaviour of your pupils.

The report compares the data collected from your pupils with those from a larger, wider sample.

SHEU is sure that you, your colleagues, and your pupils will also find the information contained within this report to be of value in helping you to gauge some of the most important factors that affect the lives of our young people both now and in the future.

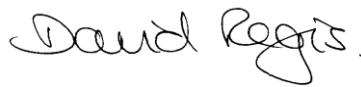
SHEU hope that your pupils found the experience of completing the questionnaire interesting and thought provoking.

Finally, SHEU would like to take this opportunity to thank you for your support and co-operation in agreeing to participate in this valuable research initiative.



Angela Balding

Survey Manager
Schools Health Education Unit



Dr. David Regis

Research Manager
Schools Health Education Unit

Introduction

The Health-Related Behaviour Survey, developed by the Schools Health Education Unit, is designed for young people of primary and secondary school age. The surveys have been developed over 30 years by health and education professionals, and over a million school children have taken part. In the last ten years, over four thousand schools and colleges have participated. Data arising from the survey can be used to inform planning decisions as well as being used in the classroom as the stimulus for discussion with young people.

This report should ideally be studied with reference to the original questionnaire and the survey results tables. The first is recommended because we may have paraphrased a question below for reasons of space, and the precise wording and position may be important for interpretation.

Preceding this report you should have received **The Survey Results Tables** (or online results), which contain more information than can be summarised here. You may want to refer to this if you want to look in more detail at the results of a particular question. The Survey Results Tables show the number of responses received for each question, which may be less than the total sample. Also in the Results Tables we show the results of each response for multiple-choice questions, whereas in this report answers may be selective or grouped.

A school's results are confidential and will not be shared with other organisations without the express permission of the school.

Additional services (graphs and discs) are available; please contact SHEU. In particular, we have designed a set of INSET workshops around different examples of using the questionnaire data. If you would like further details of these or have any comments on this report please contact us at the address on the front of the report.

If you would like further details about Government policy background, we have created an overview which can be downloaded from our website at: <http://sheu.org.uk/content/page/appendix>.

Comparison figures

In this report the data gathered from this survey have been compared with a larger sample from your area. For example, if your school is in Exeter then the wider data might be Devon. This enables you to compare your results with others in the area and also go to the SHEU annual reports (summaries available at www.sheu.org.uk/publications) to find out about the UK statistics and trends.

If the figures in your survey have been compared with results from a reference sample, the reference figures are normally given second, and often in parentheses.

15% (20%) of the sample...

Your survey (Reference sample)

	Your survey		Reference Sample	
	Year 8	Year 10	Year 8	Year 10
Boys	10	20	30	40
Girls	80	70	60	50

Favourite fruits			
1	Apples	70	(60)
2	Oranges	60	(50)
3	Bananas	50	(40)

Your survey (Reference sample)

The sample

This survey involved pupils from the following years. The numbers in each group are shown below.

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	81	138	1134	1157
Girls	115	138	1070	1062

Please note that 1 (15) pupil(s) didn't specify whether they are a boy or a girl or were unsure/ preferred not to say/described themselves in some other way and 0 (0) didn't specify what year group they are in. These pupils will not be included in any tables or charts which are split by sex or year respectively, however they will be included in any total figures.

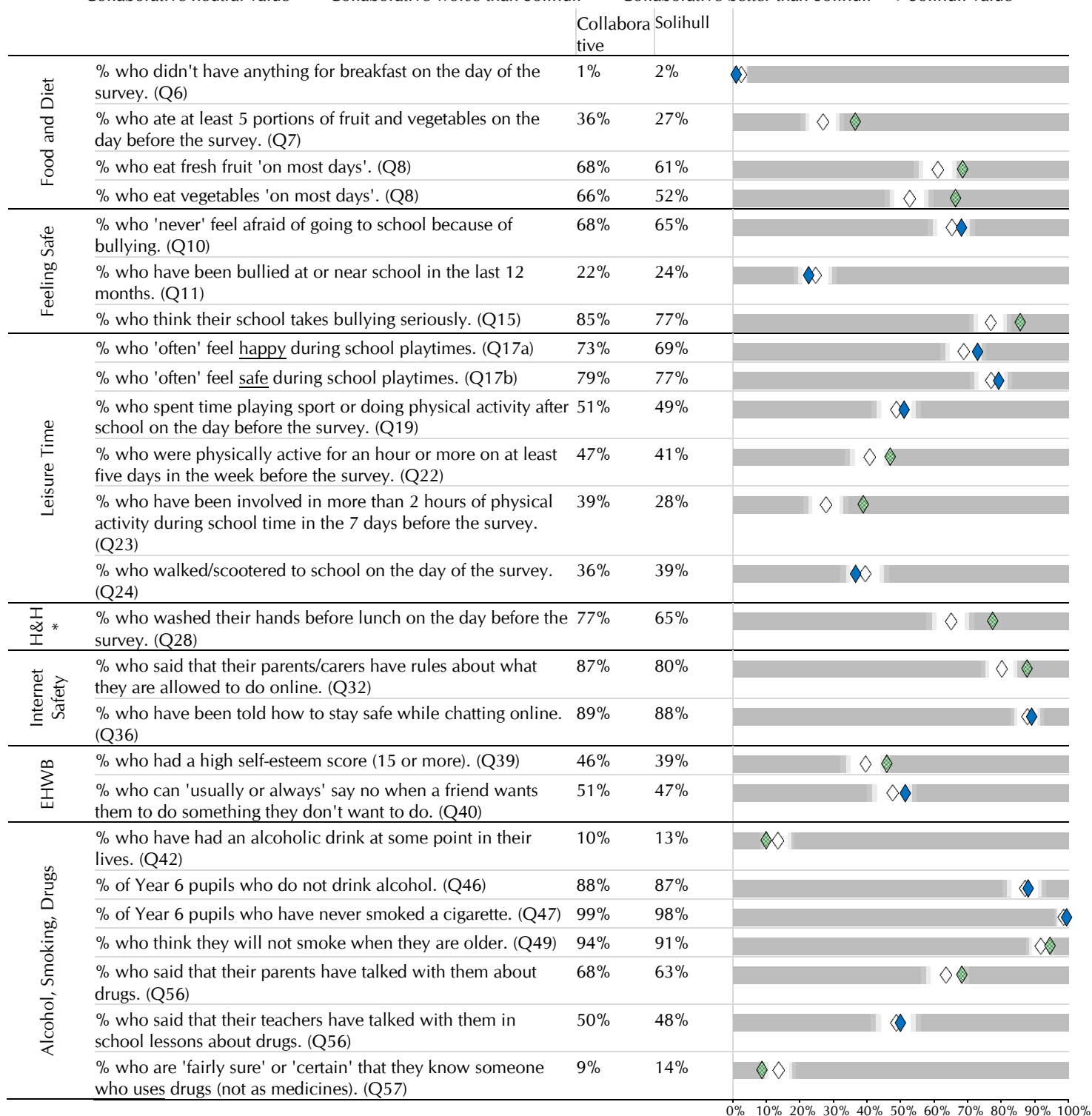
If the sample you sent to Exeter for analysis was small, then it may have been aggregated by sex or year, or merged with a sample from another school or schools. This is done so that the figures are not too influenced by the behaviour of any one individual, and to ensure that the anonymity of the respondents is not compromised. If you would like to discuss this in more detail, please contact the Unit directly.

Spine Charts

Key Findings

In the chart below a coloured diamond represents Rural Collaborative's result, while the hollow diamond represents the figure for Solihull Primary. The distance between the diamonds indicates the size of the difference between the percentages – the greater the gap, the larger the difference. The colour of the diamond reflects whether a difference is statistically significant and if the difference is positive (green/white spots), negative (red/white stripes) or if it is not statistically significant (blue). The white space is an indication of how spread out the scores are for Solihull Primary pupils (\pm one Standard Deviation, the paler grey is the next SD).

◆ Collaborative neutral value ◆ Collaborative worse than Solihull ◆ Collaborative better than Solihull ◇ Solihull value



* H&H = Health & Hygiene

Sample size:

	Rural			Solihull		
	Yr 4	Yr 6	Total	Yr 4	Yr 6	Total
Boys	81	138	219	1134	1157	2291
Girls	115	138	253	1070	1062	2132
Total	196	276	472	2204	2219	4423

Personal development, behaviour and welfare (PDBW) score for Rural Collaborative:

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
0% – 24% true	0%	0%	1%	0%	0%
25% – 49% true	5%	9%	3%	6%	6%
50% – 74% true	66%	67%	41%	42%	52%
75% – 100% true	29%	24%	55%	52%	42%

This table provides a summary PDBW score which reflects the percentage of positive responses a pupil gave throughout the questionnaire; a higher percentage of 'true' responses indicates good personal development, behaviour and welfare.

Personal development, behaviour and welfare (PDBW) score for Solihull Primary:

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
0% – 24% true	0%	0%	0%	0%	0%
25% – 49% true	16%	15%	6%	7%	11%
50% – 74% true	63%	65%	47%	48%	56%
75% – 100% true	20%	20%	47%	44%	33%

Please note that the following charts only apply to Rural Collaborative.

Rural Collaborative: Pride in achievement and commitment to learning, supported by a positive culture across the whole provider:

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
Pupils who think their school cares whether they are happy or not.	85%	84%	79%	82%	82%
Pupils who think their work is marked so they can see how to improve it.	90%	93%	91%	96%	93%
Pupils who think their achievements in and out of school are recognised.	69%	63%	62%	66%	65%
Pupils who think their school encourages everyone to take part in decisions	88%	84%	85%	89%	86%
Pupils who think that teachers listen to them at school.	76%	77%	78%	74%	76%

Rural Collaborative: Self-confidence, self-awareness and understanding of how to be a successful learner:

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
Pupils who set their own targets and are helped to meet them.	65%	78%	82%	72%	75%
Pupils who spent some time going to a club after school on the day before the survey.	47%	40%	39%	41%	41%
Pupils who spent some time doing homework after school on the day before the survey.	57%	68%	55%	52%	58%
Pupils who have high self-esteem.	41%	33%	64%	39%	46%
Pupils who do not usually feel uneasy when they have to say something in front of teachers.	51%	48%	57%	48%	51%
Pupils who do not usually feel shy when they want to tell a teacher something.	54%	49%	76%	42%	56%

Rural Collaborative: Choices about the next stage of their education, employment, self-employment or training, where relevant, from impartial careers advice and guidance:

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
Pupils who think their school helps them work as part of a team.	80%	88%	86%	86%	85%
Pupils who think their school helps them prepare for when they leave their school.	73%	82%	83%	83%	81%

Rural Collaborative: Following of any guidelines for behaviour and conduct, including management of their own feelings and behaviour, and how they relate to others:

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
Pupils who think their school teaches them how to deal with their feelings positively.	78%	81%	71%	75%	76%
Pupils who never feel afraid of going to school because of bullying.	62%	63%	81%	62%	68%
Pupils who have not been bullied at or near school in the last 12 months.	57%	55%	68%	55%	59%
Pupils who think that their school takes bullying seriously.	89%	88%	88%	79%	85%
Pupils who think that others do not fear going to school because of them.	84%	71%	85%	83%	81%
Pupils who sometimes/often feel happy during school playtimes.	80%	71%	75%	68%	73%
Pupils who sometimes/often feel safe during school playtimes.	75%	78%	82%	79%	79%
Pupils who feel happy talking to children at school.	92%	91%	92%	90%	91%
Pupils who do not think that other pupils in the school often fall out with them.	55%	43%	71%	56%	57%
Pupils who do not think that other pupils in the school often say nasty things about them.	62%	52%	62%	51%	56%

Rural Collaborative: Understanding of how to keep themselves safe from relevant risks such as abuse, sexual exploitation and extremism, including when using the internet and social media:

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
Pupils whose parents/carers have rules about what they are allowed to do online.	86%	88%	87%	88%	87%
Pupils who do not chat to people online that they have never met.	18%	8%	19%	7%	13%
Pupils who have been told how to stay safe while chatting online.	84%	84%	93%	91%	89%
Pupils who can 'usually or always say no' when a friend wants them to do something they don't want to do (i.e. resist peer pressure).	49%	36%	58%	58%	51%
Pupils who said that teachers, the school nurse or school visitors/speakers have spoken with them about drugs (including medicines).	20%	17%	71%	83%	53%

Rural Collaborative: Knowledge of how to keep themselves healthy, both emotionally and physically, including through exercise and healthy eating:

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
Pupils who had at least something to eat for breakfast on the day of the survey.	93%	95%	92%	96%	94%
Pupils who ate at least 5 portions of fruit and vegetables on the day before the survey.	36%	38%	28%	43%	36%
Pupils who enjoy physical activities (at least 'quite a lot').	78%	85%	89%	84%	85%
Pupils who were physically active for an hour or more on at least three days in the week before the survey.	64%	60%	88%	80%	75%
Pupils who were physically active for at least an hour and a half during school time in the week before the survey.	62%	61%	81%	71%	70%
Pupils who washed their hands before lunch on the day before the survey.	74%	75%	80%	78%	77%
Pupils who wash their hands after visiting the toilet 'whenever possible'.	77%	93%	94%	93%	91%
Pupils who cleaned their teeth at least twice on the day before the survey.	83%	95%	94%	90%	91%
Pupils who did not drink alcohol in the last week.	97%	95%	96%	97%	96%
Pupils who have never even tried smoking a cigarette.	-	-	99%	100%	99%
Pupils who said that teachers, the school nurse or school visitors/speakers have spoken with them about how their body changes as they grow up.	49%	34%	81%	90%	67%
Pupils who feel that they know enough about how their body changes as they get older.	64%	46%	80%	74%	68%
Pupils who said that teachers, the school nurse or school visitors/speakers have spoken with them about how their emotions change as they grow up.	53%	41%	63%	70%	58%

Rural Collaborative: Personal development, so that they are well prepared to respect others and contribute to wider society and life in Britain:

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
Pupils who think their school values people with different backgrounds.	88%	84%	86%	91%	87%
Pupils who think their school encourages them to contribute to community events.	84%	78%	68%	74%	75%

Collaborative compared with Solihull Headlines

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	81	138	1134	1157
Girls	115	138	1070	1062

Solihull Primary data in brackets; see notes on interpreting differences.

Home and School

ETHNICITY

- 81% (71%) of pupils described themselves as White English.

HOME LIFE

- 59% (64%) of pupils responded that they have at least one brother, while 16% (24%) said they have more than one.
- 58% (62%) of pupils responded that they have at least one sister, while 17% (21%) said they have more than one.
- 56% (59%) of pupils responded that they have at least one older brother or sister, while 19% (25%) said they have more than one.

SCHOOL

- 93% (94%) of pupils responded that their work is marked so they can see how to improve it.
- 85% (86%) of pupils responded that their school helps them work as part of a team.

Food and Diet

WEIGHT

- 2% (5%) of pupils responded that they would like to put on weight.
- 23% (26%) of pupils responded that they would like to lose weight.
- 75% (69%) of pupils responded that they are happy with their weight as it is.

BREAKFAST

- 1% (2%) of pupils responded that they didn't have anything for breakfast on the day of the survey, while 8% (7%) said they had a cooked breakfast.
- 4% (5%) of pupils responded that they had only a drink for breakfast on the day of the survey.
- 52% (52%) of pupils responded that they had cereal to eat for breakfast on the day of the survey, while 37% (30%) said they had toast, bread, bagels or croissants.
- 1% (4%) of pupils responded that they had biscuits for breakfast on the day of the survey.
- 93% (87%) of pupils responded that they had something to eat or drink for breakfast at home on the day of the survey.

FIVE-A-DAY

- 9% (12%) of boys and 4% (8%) of girls responded that they didn't eat any portions of fruit or vegetables on the day before the survey.

- 31% (27%) of boys and 41% (27%) of girls responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.

FOOD

- 66% (52%) of pupils responded that they eat vegetables 'on most days'; 68% (61%) said the same of fresh fruit.
- 31% (41%) of pupils responded that they 'rarely or never' eat any fish/fish fingers.

WATER

- 4% (8%) of pupils responded that they didn't drink any water on the day before the survey.
- 41% (35%) of pupils responded that they drank at least 'about a litre' of water on the day before the survey.
- 91% (93%) of pupils responded that they are able to get water at school, while 7% (6%) said 'not easily'.
- 54% (58%) of pupils responded that they can get water from a water fountain at school; 72% (65%) said they can get it from their own drinking bottle.

Money

SPENDING

- 23% (32%) of pupils responded that they spent their own money on sweets, chocolate etc. in the 7 days before the survey, while 29% (34%) said they bought books and 28% (31%) bought toys.

Feeling Safe

BULLYING

- 26% (30%) of boys and 37% (40%) of girls responded that they at least 'sometimes' feel afraid of going to school because of bullying.
- 6% (8%) of pupils responded that they 'often' or 'very often' feel afraid of going to school because of bullying.
- 22% (24%) of pupils responded that they have been bullied at or near school in the last 12 months, while 18% (18%) said they 'don't know'.
- 64% (68%) of boys and 65% (63%) of girls responded that they experienced at least one of the negative behaviours listed at least a 'few times' in the month before the survey, while 8% (10%) of boys and 5% (7%) of girls experienced such behaviour 'every day'.
- 34% (40%) of pupils responded that they have been called nasty names at least a 'few times' in the month before the survey; 36% (39%) said they have been pushed/hit for no reason.

- ❑ 37% (37%) of pupils responded that they have experienced at least one of the negative behaviours listed in the school playground/field during breaktimes, while 31% (31%) said they have experienced them in a classroom during breaktimes.
- ❑ 13% (15%) of pupils responded that they have been 'picked on' or bullied because of the way they look; 3% (5%) said it was because of their race, colour or religion.
- ❑ 85% (77%) of pupils responded that they think their school takes bullying seriously, while 10% (14%) said they 'don't know'.
- ❑ 2% (4%) of pupils responded that they think others may be frightened of going to school because of them, while 17% (20%) said they 'don't know'.

Leisure Time

SCHOOL BREAKTIMES

- ❑ 4% (5%) of pupils responded that they 'never/hardly ever' feel happy during school playtimes, while 24% (26%) said they do so 'sometimes'.
- ❑ 73% (69%) of pupils responded that they 'often' feel happy during school playtimes.
- ❑ 4% (5%) of pupils responded that they 'never/hardly ever' feel safe during school playtimes, while 17% (18%) said they do so 'sometimes'.
- ❑ 79% (77%) of pupils responded that they 'often' feel safe during school playtimes.
- ❑ 93% (89%) of pupils responded that they play running/skipping games/tag at least 'sometimes' during school playtimes; 78% (68%) said they play ball games like football or netball.

AFTER SCHOOL ACTIVITIES

- ❑ 69% (65%) of pupils responded that they spent time watching TV after school on the day before the survey, while 58% (53%) spent time doing homework and 51% (49%) played sport or other physical activity.

Physical Activity

FITNESS

- ❑ 6% (9%) of pupils responded that they think they are 'unfit' or 'very unfit'.
- ❑ 76% (67%) of pupils responded that they think they are 'fit' or 'very fit'.
- ❑ 2% (3%) of pupils responded that they don't enjoy physical activities at all.
- ❑ 85% (80%) of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.
- ❑ 4% (7%) of pupils responded that they were not physically active for an hour or more at all in the week before the survey.
- ❑ 75% (67%) of pupils responded that they were physically active for an hour or more on at least three days in the week before the survey.
- ❑ 8% (11%) of pupils responded that they have not been involved in any physical activity during school time in the 7 days before the survey.
- ❑ 52% (43%) of pupils responded that they have been involved in more than 1½ hours of physical activity during school time in the 7 days before the survey.

ACTIVE TRAVEL

- ❑ 63% (61%) of pupils responded that they travelled to school by car/van on the day of the survey.
- ❑ 36% (39%) of pupils responded that they walked/scooter to school on the day of the survey.

SPORTS

- ❑ 96% (92%) of pupils responded that they play or do one or more of the physical activities listed at least 'once a week'.
- ❑ 61% (54%) of pupils responded that they run at least 'once a week', while 60% (54%) said the same of keep-fit and 25% (24%) ride their bike.

Hygiene

- ❑ 77% (65%) of pupils responded that they washed their hands before lunch on the day before the survey, while 11% (15%) said they were 'not sure'.
- ❑ 91% (86%) of pupils responded that they wash their hands 'whenever possible' after visiting the toilet.
- ❑ 2% (2%) of pupils responded that they 'never or almost never' wash their hands after visiting the toilet.

DENTAL HEALTH

- ❑ 91% (82%) of pupils responded that they cleaned their teeth at least twice the day before the survey.
- ❑ 0% (2%) of pupils responded that they did not clean their teeth at all on the day before the survey.
- ❑ 87% (80%) of pupils responded that they had a check-up the last time they visited the dentist, while 14% (24%) said they had fillings.

ASTHMA

- ❑ 12% (12%) of pupils responded that they have asthma, while 9% (11%) said they 'don't know' if they do.
- ❑ 8% (8%) of pupils responded that they took medicine for asthma (pills, inhaler) in the 7 days before the survey.

Internet Safety

- ❑ 76% (73%) of pupils responded that they use a computer/tablet unsupervised when their parents/carers aren't in the room.
- ❑ 87% (80%) of pupils responded that their parents/carers have rules about what they are allowed to do online.
- ❑ 92% (93%) of pupils responded that they have used the internet at home in the past week and 51% (57%) have used it at school.
- ❑ 65% (73%) of pupils responded that they use the internet for playing online games, while 76% (63%) said they use it for school work/homework.
- ❑ 13% (19%) of pupils responded that they chat online to people they have never met.
- ❑ 3% (5%) of pupils responded that they chat online to people they have never met and have received a message which scared them or made them upset.
- ❑ 89% (88%) of pupils responded that they have been told how to stay safe while chatting online.

Emotional Health and Wellbeing

SELF-ESTEEM

- ❑ 20% (23%) of pupils had a med-low self-esteem score (9 or less).
- ❑ 46% (39%) of pupils had a high self-esteem score (15 or more).
- ❑ 91% (89%) of pupils responded that they feel happy talking to other children at school.

PEER PRESSURE

- ❑ 51% (47%) of pupils responded that they can 'usually or always' say no when a friend wants them to do something they don't want to do.
- ❑ 21% (23%) of pupils responded that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.
- ❑ 50% (48%) of pupils responded that they 'usually or always' know what to say when they want a friend to do something.
- ❑ 10% (16%) of pupils responded that they 'hardly ever' or 'never' know what to say when they want a friend to do something.

WORRYING AND PROBLEMS

- ❑ 89% (89%) of pupils worry at least 'a little' about one or more of the issues listed, while 64% (67%) said they do so 'quite a lot' or 'a lot'.
- ❑ 9% (13%) of boys and 12% (14%) of girls responded that they worry about at least 3 of the issues listed 'quite a lot' or 'a lot'; while 46% (35%) of boys and 28% (31%) of girls said that they don't worry about any of them.
- ❑ 30% (35%) of pupils responded that they worry about crime 'quite a lot' or 'a lot', while 27% (31%) said they worry about school tests.
- ❑ 20% (27%) of pupils responded that they worry about family relationships 'quite a lot' or 'a lot'; 17% (20%) said they worry about the way they look.

Alcohol, Smoking, Drugs

ALCOHOL

- ❑ 10% (13%) of pupils responded that they have had an alcoholic drink at some point in their lives.
- ❑ Of the 45 (568) pupils who have had an alcoholic drink, they were on average 8 (7) years old when they first tried alcohol.
- ❑ 4% (3%) of Year 6 pupils responded that they had an alcoholic drink on at least one day in the 7 days before the survey; 1% (1%) said they drank alcohol on more than one day.
- ❑ 1% (1%) of pupils responded that they drank beer or lager in the 7 days before the survey, while 0% (1%) drank spirits.
- ❑ 88% (87%) of Year 6 pupils responded that they do not drink alcohol.
- ❑ 11% (11%) of Year 6 pupils responded that they do drink alcohol and their parents 'always' know, while 0% (1%) said their parents 'usually' know.
- ❑ 1% (2%) of Year 6 pupils responded that they drink alcohol and their parents 'never' or only 'sometimes' know.

- ❑ 12% (15%) of Year 4 pupils responded that they drink alcohol and their parents always know when they do, while 3% (4%) said their parents don't always know; 85% (81%) said they don't drink alcohol.

SMOKING

- ❑ 1% (2%) of Year 6 pupils said they have smoked in the past or smoke now.
- ❑ 1% (1%) of Year 4 pupils responded that they have smoked a cigarette.
- ❑ 0% (0%) of pupils responded that they smoked in the week before the survey.
- ❑ 94% (91%) of pupils responded that they think they will not smoke when they are older.
- ❑ 0% (1%) of pupils responded that they think they will smoke when they are older, while 5% (7%) think they may smoke.

E-CIGARETTES

- ❑ 97% (95%) of pupils responded that they have either never heard of or never used electronic cigarettes/'e-cigarettes'.
- ❑ 2% (1%) of pupils responded that they have used an e-cigarette at least 'occasionally'.

DRUGS

- ❑ 68% (63%) of pupils responded that their parents have talked with them about drugs (including medicines), while 50% (48%) said their teachers have talked with them in school lessons and 21% (21%) said their friends have.
- ❑ 53% (51%) of pupils responded that either their teachers, the school nurse or visitors in school lessons have talked with them about drugs (incl. medicines).
- ❑ 9% (14%) of pupils responded that they are 'fairly sure' or 'certain' that they know someone who uses drugs (not as medicines).
- ❑ 1% (2%) of Year 6 pupils responded that they have been offered cannabis. 3% (4%) said they 'don't know' if they have.
- ❑ 1% (1%) of Year 6 pupils responded that they have been offered other drugs (not cannabis or medicines), while 1% (3%) said they 'don't know' if they have.

Growing Up

- ❑ 78% (76%) of pupils responded that their parents have talked with them about how their body changes as they grow up, while 64% (60%) said their teachers have talked with them in school lessons and 31% (32%) said their friends have.
- ❑ 67% (64%) of pupils responded that either their teachers, the school nurse or visitors in school lessons have talked with them about how their body changes as they grow up.
- ❑ 68% (62%) of pupils responded that they feel they know enough about how their body changes as they get older, while 7% (10%) feel they don't know enough.
- ❑ 81% (75%) of pupils responded that their parents have talked with them about how their feelings/emotions change as they grow up, while 56% (50%) said their teachers have talked with them

in school lessons and 32% (32%) said their friends have.

- ❑ 58% (53%) of pupils responded that either their teachers, the school nurse or visitors in school lessons have talked with them about how their feelings/emotions change as they grow up.

PERIODS

- ❑ 7% (13%) of Year 6 girls responded that they have started their periods, while 11% (11%) said they 'don't know' if they have.

HIV

- ❑ 19% (23%) of pupils responded that they know about AIDS (or HIV).
- ❑ 11% (13%) of pupils responded that their parents have talked with them about AIDS (or HIV), while 5% (6%) said their teachers have talked with them in school lessons.

Significant Differences

Where differences can be seen between your school and the reference sample, you may find the enclosed table of some use in deciding if the differences seen are significant. The 'standard error' of a proportion is an assessment of how reliable our figures are, that is, the margin of error.

Two points in particular should be made:

1. when the sample size is small, it may be that just one individual voting a different way would make a large percentage difference to the results (so, one in twenty is 5%)
2. even if your sample is small, you may have a very high proportion of your available population – if, say, you sample every single pupil of your year 8 class. In this case, the notion of 'margin of error' doesn't really apply to the sampling, only to the process of collecting the responses.

TABLE OF STANDARD ERRORS OF PROPORTION

		Percentage seen in sample				
		10%	20%	30%	40%	50%
Number In sample	20	6.7	8.9	10.2	11.0	11.2
	30	5.5	7.3	8.4	8.9	9.1
	40	4.7	6.3	7.2	7.7	7.9
	50	4.2	5.7	6.5	6.9	7.1
	60	3.9	5.2	5.9	6.3	6.5
	80	3.4	4.5	5.1	5.5	5.6
	100	3.0	4.0	4.6	4.9	5.0
	150	2.4	3.3	3.7	4.0	4.1
	200	2.1	2.8	3.2	3.5	3.5
	300	1.7	2.3	2.6	2.8	2.9
	500	1.3	1.8	2.0	2.2	2.2

So, if you have a sample of 50 students and 30% of them think that the school needs a new swimming pool, we can see from the table that standard error of the percentage is about $\pm 6.5\%$.

List of Significant Differences

Below we have listed some statistically significant differences between Rural Collaborative and Solihull Primary.

Sig	Collab.	Solihull	Question
***	66%	52%	of pupils responded that they eat vegetables 'on most days'.
***	76%	63%	of pupils responded that they use the internet for school work/homework.
***	77%	65%	of pupils responded that they washed their hands before lunch on the day before the survey.
***	91%	82%	of pupils responded that they cleaned their teeth at least twice the day before the survey.
***	14%	24%	of pupils responded that they had fillings the last time they visited the dentist.
***	81%	71%	of pupils described themselves as White English.
***	36%	27%	responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.
***	85%	77%	of pupils responded that they think their school takes bullying seriously.
***	31%	41%	of pupils responded that they 'rarely or never' eat any fish/fish fingers.
***	78%	68%	of pupils responded that they play ball games like football or netball at least 'sometimes' during school playtimes.
***	93%	87%	of pupils responded that they had something to eat or drink for breakfast at home on the day of the survey.
***	23%	32%	of pupils responded that they spent their own money on sweets, chocolate etc. in the 7 days before the survey.
***	76%	67%	of pupils responded that they think they are 'fit' or 'very fit'.
***	87%	80%	of pupils responded that their parents/carers have rules about what they are allowed to do online.
***	65%	73%	of pupils responded that they use the internet for playing online games.
***	52%	43%	of pupils responded that they have been involved in more than 1½ hours of physical activity during school time in the 7 days before the survey.
***	87%	80%	of pupils responded that they had a check-up the last time they visited the dentist.
***	75%	67%	of pupils responded that they were physically active for an hour or more on at least three days in the week before the survey.
***	13%	19%	of pupils responded that they chat online to people they have never met.
***	10%	16%	of pupils responded that they 'hardly ever' or 'never' know what to say when they want a friend to do something.
***	37%	30%	of pupils responded that they had toast, bread, bagels or croissants for breakfast on the day of the survey.
***	68%	61%	of pupils responded that they eat fresh fruit 'on most days'.
***	20%	27%	of pupils responded that they worry about family relationships 'quite a lot' or 'a lot'.
***	72%	65%	of pupils responded that they can get water from their own drinking bottle at school.
***	9%	14%	of pupils responded that they are 'fairly sure' or 'certain' that they know someone who uses drugs (not as medicines).
***	91%	86%	of pupils responded that they wash their hands 'whenever possible' after visiting the toilet.
***	2%	5%	of pupils responded that they would like to put on weight.
***	61%	54%	of pupils responded that they run at least 'once a week'.
***	1%	4%	of pupils responded that they had biscuits for breakfast on the day of the survey.
***	96%	92%	of pupils responded that they play or do one or more of the physical activities listed at least 'once a week'.
***	75%	69%	of pupils responded that they are happy with their weight as it is.
***	46%	39%	of pupils had a high self-esteem score (15 or more).
**	93%	89%	of pupils responded that they play running/skipping games/tag at least 'sometimes' during school playtimes.
**	4%	8%	of pupils responded that they didn't drink any water on the day before the survey.
**	4%	7%	of pupils responded that they were not physically active for an hour or more at all in the week before the survey.
**	81%	75%	of pupils responded that their parents have talked with them about how their feelings/emotions change as they grow up.

**	34%	40%	of pupils responded that they have been called nasty names at least a 'few times' in the month before the survey.
**	68%	62%	of pupils responded that they feel they know enough about how their body changes as they get older.
**	7%	10%	responded that they didn't eat any portions of fruit or vegetables on the day before the survey.
**	3%	5%	of pupils responded that they have been 'picked on' or bullied because of their race, colour or religion.
*	29%	34%	of pupils responded that they spent their own money on books in the 7 days before the survey.
*	41%	35%	of pupils responded that they drank at least 'about a litre' of water on the day before the survey.
*	85%	80%	of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.
*	0%	2%	of pupils responded that they did not clean their teeth at all on the day before the survey.
*	56%	50%	of pupils responded that their teachers have talked with them in school lessons about how their feelings/emotions change as they grow up.
*	59%	64%	of pupils responded that they have at least one brother.
*	8%	11%	of pupils responded that they have not been involved in any physical activity during school time in the 7 days before the survey.
*	10%	13%	of pupils responded that they have had an alcoholic drink at some point in their lives.
*	30%	35%	of pupils responded that they worry about crime 'quite a lot' or 'a lot'.
*	68%	63%	of pupils responded that their parents have talked with them about drugs (including medicines).
*	94%	91%	of pupils responded that they think they will not smoke when they are older.

Tests: Chi-squared (χ^2).

KEY: * = $p < 0.05$ (5%) ** = $p < 0.01$ (1%) *** = $p < 0.001$ (0.1%).

2018/2016 Comparisons

	2018		2016	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	81	138	170	123
Girls	115	138	155	162

Your School's data for 2018 compared with your 2016 data in brackets; see notes on interpreting differences.

Home and School

HOME LIFE

- ❑ 59% (61%) of pupils responded that they have at least one brother, while 16% (16%) said they have more than one.
- ❑ 58% (60%) of pupils responded that they have at least one sister, while 17% (19%) said they have more than one.
- ❑ 56% (57%) of pupils responded that they have at least one older brother or sister, while 19% (20%) said they have more than one.

SCHOOL

- ❑ 93% (94%) of pupils responded that their work is marked so they can see how to improve it.
- ❑ 85% (87%) of pupils responded that their school helps them work as part of a team.

Food and Diet

WEIGHT

- ❑ 2% (4%) of pupils responded that they would like to put on weight.
- ❑ 23% (23%) of pupils responded that they would like to lose weight.
- ❑ 75% (73%) of pupils responded that they are happy with their weight as it is.

BREAKFAST

- ❑ 1% (2%) of pupils responded that they didn't have anything for breakfast on the day of the survey, while 8% (8%) said they had a cooked breakfast.
- ❑ 4% (2%) of pupils responded that they had only a drink for breakfast on the day of the survey.
- ❑ 52% (62%) of pupils responded that they had cereal to eat for breakfast on the day of the survey, while 37% (36%) said they had toast, bread, bagels or croissants.
- ❑ 1% (2%) of pupils responded that they had biscuits for breakfast on the day of the survey.
- ❑ 93% (93%) of pupils responded that they had something to eat or drink for breakfast at home on the day of the survey.

FIVE-A-DAY

- ❑ 9% (8%) of boys and 4% (2%) of girls responded that they didn't eat any portions of fruit or vegetables on the day before the survey.
- ❑ 31% (28%) of boys and 41% (35%) of girls responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.

FOOD

- ❑ 66% (64%) of pupils responded that they eat vegetables 'on most days'; 68% (61%) said the same of fresh fruit.
- ❑ 31% (31%) of pupils responded that they 'rarely or never' eat any fish/fish fingers.

WATER

- ❑ 4% (3%) of pupils responded that they didn't drink any water on the day before the survey.
- ❑ 41% (37%) of pupils responded that they drank at least 'about a litre' of water on the day before the survey.
- ❑ 91% (94%) of pupils responded that they are able to get water at school, while 7% (5%) said 'not easily'.
- ❑ 54% (64%) of pupils responded that they can get water from a water fountain at school; 72% (72%) said they can get it from their own drinking bottle.

Money

SPENDING

- ❑ 23% (35%) of pupils responded that they spent their own money on sweets, chocolate etc. in the 7 days before the survey, while 29% (36%) said they bought books and 28% (29%) bought toys.

Feeling Safe

BULLYING

- ❑ 26% (37%) of boys and 37% (42%) of girls responded that they at least 'sometimes' feel afraid of going to school because of bullying.
- ❑ 6% (5%) of pupils responded that they 'often' or 'very often' feel afraid of going to school because of bullying.
- ❑ 22% (28%) of pupils responded that they have been bullied at or near school in the last 12 months, while 18% (23%) said they 'don't know'.
- ❑ 64% (76%) of boys and 65% (60%) of girls responded that they experienced at least one of the negative behaviours listed at least a 'few times' in the month before the survey, while 8% (9%) of boys and 5% (3%) of girls experienced such behaviour 'every day'.
- ❑ 34% (42%) of pupils responded that they have been called nasty names at least a 'few times' in the month before the survey; 36% (44%) said they have been pushed/hit for no reason.
- ❑ 37% (49%) of pupils responded that they have experienced at least one of the negative behaviours listed in the school playground/field during breaktimes, while 31% (35%) said they have experienced them in a classroom during breaktimes.

- ❑ 13% (16%) of pupils responded that they have been 'picked on' or bullied because of the way they look; 3% (4%) said it was because of their race, colour or religion.
- ❑ 85% (78%) of pupils responded that they think their school takes bullying seriously, while 10% (14%) said they 'don't know'.
- ❑ 2% (1%) of pupils responded that they think others may be frightened of going to school because of them, while 17% (18%) said they 'don't know'.

Leisure Time

SCHOOL BREAKTIMES

- ❑ 4% (2%) of pupils responded that they 'never/hardly ever' feel happy during school playtimes, while 24% (21%) said they do so 'sometimes'.
- ❑ 73% (77%) of pupils responded that they 'often' feel happy during school playtimes.
- ❑ 4% (4%) of pupils responded that they 'never/hardly ever' feel safe during school playtimes, while 17% (17%) said they do so 'sometimes'.
- ❑ 79% (79%) of pupils responded that they 'often' feel safe during school playtimes.
- ❑ 93% (93%) of pupils responded that they play running/skipping games/tag at least 'sometimes' during school playtimes; 78% (71%) said they play ball games like football or netball.

AFTER SCHOOL ACTIVITIES

- ❑ 69% (65%) of pupils responded that they spent time watching TV after school on the day before the survey, while 58% (54%) spent time doing homework and 51% (52%) played sport or other physical activity.

Physical Activity

FITNESS

- ❑ 6% (4%) of pupils responded that they think they are 'unfit' or 'very unfit'.
- ❑ 76% (74%) of pupils responded that they think they are 'fit' or 'very fit'.
- ❑ 2% (3%) of pupils responded that they don't enjoy physical activities at all.
- ❑ 85% (84%) of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.
- ❑ 4% (7%) of pupils responded that they were not physically active for an hour or more at all in the week before the survey.
- ❑ 75% (75%) of pupils responded that they were physically active for an hour or more on at least three days in the week before the survey.
- ❑ 8% (10%) of pupils responded that they have not been involved in any physical activity during school time in the 7 days before the survey.
- ❑ 52% (52%) of pupils responded that they have been involved in more than 1½ hours of physical activity during school time in the 7 days before the survey.

ACTIVE TRAVEL

- ❑ 63% (64%) of pupils responded that they travelled to school by car/van on the day of the survey.

- ❑ 36% (36%) of pupils responded that they walked/scooter to school on the day of the survey.

SPORTS

- ❑ 96% (94%) of pupils responded that they play or do one or more of the physical activities listed at least 'once a week'.
- ❑ 61% (60%) of pupils responded that they run at least 'once a week', while 60% (51%) said the same of keep-fit and 25% (25%) ride their bike.

Hygiene

- ❑ 77% (66%) of pupils responded that they washed their hands before lunch on the day before the survey, while 11% (15%) said they were 'not sure'.
- ❑ 91% (88%) of pupils responded that they wash their hands 'whenever possible' after visiting the toilet.
- ❑ 2% (2%) of pupils responded that they 'never or almost never' wash their hands after visiting the toilet.

DENTAL HEALTH

- ❑ 91% (87%) of pupils responded that they cleaned their teeth at least twice the day before the survey.
- ❑ 0% (1%) of pupils responded that they did not clean their teeth at all on the day before the survey.
- ❑ 87% (85%) of pupils responded that they had a check-up the last time they visited the dentist, while 14% (16%) said they had fillings.

ASTHMA

- ❑ 12% (14%) of pupils responded that they have asthma, while 9% (9%) said they 'don't know' if they do.
- ❑ 8% (13%) of pupils responded that they took medicine for asthma (pills, inhaler) in the 7 days before the survey.

Internet Safety

- ❑ 87% (80%) of pupils responded that their parents/carers have rules about what they are allowed to do online.
- ❑ 92% (92%) of pupils responded that they have used the internet at home in the past week and 51% (56%) have used it at school.
- ❑ 65% (68%) of pupils responded that they use the internet for playing online games, while 76% (73%) said they use it for school work/homework.
- ❑ 13% (15%) of pupils responded that they chat online to people they have never met.
- ❑ 3% (3%) of pupils responded that they chat online to people they have never met and have received a message which scared them or made them upset.
- ❑ 89% (88%) of pupils responded that they have been told how to stay safe while chatting online.

Emotional Health and Wellbeing

SELF-ESTEEM

- ❑ 20% (20%) of pupils had a med-low self-esteem score (9 or less).
- ❑ 46% (38%) of pupils had a high self-esteem score (15 or more).

- ❑ 91% (90%) of pupils responded that they feel happy talking to other children at school.

PEER PRESSURE

- ❑ 51% (46%) of pupils responded that they can 'usually or always' say no when a friend wants them to do something they don't want to do.
- ❑ 21% (24%) of pupils responded that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.
- ❑ 50% (47%) of pupils responded that they 'usually or always' know what to say when they want a friend to do something.
- ❑ 10% (14%) of pupils responded that they 'hardly ever' or 'never' know what to say when they want a friend to do something.

WORRYING AND PROBLEMS

- ❑ 89% (90%) of pupils worry at least 'a little' about one or more of the issues listed, while 64% (70%) said they do so 'quite a lot' or 'a lot'.
- ❑ 30% (34%) of pupils responded that they worry about crime 'quite a lot' or 'a lot', while 27% (33%) said they worry about school tests.
- ❑ 20% (27%) of pupils responded that they worry about family relationships 'quite a lot' or 'a lot'; 17% (20%) said they worry about the way they look.

Alcohol, Smoking, Drugs

ALCOHOL

- ❑ 10% (13%) of pupils responded that they have had an alcoholic drink at some point in their lives.
- ❑ Of the 45 (74) pupils who have had an alcoholic drink, they were on average 8 (7) years old when they first tried alcohol.
- ❑ 4% (1%) of Year 6 pupils responded that they had an alcoholic drink on at least one day in the 7 days before the survey; 1% (0%) said they drank alcohol on more than one day.
- ❑ 1% (2%) of pupils responded that they drank beer or lager in the 7 days before the survey, while 0% (1%) drank spirits.
- ❑ 88% (90%) of Year 6 pupils responded that they do not drink alcohol.
- ❑ 11% (9%) of Year 6 pupils responded that they do drink alcohol and their parents 'always' know, while 0% (0%) said their parents 'usually' know.
- ❑ 1% (0%) of Year 6 pupils responded that they drink alcohol and their parents 'never' or only 'sometimes' know.

SMOKING

- ❑ 1% (1%) of Year 6 pupils said they have smoked in the past or smoke now.
- ❑ 0% (0%) of pupils responded that they smoked in the week before the survey.
- ❑ 94% (93%) of pupils responded that they think they will not smoke when they are older.

- ❑ 0% (1%) of pupils responded that they think they will smoke when they are older, while 5% (6%) think they may smoke.

DRUGS

- ❑ 68% (60%) of pupils responded that their parents have talked with them about drugs (including medicines), while 50% (49%) said their teachers have talked with them in school lessons and 21% (22%) said their friends have.
- ❑ 53% (53%) of pupils responded that either their teachers, the school nurse or visitors in school lessons have talked with them about drugs (incl. medicines).
- ❑ 9% (15%) of pupils responded that they are 'fairly sure' or 'certain' that they know someone who uses drugs (not as medicines).
- ❑ 1% (0%) of Year 6 pupils responded that they have been offered cannabis. 3% (4%) said they 'don't know' if they have.
- ❑ 1% (1%) of Year 6 pupils responded that they have been offered other drugs (not cannabis or medicines), while 1% (3%) said they 'don't know' if they have.

Growing Up

- ❑ 78% (79%) of pupils responded that their parents have talked with them about how their body changes as they grow up, while 64% (63%) said their teachers have talked with them in school lessons and 31% (31%) said their friends have.
- ❑ 67% (66%) of pupils responded that either their teachers, the school nurse or visitors in school lessons have talked with them about how their body changes as they grow up.
- ❑ 68% (55%) of pupils responded that they feel they know enough about how their body changes as they get older, while 7% (10%) feel they don't know enough.
- ❑ 81% (76%) of pupils responded that their parents have talked with them about how their feelings/emotions change as they grow up, while 56% (53%) said their teachers have talked with them in school lessons and 32% (30%) said their friends have.
- ❑ 58% (56%) of pupils responded that either their teachers, the school nurse or visitors in school lessons have talked with them about how their feelings/emotions change as they grow up.

PERIODS

- ❑ 7% (4%) of Year 6 girls responded that they have started their periods, while 11% (11%) said they 'don't know' if they have.

HIV

- ❑ 19% (24%) of pupils responded that they know about AIDS (or HIV).
- ❑ 11% (17%) of pupils responded that their parents have talked with them about AIDS (or HIV), while 5% (5%) said their teachers have talked with them in school lessons.

Significant differences between 2018 and 2016 data

Below we have listed some statistically significant differences between the data collected in the 2018 survey and that collected in 2016. Please note that this list is not exhaustive – we have compared headline figures only.

	2018		2016	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	81	138	170	123
Girls	115	138	155	162

Sig	2018	2016	Question
***	23%	35%	of pupils responded that they spent their own money on sweets, chocolate etc. in the 7 days before the survey.
***	68%	55%	of pupils responded that they feel they know enough about how their body changes as they get older.
***	37%	49%	of pupils responded that they have experienced at least one of the negative behaviours listed in the school playground/field during breaktimes.
***	77%	66%	of pupils responded that they washed their hands before lunch on the day before the survey.
***	87%	80%	of pupils responded that their parents/carers have rules about what they are allowed to do online.
***	52%	62%	of pupils responded that they had cereal to eat for breakfast on the day of the survey.
***	54%	64%	of pupils responded that they can get water from a water fountain at school.
***	9%	15%	of pupils responded that they are 'fairly sure' or 'certain' that they know someone who uses drugs (not as medicines).
***	85%	78%	of pupils responded that they think their school takes bullying seriously.
***	68%	60%	of pupils responded that their parents have talked with them about drugs (including medicines).
***	34%	42%	of pupils responded that they have been called nasty names at least a 'few times' in the month before the survey.
**	11%	17%	of pupils responded that their parents have talked with them about AIDS (or HIV).
**	29%	36%	of pupils responded that they spent their own money on books in the 7 days before the survey.
**	20%	27%	of pupils responded that they worry about family relationships 'quite a lot' or 'a lot'.
**	32%	40%	of pupils responded that they at least 'sometimes' feel afraid of going to school because of bullying.
**	46%	38%	of pupils had a high self-esteem score (15 or more).
**	78%	71%	of pupils responded that they play ball games like football or netball at least 'sometimes' during school playtimes.
**	68%	61%	of pupils responded that they eat fresh fruit 'on most days'.
**	36%	44%	of pupils responded that they have been pushed/hit for no reason at least a 'few times' in the month before the survey.
*	8%	13%	of pupils responded that they took medicine for asthma (pills, inhaler) in the 7 days before the survey.
*	27%	33%	of pupils responded that they worry about school tests 'quite a lot' or 'a lot'.
*	91%	87%	of pupils responded that they cleaned their teeth at least twice the day before the survey.
*	2%	4%	of pupils responded that they would like to put on weight.
*	64%	70%	of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.

Tests: Chi-squared (χ^2).

KEY: * = $p < 0.05$ (5%)

** = $p < 0.01$ (1%)

*** = $p < 0.001$ (0.1%).

Home and School

Ethnicity

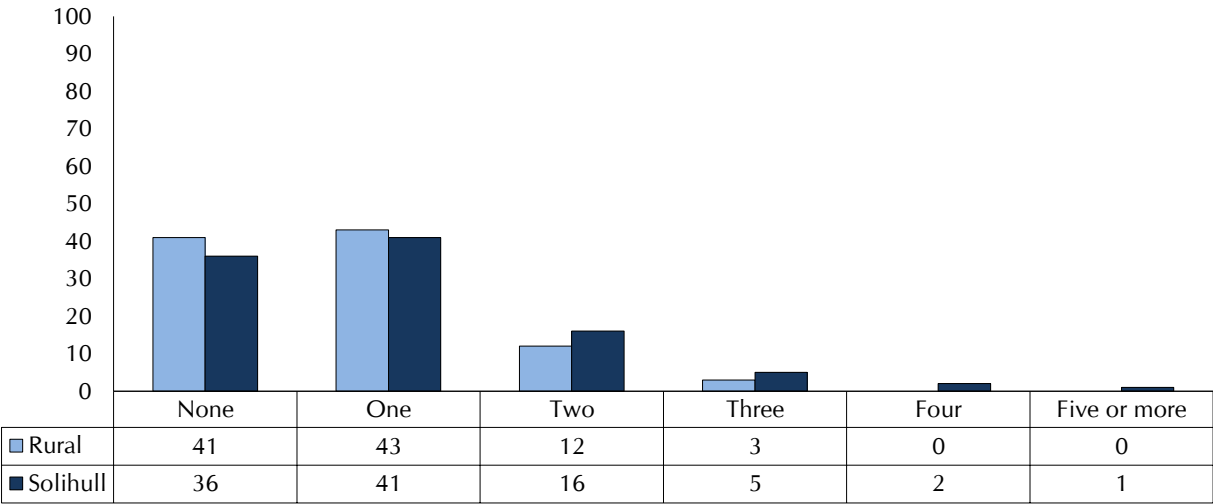
81% (71%) of pupils described themselves as White English.

QD. Percentage who described themselves as White English.

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	88	79	71	71
Girls	83	78	72	71

Home Life

Q1a. How many brothers do you have?

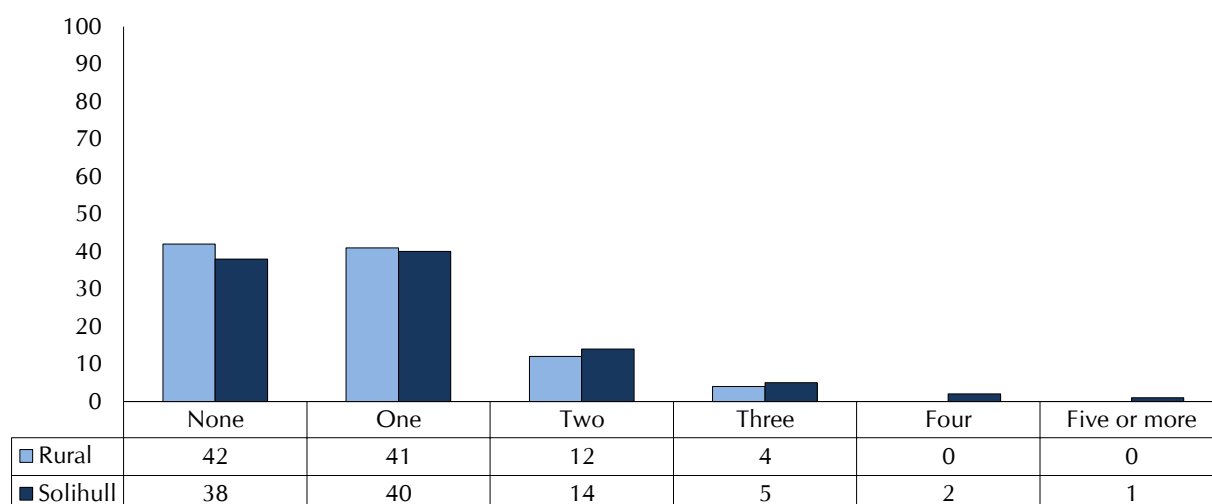


59% (64%) of pupils responded that they have at least one brother, while 16% (24%) said they have more than one.

Q1a. Percentage answering that they have at least one brother.

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	56	58	63	63
Girls	56	64	65	66

Q1b. How many sisters do you have?

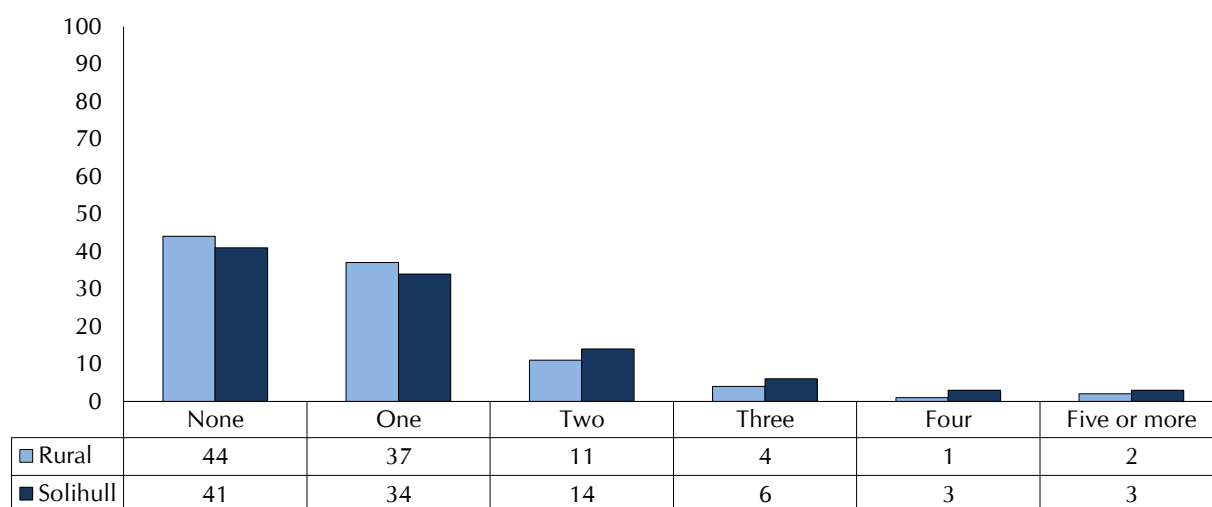


58% (62%) of pupils responded that they have at least one sister, while 17% (21%) said they have more than one.

Q1b. Percentage answering that they have at least one sister.

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	53	61	61	64
Girls	54	61	60	62

Q2. How many brothers and sister are older than you?



56% (59%) of pupils responded that they have at least one older brother or sister, while 19% (25%) said they have more than one.

Q2. Percentage answering that they have at least one older brother or sister.

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	46	62	61	59
Girls	54	59	57	60

School

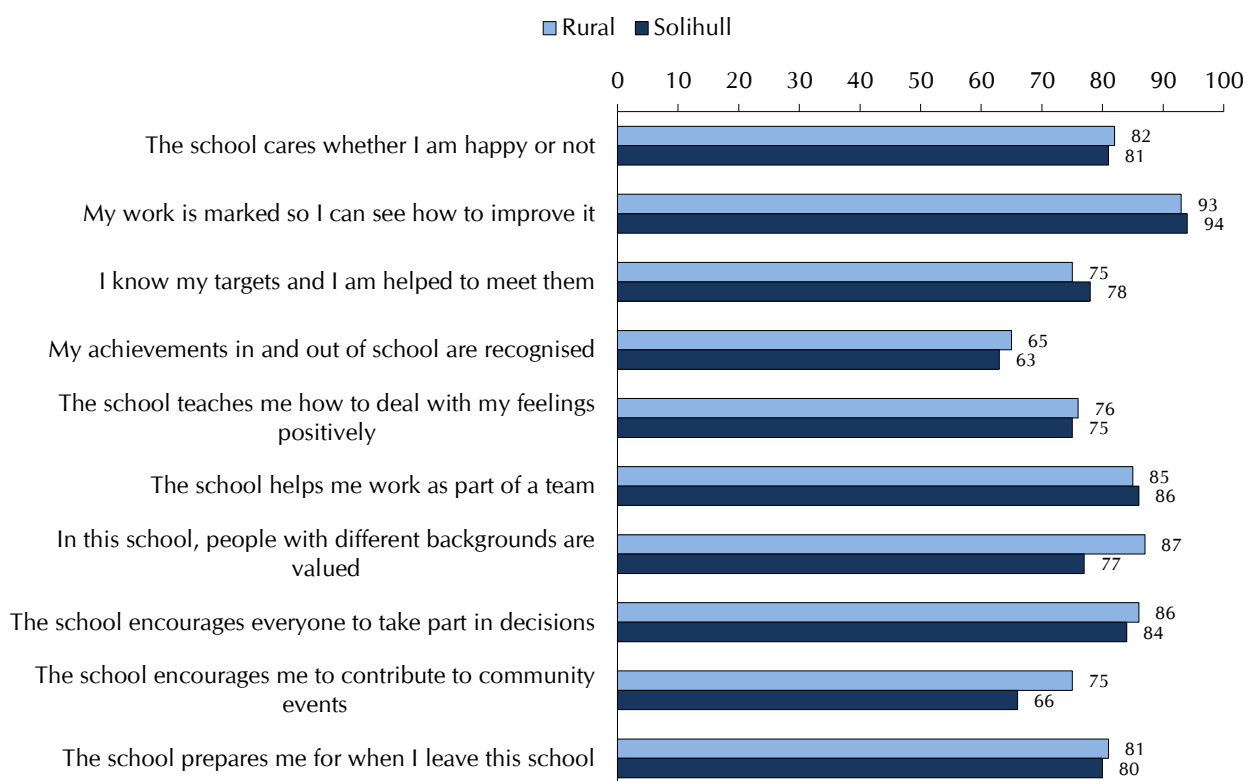
93% (94%) of pupils responded that their work is marked so they can see how to improve it.

Q3. Percentage of pupils responding 'yes' to the following statements (Solihull Primary data in brackets):

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
The school cares whether I am happy or not	85 (77)	84 (81)	79 (81)	82 (84)	82 (81)
My work is marked so I can see how to improve it	90 (91)	93 (92)	91 (95)	96 (96)	93 (94)
I know my targets and I am helped to meet them	65 (70)	78 (73)	82 (85)	72 (83)	75 (78)
My achievements in and out of school are recognised	69 (58)	63 (63)	62 (66)	66 (65)	65 (63)
The school teaches me how to deal with my feelings positively	78 (76)	81 (77)	71 (72)	75 (76)	76 (75)
The school helps me work as part of a team	80 (84)	88 (87)	86 (85)	86 (87)	85 (86)
In this school, people with different backgrounds are valued	88 (68)	84 (75)	86 (80)	91 (85)	87 (77)
The school encourages everyone to take part in decisions (e.g. class discussions or school council)	88 (79)	84 (83)	85 (85)	89 (89)	86 (84)
The school encourages me to contribute to community events	84 (64)	78 (70)	68 (63)	74 (68)	75 (66)
The school prepares me for when I leave this school	73 (71)	82 (73)	83 (86)	83 (89)	81 (80)

85% (86%) of pupils responded that their school helps them work as part of a team.

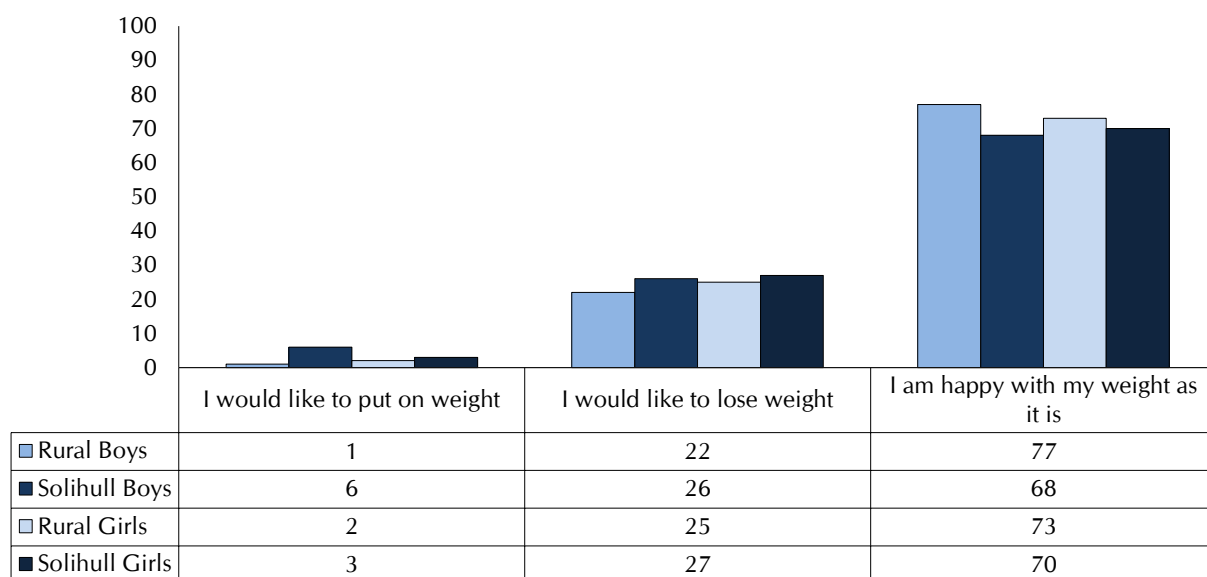
Q60. Percentage of pupils responding 'yes' to the following statements:



Food and Diet

Weight

Q4. Weight: Which statement describes you best?



2% (5%) of pupils responded that they would like to put on weight.

Q4. Percentage answering that they would like to put on weight.

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	1	1	6	6
Girls	3	1	3	3

23% (26%) of pupils responded that they would like to lose weight.

Q4. Percentage answering that they would like to lose weight.

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	30	17	27	24
Girls	20	28	25	29

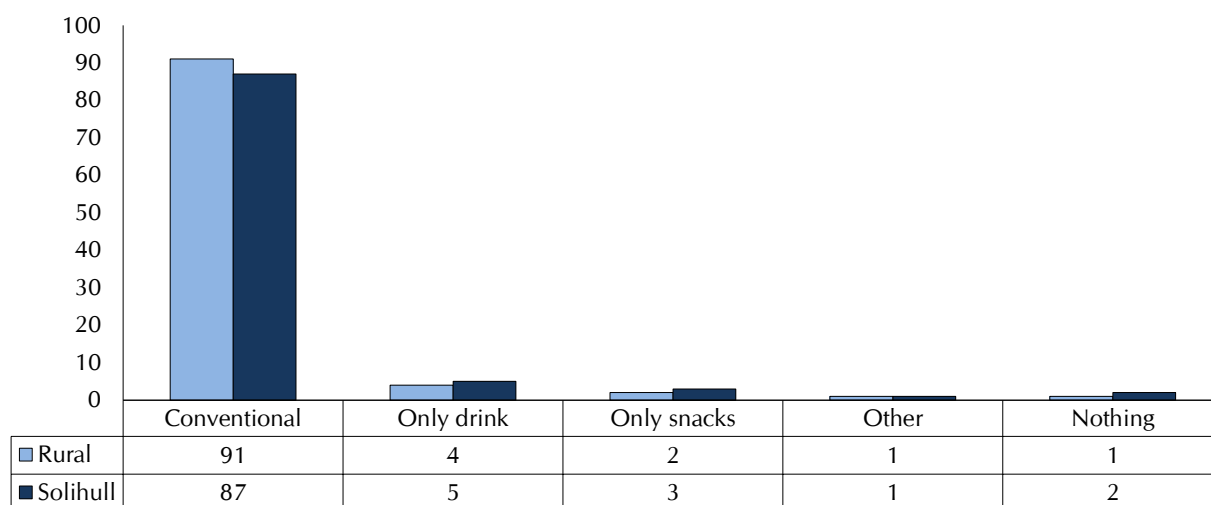
75% (69%) of pupils responded that they are happy with their weight as it is.

Q4. Percentage answering that they are happy with their weight as it is.

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	69	82	67	70
Girls	77	70	72	67

Breakfast

Q6. Percentage of pupils responding that they had the following types of breakfast on the day of the survey:



The chart shows the percentages having different types of breakfast. The category 'Conventional' means at least one of cereal; toast, bread, bagels or croissants; breakfast bar; cooked breakfast; fruit or yoghurt. Only snacks means: chocolate bars, sweets; pop tarts or cakes; biscuits or crisp-type snack but not conventional breakfast.

1% (2%) of pupils responded that they didn't have anything for breakfast on the day of the survey, while 8% (7%) said they had a cooked breakfast.

Q6. Percentage answering that they didn't have anything to eat or drink before lessons this morning.

		Rural		Solihull	
		Yr 4	Yr 6	Yr 4	Yr 6
Boys	0	1	2	3	
Girls	0	1	1	2	

4% (5%) of pupils responded that they had only a drink for breakfast on the day of the survey.

Q6. Percentage answering that they had only a drink for breakfast before lessons this morning.

		Rural		Solihull	
		Yr 4	Yr 6	Yr 4	Yr 6
Boys	5	5	7	5	
Girls	4	2	5	4	

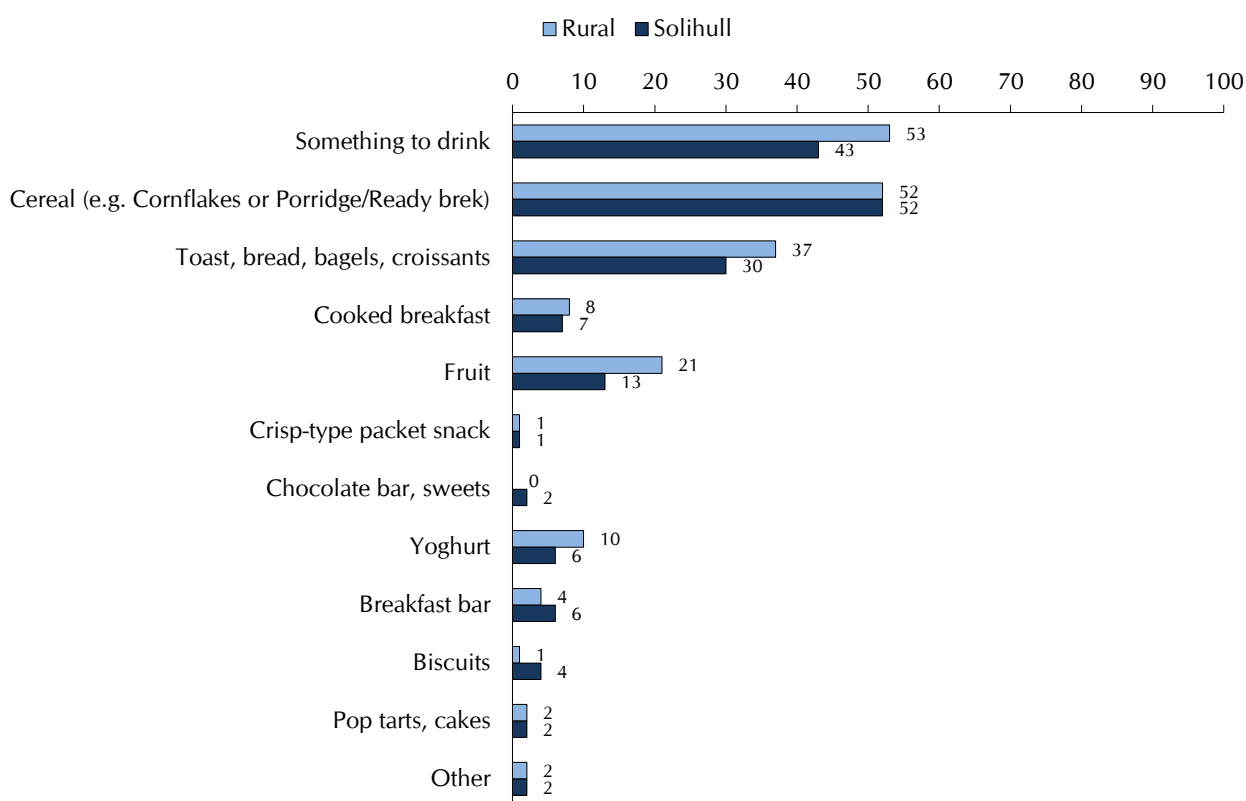
52% (52%) of pupils responded that they had cereal to eat for breakfast on the day of the survey, while 37% (30%) said they had toast, bread, bagels or croissants.

Q6. Percentage of pupils responding that they had the following to eat or drink for breakfast on the day of the survey (top 5 – Solihull Primary data in brackets):

Boys			Girls		
1	Cereal (e.g. Cornflakes or Porridge/Ready brek)	58 (53)	1	Something to drink	57 (45)
2	Something to drink	49 (42)	2	Cereal (e.g. Cornflakes or Porridge/Ready brek)	48 (51)
3	Toast, bread, bagels or croissants	37 (29)	3	Toast, bread, bagels or croissants	36 (30)
4	Fruit	14 (12)	4	Fruit	26 (14)
5	Cooked breakfast	7 (8)	5	Yoghurt	13 (7)

1% (4%) of pupils responded that they had biscuits for breakfast on the day of the survey.

Q6. Percentage of pupils responding that they had the following to eat or drink for breakfast on the day of the survey:



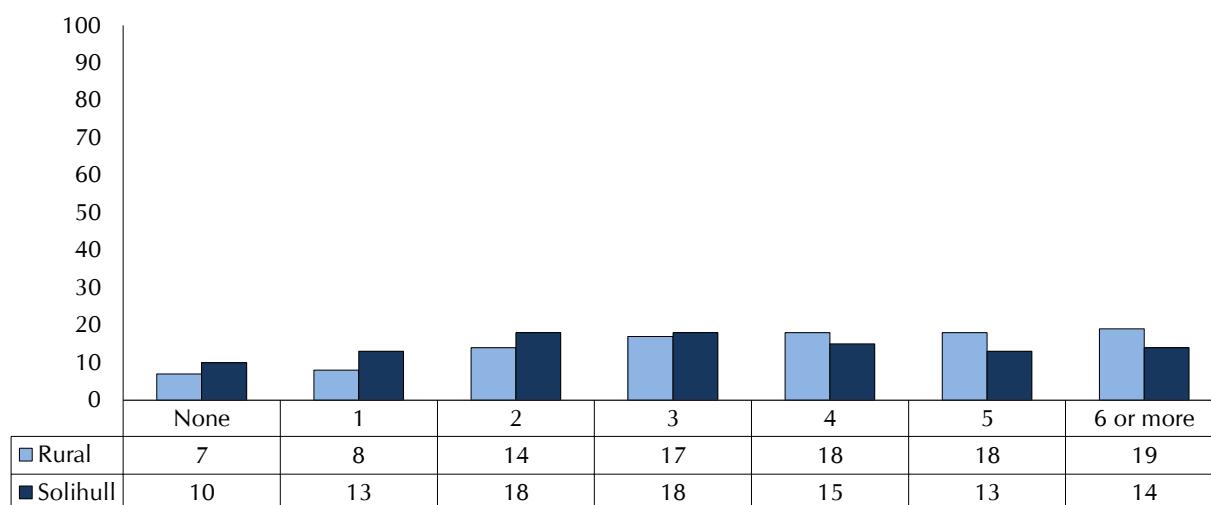
93% (87%) of pupils responded that they had something to eat or drink for breakfast at home on the day of the survey.

Q5. Percentage of pupils responding that they had something to eat or drink at the following places for breakfast on the day of the survey (Solihull Primary data in brackets):

Boys			Girls		
1	At home	92 (87)	1	At home	95 (88)
2	At school	8 (14)	2	At school	8 (16)
3	On the way to school	4 (6)	3	On the way to school	4 (6)

Five-a-day

Q7. How many portions of fruit and vegetables did you eat yesterday?



9% (12%) of boys and 4% (8%) of girls responded that they didn't eat any portions of fruit or vegetables on the day before the survey.

Q7. Percentage answering that they didn't eat any portions of fruit or vegetables on the day before the survey.

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	16	5	14	9
Girls	5	4	11	6

31% (27%) of boys and 41% (27%) of girls responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.

Q7. Percentage answering that they ate at least 5 portions of fruit and vegetables on the day before the survey.

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	36	28	26	27
Girls	38	43	25	28

Food

66% (52%) of pupils responded that they eat vegetables 'on most days'; 68% (61%) said the same of fresh fruit.

Q8. Percentage of pupils responding that they eat or drink the following 'on most days' (Solihull Primary data in brackets):

	Boys	Girls	Total
Any meat	39 (41)	28 (33)	33 (37)
Any fish/fish fingers	5 (9)	5 (6)	5 (8)
Any dairy produce (e.g. cheese, milk)	63 (58)	62 (59)	62 (59)
Vegetarian main meal	9 (11)	6 (11)	7 (11)
Wholemeal bread	32 (27)	30 (26)	31 (26)
Chips or roast potatoes	17 (25)	16 (22)	17 (24)
Rice or pasta	16 (20)	20 (19)	18 (20)
Sugar-coated cereals	16 (23)	11 (17)	13 (20)
High-fibre cereals or muesli	28 (20)	25 (18)	26 (19)
Fresh fruit	62 (57)	74 (65)	68 (61)
Salads	21 (21)	27 (25)	24 (23)
Vegetables	63 (50)	69 (56)	66 (52)
'Diet' fizzy drinks (low calorie)	9 (17)	5 (10)	7 (14)
Other fizzy drinks (not low-calorie)	11 (19)	6 (10)	8 (15)
Water	82 (71)	86 (76)	84 (73)
Crisps/crisp-type packet snack	21 (32)	16 (26)	19 (29)
Sweets, chocolate, choc bars	21 (31)	20 (27)	20 (29)

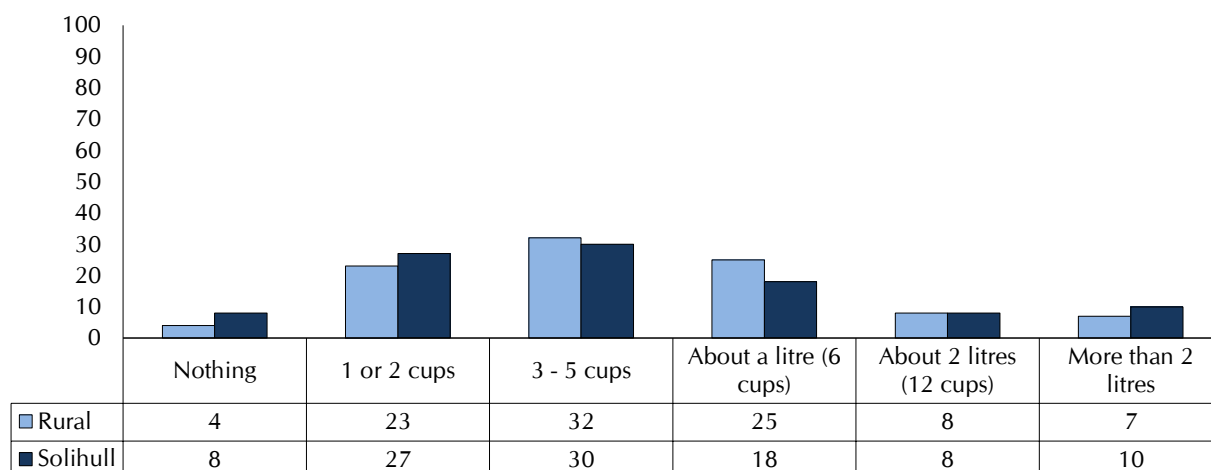
31% (41%) of pupils responded that they 'rarely or never' eat any fish/fish fingers.

Q8. Percentage of pupils responding that they 'rarely or never' eat or drink the following (Solihull Primary data in brackets):

	Boys	Girls	Total
Any meat	7 (10)	6 (11)	6 (10)
Any fish/fish fingers	30 (39)	31 (42)	31 (41)
Any dairy produce	7 (12)	7 (8)	7 (10)
Vegetarian main meal	62 (61)	61 (60)	61 (61)
Wholemeal bread	26 (37)	29 (37)	27 (37)
Chips or roast potatoes	8 (11)	6 (10)	7 (10)
Rice or pasta	14 (19)	10 (14)	12 (17)
Sugar-coated cereals	49 (38)	52 (40)	51 (39)
High-fibre cereals or muesli	37 (47)	34 (44)	36 (46)
Fresh fruit	7 (7)	4 (5)	5 (6)
Salads	26 (35)	22 (26)	24 (31)
Vegetables	7 (12)	4 (8)	5 (10)
'Diet' fizzy drinks (low calorie)	45 (37)	54 (44)	50 (40)
Other fizzy drinks (not low-calorie)	50 (38)	63 (46)	57 (42)
Water	3 (8)	2 (6)	3 (7)
Crisps/crisp-type packet snack	8 (11)	14 (12)	11 (11)
Sweets, chocolate, choc bars	10 (9)	10 (8)	10 (9)

Water

Q26. How much water did you drink yesterday?



4% (8%) of pupils responded that they didn't drink any water on the day before the survey.

Q26. Percentage answering that they didn't drink any water on the day before the survey.

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	8	4	11	7
Girls	4	3	8	5

41% (35%) of pupils responded that they drank at least 'about a litre' of water on the day before the survey.

Q26. Percentage answering that they drank at least 'about a litre' of water on the day before the survey.

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	36	43	34	42
Girls	31	50	29	36

91% (93%) of pupils responded that they are able to get water at school, while 7% (6%) said 'not easily'.

Q27a. Percentage answering that they can get water at school.

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	91	90	92	93
Girls	93	90	93	92

54% (58%) of pupils responded that they can get water from a water fountain at school; 72% (65%) said they can get it from their own drinking bottle.

Q27b. Percentage of pupils responding that they can get water from the following at school (Solihull Primary data in brackets):

Boys			Girls		
1	My own drinking bottle	67 (61)	1	My own drinking bottle	77 (70)
2	Water fountain	56 (57)	2	Canteen/dinner room	56 (45)
3	Canteen/dinner room	46 (38)	3	Water fountain	53 (59)
4	Tap in classroom	35 (36)	4	Tap in classroom	36 (33)
5	Class water bottles	25 (21)	5	Class water bottles	16 (20)
6	Water cooler	3 (12)	6	Water cooler	2 (10)
7	Other	1 (3)	7	Other	1 (3)

Money

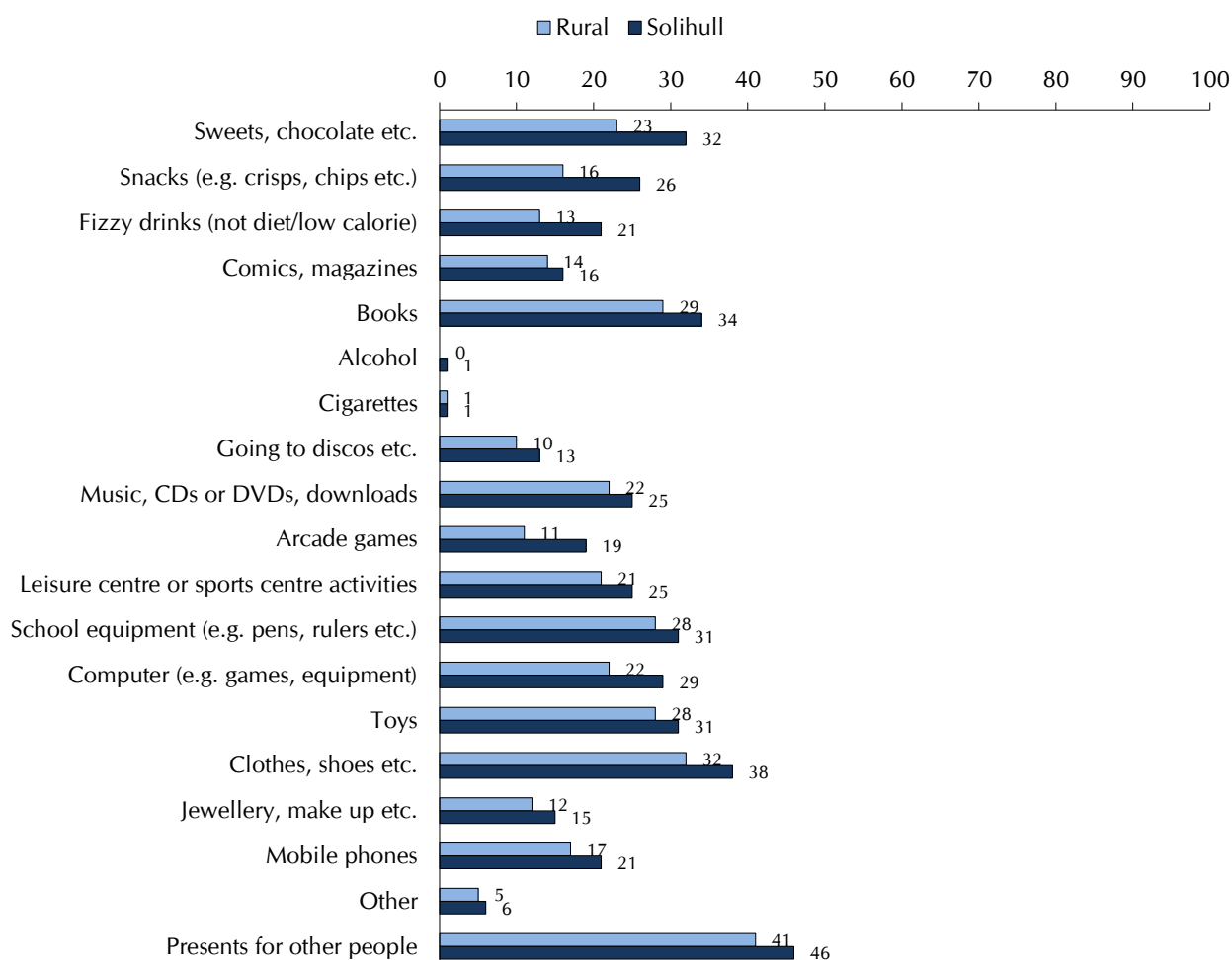
Spending

23% (32%) of pupils responded that they spent their own money on sweets, chocolate etc. in the 7 days before the survey, while 29% (34%) said they bought books and 28% (31%) bought toys.

Q9. Percentage of pupils responding that they spent their own money on the following during the 7 days before the survey (top 10 – Solihull Primary data in brackets):

Boys				Girls			
1	Presents for other people	40	(45)	1	Presents for other people	41	(47)
2	Computer (e.g. games, equipment)	37	(42)	2	Clothes, shoes etc.	35	(41)
3	Clothes, shoes etc.	28	(34)	3	Books	33	(38)
4	Music, CDs or DVDs, downloads	28	(28)	4	School equipment (e.g. pens, rulers etc.)	32	(33)
5	Toys	27	(30)	5	Toys	29	(32)
6	Leisure centre or sports centre activities	27	(30)	6	Sweets, chocolate etc.	23	(31)
7	Sweets, chocolate etc.	23	(33)	7	Jewellery, make up etc.	20	(27)
8	Books	23	(31)	8	Music, CDs or DVDs, downloads	16	(21)
9	School equipment (e.g. pens, rulers etc.)	23	(28)	9	Leisure centre or sports centre activities	16	(20)
10	Mobile phones	20	(25)	10	Mobile phones	15	(16)

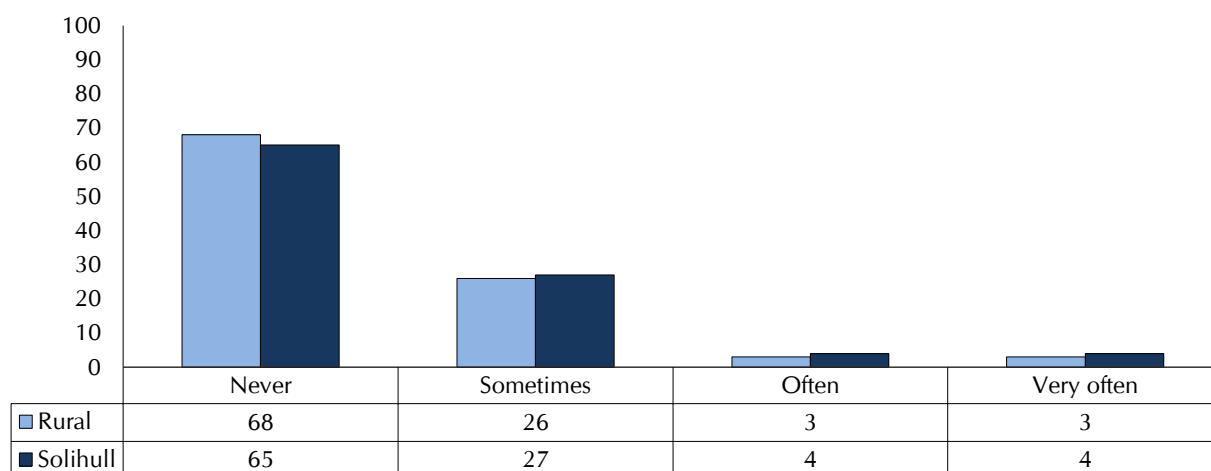
Q9. Percentage of pupils responding that they spent their own money on the following during the 7 days before the survey:



Feeling Safe

Bullying

Q10. Do you ever feel afraid of going to school because of bullying?



26% (30%) of boys and 37% (40%) of girls responded that they at least 'sometimes' feel afraid of going to school because of bullying.

Q10. Percentage answering that they at least 'sometimes' feel afraid of going to school because of bullying.

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	38	19	37	23
Girls	37	38	46	34

6% (8%) of pupils responded that they 'often' or 'very often' feel afraid of going to school because of bullying.

Q10. Percentage answering that they 'often' or 'very often' feel afraid of going to school because of bullying.

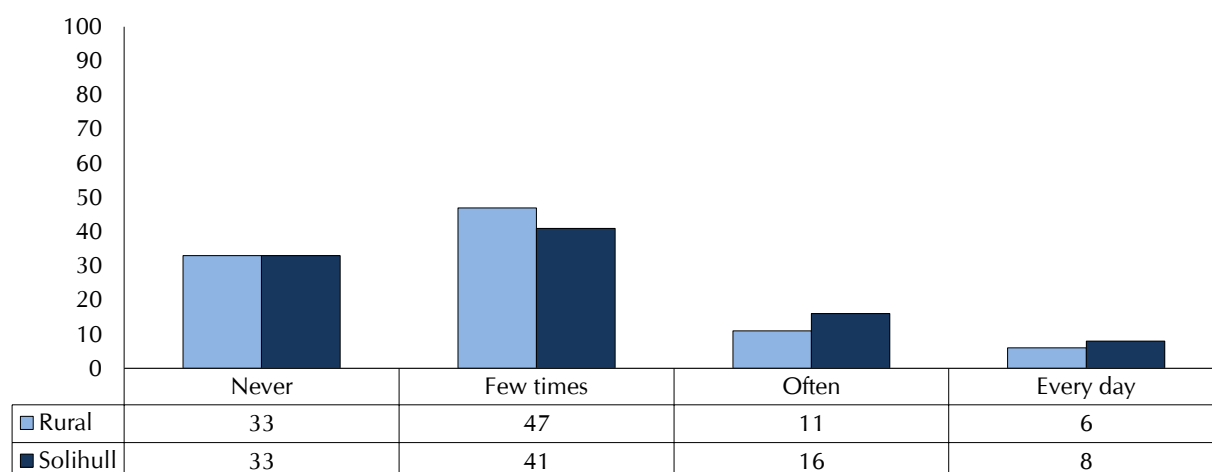
	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	9	4	9	4
Girls	10	4	11	7

22% (24%) of pupils responded that they have been bullied at or near school in the last 12 months, while 18% (18%) said they 'don't know'.

Q11. Percentage answering that they have been bullied at or near school in the last 12 months.

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	25	22	30	20
Girls	24	20	27	22

Q12. Negative behaviour summary: Percentage of pupils responding that they experienced at least one of the negative behaviours listed in the month before the survey....:



Most frequent negative behaviour recorded.

64% (68%) of boys and 65% (63%) of girls responded that they experienced at least one of the negative behaviours listed at least a 'few times' in the month before the survey, while 8% (10%) of boys and 5% (7%) of girls experienced such behaviour 'every day'.

Q12. Percentage answering that they experienced one or more of the negative behaviours listed at least a 'few times' in the month before the survey.

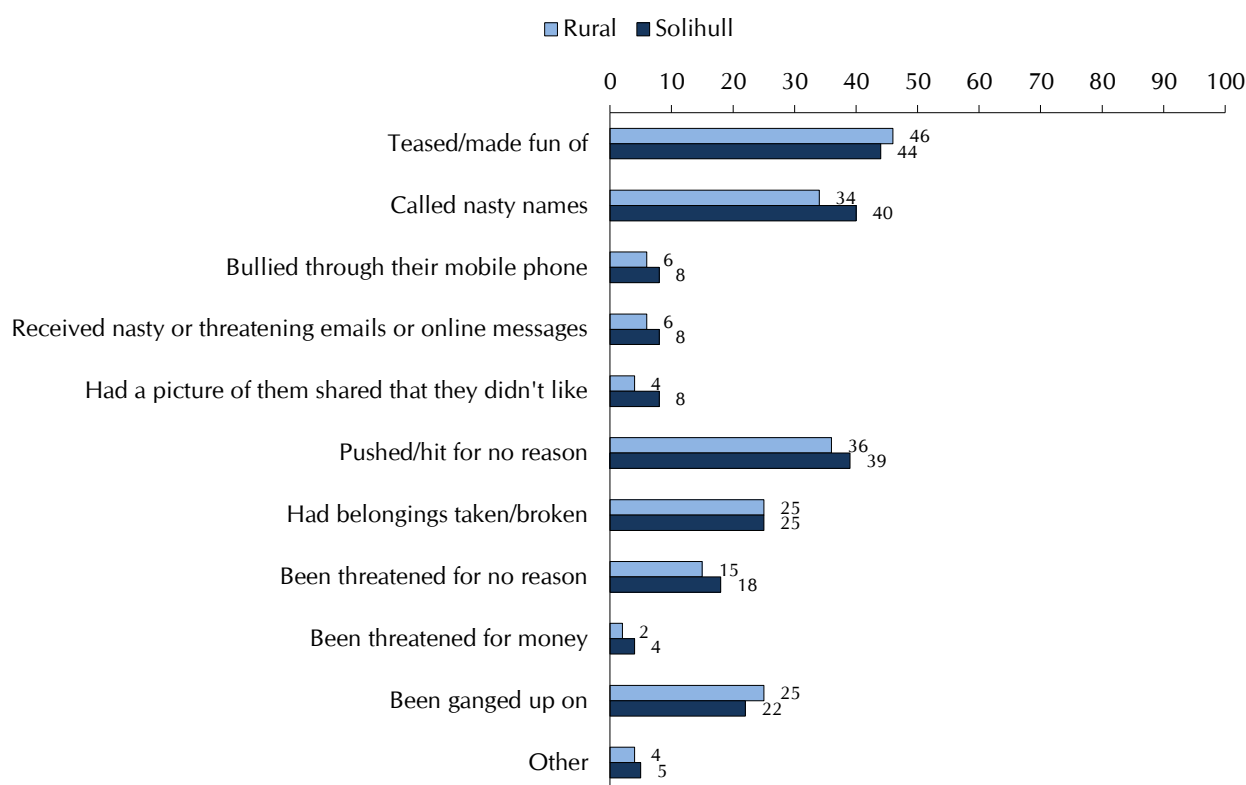
	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	62	65	74	62
Girls	65	65	64	61

34% (40%) of pupils responded that they have been called nasty names at least a 'few times' in the month before the survey; 36% (39%) said they have been pushed/hit for no reason.

Q12. Percentage of pupils responding that they have experienced the following at least a 'few times' in the month before the survey (top 10 – Solihull Primary data in brackets):

Boys			Girls		
1	Teased/made fun of	46 (47)	1	Teased/made fun of	45 (41)
2	Pushed/hit for no reason	45 (45)	2	Called nasty names	31 (36)
3	Called nasty names	37 (43)	3	Pushed/hit for no reason	29 (32)
4	Been ganged up on	23 (25)	4	Had belongings taken/broken	29 (24)
5	Had belongings taken/broken	21 (26)	5	Been ganged up on	28 (19)
6	Been threatened for no reason	20 (23)	6	Been threatened for no reason	11 (13)
7	Received nasty or threatening emails or online messages	6 (10)	7	Bullied through their mobile phone	6 (8)
8	Had a picture of them shared that they didn't like	5 (9)	8	Received nasty or threatening emails or online messages	6 (6)
9	Bullied through their mobile phone	5 (7)	9	Other	5 (5)
10	Been threatened for money	3 (6)	10	Had a picture of them shared that they didn't like	4 (8)

Q12. Percentage of pupils responding that they have experienced the following at least a 'few times' in the month before the survey:



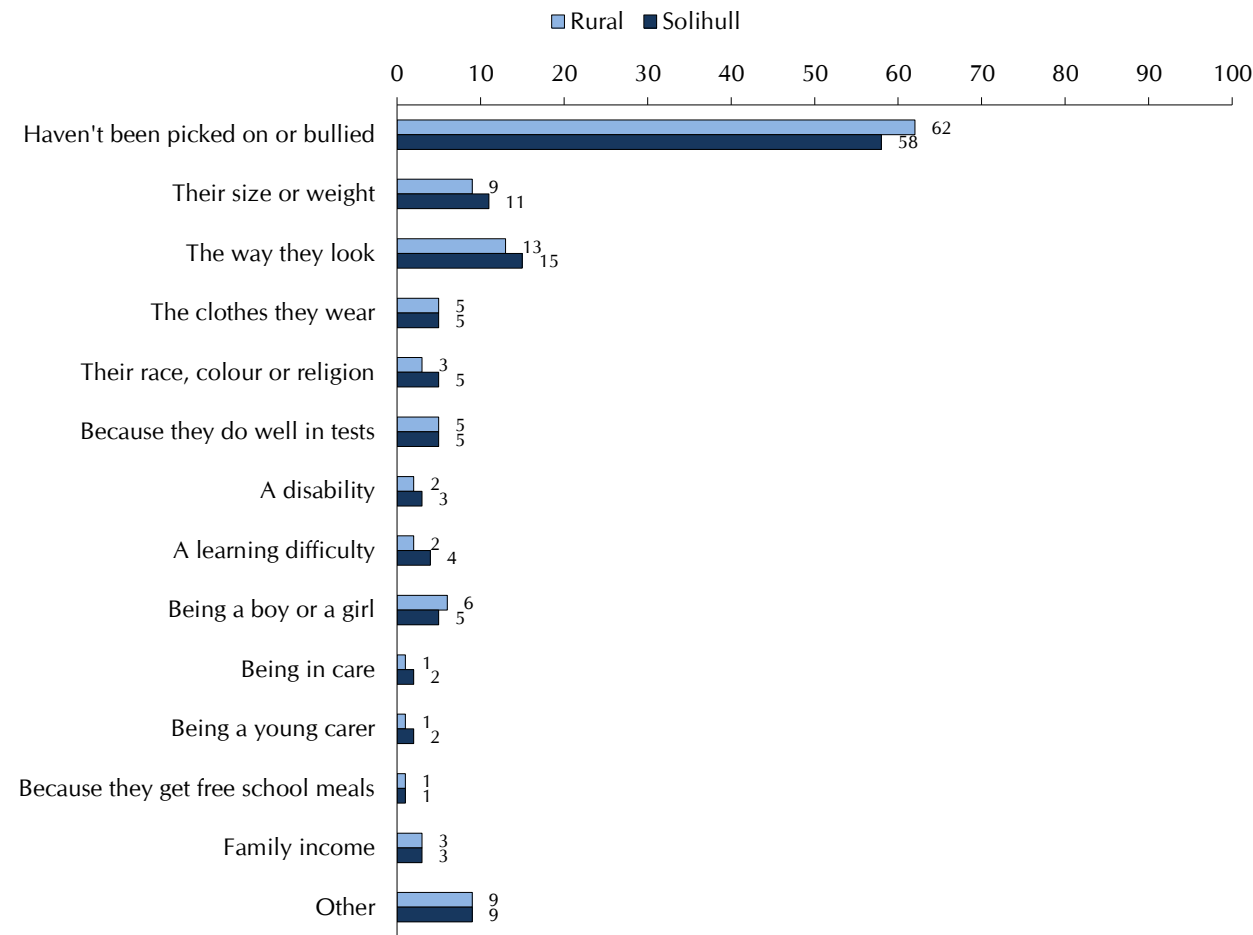
37% (37%) of pupils responded that they have experienced at least one of the negative behaviours listed in the school playground/field during breaktimes, while 31% (31%) said they have experienced them in a classroom during breaktimes.

Q13. Percentage of pupils responding that they have experienced negative behaviour listed at the following places in the last month (top 5 – Solihull Primary data in brackets):

Boys			Girls		
1	In the school playground/field (breaktimes)	33 (38)	1	In the school playground/field (breaktimes)	40 (36)
2	In a classroom (breaktimes)	29 (31)	2	In a classroom (breaktimes)	33 (31)
3	During lesson time	14 (14)	3	During lesson time	23 (19)
4	In the corridors	13 (11)	4	In the corridors	18 (14)
5	At or near home	12 (18)	5	At or near home	16 (17)

13% (15%) of pupils responded that they have been 'picked on' or bullied because of the way they look; 3% (5%) said it was because of their race, colour or religion.

Q14. Percentage of pupils responding that they think they have been 'picked on' or bullied for the following reasons:



85% (77%) of pupils responded that they think their school takes bullying seriously, while 10% (14%) said they 'don't know'.

Q15. Percentage answering that they think their school takes bullying seriously.

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	89	88	73	80
Girls	88	79	75	79

2% (4%) of pupils responded that they think others may be frightened of going to school because of them, while 17% (20%) said they 'don't know'.

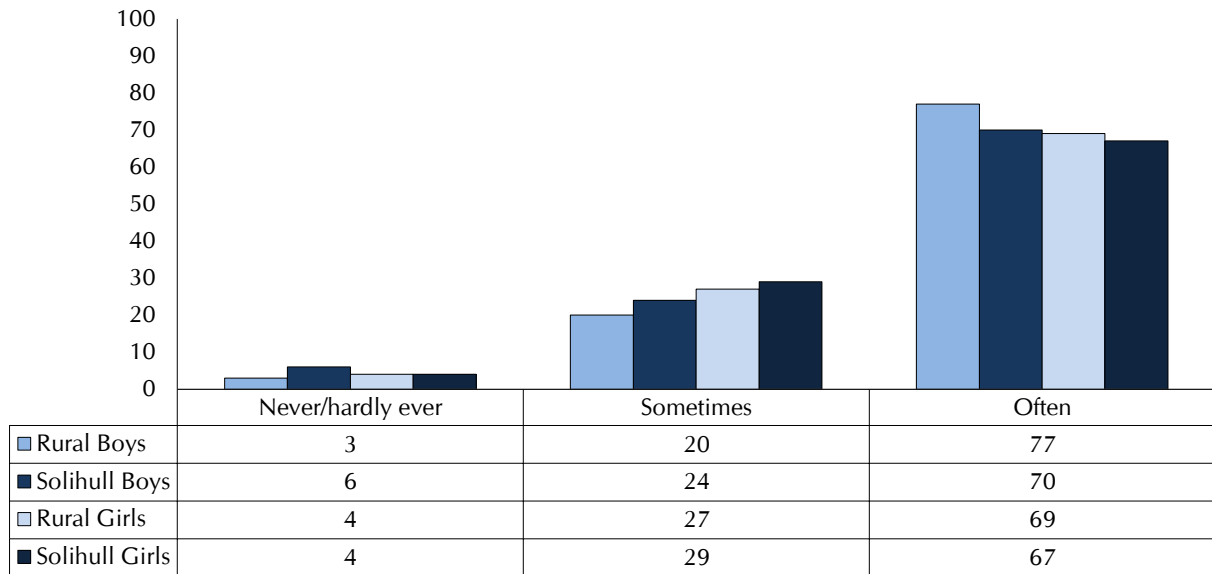
Q16. Percentage answering that they think others may feel frightened of going to school because of them.

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	4	4	5	4
Girls	0	1	3	2

Leisure Time

School breaktimes

Q17a. During school playtimes (including dinner times), do you feel happy?



4% (5%) of pupils responded that they 'never/hardly ever' feel happy during school playtimes, while 24% (26%) said they do so 'sometimes'.

Q17a. Percentage answering that they 'never/hardly ever' feel happy during school playtimes.

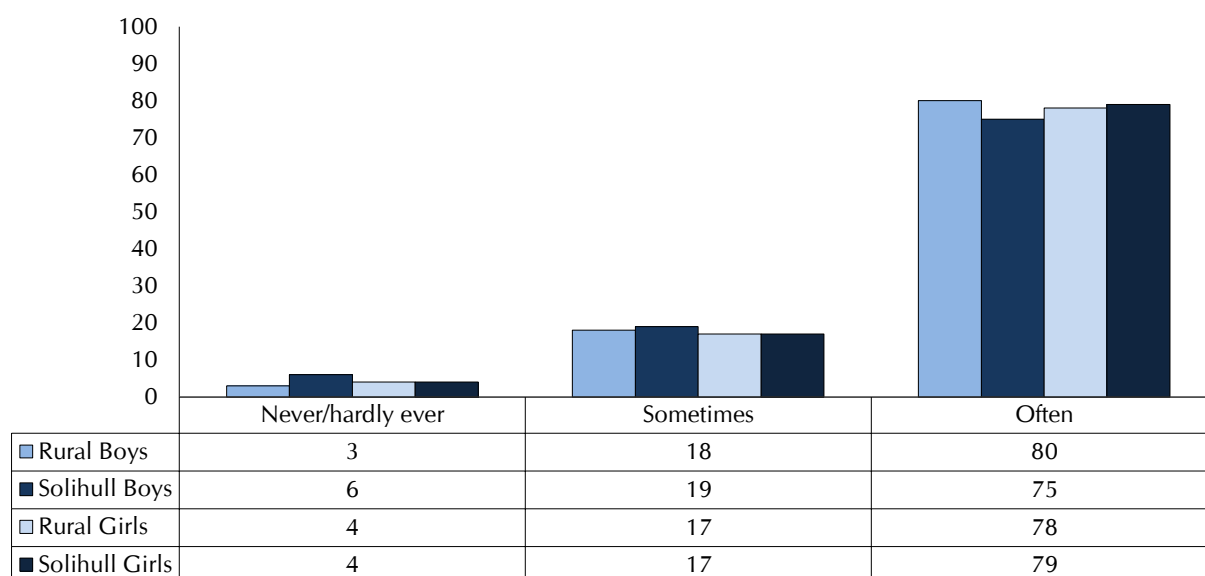
	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	3	4	9	4
Girls	5	3	6	3

73% (69%) of pupils responded that they 'often' feel happy during school playtimes.

Q17a. Percentage answering that they 'often' feel happy during school playtimes.

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	80	75	66	75
Girls	71	68	64	70

Q17b. During school playtimes (including dinner times), do you feel safe?



4% (5%) of pupils responded that they 'never/hardly ever' feel safe during school playtimes, while 17% (18%) said they do so 'sometimes'.

Q17b. Percentage answering that they 'never/hardly ever' feel safe during school playtimes.

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	5	1	8	4
Girls	4	5	5	3

79% (77%) of pupils responded that they 'often' feel safe during school playtimes.

Q17b. Percentage answering that they 'often' feel safe during school playtimes.

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	75	82	71	80
Girls	78	79	75	82

93% (89%) of pupils responded that they play running/skipping games/tag at least 'sometimes' during school playtimes; 78% (68%) said they play ball games like football or netball.

Q18. Percentage of pupils responding that they do the following at least 'sometimes' during school playtimes (top 5 – Solihull Primary data in brackets):

Boys			Girls		
1	Chatting/talking	97 (95)	1	Chatting/talking	97 (97)
2	Running/skipping games/tag	94 (88)	2	Running/skipping games/tag	93 (91)
3	Ball games like football or netball	86 (81)	3	Queuing for lunch	76 (63)
4	Queuing for lunch	72 (66)	4	Ball games like football or netball	70 (55)
5	Reading quietly or being in the library	33 (33)	5	Reading quietly or being in the library	48 (43)

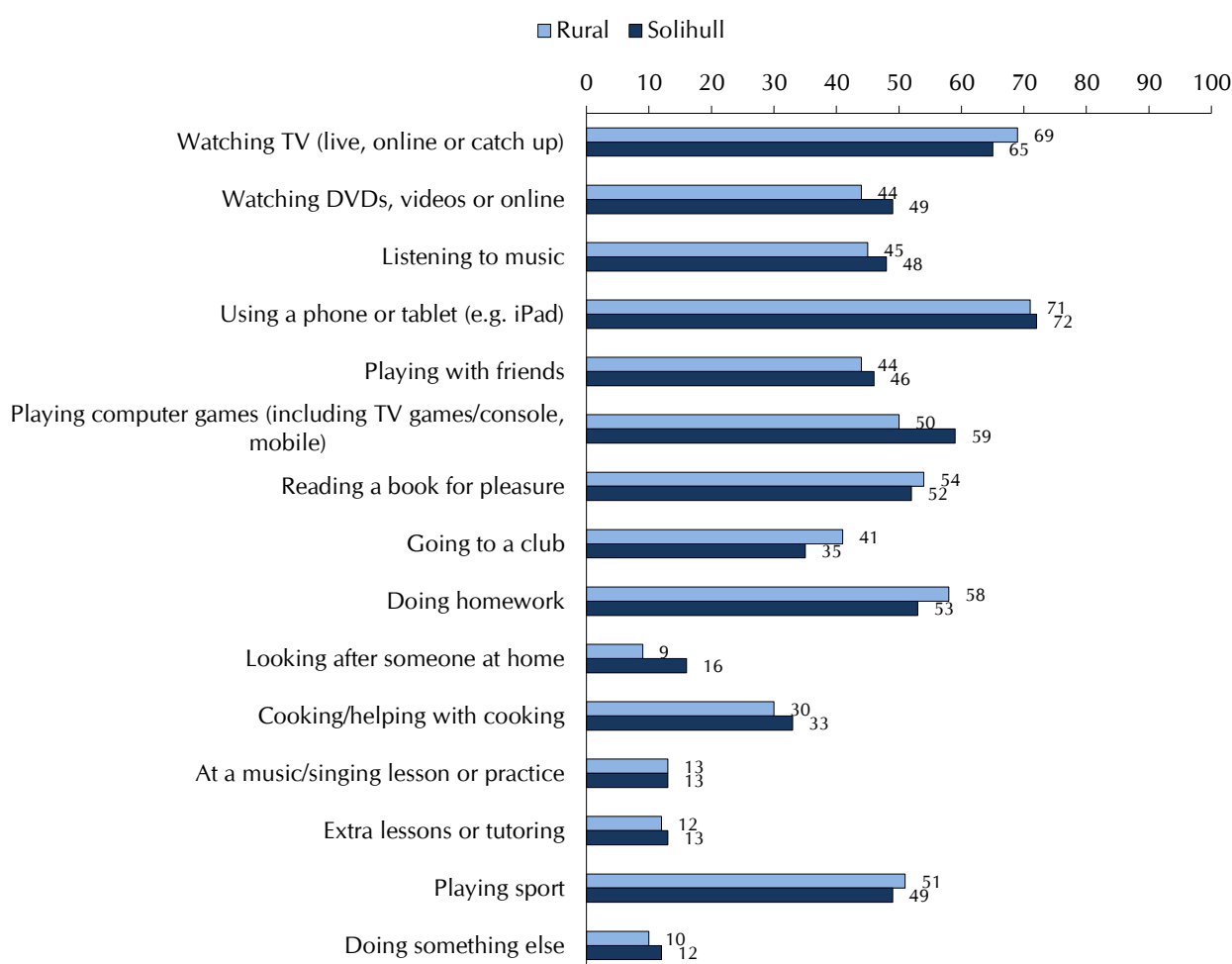
After school activities

69% (65%) of pupils responded that they spent time watching TV after school on the day before the survey, while 58% (53%) spent time doing homework and 51% (49%) played sport or other physical activity.

Q19. Percentage of pupils responding that they spent time doing the following after school on the day before the survey (top 10 – Solihull Primary data in brackets):

Boys			Girls		
1	Using a phone or tablet (e.g. iPad)	75 (73)	1	Using a phone or tablet (e.g. iPad)	67 (71)
2	Watching TV (live, online or catch up)	73 (66)	2	Watching TV (live, online or catch up)	65 (64)
3	Playing computer games (including TV games/console, mobile)	71 (76)	3	Reading a book for pleasure	61 (57)
4	Playing sport or other physical activity	56 (51)	4	Doing homework	59 (56)
5	Doing homework	56 (50)	5	Playing sport or other physical activity	46 (46)
6	Watching DVDs, videos or online	54 (55)	6	Listening to music	44 (49)
7	Playing with friends	51 (54)	7	Going to a club	41 (34)
8	Listening to music	47 (47)	8	Playing with friends	38 (38)
9	Reading a book for pleasure	46 (47)	9	Watching DVDs, videos or online	35 (43)
10	Going to a club	42 (37)	10	Cooking/helping with cooking	35 (38)

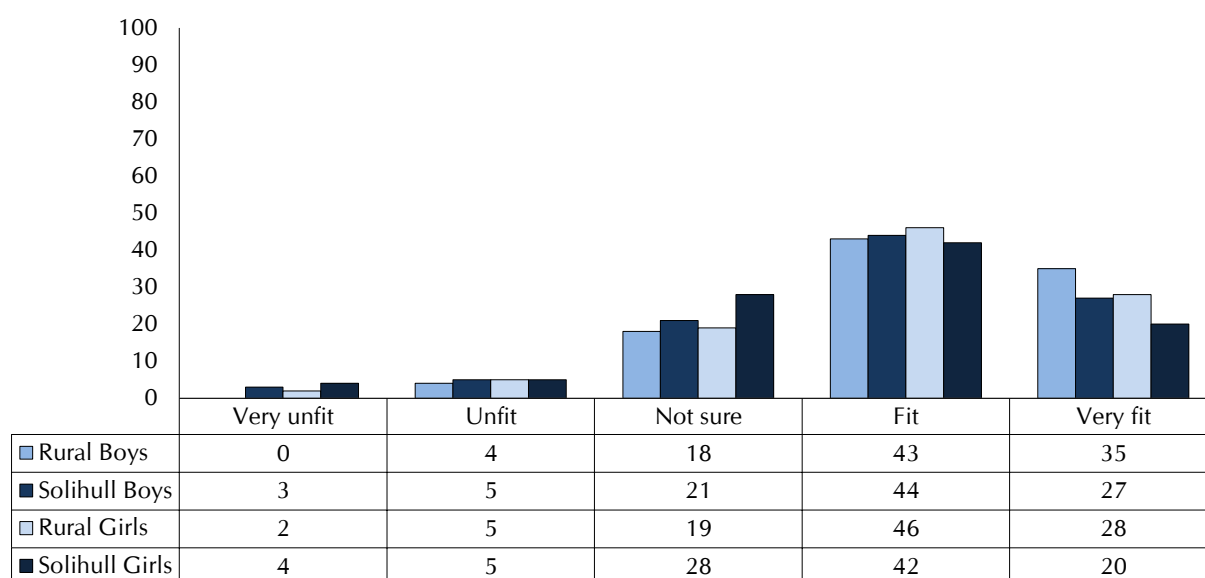
Q19. Percentage of pupils responding that they spent time doing the following after school on the day before the survey:



Physical Activity

Fitness

Q20. How fit do you think you are?



6% (9%) of pupils responded that they think they are 'unfit' or 'very unfit'.

Q20. Percentage answering that they think they are 'unfit' or 'very unfit'.

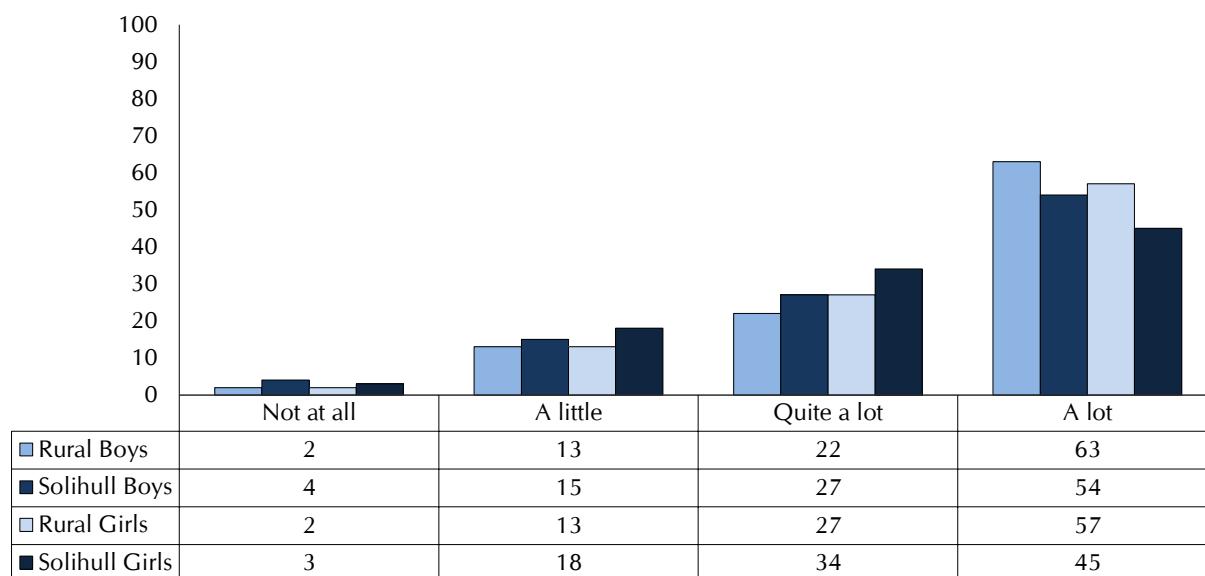
	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	5	4	8	8
Girls	3	10	7	12

76% (67%) of pupils responded that they think they are 'fit' or 'very fit'.

Q20. Percentage answering that they think they are 'fit' or 'very fit'.

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	73	80	69	73
Girls	79	70	64	61

Q21. How much do you enjoy physical activities?



2% (3%) of pupils responded that they don't enjoy physical activities at all.

Q21. Percentage answering that they don't enjoy physical activities at all.

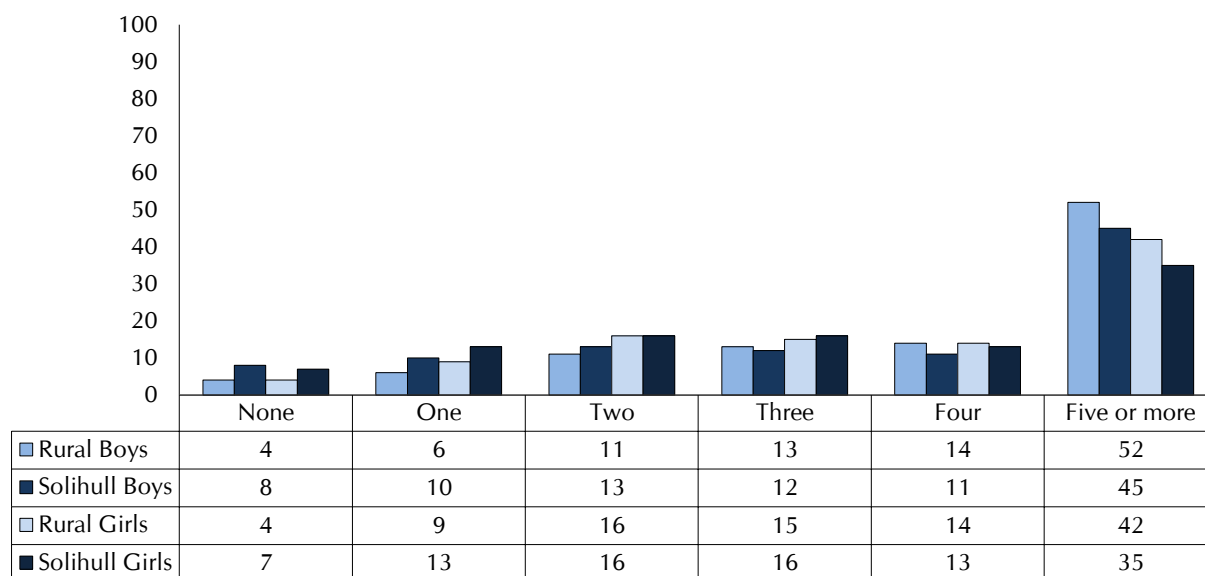
	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	6	0	5	2
Girls	4	2	4	2

85% (80%) of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.

Q21. Percentage answering that they enjoy physical activities 'quite a lot' or 'a lot'.

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	78	89	76	87
Girls	85	84	76	82

Q22. On how many days in the last week have you been physically active for an hour or more?



4% (7%) of pupils responded that they were not physically active for an hour or more at all in the week before the survey.

Q22. Percentage answering that they were not physically active for an hour or more at all in the week before the survey.

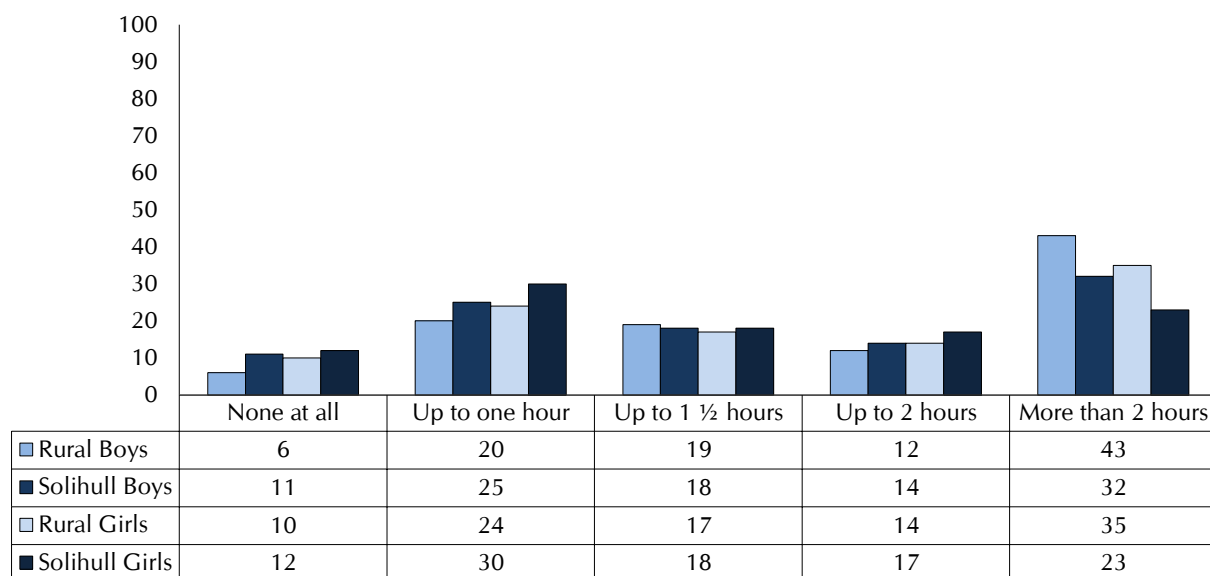
	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	10	1	12	5
Girls	5	4	9	4

75% (67%) of pupils responded that they were physically active for an hour or more on at least three days in the week before the survey.

Q22. Percentage answering that they were physically active for an hour or more on at least three days in the week before the survey.

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	64	88	60	78
Girls	60	80	57	72

Q23. How much physical activity have you been involved in during school time in the last 7 days?



8% (11%) of pupils responded that they have not been involved in any physical activity during school time in the 7 days before the survey.

Q23. Percentage answering that they have not been involved in any physical activity during school time in the 7 days before the survey.

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	12	2	14	7
Girls	7	12	14	9

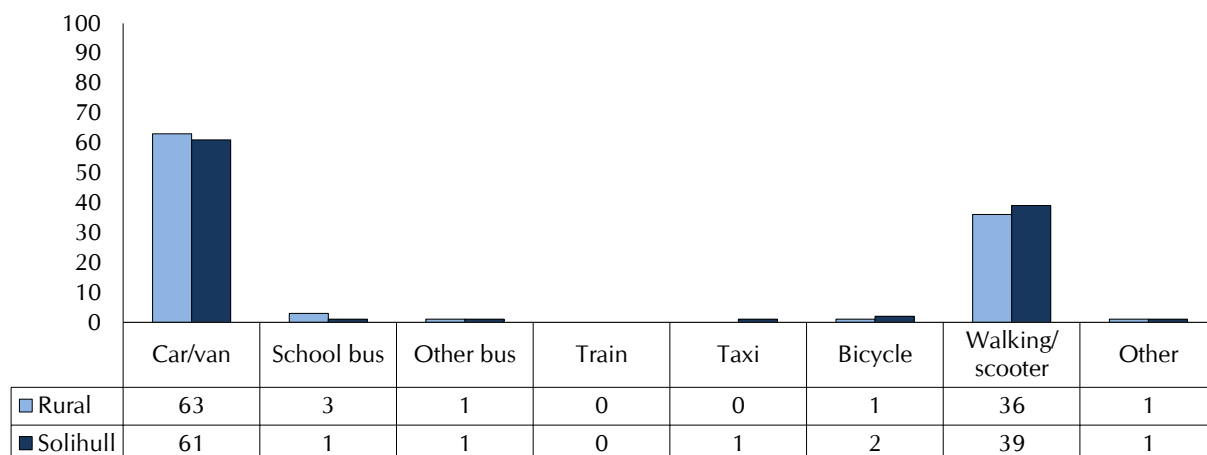
52% (43%) of pupils responded that they have been involved in more than 1½ hours of physical activity during school time in the 7 days before the survey.

Q23. Percentage answering that they have been involved in more than 1½ hours of physical activity during school time in the 7 days before the survey.

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	44	61	38	54
Girls	45	52	36	44

Active travel

Q24. How did you get to school today?



63% (61%) of pupils responded that they travelled to school by car/van on the day of the survey.

Q24. Percentage answering that they travelled to school by car/van on the day of the survey.

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	66	59	60	63
Girls	65	65	61	61

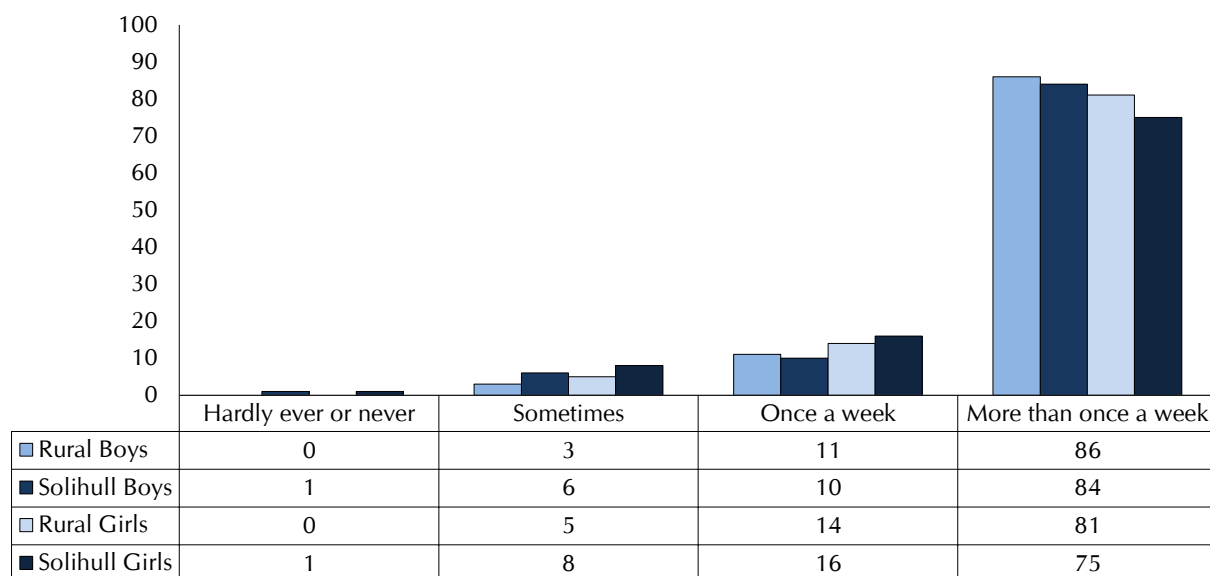
36% (39%) of pupils responded that they walked/scootered to school on the day of the survey.

Q24. Percentage answering that they walked/scootered to school on the day of the survey.

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	29	43	38	39
Girls	38	33	40	40

Sports

Q25. Physical activity summary: Percentage of pupils responding that they play or do at least one of the physical activities listed....:



Most frequent activity recorded.

96% (92%) of pupils responded that they play or do one or more of the physical activities listed at least 'once a week'.

Q25. Percentage answering that they play or do one or more of the physical activities listed at least 'once a week'.

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	96	98	93	94
Girls	95	94	90	93

61% (54%) of pupils responded that they run at least 'once a week', while 60% (54%) said the same of keep-fit and 25% (24%) ride their bike.

Q25. Percentage of pupils responding that they play or do the following physical activities at least 'once a week' (top 10 – Solihull Primary data in brackets):

Boys			Girls		
1	Running (races or tag games)	67 (60)	1	Dancing/gymnastics/ballet/traplining	60 (55)
2	Football	61 (60)	2	Keep-fit	59 (52)
3	Keep-fit	60 (56)	3	Running (races or tag games)	56 (47)
4	Going for walks	49 (42)	4	Going for walks	49 (43)
5	Swimming	42 (34)	5	Swimming	46 (35)
6	Cricket/kwick cricket	31 (20)	6	Netball/first step netball	24 (18)
7	Riding their bike	28 (29)	7	Riding their bike	23 (19)
8	Basketball	27 (24)	8	Football	21 (18)
9	Rugby/mini rugby	27 (15)	9	Tennis/short tennis/badminton	17 (10)
10	Judo, karate (club), boxing	23 (27)	10	Basketball	13 (10)

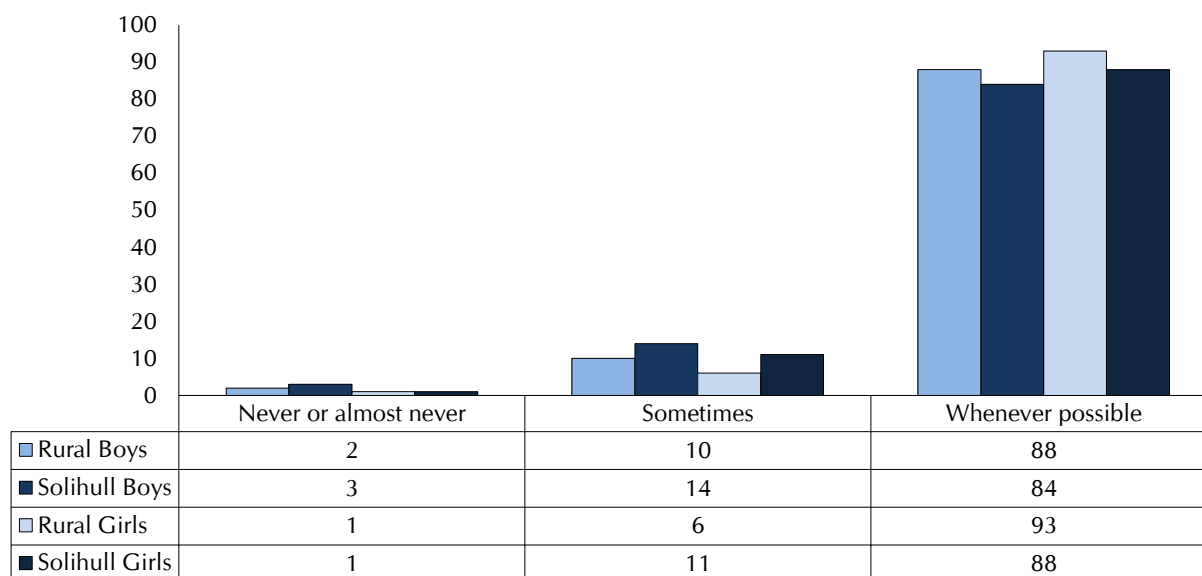
Health & Hygiene

77% (65%) of pupils responded that they washed their hands before lunch on the day before the survey, while 11% (15%) said they were 'not sure'.

Q28. Percentage answering that they washed their hands before lunch on the day before the survey.

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	74	80	63	67
Girls	75	78	64	65

Q29. Do you wash your hands after visiting the toilet?



91% (86%) of pupils responded that they wash their hands 'whenever possible' after visiting the toilet.

Q29. Percentage answering that they wash their hands 'whenever possible' after visiting the toilet.

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	77	94	79	88
Girls	93	93	84	91

2% (2%) of pupils responded that they 'never or almost never' wash their hands after visiting the toilet.

Q29. Percentage answering that they 'never or almost never' wash their hands after visiting the toilet.

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	4	1	3	2
Girls	2	0	2	1

Dental health

91% (82%) of pupils responded that they cleaned their teeth at least twice the day before the survey.

Q30. Percentage answering that they cleaned their teeth at least twice on the day before the survey.

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	83	94	79	82
Girls	95	90	84	85

0% (2%) of pupils responded that they did not clean their teeth at all on the day before the survey.

Q30. Percentage answering that they did not clean their teeth at all on the day before the survey.

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	1	0	4	1
Girls	0	1	2	1

87% (80%) of pupils responded that they had a check-up the last time they visited the dentist, while 14% (24%) said they had fillings.

Q31. Percentage of pupils responding that they received the following treatment on their last visit to the dentist (Solihull Primary data in brackets):

Boys			Girls		
1	Check-up	83 (75)	1	Check-up	90 (84)
2	Fillings	16 (25)	2	Fillings	12 (24)
3	Other	7 (6)	3	Other	6 (8)
4	Brace fitted or checked	4 (5)	4	Brace fitted or checked	3 (4)

Asthma

12% (12%) of pupils responded that they have asthma, while 9% (11%) said they 'don't know' if they do.

Q37. Percentage answering that they have asthma.

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	14	14	14	13
Girls	4	16	9	12

8% (8%) of pupils responded that they took medicine for asthma (pills, inhaler) in the 7 days before the survey.

Q38. Percentage answering that they took medicine for asthma (pills, inhaler) in the 7 days before the survey.

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	8	10	9	9
Girls	3	13	6	8

Internet Safety

76% (73%) of pupils responded that they use a computer/tablet unsupervised when their parents/carers aren't in the room.

Q32. Percentage answering that they use a computer/tablet unsupervised when their parents/carers aren't in the room.

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	80	79	68	80
Girls	69	77	64	77

87% (80%) of pupils responded that their parents/carers have rules about what they are allowed to do online.

Q32. Percentage answering that their parents/carers have rules about what they are allowed to do online.

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	86	87	73	78
Girls	88	88	83	87

92% (93%) of pupils responded that they have used the internet at home in the past week and 51% (57%) have used it at school.

Q33. Percentage of pupils responding that they have used the internet at the following places in the past week (Solihull Primary data in brackets):

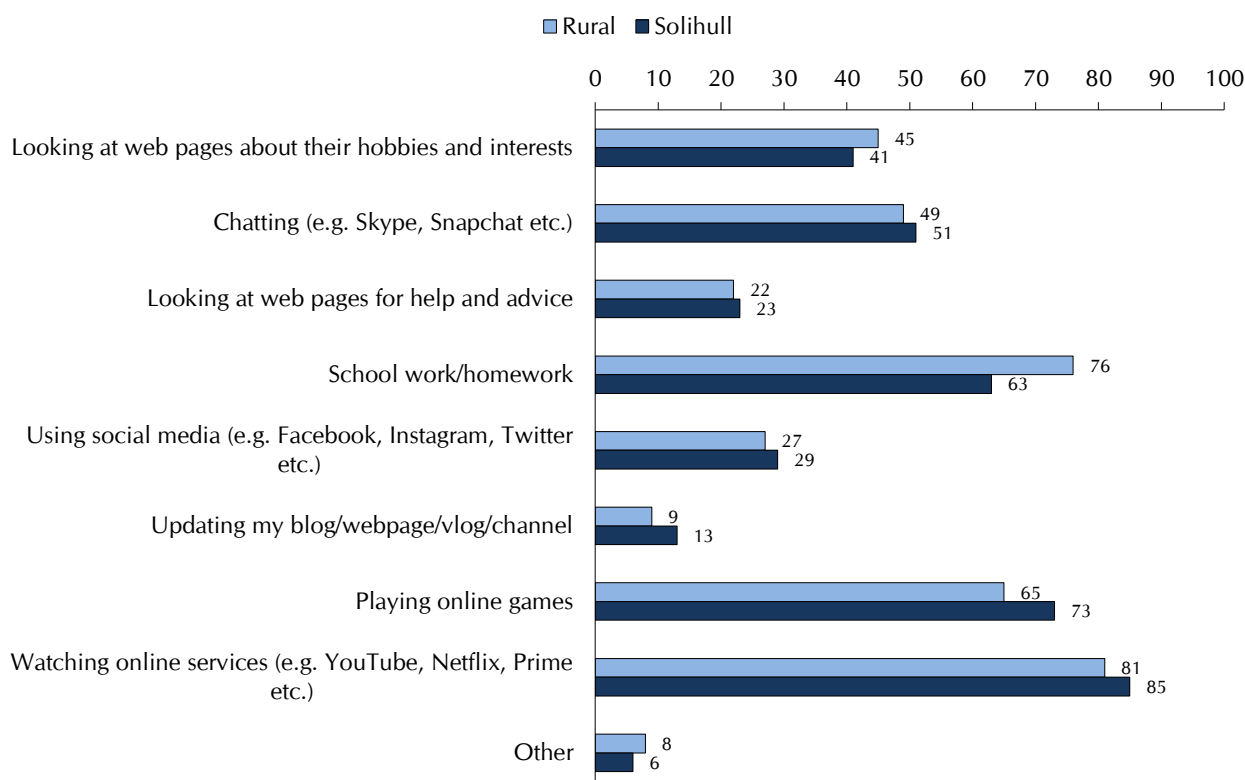
	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
At home	83 (90)	91 (89)	98 (97)	92 (96)	92 (93)
At school	55 (54)	49 (54)	54 (62)	47 (58)	51 (57)
Elsewhere	48 (46)	35 (39)	52 (55)	40 (47)	44 (47)

65% (73%) of pupils responded that they use the internet for playing online games, while 76% (63%) said they use it for school work/homework.

Q34. Percentage of pupils responding that they use the internet for the following (top 5 - Solihull Primary data in brackets):

Boys				Girls			
1	Watching online services (e.g. YouTube, Netflix, Prime etc.)	80	(86)	1	Watching online services (e.g. YouTube, Netflix, Prime etc.)	82	(83)
2	Playing online games	80	(83)	2	School work/homework	80	(69)
3	School work/homework	72	(58)	3	Chatting (e.g. Skype, Snapchat etc.)	52	(55)
4	Chatting (e.g. Skype, Snapchat etc.)	46	(46)	4	Playing online games	51	(63)
5	Looking at web pages about their hobbies and interests	43	(40)	5	Looking at web pages about their hobbies and interests	46	(42)

Q34. Percentage of pupils responding that they use the internet for the following:



13% (19%) of pupils responded that they chat online to people they have never met.

3% (5%) of pupils responded that they chat online to people they have never met and have received a message which scared them or made them upset.

89% (88%) of pupils responded that they have been told how to stay safe while chatting online.

Q35a. Percentage answering that they chat online to people they have never met.

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	18	19	24	26
Girls	8	7	12	12

Q35b. Percentage answering that they chat online to people they have never met and have received a message which scared or upset them.

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	4	4	6	5
Girls	6	1	5	3

Q36. Percentage answering that they have been told how to stay safe while chatting online.

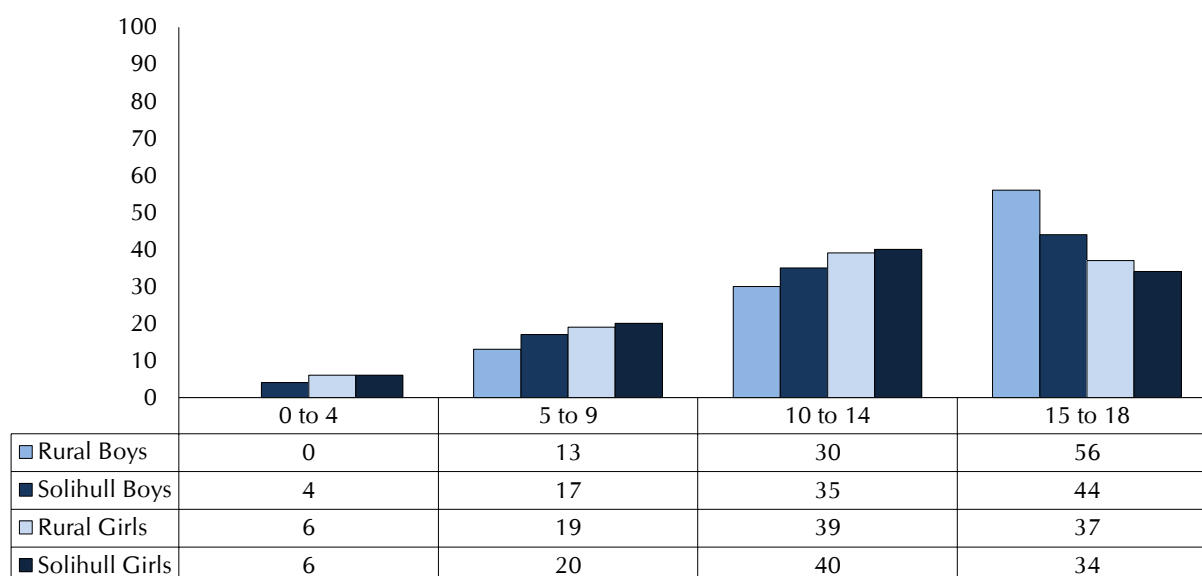
	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	84	93	82	90
Girls	84	91	84	95

Emotional Health and Wellbeing

Self-esteem

This measurement is derived from the responses to a set of ten statements taken from a standard self-esteem enquiry method developed by Denis Lawrence (Lawrence, 1981). The scale is based on social confidence and relationships with friends. Overall the levels of esteem compared with wider data are:

Q39. Composite self-esteem score:



Data from the 'Young People into...' series, reveal more girls than boys found at the lower end of the scale and more boys than girls at the higher end.

20% (23%) of pupils had a med-low self-esteem score (9 or less).

Q39. Percentage with a med-low self-esteem score (9 or less).

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	21	10	25	17
Girls	27	23	28	23

46% (39%) of pupils had a high self-esteem score (15 or more).

Q39. Percentage with a high self-esteem score (15 or more).

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	41	64	36	52
Girls	33	39	29	40

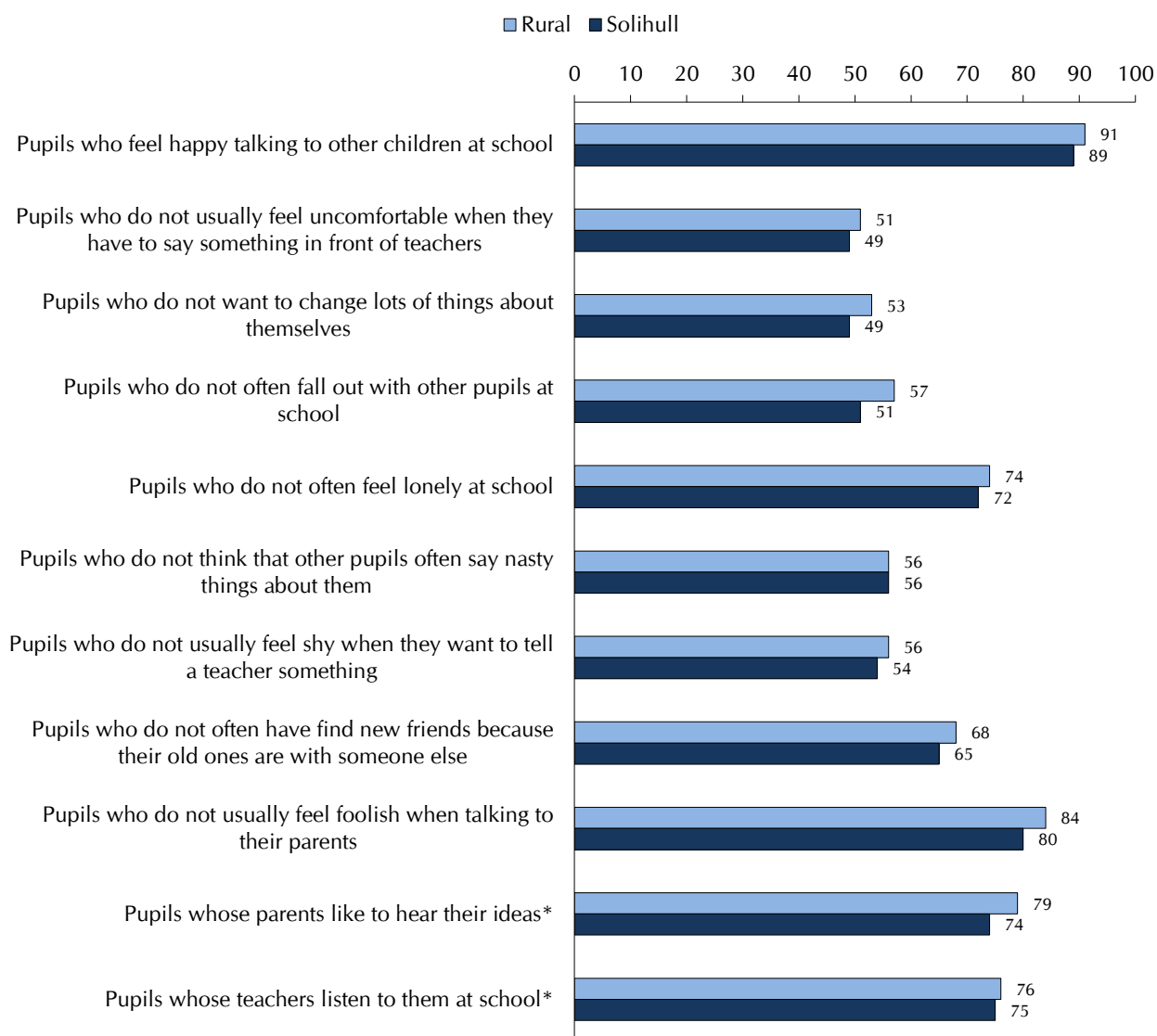
91 % (89%) of pupils responded that they feel happy talking to other children at school.

Q39. (Individual self-esteem items) Percentage in each group giving a high esteem response (Solihull Primary data in brackets):

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
Pupils who feel happy talking to other children at school	92 (88)	91 (88)	92 (91)	90 (90)	91 (89)
Pupils who do not usually feel uncomfortable when they have to say something in front of teachers	51 (46)	48 (46)	57 (57)	48 (46)	51 (49)
Pupils who do not want to change lots of things about themselves	45 (44)	48 (46)	65 (57)	48 (50)	53 (49)
Pupils who do not often fall out with other pupils at school	55 (47)	43 (41)	71 (62)	56 (54)	57 (51)
Pupils who do not often feel lonely at school	84 (70)	62 (63)	82 (80)	67 (72)	74 (72)
Pupils who do not think that other pupils often say nasty things about them	62 (57)	52 (54)	62 (60)	51 (50)	56 (56)
Pupils who do not usually feel shy when they want to tell a teacher something	54 (56)	49 (46)	76 (66)	42 (45)	56 (54)
Pupils who do not often have find new friends because their old ones are with someone else	67 (62)	56 (55)	83 (75)	64 (68)	68 (65)
Pupils who do not usually feel foolish when talking to their parents	82 (76)	78 (78)	92 (84)	84 (81)	84 (80)
Pupils whose parents like to hear their ideas*	75 (69)	71 (71)	83 (76)	84 (79)	79 (74)
Pupils whose teachers listen to them at school*	76 (73)	77 (75)	78 (77)	74 (76)	76 (75)

*N.B: These items were not used in the calculation of the composite self-esteem score.

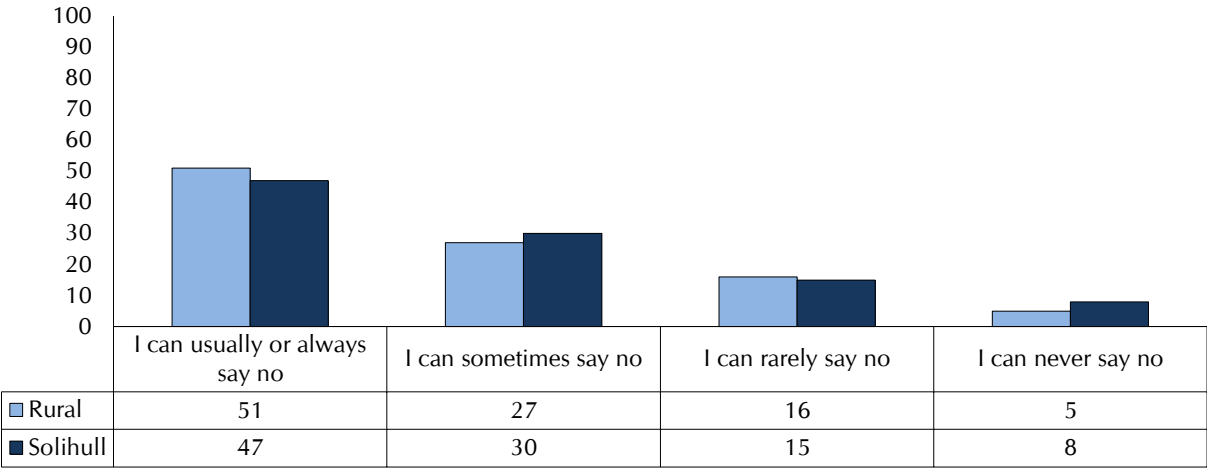
Q39. (Individual self-esteem items) Percentage in each group giving a high esteem response:



*N.B: These items were not used in the calculation of the composite self-esteem score.

Peer pressure

Q40. When a friend wants me to do something I don't want to do...:



51% (47%) of pupils responded that they can 'usually or always' say no when a friend wants them to do something they don't want to do.

Q40. Percentage answering that they can 'usually or always' say no when a friend wants them to do something they don't want to do.

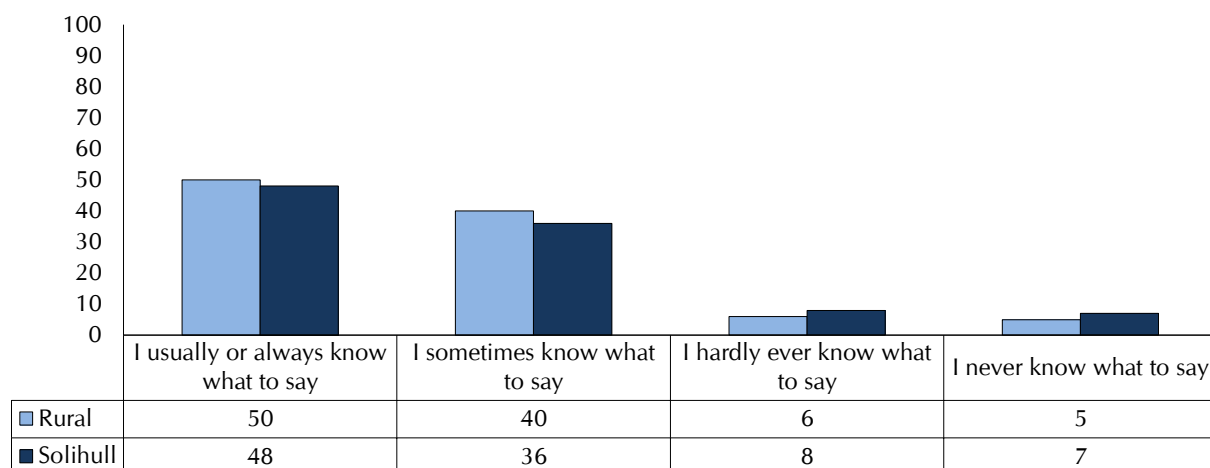
	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	49	58	42	58
Girls	36	58	36	54

21% (23%) of pupils responded that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.

Q40. Percentage answering that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	27	19	27	16
Girls	31	13	31	18

Q41. When I want a friend to do something...



50% (48%) of pupils responded that they 'usually or always' know what to say when they want a friend to do something.

Q41. Percentage answering that they 'usually or always' know what to say when they want a friend to do something.

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	53	61	50	54
Girls	36	47	41	46

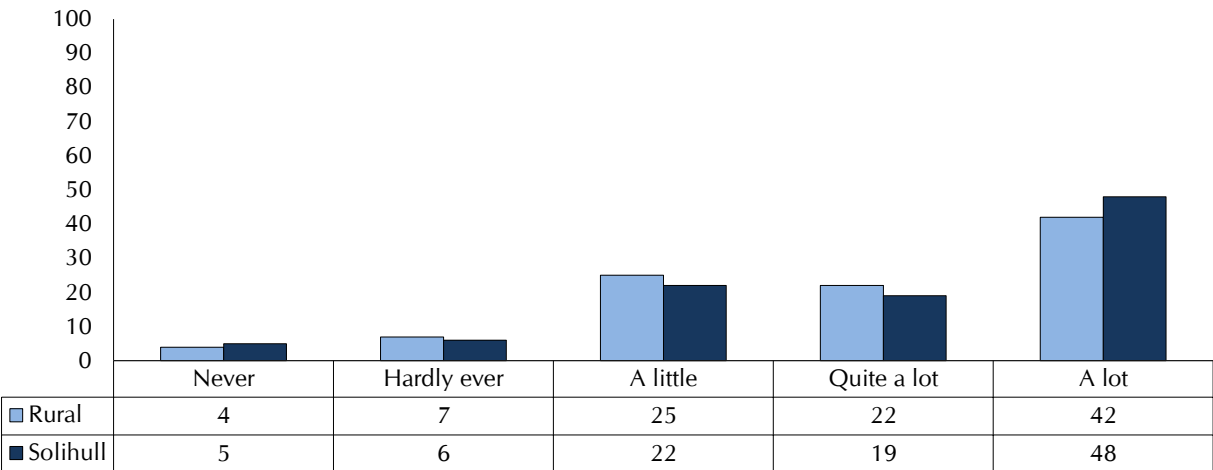
10% (16%) of pupils responded that they 'hardly ever' or 'never' know what to say when they want a friend to do something.

Q41. Percentage answering that they 'hardly ever' or 'never' know what to say when they want a friend to do something.

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	8	4	16	13
Girls	19	10	19	15

Worrying

Q60. Worrying summary: Percentage of pupils responding that they worry about at least one of the issues listed...:



Note: highest worry level recorded.

89% (89%) of pupils worry at least 'a little' about one or more of the issues listed, while 64% (67%) said they do so 'quite a lot' or 'a lot'.

Q60. Percentage answering that they worry 'quite a lot' or 'a lot' about one or more of the issues listed.

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	62	50	74	56
Girls	79	66	73	65

9% (13%) of boys and 12% (14%) of girls responded that they worry about at least 3 of the issues listed 'quite a lot' or 'a lot'; while 46% (35%) of boys and 28% (31%) of girls said that they don't worry about any of them.

Q60. Percentage answering that they worry about at least 3 of the issues listed 'quite a lot' or 'a lot'.

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	4	12	17	9
Girls	13	12	16	12

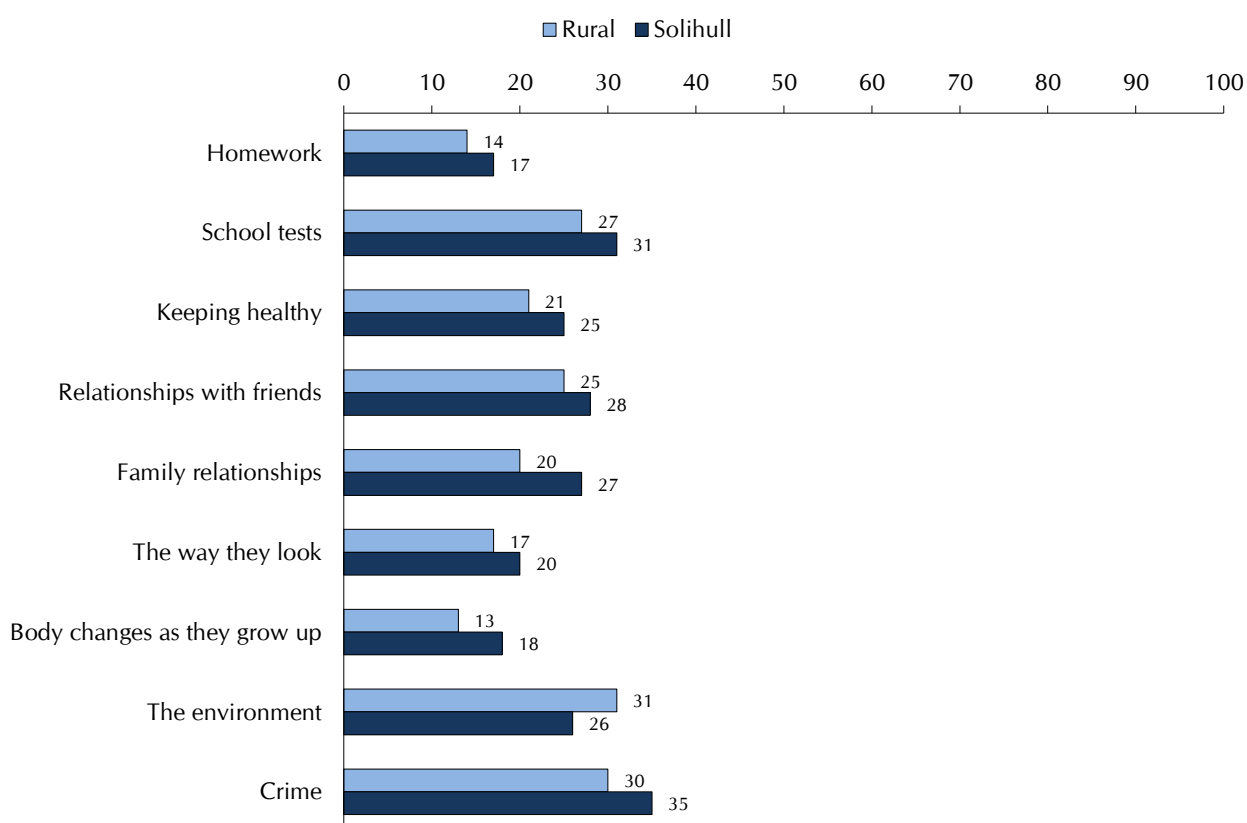
30% (35%) of pupils responded that they worry about crime 'quite a lot' or 'a lot', while 27% (31%) said they worry about school tests.

Q60. Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot' (Solihull Primary data in brackets):

Boys			Girls		
1	The environment	28 (27)	1	School tests	33 (36)
2	Crime	27 (36)	2	Crime	33 (35)
3	Family relationships	21 (27)	3	The environment	33 (25)
4	School tests	19 (27)	4	Relationships with friends	32 (31)
5	Keeping healthy	18 (25)	5	The way they look	25 (23)
6	Relationships with friends	17 (24)	6	Keeping healthy	23 (25)
7	Homework	14 (17)	7	Family relationships	18 (26)
8	Body changes as they grow up	9 (15)	8	Body changes as they grow up	16 (21)
9	The way they look	8 (17)	9	Homework	15 (16)

20% (27%) of pupils responded that they worry about family relationships 'quite a lot' or 'a lot'; 17% (20%) said they worry about the way they look.

Q60. Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot':



Problem Solving

In question 61 the young people were asked to whom they would turn to share a range of problems including 'Keep it to myself'. Whom they talk to may depend on what the problem is. The top five sources of support for each problem are as follows (Solihull Primary data in brackets):

Problem with school

Boys			Girls		
1	Mum/dad/carers	65 (66)	1	Mum/dad/carers	69 (64)
2	Adult in school	23 (17)	2	Adult in school	11 (17)
3	Friend	6 (6)	3	Friend	10 (8)
4	Keep it to myself	4 (9)	4	Keep it to myself	6 (7)
5	Brother or sister	2 (2)	5	Brother or sister	4 (3)

Family relationships

Boys			Girls		
1	Mum/dad/carers	71 (64)	1	Mum/dad/carers	62 (61)
2	Keep it to myself	9 (15)	2	Keep it to myself	12 (15)
3	Friend	7 (6)	3	Friend	12 (10)
4	Brother or sister	5 (7)	4	Brother or sister	9 (8)
5	Adult in school	5 (5)	5	Adult in school	3 (5)

Health worries

Boys			Girls		
1	Mum/dad/carers	86 (78)	1	Mum/dad/carers	83 (77)
2	Keep it to myself	10 (13)	2	Keep it to myself	9 (14)
3	Brother or sister	2 (3)	3	Friend	4 (4)
4	Other adult	1 (1)	4	Brother or sister	3 (3)
5	Friend	0 (3)	5	Other adult	1 (1)

Relationships with friends

Boys			Girls		
1	Mum/dad/carers	63 (55)	1	Mum/dad/carers	62 (55)
2	Adult in school	14 (11)	2	Friend	13 (15)
3	Keep it to myself	11 (16)	3	Adult in school	9 (12)
4	Friend	8 (13)	4	Keep it to myself	8 (11)
5	Brother or sister	4 (5)	5	Brother or sister	7 (6)

Bullying

Boys			Girls		
1	Mum/dad/carers	62 (62)	1	Mum/dad/carers	70 (66)
2	Adult in school	25 (20)	2	Adult in school	16 (18)
3	Keep it to myself	7 (10)	3	Keep it to myself	5 (8)
4	Friend	4 (3)	4	Brother or sister	5 (3)
5	Brother or sister	2 (3)	5	Friend	4 (5)

It is worth noting that 'keep it to myself' is not necessarily negative. For some pupils, it may mean that they feel they can deal with the problem without help.

Alcohol, Smoking, Drugs

Alcohol

10% (13%) of pupils responded that they have had an alcoholic drink at some point in their lives.

Q42. Percentage answering that they have had an alcoholic drink.

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	3	18	17	17
Girls	5	10	9	10

Of the 45 (568) pupils who have had an alcoholic drink, they were on average 8 (7) years old when they first tried alcohol.

Q43. Mean age of pupils when they first tried alcohol.

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	4	9	6	8
Girls	7	8	7	8

4% (3%) of Year 6 pupils responded that they had an alcoholic drink on at least one day in the 7 days before the survey; 1% (1%) said they drank alcohol on more than one day.

Q44 (Y6). Percentage of Year 6 pupils answering that they have had an alcoholic drink on at least one day in the 7 days before the survey.

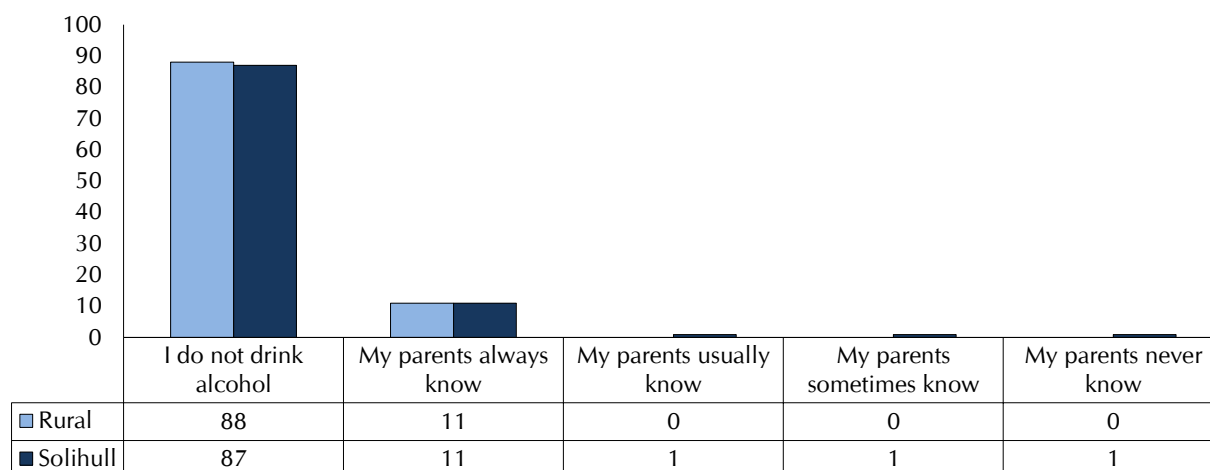
	Rural		Solihull	
	Yr 6		Yr 6	
Boys	4		3	
Girls	3		1	

1% (1%) of pupils responded that they drank beer or lager in the 7 days before the survey, while 0% (1%) drank spirits.

Q45. Percentage of pupils responding that they have drunk the following alcoholic drinks in the 7 days before the survey (Solihull Primary data in brackets):

Boys			Girls		
1	Beer or lager	2 (2)	1	Wine	1 (1)
2	Wine	1 (2)	2	Shandy (mixed)	0 (1)
3	Alcopops and pre-mixed spirits	1 (0)	3	Beer or lager	0 (1)
4	Shandy (mixed)	0 (2)	4		

Q46 (Y6). Year 6 only: Do your parents know if you drink alcohol?



88% (87%) of Year 6 pupils responded that they do not drink alcohol.

11% (11%) of Year 6 pupils responded that they do drink alcohol and their parents 'always' know, while 0% (1%) said their parents 'usually' know.

1% (2%) of Year 6 pupils responded that they drink alcohol and their parents 'never' or only 'sometimes' know.

12% (15%) of Year 4 pupils responded that they drink alcohol and their parents always know when they do, while 3% (4%) said their parents don't always know; 85% (81%) said they don't drink alcohol.

Q46 (Y6). Percentage of Year 6 pupils answering that they do not drink alcohol.

	Rural	Solihull
	Yr 6	Yr 6
Boys	86	85
Girls	90	90

Q46 (Y6). Percentage of Year 6 pupils answering that they drink alcohol and their parents 'always' know.

	Rural	Solihull
	Yr 6	Yr 6
Boys	13	13
Girls	10	9

Q46 (Y6). Percentage of Year 6 pupils answering that they drink alcohol and their parents 'never' or only 'sometimes' know.

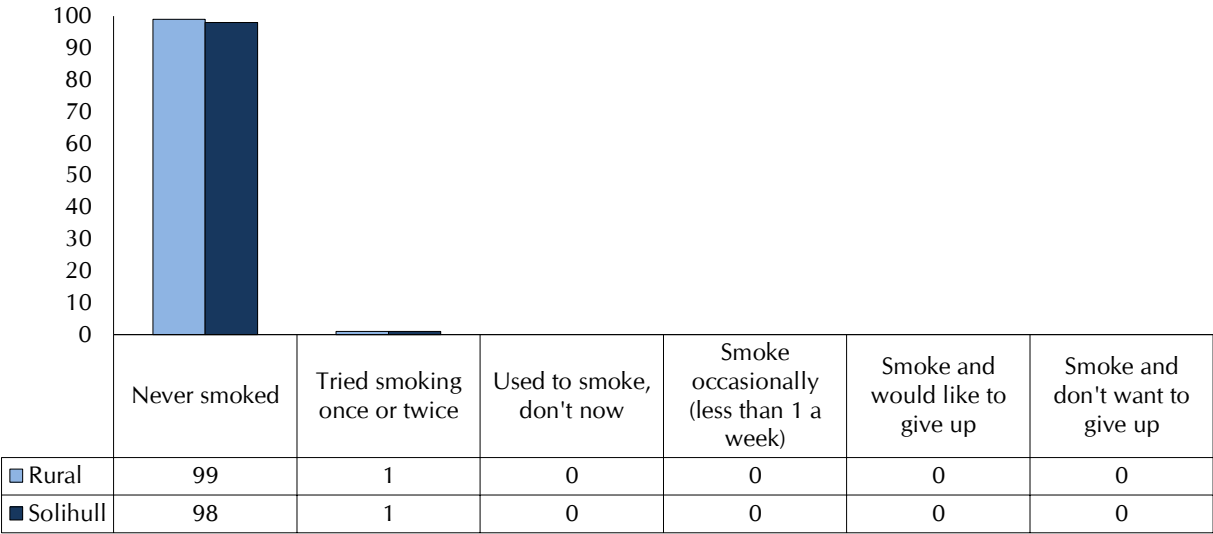
	Rural	Solihull
	Yr 6	Yr 6
Boys	1	2
Girls	1	1

Q46 (Y4). Percentage of Year 4 pupils answering that they drink alcohol and their parents don't always know.

	Rural	Solihull
	Yr 4	Yr 4
Boys	4	5
Girls	2	3

Smoking

Q47 (Y6). Year 6 only: Smoking: Which statement describes you best?



1% (2%) of Year 6 pupils said they have smoked in the past or smoke now.

Q47 (Y6). Percentage of Year 6 pupils answering that they have smoked in the past or smoke now.

	Rural		Solihull	
	Yr 6		Yr 6	
Boys	1		3	
Girls	0		1	

1% (1%) of Year 4 pupils responded that they have smoked a cigarette.

Q47 (Y4). Percentage of Year 4 pupils answering that they have smoked a cigarette.

	Rural		Solihull	
	Yr 4		Yr 4	
Boys	3		2	
Girls	0		0	

0% (0%) of pupils responded that they smoked in the week before the survey.

94% (91%) of pupils responded that they think they will not smoke when they are older.

0% (1%) of pupils responded that they think they will smoke when they are older, while 5% (7%) think they may smoke.

Q48. Percentage answering that they smoked in the week before the survey.

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	0	0	0	0
Girls	0	0	0	0

Q49. Percentage answering that they think they will not smoke when they are older.

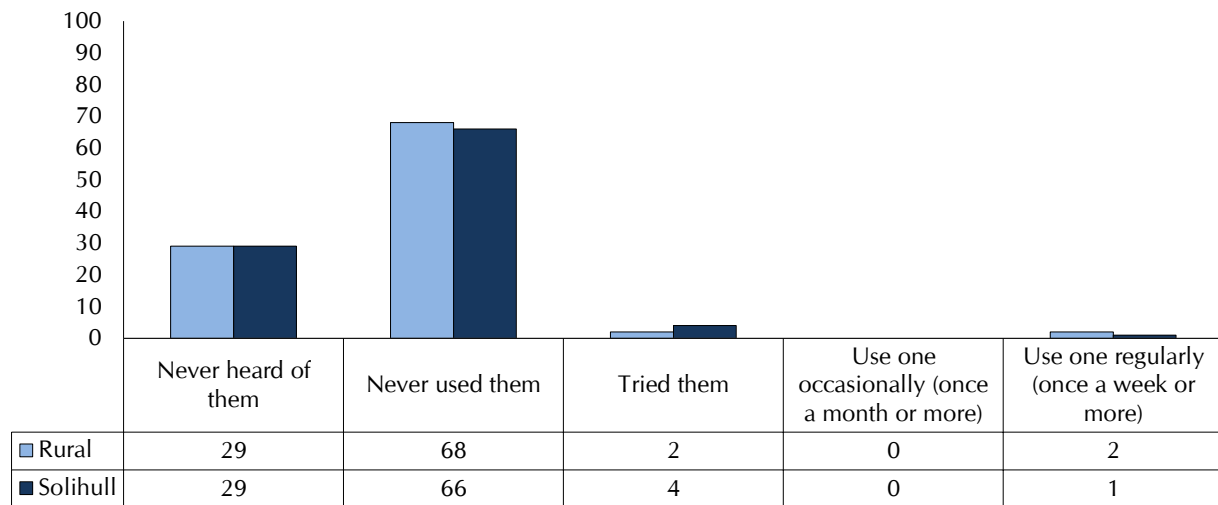
	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	88	96	89	90
Girls	96	94	93	95

Q49. Percentage answering that they think they will smoke when they are older.

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	0	1	2	2
Girls	0	0	1	0

E-cigarettes

Q50. E-cigarettes: What best describes your knowledge or use of electronic cigarettes, 'e-cigarettes'?



97% (95%) of pupils responded that they have either never heard of or never used electronic cigarettes/'e-cigarettes'.

Q50. Percentage answering that they have either never heard of or never used an electronic cigarettes/'e-cigarettes'.

		Rural		Solihull	
		Yr 4	Yr 6	Yr 4	Yr 6
Boys		89	99	91	95
Girls		98	99	96	98

2% (1%) of pupils responded that they have used an e-cigarette at least 'occasionally'.

Q50. Percentage answering that they have used an e-cigarette at least 'occasionally'.

		Rural		Solihull	
		Yr 4	Yr 6	Yr 4	Yr 6
Boys		7	1	3	1
Girls		1	0	1	0

Drugs

68% (63%) of pupils responded that their parents have talked with them about drugs (including medicines), while 50% (48%) said their teachers have talked with them in school lessons and 21% (21%) said their friends have.

Q56. Percentage of pupils responding that the following people have talked with them about drugs (including medicines – Solihull Primary data in brackets):

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
Parents	64 (58)	57 (54)	74 (70)	73 (70)	68 (63)
Teachers, in school lessons	16 (34)	9 (27)	70 (65)	81 (67)	50 (48)
School nurse	7 (9)	5 (7)	12 (11)	11 (9)	9 (9)
Visitors in school lessons	8 (8)	5 (5)	16 (13)	17 (14)	12 (10)
Friends	22 (18)	7 (13)	24 (28)	27 (26)	21 (21)
Brothers or sisters	14 (21)	13 (16)	22 (20)	18 (19)	17 (19)
Other close relatives	24 (21)	12 (16)	19 (21)	20 (21)	19 (20)

53% (51%) of pupils responded that either their teachers, the school nurse or visitors in school lessons have talked with them about drugs (incl. medicines).

Q56. Percentage answering that either their teachers, the school nurse or visitors in school lessons have talked with them about drugs (incl. medicines).

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	20	71	38	67
Girls	17	83	30	69

9% (14%) of pupils responded that they are 'fairly sure' or 'certain' that they know someone who uses drugs (not as medicines).

Q57. Percentage answering that they are 'fairly sure' or 'certain' that they know someone who uses drugs (not as medicines).

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	12	10	15	16
Girls	6	7	11	12

1% (2%) of Year 6 pupils responded that they have been offered cannabis. 3% (4%) said they 'don't know' if they have.

Q58 (Y6). Percentage of Year 6 pupils answering that they have been offered cannabis.

	Rural		Solihull	
	Yr 6		Yr 6	
Boys	2		2	
Girls	0		1	

1% (1%) of Year 6 pupils responded that they have been offered other drugs (not cannabis or medicines), while 1% (3%) said they 'don't know' if they have.

Q59 (Y6). Percentage of Year 6 pupils answering that they have been offered other drugs (not cannabis or medicines).

	Rural		Solihull	
	Yr 6		Yr 6	
Boys	2		2	
Girls	0		1	

Growing up

78% (76%) of pupils responded that their parents have talked with them about how their body changes as they grow up, while 64% (60%) said their teachers have talked with them in school lessons and 31% (32%) said their friends have.

Q51a. Percentage of pupils responding that the following people have talked with them about how their body changes as they grow up (Solihull Primary data in brackets):

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
Parents	81 (70)	70 (72)	76 (76)	87 (90)	78 (76)
Teachers, in school lessons	45 (43)	28 (42)	79 (73)	89 (82)	64 (60)
School nurse	9 (13)	8 (9)	8 (11)	8 (9)	8 (10)
Visitors in school lessons	14 (14)	8 (9)	13 (17)	10 (12)	11 (13)
Friends	30 (31)	22 (24)	29 (31)	43 (43)	31 (32)
Brothers or sisters	34 (36)	33 (31)	31 (26)	27 (28)	31 (30)
Other close relatives	39 (30)	27 (25)	24 (26)	28 (36)	28 (29)

67% (64%) of pupils responded that either their teachers, the school nurse or visitors in school lessons have talked with them about how their body changes as they grow up.

Q51a. Percentage answering that either their teachers, the school nurse or visitors in school lessons have talked with them about how their body changes as they grow up.

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	49	81	50	75
Girls	34	90	48	83

68% (62%) of pupils responded that they feel they know enough about how their body changes as they get older, while 7% (10%) feel they don't know enough.

Q51b. Percentage answering that they feel they know enough about how their body changes as they get older.

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	64	80	54	75
Girls	46	74	45	71

81% (75%) of pupils responded that their parents have talked with them about how their feelings/emotions change as they grow up, while 56% (50%) said their teachers have talked with them in school lessons and 32% (32%) said their friends have.

Q52. Percentage of pupils responding that the following people have talked with them about how their feelings/emotions change as they grow up (Solihull Primary data in brackets):

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
Parents	86 (71)	69 (69)	82 (77)	87 (86)	81 (75)
Teachers, in school lessons	47 (37)	38 (39)	62 (58)	70 (66)	56 (50)
School nurse	6 (10)	5 (6)	5 (8)	7 (6)	6 (8)
Visitors in school lessons	14 (11)	5 (8)	10 (13)	9 (10)	9 (11)
Friends	31 (31)	32 (29)	24 (28)	39 (39)	32 (32)
Brothers or sisters	29 (31)	32 (30)	33 (25)	27 (27)	30 (28)
Other close relatives	30 (28)	29 (25)	28 (25)	21 (29)	26 (26)

58% (53%) of pupils responded that either their teachers, the school nurse or visitors in school lessons have talked with them about how their feelings/emotions change as they grow up.

Q52. Percentage answering that either their teachers, the school nurse or visitors in school lessons have talked with them about how their feelings/emotions change as they grow up.

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	53	63	42	60
Girls	41	70	42	68

Periods

7% (13%) of Year 6 girls responded that they have started their periods, while 11% (11%) said they 'don't know' if they have.

Q53 (Y6). Percentage of Year 6 girls answering that they have started their periods.

	Rural	Solihull
	Yr 6	Yr 6
Girls	7	13

HIV

19% (23%) of pupils responded that they know about AIDS (or HIV).

Q54. Percentage answering that they know about AIDS (or HIV).

	Rural		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	15	27	19	38
Girls	5	24	11	22

11% (13%) of pupils responded that their parents have talked with them about AIDS (or HIV), while 5% (6%) said their teachers have talked with them in school lessons.

Q55. Percentage of pupils responding that the following people have talked with them about AIDS (or HIV) (Solihull Primary data in brackets):

Boys				Girls			
1	Parents	15	(16)	1	Parents	7	(10)
2	Teachers, in school lessons	8	(8)	2	Brothers or sisters	3	(5)
3	Brothers or sisters	7	(7)	3	Other close relatives	3	(4)
4	Friends	5	(7)	4	Teachers, in school lessons	2	(5)
5	Other close relatives	4	(6)	5	Friends	2	(4)
6	Visitors in school lessons	4	(3)	6	Visitors in school lessons	2	(2)
7	School nurse	3	(4)	7	School nurse	1	(2)

LIST OF TABLES

QD. Percentage who described themselves as White English.	21
Q1a. How many brothers do you have?	21
Q1a. Percentage answering that they have at least one brother.....	21
Q1b. How many sisters do you have?	22
Q1b. Percentage answering that they have at least one sister.....	22
Q2. How many brothers and sister are older than you?	22
Q2. Percentage answering that they have at least one older brother or sister.....	22
Q3. Percentage of pupils responding 'yes' to the following statements (Solihull Primary data in brackets):	23
Q60. Percentage of pupils responding 'yes' to the following statements:	23
Q4. Weight: Which statement describes you best?	24
Q4. Percentage answering that they would like to put on weight.....	24
Q4. Percentage answering that they would like to lose weight.	24
Q4. Percentage answering that they are happy with their weight as it is.	24
Q6. Percentage of pupils responding that they had the following types of breakfast on the day of the survey:	25
Q6. Percentage answering that they didn't have anything to eat or drink before lessons this morning.	25
Q6. Percentage answering that they had only a drink for breakfast before lessons this morning.....	25
Q6. Percentage of pupils responding that they had the following to eat or drink for breakfast on the day of the survey (top 5 – Solihull Primary data in brackets):.....	26
Q6. Percentage of pupils responding that they had the following to eat or drink for breakfast on the day of the survey:.....	26
Q5. Percentage of pupils responding that they had something to eat or drink at the following places for breakfast on the day of the survey (Solihull Primary data in brackets):	26
Q7. How many portions of fruit and vegetables did you eat yesterday?	27
Q7. Percentage answering that they didn't eat any portions of fruit or vegetables on the day before the survey.	27
Q7. Percentage answering that they ate at least 5 portions of fruit and vegetables on the day before the survey.	27
Q8. Percentage of pupils responding that they eat or drink the following 'on most days' (Solihull Primary data in brackets):.....	28
Q8. Percentage of pupils responding that they 'rarely or never' eat or drink the following (Solihull Primary data in brackets):	29
Q26. How much water did you drink yesterday?	30
Q26. Percentage answering that they didn't drink any water on the day before the survey.	30
Q26. Percentage answering that they drank at least 'about a litre' of water on the day before the survey.	30
Q27a. Percentage answering that they can get water at school.	30
Q27b. Percentage of pupils responding that they can get water from the following at school (Solihull Primary data in brackets):.....	30
Q9. Percentage of pupils responding that they spent their own money on the following during the 7 days before the survey (top 10 – Solihull Primary data in brackets):	31
Q9. Percentage of pupils responding that they spent their own money on the following during the 7 days before the survey:	31
Q10. Do you ever feel afraid of going to school because of bullying?.....	32
Q10. Percentage answering that they at least 'sometimes' feel afraid of going to school because of bullying.	32
Q10. Percentage answering that they 'often' or 'very often' feel afraid of going to school because of bullying.	32
Q11. Percentage answering that they have been bullied at or near school in the last 12 months.	32
Q12. Negative behaviour summary: Percentage of pupils responding that they experienced at least one of the negative behaviours listed in the month before the survey...:	33
Q12. Percentage answering that they experienced one or more of the negative behaviours listed at least a 'few times' in the month before the survey.	33
Q12. Percentage of pupils responding that they have experienced the following at least a 'few times' in the month before the survey (top 10 – Solihull Primary data in brackets):	33
Q12. Percentage of pupils responding that they have experienced the following at least a 'few times' in the month before the survey:	34
Q13. Percentage of pupils responding that they have experienced negative behaviour listed at the following places in the last month (top 5 – Solihull Primary data in brackets):	34
Q14. Percentage of pupils responding that they think they have been 'picked on' or bullied for the following reasons:	35

Q15. Percentage answering that they think their school takes bullying seriously.	35
Q16. Percentage answering that they think others may feel frightened of going to school because of them.	35
Q17a. During school playtimes (including dinner times), do you feel happy?	36
Q17a. Percentage answering that they 'never/hardly ever' feel happy during school playtimes.	36
Q17a. Percentage answering that they 'often' feel happy during school playtimes.	36
Q17b. During school playtimes (including dinner times), do you feel safe?	37
Q17b. Percentage answering that they 'never/hardly ever' feel safe during school playtimes.	37
Q17b. Percentage answering that they 'often' feel safe during school playtimes.	37
Q18. Percentage of pupils responding that they do the following at least 'sometimes' during school playtimes (top 5 – Solihull Primary data in brackets):	37
Q19. Percentage of pupils responding that they spent time doing the following after school on the day before the survey (top 10 – Solihull Primary data in brackets):	38
Q19. Percentage of pupils responding that they spent time doing the following after school on the day before the survey:..	38
Q20. How fit do you think you are?.....	39
Q20. Percentage answering that they think they are 'unfit' or 'very unfit'.....	39
Q20. Percentage answering that they think they are 'fit' or 'very fit'.	39
Q21. How much do you enjoy physical activities?	40
Q21. Percentage answering that they don't enjoy physical activities at all.	40
Q21. Percentage answering that they enjoy physical activities 'quite a lot' or 'a lot'.	40
Q22. On how many days in the last week have you been physically active for an hour or more?	41
Q22. Percentage answering that they were not physically active for an hour or more at all in the week before the survey. ..	41
Q22. Percentage answering that they were physically active for an hour or more on at least three days in the week before the survey.	41
Q23. How much physical activity have you been involved in during school time in the last 7 days?.....	42
Q23. Percentage answering that they have not been involved in any physical activity during school time in the 7 days before the survey.	42
Q23. Percentage answering that they have been involved in more than 1½ hours of physical activity during school time in the 7 days before the survey.	42
Q24. How did you get to school today?.....	43
Q24. Percentage answering that they travelled to school by car/van on the day of the survey.	43
Q24. Percentage answering that they walked/scooter to school on the day of the survey.....	43
Q25. Physical activity summary: Percentage of pupils responding that they play or do at least one of the physical activities listed...:	44
Q25. Percentage answering that they play or do one or more of the physical activities listed at least 'once a week'.	44
Q25. Percentage of pupils responding that they play or do the following physical activities at least 'once a week' (top 10 – Solihull Primary data in brackets):	44
Q28. Percentage answering that they washed their hands before lunch on the day before the survey.	45
Q29. Do you wash your hands after visiting the toilet?.....	45
Q29. Percentage answering that they wash their hands 'whenever possible' after visiting the toilet.	45
Q29. Percentage answering that they 'never or almost never' wash their hands after visiting the toilet.	45
Q30. Percentage answering that they cleaned their teeth at least twice on the day before the survey.	46
Q30. Percentage answering that they did not clean their teeth at all on the day before the survey.	46
Q31. Percentage of pupils responding that they received the following treatment on their last visit to the dentist (Solihull Primary data in brackets):	46
Q37. Percentage answering that they have asthma.	46
Q38. Percentage answering that they took medicine for asthma (pills, inhaler) in the 7 days before the survey.....	46
Q32. Percentage answering that they use a computer/tablet unsupervised when their parents/carers aren't in the room.	47
Q32. Percentage answering that their parents/carers have rules about what they are allowed to do online.	47
Q33. Percentage of pupils responding that they have used the internet at the following places in the past week (Solihull Primary data in brackets):	47
Q34. Percentage of pupils responding that they use the internet for the following (top 5 - Solihull Primary data in brackets):	47
Q34. Percentage of pupils responding that they use the internet for the following:	48
Q35a. Percentage answering that they chat online to people they have never met.....	48

Q35b. Percentage answering that they chat online to people they have never met and have received a message which scared or upset them.	48
Q36. Percentage answering that they have been told how to stay safe while chatting online.	48
Q39. Composite self-esteem score:	49
Q39. Percentage with a med-low self-esteem score (9 or less).	49
Q39. Percentage with a high self-esteem score (15 or more).	49
Q39. (Individual self-esteem items) Percentage in each group giving a high esteem response (Solihull Primary data in brackets):.....	50
Q39. (Individual self-esteem items) Percentage in each group giving a high esteem response:.....	51
Q40. When a friend wants me to do something I don't want to do...:.....	52
Q40. Percentage answering that they can 'usually or always' say no when a friend wants them to do something they don't want to do.	52
Q40. Percentage answering that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.	52
Q41. When I want a friend to do something...:	53
Q41. Percentage answering that they 'usually or always' know what to say when they want a friend to do something.	53
Q41. Percentage answering that they 'hardly ever' or 'never' know what to say when they want a friend to do something. .	53
Q60. Worrying summary: Percentage of pupils responding that they worry about at least one of the issues listed...:	54
Q60. Percentage answering that they worry 'quite a lot' or 'a lot' about one or more of the issues listed.	54
Q60. Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot' (Solihull Primary data in brackets):.....	55
Q60. Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot':	55
Problem with school.....	56
Family relationships.....	56
Health worries.....	56
Relationships with friends.....	56
Bullying	56
Q42. Percentage answering that they have had an alcoholic drink.	57
Q43. Mean age of pupils when they first tried alcohol.	57
Q44 (Y6). Percentage of Year 6 pupils answering that they have had an alcoholic drink on at least one day in the 7 days before the survey.	57
Q45. Percentage of pupils responding that they have drunk the following alcoholic drinks in the 7 days before the survey (Solihull Primary data in brackets):.....	57
Q46 (Y6). Year 6 only: Do your parents know if you drink alcohol?	58
Q46 (Y6). Percentage of Year 6 pupils answering that they do not drink alcohol.	58
Q46 (Y6). Percentage of Year 6 pupils answering that they drink alcohol and their parents 'always' know.	58
Q46 (Y6). Percentage of Year 6 pupils answering that they drink alcohol and their parents 'never' or only 'sometimes' know.	58
Q46 (Y4). Percentage of Year 4 pupils answering that they drink alcohol and their parents don't always know.	58
Q47 (Y6). Year 6 only: Smoking: Which statement describes you best?	59
Q47 (Y6). Percentage of Year 6 pupils answering that they have smoked in the past or smoke now.	59
Q47 (Y4). Percentage of Year 4 pupils answering that they have smoked a cigarette.	59
Q48. Percentage answering that they smoked in the week before the survey.	60
Q49. Percentage answering that they think they will not smoke when they are older.....	60
Q49. Percentage answering that they think they will smoke when they are older.....	60
Q50. E-cigarettes: What best describes your knowledge or use of electronic cigarettes, 'e-cigarettes'?	61
Q50. Percentage answering that they have either never heard of or never used an electronic cigarettes/'e-cigarettes'	61
Q50. Percentage answering that they have used an e-cigarette at least 'occasionally'.....	61
Q56. Percentage of pupils responding that the following people have talked with them about drugs (including medicines – Solihull Primary data in brackets):.....	62
Q56. Percentage answering that either their teachers, the school nurse or visitors in school lessons have talked with them about drugs (incl. medicines).	62
Q57. Percentage answering that they are 'fairly sure' or 'certain' that they know someone who uses drugs (not as medicines).	62

Q58 (Y6). Percentage of Year 6 pupils answering that they have been offered cannabis.	62
Q59 (Y6). Percentage of Year 6 pupils answering that they have been offered other drugs (not cannabis or medicines).	62
Q51a. Percentage of pupils responding that the following people have talked with them about how their body changes as they grow up (Solihull Primary data in brackets):.....	63
Q51a. Percentage answering that either their teachers, the school nurse or visitors in school lessons have talked with them about how their body changes as they grow up.....	63
Q51b. Percentage answering that they feel they know enough about how their body changes as they get older.	63
Q52. Percentage of pupils responding that the following people have talked with them about how their feelings/emotions change as they grow up (Solihull Primary data in brackets):.....	63
Q52. Percentage answering that either their teachers, the school nurse or visitors in school lessons have talked with them about how their feelings/emotions change as they grow up.	64
Q53 (Y6). Percentage of Year 6 girls answering that they have started their periods.	64
Q54. Percentage answering that they know about AIDS (or HIV).....	64
Q55. Percentage of pupils responding that the following people have talked with them about AIDS (or HIV) (Solihull Primary data in brackets):	64



This is not the end of your Health Related Behaviour Survey!

Ask us about...

- ... Getting your data into your computers**
- ... Turning your data into graphs and pie charts**
- ... Your data and Healthy Schools**
- ... Free resources about young people's health-related
behaviour: www.sheu.org.uk/node/366**

***We may also be able to introduce you to health and
education contacts, with money and resources, within your
local community***