

The Solihull Children and Young People's Health and Wellbeing Survey 2018

**A report for
Mosaic Collaborative
Year 2**

The Schools Health Education Unit

www.sheu.org.uk

SHEU

School Survey Report 2018

Mosaic Collaborative compared with Solihull Primary

Produced by the
Schools Health Education Unit

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The support service we offer benefits from the continuous use and development of our materials, and feedback from users. Therefore, if you wish to make any contribution based on your own use of the survey service, we would be delighted to hear from you.

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Foreword

The Schools Health Education Unit (SHEU) is pleased to be able to produce your Report, which contains detailed information about the health beliefs and behaviour of your pupils.

The report compares the data collected from your pupils with those from a larger, wider sample.

SHEU is sure that you, your colleagues, and your pupils will also find the information contained within this report to be of value in helping you to gauge some of the most important factors that affect the lives of our young people both now and in the future.

SHEU hope that your pupils found the experience of completing the questionnaire interesting and thought provoking.

Finally, SHEU would like to take this opportunity to thank you for your support and co-operation in agreeing to participate in this valuable research initiative.



Angela Balding

Survey Manager
Schools Health Education Unit



Dr. David Regis

Research Manager
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Introduction

The Health-Related Behaviour Survey, developed by the Schools Health Education Unit, is designed for young people of primary and secondary school age. The surveys have been developed over 30 years by health and education professionals, and over a million school children have taken part. In the last ten years, over four thousand schools and colleges have participated. Data arising from the survey can be used to inform planning decisions as well as being used in the classroom as the stimulus for discussion with young people.

This report should ideally be studied with reference to the original questionnaire and the survey results tables. The first is recommended because we may have paraphrased a question below for reasons of space, and the precise wording and position may be important for interpretation.

Preceding this report you should have received **The Survey Results Tables** (or online results), which contain more information than can be summarised here. You may want to refer to this if you want to look in more detail at the results of a particular question. The Survey Results Tables show the number of responses received for each question, which may be less than the total sample. Also in the Results Tables we show the results of each response for multiple-choice questions, whereas in this report answers may be selective or grouped.

A school's results are confidential and will not be shared with other organisations without the express permission of the school.

Additional services (graphs and discs) are available; please contact SHEU. In particular, we have designed a set of INSET workshops around different examples of using the questionnaire data. If you would like further details of these or have any comments on this report please contact us at the address on the front of the report.

If you would like further details about Government policy background, we have created an overview which can be downloaded from our website at: <http://sheu.org.uk/content/page/appendix>.

Comparison figures

In this report the data gathered from this survey have been compared with a larger sample from your area. For example, if your school is in Exeter then the wider data might be Devon. This enables you to compare your results with others in the area and also go to the SHEU annual reports (summaries available at www.sheu.org.uk/publications) to find out about the UK statistics and trends.

If the figures in your survey have been compared with results from a reference sample, the reference figures are normally given second, and often in parentheses.

15% (20%) of the sample...

Your survey (Reference sample)

	Your survey		Reference Sample	
	Year 8	Year 10	Year 8	Year 10
Boys	10	20	30	40
Girls	80	70	60	50

Favourite fruits			
1	Apples	70	(60)
2	Oranges	60	(50)
3	Bananas	50	(40)

Your survey (Reference sample)

The sample

This survey involved pupils from the following years. The numbers in each group are shown below.

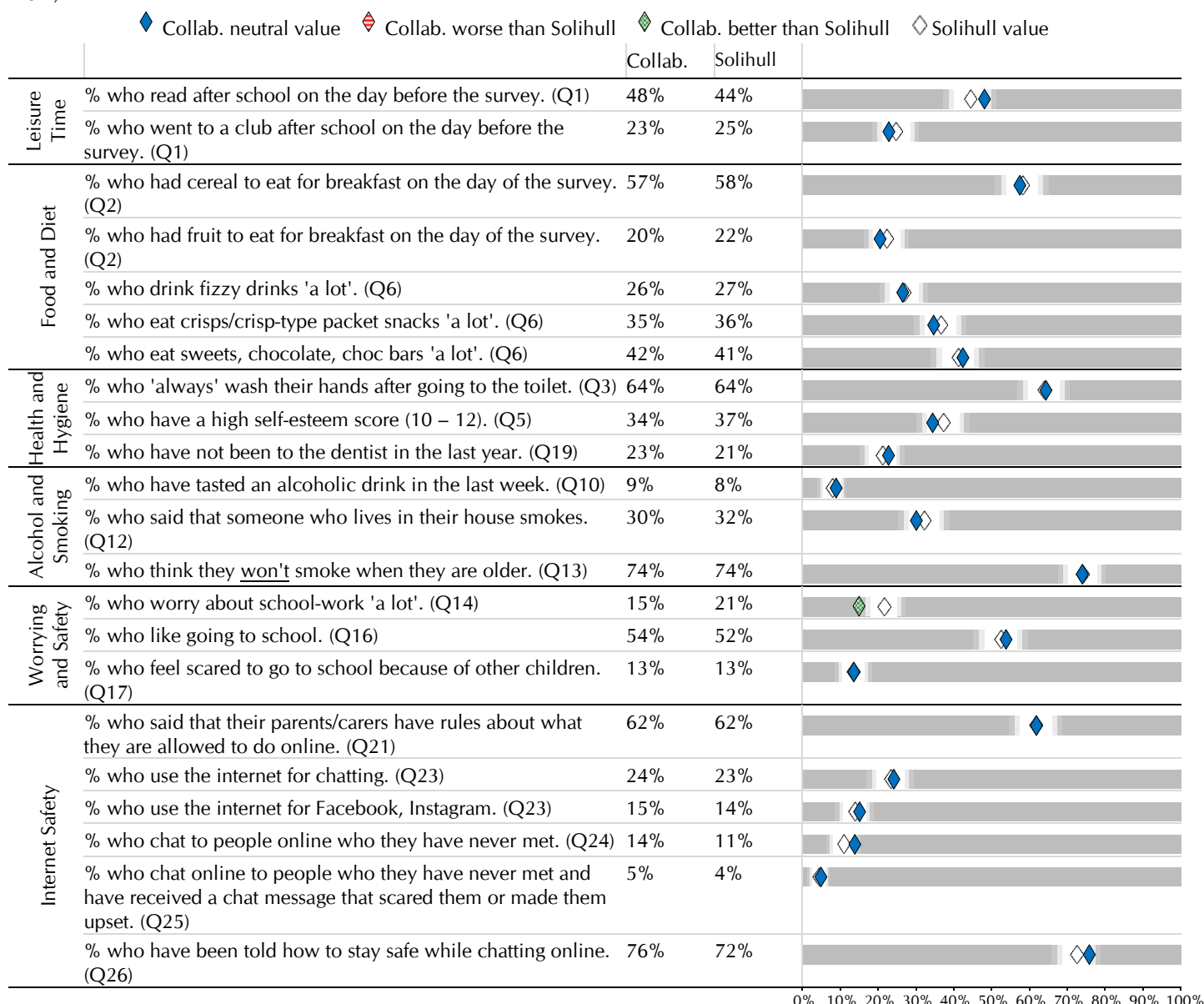
	Mosaic	Solihull
	Yr 2	Yr 2
Boys	214	1232
Girls	257	1177

If the sample you sent to Exeter for analysis was small, then it may have been aggregated by sex or year, or merged with a sample from another school or schools. This is done so that the figures are not too influenced by the behaviour of any one individual, and to ensure that the anonymity of the respondents is not compromised. If you would like to discuss this in more detail, please contact the Unit directly.

Spine Charts

Key Findings

In the chart below a coloured diamond represents Mosaic Collaborative's result, while the hollow diamond represents the figure for Solihull Primary. The distance between the diamonds indicates the size of the difference between the percentages – the greater the gap, the larger the difference. The colour of the diamond reflects whether a difference is statistically significant and if the difference is positive (green/white spots), negative (red/white stripes) or if it is not statistically significant (blue). The white space is an indication of how spread out the scores are for Solihull Primary pupils (\pm one Standard Deviation, the paler grey is the next SD).



Your School compared with Solihull Headlines

	Mosaic	Solihull
	Yr 2	Yr 2
Boys	214	1232
Girls	257	1177

Solihull Primary data in brackets; see notes on interpreting differences.

Home and School

HOME LIFE

- ❑ 59% (61%) of pupils responded that they have at least one brother, while 19% (20%) said they have more than one.
- ❑ 60% (61%) of pupils responded that they have at least one sister, while 18% (17%) said they have more than one.
- ❑ 63% (62%) of pupils responded that they have at least one older brother or sister, while 28% (28%) said they have more than one.

ETHNICITY

- ❑ 72% (78%) of pupils responded that they are White (UK or European).

LEISURE TIME

- ❑ 62% (63%) of pupils responded that they watched TV after school on the day before the survey, while 48% (49%) said they played at home.

Food and Diet

BREAKFAST

- ❑ 1% (1%) of pupils responded that they didn't have anything to eat or drink for breakfast on the day of the survey, while 15% (17%) said they had a cooked breakfast.
- ❑ 2% (2%) of pupils responded that they had at most a drink for breakfast on the day of the survey.
- ❑ 57% (58%) of pupils responded that they had cereal to eat for breakfast on the day of the survey, while 32% (36%) said they had toast or bread.

FOOD

- ❑ 43% (44%) of pupils responded that they eat vegetables 'a lot'; 58% (58%) said the same of fresh fruit.
- ❑ 17% (18%) of pupils responded that they 'never' eat any fish/fish fingers.

Health and Hygiene

HYGIENE

- ❑ 3% (5%) of pupils responded that they 'never' wash their hands after going to the toilet, while 33% (31%) said they do so only 'sometimes'.
- ❑ 64% (64%) of pupils responded that they 'always' wash their hands after going to the toilet.

ASTHMA

- ❑ 10% (10%) of pupils responded that they have asthma, while 14% (14%) said they 'don't know' if they do.

MENTAL AND EMOTIONAL HEALTH

- ❑ 61% (64%) of pupils responded that they mostly feel happy and 72% (69%) said they usually feel safe.
- ❑ 34% (37%) of pupils have a high self-esteem score (10 – 12), while 2% (2%) have a low self-esteem score (0 – 3).

DENTAL HEALTH

- ❑ 5% (5%) of pupils responded that they didn't clean their teeth at all on the day before the survey.
- ❑ 67% (72%) of pupils responded that they cleaned their teeth at least twice on the day before the survey.
- ❑ 61% (60%) of pupils responded that they have been to a dentist in the last year, while 17% (19%) said they 'don't know' if they have.

Money

- ❑ 52% (61%) of pupils responded that they have saved money in the last week, while 39% (37%) spent it on toys.

Physical Activity

- ❑ 71% (73%) of pupils responded that they ride their bike at least 'sometimes', while 78% (81%) said they go swimming at least 'sometimes'.

Alcohol and Smoking

ALCOHOL

- ❑ 33% (31%) of pupils responded that they have tasted an alcoholic drink, while 8% (11%) said they 'don't know' if they have.
- ❑ 9% (8%) of pupils responded that they tasted an alcoholic drink in the week before the survey, while 5% (6%) said they 'don't know' if they did.

SMOKING

- ❑ 30% (32%) of pupils responded that someone who lives in their house smokes.
- ❑ 6% (6%) of pupils responded that they think they will smoke when they are older, while 20% (20%) think they may smoke and 74% (74%) think they won't.

Worrying and Safety

WORRYING

- ❑ 42% (48%) of pupils responded that they worry about their family 'a lot'.

SCHOOL

- ❑ 54% (52%) of pupils responded that they like going to school, while 30% (31%) said they 'sometimes' do.
- ❑ 16% (17%) of pupils responded that they don't like going to school.

- ❑ 13% (13%) of pupils responded that they feel scared to go to school because of other children, while 25% (25%) said they 'sometimes' do.

Internet Safety

- ❑ 44% (40%) of pupils responded that they go on the internet when parents/carers aren't in the room.
- ❑ 62% (62%) of pupils responded that their parents/carers have rules about what they are allowed to do online.
- ❑ 73% (66%) of pupils responded that they have used the internet at home in the last week, while 46% (46%) said they have used it at school.
- ❑ 14% (11%) of pupils responded that they chat to people online who they have never met.
- ❑ 5% (4%) of pupils responded that they chat online to people who they have never met and have received a chat message that scared them or made them upset.
- ❑ 76% (72%) of pupils responded that they have been told how to stay safe while chatting online.

Significant Differences

Where differences can be seen between your school and the reference sample, you may find the enclosed table of some use in deciding if the differences seen are significant. The 'standard error' of a proportion is an assessment of how reliable our figures are, that is, the margin of error.

Two points in particular should be made:

1. when the sample size is small, it may be that just one individual voting a different way would make a large percentage difference to the results (so, one in twenty is 5%)
2. even if your sample is small, you may have a very high proportion of your available population – if, say, you sample every single pupil of your year 8 class. In this case, the notion of 'margin of error' doesn't really apply to the sampling, only to the process of collecting the responses.

TABLE OF STANDARD ERRORS OF PROPORTION

		Percentage seen in sample				
		10%	20%	30%	40%	50%
Number In sample	20	6.7	8.9	10.2	11.0	11.2
	30	5.5	7.3	8.4	8.9	9.1
	40	4.7	6.3	7.2	7.7	7.9
	50	4.2	5.7	6.5	6.9	7.1
	60	3.9	5.2	5.9	6.3	6.5
	80	3.4	4.5	5.1	5.5	5.6
	100	3.0	4.0	4.6	4.9	5.0
	150	2.4	3.3	3.7	4.0	4.1
	200	2.1	2.8	3.2	3.5	3.5
	300	1.7	2.3	2.6	2.8	2.9
	500	1.3	1.8	2.0	2.2	2.2

So, if you have a sample of 50 students and 30% of them think that the school needs a new swimming pool, we can see from the table that standard error of the percentage is about $\pm 6.5\%$.

List of Significant Differences

Below we have listed some statistically significant differences between Mosaic Collaborative and Solihull Primary.

Sig	Collab.	Solihull	Question
***	52%	61%	of pupils responded that they have saved money in the last week.
***	73%	66%	of pupils responded that they have used the internet at home in the last week.
**	72%	78%	of pupils responded that they are White (UK or European).
*	67%	72%	of pupils responded that they cleaned their teeth at least twice on the day before the survey.
*	42%	48%	of pupils responded that they worry about their family 'a lot'.

Tests: Chi-squared (χ^2). KEY: * = $p < 0.05$ (5%) ** = $p < 0.01$ (1%) *** = $p < 0.001$ (0.1%).

2018/2016 Comparisons

	2018	2016
	Yr 2	Yr 2
Boys	214	163
Girls	257	152

Your School's data for 2018 compared with your 2016 data in brackets; see notes on interpreting differences.

Home and School

HOME LIFE

- ❑ 59% (59%) of pupils responded that they have at least one brother, while 19% (13%) said they have more than one.
- ❑ 60% (54%) of pupils responded that they have at least one sister, while 18% (14%) said they have more than one.
- ❑ 63% (56%) of pupils responded that they have at least one older brother or sister, while 28% (20%) said they have more than one.

ETHNICITY

- ❑ 72% (72%) of pupils responded that they are White (UK or European).

LEISURE TIME

- ❑ 62% (65%) of pupils responded that they watched TV after school on the day before the survey, while 48% (58%) said they played at home.

Food and Diet

BREAKFAST

- ❑ 1% (1%) of pupils responded that they didn't have anything to eat or drink for breakfast on the day of the survey, while 15% (15%) said they had a cooked breakfast.
- ❑ 2% (4%) of pupils responded that they had at most a drink for breakfast on the day of the survey.
- ❑ 57% (58%) of pupils responded that they had cereal to eat for breakfast on the day of the survey, while 32% (31%) said they had toast or bread.

FOOD

- ❑ 43% (38%) of pupils responded that they eat vegetables 'a lot'; 58% (54%) said the same of fresh fruit.
- ❑ 17% (20%) of pupils responded that they 'never' eat any fish/fish fingers.

Health and Hygiene

HYGIENE

- ❑ 3% (2%) of pupils responded that they 'never' wash their hands after going to the toilet, while 33% (31%) said they do so only 'sometimes'.
- ❑ 64% (67%) of pupils responded that they 'always' wash their hands after going to the toilet.

ASTHMA

- ❑ 10% (14%) of pupils responded that they have asthma, while 14% (12%) said they 'don't know' if they do.

MENTAL AND EMOTIONAL HEALTH

- ❑ 61% (70%) of pupils responded that they mostly feel happy and 72% (75%) said they usually feel safe.
- ❑ 34% (41%) of pupils have a high self-esteem score (10 – 12), while 2% (2%) have a low self-esteem score (0 – 3).

DENTAL HEALTH

- ❑ 5% (5%) of pupils responded that they didn't clean their teeth at all on the day before the survey.
- ❑ 67% (69%) of pupils responded that they cleaned their teeth at least twice on the day before the survey.
- ❑ 61% (54%) of pupils responded that they have been to a dentist in the last year, while 17% (23%) said they 'don't know' if they have.

Money

- ❑ 52% (61%) of pupils responded that they have saved money in the last week, while 39% (32%) spent it on toys.

Physical Activity

- ❑ 71% (74%) of pupils responded that they ride their bike at least 'sometimes', while 78% (81%) said they go swimming at least 'sometimes'.

Alcohol and Smoking

ALCOHOL

- ❑ 33% (31%) of pupils responded that they have tasted an alcoholic drink, while 8% (11%) said they 'don't know' if they have.
- ❑ 9% (6%) of pupils responded that they tasted an alcoholic drink in the week before the survey, while 5% (10%) said they 'don't know' if they did.

SMOKING

- ❑ 30% (29%) of pupils responded that someone who lives in their house smokes.
- ❑ 6% (5%) of pupils responded that they think they will smoke when they are older, while 20% (16%) think they may smoke and 74% (79%) think they won't.

Worrying and Safety

WORRYING

- ❑ 42% (41%) of pupils responded that they worry about their family 'a lot'.

SCHOOL

- ❑ 54% (58%) of pupils responded that they like going to school, while 30% (28%) said they 'sometimes' do.
- ❑ 16% (14%) of pupils responded that they don't like going to school.

- ❑ 13% (10%) of pupils responded that they feel scared to go to school because of other children, while 25% (23%) said they 'sometimes' do.

Internet Safety

- ❑ 44% (33%) of pupils responded that they go on the internet when parents/carers aren't in the room.
- ❑ 62% (70%) of pupils responded that their parents/carers have rules about what they are allowed to do online.
- ❑ 73% (64%) of pupils responded that they have used the internet at home in the last week, while 46% (48%) said they have used it at school.
- ❑ 14% (6%) of pupils responded that they chat to people online who they have never met.
- ❑ 5% (2%) of pupils responded that they chat online to people who they have never met and have received a chat message that scared them or made them upset.
- ❑ 76% (81%) of pupils responded that they have been told how to stay safe while chatting online.

Significant differences between 2018 and 2016 data

Below we have listed some statistically significant differences between the data collected in the 2018 survey and that collected in 2016.

	2018	2016
	Yr 2	Yr 2
Boys	214	163
Girls	257	152

Sig	2018	2016	Question
***	44%	33%	of pupils responded that they go on the internet when parents/carers aren't in the room.
***	14%	6%	of pupils responded that they chat to people online who they have never met.
***	48%	58%	of pupils responded that they played at home after school on the day before the survey.
***	73%	64%	of pupils responded that they have used the internet at home in the last week.
**	61%	70%	of pupils responded that they mostly feel happy.
**	52%	61%	of pupils responded that they have saved money in the last week.
**	62%	70%	of pupils responded that their parents/carers have rules about what they are allowed to do online.
*	5%	2%	of pupils responded that they chat online to people who they have never met and have received a chat message that scared them or made them upset.

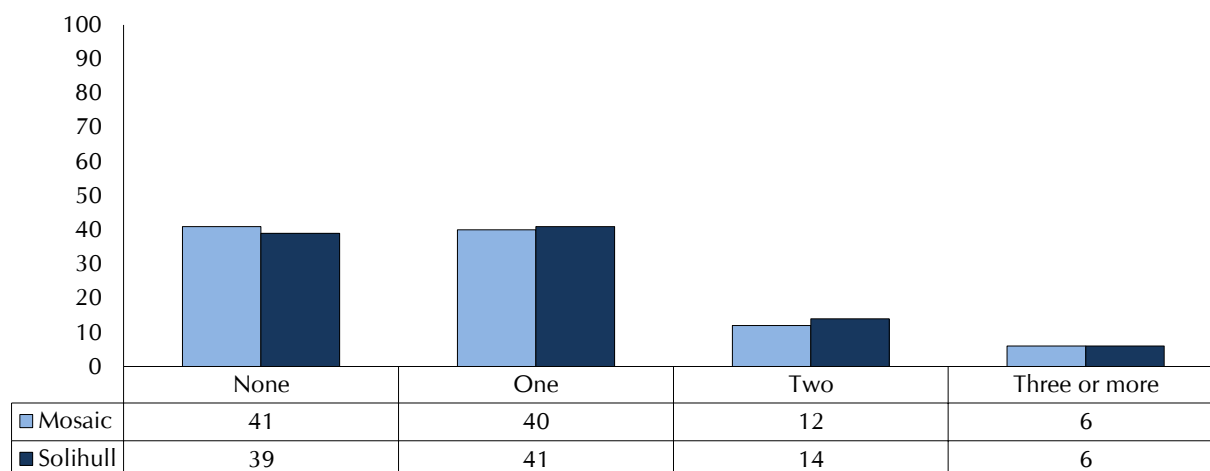
Tests: Chi-squared (χ^2).

KEY: * = $p < 0.05$ (5%) ** = $p < 0.01$ (1%) *** = $p < 0.001$ (0.1%).

Home and School

Home life

QD. How many brothers do you have?

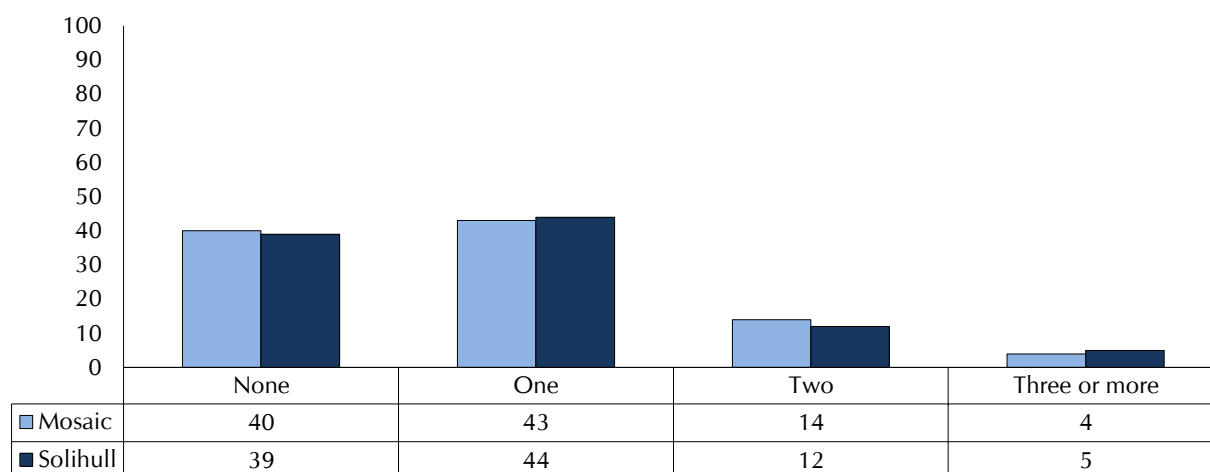


59% (61%) of pupils responded that they have at least one brother, while 19% (20%) said they have more than one.

QD. Percentage answering that they have at least one brother.

	Mosaic	Solihull
	Yr 2	Yr 2
Boys	62	61
Girls	56	61

QE. How many sisters do you have?

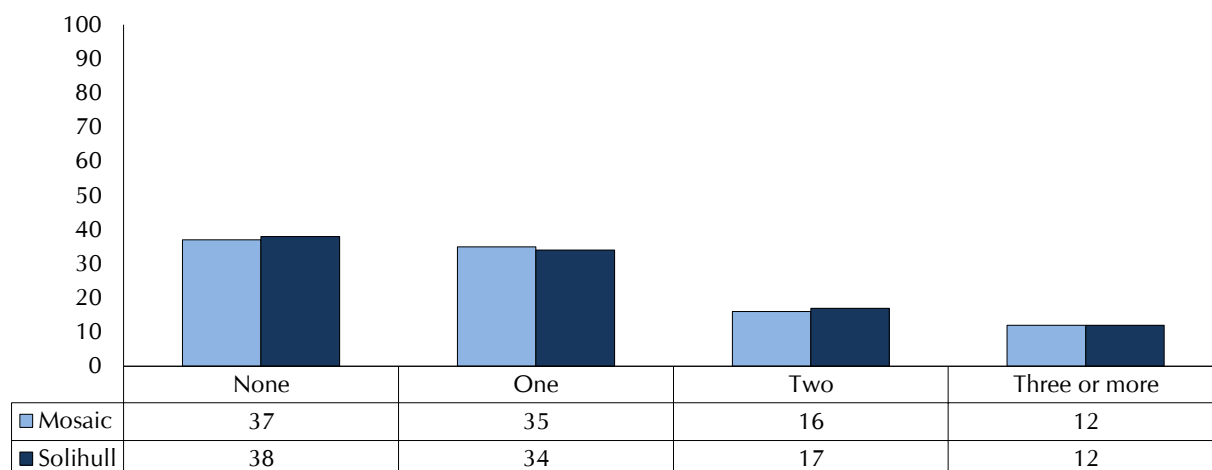


60% (61%) of pupils responded that they have at least one sister, while 18% (17%) said they have more than one.

QE. Percentage answering that they have at least one sister.

	Mosaic	Solihull
	Yr 2	Yr 2
Boys	60	61
Girls	61	61

QF. How many brothers and sisters are older than you?



63% (62%) of pupils responded that they have at least one older brother or sister, while 28% (28%) said they have more than one.

QF. Percentage answering that they have at least one older brother or sister.

	Mosaic	Solihull
	Yr 2	Yr 2
Boys	62	62
Girls	63	63

Ethnicity

72% (78%) of pupils responded that they are White (UK or European).

QG. Percentage responding that they are White (UK or European).

	Mosaic	Solihull
	Yr 2	Yr 2
Boys	69	77
Girls	75	79

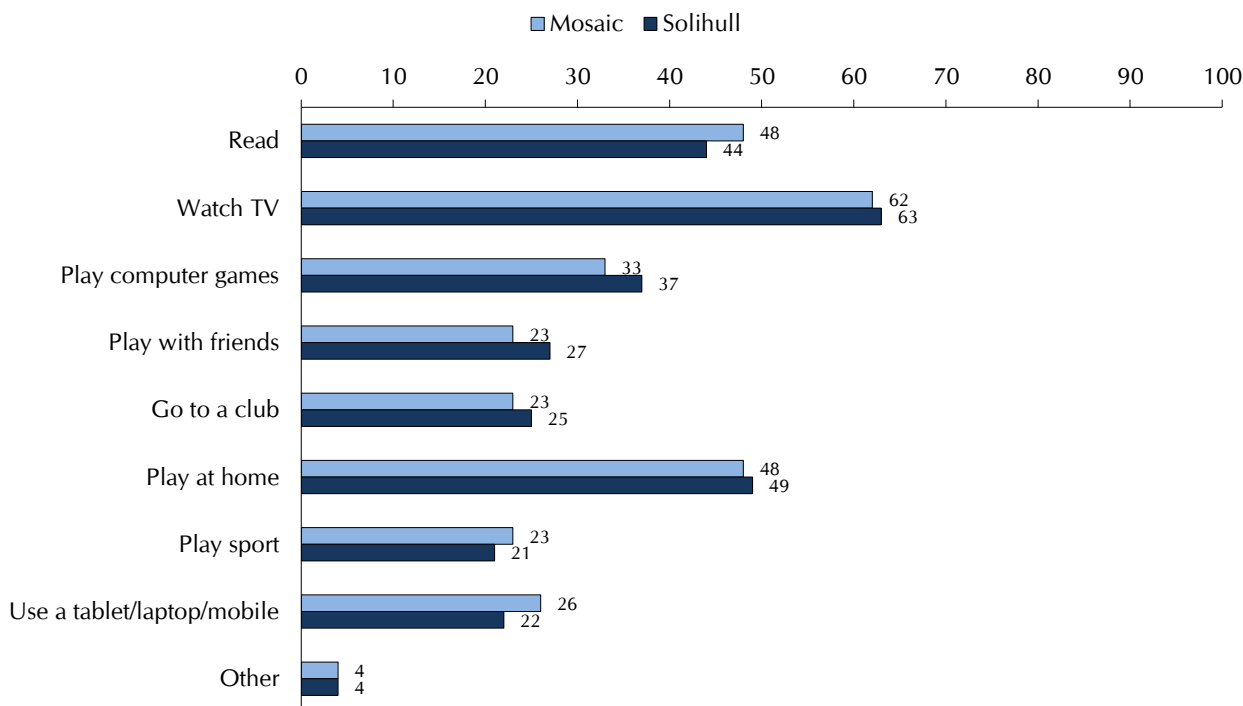
Leisure time

62% (63%) of pupils responded that they watched TV after school on the day before the survey, while 48% (49%) said they played at home.

Q1. Percentage of pupils responding that they did the following after school on the day before the survey (Solihull Primary data in brackets):

Boys			Girls		
1	Watch TV	65 (65)	1	Watch TV	60 (62)
2	Play at home	50 (48)	2	Read	52 (47)
3	Play computer games	47 (51)	3	Play at home	47 (50)
4	Read	43 (41)	4	Go to a club	24 (26)
5	Play sport	32 (27)	5	Use a tablet/laptop/mobile	24 (21)
6	Use a tablet/laptop/mobile	28 (22)	6	Play with friends	21 (25)
7	Play with friends	26 (28)	7	Play computer games	21 (22)
8	Go to a club	21 (24)	8	Play sport	16 (15)
9	Other	1 (3)	9	Other	7 (6)

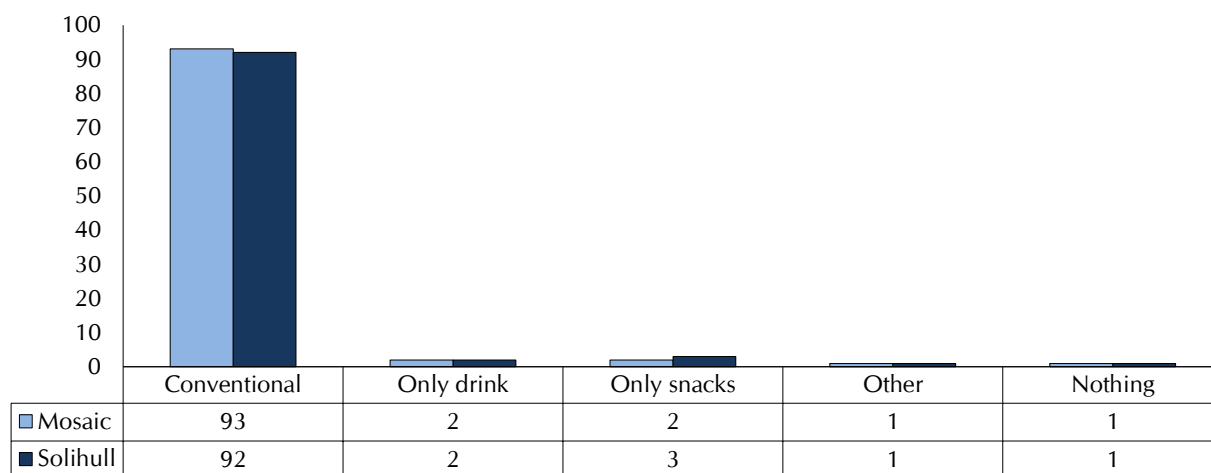
Q1. Percentage of pupils responding that they did the following after school on the day before the survey:



Food and Diet

Breakfast

Q2. Percentage of pupils responding that they had the following types of breakfast on the day of the survey:



The chart shows the percentages having different types of breakfast. The category 'Conventional' means at least one of cereal; toast or bread; cooked breakfast; fruit or yoghurt. Only snacks means: chocolate bar; sweets or crisp-type snack but not conventional breakfast.

1% (1%) of pupils responded that they didn't have anything to eat or drink for breakfast on the day of the survey, while 15% (17%) said they had a cooked breakfast.

Q2. Percentage answering that they didn't have anything to eat or drink before lessons on the day of the survey.

	Mosaic	Solihull
	Yr 2	Yr 2
Boys	2	2
Girls	0	1

2% (2%) of pupils responded that they had at most a drink for breakfast on the day of the survey.

Q2. Percentage answering that they had only a drink for breakfast before lessons on the day of the survey.

	Mosaic	Solihull
	Yr 2	Yr 2
Boys	1	2
Girls	2	2

57% (58%) of pupils responded that they had cereal to eat for breakfast on the day of the survey, while 32% (36%) said they had toast or bread.

Q2. Percentage of pupils responding that they had the following to eat or drink for breakfast or before school on the day of the survey (Solihull Primary data in brackets):

Boys			Girls		
1	Something to drink	66 (69)	1	Something to drink	74 (70)
2	Cereal	62 (59)	2	Cereal	54 (57)
3	Toast or bread	31 (36)	3	Toast or bread	33 (35)
4	Fruit	21 (21)	4	Fruit	20 (24)
5	Cooked breakfast	16 (20)	5	Cooked breakfast	14 (15)

Food

43% (44%) of pupils responded that they eat vegetables 'a lot'; 58% (58%) said the same of fresh fruit.

Q6. Percentage of pupils responding that they eat or drink the following 'a lot' (Solihull Primary data in brackets):

	Boys	Girls	Total
Any meat	32 (35)	26 (25)	29 (30)
Any fish or fish fingers	29 (31)	25 (26)	27 (28)
Any cheese, milk	38 (35)	39 (37)	38 (36)
Brown bread or brown bread rolls	21 (24)	18 (21)	20 (22)
Chips or roast potatoes	36 (41)	37 (38)	37 (39)
Rice or pasta	38 (36)	37 (39)	37 (38)
Sugary cereals	37 (37)	31 (32)	34 (35)
Weetabix, Shredded Wheat, Branflakes	39 (32)	25 (30)	32 (31)
Fresh fruit	54 (55)	62 (62)	58 (58)
Vegetables	36 (42)	49 (46)	43 (44)
Fizzy drinks	32 (32)	21 (22)	26 (27)
Crisps/crisp-type packet snack	36 (40)	34 (33)	35 (36)
Sweets, chocolate, choc bars	47 (46)	38 (36)	42 (41)

17% (18%) of pupils responded that they 'never' eat any fish/fish fingers.

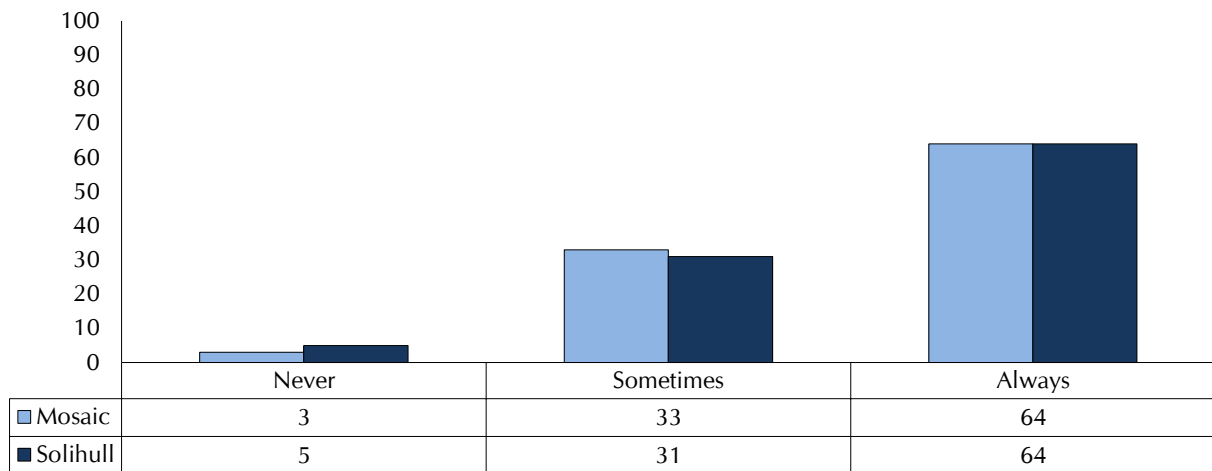
Q6. Percentage of pupils responding that they 'never' eat or drink the following (Solihull Primary data in brackets):

	Boys	Girls	Total
Any meat	16 (13)	13 (11)	15 (12)
Any fish or fish fingers	17 (18)	17 (18)	17 (18)
Any cheese, milk	22 (25)	21 (19)	21 (22)
Brown bread or brown bread rolls	32 (36)	38 (38)	35 (37)
Chips or roast potatoes	13 (13)	8 (9)	10 (11)
Rice or pasta	15 (17)	13 (13)	14 (15)
Sugary cereals	18 (20)	20 (19)	19 (20)
Weetabix, Shredded Wheat, Branflakes	29 (30)	32 (28)	30 (29)
Fresh fruit	6 (7)	6 (4)	6 (5)
Vegetables	14 (16)	9 (11)	11 (14)
Fizzy drinks	17 (19)	24 (25)	21 (22)
Crisps/crisp-type packet snack	12 (9)	5 (6)	8 (8)
Sweets, chocolate, choc bars	5 (5)	4 (5)	5 (5)

Health and Hygiene

Hygiene

Q3. Do you wash your hands after going to the toilet?



3% (5%) of pupils responded that they 'never' wash their hands after going to the toilet, while 33% (31%) said they do so only 'sometimes'.

Q3. Percentage answering that they 'never' wash their hands after going to the toilet.

	Mosaic	Solihull
	Yr 2	Yr 2
Boys	5	6
Girls	1	4

64% (64%) of pupils responded that they 'always' wash their hands after going to the toilet.

Q3. Percentage answering that they 'always' wash their hands after going to the toilet.

	Mosaic	Solihull
	Yr 2	Yr 2
Boys	60	58
Girls	68	69

Asthma

10% (10%) of pupils responded that they have asthma, while 14% (14%) said they 'don't know' if they do.

Q4. Percentage answering that they have asthma.

	Mosaic	Solihull
	Yr 2	Yr 2
Boys	12	11
Girls	9	10

Mental and emotional health

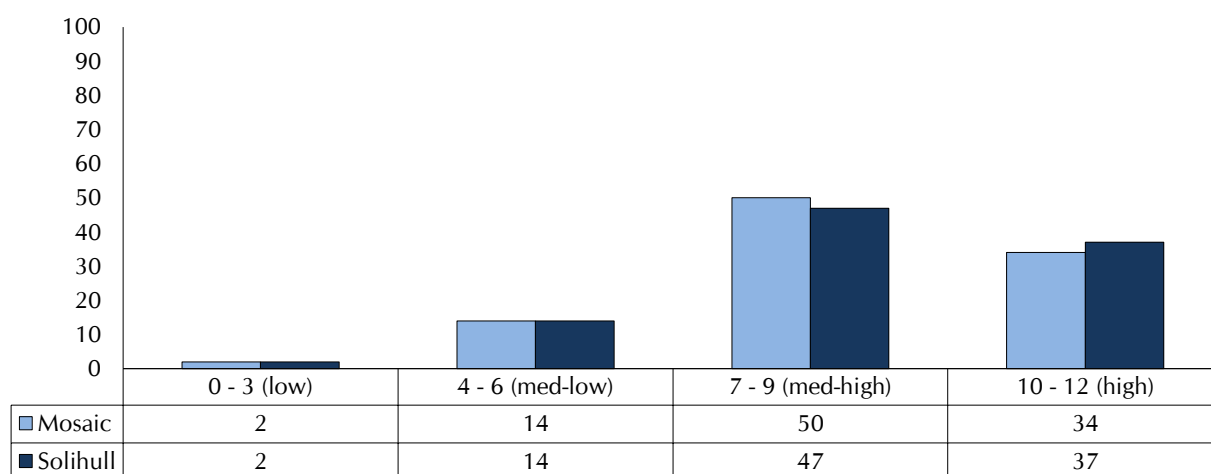
61% (64%) of pupils responded that they mostly feel happy and 72% (69%) said they usually feel safe.

Q5. Percentage of pupils responding to the following questions:

Boys	No	Sometimes	Yes
Do you have lots of friends to play with?	5 (5)	27 (24)	68 (71)
Do your parents like to listen to you?	16 (12)	36 (42)	48 (45)
When a teacher asks you something, do you feel shy?	62 (63)	29 (26)	9 (11)
Do you worry a lot?	47 (49)	38 (36)	14 (14)
Do you fall out with your friends a lot?	43 (45)	44 (41)	12 (13)
Do you mostly feel happy?	9 (6)	34 (30)	55 (63)
Do you usually feel safe?	10 (8)	19 (23)	70 (68)

Girls	No	Sometimes	Yes
Do you have lots of friends to play with?	4 (4)	33 (31)	61 (65)
Do your parents like to listen to you?	6 (8)	44 (41)	49 (51)
When a teacher asks you something, do you feel shy?	55 (55)	33 (32)	12 (12)
Do you worry a lot?	35 (34)	51 (47)	14 (18)
Do you fall out with your friends a lot?	36 (34)	49 (50)	14 (16)
Do you mostly feel happy?	7 (6)	27 (29)	65 (65)
Do you usually feel safe?	7 (7)	18 (21)	74 (70)

Q5. Composite self-esteem score:



34% (37%) of pupils have a high self-esteem score (10 – 12), while 2% (2%) have a low self-esteem score (0 – 3).

Q5. Percentage with a high self-esteem score (10 – 12).

	Mosaic	Solihull
Yr 2		
Boys	37	42
Girls	32	33

Dental health

5% (5%) of pupils responded that they didn't clean their teeth at all on the day before the survey.

Q18. Percentage answering that they didn't clean their teeth at all on the day before the survey.

	Mosaic	Solihull
	Yr 2	Yr 2
Boys	6	6
Girls	5	4

67% (72%) of pupils responded that they cleaned their teeth at least twice on the day before the survey.

Q18. Percentage answering that they cleaned their teeth at least twice on the day before the survey.

	Mosaic	Solihull
	Yr 2	Yr 2
Boys	65	70
Girls	69	74

61% (60%) of pupils responded that they have been to a dentist in the last year, while 17% (19%) said they 'don't know' if they have.

Q19. Percentage answering that they have been to a dentist in the last year.

	Mosaic	Solihull
	Yr 2	Yr 2
Boys	62	60
Girls	60	60

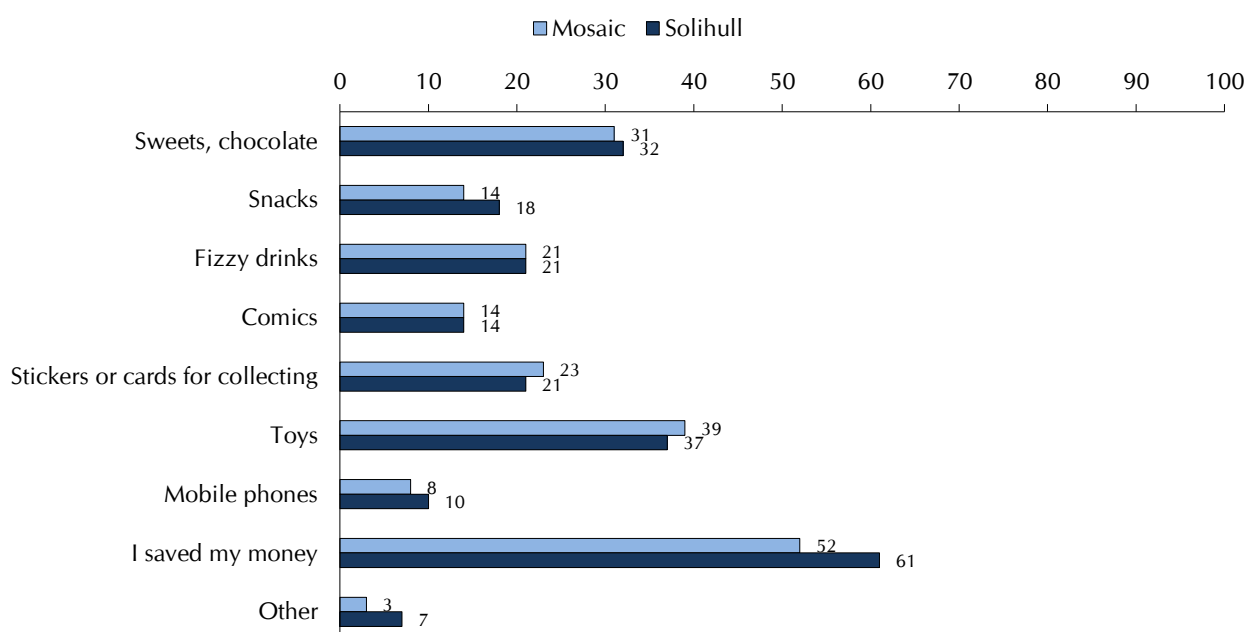
Money

52% (61%) of pupils responded that they have saved money in the last week, while 39% (37%) spent it on toys.

Q7. Percentage of pupils responding that they have spent money on the following in the last week (Solihull Primary data in brackets):

Boys			Girls		
1	I saved my money	50 (59)	1	I saved my money	54 (63)
2	Toys	39 (37)	2	Toys	39 (37)
3	Sweets, chocolate	36 (33)	3	Sweets, chocolate	27 (30)
4	Stickers or cards for collecting	27 (24)	4	Stickers or cards for collecting	19 (18)
5	Fizzy drinks	25 (24)	5	Fizzy drinks	17 (18)
6	Comics	18 (17)	6	Snacks	12 (16)
7	Snacks	17 (19)	7	Comics	10 (11)
8	Mobile phones	11 (11)	8	Mobile phones	5 (8)
9	Other	3 (7)	9	Other	4 (7)

Q7. Percentage of pupils responding that they have spent money on the following in the last week:



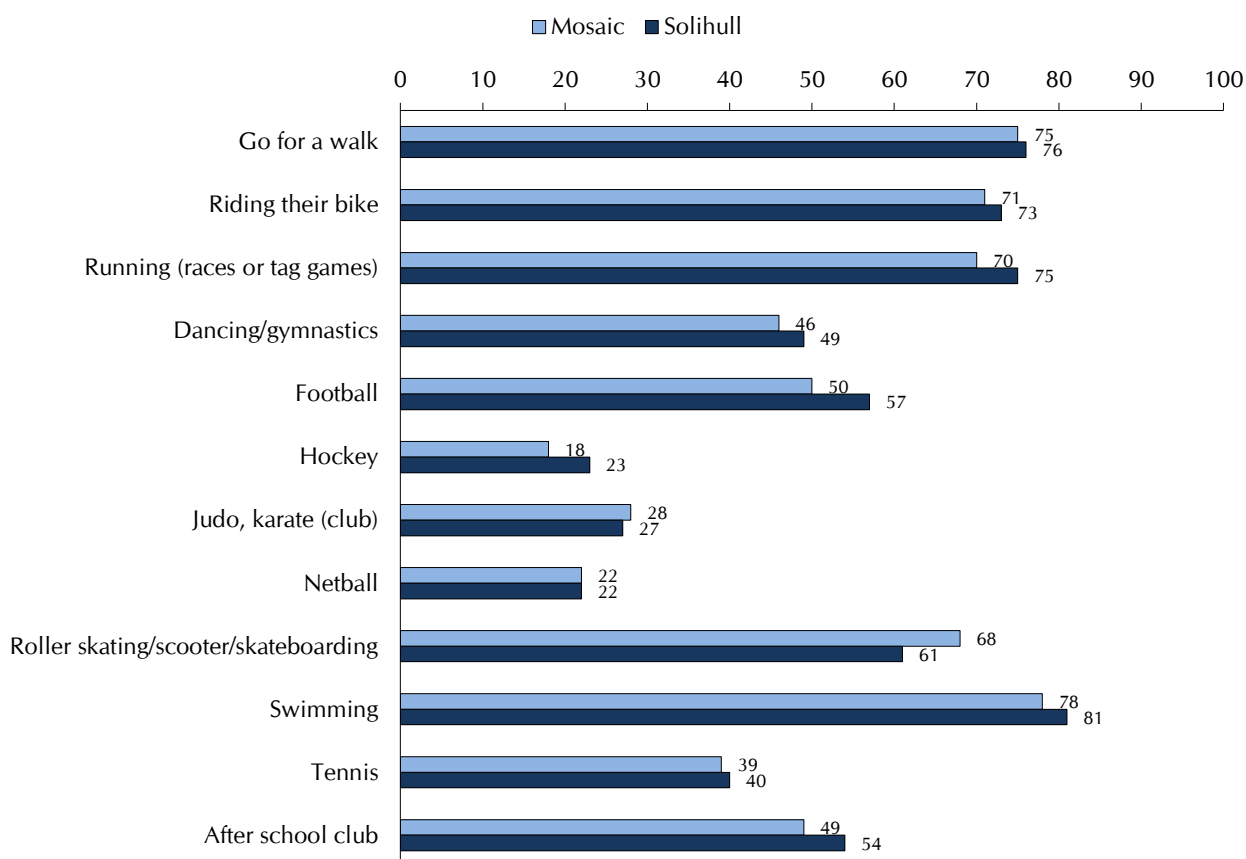
Physical Activity

71% (73%) of pupils responded that they ride their bike at least 'sometimes', while 78% (81%) said they go swimming at least 'sometimes'.

Q8. Percentage of pupils responding that they do the following at least 'sometimes' (Solihull Primary data in brackets):

Boys			Girls		
1	Swimming	77 (80)	1	Swimming	79 (82)
2	Running (races or tag games)	71 (77)	2	Go for a walk	79 (80)
3	Go for a walk	71 (72)	3	Riding their bike	74 (74)
4	Riding their bike	69 (71)	4	Roller skating/scooter/skateboarding	70 (66)
5	Football	68 (76)	5	Dancing/gymnastics	69 (75)
6	Roller skating/scooter/skateboarding	66 (57)	6	Running (races or tag games)	69 (72)
7	After school club	49 (53)	7	After school club	50 (55)
8	Tennis	43 (46)	8	Football	35 (38)
9	Judo, karate (club)	35 (35)	9	Tennis	35 (34)
10	Hockey	22 (29)	10	Judo, karate (club)	23 (19)

Q8. Percentage of pupils responding that they do the following at least 'sometimes':



Alcohol and Smoking

Alcohol

33% (31%) of pupils responded that they have tasted an alcoholic drink, while 8% (11%) said they 'don't know' if they have.

9% (8%) of pupils responded that they tasted an alcoholic drink in the week before the survey, while 5% (6%) said they 'don't know' if they did.

Smoking

30% (32%) of pupils responded that someone who lives in their house smokes.

6% (6%) of pupils responded that they think they will smoke when they are older, while 20% (20%) think they may smoke and 74% (74%) think they won't.

Q9. Percentage answering that they have tasted an alcoholic drink.

	Mosaic	Solihull
	Yr 2	Yr 2
Boys	36	33
Girls	31	28

Q10. Percentage answering that they tasted an alcoholic drink in the week before the survey.

	Mosaic	Solihull
	Yr 2	Yr 2
Boys	10	9
Girls	8	6

Q12. Percentage answering that someone who lives in their house smokes.

	Mosaic	Solihull
	Yr 2	Yr 2
Boys	30	31
Girls	30	33

Q13. Percentage answering that they think they will smoke when they are older.

	Mosaic	Solihull
	Yr 2	Yr 2
Boys	11	8
Girls	3	3

Worrying and Safety

Worrying

42% (48%) of pupils responded that they worry about their family 'a lot'.

Q14. Percentage of pupils responding that they worry about the following... (Solihull Primary data in brackets):

Boys	Never	Sometimes	A lot
School-work	42 (38)	41 (38)	17 (23)
Keeping well	33 (33)	40 (33)	26 (33)
Friendships	40 (39)	34 (28)	25 (32)
Family	35 (29)	17 (23)	47 (48)
The way they look	52 (49)	25 (27)	23 (24)

Girls	Never	Sometimes	A lot
School-work	39 (32)	48 (48)	13 (20)
Keeping well	30 (28)	39 (37)	30 (34)
Friendships	38 (32)	37 (34)	25 (33)
Family	30 (25)	32 (28)	38 (47)
The way they look	48 (41)	31 (33)	21 (25)

Problem solving

Q15. Percentage of pupils responding that they would go to the following people if they were worried or upset about the issues listed... (Solihull Primary data in brackets):

Boys	Mum/Dad/carers	Brother or sister	Friend	Adult in school	Other adult	Keep it to themselves
School	43 (45)	10 (7)	13 (12)	24 (23)	1 (1)	8 (12)
Their family	47 (50)	19 (15)	13 (12)	7 (6)	2 (3)	12 (14)
Their friendships	37 (32)	9 (10)	18 (21)	19 (17)	2 (2)	14 (16)
How they feel	52 (53)	9 (9)	12 (10)	11 (10)	2 (2)	14 (16)

Girls	Mum/Dad/carers	Brother or sister	Friend	Adult in school	Other adult	Keep it to themselves
School	42 (46)	5 (6)	16 (13)	25 (24)	2 (1)	10 (9)
Their family	46 (51)	15 (15)	20 (14)	7 (7)	4 (3)	7 (10)
Their friendships	39 (37)	11 (10)	27 (23)	14 (19)	0 (2)	9 (9)
How they feel	50 (51)	8 (8)	14 (13)	16 (12)	4 (3)	8 (12)

School

54% (52%) of pupils responded that they like going to school, while 30% (31%) said they 'sometimes' do.

Q16. Percentage answering that they like going to school.

	Mosaic	Solihull
	Yr 2	Yr 2
Boys	44	48
Girls	62	58

16% (17%) of pupils responded that they don't like going to school.

13% (13%) of pupils responded that they feel scared to go to school because of other children, while 25% (25%) said they 'sometimes' do.

Q16. Percentage answering that they don't like going to school.

	Mosaic	Solihull
	Yr 2	Yr 2
Boys	27	23
Girls	7	11

Q17. Percentage answering that they feel scared to go to school because of other children.

	Mosaic	Solihull
	Yr 2	Yr 2
Boys	15	13
Girls	12	14

Internet Safety

44% (40%) of pupils responded that they go on the internet when parents/carers aren't in the room.

Q20. Percentage answering that they go on the internet when parents/carers aren't in the room.

	Mosaic	Solihull
	Yr 2	Yr 2
Boys	44	43
Girls	45	38

62% (62%) of pupils responded that their parents/carers have rules about what they are allowed to do online.

Q21. Percentage answering that their parents/carers have rules about what they are allowed to do online.

	Mosaic	Solihull
	Yr 2	Yr 2
Boys	58	57
Girls	65	66

73% (66%) of pupils responded that they have used the internet at home in the last week, while 46% (46%) said they have used it at school.

Q22. Percentage of pupils responding that they have used the internet at the following places in the last week (Solihull Primary data in brackets):

	Year 2	Total
	Boys	Girls
At home	72 (68)	74 (64)
At school	47 (45)	45 (48)
Elsewhere	37 (34)	34 (29)

Q23. Percentage of pupils responding that they use the internet for the following (Solihull Primary data in brackets):

Boys			Girls		
1	Playing games	84 (81)	1	Watching YouTube, Netflix, Prime	85 (80)
2	Watching YouTube, Netflix, Prime	84 (77)	2	Playing games	78 (77)
3	School work	49 (54)	3	School work	64 (62)
4	Looking at web pages about their hobbies and interests	31 (28)	4	Looking at web pages about their hobbies and interests	28 (24)
5	Chatting	24 (23)	5	Chatting	24 (24)
6	Using Facebook, Instagram, WhatsApp	18 (14)	6	Using Facebook, Instagram, WhatsApp	13 (14)
7	Other	10 (11)	7	Other	5 (9)

14% (11%) of pupils responded that they chat to people online who they have never met.

Q24. Percentage answering that they chat to people online who they have never met.

	Mosaic	Solihull
	Yr 2	Yr 2
Boys	20	14
Girls	9	7

5% (4%) of pupils responded that they chat online to people who they have never met and have received a chat message that scared them or made them upset.

76% (72%) of pupils responded that they have been told how to stay safe while chatting online.

Q25. Percentage answering that they chat to people online who they have never met and have received a message which scared or upset them.

	Mosaic	Solihull
	Yr 2	Yr 2
Boys	8	5
Girls	2	3

Q26. Percentage answering that they have been told how to stay safe while chatting online.

	Mosaic	Solihull
	Yr 2	Yr 2
Boys	72	70
Girls	79	75

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This is not the end of your Health Related Behaviour Survey!

Ask us about...

- ... Getting your data into your computers**
- ... Turning your data into graphs and pie charts**
- ... Your data and Healthy Schools**
- ... Free resources about young people's health-related
behaviour: www.sheu.org.uk/node/366**

***We may also be able to introduce you to health and
education contacts, with money and resources, within your
local community***