

Looking at Faith week at George Fentham



AT 1: What does it mean to live like a Buddhist monk?

AT 2: Could I live without possessions? Do possessions really make us happy?

AT 2: The Spiritual versus the Material – How can we get pupils to focus on what is really valuable ?

The story of Siddharta Gautama – the Buddha (Faith stories DVD)

The teachings of the Buddha – The Four Noble Truths and the 8 Foldpath

The story of Ashoka – the king that became a Buddhist

The story of Sobinu and the alms bowl. – Simon - Available Thursday to run carousel sessions Story of a young Buddhist monk – giving up all possessions – to achieve Nibbana.

Visit: £60.00 Max 30 pupils not Tuesday

Birmingham Buddhist Centre

11 Park Road Moseley

Birmingham West Midlands

B13 8AB Tel: 0121 449 5279

Email: info@birminghambuddhistcentre.org.uk

Please make all cheques payable to 'Birmingham Buddhist Centre'

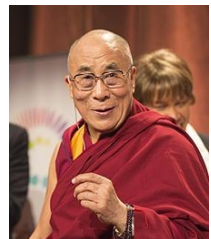
http://www.buddhanet.net/pdf_file/med-g

Meditation: Some nice examples of relaxation meditation on youtube



Tibet – Geography

Wheel of the Darma



English writing the prayers – the prayer flags

History: Who is the Dalai Lama?

Making the prayer wheels



Making mandalas patterns that can help meditation - Art



<http://www.cumbriagridforlearning.org.uk/getfile.php?src=1326/4+Teaching+Buddhism.doc>