The Mezuzah

The mezuzah is a small container made of wood, metal or pottery which is fixed to the door posts of Jewish homes. The Hebrew word 'mezuzah' means door post. The mezuzah contains a parchment on which is inscribed the words of the Shema (Deuteronomy 6:4-9).

'Hear, O Lord
The Lord our God is one
Love the Lord your God
With all your heart and with all your soul and with all your strength...'

Some people think the mezuzah dates back to the time of slavery in Egypt, before the Exodus. It was an Egyptian custom to place a sacred document at the entrance to their homes. A mezuzah must be fixed to the right hand side of every door post in the house except the bathroom. These are frequently touched as a person enters the house or a room in it. The presence of the sacred scripture is thought by some to protect the home; by other Jews, it is regarded as a protection against sin.

Lesson 1

* Introduce the mezuzah to the pupils by concealing it in a mystery bag. Invite them to explore the contents of the bag from the outside first and to share something about the object in it. These comments can be shared with the class until some impression of the mystery object is gained. When the mezuzah is revealed individual pupils can be invited to describe it.

Why do you think this object is decorated as it is? How do you think it might be used? What might it contain? This is called a mezuzah. It is a small container, like a little box, which is nailed to the door posts in a Jewish home. It contains a small piece of parchment with the words of a prayer in Hebrew which is the language of the Torah, the Jews' holy book. It is their ancient sacred language. The prayer reminds Jews that God is one and that they should love God with all their heart, all their soul and all their strength.

Some Jews touch the mezuzah or kiss it as they enter their homes or move from room to room inside. They believe that it is a continual sign of God's relationship with them and a reminder of the way they should behave. The words of the prayer, the Shema, are sacred and precious to them.

For discussion:

If you had something precious, where would you put it?

What does the word 'sacred' mean?

How do you show respect for precious or sacred things? What reminds you of the way you should behave?

Activity Suggestions:



Teaching About:

THE MEZUZAH

PRACTICAL ACTIVITIES	RECORDING ACTIVITIES	EXTENSION ACTIVITIES
DESIGN AND MAKE	 WRITE b the words of the Shema in decorated calligraphy b words which you would like to have on your door post as a constant reminder to you 	TALK ▶ to a Jewish person about the significance of the mezuzah and how it is used

		Knowledge:	SYMBOLISM	
Concepts				Attitudes
BELIEFS	IMPORTANCE OF RELIGION	COMMITMENT	INTEGRITY	SENSITIVITY
Jews believe: ▷ God is to be worshipped ▷ God's laws must be obeyed ▷ God protects	The words of the Shema remind Jews that: → God is One → they should love God with all their heart, soul and strength	Jews show their commitment by: ➤ affixing a mezuzah to every door post ➤ having ever present reminders of their faith	valuing: ➤ ancient sacred language ➤ religious commitment ➤ religious practice	 I have learned that: ▷ some Jewish people pray on entering a house ▷ the words of the prayer, the Shema, are sacred and precious
Skills		THE MI	EZUZAH Exploration of I	Human Experience
USE OF LANGUAGE	EMPATHY	REFLECTION	SPIRITUAL EXPERIENCES	DAILY EXPERIENCE
mezuzah Torah Hebrew Shema	with those who: ▷ like to welcome people into their house ▷ want to be protected ▷ have something which is sacred and/or precious	What do I think about as I enter a house? What would I like to be protected from? What words would I like to have around me all the time?	of: ▷ sharing in a traditional practice ▷ feeling protected	It is natural to want: ▷ to be safe ▷ to share a good idea, news or belief with others ▷ an order or pattern in life



Kiddush

The word 'kiddush' means sanctification and is derived from the Hebrew word for holy. Kiddush is the blessing said over wine on Shabbat and on other Jewish holy days. The cup which contains the wine, traditionally passed round at the beginning of every important meal, is called the Kiddush cup. The symbolism is both in the cup itself and in the sharing of it.

Lesson 1

* Conceal a Kiddush cup in a mystery bag and invite one or two pupils in turn to explore the object without opening the bag and to make one statement each about it. Once there is a bank of several statements, invite a pupil to remove the cup from the bag and display it.

What do you think this is?
What could it contain?
How might it be used?
What makes you think it might be important to some people?

This is a Kiddush cup. Kiddush means 'sanctification' which is to declare something holy or sacred, that is, given to God.

* Invite pupils to say the word 'sanctification'. Explore what holy means.

For Jewish people, Kiddush marks the beginning of every important meal. Before the Shabbat meal and before every holyday or holiday meal, Kiddush is said over a cup of wine which is then passed around the table for everyone to share. The wine in the cup is blessed, usually by the father of the family. He says the blessing in Hebrew which means:

'Blessed art thou, Lord our God, King of the Universe, who creates the fruit of the vine...'

Kiddush is also said in the synagogue every Friday evening to ensure that everyone has the opportunity to hear it.

The wine in the cup is a symbol of joy and a full cup symbolises over-flowing joy. When there is sadness to be remembered, small drops of wine are spilled as a sign of the loss of joy. When the Passover is celebrated, the Jews remember their ancestors' release from slavery in Egypt but their joy is not complete because many Egyptians died. Wine is spilled to recognise that suffering.



For discussion:

How do you show your joy?

How do you recognise someone else's suffering?

What else can you think of that is holy to someone?

What is your favourite drink?

Where else is drinking one part of a celebration?

What do you think the word 'blessing' means?

Activity Suggestions:

Teaching About:

KIDDUSH

PRACTICAL ACTIVITIES	RECORDING ACTIVITIES	EXTENSION ACTIVITIES		
MAKE	MAKE ➤ observational drawings of the Kiddush cup WRITE ➤ about something that is sacred to you	FIND OUT ▷ about Shabbat		

		Knowledge:	SYMBOLISM			
Concepts						Attitudes
IMPORTANCE OF RELIGION	THE SPIRITUAL DIMENSION	SYMBOLS	ENQUIRY	SOCIAL AV	SOCIAL AWARENESS SOCIAL AWARENESS RESPONS	
Religion: helps people to remember helps people to share their joy and sadness	There is much to be thankful for	Kiddush cup wine family sharing	Where else is drinking significant as a part of a celebration?	It is important to learn from and remember the suffering of others		I can: ➤ show joy ➤ recognise someone else's suffering
		KIDI	DUSH			
Skills			Exploratio	n of H	luman	Experience
USE OF LANGUAGE	USE OF SOURCES	REFLECTION	SPIRITUAL EXPER	IENCES	DAILY EXPERIENCE	
Kiddush Shabbat sanctification holy	Artefacts	How do I show my joy? When do I remember the suffering of others?	of:		⊳ want to o	for Jewish families to: celebrate together with the traditions of their

Resources:

A Kiddush cup can be borrowed from the RE Resources Corner at Chapel Fields Centre.

Ichthus

The Ichthus, or fish sign, is the most ancient of Christian symbols. It pre-dates the cross as a symbol and originated among the early Christians as a secret sign. It is popular today as a symbol of a person's commitment to Jesus. It is sometimes seen on the back of a car or is worn in the lapel. This material invites pupils to consider the nature of commitment and the importance of beliefs.

Lesson 1

* Use the story cards to tell the story 'Of All the Fishes'.

For discussion:

What do you think the message is that the fish has to tell?

* Show pupils a badge or car sticker of the Ichthus.

Some people wear a badge like this or put one on their cars. They are carrying the message today. What do you think it might be?

The Greek word for fish is 'ichthus'. It is written like this:

ιχθυς

Each letter of the word $\iota\chi\theta\upsilon s$ (ichthus) is the first letter of a word describing Jesus. So the word ichthus stands for the words: Jesus, Christ, God, Son and Saviour. (* show pupils the Greek words and their meaning.)

		ιχθυς	
Letter	Greek	Pronunciation	Meaning
ι	ιησους	ee-ay-zous	Jesus
χ	χριστος	christ-os	Christ
θ	θεου	thee-oo	of God
υ	บเอร	we-os	Son
s	σωτηρ	so-tare	Saviour

For discussion:

Now what do you think the message is?

What are people saying to the world when they wear a badge with this symbol on it?

What badges do you wear?

What message would you like to give the world?

If you had to design a symbol to show something about yourself what would it be?

Lesson 2

This is the story of what happened to a man who followed Jesus.

I want you to imagine the sound of an angry crowd, coming closer. There's a great crowd of people and at the front of the crowd, some rather important people. Right at the front is a man who is being pushed and shoved by everyone. There's a lot of shouting and pushing. No doubt some of the people are here just for the excitement but those at the front seem really worked up. And the noise reaches a real crescendo as they get to the gates of the city.

This is Jerusalem, a little while after Jesus died and the man they're all pushing is called Stephen. He's one of the Jesus People, the new Christians who have been causing so much trouble lately. Stephen is one of the organisers of the group. He is very outspoken and full of courage.

The reason the elders and other important people of the city are so furious with him is because of what he's been saying. He's been stirring things up. They arrested him because he was so rude to them. He called them all stubborn and, worst of all, he called them heathen. Heathen meant people who did not believe in God and these were religious people! No wonder they were angry; how dare he say such things! What's more, he told them he had had a vision of heaven. He said he'd seen God and Jesus, in glory at God's right hand. No one had seen God, so this all had to be stopped. And now was the time.

The crowd stops. They stand outside the city wall. And a hush falls on them all. Everyone knows what is going to happen. They wait. Then someone picks up the first stone, and pauses, the stone in his hand. Then he throws it. It hits Stephen on the shoulder and he stumbles back.

That first stone is the trigger. One after another, then tens after tens of the people in the crowd pick up stones and throw them. Some wouldn't miss a stoning; others are relishing this one. It was worth bribing the witnesses to lie to catch Stephen, just to get him here, just to kill him. And the stones are thrown with all the hatred of those hearts behind them.

Stephen struggles under the hail of stones and rocks. He calls on Jesus to receive his spirit and he falls to his knees.

"Lord, don't blame them for doing this," he cries.

As the pain from the blows becomes unbearable, Stephen collapses.

When the crowd is sure the prisoner is dead they quieten and leave the stones outside the city wall for another day. There will be more of these revolutionaries to be executed soon. All for another day. And Stephen's body lies crumpled in a heap, broken against the wall.

For discussion:

Where do you think Stephen got his strength from?

What makes you strong or brave when you have to be?

How does it feel to be so angry you don't know what to do?

What makes some people hate each other?

Stephen was the first person to die for his faith in Jesus. In the years after Jesus died the Christians were persecuted. Many of them died. It was dangerous to believe in Jesus and even more dangerous to follow him. So people had to believe in secret. They couldn't talk openly about Jesus. They had to find a way to communicate without anyone else knowing. To do that they used the sign of the fish. They drew it in the dust to show where meetings were to be held or where safety could be found. When a Christian was talking to a stranger, the sign was often made on the ground to test out the stranger's beliefs. If the stranger was a Christian too then he or she would add the fish's eye and then both of them would know it was safe to talk about Jesus.

For discussion:

What does it mean to be persecuted?

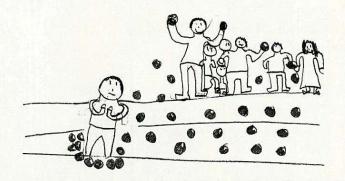
How would it feel to be persecuted?

Where in the world are people persecuted today because of what they believe?

Why do you think the fish was a good sign for the Christians to use?

Why do you think it is still important to some people today?

If you had to have a secret sign, what would you choose?



Teaching About:

ICHTHUS

PRACTICAL ACTIVITIES	RECORDING ACTIVITIES	EXTENSION ACTIVITIES
 DESIGN AND MAKE ▷ a badge telling the world what your message is ▷ a symbol which says something about yourself COLLECT ▷ different symbols from everyday life and make a collage of them 	WRITE → an account of Stephen's death as if you were one of the crowd	FIND OUT → about other Christian martyrs

Knowledge:	SYMBOLISM
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Concepts	5						Attitudes
BELIEFS	IMPORTANCE OF RELIGION	FORGIVENESS	SYMBOLS	RESPONSIBLE RELATIONSHIPS	ENQUIRY	FORGIVENESS	TOLERANCE
Christians believe that Jesus: ▷ is God's son ▷ is Saviour ▷ receives their spirit Christians believe that death is not the end	Religion sustains people who are: being persecuted facing death	Stephen forgave his enemies	The fish sign is a powerful symbol for Christians	are built on: > trust > love > certainty	Why are some people victimised because of their beliefs? How did Stephen manage to forgive his attackers?	I can ▷ forgive ▷ be forgiven	People have a right to: ▷ hold their own religious views ▷ expect fair treatment

THE ICHTHUS

Skills			Exploration of I	Human Experience
USE OF LANGUAGE	EMPATHY	REFLECTION	SPIRITUAL EXPERIENCES	EMOTIONS
Christ Saviour elders heathen vision heaven persecuted	with those who: ▷ want to worship ▷ are persecuted ▷ have faith ▷ have to have secret signs or symbols	What must it be like to be persecuted? What will happen to me when I die? What must it be like to have to arrange secret meetings with friends?	of being: ▷ inspired ▷ fulfilled ▷ called	trust hope certainty love

Resources:

The story cards for the story *Of All the Fishes* are available on loan from the RE Resources Corner at Chapel Fields or can be purchased from: The Education Dept, PO Box 20, The Council House, Solihull B91 3QU FAO Mrs J Rogers.

Ichthus badges and stickers are also available on loan from the RE Resources Corner or can be purchased from any Christian bookshop.

Angels

Angels are a phenomenon rooted in the belief systems of a number of religious traditions. They are significant in Judaism, Christianity and Islam. Angels are also mentioned in some Hindu literature. Angels mediate between the earthly and divine worlds and are symbols of the divine presence in the physical world.

Lessons on angels offer pupils opportunities to encounter a variety of forms of revelation, of which angels are principal agents, and to reflect on a world beyond the material. There are no answers to questions about the existence of angels; the notion can only be explored in imaginative terms.

Lesson 1

I'm going to say one word and I want you to hold on to what comes into your mind when you hear the word. Don't say anything, just concentrate on your picture. Are you ready to concentrate? The word is.... Angels!

Think hard. When you have a picture in your head I want you to write down words which describe it. Just single words will do.

* When pupils have written down some of their ideas, share them and draw a composite description of angels.

These are our ideas but what do we **know** about angels? Where do we find angels?

* Use a selection of photographs of angels in stained glass, statues, carvings etc to explore the imagery.

For discussion:

Why are angels important in these stories?

What do they do? (*Draw out the idea that in the stories, angels bring messages from God to people.)

What do you think it might be like to see an angel?

What's the most amazing thing you've ever seen?

Why are the pictures so different?

Think of a story which features an angel or angels.

(*Depending on their experience, pupils may suggest Old Testament material such as the stories of Abraham, Jacob, Isaiah, the Apocryphal story of Tobias or more familiar stories to do with Christmas and Easter.)

Teaching About:

ANGELS

PRACTICAL ACTIVITIES	RECORDING ACTIVITIES	EXTENSION ACTIVITIES
PRESENT	WRITE	FIND OUT
 ▶ a story featuring an angel to the rest of the class MAKE ▶ a figure of an angel from materials of your choice 	 ▷ a calligram on the word 'Angel' DRAW ▷ what you think an angel looks like 	 what you can about the Angel Gabriel (Gabriel is recognised in a number of traditions) where angels are used symbolically today, eg: on the Flag of Mission to Seamen
		DISCUSS b the phrase 'guardian angel' in its secular and religious contexts



		Knowledge:	SYMBOLIS	M			
Concepts						Attitudes	
BELIEFS	THE SPIRITUAL DIMENSION	SYMBOLS	INTEGRITY	ENÇ	UIRY	TOLERANCE	
Some people believe angels: ▷ are messengers from God ▷ mediate the earthly and the divine ▷ are symbols	There are possibilities that go beyond our knowledge or proof	angels	valuing: > what cannot be proven > possibility > faith	Where are they?		People have a right to believe in a world beyond the physical	
		ANO	GELS				
Skills			Explorati	on of H	Tuma	n Experience	
USE OF LANGUAGE	USE OF SOURCES	REFLECTION	SPIRITUAL EXPERIENCES		AL EXPERIENCES DAILY EXPERIE		
angel revelation	photographs stories	What do I believe about angels? What puzzles me?	of: ▷ mysteries that cannot be explained ▷ powerful stories		A STATE OF THE PROPERTY OF THE PARTY OF THE	It is natural to encounter things which cannot be explained	

Resources:

For a book of pictures of angels and for more lessons on angels, see: Grimmitt et al (1991) *A Gift to the Child: Religious Education in the Primary School*, Simon and Schuster. (Now carried by Stanley Thornes).



Islamic Calligraphy

Arabic is the sacred language of Islam. It is the language spoken by Muhammad and for this reason it was the language by which the Qur'an was received.

The flowing style of Arabic script lends itself particularly to calligraphy. It is traditionally written by hand using a broad-edged writing implement. Calligraphy has become one of the principal sources of Islamic decoration. It is popular because of its beauty and its significance. It is acceptable where figurative art is not. Of all the words in Arabic scripture the most sacred is the Name of Allah. This is recognisable in an Arabic text by the combination of a long sweeping stroke followed by a shape resembling a letter W. Arabic is read from right to left and from the top of the page.

These lessons are designed to help pupils to understand the significance of sacred words to Muslims and to appreciate their own command of language and the importance of words.

Lesson 1

* Show pupils a piece of Islamic calligraphy. This could be a poster, picture, plaque or a small wall hanging.

What do you think this might be? What makes you think this might be important in some way?

This is Arabic calligraphy. For Muslims it is sacred writing. The letters are holy, because they say something about God. Each of the marks is a sound. It is often beautifully written and decorated to show how important the words are. Arabic is written and read from right to left, which is why books written in Arabic seem to some people to begin at the end.

The numerals we use today originate from the Arabic and some people still read numbers from right to left. Instead of saying

'twenty-one', they use the form 'one and twenty'.

* Invite pupils in groups to complete the activity sheet. Give them the opportunity to share with each other the Arabic translations of their names.

Lesson 2

* Show pupils a framed picture of the name of Allah. (Care must be taken in handling this).

Here is an Arabic word. What sound does it begin with? It is the most sacred word for Muslims. What might that be?

The most important word for Muslims is the name of Allah, which is their name for God. It is often seen on the wall of a Muslim home or as part of the decoration in the Mosque. Wherever it is hung it is always higher than anything else on the wall and nothing would be put on top of it if it were placed flat.

* Show pupils a piece of Arabic text and help them to identify the name of Allah within it.

If possible also show the pupils Arabic text which has been stylized into a design or picture. Explain why this is a popular form of decoration.



Talk about the way pieces of calligraphy are bordered and decorated. Traditionally geometric and Arabesque patterns, based on natural forms, are used, eg: flowers and leaves. These are symbols of the Garden, which is the Islamic image of heaven. (See: The Handbook for Religious Education in Key Stage 1, page 229).

For discussion:

What do you put on your wall? Why?

If you could only have words on your wall, what would they be?

If you could only have **one** word on your wall, what would it be?

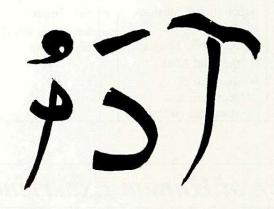
Activity Suggestions:

Teaching About:

ISLAMIC CALLIGRAPHY

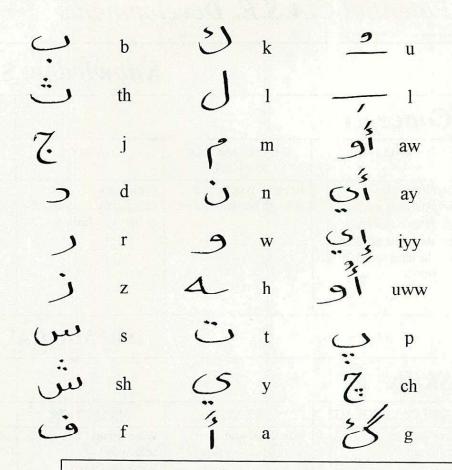
PRACTICAL ACTIVITIES	RECORDING ACTIVITIES	EXTENSION ACTIVITIES
 MAKE ▷ a decorated poster of your most important word or words DESIGN ▷ your own geometric patterns 	WRITE ▷ about your image of heaven DRAW ▷ a scene from your story	FIND OUT ABOUT ▶ other religious books

Here is the name of the person whom Muslims believe was the first person created by God:



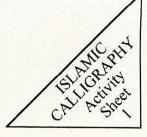
Look at the Arabic alphabet opposite. Find the shapes in the name above and discover from the sounds whose name it is.

It is Arabic for.....



Use this chart and have a go at writing your own name in Arabic.

Remember to work from right to left!



		Knowledge:	SYMBOLIS	M			
Concepts						Attitudes	
BELIEFS	IMPORTANCE OF RELIGION	SYMBOLS	INTEGRITY	SENSI	TIVITY	TOLERANCE	
Muslims believe: ➤ Arabic is a sacred language ➤ the name of Allah is the most sacred of all words	Religion is conveyed through beautiful script	Each mark in Arabic calligraphy is regarded as holy by Muslims	valuing: ▷ beauty ▷ holiness ▷ words	I have learned about the importance to Muslims of: ▷ the Arabic language ▷ the word Allah ▷ the value of geometric and arabesque patterns		People have a right to: ▷ their beliefs ▷ have their sacred objects respected	
		ISLAMIC CA	LLIGRAPHY				
Skills	ıı		Explorati	on of H	luman	Experience	
USE OF LANGUAGE	EMPATHY	REFLECTION	SPIRITUAL EXP	ERIENCES	DAI	LY EXPERIENCE	
Qur'an calligraphy sacred holy mosque	with those who: > hold sacred beliefs > have a beautiful book > can make beautiful patterns > cannot make beautiful patterns	What would I like to be able to do? What guides me? What is the most sacred or special book I have? What do I believe in strongly?	of: ▷ finding meaning in words ▷ faithfulness		▷ respond	s natural to: respond to words be guided by words	

Resources:

Examples of Arabic calligraphy can be borrowed from the RE Resources Centre at Chapel Fields or purchased from:

Paigham Islam, Muslim Printers and Booksellers, 423 Stratford Road, Sparkhill, Birmingham B11 4LB. Tel: 0121 773 8301.

The Trinity

Christian belief is that God is three in one, Father, Son and Holy Spirit, a trinity. These lessons introduce pupils to the term 'trinity' through an activity sheet and invite them to explore the Christian understanding of God through concrete examples which are accessible to them.

Lesson 1

* Use activity sheet 1 to introduce pupils to the word 'trinity'. Talk about their responses and discuss what the term might be describing.

The Trinity is a way of describing God. Christians believe that God is three in one, Father, Son and Holy Spirit. When the people in church are blessed by the priest at the end of a service of worship, the Sign of the Cross is made with the words:

'The blessing of God the Father God the Son, and God the Holy Spirit be with you now and for ever more'

Christians believe God the Father is the Creator, that Jesus is God's Son who came to be a man on earth to redeem people and that God's spirit, the Holy Spirit, is with them all the time as shown at Pentecost.

Since ancient times, the ideas of God as three in one has puzzled people. It is very difficult to understand. St Patrick used the shamrock to explain this understanding of God. He was converting the Druids in Ireland to Christianity and used the triple leaves of a common plant to explain something very difficult.

"Here on one stem of the shamrock are three leaves. Together they make a perfect whole. It's like that with God," St Patrick told them. The shamrock became associated with Ireland and is worn by Irish people on St Patrick's Day. Greetings cards frequently feature the shamrock.



For discussion:

What other illustrations are there of a whole made up of three parts? (eg: triangle).

What does the word 'redeem' mean?

What do you believe about God?

Lesson 2

Look at pupils' own symbols of 'three-in-oneness' and discuss them.

Another way of looking at this idea about God is to think of examples in nature where one thing has three states.

Think about water.

What is it? (*liquid)
What else can water be? (*ice, steam)
It is always water, but it has three different states.

*Invite pupils in small groups to identify another example of the same phenomenon (eg butterfly and frog cycles).

This is another way of looking at the Trinity. It moves us away from a picture symbol of the Trinity, to a deeper understanding of this concept of God.

In all of these examples we are looking at three different states of the same thing. People are like that too. On Trinity Sunday when the preacher was trying to help the people in church understand this idea of God he talked about himself.

"As you look at me this morning," he said, "You see a clergyman. When I go home I am a husband to my wife. I am also father to my children. I am all of that as I stand before you; when I go home I shall not stop being a clergyman. That's how it is with God. God is Father, Son and Holy Spirit."

In whatever way people try to explain the Trinity, however, it remains impossible to understand. It is a mystery.

For discussion:

Which of the ideas of the Trinity that we have explored do you like best? Why?

Why do ideas about God remain a mystery?

In what way are you a trinity?

* Draw out from pupils the idea that they are different people in different situations, ie at home, school, with their friends. It may be appropriate also to explore the three stages of life and growing up.

Look at the word

TRINITY

• Make a collection of other words which begin with same letters

tri.....

tri.....

tri.....

tri.....

What is common to all of them?

What does the first syllable 'tri' say?

• Now look at the rest of the word 'trinity'. If you remove the first syllable 'tri', you are left with four letters:

NITY

One letter added to the beginning would turn 'nity' into a word. Try all the letters of the alphabet until you come to one that makes sense and look up the word in a dictionary.

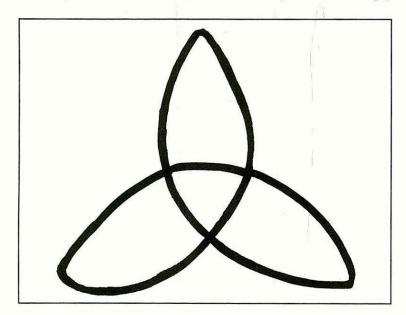
Now you can begin to understand what the word 'trinity' means.

TRI +NITY

means means

Fill the spaces and talk about what the word might be describing.

The Trinity means 'three in one'. This activity sheet will help you to think about what that might mean.



Begin anywhere in the shape and trace the line, covering each bit of it just once.

This is a single, continuous line but the shape it makes has three parts. Like the shamrock it is a three in one picture. This is another ancient way of showing the mystery of the 'three in one' God. It is the Celtic symbol of the Trinity.

If you were to label the parts of the symbol, what would you write in each space?

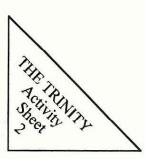
Design your own symbol to show 'three-in-one-ness.'

Later, when pictures became more widely used to help people to learn about God, Jesus was sometimes shown in icons and stained glass windows with a dove around him and a hand in the corner of the picture.

What does the dove represent? Think about the Baptism of Jesus.

Why would the artist put a hand reaching down into the picture?

How do you think such pictures show an understanding of the Trinity?



		Knowledge:	SYMBOLISM				
Concepts						Attitudes	
BELIEFS	THE SPIRITUAL DIMENSION	SYMBOLS	INTEGRITY	ENQ	UIRY	SENSITIVITY	
Christians believe God is: b three-in-one b Father b Son b Holy Spirit	God is a mystery	words shamrock leaf three-in-oneness	valuing: > mystery > the power of words > the power of symbols	Why do ideas about God remain a mystery? What difference does God make?		I have learned that there are different ways of thinking of God	
		THE T	RINITY		i di per		
Skills			Exploratio	n of H	uman	Experience	
USE OF LANGUAGE	USE OF SOURCES	REFLECTION	SPIRITUAL EXPER	IENCES	DAI	LY EXPERIENCE	
trinity unity redeem	words analogy stories	How am I three-(or more)-in-one? What do I think about God?	of: ▷ mystery ▷ pattern ▷ symbols		It is natural personalities	al to have many facets to our ies.	

Resources:

St Patrick's Day greeting cards and illustrations of the Trinity in iconography can be borrowed from RE Resources Corner at Chapel Fields Centre.

I am the True Vine

John 15: 1-11

This is one of the 'I am' sayings which appear only in St John's Gospel. Others include: 'I am the Good Shepherd', 'I am the Door of the Sheep', 'I am the Resurrection and the Life', 'I am the Light of the World' and 'I am the Bread of Life'.

Jesus used the image of the vine to describe the relationship between God, himself and his followers. In using this metaphor, Jesus is taking up an image of the relationship between God and Israel used by the Hebrew prophets in the Old Testament. Jesus says he is the vine, the disciples and all believers are the branches and God is the vine dresser who cares for the vine and works for a good harvest of grapes. The relationship of the disciples and Jesus is very close so that without Jesus the disciples can bear no fruit.

This material invites pupils to think about how they might be 'pruned' in order to become better people.

Lesson 1

Jesus said 'I am the True Vine.' What else did Jesus say he was? Think about some of the things you have learned about Jesus.

'I am the True Vine.'

What do you think Jesus could have meant by this? What is a vine?
Write down three things that a vine has.
If Jesus is the vine, who might the branches be?
Who do you think is the gardener?

Jesus said that he was the vine, the plant itself. As with any plant, the central stem or trunk is of vital importance. People who believed in him, Jesus said, were the branches and God was the gardener who looked after the plants and tended them. It is part of the gardener's job to prune the plants to keep them healthy and to make sure that they bear as much fruit as they can.

For discussion:

What is the actual fruit of a vine?
What would the fruit of the vine be in Jesus' picture?
If you were a branch what would your fruit be?

If you were a branch what would your fruit be? What is pruning?

If you were a branch to be pruned, which part of your character would it be good to lose in order to make you a better person?

Why do you think Jesus chose the vine as a picture to show the close relationship between himself, God and his followers?

Activity Suggestions:

Teaching About:

I AM THE TRUE VINE

PRACTICAL ACTIVITIES	RECORDING ACTIVITIES	EXTENSION ACTIVITIES
THINK ▶ of a modern day picture to show the close relationship between Jesus, God and Christian people	DRAW ▶ a close observational drawing of a vine	EXPLORE → other 'I am' sayings

		Knowledge:	SYMBOLISM	[
Concepts		é.				Attitudes
BELIEFS	THE SPIRITUAL DIMENSION	SYMBOLS	ENQUIRY	SOCIAL A	WARENESS	SOCIAL RESPONSIBILITIES
Christians believe God is in a close relationship with them through Jesus	People's lives bear fruit Relationships cannot always be understood	words images metaphor	How can God's relationship with people be expressed? What does it mean to be 'pruned'?	Relationships need to be nurtured		I can: be part of a relationship be a better person grow
		I AM THE	TRUE VINE			
Skills			Exploratio	n of H	uman	Experience
USE OF LANGUAGE	EMPATHY	REFLECTION	SPIRITUAL EXPERI	ENCES	DAI	LY EXPERIENCE
metaphor	with those who: ➤ want their lives to bear more fruit ➤ want to change/grow	How could I be pruned to make myself a better person? What sort of fruit do I bear? What helps me to grow?	of: being part of a relation being 'pruned' learning	ship	It is natural in relationsh	to have different functions ips

The Khanda

The Khanda is the symbol of the Sikh faith. It is also the name of the double-edged sword that is at the centre of the symbol. This represents the guru's sword, drawn at Baisakhi, when the Brotherhood of Sikhs was founded. The double-edged sword is a symbol of God's concern for truth and justice. The sword itself is used during the initiation ceremony to stir amrit, the sugar water, that the initiate will drink. In the symbol, the sword is surrounded by a circle called a chakkar. This is a reminder of Sikhs' belief in the One God, never ending and timeless. It also symbolises restraint and emphasises the need for Sikhs to stay within the rule of God. On the outside of the symbol are two kirpans, short swords which symbolise God's power over both this world and the spiritual world. The symbol is a reminder to Sikhs of their commitment to God, of their duty to defend what is right and to uphold the faith, both in the temporal and the spiritual worlds.

Lesson 1

* Invite pupils to look at a Khanda symbol or a picture of it. The triangular saffron flag which always flies above a Gurdwara bears the symbol. Invite pupils in groups to identify the features of the symbol. Invite each group to report back and record similarities in some way.



For discussion:

What do you think this is?

What do you recognise about the shape?

What do you think each aspect of it symbolises to the people who wear it?

If this badge is sometimes worn on a turban, which group of people does it identify?

Teaching About:

THE KHANDA

PRACTICAL ACTIVITIES	RECORDING ACTIVITIES	EXTENSION ACTIVITIES
MAKE ➤ a symbol of your own, identifying 3 things that are important to you	RESEARCH → what each of the symbols represents	FIND OUT



		Knowledge:	SYMBOL	ISM		
Concepts	e francisco		The deliced	and the	THE REPORT OF THE RESIDENCE OF THE RESID	Attitudes
BELIEFS	COMMITMENT	SYMBOL	INTEGRITY	SOCIAL RESPONSIBILITIES	SENSITIVITY	TOLERANCE
Sikhs believe • God is:	The Khanda is a reminder to Sikhs of their commitment to God	Khanda double-edged sword chakkar (circle) kirpan	valuing: > commitment > restraint > brotherhood > symbol	I can belong to a group I can be proud of the group and show I belong	I have learned that people of a same group often have a sign or symbol of belonging	People have a right to wear symbols of belonging
		KHA	NDA	New John Street		
Skills	manigos island Tarib singal	militarian (o on o. 60 3 m. atelinum ell _a	Explor	ation of H	Iuman Ex	cperience
USE OF LANGUAGE	USE OF SOURCES	REFLECTION	SPIRITUAL EXPERIENCES		DAILY EX	KPERIENCE .
Khanda kirpan chakkar	Flag or badge	Where do I belong? What signs of belonging do I have?	of: ▷ belonging ▷ a familiar image or symbol		It is natural to: ➤ want to be part of a group ➤ wear a sign/symbol of belong	

Resources:

A Khanda badge can be borrowed from the RE Resources Corner at Chapel Fields Centre.

The Prayer Wheel

The symbol of Buddhism is a wheel. Sometimes the Eightfold Path is presented as a wheel but the most concrete expression of the symbolism of the circle is in the prayer wheel. These are popular, particularly in Tibetan Buddhism and can be small, hand-held objects or larger, communal wheels requiring the efforts of several people to turn them. Each prayer wheel has a mantra inscribed on it and contains an inscribed piece of paper. The effort of turning the wheel is a way of earning merit, helping believers on their way to Nirvana.

These lessons give pupils the opportunity to consider their own moral codes and to reflect on what demands their best efforts.

Lesson 1

* Conceal the prayer wheel in a mystery bag and invite individual pupils to explore it without opening the bag and to make one statement each about it. When the object is revealed, close questioning will engage pupils further with it.

How would you describe the shape of this object? What do you think it is made from? How do you think it might be used? What can we do with it? What might the drum contain? What can you say about the patterns? What do you think it might be?

This object is called a prayer wheel and it comes from Tibet. Objects like this are used by Buddhists. The shapes inscribed on the side of the drum are letters, making words. Similar shapes can be found on the fragile piece of paper inside. These words are in an ancient language called Pali; they are sacred words. The words make a mantra which is a kind of prayer written to be repeated over and over again.

The wheel is designed to be turned continuously. Buddhists believe that as the wheel turns, the sacred words are repeated. It is the action of turning the wheel that forms the prayer. Swinging the prayer wheel flings the words out into the world. The greater the effort it takes, the better the prayer will be. Effort might be expressed in the length of time a person turns a wheel like this or in the size of the wheel and the number of people needed to turn it. Buddhists believe the powerful words of the mantra can help them find enlightenment. They want to grow to be more like the Buddha. Most Buddhists do not worship God.

For discussion:

How long do you think you could keep the wheel turning?

What words do you repeat frequently?

What words are so important to you that you would want to fling them out over the world?

What do you do that demands your best efforts?

Lesson 2

* Show pupils the prayer wheel again and talk about why it is called a wheel. Turn it and ask pupils what shape is made in the air by the weight on the end of the chain.

The wheel is an important symbol in Buddhism for several reasons. Buddhists believe that life is an endless cycle of birth, death and re-birth. They believe that if they can control their minds they might be able to break out of this endless cycle and reach a state of peace which they call Nirvana. This they believe to be the end of suffering. To help them control their minds, they practice meditation.

The symbol of Buddhism is a wheel and this reminds believers of the death, re-birth, death cycle which goes on like a wheel turning. They believe that if they follow a strict moral code they are more likely to escape this cycle of re-birth. They call this code the Noble Eightfold Path. The eight steps in this path are:

'Right understanding, right thought, right speech, right action, right living, right effort, right awareness and right concentration.' Sometimes these are presented as a wheel.

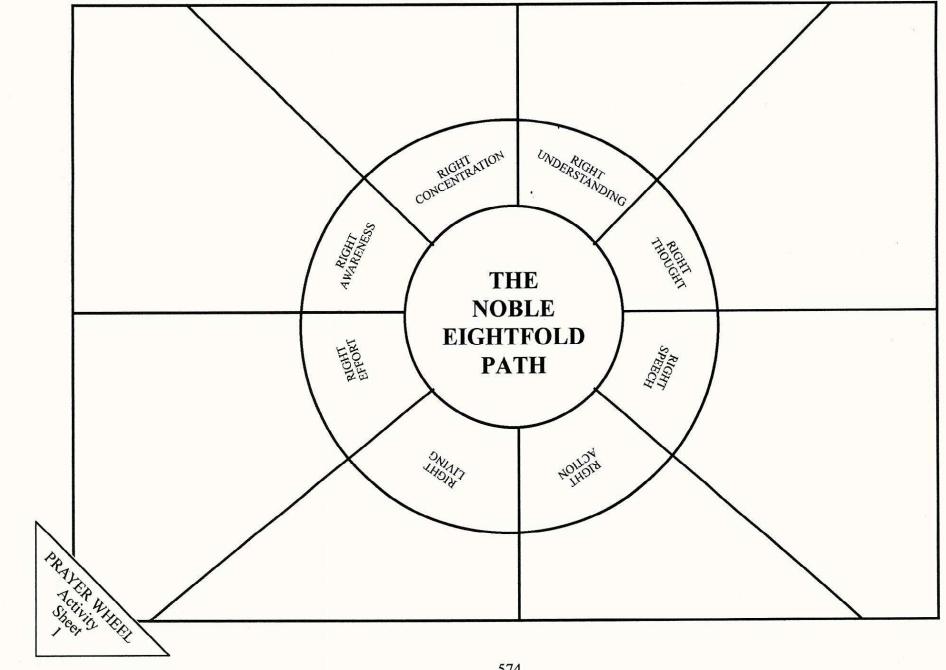
Activity Suggestions:

Teaching About:

THE PRAYER WHEEL

PRACTICAL ACTIVITIES	RECORDING ACTIVITIES	EXTENSION ACTIVITIES
DESIGN AND MAKE ▶ your own prayer wheel	WRITE ▷ a prayer to put inside your prayer wheel ▷ your own moral code	FIND OUT ▶ more about Buddhists and what they believe

In your group, talk about the words around the circle. Write your ideas of what the words mean in the spaces outside the circle.



Knowledge: SYMBOLISM

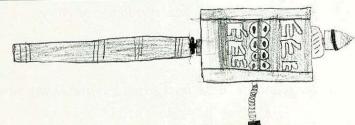
Concepts			187	al assemble remaining	Attitudes	
IMPORTANCE OF RELIGION	SPIRITUAL DIMENSION	MORALITY	SYMBOLS	INTEGRITY	ENQUIRY	TOLERANCE
To Buddhists, religion: ▶ helps to control the mind ▶ offers order and purpose to believers ▶ presents a path	Meditation can help to control the mind	It is right to follow a moral code	circle wheel words	valuing: ▷ perseverance ▷ faithfulness ▷ commitment ▷ words	What is the 'right' approach to life? What is religion without God?	People have a right to pray in their own way

THE PRAYER WHEEL

Skills			Exploration of Human Experience		
USE OF LANGUAGE	REASONED ARGUMENT	REFLECTION	RESPONSIBLE RELATIONSHIPS	DAILY EXPERIENCE	
mantra sacred enlightenment	How is the mind controlled?	What words are important to me? Where would I put my greatest efforts? How do I control my mind?	I can: ➤ keep a moral code ➤ behave and think in a moderate, sensible way	It is natural to:	

Resources:

For information about the Eightfold Path, see: *The Buddhist World* Macdonald.



I am the Resurrection and the Life

This is another of the famous 'I am' sayings of Jesus from John's Gospel. The poster entitled 'The Risen Lord' which is used in this lesson creates a concrete focus for a profoundly difficult, abstract theme which is at the heart of Christian belief. An appropriate context for this might be the lessons on Easter.

Lesson 1

* Show pupils the poster 'The Risen Lord' showing Jesus in glory. Invite them to talk about what they can see in the picture.

For discussion:

What can you say about the figure?

What is in the background?

What kind of colours are used?

What do you think the artist wants to say in this picture?

- *Talk together about the symbolism expressed in the picture. Draw out in the discussion the significance of:
- the shape of the figure, which although set against the cross with nail marks in the hands and feet, is presented in a gesture of blessing, and is a figure of glory.
- the halo
- the plant life in the background, representing new life

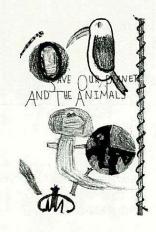
- the buildings in the background representing the life of the world
- the sun, moon and planets
- the colours which are lively and vibrant
- the design itself which shows everything radiating from the figure. It shows how, for Christians, the resurrection is central to the whole of creation.



Teaching About:

I AM THE RESURRECTION AND THE LIFE

PRACTICAL ACTIVITIES	RECORDING ACTIVITIES	EXTENSION ACTIVITIES
DESIGN	 MAKE ▷ a collection of words describing how the pictures makes you feel and its effect ▷ a collection of pictures from magazines and papers which depict life on this plant ▷ a collage using your cuttings and/or words 	WRITE ▶ a poem, using the words from your collection, which reflects the message of the poster



	K	Knowledge: S	SYMBOL	ISM		
Concepts					3	Attitudes
Beliefs	THE SPIRITUAL DIMENSION	SYMBOLS	INTEGRITY	ENQUIRY	SENSITIVITY	ECOLOGICAL RESPONSIBILITY
Christians believe: ➤ Jesus rose from the dead ➤ there is life after death	Some artists are able to express religious beliefs through their artistic talents Art can express deep feelings	the cross colour light images of the natural world	valuing: ▷ artistic interpretation ▷ beauty ▷ mystery ▷ wonder	Why do people paint/make religious pictures?	I have learned that: ➤ some things are hard to explain in words and that pictures can help ➤ Christians believe Jesus rose from the dead	Christians believe: creation is part of God's plan that Jesus is central to God's creation
	I AM T	THE RESURRE	CTION AND	THE LIFE		
Skills			Explore	tion of H	Tuman Ex	perience
USE OF LANGUAGE	EMPATHY	REFLECTION	SPIRITUAL E	XPERIENCES	DAILY EX	PERIENCE
resurrection halo creation	with those who: > enjoy drawing and painting > enjoy looking at beautiful work > want to create something of beauty	What picture or image has caused me to remember it for a long time? What would I like to be able to do to give other people great joy and happiness?	of: it		alents of another work which will	

Resources:

The poster 'The Risen Lord' can be borrowed from the RE Resources Corner at Chapel Fields Centre or purchased from St Paul's Centre, 133 Corporation Street, Birmingham B4 6PH Tel: 0121 236 1619.

AUM

Aum, sometimes pronounced Om, is both a visual and an auditory symbol. It represents the whole of creation to Hindus. The sound 'Aum' is used as a mantra, a verbal aid, and is repeated over and over again to concentrate the mind of the worshipper on prayer and raise his or her spiritual awareness. It is considered a most sacred and auspicious sound which expresses the very essence of the faith and is recognised as the basic sound of the world. The sound is believed to be the sound of Shiva's drum which he played as he danced the dance of creation. Hindus believe it is Shiva's energy which keeps the world going.

There is also a visual representation of the sound which is the symbol of the Hindu faith. Posters bearing the symbol are often found in Hindu homes and are sometimes worn as a pendant by believers. There are three parts to the symbol, each of which is significant in Hinduism. The three parts of the symbol represent different aspects of Hindu belief. The symbol represents:

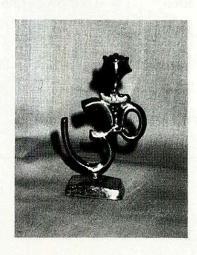
- ▶ Brahma (the aspect of God which creates life), Vishnu (the aspect of God which preserves life), Shiva (the aspect of God which destroys life so that new life can begin).
- ▶ The past, present and future.
- > The masculine, feminine and neuter forms of life.
- ▷ Birth, life and death.

Lesson 1

*Begin by showing pupils the visual symbol representing 'Aum'. Invite them to look at its shape overall and its constituent parts and to talk about what it might be and what it might represent.

Explain its significance to Hindus. Explore the three aspects of life which the symbol might represent. Invite pupils to discuss the three aspects of Hindu belief about God which the symbol represents.

This symbol, the Aum or Om symbol, is used by Hindus to help them in prayer. They concentrate on it to help them to clear their minds of all other things and to focus their thinking on the



divine. As well as looking at the shape of the symbol, they use the sound which they believe it makes to help them to concentrate too. The sound is a long sound, all on one note, pronouncing the syllable 'Aum' or 'Om'. They believe this sound represents the whole of creation. It is the sound which Hindus believe it is a divine sound, the sound of Shiva's drum, the sound of creation.

For discussion:

What sounds to you think might have accompanied creation?

What do you use to help you to concentrate on something important?

What sounds are important to you?

Activity Suggestions:

Teaching About:

AUM

PRACTICAL ACTIVITIES	RECORDING ACTIVITIES	EXTENSION ACTIVITIES
MAKE ➤ Your own sound collage for creation	DESIGN AND MAKE ➤ Your own symbol to show what you believe about God	

Concepts			To the last			Attitudes	
BELIEFS	IMPORTANCE OF RELIGION	SYMBOLS	INTEGRITY	ENQUIRY		TOLERANCE	
For Hindus the divine:	Religion: > expresses all aspects and phases of life	a sound a shape	valuing > patterns > variety > cycles of life	What was the same disc.		Everyone has a right to his/her own beliefs about God and the world	
		Al	U M				
Skills			Explorati	on of H	luman	Experience	
USE OF LANGUAGE	USE OF SOURCES	REFLECTION	SPIRITUAL EXPERIENCES		DAILY EXPERIENCE		
symbol divine	auditory visual	What are the patterns in my life? What sounds are important to me?	of:		The world is recreated every day.		

Knowledge: AIIM

Resources:

A recording of the sound being chanted and a copy of the visual symbol can be borrowed from the RE Resources Corner at Chapel Fields Centre.

For more information about Hinduism, see: Bahree (1982) *The Hindu World* Macdonald Kanitar (1992) *Hinduism* Wayland Manju (1989) *I am a Hindu* Franklin Watts

The Amnesty Candle

A candle surrounded by barbed wire is the symbol of the world-wide organisation called Amnesty International which campaigns for human rights, particularly for the release of prisoners of conscience. Though not in itself a religious symbol, it expresses vividly the power of a symbol and helps pupils to understand something of the purpose of symbols. This is also a concrete way of exploring with pupils issues to do with human rights.

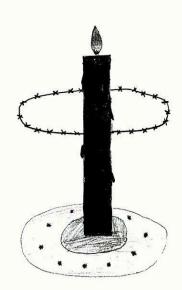
Lesson 1

* Light a candle and invite pupils to look at it for a moment in silence and to think about it.

What does a candle say to the darkness? What do you associate with a candle?

* Show pupils a piece of barbed wire, place it where they can see it and invite them to look at it in silence and to think about what it represents. After a pause, place a piece of coiled barbed wire over the candle so that it surrounds the candle. After another pause invite pupils to talk about how the wire affects the message of the candle and how they feel about it. Draw out from the discussion the idea that this is a symbol, which is a visual image used to convey a meaning far deeper than the image itself. Invite pupils' suggestions as to what this symbol might represent.

Explain that the candle surrounded by barbed wire is the symbol of a group called Amnesty International which is known throughout the world. Either tell the story of the development of this organisation or, if resources permit, invite children to research the organisation for themselves using the activity sheet.



In 1960 Peter Berenson, a British Lawyer, read in a newspaper that two Portuguese students had been arrested. As he read the account he was amazed that the students had been sentenced to seven years' imprisonment simply because they had drunk a toast to freedom in a restaurant.

This was not the first account of injustice he had read or heard about, but it was the one which made him determined to try to do something about inhumane treatment and injustice around the world.

He had the idea of setting up a campaign for just one year in which he would initiate an appeal for an agreement by all governments to release prisoners who were in captivity because of their religious beliefs, their political views, their race or gender. Peter Berenson thought of these people as 'prisoners of conscience', people who had done nothing criminally wrong, but whom powers in authority wanted to hurt, silence or destroy.

Peter and a friend, a man called Eric Baker, discussed the idea enthusiastically and in May 1961 Peter had an article published in *The Observer* newspaper. In France, a similar article was published. 'Appeal for Amnesty 1961' had begun. It started in a small way, but soon the symbol of Amnesty's struggle to throw light in the dark world of the oppressed was established; it was a lighted candle surrounded by barbed wire.

Within months what had started as a year's campaign had escalated into a more permanent organisation in many countries in the world. After one year there were eleven groups and in 1963 the number had risen to 180. Gradually the network established itself across many countries with local groups working on several individual cases at a time, trying to help prisoners in different parts of the world.

Prisoners are identified by name. Letters of encouragement and support are written to them and letters on their behalf are written to governments and authorities. Each individual success when a prisoner is released gives those who campaign on their behalf tremendous encouragement.

The work of Amnesty International continues as news of injustice and cruelty throughout the world floods in. The small groups of volunteers work on in their peaceful fight against cruel and horrific crimes committed against innocent men, women and children.

For discussion:

Why are some people so badly treated?

What do you think is so amazing about the organisation which has grown out of the inspiration of one man?

How do you think it would feel to be imprisoned, prevented from seeing your family and without hope of a fair trial, even when you know you have done nothing wrong?

How would it feel to have a member of your family simply disappear without trace?

This activity sheet will help you to learn more about Amnesty International.

Work with other people in your group and choose one of these activities.

Find out from a dictionary what the words 'Amnesty' and 'International' mean.

Find out how Amnesty International started and make a list of reasons why its title is so appropriate.

Describe and draw the Amnesty candle. Write about what the symbol represents and describe what you think it means to people helped by the organisation.

Read about street children living in Bogata in Columbia and write a letter to the Government in Columbia on behalf of these children. You will need to look at page 15 of the *Journal from Amnesty International British Section*, for January/February 1994.

description of your vision for the organisation, trying to persuade people to help you.

Design a poster or banner to publicise the work of the organisation today.

Find out who started the organisation called Amnesty

International. Imagine you were its founder. Write a

Write a list of the aims of Amnesty International.

Design a logo for the Junior Urgent Action Network which is the junior branch of Amnesty International.

Look at a collection of leaflets about the organisation. Talk about what you can learn about the organisation from them and find a way to record the information.

Design and make a symbol of your own which you think would give hope to a prisoner. Explain the symbolism you have used and your reasons for choosing it. Explain why you have chosen to present it in the way that you have.



Knowl	ledge:	SYMBO	LISM
	0		

Concepts			Attitudes		
COMMITMENT	MORALITY	SYMBOLS	RESPONSIBLE RELATIONSHIPS	SOCIAL AWARENESS	SENSITIVITY
Amnesty workers are committed to: > a campaign for human rights > free prisoners of conscience	It is wrong to: imprison without fair trial	A candle can be a symbol of hope Barbed wire represents the wounding, tearing quality of life for the oppressed	are built on: > trust > respect > tolerance > truth > help > compassion > sharing	some people: > dedicate their lives to help the oppressed > spend their spare time working for Amnesty International > give money to help release people wrongly imprisoned	I have learned that many people ➤ are wrongly imprisoned ➤ are locked away and tortured ➤ have no one to defend or speak for them

THE AMNESTY CANDLE

Skills			Exploration of Human Experience		
REASONED ARGUMENT	EMPATHY	REFLECTION	RESPONSIBLE RELATIONSHIPS	EMOTIONS	
Why are some people so cruel and savage? Why do some people not seem to care? Is it possible to change people's attitudes?	with those who are: > imprisoned > missing their family and friends > feel very fearful > are in great physical and mental pain	What do I feel strongly about? What would be the worst thing about being locked away? What is precious to me? What can I do to help people?	I can: ▷ care for others ▷ help others	shock anger sadness loneliness frustration despair	

Resources:

A pack of information about Amnesty International can be borrowed from the RE Resources Corner at Chapel Fields Centre Information is available from:

Amnesty International, British Section, 99-119 Roseberry Avenue, LONDON EC1R 4RE

The campaign journal from Amnesty International British Section is a useful resource for pupils' own investigation.

For further information see:

Bronson Organisations that Help the World: Amnesty International Exley Publications Limited

Guide to Pronunciation

Adhan Azarn Sawm Sorm Sha-har-dar Aum Om Shahadah Baisakhi By-sar-kee Siddhartha Gotama Sid-ar-ta Got-arm-a Bee-attitudes Simchat Sim-cat Beatitudes Taizé Bhagavad Gita Bag-av-ad Geeta Tay-zay Bimah Bim-ar Tallith Tal-lit Bish-mill-ar Tefillin T-fill-in Bismillah Chow-ree Topi Toe-pee Chauri Coeli Chay-lee Torah Tor-rah Wuzoo Deus Day-us Wudu Eid Ul Adha Eeed Ul Add er Zakat Zak-art Esau Ee-saw Ex-chel-sis Excelsis Galatia G-lay-sha Hajj Hari Ichthus Ick-thus Kacha Kutcha

Marija Maria Medjugorje Mej-a-gor-ree-ay Nebuchadnezzar Neb-you-kad-**nez**-zar

Kara

Khanda

Kurra

Kunda

Nirvana Ner-var-na Paten Pat-en Pleni Plane-ee Puja Poo-ja Kib-la Qibla Qu'ran Kor-an Rakhi Rar-k-ee Rabboni Rab-bone-eye Rumala Roo-marl-a Sabaoth Sab-by-ot

NB Stressed syllables are in bold Long sounds are underlined.

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