

Early Years Team

Videos for parents

Helpful videos

[Creating Opportunities for Communication: Using Sabotage Strategies](#)

(how to use simple sabotage strategies to encourage children to communicate)



[Makaton with Lucinda - To help](#) (learn how to sign 'help' in Makaton)



[Friendly Sabotage](#) (how friendly sabotage can be used to create opportunities for children to communicate)



[Using A Communication Board - YouTube](#) (how to use a communication board to help children make choices and communicate their needs)



[Anticipation Games to support Communication for children with Down syndrome](#) (how anticipation games can encourage communication and social interaction in children with Down syndrome)



Picky eating advice:

[One Simple Change to Get Even The Fussiest Eater To Try New Foods](#) (learning plate & hierarchy of steps towards finally eating new foods)



[High Chair: How to adjust Baby Highchair \(so your baby eats well\)](#) (explains why a child needs suitable seating when eating)



[Are You Struggling with Picky Eating?](#) (suggests stopping the 'grazing' and sit at a table to eat)



Food Play:

[Messy Play \(Part 1\): Fun with Food!](#) (have fun with food, use positive language and explore foods)



[Sensory Food Play | Advice for Fussy Eaters | AD \(youtube.com\)](#) (painting with celery & bread sticks/mashed potato snowman)



Speech and Language Videos:

[BUBBLES for SPEECH and LANGUAGE development \(youtube.com\)](#) (how bubble play can be used to encourage communication, attention and turn-taking skills)



[What to do if your toddler isn't talking \(youtube.com\)](#) (helpful guide explaining ways to support a toddler's speech and language development at home)



[How to use objects of reference - YouTube](#) (using everyday objects as visual and tactile cues to help children understand routines, activities and communication)



[How to use choices to get your child talking](#) (offering simple choices can motivate children to communicate and develop their language skills)



[How to turn snack time into speech and language practice](#) (strategies for using snack times as opportunities to build communication and interaction skills)



[Play & Interaction – Solihull Children's Community Therapies](#) (ten top tips to support speech and language)



[Resources for Everyone – Solihull Children's Community Therapies](#)

('Resources for Everyone' section. Advice sheets with useful video links)

