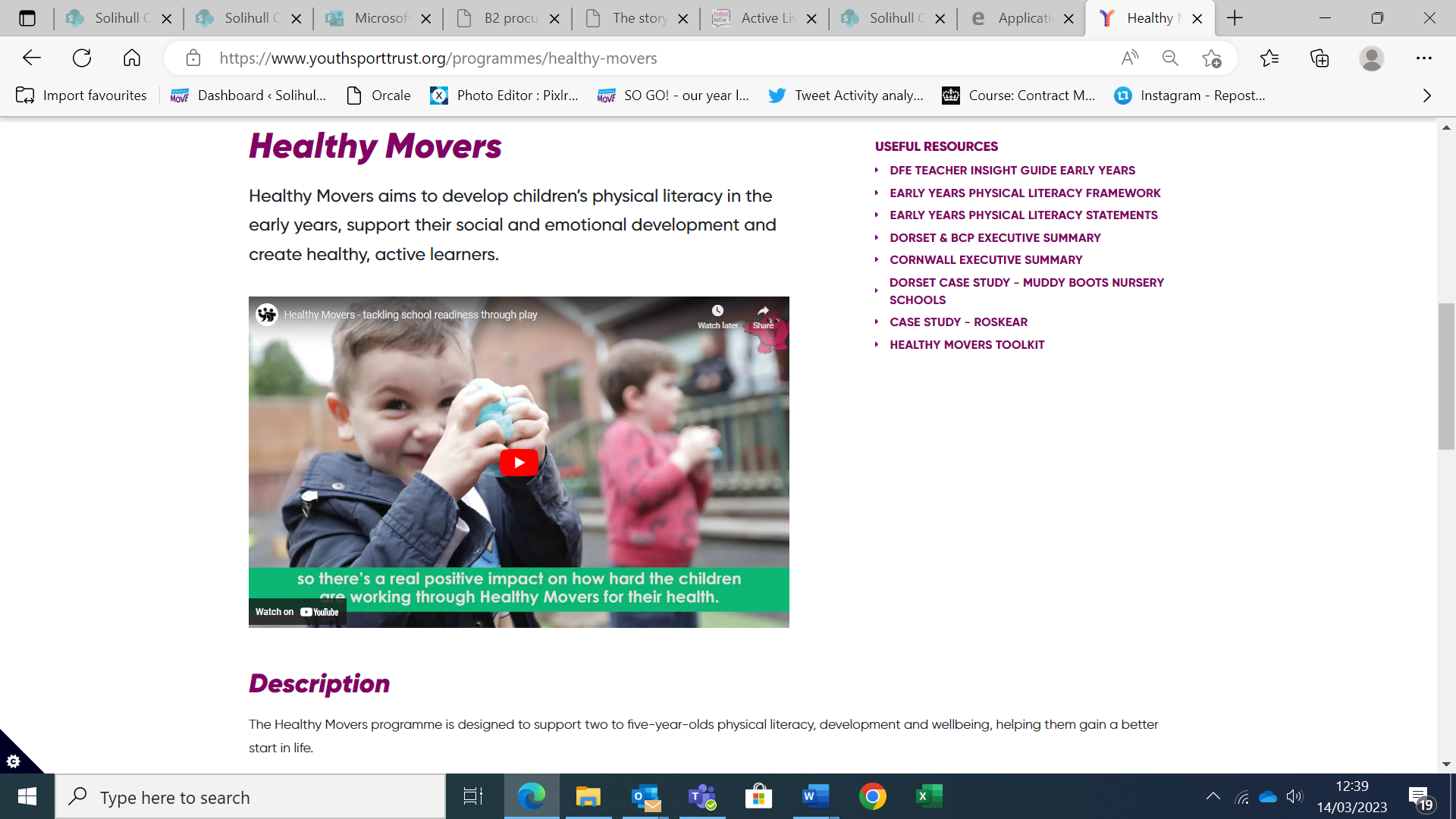
**Early Years Physical Activity Training**

Solihull Active would like to support Early Years Providers in Solihull to better understand physical activity in young children

We have partnered with National Charity, [Youth Sport Trust](https://www.youthsporttrust.org/) to offer their [Healthy Movers course](https://www.youthsporttrust.org/programmes/healthy-movers). The course is based on their [Early Years Physical Literacy Framework.](https://ystcms.youthsporttrust.org/media/xl1dyrzb/early-years-physical-literacy-framework.pdf)

[](https://youtu.be/N-sXPw1Zc1c)

Healthy Movers approach has been effective at increasing children’ physical, emotional and social development as a foundation for improving language, communication and literacy.

For more information about the course and to watch the video please visit: <https://www.youthsporttrust.org/programmes/healthy-movers>

Qr code

Description automatically generated

**To register your interest, please complete the following, or scan the QR code:**

[**https://forms.office.com/e/ZsqL6sFHTe**](https://forms.office.com/e/ZsqL6sFHTe)