

**The provider must promote the good health, including the oral health, of children attending the setting.**

*EYFS Statutory Framework, Sept 2021*

[Colgate resources](https://www.colgate.com/en-us/oral-health-education/educational-resources)

[KIDS (aquafresh.co.uk)](https://www.aquafresh.co.uk/kids.html)

[Earn your toothbrushing badge with Hey Duggee](https://www.bbc.co.uk/cbeebies/puzzles/earn-your-tooth-brushing-badge-quiz)

[Mr Tumble's brush your teeth song](https://www.youtube.com/watch?v=-_QJXHQONbY)+

[Toothbrushing song and story](https://www.bbc.co.uk/teach/school-radio/eyfs-playtime-toothbrush/zk4p2sg)

**How about:**

* Adding toothbrushes in with the dolls’ role play resources
* Making toothbrushes with the children to use with small world characters
* Setting up a dentist role play space and modelling the role of dentist and patient
* Having a pyjama day and role playing the bedtime and morning routine
* Making giant teeth from old yoghurt pots, getting them messy and then using old brushes to clean them. Talk about the motion, cleaning the edges, in the gaps
* Using mirrors so that children can explore their smile, and look at their mouth shapes and teeth as you sing songs together
* Setting lots of two minute challenges to get used to the length of time needed for good toothbrushing.

**Coming soon…World Health Day: 07.04.21 (check back for useful resources)**

**20/03/2021**

In England, tooth decay remains a serious problem. Children with tooth decay can experience much pain and discomfort – this can affect their ability to eat, sleep, and play, all of which can disrupt their learning and development.

*Pacey: Early Years Oral Health, Jenny Godson*

[**World oral health day**](http://www.worldoralhealthday.com/)

[**GOV.UK Child dental health**](https://www.gov.uk/government/publications/health-matters-child-dental-health/health-matters-child-dental-health)

**Parent pointers**

[NHS Children's teeth](https://www.nhs.uk/live-well/healthy-body/taking-care-of-childrens-teeth/)

Start toothbrushing as soon as your child has a tooth.

Maybe your child could choose their own brush.

Let them have a go at brushing your teeth (be brave). Feeling powerless while you do their teeth can sometimes cause problems.

Try the Brush DJ Timer app to play music during the two minutes needed to brush.

**WORLD ORAL HEALTH DAY**