

Resources to support Early Years C19 return / transition to new arrangements nursery – Solihull LA

Songs and rhymes to support new rules/ considerations

<http://www.preschooleducation.com/sspace.shtml> - lots to choose from...some are below

<p>Cough or Sneeze</p> <p>Sung To: "Mary had a little lamb"</p> <p>When you have to cough or sneeze, cough or sneeze, cough or sneeze, When you have to cough or sneeze, cover your mouth please!</p>	<p>Table Manners</p> <p>Sung to: "Frere Jacques"</p> <p>Chewing quietly, chewing quietly Do not slurp, do not slurp, We must say excuse me, We must say excuse me When we burp, When we burp.</p>
<p>I Need A Tissue! : Beverly Meyer</p> <p>Sung To: "Old MacDonald" Can be used with a puppet</p> <p>I have myself a rotten cold AA-AA-ACHOO! I have myself a rotten cold AA-AA-ACHOO I need a tissue, I need a tissue I have myself a rotten cold AA-AA-ACHOO!</p> <p>When I'm at school I catch my sneeze (catch your sneeze in your arm) AA-AA-AACHOO! When I'm at school I catch my sneeze AA-AA-AACHOO! I need a tissue, I need a tissue</p> <p>To get rid of the germs I wash my hands Washy, washy, wash So no one else will feel like this Washy, washy, Wash I need a tissue, I need a tissue To get rid of the germs, I wash my hands Washy, washy, wash</p> <p>When I go home, I take a rest Snooore I find a warm place that I like to cuddle best Snooore I need a tissue, I need a tissue When I go home, I take a rest Snooore, good night! When I'm at school I catch my sneeze AA-AA-AACHOO</p> <p>Model sneezing into inner arm</p>	<p>Oh, Before I Eat My Meals Adapt for the new rules Sung to: "If You're Happy and You Know it"</p> <p>Oh, before I eat my meals, I wash my hands, (scrub, scrub) Oh, before I eat my meals, I wash my hands, (scrub, scrub) Oh, it's very smart I think, Sends those germs right down the sink. Oh, before I eat my meals, I wash my hands. (scrub, scrub)</p> <p>Oh, before I eat my meals, I set my place, (set, set) Oh, before I eat my meals, I set my place, (set, set) I set everything I need, I feel very proud, indeed. Oh, before I eat my meals, I set my place. (set, set)</p> <p>Oh, before I eat my meals, I pass the food, (pass the plate) Oh, before I eat my meals, I pass the food, (pass the plate) 'Cause we know it's only fair For us all to have our share Oh, before I eat my meals, I pass the food.</p>

Resources to support Early Years C19 return / transition to new arrangements nursery – Solihull LA

<p>Sick Child</p> <p>Mary had a little lamb, she also had the flu. And when she left her day care (school), the others had it too. So anytime your child is sick, please keep her home with you. Then the children in our day care (school) will be happier and healthier too!</p>	<p>Sneeze Song</p> <p>Sung To: "Farmer In The Dell"</p> <p>I think --I am going to sneeze ..(ha chew!) I think --I am going to sneeze ..(ha chew) If you sneeze, pass the tissue please.... Ha Chew, Ha Chew, Ha Chew</p> <p>All shout --put it in the bin!</p>
<p>Excuse Me</p> <p>If I bump into someone I say "excuse me". If I need to interrupt I say "excuse me". I can see it makes people happy When I say it so politely Yes, good manners mean to always say "excuse me"!</p> <p>Important Rules -to alter</p> <p>Sung To: "Twinkle, Twinkle, Little Star"</p> <p>Here are rules for you and me, See how important they can be. Always be honest, be kind and fair, Always be good and willing to share. These are rules that we should know, And follow these rules wherever we go.</p>	<p>Submitted by: Victoria Vilar The Good Manners´ Show -adapt Sung To: "This Is The Way"</p> <p>body: This is the show, the good manners´ show the good manners´ show, the good manners´ show. This is the show, the good manners´ show, come and see it today!</p> <p>This is the way we knock at the door, we knock at the door, we knock at the door. This is the way we knock at the door, and we say hello to you!</p> <p>This is the way we ask for something, we ask for something, we ask for something. This is the way we ask for something saying please and thank you!</p> <p>This is the way we play in the playground, we play in the playground, we play in the playground. This is the way we play in the playground, sharing and being good friends!</p>
<p>Dance Around The Playground</p> <p>Sung to: "Mulberry Bush" arms outstretched to ensure spacing</p> <p>This is the way we dance around, Dance around, Dance around. This is the way we dance around, Our playground in the morning.</p> <p>*skip around *twirl around *crawl around *hop around *spin around *gallop around *sneak around *tip toe around</p>	<p>Dance in spaces</p> <p>Sung to: "Frere Jacques"</p> <p>Dance in spaces Dance in spaces In the air In the air Whirling, twirling, spaces Whirling, twirling, spaces Here and there Here and there.</p>

<p>Health</p> <p>Washing by: Kathy</p> <p>This little hand is a good little hand (wave) This little hand is its brother (wave other) Together they wash and wash and wash (pretend) One hand washes the other.</p>	<p>Wash your Little Hands</p> <p>Sung to: "Twinkle, Twinkle Little Star"</p> <p>(child's name, child's name) if you can, go and wash your little hands</p>
<p>Healthy Way</p> <p>Sung to: "Mulberry Bush"</p> <ol style="list-style-type: none"> 1. This is the healthy way we live 2. This is the way we wash ourselves 3. This is the way we comb our hair 4. This is the way we brush our teeth 5. This is the way we eat good foods 6. This is the way we exercise <p>Adapt for C19 'rules'</p>	<p>Wash Your Hands</p> <p>Sung to: Row, Row Row Your Boat"</p> <p>Wash, wash, wash your hands Play our handy game. Rub and scrub, and scrub and rub. Germs go down the drain. HEY! Wash, wash, wash your hands Play our handy game. Rub and scrub, and scrub and rub. Dirt goes down the drain. HEY!</p>
<p>GERMS WILL MAKE YOU SICK Sung to: "Hokey-Pokey"</p> <p>Germs are really mean, But they can't be seen. They will make you sick, Then you will feel "ick". Use some soap and water, Scrub your hands to get them clean- Clean's what it's all about! Becky Valenick © Warren Publishing House</p>	<p>IF YOU THINK YOU'RE GOING TO SNEEZE Jean Warren Tune: "If You're Happy And You Know It" If you think you're going to sneeze, grab a tissue. If you think you're going to sneeze, grab a tissue. If you think you're going to sneeze, then please, please, please, If you think you're going to sneeze, grab a tissue!</p> <p>Or</p> <p>If you think you're going to sneeze, cover your nose. If you think you're going to sneeze, cover your nose. If you think you're going to sneeze, then please, please, please, If you think you're going to sneeze, cover your nose! If you sneeze into your hand, scrub it clean. If you sneeze into your hand, scrub it clean. If you sneeze into your hand, then scrub it all you can. If you sneeze into your hand, scrub it clean.</p>
<p>This is the way we [follow the rules] This is the way we [insert phrases to replace go to school] This is the way we keep our space , keep our space, keep our space, At [nursery?] when we're talking</p>	

Resources to support Early Years C19 return / transition to new arrangements nursery – Solihull LA

<https://www.youtube.com/watch?v=388Q44ReOWE&t=1s> – move and freeze - stay spaced

<https://www.youtube.com/watch?v=3fjdEEL0GjQ> – Boom Chicka Boom ..moving in fixed spaces

<https://www.songsforteaching.com/healthsongs.htm>

www.healthforkids.co.uk – Boogie Zumba

<https://littleowlsresources.com/stay-healthy>

Stories – not all of these may be available [yet] and you will need to decide if they suit your cohort / age group

www.solgrid.org.uk/eyc > the learning and development resources have lists of books to support PSE and they can be a good starting point for discussion

<i>A little space for me</i> – Jennifer Gray Olson [July- mindfulness]
<i>Alone together</i> – Julia Seal [coming soon]
<i>Can I give you a squish?</i> –Emily Neilson
<i>Charlie & Lola : I'm really ever so not well</i> – Lauren Child
<i>Coronavirus</i> – Nosy Crow 5+
<i>Cutie Sue fights the germs</i> – Katie Melton [YouTube]
<i>Fighting Germs – Why no birthday parties-</i> Divya Moham + ?
<i>Germs are not for sharing</i> – Elizabeth Verdick [YouTube]
<i>Germs</i> – Russ Collins ...you may have a copy
<i>Leo and the Lightening Dragons</i> – Gill White https://www.youtube.com/watch?v=SS5wmPCjDh0
<i>Personal Space Invader (Little Boost)</i> - Harrison P. Spader If you can't get the book use the rhyme - Harrison P. Spader sat a little too close. Shook hands a little too long. High-fived a little too hard. And hugged a little too much. Harrison P. Spader was a personal space invader. But that all changes when he learns the Space Saver rhyme: <i>Arms out front, then out real wide. Now place your arms back by your sides.</i>
<i>Sick Simon</i> – Dan Krall ...not to everyone's tastes [YouTube]
<i>Through with the Zoo-</i> Jacob Grant [YouTube]
<i>The day the lines changed</i> – Kelly Donner [soon]
<i>Wash your hands-</i> Tony Ross
<i>Little Cat Needs Space</i> – Dori Durbin Dori has a website and Instagram which may be a good starting point for children in YR to explore the characters and write their own story
https://nurtureandthriveblog.com/build-resilience-in-children/ www.solgrid.org.uk/eyc - resources and PSE booklists

Resources to support Early Years C19 return / transition to new arrangements nursery – Solihull LA

Games: to explore spatial awareness

Follow my leader- at a socially acceptable distance !
Round and round the village – [around cones] , In and out the windows [weave between cones], stand and face your partner [arms out –not touching], Bow –or settings preferred greeting
Simon says- call out things you could and shouldn't do ...omit Simon Says for things that are discouraged... eg touch your face, suck your fingers, put toys in your mouth, lick a window ☺ ... against Simon says get in a space, Simon says hop about...
Don't touch me for a penny cup of tea –chant Move to different types and speeds of music and when music stops sing chant [or see Space invader story above] If children can touch someone they should move in a crouched way and miss one go.
Don't bump-a-car. Children hold a hoop around themselves and jump/ hop/ walk/ march – around and not bump.... Suggest not run as they could trip if hoop dropped at speed
Keep to your space- spaced tiles [carpet?] on the floor ...children move about without falling in the lava and by treading on tiles.... You have to wait if there is someone in the space [on the tile] you are wanting to step on
Planet spaces- Chalk spaces on the outdoor area [large] 2m apart, the children have to wait for instructions to travel to their next planet [10-0 countdown may be useful here] as they are instructed to walk/ hop/ backwards/ zig zag etc. Encourage the children to point to the next planet they intend to zoom to ...if 2 ch end up at the same planet they miss a go
Throw and go in a large space- Each child has a piece of screwed up scrap paper they have used. They throw the paper and move to stand next to it even more fun when the wind is blowing!.... need to stay away from others as they should track their paper
Butterflies/ superman...Hold jumper by the arms and move around ...no crashing ...change the pathways and patterns to add interest/ challenge Zigzag, sideways, one foot

What can go in a dish washer/ be sterilised/ be wiped –resources?

PSE	C&L	Literacy	PD
Carpet tiles to sit on – these can be washed ...but you may want to put a sticky dot to space Children may want to choose a special place to put their tile –timeout [their choice]. Ask child to choose a few special things to add to their special place	Take out microphones Role play – home/ hospital [plastic aprons/ no pretend food]. I spy/ hear lists for transport/ animal/ mini-beast/ etc sounds and spots. Can you have a special place where children can tell others about their time at home?	Can each child have a couple of favourite books in their box? Own zip bag mark-making toolkit [with holes punched in the plastic]. Making posters for children who join. Gel in zip bags can be used to practice letters / wiped over.	Box of bats, plastic balls, quoits, hoops for each group Outdoor equipment is easily washable – watering can/ jug filled by each child at the tap. There may be fewer fine motor opportunities due to cleaning small items.
Maths	EAD	UW	Babies & Toddlers
Marbles, bottle tops, stones, and collections of things such a buttons that can be washed. wooden blocks, balance –plastic and outside pulley balance, wipe able sand timers,	Music –pots and pans and easily cleaned sound makers Indiv child/ group transient art box of easily cleaned things [crayons] Familiar music –ask parents what they listen to at home	Plastic mats / table cloth and a permanent pen and chalk roads Plastic photo album with collection of 'past' events at nursery Ask parents to send photos from home to show the routines >>>PPT show	Collect items for a child's own treasure basket/ box? These are a few of my favourite things... Texture 'wall', heuristic play, rainbow transient art, Be Active Kids - 101 things to do with a stick,

Resources to support Early Years C19 return / transition to new arrangements nursery – Solihull LA

<https://themuddypuddleteacher.co.uk/>

https://muddyfaces.co.uk/activity/?mc_cid=1fecca0d591&mc_eid=f7eb8b40b0