

EMPLOYEE WELLBEING EVENT

MONDAY 14th OCTOBER 2019

1.30pm – 4.30pm

The Loft – Bluebell Centre



An employee wellbeing event will take place in The Loft at the Bluebell Centre, North Solihull* on **Monday 14th October 2019**, between **1.30pm-4.30pm**.

All staff are welcome to drop in and find out more about the range of employee benefits and wellbeing initiatives on offer and talk directly with the providers.

Stands will include:

- Occupational Health provider, Health Management
- Employee Assistance Programme provider, Health Assured
- Cycle 2 Work – Halfords
- Birmingham Hospital Saturday Fund health cash plan
- West Midlands Pension Fund
- Teachers Pension Scheme
- Mental Health First Aid
- Everyone Active leisure centre gym membership
- Discounted travel passes (National Express)
- Go Wellbeing workplace massage service
- Solihull Carers Trust
- Vectis staff discount cards
- Cameron Grant Memorial Trust
- Weight Management & Stop Smoking services
- Trade unions GMB and Unison
- SMBC Sustainable travel
- SIAS (Solihull Integrated Addictions Service)
- Nutritional advice

We look forward to seeing you there!

*Address: 10 West Mall (Opposite Chelmsley Wood Library), 2nd Floor, Chelmsley Wood Shopping Centre, Solihull, B37 5TN