

## PSD LESSON PLAN PROFORMA

Teacher:	ALCOHOL PROJECT	Key Stage: 1 – Year 2
	<b><u>THEME/TOPIC:</u></b> Alcohol Education lesson 4	
	<b><u>CONTEXT:</u></b> See lesson 1	
	<b><u>OBJECTIVE[S]:</u></b> To explore what makes them feel better and strategies they can use to do this	
	<b><u>OUTCOMES:</u></b> <ul style="list-style-type: none"> <li>• To have strategies to make them feel better</li> <li>• To know who to ask for support.</li> </ul>	
	<b><u>ACTIVITIES:</u></b> [see detailed planning]	
<b><u>Resources</u></b> <ul style="list-style-type: none"> <li>• Drinking situation card – someone looking sad or a puppet</li> </ul>	<b><u>KEY QUESTIONS/ASSESSMENT OPPORTUNITIES</u></b>	

## DETAILED LESSON PLANNING

TIMING	ACTIVITIES [include resources, key questions, key words]
10	Recap on ground rules Warm up activity Pass a smile around the circle.
15	<p><b>What helps to make me feel better.....</b>  <b>Explore with the children what they think makes them feel better.</b>            What do they ask for apart from medication? For example, love, company and rest. Who provides this? Talk about these people: what do they do, say and feel? Again, make a note of the children's language.</p> <p><b>Ideas for class/group board of drawing/writing:</b>  <b>This is how we look when we are ill:</b></p> <ul style="list-style-type: none"> <li>▪ We Cry</li> <li>▪ We Sleep</li> <li>▪ We are Sick</li> </ul> <p><b>This is how we look when we are better:</b></p> <ul style="list-style-type: none"> <li>▪ We Play</li> <li>▪ We Eat</li> <li>▪ We Run</li> </ul> <p><b>This is what made us better:</b></p> <ul style="list-style-type: none"> <li>▪ Medicines and Injections</li> <li>▪ Lots of Rest</li> <li>▪ Lots of Love</li> <li>▪ Doing what we are Told</li> <li>▪ We Helped</li> </ul>
30	<p>Introduce puppet/picture of someone looking sad. Discuss how they are feeling. How can we tell? What could they do to make themselves feel better? They are thinking of having an alcoholic drink. Discuss if children think this will make things better or worse. Why? Who could they go to for help/support?</p> <p>Create posters giving ideas about how they can make themselves feel better and people who could support them.</p> <p>It is important to end by looking at what the children think they did to help themselves get well. Emphasise that this is an important part of growing up.</p>
5	<p>Round:            One thing I could do if I'm feeling sad is ...</p>

## LESSON EVALUATION

<b>What went well?</b>	<b>How do you know?</b>
<b>What didn't go so well?</b>	<b>How do you know?</b>
<b>What evidence do you have that the pupils achieved the learning objectives?</b>	
<b>What strategies did you use to assess the pupil's learning?</b>	
<b>Targets for next lesson</b>	