



Trauma-informed Classrooms led by Lisa Sabotig, Education Psychologist.

Friday, March 1st 2019

9:30 - 16:00

Venue: Greswold School

Cost: £90 to include lunch

Please apply to Joyce Rothschild by February 14th

joyce.rothschild@solgrid365.org.uk

What can you learn during the session?

- To explore what trauma is and how it affects emotions, behaviour, learning and relationships
- Looking at the impact of trauma
- Understanding the frustrating behaviours of traumatised children
- Key approaches to aid childrens' recovery
- Helping children to learn to self-regulate
- Important things to consider when trying to facilitate recovery
- Exploring some of the different therapies available
- Signposting to helpful organisations and resources to support schools to support a traumatized young person