

16 Days of Action – To mark International day of Violence against women and girls 25/11/2018 – 10/12/2018

| | Date | Key Message | Quote | Image/ video | Statistic |
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| 1 | Sunday 25 th November | What is Domestic Abuse? | Domestic abuse is a manifestation of one person exerting power and control over another. Domestic Abuse can encompass the following components: <ul style="list-style-type: none"> • Psychological • Physical • Sexual • Financial • Emotional | If love hurts | It is estimated that 1.9 million adults in England, experienced domestic abuse in 2016/17. Last year, 2860 incidents of domestic abuse were reported to West Midlands Police. |
| 2 | Monday 26 th | Who is affected by Domestic Abuse? | Domestic abuse can affect anyone regardless of age, gender, ethnicity or sexual orientation, although women and children carry the greatest burden. | Who experiences domestic abuse | 4 in 5 victims in Solihull are female and 4 in 5 perpetrators are male |
| 3 | Tuesday 27 th | You will be listened to | 'It would have been so much better if it had been talked about. It's all so hidden' – woman working with Women's Aid | How to ask about domestic abuse | ASK ME – lets start talking about domestic abuse. It is okay to ask if you are concerned |
| 4 | Wednesday 28 th | DA the impact on children | Did you know that your children look up to you as their role model? Choose you actions wisely; children see, children do! | Monsters in the closet "In the middle of the night I heard a bang I thought my mummy must be dead and I'll never see her again" (6yrs) | It is estimated that 1300 children and young people are living in local homes where domestic abuse is happening. |

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| 5 | Thursday 29 th | The cost of domestic abuse | Domestic abuse has a huge impact across a range of services including police, health services and social care. | | The annual cost of Domestic Abuse in Solihull is estimated to be £20 million |
| 6 | Friday 30 th | “Honour” based abuse | Domestic abuse knows no boundaries and can happen to anyone no matter their background. However, minority communities may be more at risk due to factors surrounding religious beliefs and cultural aspects. | Shahina's Story YOUTUBE | Between April 2015 and March 2018, the police dealt with 88 cases of so-called “honour based abuse” in Sandwell |
| 7 | Saturday 1 st December | Coercive Control | Coercive or controlling behaviour in an offence. Examples of such behaviour may include isolating someone from friends and family or taking control of their daily life-telling them what they can wear. | #NotAllWoundsAreVisible | Coercive Control YOUTUBE |
| 8 | Sunday 2 nd December | Forced Marriage | Forced marriage is a criminal offence. A forced marriage is one in which one or both spouses do not (or, in the case of some adults with learning or physical disabilities or mental incapacity, cannot) consent to the marriage and violence, threats, or any other form of coercion is involved | #ForcedMarriage is a global problem that needs to be tackled. Nobody should have to suffer in silence. If you're at risk, speak out and call the @FMUnit on: 020 7008 0151. Everyone has the #RightToChoose Right to choose YOUTUBE | In 2018, the Forced Marriage Unit (FMU) gave advice or support related to a possible forced marriage in 1,196 cases. "Everyone should be free to marry whoever they want to!" - Year 8 pupil |

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| 9 | Monday 3 rd December | FGM | Female genital mutilation (FGM) is illegal in the UK. It's also illegal to take a British national or permanent resident abroad for FGM or to help someone trying to do this. The maximum sentence for carrying out FGM or helping it to take place is 14 years in prison. | <p>Petals - the UK's first FGM web app</p> <p>The app gives advice on how to get support and deal with FGM. It can also be used by people who want to find out more about Female Genital Mutilation and how it might affect them and others they may know.</p> <p>Petals</p> | <p>It Stops With Me YOUTUBE</p> <p>What is FGM? - YouTube</p> |
| 10 | Tuesday 4 th December | Rape and Sexual Abuse | Whilst women are at increased risk of experiencing Intimate Personal Violence, men are more at risk to family and institutional abuse. This challenges myths around 'stranger danger' and concepts that rape takes place after dark by a stranger. | <p>Rape and sexual violence project</p> <p>Umbrella Sexual Health Service</p> | The majority of sexual violence is perpetrated by men to women. It is thought that almost 1500 local women and girls will have experienced sexual assault, and 307 rape in the last year. |
| 11 | Wednesday 5 th December | Stalking & Harassment | Stalking is a pattern of repeat and persistent unwanted behaviour that is intrusive and engenders fear. It is when one person becomes fixated or | Difference between stalking and harassment | 1 in 5 women will experience stalking in their adult life and 700,000 women in the UK experience it each year. |

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| | | | <p>obsessed with another and the attention is unwanted. This may include following someone, repeated contact, malicious acts such as damaging their property, publishing material supposedly from them, sending them unwanted 'gifts', loitering, spying etc.</p> | | |
| 1 2 | Thursday 6 th December | Sexual Exploitation | <p>Sexual exploitation means taking the advantage of sexuality and attractiveness of a person to make a personal gain or profit. It is the abuse of a position of vulnerability, differential power, or trust for sexual purposes. This is often described as Child Sexual Exploitation but also includes those over 18 years and the trafficking of women and girls for the sex industry</p> | Sexual exploitation | |
| 1 3 | Friday 7 th December | LGBT | <p>Domestic abuse happens in all types of relationships. Myths and stereotypes about same-sex partner abuse minimise the experiences of LGBTQ people making it difficult for the victims to seek help.</p> | #Equality #LGBTQ | "I didn't tell anyone, I felt so ashamed, like it was my fault like she said it was. But it wasn't, I didn't deserve any of it!" - <u>Survivor</u> |

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| 1 4 | Saturday 8 th December | Services are there to help! | It is important to provide access to specialist support services for victims of domestic abuse, giving individuals effective support that is responsive to their needs and allows them to be heard. | Birmingham and Solihull Women's Aid Rape and Sexual Violence Project Solihull Council Domestic Abuse | "I am very happy with the service and support I receive. I am extremely grateful for the advice and support given..." <u>Survivor</u> |
| 1 5 | Sunday 9 th December | Clare's Law | "I am very happy with the service... and being a man coming into a service like this I felt scared and ashamed of not being heard" | What is Clare's Law | If you are concerned about your partners behaviour, you can discuss this with your local police and if relevant they will share your partners offending history |
| 1 6 | Monday 10 th December | Domestic Abuse is Everybody's Business | Domestic abuse is everybody's business | Domestic Abuse is a workforce issue Workplace Toolkit PHE | <p>2 out of 3 women affected by domestic abuse are in employment. Domestic abuse does not stay at home and employers have a duty of care.</p> <p>58% of abused women miss at least three days of work a month</p> <p>The cost of domestic abuse to business is estimated at £1.9 billion a year due to decreased productivity, time off work, lost wages and sick pay.</p> |