



Are you aged 11 – 16?

Would you like to reduce your stress, be more active and gain more confidence?

Then drop-in to

FIVEWAY CAFE

Where you can meet new people, learn new skills, get active and have fun.

MONDAY

5-7pm

**Windy Arbor Primary School
Woodlands Way, Birmingham
B37 6RN**

WEDNESDAY

5-7pm

**Hatchford Brook Youth Centre
Old Lode Lane
Solihull, B92 8JE**

THURSDAY

3.45-5.45pm

**Dickens Heath Village Hall
1 Main Street, Dickens Heath,
Solihull, B90 1UB**

From 11th Oct 6-8pm

**Dickens Heath Community Primary School
Three Acres Ln, Shirley, Solihull B90 1NA**

WEDNESDAY

6.30-8.00pm

**The Lant Sports and Community
Centre**

**Meeting House Lane
Balsall Common, CV7 7GE**



Engage Solihull

 0121 709 7000  engage@solihull.gov.uk

 socialsolihull.org.uk/earlyhelp

'Early Help is everyone's business'



Solihull
METROPOLITAN
BOROUGH COUNCIL