

Solihull School Nursing - Core Primary School Offer

Health Assessments:

Reception - Ages and Stages and Health Questionnaire; school nurse will attend new starter meetings to inform parents about questionnaires and give parents the questionnaire to complete. Questionnaires are returned to the school nursing service in the sealed envelope provided, school staff are requested **not to open** the envelope addressed to the school nursing team. Reception children will also be offered a vision screen if they have not been seen by an optician.

Year 6 – HAPI: an online tool completed in school, school nurses will contact parents to discuss any health concerns highlighted. The tool also provides information on the health needs of the whole year 6 school population which supports the development of the schools public health plans. A member of the team will contact you to discuss this further following completion of HAPI in your school.

Long term conditions awareness

Epi – Pen, Asthma, - Awareness sessions planned in each locality between September and February with a catch up session in April. Schools will be sent the planned programme in May for the next academic year; staff can book on these sessions at any locality via the school nursing team.

National child measurement programme: (NCMP)

Heights and weights in reception and Year 6, the school nursing team will follow up / sign post / refer children who are underweight.

Health care plans:

The school nurse will work with parents/child/school/GP /consultant to support the development of a health care plan for those children who require one. Where a child needs a care plan written by a specialist nurse / consultant this will be the specialist nurses / consultants responsibility however the school nurse will help to facilitate this process.

Persistent Absenteeism:

The school nurse will work with the parents and school to reduce absenteeism which is due to a health condition.

Referrals to School Nursing:

School nursing accept referral either face to face / telephone from parents, school must complete a referral form. Please ensure you discuss the referral with parent/legal guardian before you send the referral to school nursing as they will not be accepted if parent/legal guardian is not aware of referral.

Attendance at parents evening:

School Nurses are happy to attend parents evening on request

Transition work:

School nurses offer both individual and group sessions on transition to senior school on request and as part of the school healthcare plan developed with school post HAPI completion.

Website:

www.healthforkids.co.uk offers a fun way for children to learn about health with games, activities and quizzes. Children/parents/carers/teaching staff would find this a helpful site.

Health Promotion Activities: Group/Assemblies

Below are some **suggested topics** the priorities for each school will be different and the school nursing team do not have capacity to delivery all sessions in every school therefore please ensure you discuss and agree with the school nurse what the **priorities** are in your school.

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- Hand washing/ hand hygiene. – September – January to help reduce the spread of coughs colds and influenza
- Displays /health promotion / coffee mornings – throughout academic year
- New intake parents evenings/days – summer term
- Drugs, smoking and alcohol health promotion to YR 5 or YR 6 – summer term
- Dental hygiene – throughout the year
- Medicine safety- throughout the year
- Sun safety - spring term
- Puberty- personal hygiene / menstruation – summer term
- Immunisation and vaccination promotion – throughout the year
- Healthy lunchboxes, healthy eating reducing obesity initiatives – to parents and children throughout the year