

ASIST is a two day, skills building workshop that prepares caregivers to provide suicide first aid interventions. ASIST trains participants to reduce the immediate risk of a suicide and increase the support for a person at risk. The workshop helps participants recognise what a person at risk may need from others in order to keep safe and get help.

ASIST is aimed at everybody (over the age of 16). PAPYRUS aims to train as many varied professionals and members of the community including; natural helpers and advisers, emergency service workers, counsellors, teachers, ministers, mental health staff, workers in health, welfare and justice, parents/relatives and community volunteers.

For further information and to book on please go to the PAPYRUS website.

Our upcoming ASIST workshop will be held on:

## Thursday, 28<sup>th</sup> and Friday, 29<sup>th</sup> June 2018 09:00-17:00 (both days)

## Silhillians Sports Club & Conference Centre Warwick Road Knowle Solihull West Midlands B93 9LW

Places are available to purchase at a partially subsidised rate of £165.00 per person.

If you wish to formally book a place on this course, please follow the link below.

You will then be contacted by the PAPYRUS West Midlands Office regarding the success of your application. All participants must complete the on-line booking form in order to apply for a place.