

Mental Health Ambassadors



The aims of the Mental Health Ambassadors training are to train secondary school pupils to offer support to their peers, and to help them in the creation and delivery of campaigns within school that reduce the stigma and discrimination around mental health.

By the end of the training the Learners will have:

- Been given information, facts and figures about mental health
- Explored how mental health problems can impact on the lives of young people (and adults)
- Considered actions they can take to challenge mental health stigma and discrimination within the school

If you are interested in becoming a Mental Health Ambassador please speak to:

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Engage Solihull

☎ 0121 709 7000 ✉ engage@solihull.gov.uk
🌐 socialsolihull.org.uk/earlyhelp

'Early Help is everyone's business'

