## Follow Carers Trust

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## Young Carers in Schools Programme

Information for schools and those working with them

February 2018

## Improving the identification of young carers workshops

Carers Trust has been funded by the Department of Health and Social Care to deliver train the trainer-style workshops for local partners to increase their knowledge and understanding of young carers and the issues they may face. This will help more of us to identify and support young carers – whether we are a commissioner of services or work within a health care setting, teacher, member of a faith group, community leader and/or work with or have regular contact with young people.

If anyone at your school or one of your community partners would be interested in attending, please forward this email. You can find more information here or at the registration links at the bottom of this email.

At this event, you will learn:

- Who are young carers
- How you can help identify children who may be young carers
- What sorts of caring they may do, and how caring impacts on the lives of young carers
- How to recognise and handle safeguarding and confidentiality issues in relation to young carers
- How to approach a conversation with a child or parent in an appropriate and sensitive way
- What the barriers may be to young carers and their families seeking support
- Guidance and advice on identifying key local stakeholders to involve and how to engage with them
- Where to find local support and services to support young carers and their families
- Where to find other resources to help support work with young carers
- How you can use these resources to engage your organisation / community / group
- How to go about setting up local projects to oversee and co-ordinate work with young carers

These are free events. Lunch, refreshments, and materials will be provided, including online access to downloadable materials (sent after the events). Delegates need to meet their own accommodation and travel costs.

You are eligible to attend these events if:

- Your organisation works in England and
- You will cascade the training you have received to your organisation / sector / group / team / local authority / NHS Trust / GP practice / community group / faith group. It would be helpful if those attending have the support of their organisation to engage in this work.

We may need to limit places to one or two members of staff per organisation, and/or balance numbers from different sectors at each event.

There are eight events being held across England. Please use these links below to register your place:

London workshop, 19 February 2018

Exeter workshop, 20 February 2018

York workshop, 21 February 2018

Manchester workshop, 26 February 2018

Bristol workshop, 28 February 2018

Durham workshop, 5 March 2018

Peterborough workshop, 7 March 2018

Birmingham workshop, 8 March 2018

t: 0300 772 9600 or 01962 711 511 f: 01962 711 512

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