

To: All Headteachers/Principals/Centre Managers

**CHILDREN'S SERVICES & SKILLS**

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Your Ref.

Please ask for: Natasha Chamberlain

Our Ref. NC/kes

Date: 6 December 2017

Dear Colleague

**Health Related Behaviour Questionnaire (HRBQ)**

We are delighted to offer your school the opportunity to gain a deeper understanding about the health, wellbeing and safety of your pupils through participating in the Health Related Behaviour Questionnaire. Most schools in Solihull have, in recent years, used the data from the HRBQ. This is a nationally regarded and widely used survey from the Schools Health Education Unit (SHEU) in Exeter. The surveys are age-appropriate and tailored to the needs of Solihull. Surveys are completed online by individual pupils in specific year groups who respond anonymously.

Participation will enable you to compare specific aspects of health, wellbeing and safety against the wider data for Solihull. If you have taken part in previous years, you will have comparative school-level data that will enable you to measure the impact of the work that you have been doing to improve pupils' health, wellbeing and safety. This is an excellent opportunity to harness the voices of your pupils and for them to shape further developments in your school, including your unique curriculum that supports children and young people to thrive and to stay safe.

Your HRBQ data will also provide a range of robust evidence to support your school's self-evaluation in relation to the current Ofsted framework, in particular, evidence to support the personal development, behaviour and welfare judgement. The data will support you in working towards better outcomes for children and young people including, where relevant, developing further as a Solihull Healthy School.

The questions will provide you with quantifiable measures about, for example:

- Emotional wellbeing, including an insight into body-image and the proportions of your pupils with high or low self-esteem;
- Pupils' experience and perceptions of bullying behaviours;
- Healthy lifestyles, including levels of and attitudes to physical activity;
- How safe pupils feel in school at different times of the day and in their local area;
- Pupils' knowledge, understanding and behaviours in relation to safeguarding issues such as online safety, healthy relationships, drugs, alcohol and tobacco.

The rich data that HRBQ provides to the Local Authority and to each school collaborative is invaluable in providing a strategic overview of the health, wellbeing and safety of children and young people. It helps us to identify priorities and to shape developments and improvement plans. Each collaborative will have a unique dataset that will determine need and enable joint working. **We would encourage every school to participate, further enhancing the validity of the data.**

**We are able to offer your school the opportunity to take part in HRBQ in March 2018. We are now asking for you to confirm that you wish your school to participate, by completing the attached response form.**

Your school's commitment would be to:

- Administer the questionnaires within the allocated 3-week window; **Tuesday 6th March to Wednesday 21st March 2018 (excluding Mondays)**;
- Administer the questionnaires in line with guidance from Schools Health Education Unit (SHEU) and with **all** pupils in the designated year groups (years 2, 4, 6, 8 and 10);
- Attend one of the briefing sessions on **Tuesday 6<sup>th</sup> February 2018** (1:00pm, 2:30pm or 4:00pm) to ensure that a key member of your school team is able to cascade the detailed information and support your staff in administering the questionnaire effectively. This will enable you to yield the best possible data set. Please book a place using the attached response form and return to [seis@solihull.gov.uk](mailto:seis@solihull.gov.uk)).

Funding has been secured through our Local Authority partners to enable all schools to participate, **without charge**, through online surveys. Completing the surveys online ensures that schools receive their data with minimal delay. We anticipate that the vast majority of schools will be able to make the necessary arrangements to enable all pupils in the designated year groups to complete the surveys online. However, should this prove impossible, individual schools can request paper versions - meeting the additional cost themselves as negotiated and agreed with SHEU.

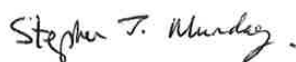
It is important to note that your school's data is sent to you by SHEU and that the Local Authority does not receive school level data unless you wish to share it with us. Individual schools cannot be identified in the data that the Local Authority receives from SHEU. These are protocols that we have established with SHEU at Solihull's request.

Please would you kindly complete the attached response form and send back to [seis@solihull.gov.uk](mailto:seis@solihull.gov.uk). Responses at your earliest convenience would be appreciated as this helps us greatly with our planning, but we do need replies by **Friday 26<sup>th</sup> January 2018** at the latest please. We very much look forward to hearing from you.

Yours faithfully,



**Sally Hodges**  
Director of Children's Services



**Stephen Munday**  
Director of Public Health  
& Commissioning



**Louise Minter**  
Chair of SSSAB