

**Headteachers' Partnership Meeting
Thursday 16th November 2017**

Collaborative Discussion Group Flipcharts

Evolve

- Collaborative Ed Psych
- First aid in mental health training – increased staff awareness
- More courses etc available
- Pastoral/family support worker
- Increased regional and national awareness
- Jigsaw

Gaps:

- Ed Psych
- Communication of availability of services
- Lack of availability of range of services for 5-11 year olds
- Capacity within school
- Needed: ages appropriate poster/info to reach primary school children

Mosaic

- Earlier intervention for 3 year olds, not just specialist
- Parent support for their own challenges (mental health difficulties) - digital age parents
- Academic accountability for schools being the focus in terms of success in Solihull
- Having a whole Solihull approach that is integral to school culture and not an add-on.

Rurals

Concerns:

- Ensuring children can access help at an earlier age
- Concerns over children coming into school at Nursery/Reception with mental health issues
- Ensure Y6 have tools before they start Y7
- Resources for Primary

Synergy

Positive:

- Jigsaw
- Mental Health First Aid training
- Profile raised
- 'Headlines' – able to share with parents
- Notification of DV from MASH
- Kooth – free
- EPs!
- Good support from School Nurse
- Transition work effective
- Need resources mentioned to be sent to school for teachers to use in class

Negative:

- Most services seem to be focused on Secondary
- Intervention needs to be in Primary
- Parenting – lack of skills to develop resilience
- Never sure of best signposting/pathways need to be clear + with LA
- Services don't take our concerns seriously/need multi-agency approach – schools must be involved throughout.
- How can we sustain Kooth?
- School Nursing – depends on personnel
- Not doing health care plans – School Nursing
- Need support/guidance for whole classes of pupils – not just individual pupils who hit crisis
- Need resilience training
- Need support for parents

Unity**Issues:**

- Pressure on schools to deliver services – leadership and teaching impact – audits leading to what action/support
- Specialist support/capacity – expertise and funding
- Specialist provision – holding children (pressures)

Gaps:

- Communication
- Very secondary based
- Mental health not addressing the younger children
- Access to support – delay in diagnosis
- Adult mental health

Moving Forward:

- FOAM – SMILE (Socialise – Move – Interest – Learn – Engage) – as a collaborative (5 areas of well-being)
- Mental health and well-being policy

Working Well:

- Staff care – good relationships
- Schools have greater awareness and ability to identify issues/concerns
- Parents well supported by schools
- Initiatives increasing
- Transition between schools
- School to school communication
- School inclusion teams