Mental health and wellbeing of children & young people: the national context

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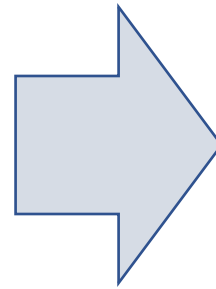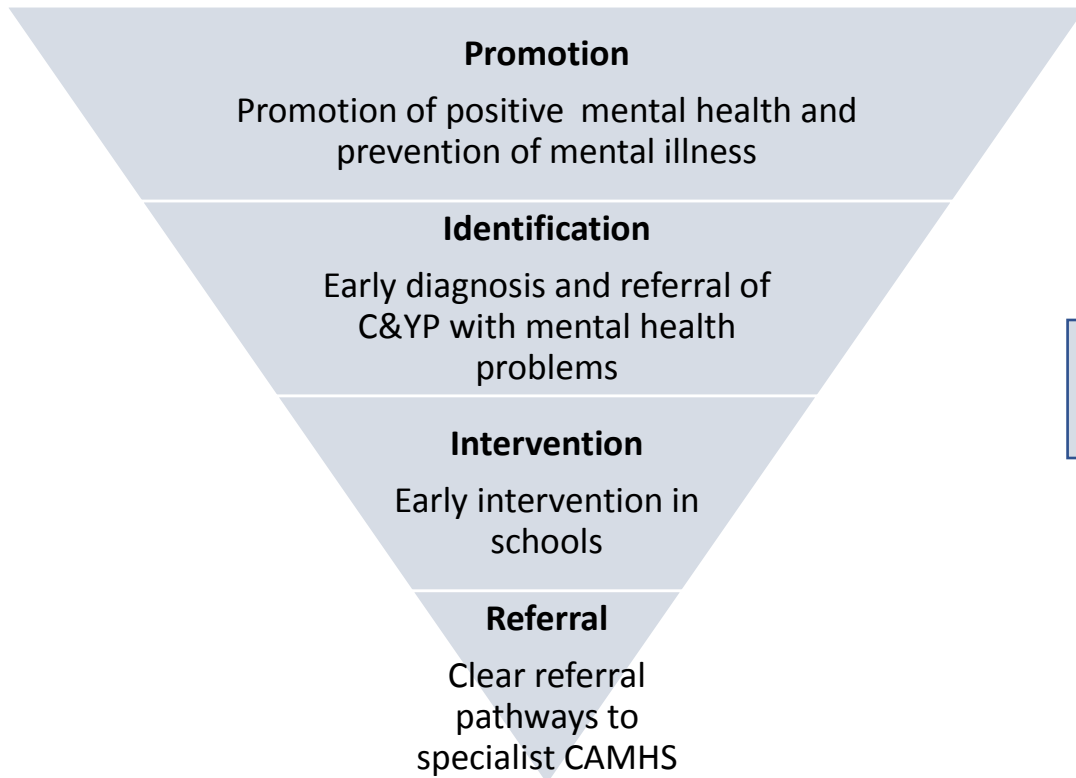
National policy timeline

Autumn 17 …	Green Paper on C&YP mental health
Oct 17	Care Quality Commission (CQC) thematic review of CAMHS
Apr 17	House of Commons report
Feb 17	Mental health services and schools link pilot evaluation
Jan 17	Government 'comprehensive package' pledge
Jan 17	Suicide prevention strategy progress report
Feb 16	Five Year Forward View for Mental Health (£1bn)
Mar 15	Future in Mind report into C&YP mental health

Guidance and policy on C&YP mental health

- Mental health of children and young people in England
  (Public Health England, December 2016)

- Education, Education, Mental Health
  (Institute for Public Policy Research, May 2016)

- Mental health and behaviour in schools
  (DfE, March 2016)

- Counselling in schools: a blueprint for the future
  (DfE, February 2016)

- Local action on health inequalities: Building children and young people's resilience in   schools
  (PHE and UCL Institute of Health Equity, 2015)

- Annual report of the Chief Medical Officer
  (Chapter 7 'School Years', 2012)

Solihull strategic framework

Promotion

Promotion of positive mental health and prevention of mental illness

Identification

Early diagnosis and referral of C&YP with mental health problems

Intervention

Early intervention in schools

Referral

Clear referral pathways to specialist CAMHS

Whole school policies and organisation

Staff trained to identify children with early signs of mental ill health

Counselling, primary mental health provision

Eg named points of contact in specialist mental health services and schools

Local Transformation Plan

Work Stream	Schemes
Promoting resilience	• Young person led anti-stigma campaign • Primary schools have introduced Jigsaw into their PHSE lessons • Health and wellbeing in Schools website • Development of a Five Ways Café – drop in for young people • Parenting Strategy agreed and online parenting courses being piloted • Plan to pilot online support and counselling for 11-25yr olds
Improving Access	• School Nurses will use the Lancaster Model (HAPI tool) at key transition points, & ASQ at school entry. • Solar - Primary Mental Health Service established • Development of Crisis Care service • Solar now accepting self referrals across the service • Accepted referrals to CYPMH service more than doubled since 2014 (662 to 1,363 in 2016/17) • Eating Disorder Service meeting access standards

Local Transformation Plan

Work stream	Schemes
Care of the most vulnerable	• **All Age Autism Strategy** • **Agreed referral pathways for LAC based on SDQ** • **ADHD nurse post agreed** • **Advocacy for CYP with LD and/or ASD commissioned.** • **Reshape pathways for CYP with learning disabilities – connecting care pathways across providers**
Accountability and Transparency	• **LTP partnership group oversees implementation– wide membership, reports to Health & Wellbeing Board** • **Routine outcome measures agreed by the Solar**
Developing the workforce	• **Joined CYPIAPT collaborative in 2016 – evidence based therapies** • **Youth mental health first aid – 209 front line staff trained in 2016/17 school year**