

# **The Solihull Children and Young People's Health and Wellbeing Survey 2018**

**A report for  
Mosaic Collaborative  
Years 8 & 10**

**The Schools Health Education Unit**

**[www.sheu.org.uk](http://www.sheu.org.uk)**

**SHEU**



# **School Survey Report 2018**

Mosaic Collaborative compared with your local area

Produced by the  
Schools Health Education Unit

The contents of this book are © SHEU 2018. Users of the Health Related Behaviour Questionnaire survey service are permitted to reproduce or adapt these materials for use within the classroom only.

The support service we offer benefits from the continuous use and development of our materials, and feedback from users. Therefore, if you wish to make any contribution based on your own use of the survey service, we would be delighted to hear from you.

Contact:

Angela Balding, Survey Manager  
Schools Health Education Unit  
3 Manaton Court  
Manaton Close  
Matford  
Exeter EX2 8PF

Tel: 01392 667272 Fax: 01392 667269

e-mail [angela.balding@sheu.org.uk](mailto:angela.balding@sheu.org.uk)

## CONTENTS

<b>FOREWORD .....</b>	<b>2</b>
<b>INTRODUCTION .....</b>	<b>3</b>
<b>SPINE CHARTS .....</b>	<b>5</b>
<b>OFSTED FRAMEWORK.....</b>	<b>6</b>
<b>YOUR SCHOOL COMPARED WITH SOLIHULL SECONDARY HEADLINES .....</b>	<b>11</b>
<b>SIGNIFICANT DIFFERENCES.....</b>	<b>16</b>
<b>2018/2016 COMPARISONS.....</b>	<b>18</b>
<b>PERSONAL BACKGROUND .....</b>	<b>24</b>
<b>EMOTIONAL HEALTH AND WELLBEING .....</b>	<b>31</b>
<b>FOOD AND DIET .....</b>	<b>38</b>
<b>SMOKING, DRINKING, DRUGS .....</b>	<b>46</b>
<b>SAFETY.....</b>	<b>57</b>
<b>HEALTH AND HYGIENE .....</b>	<b>65</b>
<b>SCHOOL.....</b>	<b>68</b>
<b>SEXUAL HEALTH .....</b>	<b>70</b>
<b>SCHOOL.....</b>	<b>75</b>
<b>LEISURE AND MONEY .....</b>	<b>77</b>
<b>PHYSICAL ACTIVITY .....</b>	<b>79</b>
<b>LIST OF TABLES .....</b>	<b>84</b>

N.B. The items in the questionnaire are reported below in a slightly different order, compared with the original survey booklet. This has been done to keep items on similar topics closer together.

## Foreword

The Schools Health Education Unit (SHEU) is pleased to be able to produce your Report, which contains detailed information about the health beliefs and behaviour of your pupils.

The report compares the data collected from your pupils with those from a larger, wider sample.

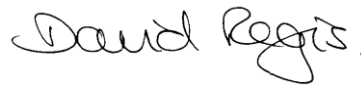
SHEU is sure that you, your colleagues, and your pupils will also find the information contained within this report to be of value in helping you to gauge some of the most important factors that affect the lives of our young people both now and in the future.

SHEU hope that your pupils found the experience of completing the questionnaire interesting and thought provoking.

Finally, SHEU would like to take this opportunity to thank you for your support and co-operation in agreeing to participate in this valuable research initiative.



Angela Balding  
Survey Manager  
Schools Health Education Unit



Dr. David Regis  
Research Manager  
Schools Health Education Unit

## Introduction

The Health-Related Behaviour Survey, developed by the Schools Health Education Unit, is designed for young people of primary and secondary school age. The surveys have been developed over 30 years by health and education professionals, and over a million school children have taken part. In the last ten years, over four thousand schools and colleges have participated. Data arising from the survey can be used to inform planning decisions as well as being used in the classroom as the stimulus for discussion with young people.

This report should ideally be studied with reference to the original questionnaire and the survey results tables. The first is recommended because we may have paraphrased a question below for reasons of space, and the precise wording and position may be important for interpretation.

Preceding this report you should have received **The Survey Results Tables** (or online results), which contain more information than can be summarised here. You may want to refer to this if you want to look in more detail at the results of a particular question. The Survey Results Tables show the number of responses received for each question, which may be less than the total sample. Also in the Results Tables we show the results of each response for multiple-choice questions, whereas in this report answers may be selective or grouped.

A school's results are confidential and will not be shared with other organisations without the express permission of the school.

Additional services (graphs and discs) are available; please contact SHEU. In particular, we have designed a set of INSET workshops around different examples of using the questionnaire data. If you would like further details of these or have any comments on this report please contact us at the address on the front of the report.

If you would like further details about Government policy background, we have created an overview which can be downloaded from our website at: <http://sheu.org.uk/content/page/appendix>.

### Comparison figures

In this report the data gathered from this survey have been compared with a larger sample from your area. For example, if your school is in Exeter then the wider data might be Devon. This enables you to compare your results with others in the area and also go to the SHEU annual reports (summaries available at [www.sheu.org.uk/publications](http://www.sheu.org.uk/publications)) to find out about the UK statistics and trends.

If the figures in your survey have been compared with results from a reference sample, the reference figures are normally given second, and often in parentheses.

<b>15%</b> (20%) of the sample...
-----------------------------------

**Your survey** (Reference sample)

	<b>Your survey</b>		Reference Sample	
	<b>Year 8</b>	<b>Year 10</b>	Year 8	Year 10
Boys	<b>10</b>	<b>20</b>	30	40
Girls	<b>80</b>	<b>70</b>	60	50

Favourite fruits			
1	Apples	<b>70</b>	(60)
2	Oranges	<b>60</b>	(50)
3	Bananas	<b>50</b>	(40)

**Your survey** (Reference sample)

## Administration

Staff in school will have been responsible for the classes selected for inclusion.

Anything special about the day of administration, or the pupils present and absent on that day, may affect the detail of the results.

## The sample

This survey involved pupils from the following years. The numbers in each group are shown below.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	158	53	555	424
Girls	149	44	561	402

Please note that 0 (1) pupil(s) didn't specify whether they are a boy or a girl and 0 (0) didn't specify what year group they are in. These pupils will not be included in any tables or charts which are split by sex or year respectively, however they will be included in any total figures.

If the sample you sent to Exeter for analysis was small, then it may have been aggregated by sex or year, or merged with a sample from another school or schools. This is done so that the figures are not too influenced by the behaviour of any one individual, and to ensure that the anonymity of the respondents is not compromised. If you would like to discuss this in more detail, please contact the Unit directly.

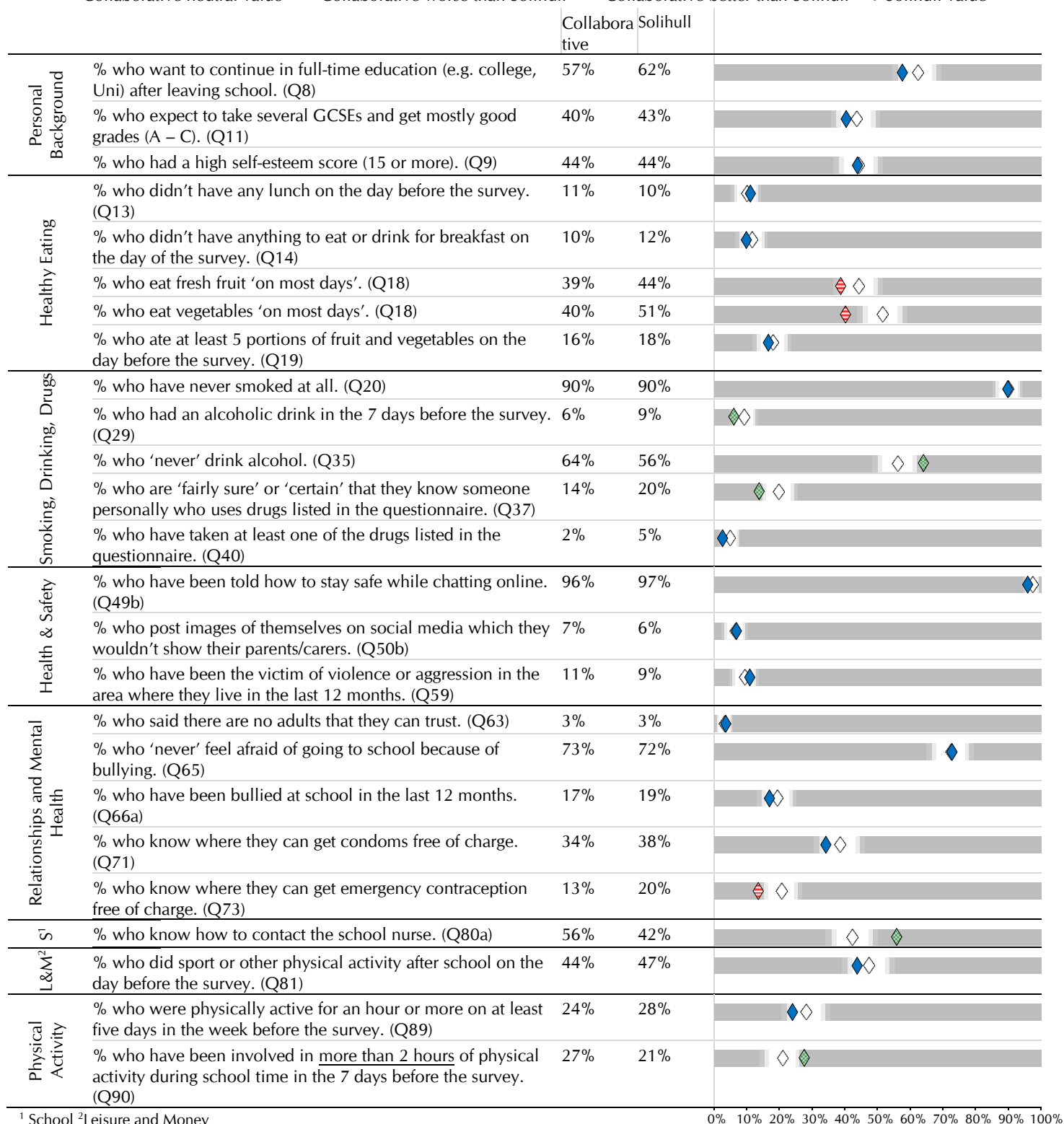


## Spine Charts

### Key Findings

In the chart below a coloured diamond represents Mosaic Collaborative's result, while the hollow diamond represents the figure for Solihull Secondary. The distance between the diamonds indicates the size of the difference between the percentages – the greater the gap, the larger the difference. The colour of the diamond reflects whether a difference is statistically significant and if the difference is positive (green/white spots), negative (red/white stripes) or if it is not statistically significant (blue). The white space is an indication of how spread out the scores are for Solihull Secondary pupils ( $\pm$  one Standard Deviation, the paler grey is the next SD).

◆ Collaborative neutral value   ◆ Collaborative worse than Solihull   ◆ Collaborative better than Solihull   ◇ Solihull value



<sup>1</sup> School <sup>2</sup>Leisure and Money

0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%

## Sample size:

	Mosaic			Solihull		
	Yr 8	Yr 10	Total	Yr 8	Yr 10	Total
Boys	158	53	211	555	424	979
Girls	149	44	193	561	402	963
Total	307	97	404	1116	826	1942

### Personal development, behaviour and welfare (PDBW) score for Mosaic Collaborative:

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
0% – 24% true	0%	1%	0%	2%	1%
25% – 49% true	12%	11%	2%	30%	13%
50% – 74% true	47%	50%	56%	55%	50%
75% – 100% true	41%	38%	42%	14%	36%

This table provides a summary PDBW score which reflects the percentage of positive responses a pupil gave throughout the questionnaire; a higher percentage of 'true' responses indicates good personal development, behaviour and welfare.

### Personal development, behaviour and welfare (PDBW) score for Solihull Secondary:

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
0% – 24% true	0%	0%	0%	1%	0%
25% – 49% true	9%	10%	11%	16%	12%
50% – 74% true	45%	52%	51%	58%	51%
75% – 100% true	46%	37%	38%	26%	37%

### Mosaic Collaborative: Pride in achievement and commitment to learning, supported by a positive culture across the whole provider:

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Pupils who enjoy at least 'about half' of their school lessons.	58%	70%	75%	68%	65%
Pupils who think that teachers listen to them at school.	50%	50%	58%	45%	50%
Pupils who have expectations of taking at least 5 GCSEs.	49%	60%	73%	68%	58%
Pupils who think their school cares whether they are happy or not.	46%	44%	54%	27%	44%
Pupils who think their work is marked so they can see how to improve it.	75%	72%	85%	68%	74%
Pupils who agreed that 'My achievements in and out of school are recognised'.	50%	50%	56%	41%	50%

**Mosaic Collaborative: Self-confidence, self-awareness and understanding of how to be a successful learner:**

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Pupils who are at least 'quite a lot' satisfied with their life at the moment.	58%	66%	66%	48%	61%
Pupils who do not usually feel uncomfortable when they have to say something in front of teachers.	49%	42%	45%	39%	45%
Pupils who do not usually feel shy when they want to tell a teacher something.	61%	53%	75%	48%	58%
Pupils who have high self-esteem.	45%	40%	64%	30%	44%
Pupils who think they get enough sleep to stay alert and concentrate on their school work.	79%	78%	81%	43%	74%
Pupils who think they get enough sleep for their health.	74%	65%	77%	36%	66%
Pupils who set their own targets and are helped to meet them.	55%	56%	65%	45%	56%

**Mosaic Collaborative: Choices about the next stage of their education, employment, self-employment or training, where relevant, from impartial careers advice and guidance:**

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Pupils who want to continue in full-time education when they leave school.	45%	72%	46%	70%	57%
Pupils who want to find a job as soon as they can when they leave school.	51%	51%	44%	50%	49%
Pupils who want to get training for a skilled job when they leave school.	52%	45%	44%	20%	45%

**Mosaic Collaborative: Where relevant, employability skills so that they are well prepared for the next stage of their education, employment, self-employment or training:**

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Pupils who think their school helps them work as part of a team.	54%	56%	63%	27%	52%

**Mosaic Collaborative: Following of any guidelines for behaviour and conduct, including management of their own feelings and behaviour, and how they relate to others:**

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Pupils who feel happy talking to other pupils at school.	85%	79%	87%	70%	81%
Pupils who do not often fall out with other pupils at school.	65%	53%	79%	66%	62%
Pupils who do not think other pupils usually say nasty things about them.	42%	41%	60%	41%	43%
Pupils who rate their safety at school as 'good' or 'very good'.	81%	79%	81%	75%	80%
Pupils who rate their safety when going to or from school as 'quite' or 'very' good.	79%	77%	85%	82%	79%
Pupils who think their school teaches them how to manage their feelings.	28%	29%	35%	14%	28%
Pupils who never feel afraid of going to school because of bullying.	74%	64%	87%	77%	73%
Pupils who have not been bullied at school in the last 12 months.	74%	67%	89%	84%	74%
Pupils who have not been bullied near school in the last 12 months.	82%	86%	91%	93%	85%
Pupils who use school transport who have not been bullied on school transport in the last 12 months.	84%	89%	96%	93%	87%
Pupils who have not bullied someone else at school in the last 12 months.	90%	83%	88%	77%	85%
Pupils who feel that their school teaches them about bullying 'fairly' or 'very' well.	79%	77%	78%	68%	76%

**Mosaic Collaborative: Understanding of how to keep themselves safe from relevant risks such as abuse, sexual exploitation and extremism, including when using the internet and social media:**

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Pupils who said that their personal safety has never been at risk on any occasion as a result of drug or alcohol use.	84%	90%	79%	73%	84%
Pupils who have been told how to stay safe while chatting online.	94%	99%	96%	100%	96%
Pupils who do not share images of themselves via social media (or do not use social media).	49%	33%	55%	32%	42%
Pupils who do not post images on social networking sites that they wouldn't show their parents/carers (or do not use social media).	90%	95%	91%	93%	93%
Pupils who do not post images on social networking sites that they wouldn't show their teachers/headteachers (or do not use social media).	92%	91%	91%	79%	90%
Pupils who believe they can really trust at least one adult.	96%	99%	98%	91%	97%
Pupils who would 'know what to do for myself' if any of the controlling/abusive behaviours were to happen to them (in a relationship with a boyfriend/girlfriend).	60%	68%	61%	73%	65%
Pupils who feel they 'could get some help' if any of the controlling/abusive behaviours were to happen to them (in a relationship with a boyfriend/girlfriend).	62%	79%	69%	66%	69%
Pupils who feel that their school teaches them about healthy and safe relationships 'fairly' or 'very' well.	70%	63%	76%	70%	68%
Pupils who feel that their school teaches them about personal safety 'fairly' or 'very' well.	76%	78%	82%	73%	77%
Pupils who feel that their school teaches them about internet safety 'fairly' or 'very' well.	84%	89%	94%	84%	87%

**Mosaic Collaborative: Knowledge of how to keep themselves healthy, both emotionally and physically, including through exercise and healthy eating:**

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Pupils who agreed that they are in charge of their own health.	68%	64%	66%	68%	66%
Pupils who agreed that if they take care of themselves they'll stay healthy.	78%	77%	85%	70%	77%
Pupils who have an internal 'health locus of control'.	73%	75%	79%	77%	74%
Pupils who had at least something to eat for lunch on the day before the survey.	94%	89%	91%	80%	89%
Pupils who had at least something to eat for breakfast on the day of the survey.	83%	77%	83%	64%	78%
Pupils who consider their health at least 'Quite often' when choosing what to eat.	28%	46%	34%	36%	36%
Pupils who ate at least 5 portions of fruit and vegetables on the day before the survey.	16%	19%	15%	9%	16%
Pupils who have never even tried smoking a cigarette.	92%	95%	94%	66%	90%
Pupils who did not drink alcohol in the last week.	96%	95%	90%	91%	94%
Pupils who have never taken any drugs to get high.	100%	99%	98%	84%	98%
Pupils who cleaned their teeth at least twice on the day before the survey.	79%	82%	81%	93%	81%
Pupils who feel that their school teaches them about drugs, alcohol and smoking 'fairly' or 'very' well.	74%	77%	74%	80%	75%
Pupils who feel that their school teaches them about emotional health & wellbeing 'fairly' or 'very' well.	70%	67%	70%	48%	66%
Pupils who feel that their school teaches them about healthy eating 'fairly' or 'very' well.	82%	75%	74%	48%	74%
Pupils who feel that their school teaches them about physical activity 'fairly' or 'very' well.	86%	82%	88%	55%	81%
Pupils who enjoy physical activities (at least 'quite a lot').	78%	74%	86%	27%	72%
Pupils who were physically active for an hour or more on at least three days in the week before the survey.	71%	63%	69%	27%	62%
Pupils who were physically active for at least an hour and a half during school time in the week before the survey.	85%	81%	55%	23%	71%

**Mosaic Collaborative: Personal development, so that they are well prepared to respect others and contribute to wider society and life in Britain:**

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Pupils who think their school values people with different backgrounds.	54%	61%	65%	55%	58%
Pupils who think their school encourages everyone to take part in decisions	62%	67%	58%	45%	61%
Pupils who agreed that 'The school encourages me to contribute to community events'.	42%	44%	54%	23%	42%
Pupils who feel that their school teaches them about managing money 'fairly' or 'very' well.	53%	39%	52%	30%	45%
Pupils who feel that their school teaches them about citizenship 'fairly' or 'very' well.	62%	50%	50%	34%	53%
Pupils who feel that their school teaches them about British values 'fairly' or 'very' well.	58%	58%	66%	43%	58%

## Your School compared with Solihull Secondary Headlines

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	158	53	555	424
Girls	149	44	561	402

Solihull Secondary data in brackets; see notes on interpreting differences.

### Personal Background

#### SPECIAL NEEDS

- ❑ 12% (10%) of pupils responded that they have a long-standing illness, disability or special needs, while 13% (12%) said they 'don't know'.
- ❑ 3% (2%) of pupils responded that they have special needs, but their school does not support them, while 3% (3%) said they are only 'partly' supported.
- ❑ This works out as 48% (53%) of the 47 (198) pupils with special needs responding that they are, at best, only 'partly' supported.
- ❑ 5% (3%) of pupils responded that they have special needs and they are supported at school.
- ❑ This works out as 44% (34%) of the pupils with special needs responding that they are supported.

#### HOME LIFE

- ❑ 65% (66%) of pupils responded that they live with their mother and father together.
- ❑ 13% (14%) of pupils responded that they live 'mainly or only' with their mother, while 1% (2%) said they live 'mainly or only' with their father.
- ❑ 15% (15%) of pupils responded that more than five people live in their home.
- ❑ 11% (8%) of pupils responded that there are one or two bedrooms in their home, while 12% (16%) said their home has at least five bedrooms.
- ❑ 27% (22%) of pupils live in a home where at least 2 more people live than there are actual numbers of bedrooms.

#### ETHNICITY

- ❑ 68% (67%) of pupils responded that they are White English.

#### YOUNG CARERS

- ❑ 25% (25%) of pupils responded that they look after, or help to look after, someone at home on a regular basis.
- ❑ 4% (5%) of pupils responded that they think they are a 'young carer', while 8% (7%) said they 'don't know' if they are.
- ❑ 9% (8%) of pupils responded that being a young carer takes up less than an hour of their time each day, while 3% (3%) said it takes up more than 2 hours and 8% (5%) said it takes up some time, but they don't do it every day.

#### SCHOOL LESSONS

- ❑ 35% (42%) of pupils responded that they enjoy 'most' or 'all' of their lessons at school.
- ❑ 20% (14%) of pupils responded that they enjoy 'hardly any' of their lessons at school.

#### FUTURE PLANS

- ❑ 57% (62%) of pupils responded that they want to continue in full-time education (e.g. college, Uni) after leaving school.
- ❑ 49% (45%) of pupils responded that they want to find a job as soon as they can after leaving school.
- ❑ 45% (43%) of pupils responded that they want to get training for a skilled job after leaving school.
- ❑ 86% (87%) of pupils responded that after school they want to stay in full-time education, find a job as soon as they can or get training for a skilled job. 1% (1%) did not want to do any of these.
- ❑ 42% (41%) of pupils responded that they worry 'quite a lot' or 'a lot' about what they are going to do after Year 11.

#### GCSEs

- ❑ 1% (1%) of pupils responded that they don't expect to take any GCSEs, while 12% (9%) don't know what GCSEs they'll take (if any).
- ❑ 40% (43%) of pupils responded that they expect to take several GCSEs and get mostly good grades (A – C).

### Emotional Health and Wellbeing

#### HAPPINESS

- ❑ 5% (3%) of pupils responded that they are 'not at all' satisfied with their life at the moment.
- ❑ 61% (60%) of pupils responded that they are 'quite a lot' or 'a lot' satisfied with their life at the moment.

#### SELF-ESTEEM

- ❑ 18% (18%) of pupils had a med-low self-esteem score (9 or less).
- ❑ 44% (44%) of pupils had a high self-esteem score (15 or more).
- ❑ 30% (34%) of pupils responded that they do not want to change lots of things about themselves.
- ❑ 72% (71%) of pupils responded that their parents/carers like to hear their ideas.
- ❑ 50% (51%) of pupils responded that their teachers listen to them at school.

## CONTROL OVER HEALTH

- ❑ 86% (88%) agreed with at least one statement about being in control of their health (Q10a&c).
- ❑ 47% (46%) agreed with at least one statement saying that they weren't in control of their health (Q10b&d).
- ❑ 74% (76%) of the pupils in your survey had a net positive score for these questions (Q10a-d).
- ❑ 66% (71%) of pupils responded that they are in charge of their health, while 37% (38%) said that even if they look after themselves, they can still easily fall ill.

## CONFIDENCE AND TRUST

- ❑ 3% (3%) of pupils responded that there are no adults that they can trust.
- ❑ 53% (51%) of pupils responded that there are at least six adults that they can trust.
- ❑ 36% (31%) of pupils responded that they usually feel 'at ease' meeting people of their own age for the first time.
- ❑ 21% (25%) of pupils responded that they usually feel 'quite' or 'very' uneasy when meeting people of their own age for the first time.

## WORRYING

- ❑ 72% (76%) of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.
- ❑ 14% (16%) of boys and 27% (27%) of girls responded that they worry about at least 3 of the issues listed 'quite a lot' or 'a lot'; while 36% (31%) of boys and 20% (17%) of girls said that they don't worry about any of them.
- ❑ 43% (52%) of pupils responded that they worry 'quite a lot' or 'a lot' about exams and tests.
- ❑ 25% (29%) of pupils responded that they worry about friendships 'quite a lot' or 'a lot', while 36% (37%) said the same of the way they look.

## Food and Diet

### WEIGHT

- ❑ 8% (9%) of pupils responded that they would like to put on weight.
- ❑ 32% (31%) of boys and 43% (46%) of girls responded that they would like to lose weight.
- ❑ 55% (52%) of pupils responded that they are happy with their weight as it is.
- ❑ 36% (37%) of pupils responded that they worry 'quite a lot' or 'a lot' about the way they look.

### LUNCH

- ❑ 51% (56%) of pupils responded that they had a school lunch on the day before the survey.
- ❑ 11% (10%) of pupils responded that they didn't have any lunch on the day before the survey.

## BREAKFAST

- ❑ 10% (12%) of pupils responded that they didn't have anything to eat or drink for breakfast on the day of the survey, while 6% (6%) said they had a cooked breakfast.
- ❑ 9% (8%) of pupils responded that they only had a drink for breakfast on the day of the survey.
- ❑ 36% (38%) of pupils responded that they had cereal to eat for breakfast on the day of the survey, while 26% (26%) said they had toast, bread, bagels or croissants.
- ❑ 2% (1%) of pupils responded that they had pop tarts, cakes, muffins for breakfast on the day of the survey.

## HEALTHY CHOICES

- ❑ 64% (57%) of pupils responded that they 'never' or only 'sometimes' consider their health when choosing what to eat.
- ❑ 18% (20%) of pupils responded that they 'very often' or 'always' consider their health when choosing what to eat.

## WATER

- ❑ 10% (8%) of pupils responded that they didn't drink any water on the day before the survey.
- ❑ 28% (32%) of pupils responded that they drank at least 'about a litre' of water on the day before the survey.

## FOOD

- ❑ 40% (51%) of pupils responded that they eat vegetables 'on most days'; 39% (44%) said the same of fresh fruit.
- ❑ 39% (37%) of pupils responded that they 'rarely or never' eat any fish/fish fingers.

## 5-A-DAY

- ❑ 11% (10%) of pupils responded that they didn't eat any portions of fruit or vegetables on the day before the survey.
- ❑ 16% (18%) said they had at least 5 portions of fruit and vegetables to eat on the day before the survey.

## Smoking, Drinking, Drugs

### SMOKING

- ❑ 10% (10%) of pupils responded that they have smoked in the past or smoke now.
- ❑ 3% (1%) of pupils responded that they smoke 'regularly'.
- ❑ Of the 11 (27) pupils who smoke regularly, 36% (44%) said they would like to give up.
- ❑ 2% (2%) of pupils responded that they have smoked at least one cigarette in the last week.
- ❑ 4% (5%) of pupils responded that they smoke and feel they could give up.
- ❑ Of the 42 (197) pupils who have ever smoked, 40% (49%) feel they could give up.



- ❑ 1% (1%) of pupils responded that they would like parents/carers to help them give up smoking.
- ❑ Of the 42 (197) pupils who have ever smoked, they were on average 11 (11) years old when they had their first cigarette.
- ❑ 13% (13%) of pupils responded that they have a close friend who smokes on most days.
- ❑ 33% (26%) of pupils responded that at least one person smokes on most days indoors at home; 6% (5%) said at least three people do.

#### E-CIGARETTES

- ❑ 81% (83%) of pupils responded that they have never used an e-cigarette or have never heard of them, while 2% (1%) said they have used them regularly (once a week or more).
- ❑ 3% (3%) of pupils responded that they use e-cigarettes at least 'occasionally'.

#### ALCOHOL

- ❑ 42% (48%) of pupils responded that they have had an alcoholic drink at some point in their life.
- ❑ Of the 171 (923) pupils who said that they have had an alcoholic drink, they were on average 10 (11) years old when they had their first drink.
- ❑ 6% (9%) of pupils responded that they had an alcoholic drink in the 7 days before the survey.
- ❑ 1% (3%) of pupils responded that they drank alcohol on more than one day in the 7 days before the survey; 1% (1%) said they drank on at least three days.
- ❑ 1% (2%) of pupils responded that they got drunk on at least one day in the last 7 days; 1% (1%) said they did so on more than one day.
- ❑ 0% (0%) of boys and 0% (0%) of girls responded that they drank over the advised weekly limit of alcohol for adults of 14 units.
- ❑ 1% (3%) of pupils responded that they drank spirits in the 7 days before the survey, while 1% (2%) said they drank beer or lager and 1% (3%) drank pre-mixed drinks.
- ❑ 5% (7%) of pupils responded that they have drunk alcohol at home in the 7 days before the survey and 2% (4%) said they have at a friend's or relation's home.
- ❑ 0% (1%) of pupils responded that they bought alcoholic drink from an off-licence in the 7 days before the survey and 1% (1%) said they bought it from a pub or bar.
- ❑ 64% (56%) of pupils responded that they 'never' drink alcohol, while 7% (7%) said they do not drink alcohol at home.
- ❑ 24% (27%) of pupils responded that they do drink alcohol at home and their parents 'always' know, while 3% (5%) said their parents 'usually' know.
- ❑ 2% (4%) of pupils responded that they drink alcohol at home and their parents 'never' or only 'sometimes' know.

#### DRUGS

- ❑ 14% (20%) of pupils responded that they are 'fairly sure' or 'certain' that they know someone personally who uses drugs listed in the questionnaire.
- ❑ 11% (16%) of pupils responded that they have been offered cannabis.
- ❑ 2% (4%) of pupils responded that they have been offered other drugs listed in the questionnaire (not cannabis).
- ❑ 2% (5%) of pupils reported that they have taken at least one of the drugs listed in the questionnaire.
- ❑ 1% (2%) of pupils responded that they have taken at least one of the drugs listed during the last month.
- ❑ 1% (3%) of pupils responded that they have taken at least one of the drugs listed during the last year.
- ❑ 1% (4%) of pupils responded that they have ever taken cannabis. <sm.1. TAKEDRUG.1>
- ❑ Of the 10 (91) pupils who have ever taken drugs, they were on average 11 (12) years old when they first tried them.
- ❑ 0% (1%) of pupils responded that they have taken more than one type of drug listed on the same occasion, while 0% (1%) said they 'don't know' if they have.
- ❑ 0% (2%) of pupils responded that they have taken drugs and alcohol on the same occasion, while 0% (0%) said they 'don't know' if they have.

#### Safety

##### PERSONAL SAFETY

- ❑ 1% (1%) of pupils responded that their personal safety has been at risk when they have used drugs listed in Q41, while 0% (1%) said they 'don't know' if it has been at risk.
- ❑ 0% (0%) of pupils responded that their personal safety has been at risk when they have used drugs and alcohol at the same time, while 0% (1%) said they 'don't know' if it has been at risk.
- ❑ 8% (9%) of pupils responded that their personal safety has been at risk when they have used alcohol, while 6% (6%) said they 'don't know' if it has been at risk.

##### INTERNET SAFETY

- ❑ 72% (67%) of pupils responded that their parents/carers are always aware when they use the Internet.
- ❑ 98% (99%) of pupils responded that they used the internet at home in the week before the survey; 74% (73%) said they used it at school.
- ❑ 85% (85%) of pupils responded that they use the Internet for Facebook, Instagram, Twitter etc., while 90% (91%) use it for chatting.
- ❑ 18% (22%) of pupils responded that they have met someone in real life whom they first met online and 32% (35%) said they have seen pictures online that upset them.

- ❑ 58% (63%) of pupils responded that they use social media (e.g. Facebook) and share images of themselves, while 34% (27%) said they don't share images of themselves and 9% (9%) said they don't use social media.
- ❑ 7% (6%) of pupils responded that they share images of themselves on social media which they wouldn't show their parents/carers.
- ❑ 9% (9%) of pupils responded that they share images of themselves on social media which they wouldn't show their teachers or headteacher.
- ❑ 7% (13%) of pupils responded that someone has shared an image of them via social media which has made them feel unhappy.

#### FEELING SAFE

- ❑ 80% (82%) of pupils rated their safety at school as 'good' or 'very good', while 53% (56%) said the same of going out after dark.
- ❑ 12% (13%) of pupils rated their safety when going out after dark as 'poor' or 'very poor'.

#### VIOLENCE AND AGGRESSION

- ❑ 11% (9%) of pupils responded that they have been the victim of violence or aggression in the area where they live in the last 12 months, while 7% (7%) said they 'don't know' if they have been.
- ❑ 3% (6%) of pupils responded that they are 'fairly sure' or 'certain' that they or their friends carry weapons or other things for protection when going out.

#### BULLYING

- ❑ 27% (28%) of pupils responded that they feel afraid of going to school because of bullying at least 'sometimes'.
- ❑ 4% (6%) of pupils responded that they 'often' or 'very often' feel afraid of going to school because of bullying.
- ❑ 18% (21%) of pupils responded that they have been bullied at school in the last 12 months, while 6% (6%) said they have been bullied near school.
- ❑ 9% (10%) of pupils responded that they have been bullied online or on a mobile phone in the last 12 months, while 3% (3%) said they have been bullied on school transport.
- ❑ 53% (52%) of pupils responded that they haven't been picked on or bullied, while 17% (18%) said they have for their size or weight.
- ❑ 5% (4%) of pupils responded that they have bullied someone else at school in the last 12 months, while 10% (10%) said they 'don't know' if they have.

### Health and Hygiene

#### DENTAL HEALTH

- ❑ 81% (85%) of pupils responded that they cleaned their teeth at least twice the day before the survey.
- ❑ 1% (1%) of pupils responded that they did not clean their teeth at all on the day before the survey.

- ❑ 86% (86%) of pupils responded that they last visited the dentist in the last 6 months.
- ❑ 7% (6%) of pupils responded that they last visited the dentist more than a year ago.

#### MEDICATION AND DOCTORS

- ❑ 34% (37%) of pupils reported taking painkillers in the 7 days before the survey.
- ❑ 59% (57%) of pupils responded that they felt 'at ease' with the doctor on their last visit.
- ❑ 16% (15%) of pupils responded that they felt 'quite' or 'very' uneasy with the doctor on their last visit.

#### SLEEPING PATTERNS

- ❑ 8% (8%) of pupils got less than 6 hours sleep the night before the survey.
- ❑ 67% (66%) of pupils got at least 8 hours sleep the night before the survey.
- ❑ 74% (71%) of pupils responded that the amount of sleep they normally get is enough for them to stay alert and concentrate on their school work; 9% (11%) said it isn't enough.
- ❑ 66% (62%) of pupils responded that the amount of sleep they normally get is enough for their health; 8% (9%) said it isn't enough.

#### School

- ❑ 74% (74%) of pupils responded that their work is marked so they can see how to improve it.

#### Sexual Health

- ❑ 46% (42%) of pupils correctly identified that HIV/AIDS can be treated but not cured; 9% (11%) correctly identified that genital herpes can also be treated but not cured.
- ❑ 34% (38%) of pupils responded that they know where they can get condoms free of charge.
- ❑ 69% (75%) of pupils responded that they think condoms are reliable at stopping pregnancy; 30% (42%) said the same of female condoms, as did 26% (34%) of emergency contraception.
- ❑ 22% (18%) of pupils responded that they think none of the contraceptive methods listed are reliable to stop STIs.
- ❑ 13% (20%) of pupils responded that they know where they can get emergency contraception free of charge.
- ❑ 39% (49%) of pupils responded that if they had a sexual health concern, they would know where to go to get help.
- ❑ 22% (23%) of pupils responded that they believe most males first have sex when they are under 16.
- ❑ 20% (22%) of pupils responded that they believe most females first have sex when they are under 16.
- ❑ 22% (20%) of pupils responded that at least one of the negative behaviours in Q77 has happened to them.

- ❑ 65% (67%) of pupils responded that if any of the things in Q77 happened to them, they would know what to do for themselves.
- ❑ 69% (71%) of pupils responded that if any of the things in Q77 happened to them, they could get some help.

## School

- ❑ 45% (33%) of pupils responded that they feel their school teaches them about managing money 'fairly' or 'very' well; 87% (87%) said the same about internet safety.

### SCHOOL NURSE

- ❑ 56% (42%) of pupils responded that they know how to contact the school nurse, while 27% (35%) said they don't know how to and 1% (3%) said they don't have a school nurse.
- ❑ 17% (17%) of pupils responded that, if they wanted support, information or advice, they think they would go to the school nurse, while 47% (49%) said they think they wouldn't.

## Leisure and Money

### AFTER-SCHOOL ACTIVITIES

- ❑ 42% (44%) of pupils responded that they met with friends after school on the day before the survey, while 44% (47%) said they did sport or other physical activity.

### JOBS

- ❑ 9% (13%) of pupils responded that they have a regular paid job during term-time.
- ❑ 4% (4%) of pupils responded that they have a paper/leaflet round.

- ❑ 29% (28%) of pupils responded that they worry 'quite a lot' or 'a lot' about money.

## Physical Activity

### EXERCISE

- ❑ 7% (8%) of pupils responded that they don't enjoy physical activities at all.
- ❑ 72% (70%) of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.
- ❑ 21% (18%) of pupils responded that they think they are 'unfit' or 'very unfit'.
- ❑ 33% (38%) of pupils responded that they think they are 'fit' or 'very fit'.
- ❑ 7% (6%) of pupils responded that they were not physically active for an hour or more at all in the week before the survey.
- ❑ 62% (66%) of pupils responded that they were physically active for an hour or more on at least three days in the week before the survey.
- ❑ 8% (15%) of pupils responded that they have not been involved in any physical activity during school time in the 7 days before the survey.
- ❑ 58% (49%) of pupils responded that they have been involved in at least 2 hours of physical activity during school time in the 7 days before the survey.

### SPORTS

- ❑ 83% (86%) of pupils responded that they play or do one or more of the physical activities listed at least 'weekly'.
- ❑ 34% (43%) of pupils responded that they go for walks at least 'weekly', while 33% (32%) said they go jogging and 27% (22%) ride a bicycle.

## Significant Differences

### Significant differences

Where differences can be seen between your school and the reference sample, you may find the enclosed table of some use in deciding if the differences seen are significant. The 'standard error' of a proportion is an assessment of how reliable our figures are, that is, the margin of error.

Two points in particular should be made:

1. when the sample size is small, it may be that just one individual voting a different way would make a large percentage difference to the results (so, one in twenty is 5%)
2. even if your sample is small, you may have a very high proportion of your available population – if, say, you sample every single pupil of your year 8 class. In this case, the notion of 'margin of error' doesn't really apply to the sampling, only to the process of collecting the responses.

TABLE OF STANDARD ERRORS OF PROPORTION

		Percentage seen in sample				
		10%	20%	30%	40%	50%
Number In sample	20	6.7	8.9	10.2	11.0	11.2
	30	5.5	7.3	8.4	8.9	9.1
	40	4.7	6.3	7.2	7.7	7.9
	50	4.2	5.7	6.5	6.9	7.1
	60	3.9	5.2	5.9	6.3	6.5
	80	3.4	4.5	5.1	5.5	5.6
	100	3.0	4.0	4.6	4.9	5.0
	150	2.4	3.3	3.7	4.0	4.1
	200	2.1	2.8	3.2	3.5	3.5
	300	1.7	2.3	2.6	2.8	2.9
500	1.3	1.8	2.0	2.2	2.2	

So, if you have a sample of 50 students and 30% of them think that the school needs a new swimming pool, we can see from the table that standard error of the percentage is about  $\pm 6.5\%$ .

## The sample

Below we have listed some statistically significant differences between Mosaic Collaborative and Solihull Secondary.

This survey involved pupils from the following years. The numbers in each group are shown below.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	158	53	555	424
Girls	149	44	561	402

Sig	Collab.	Solihull	Question
***	56%	42%	of pupils responded that they know how to contact the school nurse.
***	45%	33%	of pupils responded that they feel their school teaches them about managing money 'fairly' or 'very' well.
***	40%	51%	of pupils responded that they eat vegetables 'on most days'.
***	39%	49%	of pupils responded that if they had a sexual health concern, they would know where to go to get help.
***	8%	15%	of pupils responded that they have not been involved in any physical activity during school time in the 7 days before the survey.
***	7%	13%	of pupils responded that someone has shared an image of them via social media which has made them feel unhappy.
***	34%	43%	of pupils responded that they go for walks at least 'weekly'.
***	58%	49%	of pupils responded that they have been involved in at least 2 hours of physical activity during school time in the 7 days before the survey.
***	13%	20%	of pupils responded that they know where they can get emergency contraception free of charge.
***	43%	52%	of pupils responded that they worry 'quite a lot' or 'a lot' about exams and tests.
***	20%	14%	of pupils responded that they enjoy 'hardly any' of their lessons at school.
***	64%	56%	of pupils responded that they 'never' drink alcohol
***	33%	26%	of pupils responded that at least one person smokes on most days indoors at home.
***	64%	57%	of pupils responded that they 'never' or only 'sometimes' consider their health when choosing what to eat.
***	14%	20%	of pupils responded that they are 'fairly sure' or 'certain' that they know someone personally who uses drugs listed in the questionnaire.
**	11%	16%	of pupils responded that they have been offered cannabis.
**	35%	42%	of pupils responded that they enjoy 'most' or 'all' of their lessons at school.
*	69%	75%	of pupils responded that they think condoms are reliable at stopping pregnancy.
*	58%	63%	of pupils responded that they use social media (e.g. Facebook) and share images of themselves.
*	0%	2%	of pupils responded that they have taken drugs and alcohol on the same occasion.
*	27%	22%	of pupils live in a home where at least 2 more people live than there are actual numbers of bedrooms.
*	1%	3%	of pupils responded that they drank pre-mixed drinks in the 7 days before the survey.
*	1%	4%	of pupils responded that they have ever taken cannabis.
*	6%	9%	of pupils responded that they had an alcoholic drink in the 7 days before the survey.
*	39%	44%	of pupils responded that they eat fresh fruit 'on most days'.
*	42%	48%	of pupils responded that they have had an alcoholic drink at some point in their life.
*	36%	31%	of pupils responded that they usually feel 'at ease' meeting people of their own age for the first time.
*	51%	56%	of pupils responded that they had a school lunch on the day before the survey.

Tests: Chi-squared ( $\chi^2$ ). KEY: \* =  $p < 0.05$  (5%) \*\* =  $p < 0.01$  (1%) \*\*\* =  $p < 0.001$  (0.1%).

## 2018/2016 Comparisons

	2018		2016	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	96	95	243	178
Girls	116	84	237	168

Your School's data for 2018 compared with your 2016 data in brackets; see notes on interpreting differences.

### Personal Background

#### SPECIAL NEEDS

- ❑ 13% (10%) of pupils responded that they have a long-standing illness, disability or special needs, while 18% (14%) said they 'don't know'.
- ❑ 4% (3%) of pupils responded that they have special needs, but their school does not support them, while 4% (2%) said they are only 'partly' supported.
- ❑ This works out as 56% (50%) of the 52 (85) pupils with special needs responding that they are, at best, only 'partly' supported.
- ❑ 5% (4%) of pupils responded that they have special needs and they are supported at school.
- ❑ This works out as 35% (40%) of the pupils with special needs responding that they are supported.

#### HOME LIFE

- ❑ 51% (57%) of pupils responded that they live with their mother and father together.
- ❑ 23% (19%) of pupils responded that they live 'mainly or only' with their mother, while 3% (1%) said they live 'mainly or only' with their father.
- ❑ 17% (18%) of pupils responded that more than five people live in their home.
- ❑ 15% (10%) of pupils responded that there are one or two bedrooms in their home, while 6% (5%) said their home has at least five bedrooms.

#### ETHNICITY

- ❑ 65% (77%) of pupils responded that they are White English ('White UK' in 2016).

#### YOUNG CARERS

- ❑ 39% (37%) of pupils responded that they look after, or help to look after, someone at home on a regular basis.
- ❑ 7% (8%) of pupils responded that they think they are a 'young carer', while 14% (10%) said they 'don't know' if they are.
- ❑ 15% (1%) of pupils responded that being a young carer takes up less than an hour of their time each day, while 5% (3%) said it takes up more than 2 hours and 8% (1%) said it takes up some time, but they don't do it every day.

#### SCHOOL LESSONS

- ❑ 29% (27%) of pupils responded that they enjoy 'most' or 'all' of their lessons at school.

- ❑ 22% (23%) of pupils responded that they enjoy 'hardly any' of their lessons at school.

#### FUTURE PLANS

- ❑ 62% (61%) of pupils responded that they want to continue in full-time education (e.g. college, Uni) after leaving school.
- ❑ 54% (45%) of pupils responded that they want to find a job as soon as they can after leaving school.
- ❑ 50% (49%) of pupils responded that they want to get training for a skilled job after leaving school.
- ❑ 39% (47%) of pupils responded that they worry 'quite a lot' or 'a lot' about what they are going to do after Year 11.

#### GCSEs

- ❑ 1% (1%) of pupils responded that they don't expect to take any GCSEs, while 12% (13%) don't know what GCSEs they'll take (if any).
- ❑ 34% (48%) of pupils responded that they expect to take several GCSEs and get mostly good grades (A – C).

### Emotional Health and Wellbeing

#### HAPPINESS

- ❑ 4% (3%) of pupils responded that they are 'not at all' satisfied with their life at the moment.
- ❑ 51% (61%) of pupils responded that they are 'quite a lot' or 'a lot' satisfied with their life at the moment.

#### SELF-ESTEEM

- ❑ 22% (21%) of pupils had a med-low self-esteem score (9 or less).
- ❑ 38% (37%) of pupils had a high self-esteem score (15 or more).
- ❑ 30% (34%) of pupils responded that they do not want to change lots of things about themselves.
- ❑ 64% (64%) of pupils responded that their parents/carers like to hear their ideas.
- ❑ 45% (39%) of pupils responded that their teachers listen to them at school.

#### CONTROL OVER HEALTH

- ❑ 87% (87%) agreed with at least one statement about being in control of their health (Q10a&c).
- ❑ 51% (49%) agreed with at least one statement saying that they weren't in control of their health (Q10b&d).
- ❑ 74% (73%) of the pupils in your survey had a net positive score for these questions (Q10a-d).

- ❑ 73% (68%) of pupils responded that they are in charge of their health, while 41% (40%) said that even if they look after themselves, they can still easily fall ill.

#### **CONFIDENCE AND TRUST**

- ❑ 5% (5%) of pupils responded that there are no adults that they can trust.
- ❑ 49% (46%) of pupils responded that there are at least six adults that they can trust.
- ❑ 29% (31%) of pupils responded that they usually feel 'at ease' meeting people of their own age for the first time.
- ❑ 31% (31%) of pupils responded that they usually feel 'quite' or 'very' uneasy when meeting people of their own age for the first time.

#### **WORRYING**

- ❑ 76% (80%) of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.
- ❑ 46% (55%) of pupils responded that they worry 'quite a lot' or 'a lot' about exams and tests.
- ❑ 29% (32%) of pupils responded that they worry about friendships 'quite a lot' or 'a lot', while 38% (41%) said the same of the way they look.

### **Food and Diet**

#### **WEIGHT**

- ❑ 12% (9%) of pupils responded that they would like to put on weight.
- ❑ 31% (32%) of boys and 51% (51%) of girls responded that they would like to lose weight.
- ❑ 47% (50%) of pupils responded that they are happy with their weight as it is.
- ❑ 38% (41%) of pupils responded that they worry 'quite a lot' or 'a lot' about the way they look.

#### **LUNCH**

- ❑ 50% (38%) of pupils responded that they had a school lunch on the day before the survey.
- ❑ 14% (15%) of pupils responded that they didn't have any lunch on the day before the survey.

#### **BREAKFAST**

- ❑ 15% (12%) of pupils responded that they didn't have anything to eat or drink for breakfast on the day of the survey, while 5% (6%) said they had a cooked breakfast.
- ❑ 11% (11%) of pupils responded that they only had a drink for breakfast on the day of the survey.
- ❑ 34% (34%) of pupils responded that they had cereal to eat for breakfast on the day of the survey, while 22% (22%) said they had toast, bread, bagels or croissants.
- ❑ 1% (3%) of pupils responded that they had pop tarts, cakes, muffins for breakfast on the day of the survey.

#### **HEALTHY CHOICES**

- ❑ 66% (60%) of pupils responded that they 'never' or only 'sometimes' consider their health when choosing what to eat.
- ❑ 17% (18%) of pupils responded that they 'very often' or 'always' consider their health when choosing what to eat.

#### **WATER**

- ❑ 14% (13%) of pupils responded that they didn't drink any water on the day before the survey.
- ❑ 28% (30%) of pupils responded that they drank at least 'about a litre' of water on the day before the survey.

#### **FOOD**

- ❑ 38% (32%) of pupils responded that they eat vegetables 'on most days'; 34% (32%) said the same of fresh fruit.
- ❑ 53% (49%) of pupils responded that they 'rarely or never' eat any fish/fish fingers.

#### **5-A-DAY**

- ❑ 18% (16%) of pupils responded that they didn't eat any portions of fruit or vegetables on the day before the survey.
- ❑ 11% (16%) said they had at least 5 portions of fruit and vegetables to eat on the day before the survey.

### **Smoking, Drinking, Drugs**

#### **SMOKING**

- ❑ 15% (13%) of pupils responded that they have smoked in the past or smoke now.
- ❑ 1% (2%) of pupils responded that they smoke 'regularly'.
- ❑ Of the 5 (15) pupils who smoke regularly, 80% (33%) said they would like to give up.
- ❑ 2% (2%) of pupils responded that they have smoked at least one cigarette in the last week.
- ❑ 9% (8%) of pupils responded that they smoke and feel they could give up.
- ❑ Of the 58 (108) pupils who have ever smoked, 64% (62%) feel they could give up.
- ❑ 1% (0%) of pupils responded that they would like parents/carers to help them give up smoking.
- ❑ Of the 58 (108) pupils who have ever smoked, they were on average 12 (12) years old when they had their first cigarette.
- ❑ 21% (20%) of pupils responded that they have a close friend who smokes on most days.
- ❑ 47% (45%) of pupils responded that at least one person smokes on most days indoors at home; 12% (11%) said at least three people do.

#### **ALCOHOL**

- ❑ 55% (57%) of pupils responded that they have had an alcoholic drink at some point in their life.

- ❑ Of the 216 (469) pupils who said that they have had an alcoholic drink, they were on average 11 (11) years old when they had their first drink.
- ❑ 9% (12%) of pupils responded that they had an alcoholic drink in the 7 days before the survey.
- ❑ 3% (2%) of pupils responded that they drank alcohol on more than one day in the 7 days before the survey; 0% (1%) said they drank on at least three days.
- ❑ 2% (4%) of pupils responded that they got drunk on at least one day in the last 7 days; 1% (1%) said they did so on more than one day.
- ❑ 0% (1%) of boys and 1% (0%) of girls responded that they drank over the advised weekly limit of alcohol for adults of 14 units.
- ❑ 3% (5%) of pupils responded that they drank spirits in the 7 days before the survey, while 1% (3%) said they drank beer or lager and 3% (3%) drank pre-mixed drinks.
- ❑ 6% (6%) of pupils responded that they have drunk alcohol at home in the 7 days before the survey and 4% (5%) said they have at a friend's or relation's home.
- ❑ 1% (1%) of pupils responded that they bought alcoholic drink from an off-licence in the 7 days before the survey and 1% (1%) said they bought it from a pub or bar.
- ❑ 51% (53%) of pupils responded that they 'never' drink alcohol, while 8% (9%) said they do not drink alcohol at home.
- ❑ 31% (28%) of pupils responded that they do drink alcohol at home and their parents 'always' know, while 6% (5%) said their parents 'usually' know.
- ❑ 5% (5%) of pupils responded that they drink alcohol at home and their parents 'never' or only 'sometimes' know.

## DRUGS

- ❑ 23% (23%) of pupils responded that they are 'fairly sure' or 'certain' that they know someone personally who uses drugs listed in the questionnaire.
- ❑ 18% (17%) of pupils responded that they have been offered cannabis.
- ❑ 4% (9%) of pupils responded that they have been offered other drugs listed in the questionnaire (not cannabis).
- ❑ 6% (5%) of pupils reported that they have taken at least one of the drugs listed in the questionnaire.
- ❑ 2% (1%) of pupils responded that they have taken at least one of the drugs listed during the last month.
- ❑ 4% (3%) of pupils responded that they have taken at least one of the drugs listed during the last year.
- ❑ 6% (3%) of pupils responded that they have ever taken cannabis.
- ❑ Of the 23 (39) pupils who have ever taken drugs, they were on average 12 (11) years old when they first tried them.

- ❑ 1% (0%) of pupils responded that they have taken more than one type of drug listed on the same occasion, while 1% (0%) said they 'don't know' if they have.
- ❑ 3% (1%) of pupils responded that they have taken drugs and alcohol on the same occasion, while 0% (1%) said they 'don't know' if they have.

## Safety

### PERSONAL SAFETY

- ❑ 1% (1%) of pupils responded that their personal safety has been at risk when they have used drugs listed in Q41, while 2% (0%) said they 'don't know' if it has been at risk.
- ❑ 1% (0%) of pupils responded that their personal safety has been at risk when they have used drugs and alcohol at the same time, while 2% (1%) said they 'don't know' if it has been at risk.
- ❑ 16% (8%) of pupils responded that their personal safety has been at risk when they have used alcohol, while 8% (9%) said they 'don't know' if it has been at risk.

### INTERNET SAFETY

- ❑ 72% (70%) of pupils responded that their parents/carers are always aware when they use the Internet.
- ❑ 98% (98%) of pupils responded that they used the internet at home in the week before the survey; 68% (77%) said they used it at school.
- ❑ 88% (87%) of pupils responded that they use the Internet for Facebook, Instagram, Twitter etc., while 93% (84%) use it for chatting.
- ❑ 27% (20%) of pupils responded that they have met someone in real life whom they first met online and 37% (40%) said they have seen pictures online that upset them.
- ❑ 66% (63%) of pupils responded that they use social media (e.g. Facebook) and share images of themselves, while 28% (30%) said they don't share images of themselves and 6% (7%) said they don't use social media.
- ❑ 7% (4%) of pupils responded that they share images of themselves on social media which they wouldn't show their parents/carers.
- ❑ 11% (9%) of pupils responded that they share images of themselves on social media which they wouldn't show their teachers or headteacher.
- ❑ 14% (14%) of pupils responded that someone has shared an image of them via social media which has made them feel unhappy.

### FEELING SAFE

- ❑ 76% (79%) of pupils rated their safety at school as 'good' or 'very good', while 44% (39%) said the same of going out after dark.
- ❑ 25% (29%) of pupils rated their safety when going out after dark as 'poor' or 'very poor'.



## VIOLENCE AND AGGRESSION

- ❑ 12% (11%) of pupils responded that they have been the victim of violence or aggression in the area where they live in the last 12 months, while 9% (9%) said they 'don't know' if they have been.
- ❑ 7% (11%) of pupils responded that they are 'fairly sure' or 'certain' that they or their friends carry weapons or other things for protection when going out.

## BULLYING

- ❑ 27% (32%) of pupils responded that they feel afraid of going to school because of bullying at least 'sometimes'.
- ❑ 9% (6%) of pupils responded that they 'often' or 'very often' feel afraid of going to school because of bullying.
- ❑ 26% (22%) of pupils responded that they have been bullied at school in the last 12 months, while 9% (6%) said they have been bullied near school.
- ❑ 12% (9%) of pupils responded that they have been bullied online or on a mobile phone in the last 12 months, while 3% (3%) said they have been bullied on school transport.
- ❑ 48% (50%) of pupils responded that they haven't been picked on or bullied, while 24% (24%) said they have for their size or weight.
- ❑ 5% (6%) of pupils responded that they have bullied someone else at school in the last 12 months, while 11% (10%) said they 'don't know' if they have.

## Health and Hygiene

### DENTAL HEALTH

- ❑ 84% (84%) of pupils responded that they cleaned their teeth at least twice the day before the survey.
- ❑ 1% (1%) of pupils responded that they did not clean their teeth at all on the day before the survey.
- ❑ 78% (82%) of pupils responded that they last visited the dentist in the last 6 months.
- ❑ 13% (7%) of pupils responded that they last visited the dentist more than a year ago.

### MEDICATION AND DOCTORS

- ❑ 38% (42%) of pupils reported taking painkillers in the 7 days before the survey.
- ❑ 56% (52%) of pupils responded that they felt 'at ease' with the doctor on their last visit.
- ❑ 18% (20%) of pupils responded that they felt 'quite' or 'very' uneasy with the doctor on their last visit.

### SLEEPING PATTERNS

- ❑ 10% (11%) of pupils got less than 6 hours sleep the night before the survey.
- ❑ 60% (60%) of pupils got at least 8 hours sleep the night before the survey.
- ❑ 69% (67%) of pupils responded that the amount of sleep they normally get is enough for them to stay

alert and concentrate on their school work; 12% (13%) said it isn't enough.

- ❑ 59% (57%) of pupils responded that the amount of sleep they normally get is enough for their health; 13% (12%) said it isn't enough.

## School

- ❑ 72% (65%) of pupils responded that their work is marked so they can see how to improve it.

## Sexual Health

- ❑ 31% (40%) of pupils correctly identified that HIV/AIDS can be treated but not cured; 9% (14%) correctly identified that genital herpes can also be treated but not cured.
- ❑ 50% (42%) of pupils responded that they know where they can get condoms free of charge.
- ❑ 76% (73%) of pupils responded that they think condoms are reliable at stopping pregnancy; 39% (48%) said the same of female condoms, as did 33% (35%) of emergency contraception.
- ❑ 15% (18%) of pupils responded that they think none of the contraceptive methods listed are reliable to stop STIs.
- ❑ 27% (21%) of pupils responded that they know where they can get emergency contraception free of charge.
- ❑ 56% (44%) of pupils responded that if they had a sexual health concern, they would know where to go to get help.
- ❑ 34% (35%) of pupils responded that they believe most males first have sex when they are under 16.
- ❑ 32% (28%) of pupils responded that they believe most females first have sex when they are under 16.
- ❑ 26% (27%) of pupils responded that at least one of the negative behaviours in Q77 has happened to them.
- ❑ 67% (62%) of pupils responded that if any of the things in Q77 happened to them, they would know what to do for themselves.
- ❑ 73% (67%) of pupils responded that if any of the things in Q77 happened to them, they could get some help.

## School

- ❑ 33% (38%) of pupils responded that they feel their school teaches them about managing money 'fairly' or 'very' well; 87% (79%) said the same about internet safety.

### SCHOOL NURSE

- ❑ 35% (61%) of pupils responded that they know how to contact the school nurse, while 36% (21%) said they don't know how to and 7% (4%) said they don't have a school nurse.
- ❑ 16% (20%) of pupils responded that, if they wanted support, information or advice, they think they would

go to the school nurse, while 47% (47%) said they think they wouldn't.

## Leisure and Money

### AFTER-SCHOOL ACTIVITIES

- ❑ 44% (47%) of pupils responded that they met with friends after school on the day before the survey, while 42% (43%) said they did sport or other physical activity.

### JOBS

- ❑ 8% (11%) of pupils responded that they have a regular paid job during term-time.
- ❑ 0% (1%) of pupils responded that they have a paper/leaflet round.
- ❑ Of the 31 (70) pupils who responded that they have a paid job, the mean amount of time they spent working in the week before the survey was 8 (6) hours.
- ❑ 26% (34%) of pupils responded that they worry 'quite a lot' or 'a lot' about money.

## Physical Activity

### EXERCISE

- ❑ 15% (10%) of pupils responded that they don't enjoy physical activities at all.

- ❑ 58% (60%) of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.
- ❑ 27% (27%) of pupils responded that they think they are 'unfit' or 'very unfit'.
- ❑ 31% (32%) of pupils responded that they think they are 'fit' or 'very fit'.
- ❑ 8% (5%) of pupils responded that they were not physically active for an hour or more at all in the week before the survey.
- ❑ 54% (63%) of pupils responded that they were physically active for an hour or more on at least three days in the week before the survey.
- ❑ 10% (10%) of pupils responded that they have not been involved in any physical activity during school time in the 7 days before the survey.
- ❑ 58% (58%) of pupils responded that they have been involved in at least 2 hours of physical activity during school time in the 7 days before the survey.

### SPORTS

- ❑ 80% (76%) of pupils responded that they play or do one or more of the physical activities listed at least 'weekly'.
- ❑ 39% (32%) of pupils responded that they go for walks at least 'weekly', while 27% (25%) said they go jogging and 22% (20%) ride a bicycle.

## Significant differences between Your School's 2018 and 2016 data

Below we have listed some statistically significant differences between the data collected in the 2018 survey and that collected in 2016.

	2018		2016	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	96	95	243	178
Girls	116	84	237	168

Sig	2018	2016	Question
***	35%	61%	of pupils responded that they know how to contact the school nurse.
***	34%	48%	of pupils responded that they expect to take several GCSEs and get mostly good grades (A – C).
***	93%	84%	of pupils responded that they use the Internet for chatting.
***	16%	8%	of pupils responded that their personal safety has been at risk when they have used alcohol.
***	50%	38%	of pupils responded that they had a school lunch on the day before the survey.
***	56%	44%	of pupils responded that if they had a sexual health concern, they would know where to go to get help.
***	51%	61%	of pupils responded that they are 'quite a lot' or 'a lot' satisfied with their life at the moment.
***	87%	79%	of pupils responded that they feel their school teaches them about internet safety 'fairly' or 'very' well.
***	68%	77%	of pupils responded that they used the internet at school in the week before the survey.
***	4%	9%	of pupils responded that they have been offered other drugs listed in the questionnaire (not cannabis).
***	54%	45%	of pupils responded that they want to find a job as soon as they can after leaving school.
***	13%	7%	of pupils responded that they last visited the dentist more than a year ago.
***	31%	40%	of pupils correctly identified that HIV/AIDS can be treated but not cured.
***	46%	55%	of pupils responded that they worry 'quite a lot' or 'a lot' about exams and tests.
***	27%	20%	of pupils responded that they have met someone in real life whom they first met online.
***	54%	63%	of pupils responded that they were physically active for an hour or more on at least three days in the week before the survey.
**	39%	47%	of pupils responded that they worry 'quite a lot' or 'a lot' about what they are going to do after Year 11.
**	26%	34%	of pupils responded that they worry 'quite a lot' or 'a lot' about money.
**	50%	42%	of pupils responded that they know where they can get condoms free of charge.
**	9%	14%	of pupils correctly identified that genital herpes can be treated but not cured.
*	1%	3%	of pupils responded that they drank beer or lager in the 7 days before the survey.
*	72%	65%	of pupils responded that their work is marked so they can see how to improve it.
*	39%	32%	of pupils responded that they go for walks at least 'weekly'.
*	11%	16%	said they had at least 5 portions of fruit and vegetables to eat on the day before the survey.
*	6%	3%	of pupils responded that they have ever taken cannabis.
*	27%	21%	of pupils responded that they know where they can get emergency contraception free of charge.
*	38%	32%	of pupils responded that they eat vegetables 'on most days'.
*	51%	57%	of pupils responded that they live with their mother and father together.
*	15%	10%	of pupils responded that there are one or two bedrooms in their home.
*	45%	39%	of pupils responded that their teachers listen to them at school.
*	66%	60%	of pupils responded that they 'never' or only 'sometimes' consider their health when choosing what to eat.
*	7%	11%	of pupils responded that they are 'fairly sure' or 'certain' that they or their friends carry weapons or other things for protection when going out.
*	2%	4%	of pupils responded that they got drunk on at least one day in the last 7 days.

Tests: Chi-squared ( $\chi^2$ ). KEY: \* =  $p < 0.05$  (5%) \*\* =  $p < 0.01$  (1%) \*\*\* =  $p < 0.001$  (0.1%).

## Personal Background

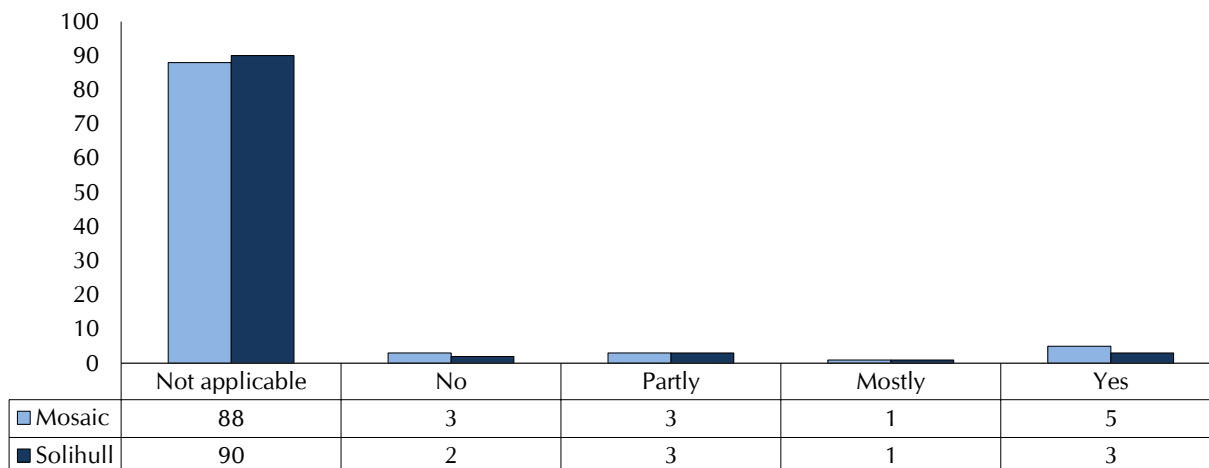
### Special needs

12% (10%) of pupils responded that they have a long-standing illness, disability or special needs, while 13% (12%) said they 'don't know'.

**QDa.** Percentage answering that they have a long-standing illness, disability or special needs.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	10	19	12	11
Girls	6	21	6	10

**QDb.** If yes, does your school support you with them?



3% (2%) of pupils responded that they have special needs, but their school does not support them, while 3% (3%) said they are only 'partly' supported.

This works out as 48% (53%) of the 47 (198) pupils with special needs responding that they are, at best, only 'partly' supported.

**QDb.** Percentage answering that they have special needs, but their school doesn't support them.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	1	6	2	4
Girls	1	5	1	3

5% (3%) of pupils responded that they have special needs and they are supported at school.

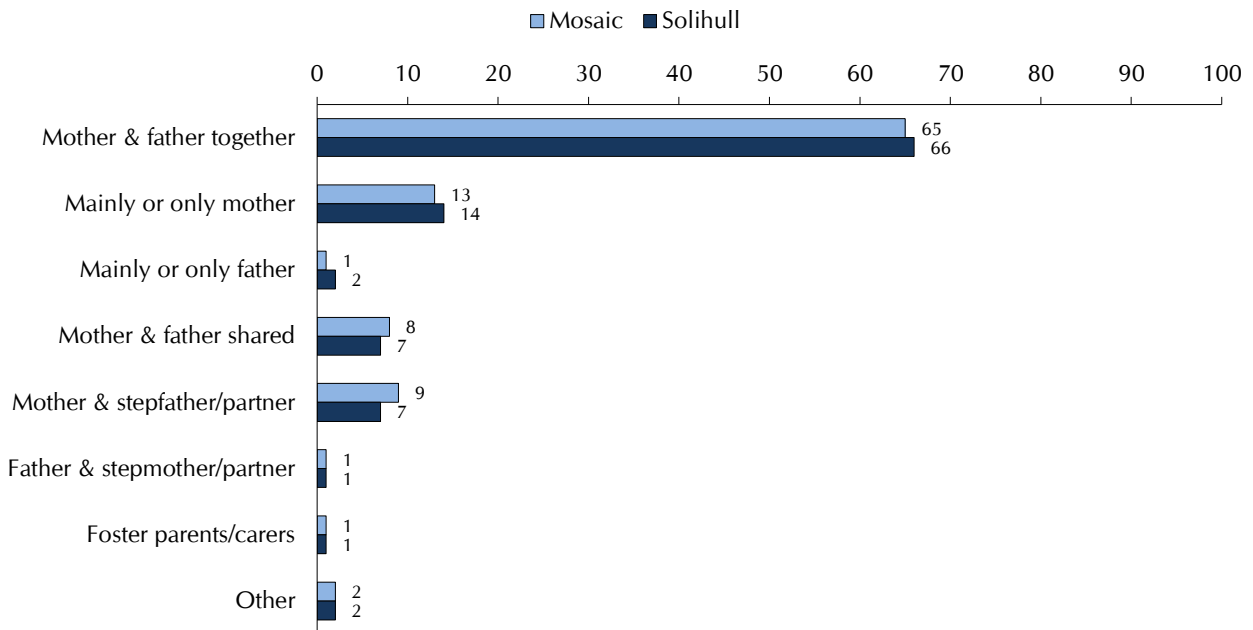
This works out as 44% (34%) of the pupils with special needs responding that they are supported.

**QDb.** Percentage answering that they have special needs and they are supported at school.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	6	9	5	4
Girls	3	2	2	3

# Home life

Q2. Which adults do you live with?



65% (66%) of pupils responded that they live with their mother and father together.

Q2. Percentage answering that they live with their mother and father together.

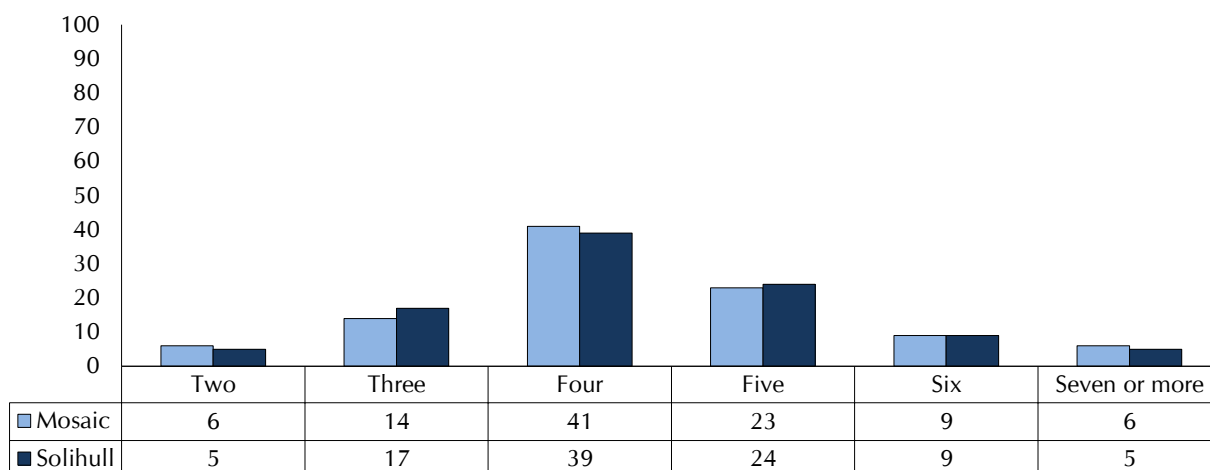
	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	65	69	67	66
Girls	65	57	68	65

13% (14%) of pupils responded that they live 'mainly or only' with their mother, while 1% (2%) said they live 'mainly or only' with their father.

Q2. Percentage answering that they live mainly or only with their mother.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	14	13	12	13
Girls	12	14	15	16

**Q3. How many people live in your home (include yourself)?**

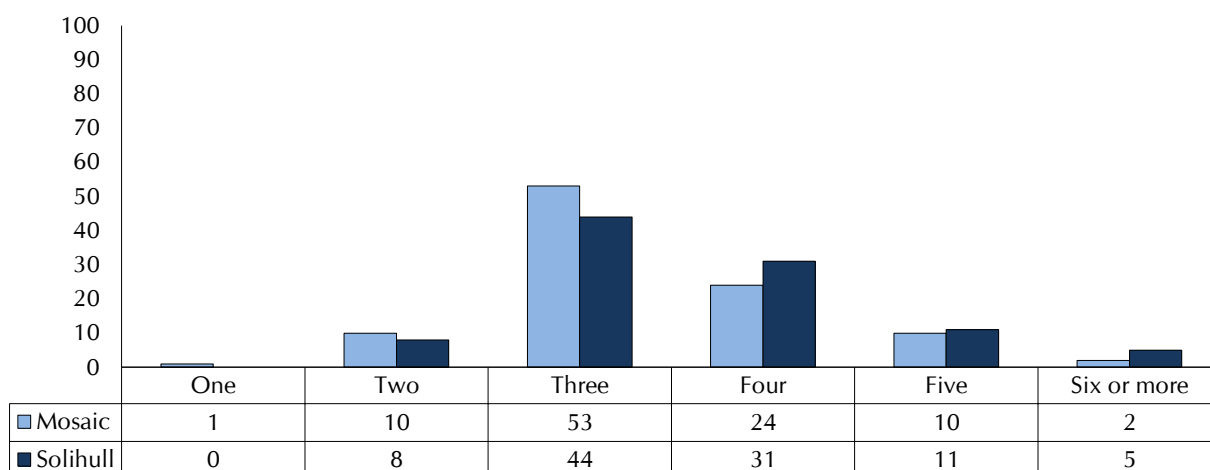


15% (15%) of pupils responded that more than five people live in their home.

**Q3.** Percentage answering that more than five people live in their home.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	15	8	15	13
Girls	17	16	15	15

**Q4. How many bedrooms are there in your home?**



11% (8%) of pupils responded that there are one or two bedrooms in their home, while 12% (16%) said their home has at least five bedrooms.

**Q4.** Percentage answering that their home has one or two bedrooms.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	11	8	9	7
Girls	10	7	9	7

27% (22%) of pupils live in a home where at least 2 more people live than there are actual numbers of bedrooms.

**Q3/4.** Percentage living in a home where at least 2 more people live than there are bedrooms.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	25	12	25	14
Girls	35	25	27	21

## Ethnicity

68% (67%) of pupils responded that they are White English.

**Q5.** Percentage answering that they are White English.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	72	71	65	68
Girls	66	61	66	68

**Q5.** Percentage of pupils responding that the following most nearly describes them (top 5 – Solihull Secondary data in brackets):

Boys			Girls		
1	White English	71 (67)	1	White English	65 (67)
2	Pakistani Asian or British Pakistani	8 (6)	2	Pakistani Asian or British Pakistani	11 (5)
3	Indian Asian or British Indian	3 (5)	3	Bangladeshi Asian or British Bangladeshi	6 (1)
4	White Irish	2 (4)	4	Indian Asian or British Indian	3 (4)
5	Mixed – Asian and White	2 (2)	5	Don't want to say	3 (2)

## Young carers

25% (25%) of pupils responded that they look after, or help to look after, someone at home on a regular basis.

**Q82.** Percentage responding that they look after, or help to look after, someone at home on a regular basis.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	29	18	28	21
Girls	28	16	27	22

4% (5%) of pupils responded that they think they are a 'young carer', while 8% (7%) said they 'don't know' if they are.

**Q83a.** Percentage responding that they think they are a 'young carer'.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	3	2	4	4
Girls	6	2	5	6

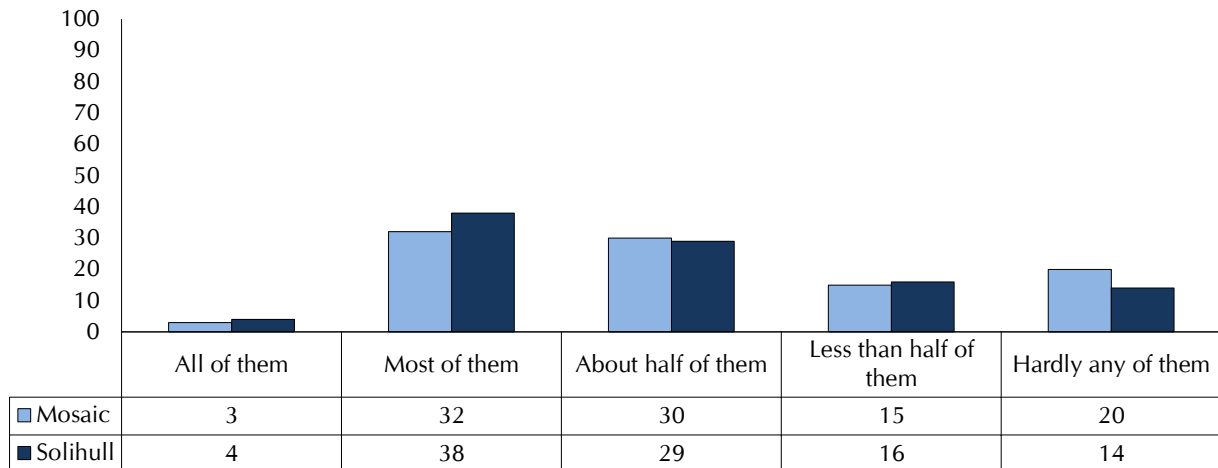
9% (8%) of pupils responded that being a young carer takes up less than an hour of their time each day, while 3% (3%) said it takes up more than 2 hours and 8% (5%) said it takes up some time, but they don't do it every day.

**Q83c.** Percentage responding that being a young carer takes up more than 2 hours of their time each day.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	2	0	2	3
Girls	7	0	3	3

## School lessons

**Q7.** How many lessons do you enjoy at school?



35% (42%) of pupils responded that they enjoy 'most' or 'all' of their lessons at school.

**Q7.** Percentage answering that they enjoy 'most' or 'all' of their lessons at school.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	29	40	38	43
Girls	38	48	44	44

20% (14%) of pupils responded that they enjoy 'hardly any' of their lessons at school.

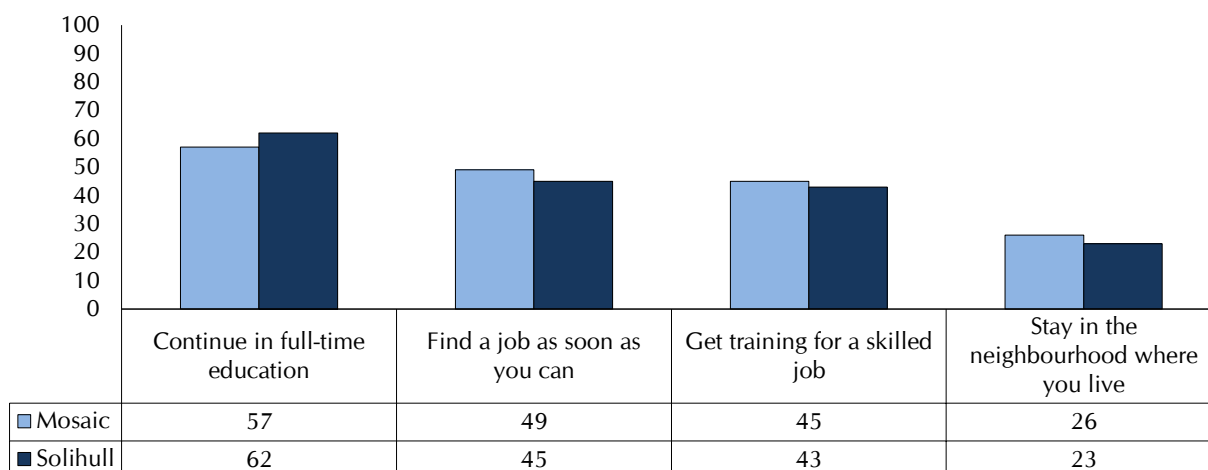
**Q7.** Percentage answering that they enjoy 'hardly any' of their lessons at school.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	25	17	16	17
Girls	15	20	11	12



## Future plans

**Q8.** After leaving school, do you want to...?



57% (62%) of pupils responded that they want to continue in full-time education (e.g. college, Uni) after leaving school.

49% (45%) of pupils responded that they want to find a job as soon as they can after leaving school.

45% (43%) of pupils responded that they want to get training for a skilled job after leaving school.

86% (87%) of pupils responded that after school they want to stay in full-time education, find a job as soon as they can or get training for a skilled job. 1% (1%) did not want to do any of these.

42% (41%) of pupils responded that they worry 'quite a lot' or 'a lot' about what they are going to do after Year 11.

**Q8.** Percentage answering that they want to continue in full-time education after leaving school.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	45	46	52	47
Girls	72	70	75	75

**Q8.** Percentage answering that they want to find a job as soon as they can after leaving school.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	51	44	42	46
Girls	51	50	45	50

**Q8.** Percentage answering that they want to get training for a skilled job after leaving school.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	52	44	49	44
Girls	45	20	45	30

**Q8.** Percentage answering that after school they want to stay in full-time education, find a job as soon as they can or get training for a skilled job.

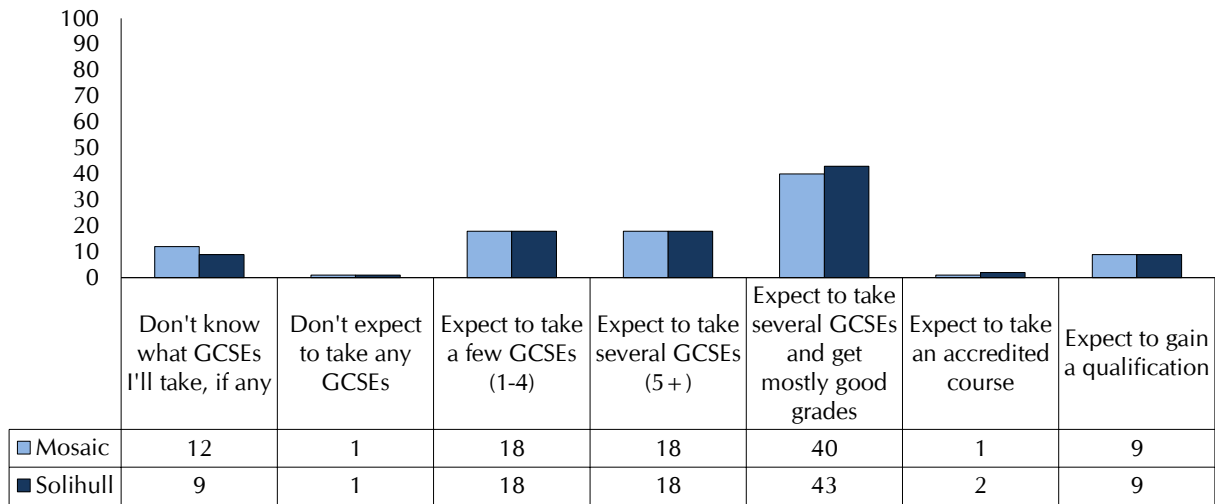
	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	85	85	83	82
Girls	91	86	92	91

**Q69.** Percentage answering that they worry 'quite a lot' or 'a lot' about what they are going to do after Year 11.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	39	37	33	38
Girls	44	52	38	54

## GCSEs

**Q11.** GCSEs: Which of these statements best describes you?



1% (1%) of pupils responded that they don't expect to take any GCSEs, while 12% (9%) don't know what GCSEs they'll take (if any).

**Q11.** Percentage answering that they don't expect to take any GCSEs.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	1	0	2	1
Girls	1	0	0	1

40% (43%) of pupils responded that they expect to take several GCSEs and get mostly good grades (A – C).

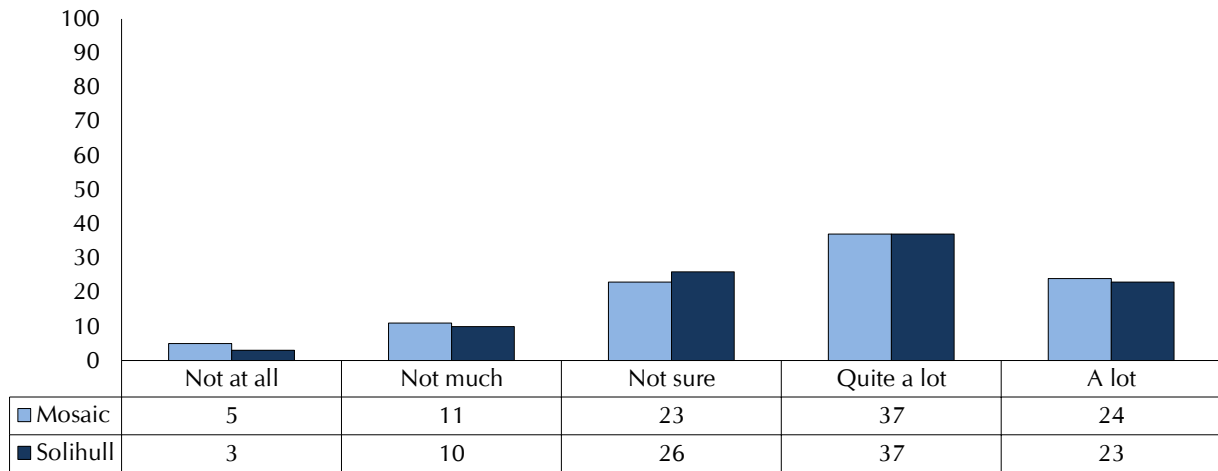
**Q11.** Percentage answering that they expect to take several GCSEs and get mostly good grades (A – C).

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	35	44	33	49
Girls	42	48	41	55

# Emotional Health and Wellbeing

## Happiness

**Q6.** In general, how satisfied do you feel with your life at the moment?



5% (3%) of pupils responded that they are 'not at all' satisfied with their life at the moment.

**Q6.** Percentage answering that they are 'not at all' satisfied with their life at the moment.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	6	0	3	3
Girls	2	11	1	5

61% (60%) of pupils responded that they are 'quite a lot' or 'a lot' satisfied with their life at the moment.

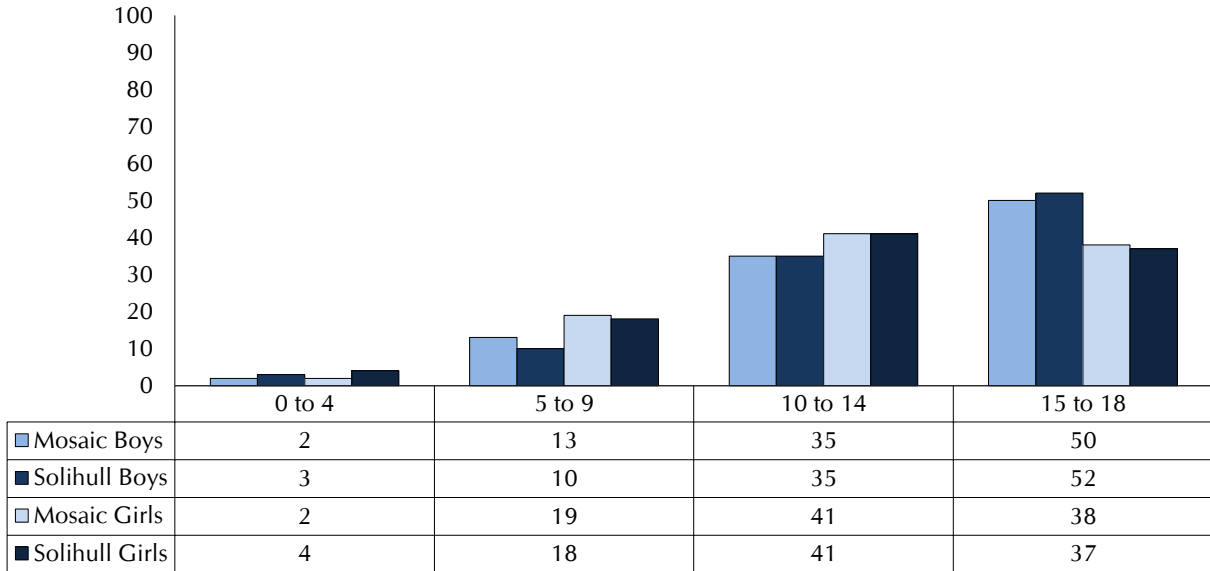
**Q6.** Percentage answering that they are 'quite a lot' or 'a lot' satisfied with their life at the moment.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	58	66	61	59
Girls	66	48	66	53

## Self-esteem

This measurement is derived from the responses to a set of ten statements taken from a standard self-esteem enquiry method developed by Denis Lawrence (Lawrence, 1981). The scale is based on social confidence and relationships with friends. Overall the levels of esteem compared with wider data are:

**Q9.** Composite self-esteem score:



18% (18%) of pupils had a med-low self-esteem score (9 or less).

**Q9.** Percentage with a med-low self-esteem score (9 or less).

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	19	6	14	12
Girls	23	14	23	20

44% (44%) of pupils had a high self-esteem score (15 or more).

**Q9.** Percentage with a high self-esteem score (15 or more).

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	45	64	51	53
Girls	40	30	38	37

30% (34%) of pupils responded that they do not want to change lots of things about themselves.

**Q9.** (Individual self-esteem items) Percentage in each group giving a high esteem response (Solihull Secondary data in brackets):

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Pupils who feel happy talking to other pupils at school	85 (85)	79 (78)	87 (81)	70 (70)	81 (78)
Pupils who do not want to change lots of things about themselves	28 (34)	34 (34)	34 (40)	23 (27)	30 (34)
Pupils who do not usually feel uncomfortable saying things in front of teachers in class	49 (52)	42 (37)	45 (48)	39 (36)	45 (43)
Pupils who do not often fall out with other pupils at school	65 (66)	53 (59)	79 (74)	66 (71)	62 (66)
Pupils who do not often feel lonely at school	77 (81)	74 (75)	87 (83)	84 (79)	77 (79)
Pupils who do not think that other pupils usually say nasty things about them	42 (50)	41 (42)	60 (55)	41 (47)	43 (48)
Pupils who do not usually feel shy when they want to tell a teacher something	61 (62)	53 (44)	75 (73)	48 (46)	58 (56)
Pupils who do not often have find new friends because their old ones are with somebody else	80 (81)	74 (73)	92 (84)	84 (84)	79 (80)
Pupils who do not usually feel foolish when talking to their parents	76 (78)	78 (77)	83 (76)	73 (74)	77 (76)

72% (71%) of pupils responded that their parents/carers like to hear their ideas.

**Q9.** Percentage answering that their parents/carers like to hear their ideas.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	70	74	71	67
Girls	74	75	76	69

50% (51%) of pupils responded that their teachers listen to them at school.

**Q9.** Percentage answering that their teachers listen to them at school.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	50	58	55	53
Girls	50	45	52	46

## Control over health

86% (88%) agreed with at least one statement about being in control of their health (Q10a&c).

**Q10.** Percentage agreeing with statements Q10a and/or Q10c.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	88	89	87	91
Girls	86	86	87	88

47% (46%) agreed with at least one statement saying that they weren't in control of their health (Q10b&d).

**Q10.** Percentage agreeing with statements Q10b and/or Q10d.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	50	32	43	43
Girls	46	50	45	51

For an overall 'control' score SHEU add together the scores for the two 'controlling' items (a + c) and take away the score for the two 'chance' items (b + d). This gives a score, in the jargon, of 'health locus of control', whether a person sees themselves as being generally in control of their health or not. If not then this fatalism may make health warnings irrelevant.

74% (76%) of the pupils in your survey had a net positive score for these questions. SHEU know from other studies that such scores are related to higher levels of participation in health-promoting behaviour, and lower levels of health-risky behaviour.

**Q10.** Percentage having a positive health locus of control score.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	73	79	76	79
Girls	75	77	76	77

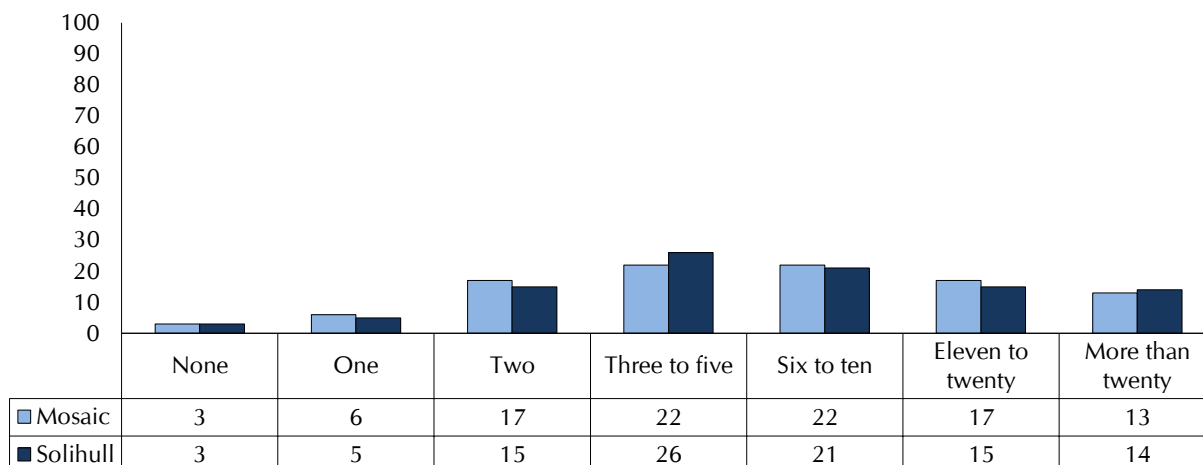
66% (71%) of pupils responded that they are in charge of their health, while 37% (38%) said that even if they look after themselves, they can still easily fall ill.

**Q10.** Percentage of pupils responding that they 'agree' with the following statements (Solihull Secondary data in brackets):

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
a. "I am in charge of my health"	68 (68)	64 (67)	66 (79)	68 (73)	66 (71)
b. "If I keep healthy, I've just been lucky"	20 (15)	20 (15)	17 (16)	14 (17)	20 (16)
c. "If I take care of myself I'll stay healthy"	78 (78)	77 (77)	85 (82)	70 (79)	77 (78)
d. "Even if I look after myself I can still easily fall ill"	42 (36)	36 (37)	21 (34)	41 (43)	37 (38)

## Confidence and trust

**Q63.** How many adults can you really trust?



3% (3%) of pupils responded that there are no adults that they can trust.

**Q63.** Percentage answering that there are no adults that they can trust.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	4	2	3	3
Girls	1	9	2	4

53% (51%) of pupils responded that there are at least six adults that they can trust.

**Q63.** Percentage answering that there are at least six adults that they can trust.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	60	62	63	50
Girls	54	18	54	32

36% (31%) of pupils responded that they usually feel 'at ease' meeting people of their own age for the first time.

**Q64.** Percentage answering that they usually feel 'at ease' when meeting people their own age for the first time.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	42	52	35	40
Girls	28	27	25	25

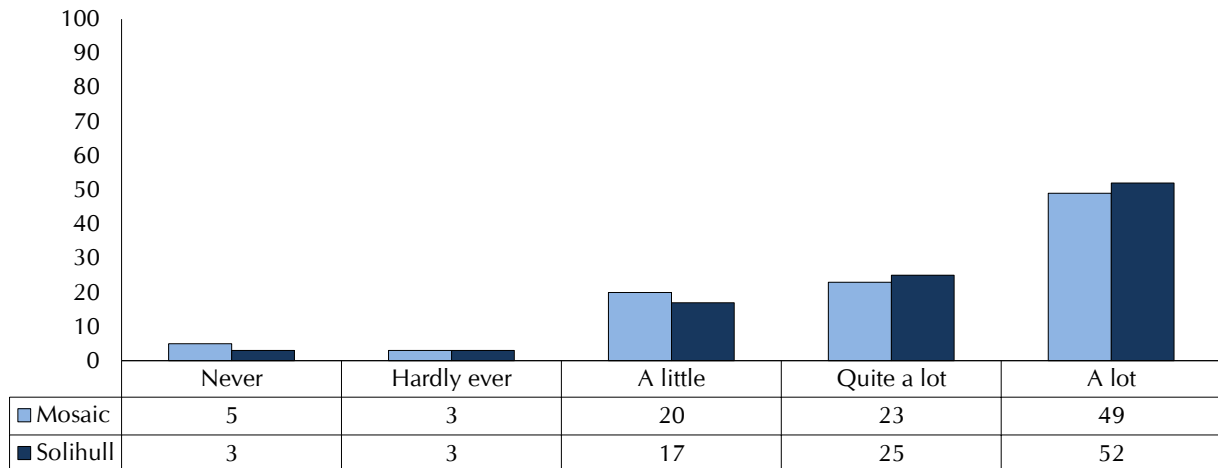
21% (25%) of pupils responded that they usually feel 'quite' or 'very' uneasy when meeting people of their own age for the first time.

**Q64.** Percentage answering that they usually feel 'quite' or 'very' uneasy when meeting people their own age for the first time.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	21	13	23	20
Girls	22	23	28	26

## Worrying

**Q69.** Worrying summary: Percentage of pupils responding that they worry about at least one of the issues listed...



Most frequent worry recorded.

72% (76%) of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.

**Q69.** Percentage answering that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	66	60	67	72
Girls	79	82	80	88

14% (16%) of boys and 27% (27%) of girls responded that they worry about at least 3 of the issues listed 'quite a lot' or 'a lot'; while 36% (31%) of boys and 20% (17%) of girls said that they don't worry about any of them.

**Q69.** Percentage answering that they worry about at least 3 of the issues listed 'quite a lot' or 'a lot'.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	12	17	16	17
Girls	27	30	28	27



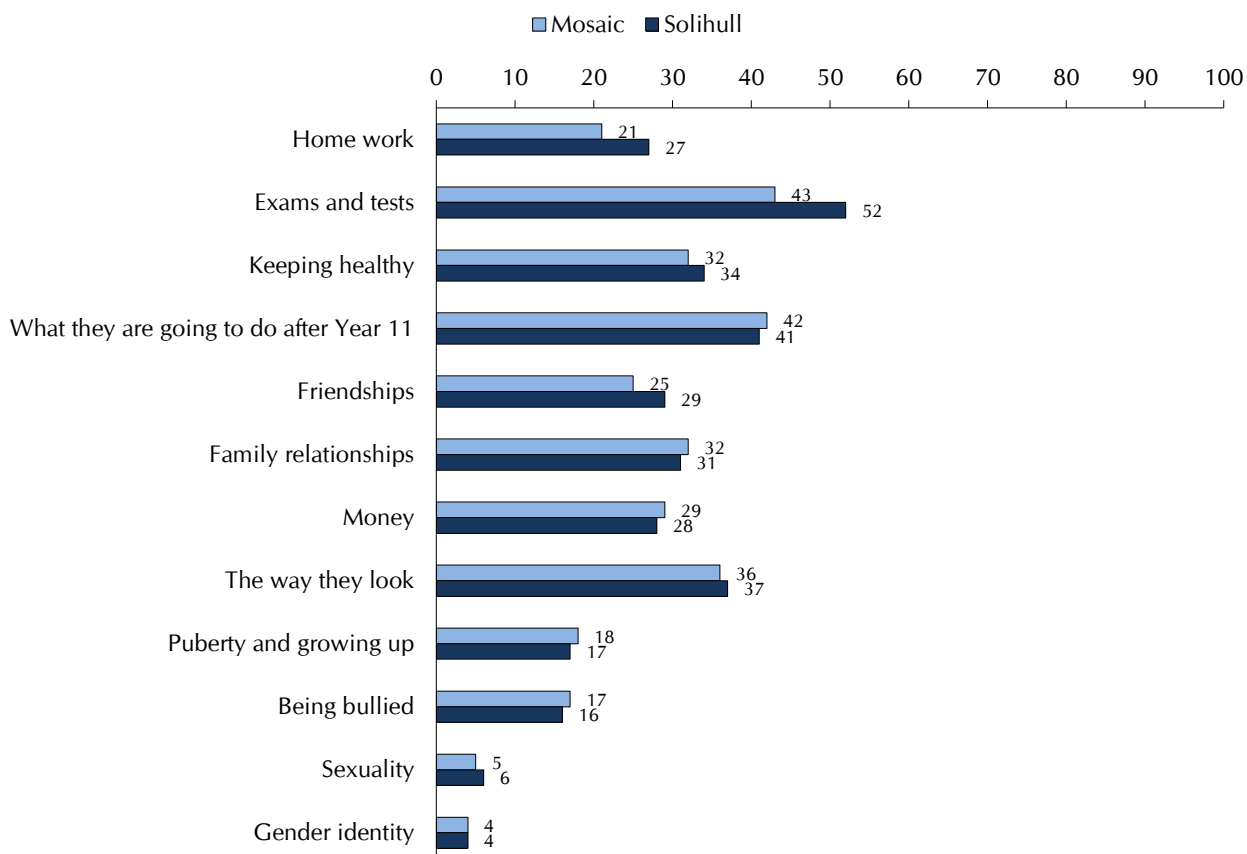
43% (52%) of pupils responded that they worry 'quite a lot' or 'a lot' about exams and tests.

**Q69.** Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot' (top 10 – Solihull Secondary data in brackets):

Boys			Girls		
1	What you are going to do after Year 11	38 (35)	1	Exams and tests	53 (63)
2	Exams and tests	33 (40)	2	The way you look	46 (49)
3	Money	28 (28)	3	What you are going to do after Year 11	46 (45)
4	Family relationships	28 (28)	4	Keeping healthy	39 (39)
5	The way you look	26 (25)	5	Family relationships	36 (33)
6	Keeping healthy	25 (30)	6	Friendships	35 (35)
7	Friendships	15 (22)	7	Home work	29 (33)
8	Being bullied	14 (12)	8	Money	29 (28)
9	Home work	13 (21)	9	Puberty and growing up	23 (19)
10	Puberty and growing up	12 (14)	10	Being bullied	19 (19)

25% (29%) of pupils responded that they worry about friendships 'quite a lot' or 'a lot', while 36% (37%) said the same of the way they look.

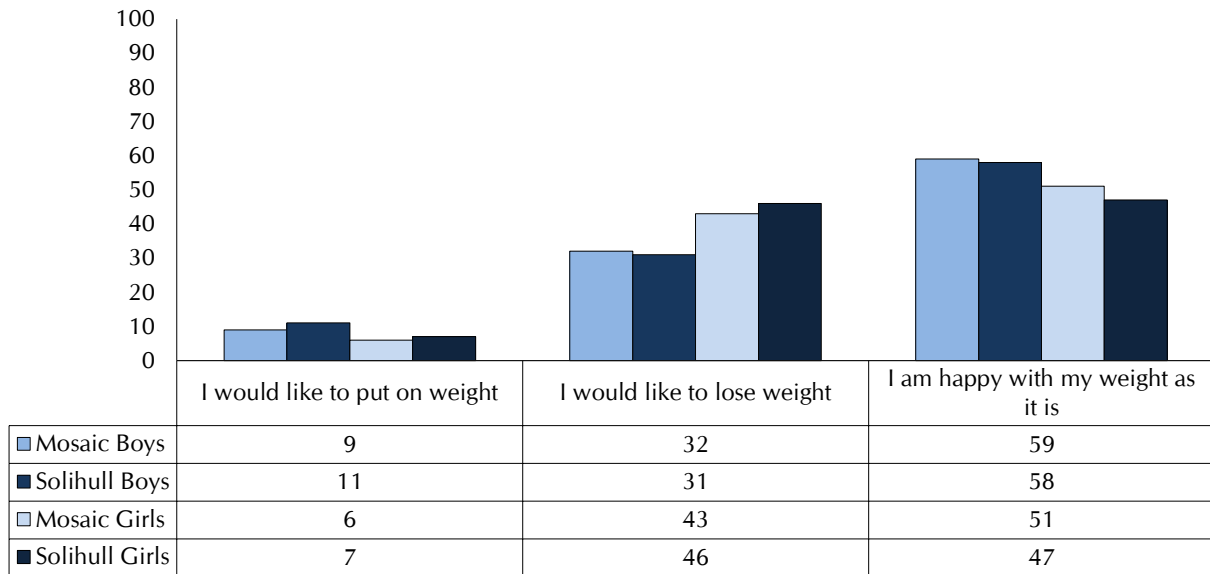
**Q69.** Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot':



# Food and Diet

## Weight

**Q12.** Weight: Which statement describes you best?



8% (9%) of pupils responded that they would like to put on weight.

**Q12.** Percentage answering that they would like to put on weight.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	8	11	8	16
Girls	4	11	4	11

32% (31%) of boys and 43% (46%) of girls responded that they would like to lose weight.

**Q12.** Percentage answering that they would like to lose weight.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	33	30	32	30
Girls	42	48	45	48

55% (52%) of pupils responded that they are happy with their weight as it is.

**Q12.** Percentage answering that they are happy with their weight as it is.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	59	58	60	55
Girls	54	41	51	41

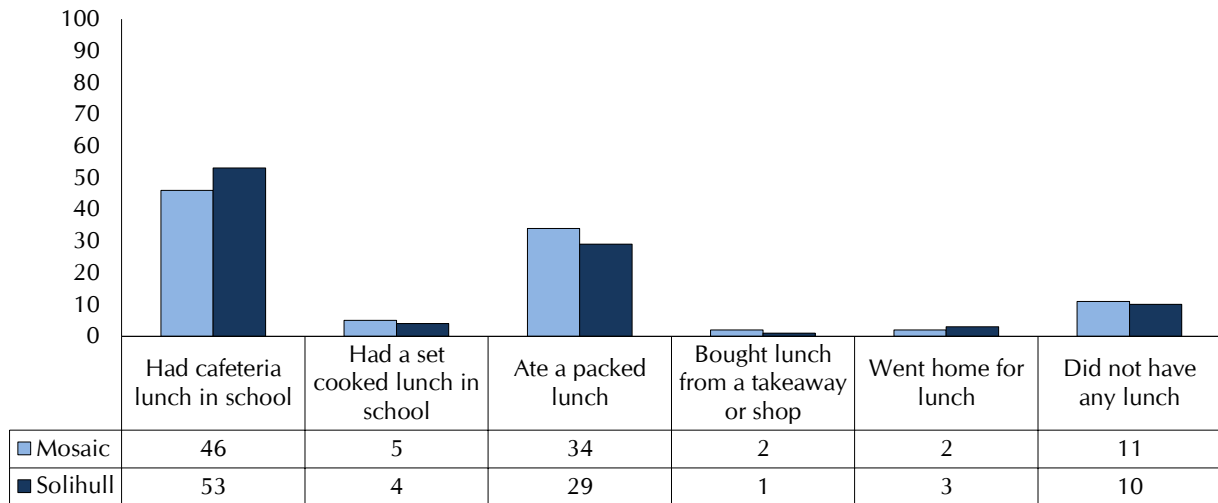
36% (37%) of pupils responded that they worry 'quite a lot' or 'a lot' about the way they look.

**Q69.** Percentage answering that they worry 'quite a lot' or 'a lot' about the way they look.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	24	33	23	27
Girls	46	48	47	51

## Lunch

**Q13.** What did you do for lunch yesterday?



51% (56%) of pupils responded that they had a school lunch on the day before the survey.

**Q13.** Percentage answering that they had a school lunch on the day before the survey.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	62	32	59	57
Girls	53	34	58	53

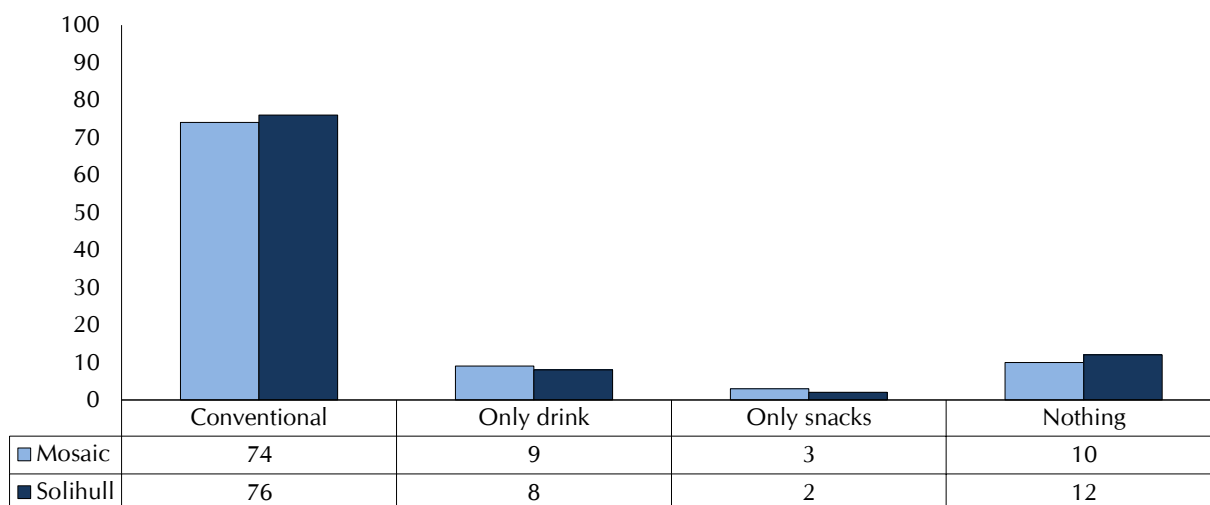
11% (10%) of pupils responded that they didn't have any lunch on the day before the survey.

**Q13.** Percentage answering that they didn't have any lunch on the day before the survey.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	6	9	8	8
Girls	11	20	10	12

## Breakfast

**Q15.** Percentage of pupils responding that they had the following types of breakfast on the day of the survey:



The chart shows the percentages having different types of breakfast. The category 'Conventional' means at least one of cereal; porridge, Ready brek; toast, bread, bagels or croissants; cooked breakfast; fruit; yoghurt or a breakfast bar. Only snacks means: chocolate bar or sweets; pop-tarts, cakes or muffins; crisp-type snack but not conventional breakfast.

10% (12%) of pupils responded that they didn't have anything to eat or drink for breakfast on the day of the survey, while 6% (6%) said they had a cooked breakfast.

**Q15.** Percentage answering that they didn't have anything to eat or drink for breakfast on the day of the survey.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	8	4	9	12
Girls	9	20	10	16

9% (8%) of pupils responded that they only had a drink for breakfast on the day of the survey.

**Q15.** Percentage answering that they only had a drink for breakfast on the day of the survey.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	4	8	5	7
Girls	14	11	9	12

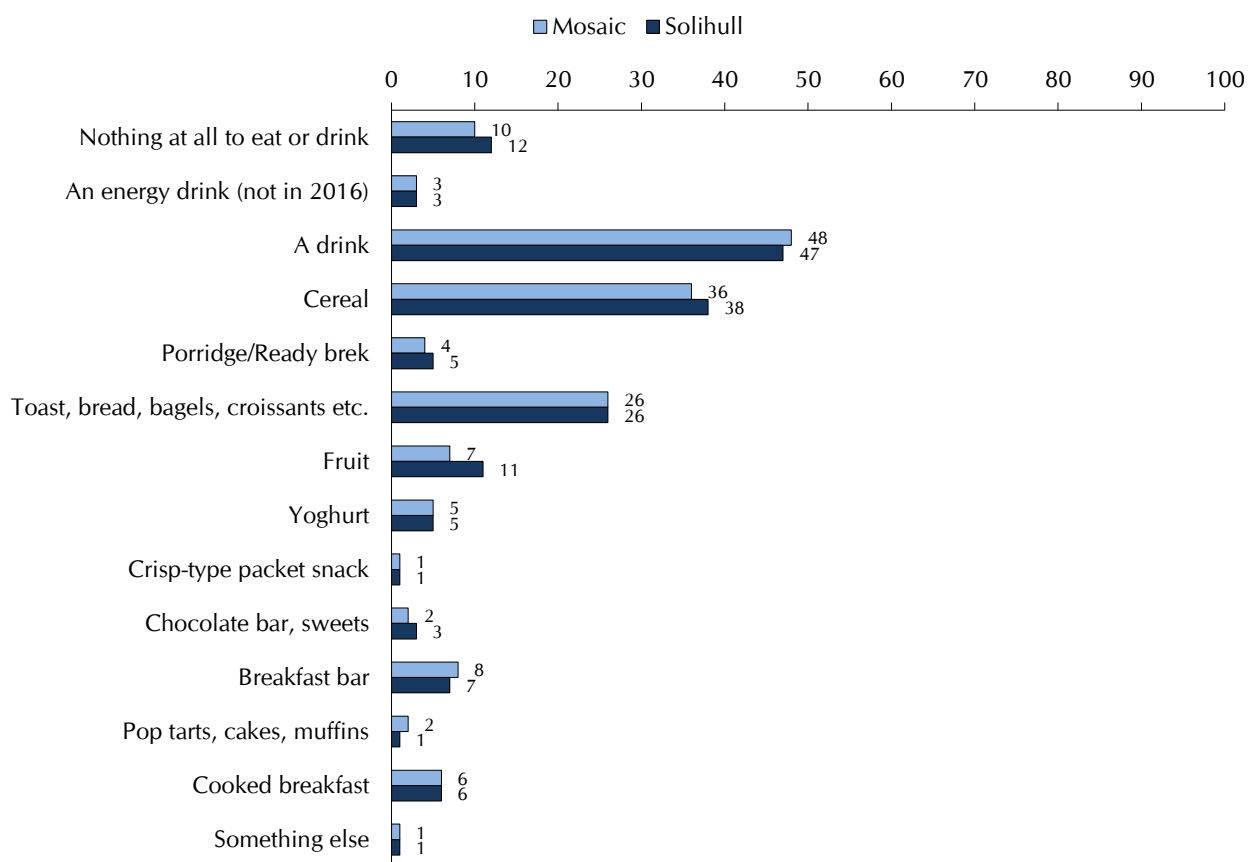
36% (38%) of pupils responded that they had cereal to eat for breakfast on the day of the survey, while 26% (26%) said they had toast, bread, bagels or croissants.

**Q15.** Percentage of pupils responding that they had the following to eat or drink for breakfast on the morning of the survey (top 5 – Solihull Secondary data in brackets):

Boys			Girls		
1	A drink	46 (46)	1	A drink	51 (50)
2	Cereal	43 (46)	2	Cereal	29 (31)
3	Toast, bread, bagels, croissants etc.	24 (25)	3	Toast, bread, bagels, croissants etc.	28 (27)
4	Breakfast bar	8 (7)	4	Fruit	8 (12)
5	Fruit	7 (9)	5	Breakfast bar	8 (7)

2% (1%) of pupils responded that they had pop tarts, cakes, muffins for breakfast on the day of the survey.

**Q15.** Percentage of pupils responding that they had the following to eat or drink for breakfast on the day of the survey:

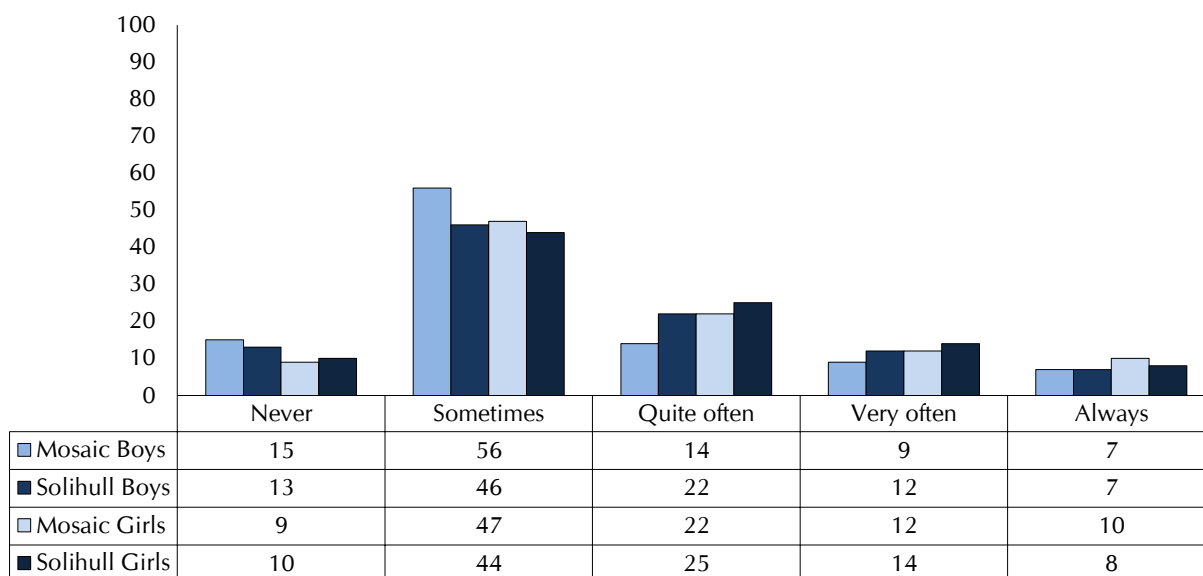


**Q14.** Percentage of pupils responding that they had something to eat or drink for breakfast at the following on the morning of the survey (Solihull Secondary data in brackets):

Boys			Girls		
1	At home	74 (75)	1	At home	62 (66)
2	At school	19 (12)	2	At school	16 (12)
3	On the way to school	8 (7)	3	On the way to school	10 (10)

## Healthy choices

**Q16.** When choosing what to eat, do you consider your health?



64% (57%) of pupils responded that they 'never' or only 'sometimes' consider their health when choosing what to eat.

**Q16.** Percentage answering that they 'never' or only 'sometimes' consider their health when choosing what to eat.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	72	66	60	58
Girls	54	64	52	56

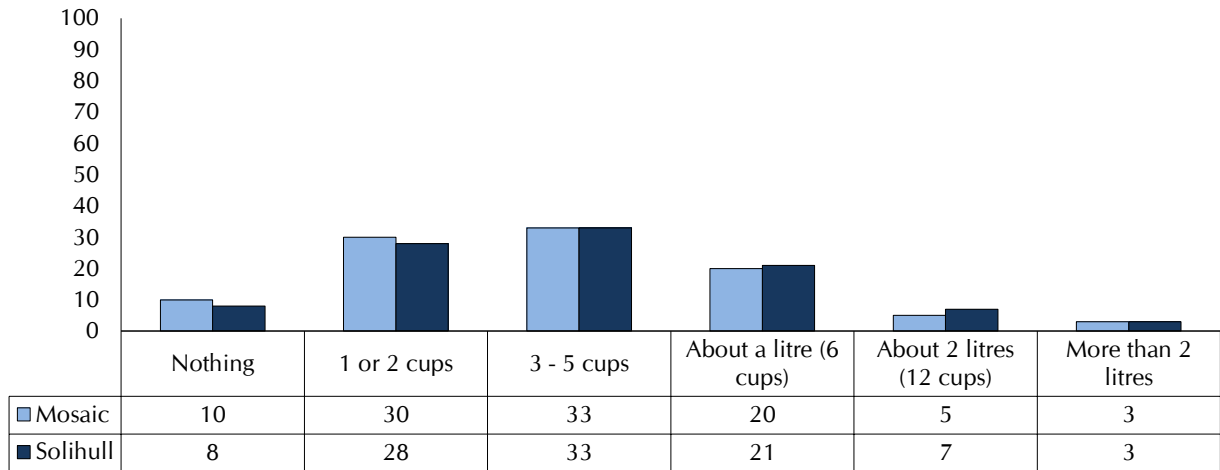
18% (20%) of pupils responded that they 'very often' or 'always' consider their health when choosing what to eat.

**Q16.** Percentage answering that they 'very often' or 'always' consider their health when choosing what to eat.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	15	15	19	18
Girls	23	18	22	21

## Water

**Q17.** How much water did you drink yesterday?



10% (8%) of pupils responded that they didn't drink any water on the day before the survey.

**Q17.** Percentage answering that they didn't drink any water on the day before the survey.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	8	13	7	7
Girls	9	7	8	7

28% (32%) of pupils responded that they drank at least 'about a litre' of water on the day before the survey.

**Q17.** Percentage answering that they drank at least 'about a litre' of water on the day before the survey.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	29	36	33	41
Girls	25	23	26	28

## Food

40% (51%) of pupils responded that they eat vegetables 'on most days'; 39% (44%) said the same of fresh fruit.

**Q18.** Percentage of pupils responding that they eat or drink the following 'on most days' (top 10 – Solihull Secondary data in brackets):

Boys			Girls		
1	Any dairy produce	62 (59)	1	Any dairy produce	61 (57)
2	Any meat	42 (51)	2	Fresh fruit	46 (48)
3	Vegetables	39 (48)	3	Vegetables	42 (55)
4	Fresh fruit	33 (41)	4	Any meat	40 (47)
5	Crisps	30 (27)	5	Sweets, chocolate, choc bars	31 (31)
6	Sweets, chocolate, choc bars	27 (26)	6	Crisps	30 (26)
7	Chips or roast potatoes	24 (19)	7	Wholemeal bread	27 (26)
8	Wholemeal bread	23 (25)	8	Salads	22 (24)
9	Rice or pasta	19 (19)	9	Chips or roast potatoes	19 (19)
10	Salads	15 (17)	10	Rice or pasta	17 (19)

39% (37%) of pupils responded that they 'rarely or never' eat any fish/fish fingers.

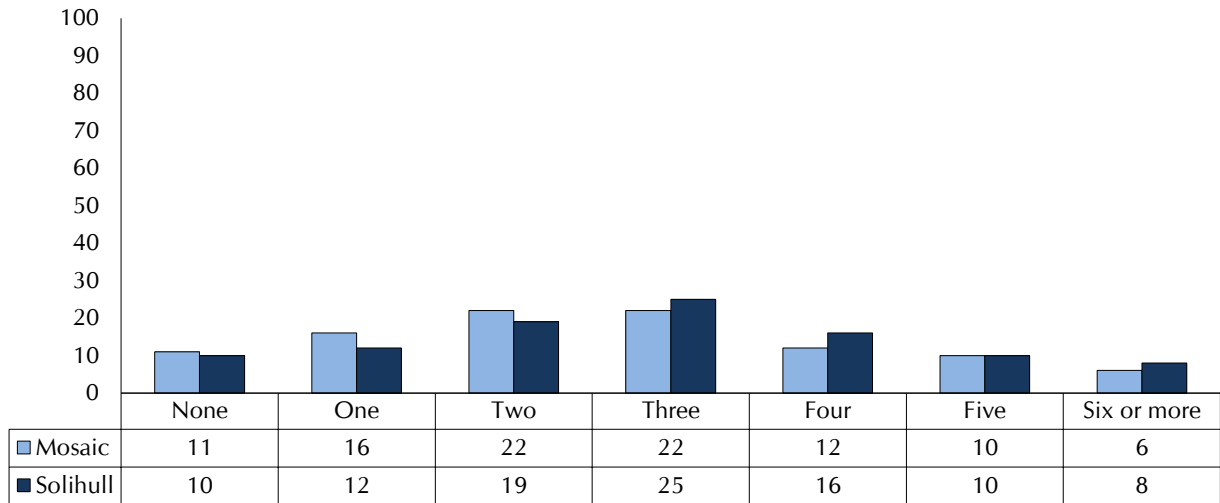
**Q18.** Percentage of pupils responding that they 'rarely or never' eat or drink the following (top 10 – Solihull Secondary data in brackets):

Boys			Girls		
1	Vegetarian main meal	71 (64)	1	Energy drinks (e.g. Red Bull etc.)	68 (73)
2	High-fibre cereals or muesli	55 (48)	2	Vegetarian main meal	55 (55)
3	Energy drinks (e.g. Red Bull etc.)	53 (60)	3	High-fibre cereals or muesli	55 (53)
4	Sugar-coated cereals (incl. chocolate flavoured cereals)	42 (41)	4	Any fish/fish fingers	41 (39)
5	Any fish/fish fingers	36 (35)	5	Sugar-coated cereals (incl. chocolate flavoured cereals)	40 (48)
6	Low-calorie drinks (e.g. diet coke)	33 (34)	6	Low-calorie drinks (e.g. diet coke)	40 (42)
7	Wholemeal bread	32 (26)	7	Fizzy drinks (not low-calorie)	31 (40)
8	Salads	30 (30)	8	Wholemeal bread	31 (27)
9	Fizzy drinks (not low-calorie)	22 (30)	9	Salads	20 (19)
10	Vegetables	14 (10)	10	Crisps	11 (13)



## 5-a-day

**Q19.** How many portions of fruit and vegetables did you eat yesterday?



11% (10%) of pupils responded that they didn't eat any portions of fruit or vegetables on the day before the survey.

**Q19.** Percentage answering that they didn't eat any portions of fruit or vegetables yesterday.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	10	6	9	13
Girls	11	16	8	11

16% (18%) said they had at least 5 portions of fruit and vegetables to eat on the day before the survey.

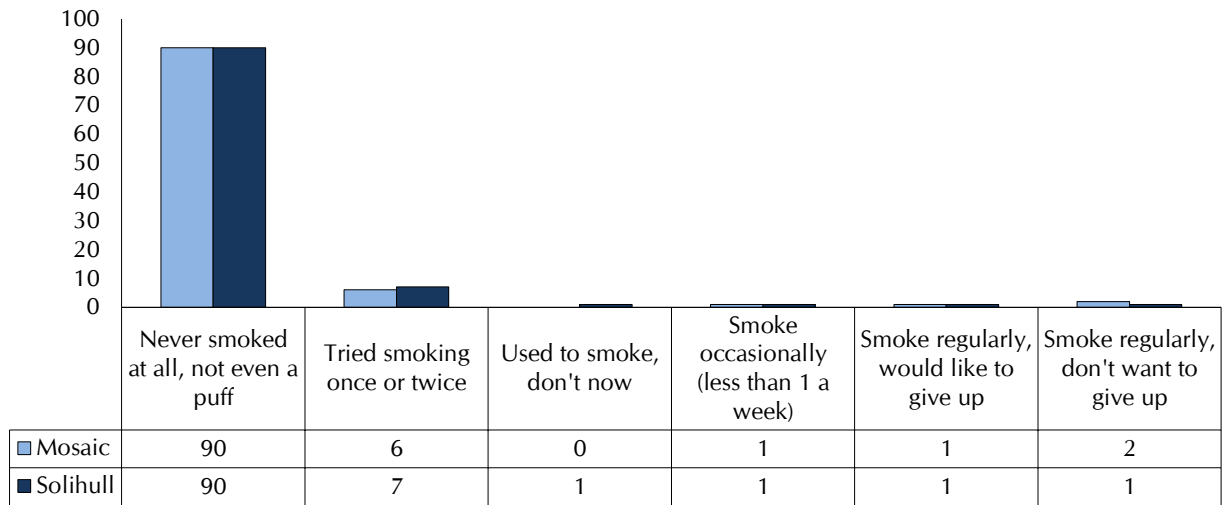
**Q19.** Percentage answering that they had at least 5 portions of fruit and vegetables yesterday.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	16	15	20	18
Girls	19	9	19	13

# Smoking, Drinking, Drugs

## Smoking

**Q20.** Smoking: Which statement describes you best?



10% (10%) of pupils responded that they have smoked in the past or smoke now.

**Q20.** Percentage answering that they have smoked in the past or smoke now.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	8	6	6	14
Girls	5	34	4	19

3% (1%) of pupils responded that they smoke 'regularly'.

**Q20.** Percentage answering that they smoke 'regularly'.

Of the 11 (27) pupils who smoke regularly, 36% (44%) said they would like to give up.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	3	0	1	2
Girls	0	7	0	2

2% (2%) of pupils responded that they have smoked at least one cigarette in the last week.

**Q21.** Percentage answering that they have smoked at least one cigarette in the last week.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	1	0	1	1
Girls	1	7	1	4

4% (5%) of pupils responded that they smoke and feel they could give up.

Of the 42 (197) pupils who have ever smoked, 40% (49%) feel they could give up.

**Q23a.** Percentage answering that they smoke and feel they could give up.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	5	2	3	7
Girls	3	11	2	9

1% (1%) of pupils responded that they would like parents/carers to help them give up smoking.

**Q23b.** Percentage of pupils responding that they would like the following people to help them give up smoking (top 3 - Solihull Secondary data in brackets):

Boys			Girls		
1	No one, I can do it myself	2 (2)	1	No one, I can do it myself	2 (3)
2	Friend/boy/girlfriend	1 (1)	2	Friend/boy/girlfriend	1 (1)
3	Parents/carers	1 (1)	3	Parents/carers	1 (0)

Of the 42 (197) pupils who have ever smoked, they were on average 11 (11) years old when they had their first cigarette.

**Q23c.** Mean age of pupils when they had their first cigarette.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	9	13	10	12
Girls	11	13	11	13

13% (13%) of pupils responded that they have a close friend who smokes on most days.

**Q24.** Percentage of pupils responding that the following people smoke on most days (Solihull Secondary data in brackets):

Boys			Girls		
1	Father/carers	16 (18)	1	Father/carers	26 (21)
2	Close friend	14 (13)	2	Mother/carers	18 (16)
3	Mother/carers	13 (14)	3	Close friend	11 (12)
4	Brother	6 (6)	4	Brother	6 (6)
5	Sister	6 (5)	5	Sister	4 (5)

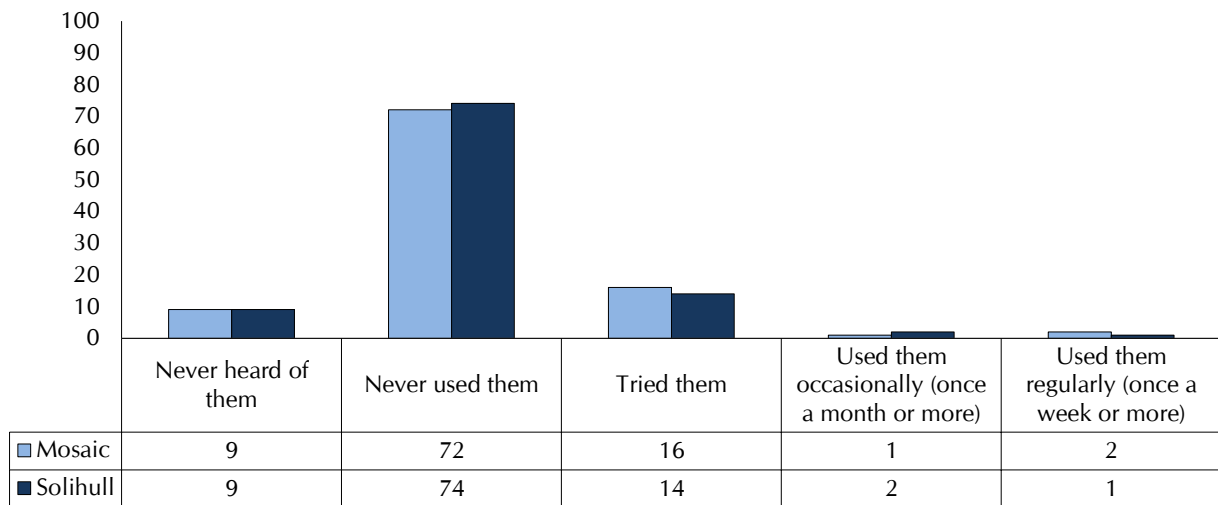
33% (26%) of pupils responded that at least one person smokes on most days indoors at home; 6% (5%) said at least three people do.

**Q25.** Percentage answering that at least one person smokes on most days indoors at home.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	30	23	28	22
Girls	36	41	28	25

## E-cigarettes

**Q26.** E-cigarettes: What best describes your knowledge or use of electronic cigarettes, 'e-cigarettes' or vaporisers?



81% (83%) of pupils responded that they have never used an e-cigarette or have never heard of them, while 2% (1%) said they have used them regularly (once a week or more).

**Q26.** Percentage answering that they have never used an e-cigarette or have never heard of them.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	81	77	88	71
Girls	89	61	93	77

3% (3%) of pupils responded that they use e-cigarettes at least 'occasionally'.

**Q26.** Percentage answering that they use e-cigarettes at least 'occasionally'.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	1	0	2	5
Girls	2	9	1	6

## Alcohol

42% (48%) of pupils responded that they have had an alcoholic drink at some point in their life.

Of the 171 (923) pupils who said that they have had an alcoholic drink, they were on average 10 (11) years old when they had their first drink.

6% (9%) of pupils responded that they had an alcoholic drink in the 7 days before the survey.

**Q27.** Percentage answering that they have had an alcoholic drink at some point in their life.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	43	56	35	66
Girls	32	57	32	67

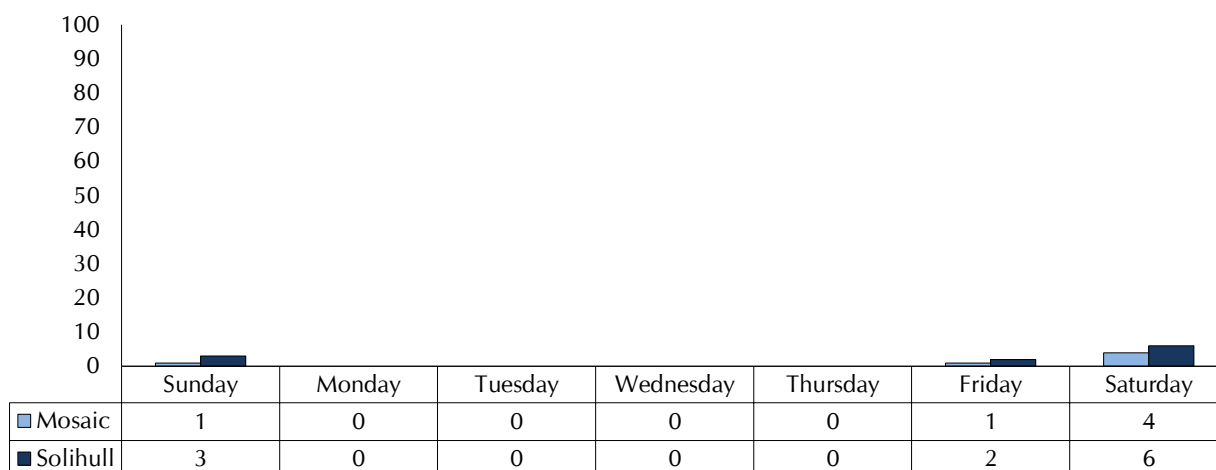
**Q28.** Mean age of pupils when they had their first alcoholic drink.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	10	12	10	11
Girls	10	12	10	12

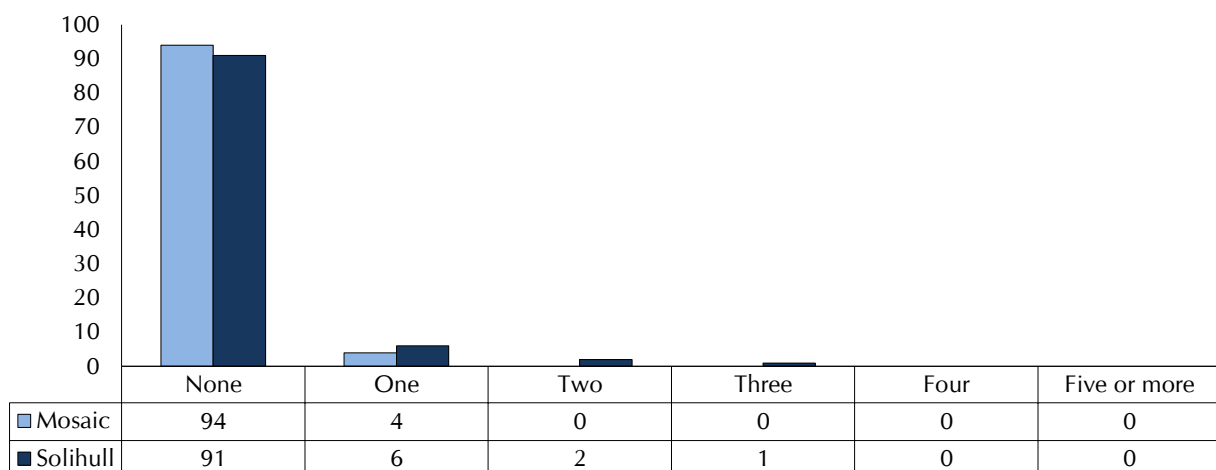
**Q29.** Percentage answering that they had an alcoholic drink in the 7 days before the survey.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	4	10	4	14
Girls	5	9	4	18

**Q30.** On which days did you drink alcohol, in the last 7 days?



**Q30.** On how many days did you drink alcohol, in the last 7 days?

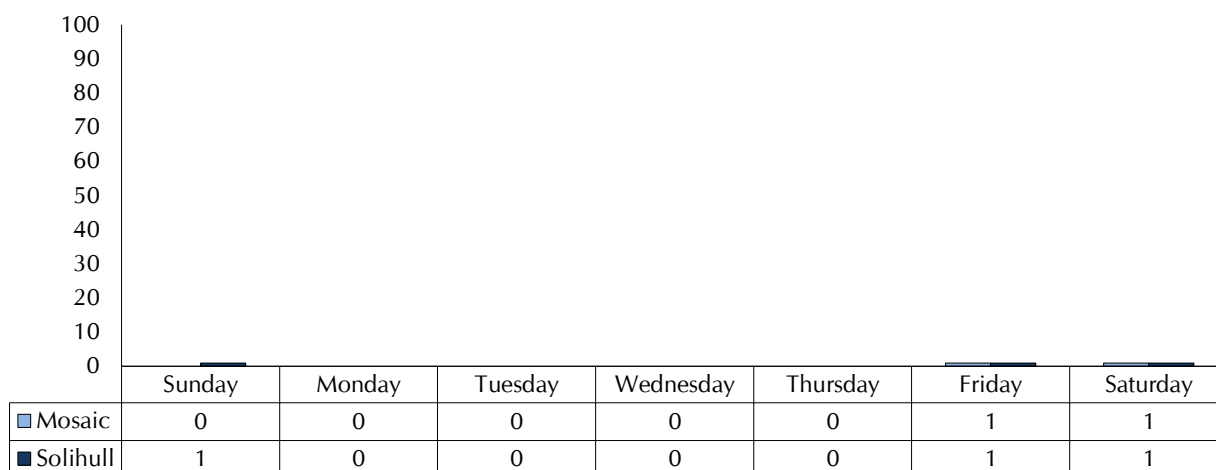


1% (3%) of pupils responded that they drank alcohol on more than one day in the 7 days before the survey; 1% (1%) said they drank on at least three days.

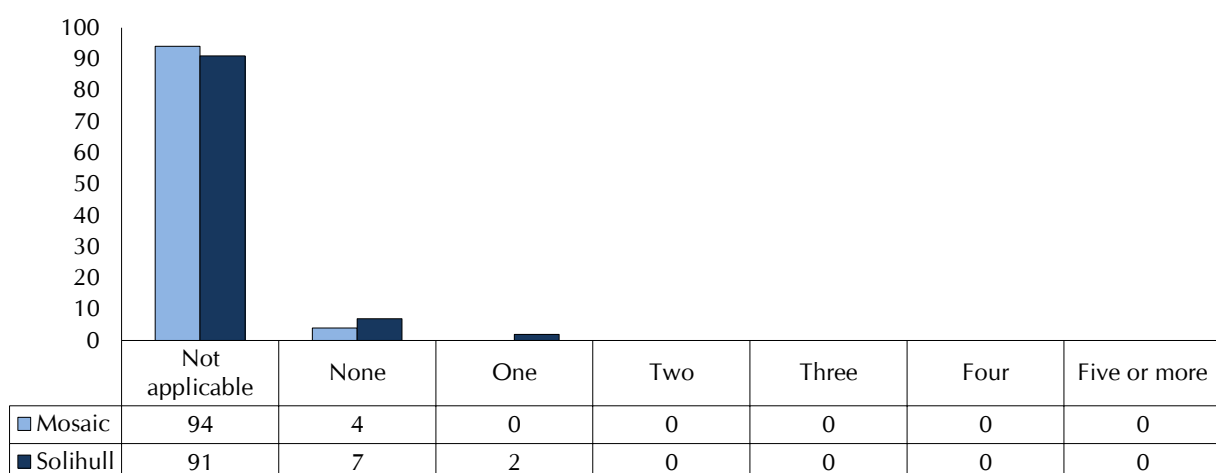
**Q30.** Percentage answering that they drank alcohol on more than one day in the 7 days before the survey.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	0	2	1	4
Girls	1	2	1	6

**Q31.** On which days did you get drunk, in the last 7 days?



**Q31.** On how many days did you get drunk, in the last 7 days?

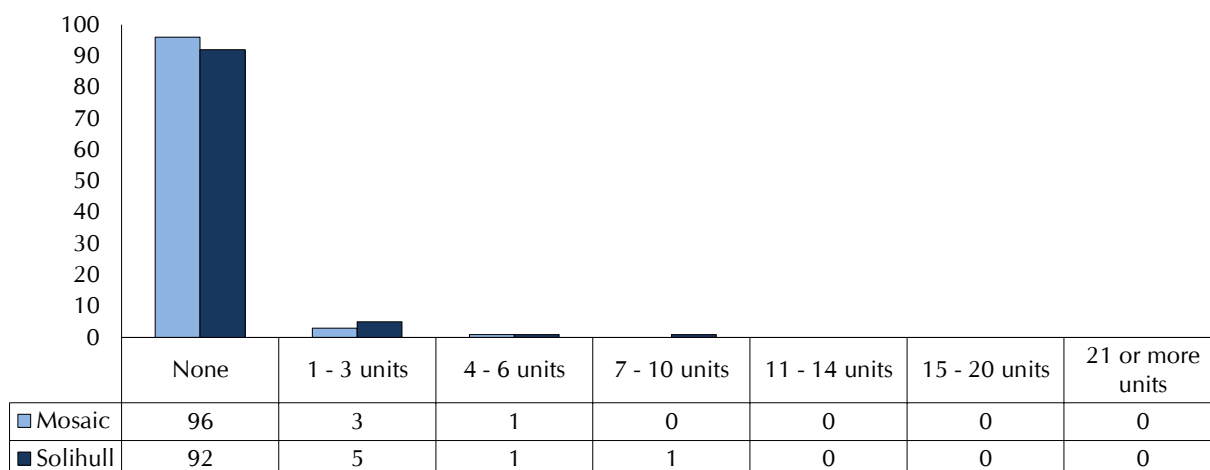


1% (2%) of pupils responded that they got drunk on at least one day in the last 7 days; 1% (1%) said they did so on more than one day.

**Q31.** Percentage answering that they got drunk on at least one day in the last 7 days.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	0	0	1	1
Girls	1	2	1	7

**Q32.** Total units of alcohol pupils reported drinking in the last 7 days:



0% (0%) of boys and 0% (0%) of girls responded that they drank over the advised weekly limit of alcohol for adults of 14 units.

**Q32.** Percentage answering that they drank over 14 units of alcohol in the 7 days before the survey.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	0	0	0	0
Girls	0	0	0	1

1% (3%) of pupils responded that they drank spirits in the 7 days before the survey, while 1% (2%) said they drank beer or lager and 1% (3%) drank pre-mixed drinks.

**Q32.** Most popular alcoholic drinks from the 7 days before the survey (top 5 – Solihull Secondary data in brackets):

Boys			Girls		
1	Cider	2 (2)	1	Pre-mixed drinks	2 (4)
2	Spirits	0 (2)	2	Spirits	2 (4)
3	Pre-mixed drinks	0 (2)	3	Cider	2 (2)
4	Beer or lager	0 (2)	4	Wine	1 (2)
5	Shandy (mixed)	0 (1)	5	Beer or lager	1 (2)

5% (7%) of pupils responded that they have drunk alcohol at home in the 7 days before the survey and 2% (4%) said they have at a friend's or relation's home.

**Q33.** Percentage of pupils responding that they have drunk alcoholic drink at the following places in the 7 days before the survey (Solihull Secondary data in brackets):

Boys			Girls		
1	At home	5 (6)	1	At home	5 (7)
2	At a party	1 (3)	2	At a party	4 (5)
3	At a friend's or relation's home	0 (3)	3	At a friend's or relation's home	4 (4)
4	In a pub, bar or nightclub	0 (2)	4	In a pub, bar or nightclub	2 (3)
5	Outside in a public place	0 (1)	5	Outside in a public place	2 (2)

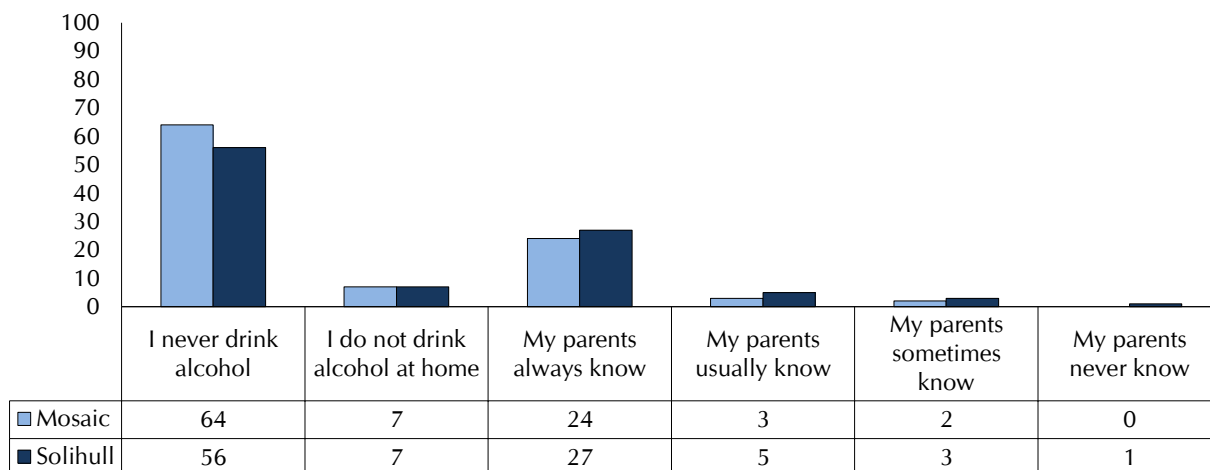


0% (1%) of pupils responded that they bought alcoholic drink from an off-licence in the 7 days before the survey and 1% (1%) said they bought it from a pub or bar.

**Q34.** Percentage of pupils responding that they have bought alcoholic drink from the following in the 7 days before the survey (Solihull Secondary data in brackets):

Boys		Girls	
1	Pub or bar	2	(2)
2	Supermarket	1	(1)
3	Nightclub	1	(1)
4	Off-licence	0	(1)

**Q35.** If you ever drink alcohol at home, do your parents know?



64% (56%) of pupils responded that they 'never' drink alcohol, while 7% (7%) said they do not drink alcohol at home.

24% (27%) of pupils responded that they do drink alcohol at home and their parents 'always' know, while 3% (5%) said their parents 'usually' know.

2% (4%) of pupils responded that they drink alcohol at home and their parents 'never' or only 'sometimes' know.

**Q35.** Percentage answering that they either never drink alcohol, or don't drink it at home.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	75	50	75	50
Girls	77	59	76	44

**Q35.** Percentage answering that they drink alcohol at home and their parents 'always' know.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	20	44	20	37
Girls	20	23	20	36

**Q35.** Percentage answering that they drink alcohol at home and their parents 'never' or only 'sometimes' know.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	3	6	3	6
Girls	1	2	1	9

## Drugs

14% (20%) of pupils responded that they are 'fairly sure' or 'certain' that they know someone personally who uses drugs listed in the questionnaire.

11% (16%) of pupils responded that they have been offered cannabis.

2% (4%) of pupils responded that they have been offered other drugs listed in the questionnaire (not cannabis).

2% (5%) of pupils reported that they have taken at least one of the drugs listed in the questionnaire.

**Q37.** Percentage answering that they know someone who uses drugs listed in the questionnaire.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	10	21	10	32
Girls	10	32	10	32

**Q38.** Percentage answering that they have been offered cannabis.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	9	19	9	27
Girls	3	27	4	25

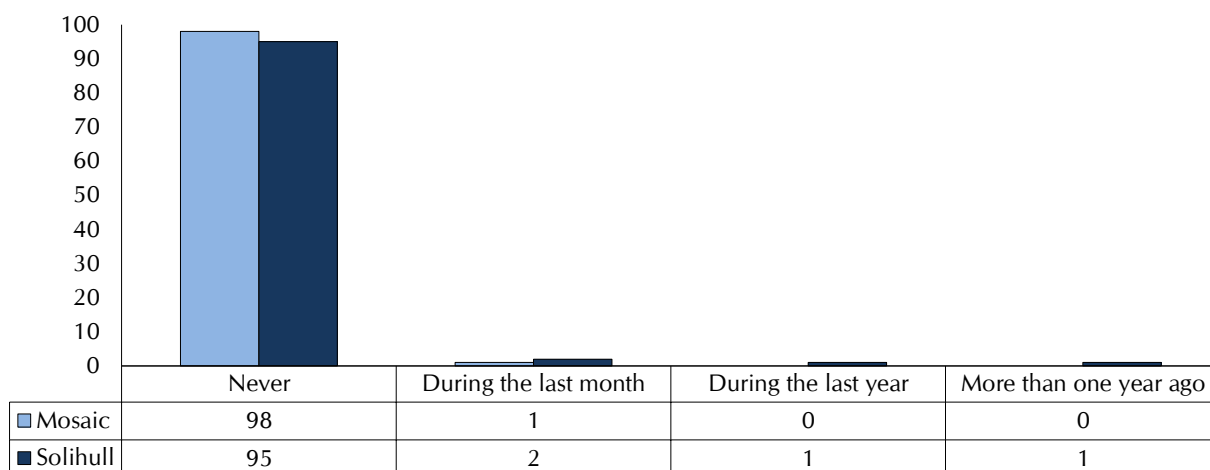
**Q39.** Percentage answering that they have been offered other drugs listed in the questionnaire.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	1	4	2	6
Girls	1	7	1	5

**Q40.** Percentage answering that they have taken at least one of the drugs listed in the questionnaire.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	0	2	2	9
Girls	1	16	2	9

**Q41.** Drugs summary: Percentage of pupils responding that they have tried at least one of the recreational drugs listed:



1% (2%) of pupils responded that they have taken at least one of the drugs listed during the last month.

**Q41.** Percentage answering that they have taken one of the drugs listed during the last month.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	0	0	1	3
Girls	0	7	1	3

1% (3%) of pupils responded that they have taken at least one of the drugs listed during the last year.

**Q41.** Percentage answering that they have taken one of the drugs listed during the last year.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	0	0	1	6
Girls	0	12	1	6

1% (4%) of pupils responded that they have ever taken cannabis.

**Q36/41.** Summary of some of the most common recreational drugs (Solihull Secondary data in brackets):

Year 8	Never heard of or know little about them	Believe safe if used properly	Have used in last month	Have used
Amphetamines	80 (78)	1 (1)	0 (0)	0 (0)
Cannabis	46 (48)	19 (18)	0 (0)	0 (1)
Ecstasy	71 (73)	2 (2)	0 (0)	0 (0)
Synthetic hallucinogens	70 (75)	3 (2)	0 (0)	0 (0)
Solvents	60 (60)	17 (18)	0 (0)	0 (0)
'Legal highs'/New Psychoactive Substances	76 (76)	9 (9)	0 (0)	0 (0)

Year 10	Never heard of or know little about them	Believe safe if used properly	Have used in last month	Have used
Amphetamines	71 (70)	3 (2)	0 (0)	0 (0)
Cannabis	33 (35)	37 (37)	3 (3)	6 (7)
Ecstasy	63 (55)	5 (5)	0 (0)	0 (1)
Synthetic hallucinogens	55 (60)	8 (6)	0 (0)	1 (1)
Solvents	58 (54)	14 (19)	0 (1)	1 (2)
'Legal highs'/New Psychoactive Substances	71 (64)	6 (11)	0 (0)	0 (0)

Of the 10 (91) pupils who have ever taken drugs, they were on average 11 (12) years old when they first tried them.

0% (1%) of pupils responded that they have taken more than one type of drug listed on the same occasion, while 0% (1%) said they 'don't know' if they have.

0% (2%) of pupils responded that they have taken drugs and alcohol on the same occasion, while 0% (0%) said they 'don't know' if they have.

**Q42.** Mean age of pupils when they first took drugs:

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	0	3	10	12
Girls	12	12	11	12

**Q43.** Percentage answering that they have taken more than one type of drug listed on the same occasion.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	0	0	0	1
Girls	0	2	0	1

**Q44.** Percentage answering that they have taken drugs and alcohol on the same occasion.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	0	0	1	3
Girls	0	2	1	4

## Safety

### Personal safety

1% (1%) of pupils responded that their personal safety has been at risk when they have used drugs listed in Q41, while 0% (1%) said they 'don't know' if it has been at risk.

0% (0%) of pupils responded that their personal safety has been at risk when they have used drugs and alcohol at the same time, while 0% (1%) said they 'don't know' if it has been at risk.

8% (9%) of pupils responded that their personal safety has been at risk when they have used alcohol, while 6% (6%) said they 'don't know' if it has been at risk.

**Q45a.** Percentage answering that their personal safety has been at risk when they have used drugs listed in Q41.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	0	0	0	1
Girls	1	5	0	2

**Q45b.** Percentage answering that their personal safety has been at risk when they have used drugs and alcohol at the same time.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	0	0	0	0
Girls	0	2	0	1

**Q45c.** Percentage answering that their personal safety has been at risk when they have used alcohol.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	5	16	7	13
Girls	4	18	4	16

## Internet safety

72% (67%) of pupils responded that their parents/carers are always aware when they use the Internet.

**Q46.** Percentage of pupils responding 'yes' to the following questions (Solihull Secondary data in brackets):

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Do you have a computer/tablet etc. at home?	99 (99)	99 (100)	100 (99)	100 (100)	98 (99)
Do you access the Internet outside of school?	91 (94)	91 (90)	98 (97)	100 (98)	92 (94)
Do you access the Internet when your parents/carers are not in the room?	94 (94)	92 (92)	96 (98)	98 (99)	93 (95)
Are your parents/carers always aware when you use the Internet?	66 (68)	80 (75)	65 (55)	80 (67)	72 (67)

98% (99%) of pupils responded that they used the internet at home in the week before the survey; 74% (73%) said they used it at school.

**Q47.** Percentage of pupils responding that they have used the Internet at the following places in the past week (Solihull Secondary data in brackets):

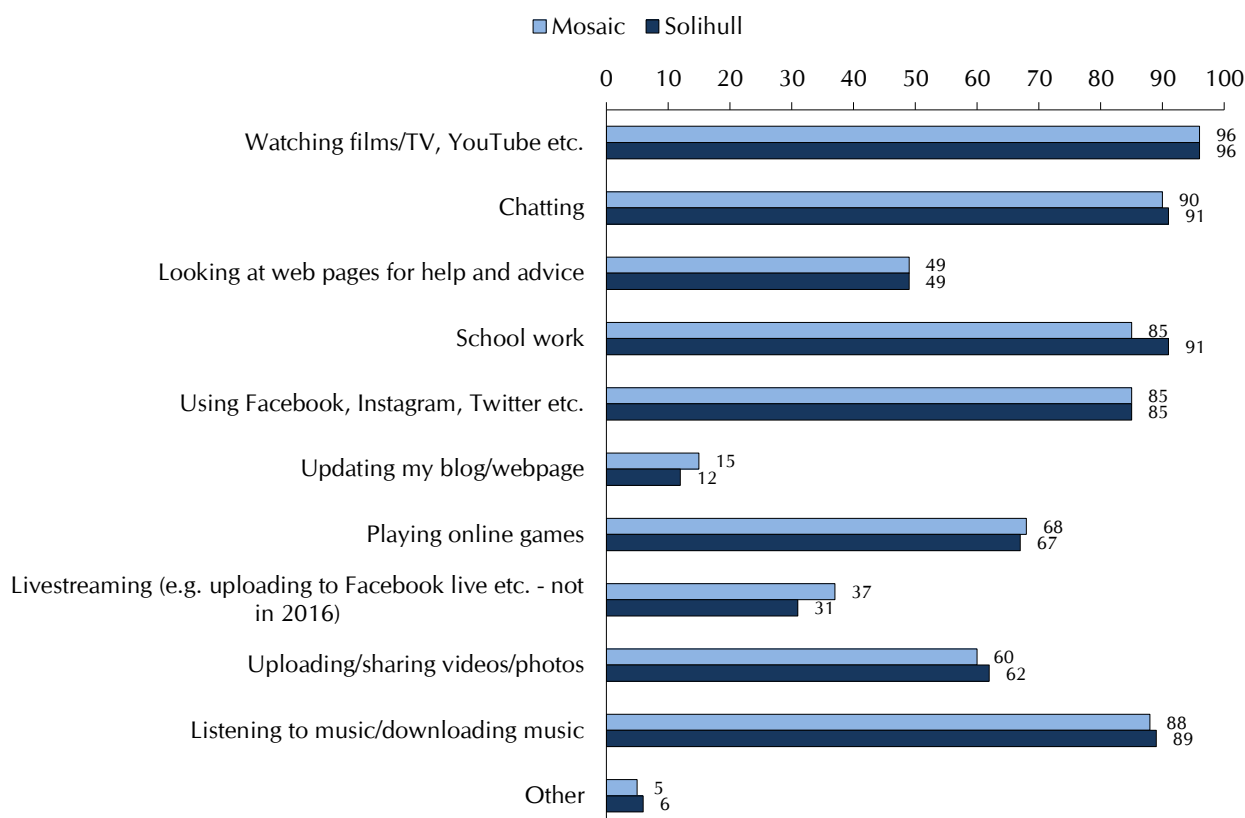
	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
At home	97 (98)	99 (99)	100 (99)	100 (99)	98 (99)
At school	69 (67)	75 (65)	90 (84)	80 (82)	74 (73)
Elsewhere	58 (48)	51 (47)	46 (54)	39 (42)	52 (48)

85% (85%) of pupils responded that they use the Internet for Facebook, Instagram, Twitter etc., while 90% (91%) use it for chatting.

**Q48.** Percentage of pupils responding that they use the Internet for the following (top 5 – Solihull Secondary data in brackets):

Boys			Girls		
1	Watching films/TV, YouTube etc.	94 (95)	1	Watching films/TV, YouTube etc.	99 (96)
2	Playing online games	90 (89)	2	Chatting	94 (95)
3	Chatting	86 (88)	3	School work	93 (95)
4	Listening to music/downloading music	86 (85)	4	Listening to music/downloading music	92 (93)
5	Using Facebook, Instagram, Twitter etc.	83 (83)	5	Using Facebook, Instagram, Twitter etc.	87 (86)

**Q48.** Percentage of pupils responding that they use the Internet for the following:



18% (22%) of pupils responded that they have met someone in real life whom they first met online and 32% (35%) said they have seen pictures online that upset them.

**Q49.** Percentage of pupils responding 'yes' to the following questions (Solihull Secondary data in brackets):

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Have you ever used the Internet for chatting?	92 (92)	96 (96)	96 (95)	100 (99)	94 (95)
Have you ever been told how to stay safe while chatting online?	94 (96)	99 (99)	96 (97)	100 (98)	96 (97)
Have you ever met someone in real life whom you first met online?	19 (20)	14 (14)	19 (27)	32 (31)	18 (22)
Have you ever seen pictures online that were for adults only?	35 (30)	24 (21)	29 (55)	33 (36)	30 (35)
Have you ever looked online for adults-only pictures/videos?	16 (12)	5 (3)	23 (42)	2 (5)	11 (15)
Have you ever seen pictures online that upset you?	26 (24)	38 (39)	21 (29)	48 (48)	32 (35)
<i>If yes, did these involve violence?</i>	14 (13)	21 (19)	12 (19)	32 (32)	18 (21)
<i>If yes, did these involve bullying?</i>	12 (8)	22 (21)	4 (12)	18 (26)	15 (17)
<i>If yes, did these involve sexual activity?</i>	4 (4)	6 (6)	8 (8)	5 (11)	5 (7)
<i>If yes, did these involve 'happy slapping'?</i>	5 (3)	3 (3)	4 (4)	2 (5)	4 (4)

58% (63%) of pupils responded that they use social media (e.g. Facebook) and share images of themselves, while 34% (27%) said they don't share images of themselves and 9% (9%) said they don't use social media.

7% (6%) of pupils responded that they share images of themselves on social media which they wouldn't show their parents/carers.

9% (9%) of pupils responded that they share images of themselves on social media which they wouldn't show their teachers or headteacher.

7% (13%) of pupils responded that someone has shared an image of them via social media which has made them feel unhappy.

**Q50a.** Percentage answering that they use social media and share images of themselves.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	51	45	50	55
Girls	67	68	70	82

**Q50b.** Percentage answering that they share images of themselves which they wouldn't show their parents/carers.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	9	9	5	8
Girls	4	7	4	9

**Q50c.** Percentage answering that they share images of themselves which they wouldn't show their teachers or headteacher.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	7	9	7	9
Girls	9	21	9	12

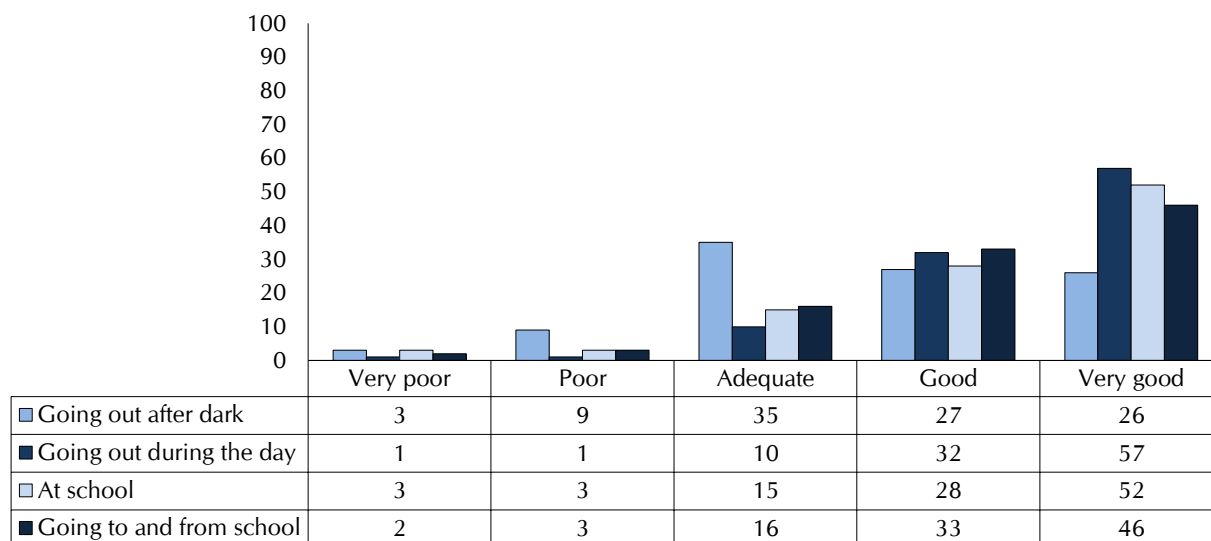
**Q51.** Percentage answering that someone has shared an image of them via social media which has made them feel unhappy.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	2	9	6	11
Girls	9	14	15	22



## Feeling safe

**Q58.** Feeling safe summary: How do you rate your safety at the following times in the area where you live?



*N.B. Figures shown are for Mosaic Collaborative only.*

80% (82%) of pupils rated their safety at school as 'good' or 'very good', while 53% (56%) said the same of going out after dark.

**Q58.** Percentage of pupils rating their safety as 'good' or 'very good' at the following times (Solihull Secondary data in brackets):

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Going out after dark	52 (55)	52 (55)	65 (63)	39 (50)	53 (56)
Going out during the day	89 (90)	88 (88)	90 (88)	89 (87)	89 (88)
At school	81 (82)	79 (82)	81 (84)	75 (79)	80 (82)
Going to and from school	79 (81)	77 (79)	85 (84)	82 (78)	79 (80)

12% (13%) of pupils rated their safety when going out after dark as 'poor' or 'very poor'.

**Q58.** Percentage of pupils rating their safety as 'poor' or 'very poor' at the following times (Solihull Secondary data in brackets):

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Going out after dark	15 (13)	10 (13)	8 (12)	16 (14)	12 (13)
Going out during the day	1 (2)	1 (1)	0 (2)	5 (3)	1 (2)
At school	7 (4)	4 (3)	4 (6)	9 (7)	6 (5)
Going to and from school	4 (3)	6 (3)	4 (5)	2 (3)	4 (4)

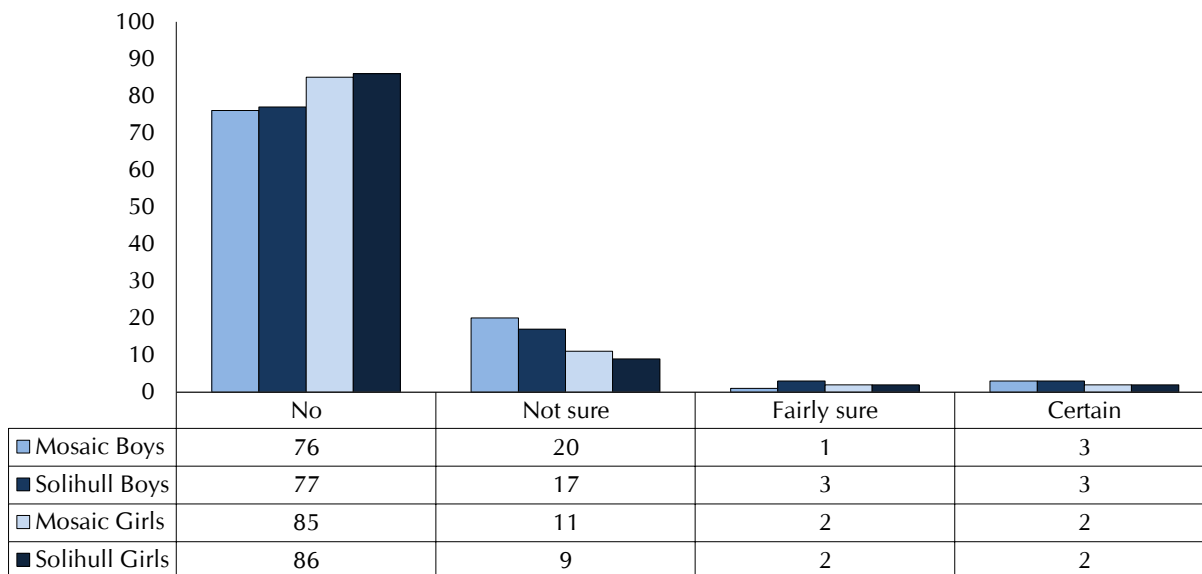
## Violence and aggression

11% (9%) of pupils responded that they have been the victim of violence or aggression in the area where they live in the last 12 months, while 7% (7%) said they 'don't know' if they have been.

**Q59.** Percentage answering that they have been the victim of violence or aggression in the area where they live in the last 12 months.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	18	8	11	13
Girls	4	7	5	8

**Q60.** Do you or your friends carry weapons or other things for protection when going out?



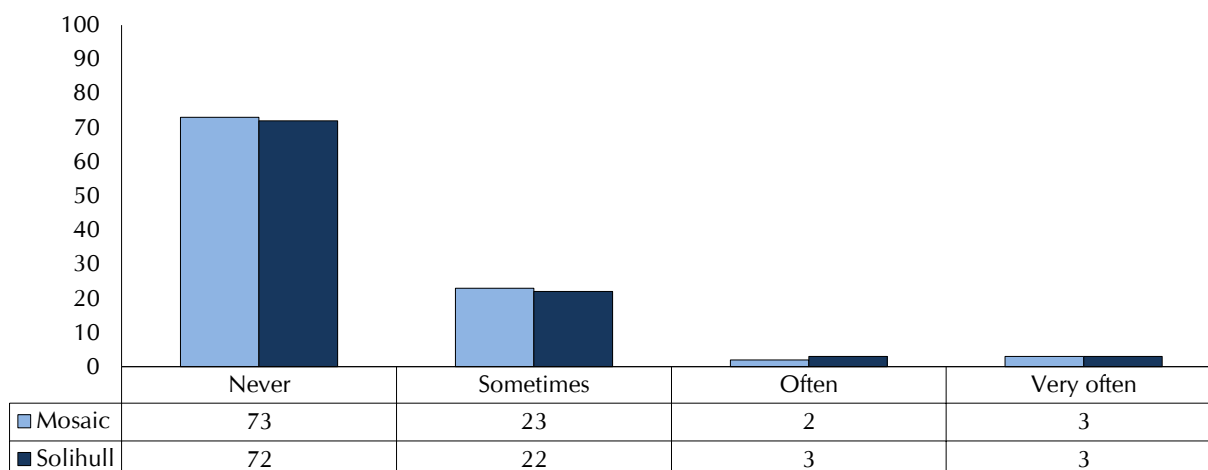
3% (6%) of pupils responded that they are 'fairly sure' or 'certain' that they or their friends carry weapons or other things for protection when going out.

**Q60.** Percentage answering that they are 'fairly sure' or 'certain' that they or their friends carry weapons or other things for protection when going out.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	3	4	4	9
Girls	1	9	3	8

## Bullying

**Q65.** Do you ever feel afraid of going to school because of bullying?



27% (28%) of pupils responded that they feel afraid of going to school because of bullying at least 'sometimes'.

**Q65.** Percentage answering that they feel afraid of going to school because of bullying at least 'sometimes'.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	26	13	24	17
Girls	36	23	38	31

4% (6%) of pupils responded that they 'often' or 'very often' feel afraid of going to school because of bullying.

**Q65.** Percentage answering that they 'often' or 'very often' feel afraid of going to school because of bullying.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	4	4	4	3
Girls	5	2	7	8

18% (21%) of pupils responded that they have been bullied at school in the last 12 months, while 6% (6%) said they have been bullied near school.

**Q66a.** Percentage answering that they have been bullied at school in the last 12 months.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	14	10	18	18
Girls	28	16	25	20

9% (10%) of pupils responded that they have been bullied online or on a mobile phone in the last 12 months, while 3% (3%) said they have been bullied on school transport.

**Q66c.** Percentage answering that they have been bullied online or on a mobile phone in the last 12 months.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	5	6	4	7
Girls	14	11	14	13

53% (52%) of pupils responded that they haven't been picked on or bullied, while 17% (18%) said they have for their size or weight.

**Q67.** Percentage of pupils responding that they think they have been picked on or bullied for the following (top 10 – Solihull Secondary data in brackets):

Boys			Girls		
1	The way they look	16 (18)	1	The way they look	26 (33)
2	Their size or weight	13 (15)	2	Their size or weight	21 (21)
3	Being different	9 (10)	3	Being different	10 (12)
4	Their race	5 (6)	4	Academic achievement (being better or worse)	9 (11)
5	Academic achievement (being better or worse)	5 (6)	5	Their race	9 (6)
6	People think they are gay, lesbian, bisexual or transgender	5 (6)	6	Their religion	9 (4)
7	Other	3 (6)	7	Other	7 (7)
8	A learning difficulty	2 (4)	8	Family income/background	6 (6)
9	Their religion	2 (3)	9	People think they are gay, lesbian, bisexual or transgender	4 (4)
10	A disability	2 (3)	10	Their gender	2 (3)

5% (4%) of pupils responded that they have bullied someone else at school in the last 12 months, while 10% (10%) said they 'don't know' if they have.

**Q68.** Percentage answering that they have bullied someone else at school in the last 12 months.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	2	4	3	4
Girls	5	9	4	3

# Health and Hygiene

## Dental health

81% (85%) of pupils responded that they cleaned their teeth at least twice the day before the survey.

**Q52.** Percentage answering that they cleaned their teeth at least twice on the day before the survey.

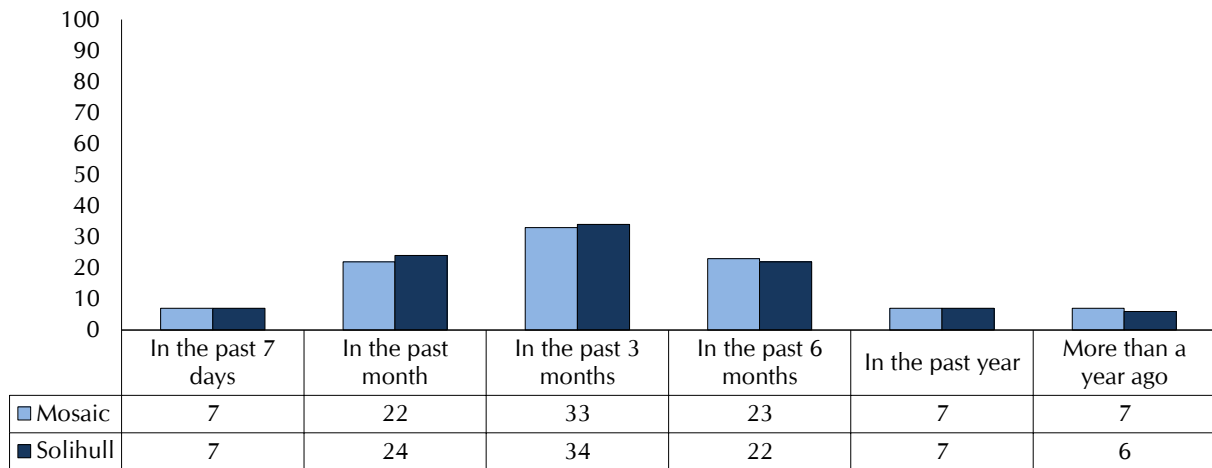
	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	79	81	80	81
Girls	82	93	89	92

1% (1%) of pupils responded that they did not clean their teeth at all on the day before the survey.

**Q52.** Percentage answering that they did not clean their teeth at all on the day before the survey.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	2	0	1	1
Girls	1	0	1	0

**Q53.** How long ago did you last visit the dentist?



86% (86%) of pupils responded that they last visited the dentist in the last 6 months.

**Q53.** Percentage answering that they last visited the dentist in the last 6 months.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	86	83	86	84
Girls	89	91	88	90

7% (6%) of pupils responded that they last visited the dentist more than a year ago.

**Q53.** Percentage answering that they last visited the dentist more than a year ago.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	8	10	6	9
Girls	6	5	6	4

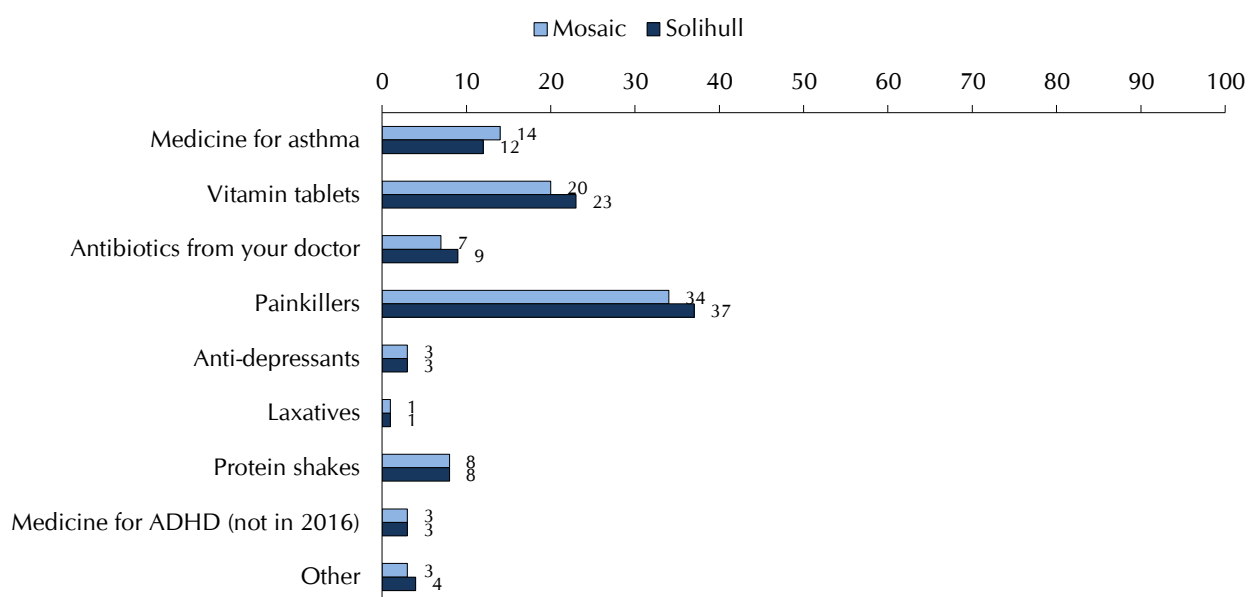
## Medication and doctors

34% (37%) of pupils reported taking painkillers in the 7 days before the survey.

**Q54.** Percentage of pupils responding that they have taken the following remedies or medications in the 7 days before the survey (top 5 – Solihull Secondary data in brackets):

Boys				Girls			
1	Painkillers	25	(26)	1	Painkillers	44	(47)
2	Vitamin tablets	18	(21)	2	Vitamin tablets	21	(25)
3	Medicine for asthma	14	(13)	3	Medicine for asthma	14	(12)
4	Protein shakes	12	(11)	4	Antibiotics from your doctor	5	(9)
5	Antibiotics from your doctor	8	(8)	5	Other	3	(5)

**Q54.** Percentage of pupils responding that they have taken the following remedies or medications in the 7 days before the survey:



59% (57%) of pupils responded that they felt 'at ease' with the doctor on their last visit.

**Q55.** Percentage answering that they felt 'at ease' with the doctor on their last visit.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	56	77	57	66
Girls	58	52	54	50

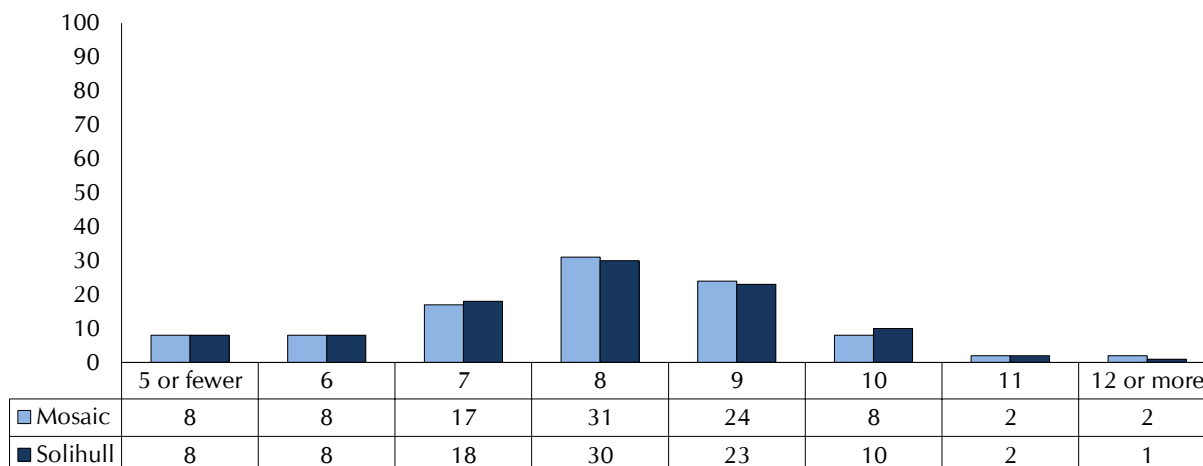
16% (15%) of pupils responded that they felt 'quite' or 'very' uneasy with the doctor on their last visit.

**Q55.** Percentage answering that they felt 'quite' or 'very' uneasy with the doctor on their last visit.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	16	10	16	12
Girls	16	16	15	17

## Sleeping patterns

**Q56.** How many hours sleep did you get last night?



8% (8%) of pupils got less than 6 hours sleep the night before the survey.

**Q56.** Percentage answering that they got less than 6 hours sleep the night before the survey.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	8	8	8	9
Girls	4	16	5	11

67% (66%) of pupils got at least 8 hours sleep the night before the survey.

**Q56.** Percentage answering that they got at least 8 hours sleep the night before the survey.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	71	67	75	60
Girls	71	52	72	54

74% (71%) of pupils responded that the amount of sleep they normally get is enough for them to stay alert and concentrate on their school work; 9% (11%) said it isn't enough.

**Q57a.** Percentage answering that the amount of sleep they normally get is enough for them to stay alert and concentrate on their school work.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	79	81	79	71
Girls	78	43	74	59

66% (62%) of pupils responded that the amount of sleep they normally get is enough for their health; 8% (9%) said it isn't enough.

**Q57b.** Percentage answering that the amount of sleep they normally get is enough for their health.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	74	77	73	62
Girls	65	36	64	48

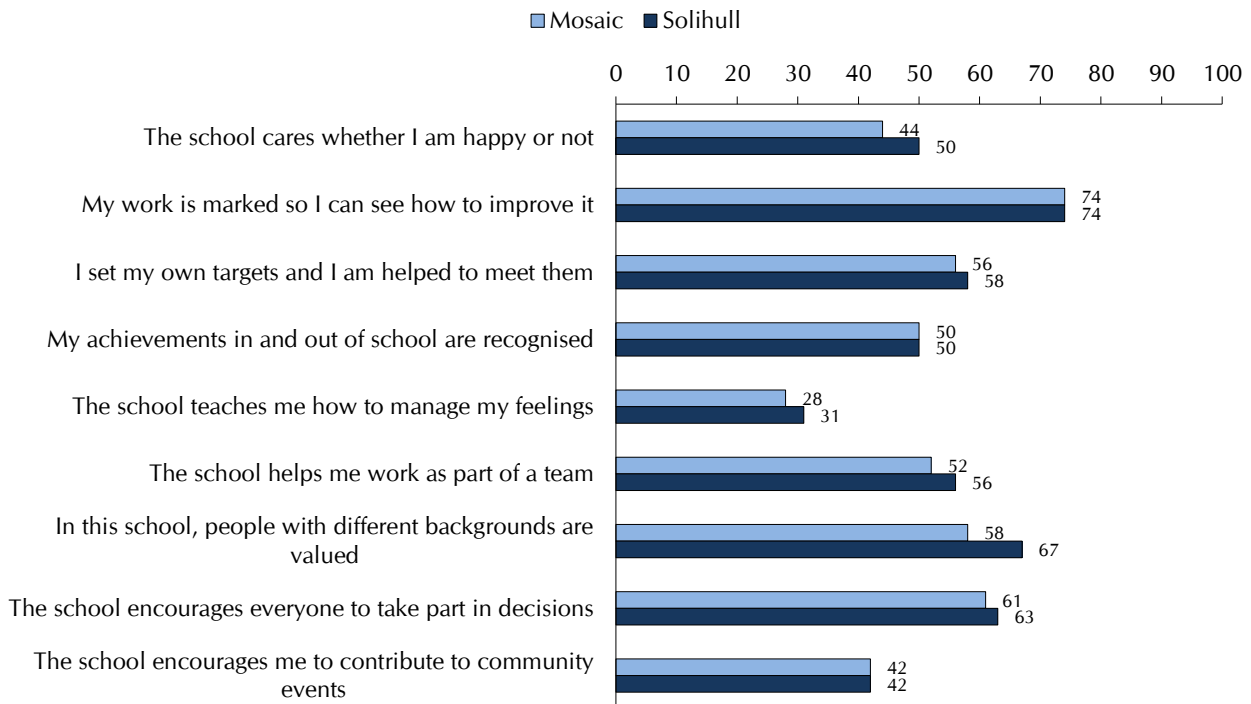
## School

74% (74%) of pupils responded that their work is marked so they can see how to improve it.

**Q61.** Percentage of pupils responding that they 'agree with the following statements (Solihull Secondary data in brackets):

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
The school cares whether I am happy or not	46 (53)	44 (53)	54 (52)	27 (44)	44 (50)
My work is marked so I can see how to improve it	75 (76)	72 (74)	85 (77)	68 (69)	74 (74)
I set my own targets and I am helped to meet them	55 (59)	56 (58)	65 (59)	45 (58)	56 (58)
My achievements in and out of school are recognised	50 (53)	50 (52)	56 (47)	41 (47)	50 (50)
The school teaches me how to manage my feelings	28 (33)	29 (33)	35 (32)	14 (25)	28 (31)
The school helps me work as part of a team	54 (59)	56 (61)	63 (55)	27 (46)	52 (56)
In this school, people with different backgrounds are valued	54 (65)	61 (72)	65 (65)	55 (67)	58 (67)
The school encourages everyone to take part in decisions	62 (66)	67 (68)	58 (58)	45 (61)	61 (63)
The school encourages me to contribute to community events	42 (45)	44 (46)	54 (42)	23 (34)	42 (42)

**Q61.** Percentage of pupils responding that they 'agree with the following statements:





## Help and information

Family is generally the most common source of support. School work problems are typically one of the most worried about issues reported by young people; in your survey 54% (47%) of pupils would seek help or information from family about school work problems/exams/tests.

**Q62.** Percentage of pupils responding that they would go to the following first for help or information about the corresponding issues (Solihull Secondary data in brackets):

	Family	Friends	Someone at school	Doctor, nurse, other health worker	Local advice centre	Books and magazines	Internet	Telephone helpline
School-work problems/exams/tests	54 (47)	15 (14)	25 (30)	0 (0)	0 (0)	0 (0)	7 (7)	0 (0)
Health	73 (73)	3 (4)	0 (1)	18 (16)	0 (0)	0 (0)	6 (5)	0 (0)
Career	75 (72)	3 (6)	12 (11)	0 (0)	3 (2)	0 (0)	6 (6)	0 (0)
Friendships	41 (41)	55 (52)	3 (4)	0 (0)	0 (0)	0 (0)	1 (1)	0 (0)
Parents/carers not getting on with each other	38 (36)	40 (40)	10 (11)	1 (1)	4 (3)	0 (0)	1 (3)	4 (4)
Problems between children and parents/carers in their family	41 (39)	36 (36)	11 (12)	1 (1)	3 (2)	0 (0)	1 (2)	4 (4)
Feeling sad or upset a lot of the time	62 (61)	27 (27)	3 (3)	2 (1)	1 (1)	0 (0)	2 (4)	1 (1)
Sex and relationships	53 (46)	36 (39)	2 (2)	3 (3)	2 (1)	0 (0)	3 (5)	0 (1)
Drugs	59 (54)	20 (24)	2 (3)	9 (7)	2 (2)	1 (0)	4 (5)	2 (2)
Healthy eating	78 (76)	7 (7)	2 (2)	9 (8)	0 (0)	0 (1)	3 (6)	0 (0)
Helping and volunteering	60 (58)	12 (11)	19 (17)	0 (0)	3 (4)	0 (1)	6 (7)	0 (0)
Money	93 (90)	4 (5)	0 (1)	0 (0)	1 (1)	0 (0)	1 (2)	1 (0)
The way they look	55 (51)	39 (41)	0 (0)	1 (1)	0 (0)	0 (1)	3 (4)	0 (0)
Puberty and growing up	73 (66)	19 (21)	1 (2)	3 (3)	0 (0)	0 (1)	2 (5)	0 (0)
Being bullied	70 (65)	18 (20)	9 (10)	1 (0)	0 (0)	0 (0)	1 (2)	1 (1)
Sexuality	75 (67)	17 (20)	1 (2)	2 (2)	1 (1)	0 (0)	2 (3)	1 (1)
Gender identity	78 (70)	14 (18)	1 (1)	3 (2)	0 (1)	0 (0)	2 (4)	0 (1)

## Sexual Health

### Sexually transmitted infections

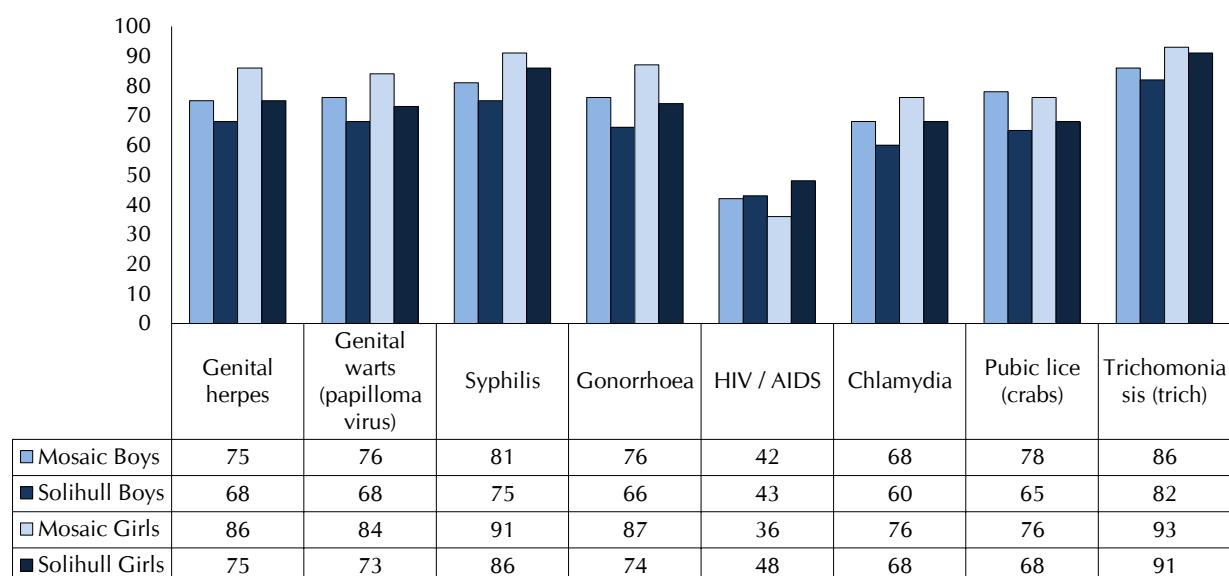
In Q69 the students were asked about their knowledge of sexually transmitted infections. They were offered four options for each: "Never heard of it"; "Know nothing about it"; "Can be treated but not cured"; "Can be treated and cured". The correct answers are that Genital herpes, Genital warts and HIV/AIDS can be treated but not cured whereas Syphilis, Gonorrhoea, Chlamydia, Pubic lice and Trichomoniasis can be cured. The percentages in the table are for those correctly answering whether the condition could be cured or not.

46% (42%) of pupils correctly identified that HIV/AIDS can be treated but not cured; 9% (11%) correctly identified that genital herpes can also be treated but not cured.

**Q70.** Knowledge of sexually transmitted infections (Solihull Secondary data in brackets):

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Genital herpes	4 ( 8)	1 ( 8)	29 (17)	23 (13)	9 (11)
Genital warts (papilloma virus)	4 ( 7)	0 ( 3)	14 (12)	18 ( 8)	6 ( 7)
Syphilis	7 ( 7)	0 ( 3)	16 (21)	20 (15)	7 (11)
Gonorrhoea	13 (13)	2 ( 6)	27 (33)	27 (31)	12 (19)
HIV/AIDS	41 (37)	49 (34)	39 (48)	66 (52)	46 (42)
Chlamydia	13 (13)	4 (10)	35 (34)	43 (33)	16 (21)
Pubic lice (crabs)	10 (18)	9 (18)	37 (43)	59 (40)	19 (28)
Trichomoniasis (trich)	4 ( 5)	1 ( 3)	20 (17)	11 ( 9)	7 ( 8)

**Q70.** Percentage of pupils responding that they have 'never heard of' or 'know nothing about' the following sexually transmitted infections:



34% (38%) of pupils responded that they know where they can get condoms free of charge.

**Q71.** Percentage answering that they know where they can get condoms free of charge.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	27	75	27	62
Girls	13	71	17	55

69% (75%) of pupils responded that they think condoms are reliable at stopping pregnancy; 30% (42%) said the same of female condoms, as did 26% (34%) of emergency contraception.

**Q72.** Knowledge of different contraceptive methods (Solihull Secondary data in brackets):

Year 8	Never heard of it/ know nothing about it	Not reliable to stop pregnancy	Reliable to stop pregnancy	Reliable to stop STIs
Condoms	20 (14)	13 (17)	67 (69)	67 (68)
Diaphragm (Cap)	93 (82)	3 ( 7)	3 (11)	7 ( 9)
Pill (contraceptive pill or mini-pill)	56 (41)	12 (14)	32 (44)	15 (20)
Female condom (Femidom)	72 (57)	8 (12)	21 (31)	35 (38)
Emergency contraception (morning-after pill)	73 (59)	10 (18)	17 (23)	10 (11)
Long Acting Reversible Contraception (LARC)	92 (81)	3 ( 5)	5 (13)	4 ( 6)
Safe period/rhythm method	85 (79)	9 (13)	6 ( 7)	7 ( 7)
Sex without penetration (‘outercourse’)	77 (71)	12 (15)	10 (13)	23 (19)

Year 10	Never heard of it/ know nothing about it	Not reliable to stop pregnancy	Reliable to stop pregnancy	Reliable to stop STIs
Condoms	7 ( 5)	17 (13)	76 (82)	83 (87)
Diaphragm (Cap)	71 (60)	8 (10)	21 (29)	15 (14)
Pill (contraceptive pill or mini-pill)	22 (16)	19 (17)	59 (67)	16 (14)
Female condom (Femidom)	23 (28)	19 (15)	58 (56)	54 (53)
Emergency contraception (morning-after pill)	25 (23)	21 (28)	53 (49)	10 ( 8)
Long Acting Reversible Contraception (LARC)	55 (57)	7 ( 9)	38 (33)	5 ( 5)
Safe period/rhythm method	57 (56)	29 (32)	14 (11)	6 ( 4)
Sex without penetration (‘outercourse’)	54 (45)	20 (24)	26 (31)	20 (20)

22% (18%) of pupils responded that they think none of the contraceptive methods listed are reliable to stop STIs.

**Q72b.** Percentage answering that they think none of the contraceptive methods listed are reliable to stop STIs.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	21	12	23	8
Girls	29	14	28	11

13% (20%) of pupils responded that they know where they can get emergency contraception free of charge.

**Q73.** Percentage answering that they know where they can get emergency contraception free of charge.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	5	33	10	33
Girls	5	43	10	33

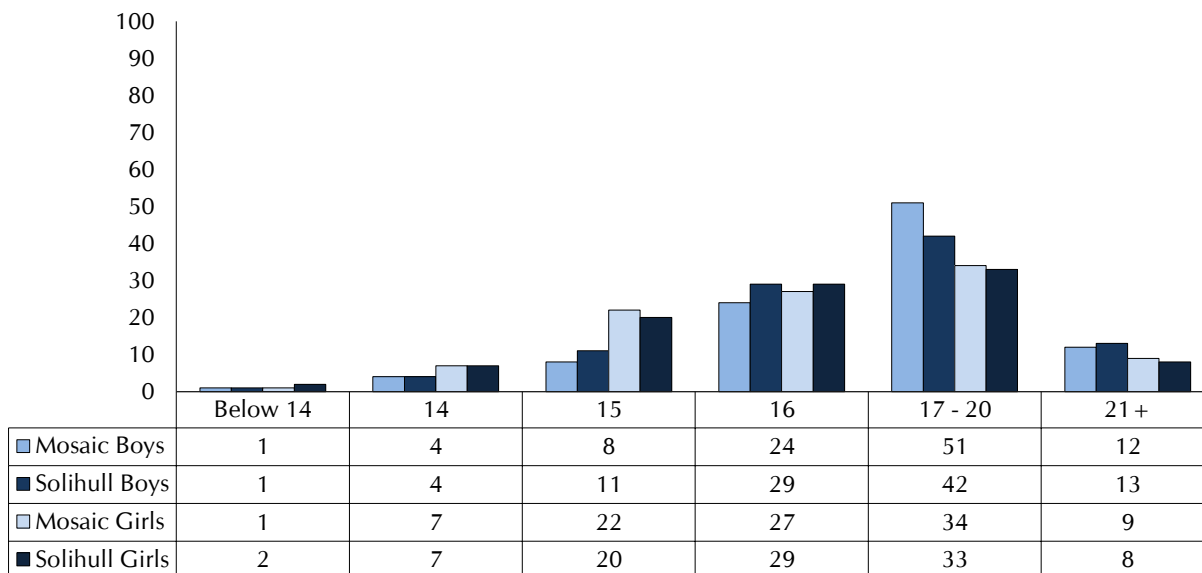
39% (49%) of pupils responded that if they had a sexual health concern, they would know where to go to get help.

**Q74.** Percentage answering that if they had a sexual health concern, they would know where to go to get help.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	30	47	37	57
Girls	36	64	46	60

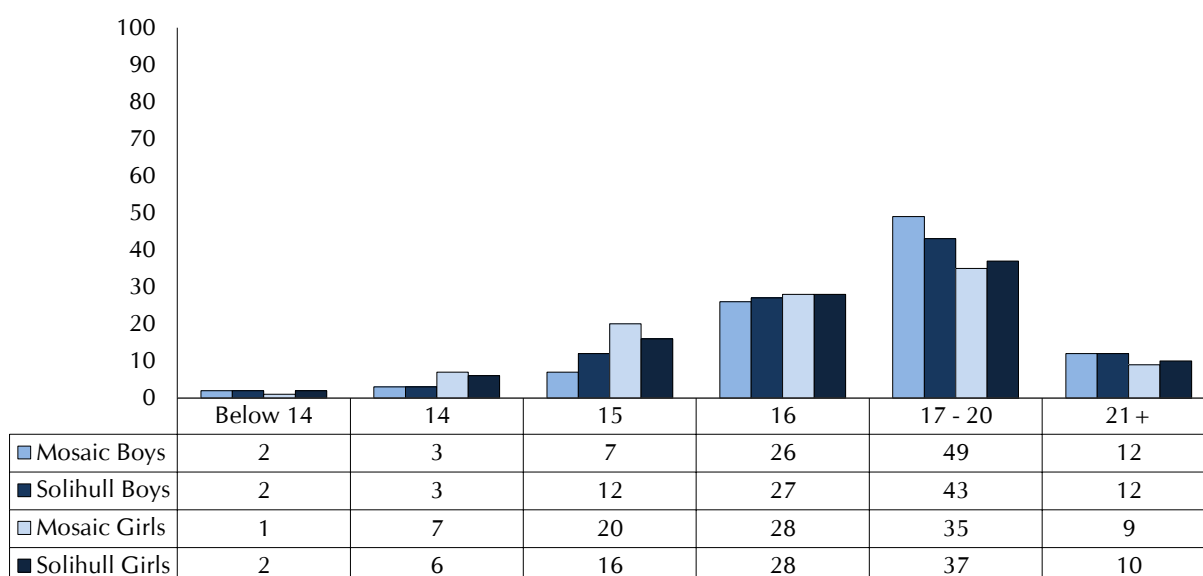
22% (23%) of pupils responded that they believe most males first have sex when they are under 16.

**Q75.** At what age do you think most males first have sex?



20% (22%) of pupils responded that they believe most females first have sex when they are under 16.

**Q76.** At what age do you think most females first have sex?



**Q77.** Have any of these things happened to you in a relationship with a boyfriend/girlfriend? (Solihull Secondary data in brackets):

Boys	No, never	Yes, in the past	Yes, with my current boyfriend/girlfriend
Used hurtful or threatening language to me	92 (94)	8 (5)	1 (0)
Was angry or jealous when I wanted to spend time with friends	87 (87)	11 (12)	1 (1)
Kept checking my phone	85 (89)	13 (9)	3 (1)
Put pressure on me to have sex or do other sexual things	99 (98)	0 (2)	1 (1)
Threatened to tell people things about me	96 (96)	3 (3)	1 (1)
Threatened to hit me	97 (97)	2 (3)	1 (0)
Hit me	97 (96)	3 (3)	1 (0)
Girls	No, never	Yes, in the past	Yes, with my current boyfriend/girlfriend
Used hurtful or threatening language to me	94 (92)	5 (7)	1 (1)
Was angry or jealous when I wanted to spend time with friends	89 (88)	8 (10)	3 (2)
Kept checking my phone	92 (92)	7 (6)	1 (2)
Put pressure on me to have sex or do other sexual things	95 (94)	5 (5)	0 (1)
Threatened to tell people things about me	96 (94)	3 (5)	1 (0)
Threatened to hit me	97 (96)	3 (3)	1 (0)
Hit me	98 (97)	2 (2)	1 (1)

22% (20%) of pupils responded that at least one of the negative behaviours in Q77 has happened to them.

**Q77.** Percentage answering that at least one of the negative behaviours in Q77 has happened to them.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	25	22	20	23
Girls	18	23	15	25

65% (67%) of pupils responded that if any of the things in Q77 happened to them, they would know what to do for themselves.

**Q78a.** Percentage answering that if any of the things in Q77 happened to them, they would know what to do for themselves.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	60	61	64	71
Girls	68	73	64	70

69% (71%) of pupils responded that if any of the things in Q77 happened to them, they could get some help.

**Q78b.** Percentage answering that if any of the things in Q77 happened to them, they could get some help.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	62	69	63	70
Girls	79	66	76	77

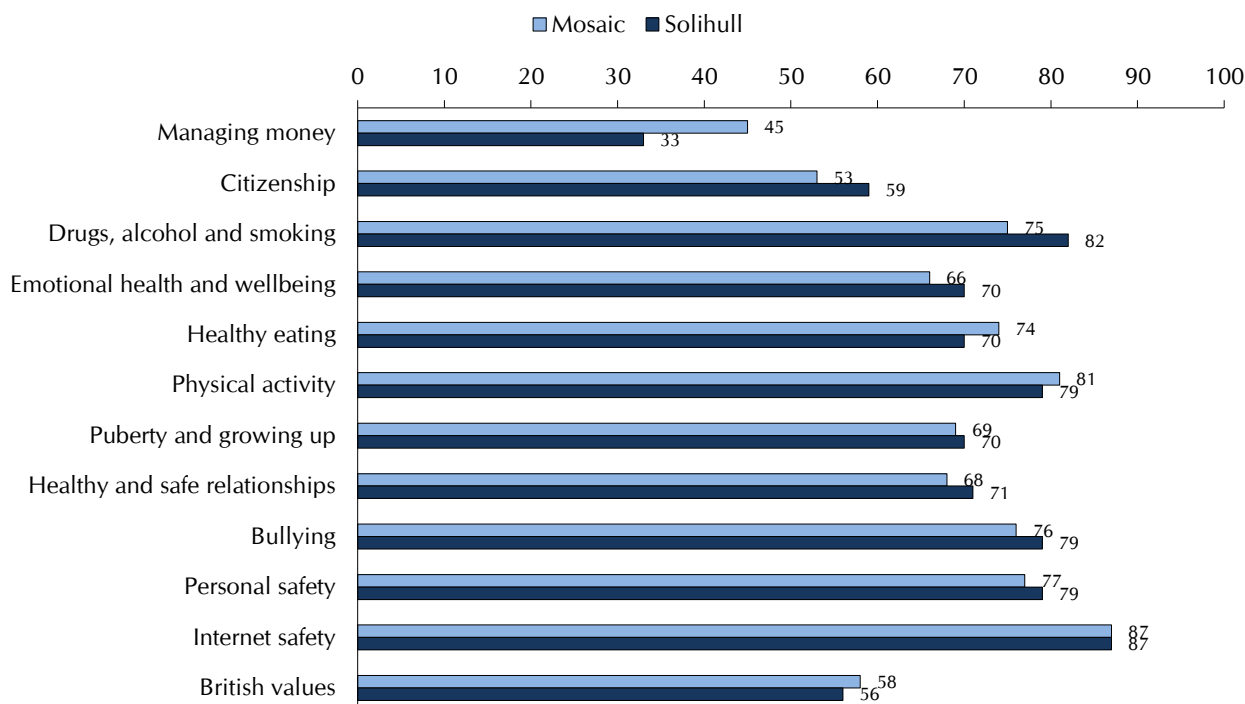
## School

45% (33%) of pupils responded that they feel their school teaches them about managing money 'fairly' or 'very' well; 87% (87%) said the same about internet safety.

**Q79.** How well do you feel your school teaches you about the following? (Solihull Secondary data in brackets)

Year 8	Very well	Fairly well	Not very well	Not at all well	Don't know	Not been taught
Managing money	17 (13)	30 (24)	15 (16)	6 (6)	10 (10)	23 (30)
Citizenship	21 (22)	35 (40)	10 (11)	5 (4)	16 (11)	13 (12)
Drugs, alcohol and smoking	35 (43)	41 (41)	11 (7)	4 (3)	6 (4)	4 (2)
Emotional health and wellbeing	32 (35)	36 (39)	9 (11)	5 (4)	9 (7)	8 (5)
Healthy eating	36 (36)	43 (41)	9 (10)	3 (4)	6 (5)	4 (4)
Physical activity	45 (43)	39 (41)	5 (6)	2 (3)	5 (4)	3 (3)
Puberty and growing up	28 (33)	40 (40)	16 (14)	6 (5)	7 (4)	2 (3)
Healthy and safe relationships	34 (35)	32 (35)	12 (13)	6 (5)	8 (6)	8 (5)
Bullying	48 (52)	30 (29)	8 (7)	6 (6)	5 (4)	3 (3)
Personal safety	47 (47)	29 (34)	12 (9)	3 (3)	6 (5)	3 (3)
Internet safety	55 (58)	31 (31)	6 (5)	1 (1)	4 (3)	2 (2)
British values	28 (30)	30 (28)	13 (14)	6 (5)	11 (8)	12 (15)
Year 10	Very well	Fairly well	Not very well	Not at all well	Don't know	Not been taught
Managing money	18 (10)	23 (18)	20 (19)	16 (13)	5 (8)	17 (32)
Citizenship	15 (16)	28 (40)	16 (12)	14 (8)	6 (11)	20 (12)
Drugs, alcohol and smoking	22 (33)	54 (49)	12 (9)	3 (4)	2 (3)	6 (4)
Emotional health and wellbeing	19 (25)	40 (40)	15 (17)	5 (7)	6 (4)	13 (7)
Healthy eating	17 (21)	45 (40)	18 (21)	9 (8)	3 (5)	9 (6)
Physical activity	21 (29)	51 (44)	13 (15)	6 (5)	4 (3)	4 (4)
Puberty and growing up	17 (23)	52 (43)	14 (19)	5 (7)	4 (4)	6 (4)
Healthy and safe relationships	19 (27)	54 (45)	11 (15)	4 (5)	5 (3)	6 (4)
Bullying	28 (36)	46 (40)	12 (11)	6 (6)	4 (3)	4 (4)
Personal safety	26 (33)	52 (43)	9 (12)	5 (5)	3 (3)	5 (4)
Internet safety	36 (41)	53 (45)	4 (7)	2 (2)	0 (2)	4 (3)
British values	17 (22)	38 (30)	17 (16)	6 (7)	4 (8)	17 (16)

**Q79.** How well do you feel your school teaches you about the following? % responding 'fairly' or 'very' well



### School nurse

56% (42%) of pupils responded that they know how to contact the school nurse, while 27% (35%) said they don't know how to and 1% (3%) said they don't have a school nurse.

**Q80a.** Percentage answering that they know how to contact the school nurse.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	48	75	39	49
Girls	54	61	39	42

17% (17%) of pupils responded that, if they wanted support, information or advice, they think they would go to the school nurse, while 47% (49%) said they think they wouldn't.

**Q80b.** Percentage answering that, if they wanted support, information or advice, they think they would go to the school nurse.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	19	27	18	17
Girls	13	16	16	15



## Leisure and Money

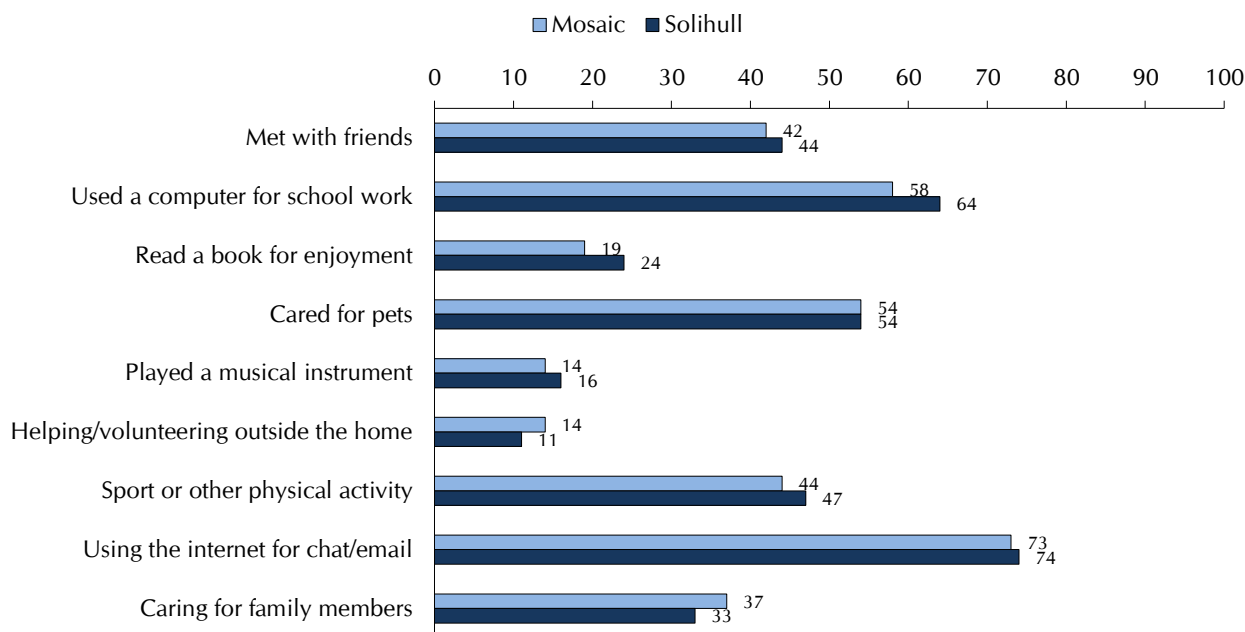
### After-school activities

42% (44%) of pupils responded that they met with friends after school on the day before the survey, while 44% (47%) said they did sport or other physical activity.

**Q81.** Percentage of pupils responding that they spent time doing the following after school on the day before the survey (Solihull Secondary data in brackets):

Boys				Girls			
1	Using the Internet for chat/e-mail	71	(69)	1	Using the Internet for chat/e-mail	76	(78)
2	Used a computer for school work/homework	54	(62)	2	Used a computer for school work/homework	61	(67)
3	Cared for pets	54	(53)	3	Cared for pets	52	(55)
4	Sport or other physical activity	51	(54)	4	Met with friends	38	(44)
5	Met with friends	46	(45)	5	Caring for family members	37	(32)
6	Caring for family members	36	(34)	6	Sport or other physical activity	36	(41)
7	Read a book for enjoyment	17	(19)	7	Read a book for enjoyment	20	(28)
8	Played a musical instrument	13	(15)	8	Played a musical instrument	15	(16)
9	Helping/volunteering outside the home	13	(12)	9	Helping/volunteering outside the home	13	(11)

**Q81.** Percentage of pupils responding that they spent time doing the following after school on the day before the survey:



## Jobs

9% (13%) of pupils responded that they have a regular paid job during term-time.

**Q84.** Percentage answering that they have a regular paid job during term-time.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	10	12	9	21
Girls	7	7	8	16

4% (4%) of pupils responded that they have a paper/leaflet round.

**Q85.** Percentage of pupils responding that the following best describes their regular term-time job (Solihull Secondary data in brackets):

Boys				Girls			
1	Paper/leaflet round	4	( 5)	1	Paper/leaflet round	2	( 4)
2	Other work	2	( 4)	2	Paid housework	2	( 2)
3	Paid housework	2	( 2)	3	Babysitting	2	( 2)
4	Working in a shop	1	( 2)	4	Other work	1	( 2)
5	Manual work	1	( 1)	5	Hairdressing	1	( 1)

Of the 34 (224) pupils who responded that they have a paid job, the mean amount of time they spent working in the week before the survey was 4 (4) hours.

**Q86.** Mean number of hours spent working in the week before the survey by those who have a paid job.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	4	4	6	4
Girls	1	4	3	4

29% (28%) of pupils responded that they worry 'quite a lot' or 'a lot' about money.

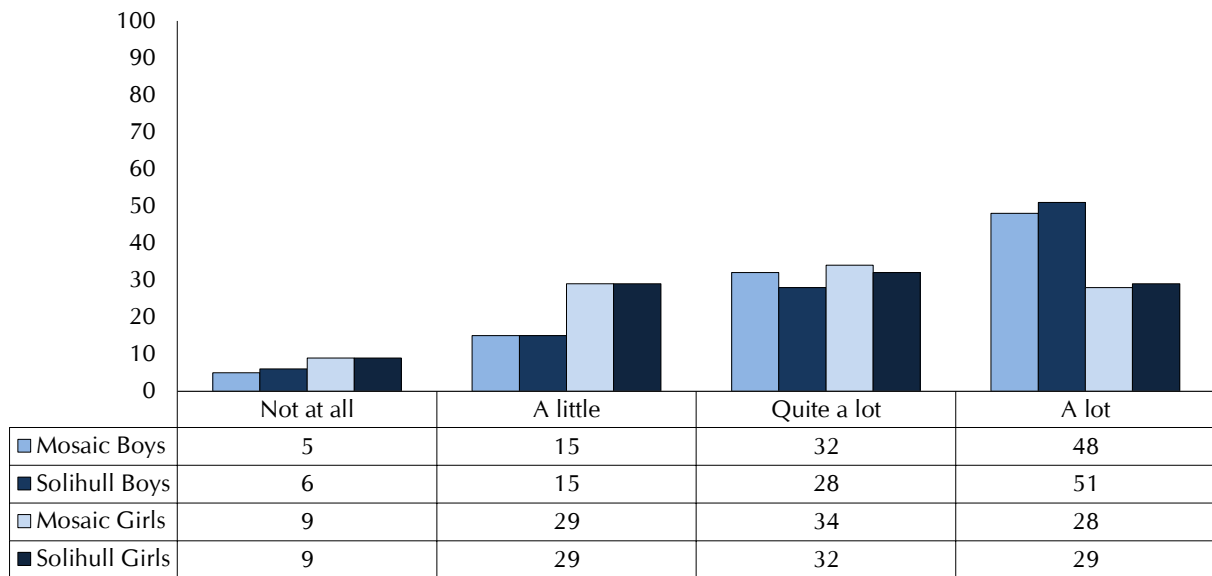
**Q69.** Percentage answering that they worry 'quite a lot' or 'a lot' about money.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	28	27	27	30
Girls	27	34	24	32

# Physical Activity

## Exercise

**Q87.** How much do you enjoy physical activities?



7% (8%) of pupils responded that they don't enjoy physical activities at all.

**Q87.** Percentage answering that they don't enjoy physical activities at all.

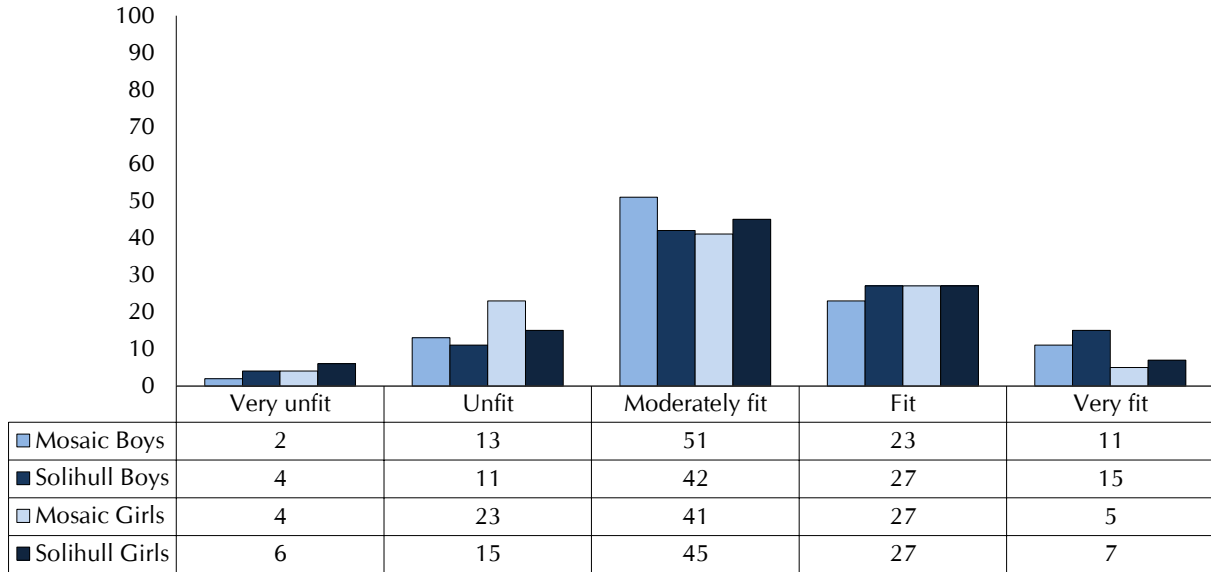
	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	6	2	5	6
Girls	4	23	6	14

72% (70%) of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.

**Q87.** Percentage answering that they enjoy physical activities 'quite a lot' or 'a lot'.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	78	86	81	76
Girls	74	27	72	49

**Q88.** How fit do you think you are?



21% (18%) of pupils responded that they think they are 'unfit' or 'very unfit'.

**Q88.** Percentage answering that they think they are 'unfit' or 'very unfit'.

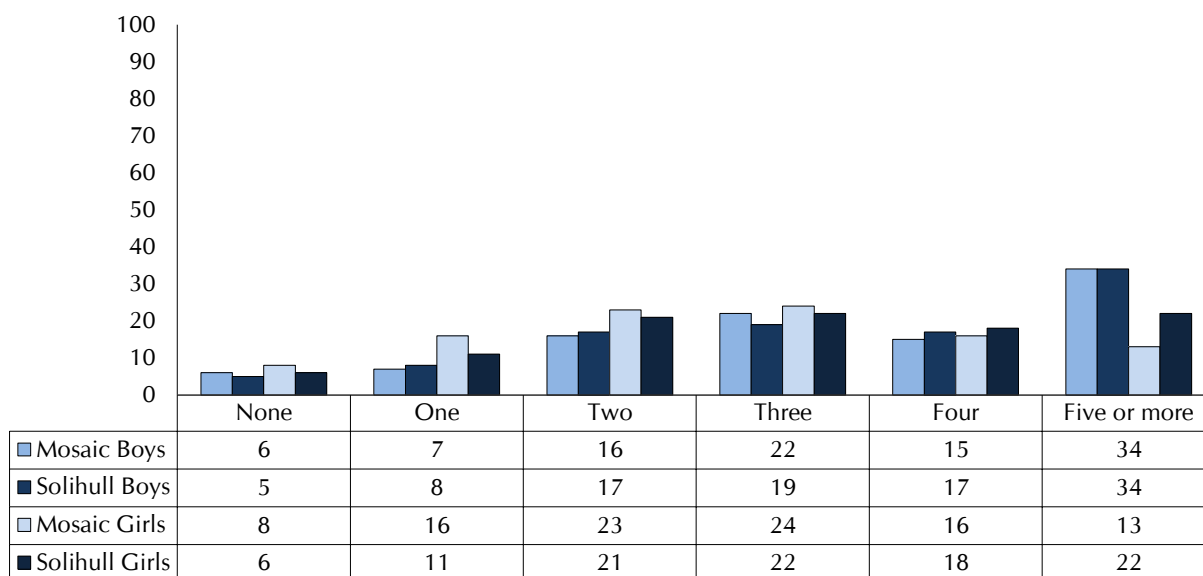
	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	14	16	13	19
Girls	21	43	17	24

33% (38%) of pupils responded that they think they are 'fit' or 'very fit'.

**Q88.** Percentage answering that they think they are 'fit' or 'very fit'.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	38	25	43	41
Girls	40	9	40	27

**Q89.** On how many days in the last week have you been physically active for an hour or more?



7% (6%) of pupils responded that they were not physically active for an hour or more at all in the week before the survey.

**Q89.** Percentage answering that they were not physically active for an hour or more at all in the week before the survey.

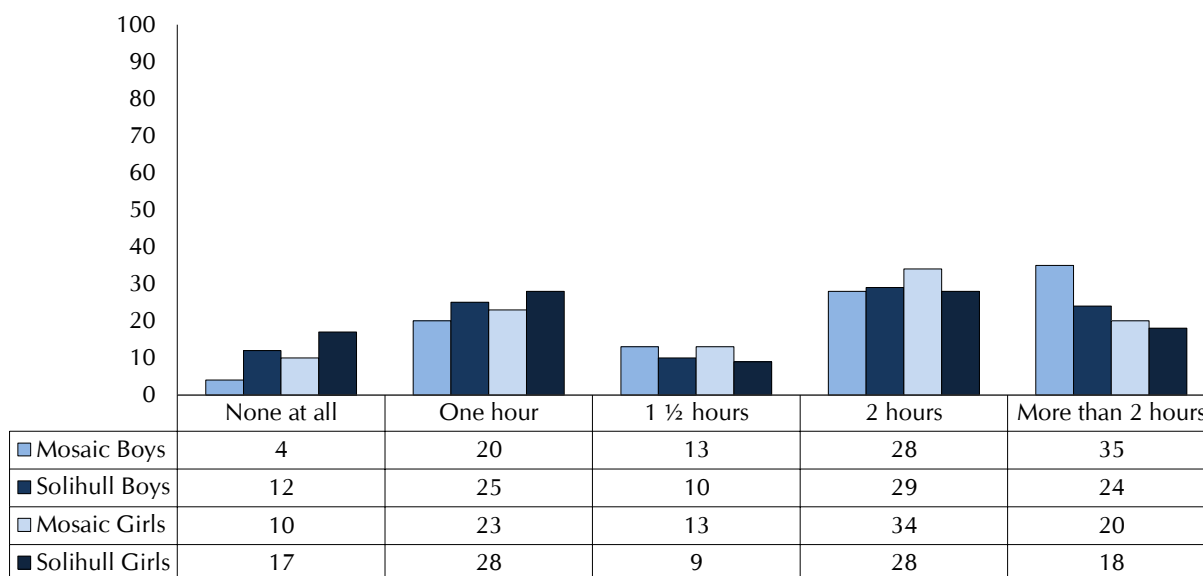
	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	4	12	4	5
Girls	5	16	5	9

62% (66%) of pupils responded that they were physically active for an hour or more on at least three days in the week before the survey.

**Q89.** Percentage answering that they were physically active for an hour or more on at least three days in the week before the survey.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	71	69	75	64
Girls	63	27	65	58

**Q90.** How much physical activity have you been involved in during school time in the last 7 days?



8% (15%) of pupils responded that they have not been involved in any physical activity during school time in the 7 days before the survey.

**Q90.** Percentage answering that they have not been involved in any physical activity during school time in the 7 days before the survey.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	3	6	9	17
Girls	5	25	12	23

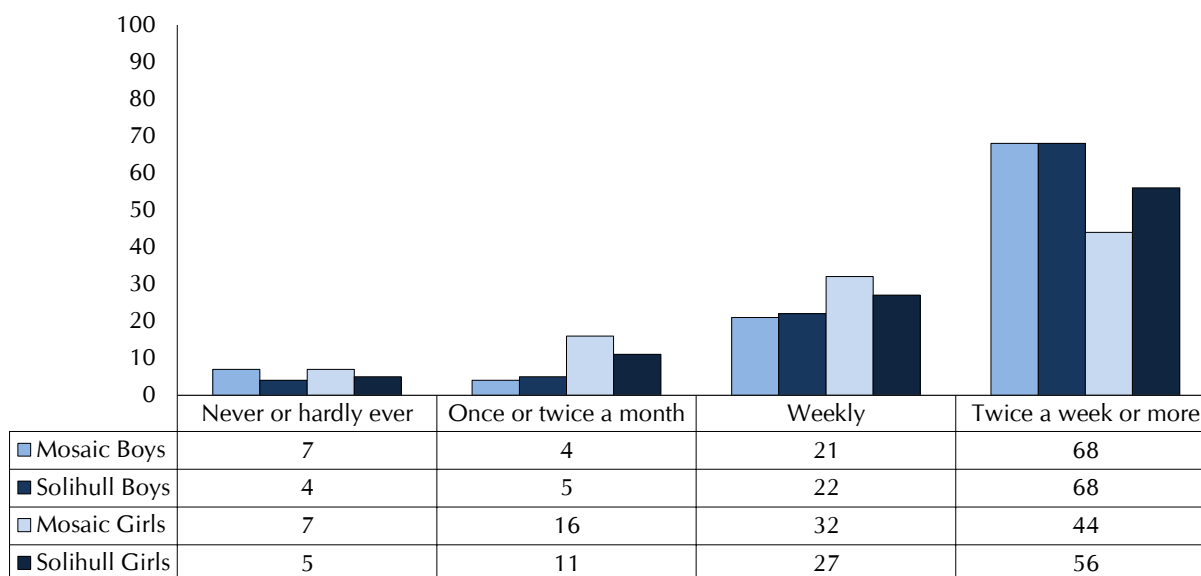
58% (49%) of pupils responded that they have been involved in at least 2 hours of physical activity during school time in the 7 days before the survey.

**Q90.** Percentage answering that they have been involved in at least 2 hours of physical activity during school time in the 7 days before the survey.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	69	49	64	39
Girls	65	20	56	33

## Sports

**Q91.** Physical activity summary: Percentage of pupils responding that they play or do at least one of the physical activities listed....:



Most frequent activity recorded.

83% (86%) of pupils responded that they play or do one or more of the physical activities listed at least 'weekly'.

**Q90.** Percentage answering that they play or do one or more of the physical activities listed at least 'weekly'.

	Mosaic		Solihull	
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	90	84	92	87
Girls	83	57	87	77

34% (43%) of pupils responded that they go for walks at least 'weekly', while 33% (32%) said they go jogging and 27% (22%) ride a bicycle.

**Q91.** Percentage of pupils responding that they play or do the following physical activities at least 'weekly' (top 10 – Solihull Secondary data in brackets):

Boys				Girls			
1	Soccer	64	(50)	1	Going for walks	43	(51)
2	Riding a bicycle	44	(33)	2	Jogging	32	(29)
3	Jogging	35	(36)	3	Dancing/ballet	23	(27)
4	Going for walks	24	(34)	4	Netball	22	(19)
5	5-a-side football	18	(15)	5	Gymnastics/trampolining	17	(16)
6	Table tennis	18	(13)	6	Fitness/aerobics	16	(18)
7	Badminton	16	(14)	7	Ice skating	15	(7)
8	Judo, karate, boxing etc.	14	(18)	8	Swimming	12	(13)
9	Weight training	14	(18)	9	Badminton	12	(11)
10	Basketball	14	(16)	10	Riding a bicycle	10	(12)

## List of Tables

QDa. Percentage answering that they have a long-standing illness, disability or special needs. ....	24
QDb. If yes, does your school support you with them? .....	24
QDb. Percentage answering that they have special needs, but their school doesn't support them. ....	24
QDb. Percentage answering that they have special needs and they are supported at school. ....	24
Q2. Which adults do you live with? .....	25
Q2. Percentage answering that they live with their mother and father together. ....	25
Q2. Percentage answering that they live mainly or only with their mother. ....	25
Q3. How many people live in your home (include yourself)?.....	26
Q3. Percentage answering that more than five people live in their home. ....	26
Q4. How many bedrooms are there in your home? .....	26
Q4. Percentage answering that their home has one or two bedrooms.....	26
Q3/4. Percentage living in a home where at least 2 more people live than there are bedrooms. ....	26
Q5. Percentage answering that they are White English.....	27
Q5. Percentage of pupils responding that the following most nearly describes them (top 5 – Solihull Secondary data in brackets): .....	27
Q82. Percentage responding that they look after, or help to look after, someone at home on a regular basis. ....	27
Q83a. Percentage responding that they think they are a 'young carer'. ....	27
Q83c. Percentage responding that being a young carer takes up more than 2 hours of their time each day. ....	27
Q7. How many lessons do you enjoy at school? .....	28
Q7. Percentage answering that they enjoy 'most' or 'all' of their lessons at school. ....	28
Q7. Percentage answering that they enjoy 'hardly any' of their lessons at school.....	28
Q8. After leaving school, do you want to...? .....	29
Q8. Percentage answering that they want to continue in full-time education after leaving school. ....	29
Q8. Percentage answering that they want to find a job as soon as they can after leaving school.....	29
Q8. Percentage answering that they want to get training for a skilled job after leaving school. ....	29
Q8. Percentage answering that after school they want to stay in full-time education, find a job as soon as they can or get training for a skilled job. ....	29
Q69. Percentage answering that they worry 'quite a lot' or 'a lot' about what they are going to do after Year 11.....	29
Q11. GCSEs: Which of these statements best describes you? .....	30
Q11. Percentage answering that they don't expect to take any GCSEs. ....	30
Q11. Percentage answering that they expect to take several GCSEs and get mostly good grades (A – C). ....	30
Q6. In general, how satisfied do you feel with your life at the moment? .....	31
Q6. Percentage answering that they are 'not at all' satisfied with their life at the moment. ....	31
Q6. Percentage answering that they are 'quite a lot' or 'a lot' satisfied with their life at the moment. ....	31
Q9. Composite self-esteem score:.....	32
Q9. Percentage with a med-low self-esteem score (9 or less). ....	32
Q9. Percentage with a high self-esteem score (15 or more). ....	32
Q9. (Individual self-esteem items) Percentage in each group giving a high esteem response (Solihull Secondary data in brackets): .....	33
Q9. Percentage answering that their parents/carers like to hear their ideas. ....	33
Q9. Percentage answering that their teachers listen to them at school. ....	33
Q10. Percentage agreeing with statements Q10a and/or Q10c.....	34
Q10. Percentage agreeing with statements Q10b and/or Q10d. ....	34
Q10. Percentage having a positive health locus of control score. ....	34
Q10. Percentage of pupils responding that they 'agree' with the following statements (Solihull Secondary data in brackets):	34
Q63. How many adults can you really trust? .....	35
Q63. Percentage answering that there are no adults that they can trust.....	35
Q63. Percentage answering that there are at least six adults that they can trust. ....	35
Q64. Percentage answering that they usually feel 'at ease' when meeting people their own age for the first time. ....	35



Q64. Percentage answering that they usually feel 'quite' or 'very' uneasy when meeting people their own age for the first time.....	35
Q69. Worrying summary: Percentage of pupils responding that they worry about at least one of the issues listed.....	36
Q69. Percentage answering that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.....	36
Q69. Percentage answering that they worry about at least 3 of the issues listed 'quite a lot' or 'a lot'.....	36
Q69. Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot' (top 10 – Solihull Secondary data in brackets):.....	37
Q69. Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot':.....	37
Q12. Weight: Which statement describes you best?.....	38
Q12. Percentage answering that they would like to put on weight.....	38
Q12. Percentage answering that they would like to lose weight.....	38
Q12. Percentage answering that they are happy with their weight as it is.....	38
Q69. Percentage answering that they worry 'quite a lot' or 'a lot' about the way they look.....	38
Q13. What did you do for lunch yesterday?.....	39
Q13. Percentage answering that they had a school lunch on the day before the survey.....	39
Q13. Percentage answering that they didn't have any lunch on the day before the survey.....	39
Q15. Percentage of pupils responding that they had the following types of breakfast on the day of the survey:.....	40
Q15. Percentage answering that they didn't have anything to eat or drink for breakfast on the day of the survey.....	40
Q15. Percentage answering that they only had a drink for breakfast on the day of the survey.....	40
Q15. Percentage of pupils responding that they had the following to eat or drink for breakfast on the morning of the survey (top 5 – Solihull Secondary data in brackets):.....	41
Q14. Percentage of pupils responding that they had something to eat or drink for breakfast at the following on the morning of the survey (Solihull Secondary data in brackets):.....	41
Q16. When choosing what to eat, do you consider your health?.....	42
Q16. Percentage answering that they 'never' or only 'sometimes' consider their health when choosing what to eat.....	42
Q16. Percentage answering that they 'very often' or 'always' consider their health when choosing what to eat.....	42
Q17. How much water did you drink yesterday?.....	43
Q17. Percentage answering that they didn't drink any water on the day before the survey.....	43
Q17. Percentage answering that they drank at least 'about a litre' of water on the day before the survey.....	43
Q18. Percentage of pupils responding that they eat or drink the following 'on most days' (top 10 – Solihull Secondary data in brackets):.....	44
Q18. Percentage of pupils responding that they 'rarely or never' eat or drink the following (top 10 – Solihull Secondary data in brackets):.....	44
Q19. How many portions of fruit and vegetables did you eat yesterday?.....	45
Q19. Percentage answering that they didn't eat any portions of fruit or vegetables yesterday.....	45
Q19. Percentage answering that they had at least 5 portions of fruit and vegetables yesterday.....	45
Q20. Smoking: Which statement describes you best?.....	46
Q20. Percentage answering that they have smoked in the past or smoke now.....	46
Q20. Percentage answering that they smoke 'regularly'.....	46
Q21. Percentage answering that they have smoked at least one cigarette in the last week.....	46
Q23a. Percentage answering that they smoke and feel they could give up.....	47
Q23b. Percentage of pupils responding that they would like the following people to help them give up smoking (top 3 - Solihull Secondary data in brackets):.....	47
Q23c. Mean age of pupils when they had their first cigarette.....	47
Q24. Percentage of pupils responding that the following people smoke on most days (Solihull Secondary data in brackets):.....	47
Q25. Percentage answering that at least one person smokes on most days indoors at home.....	47
Q26. E-cigarettes: What best describes your knowledge or use of electronic cigarettes, 'e-cigarettes' or vaporisers?.....	48
Q26. Percentage answering that they have never used an e-cigarette or have never heard of them.....	48
Q26. Percentage answering that they use e-cigarettes at least 'occasionally'.....	48
Q27. Percentage answering that they have had an alcoholic drink at some point in their life.....	49
Q28. Mean age of pupils when they had their first alcoholic drink.....	49
Q29. Percentage answering that they had an alcoholic drink in the 7 days before the survey.....	49
Q30. On which days did you drink alcohol, in the last 7 days?.....	50

Q30. On how many days did you drink alcohol, in the last 7 days? .....	50
Q30. Percentage answering that they drank alcohol on more than one day in the 7 days before the survey. ....	50
Q31. On which days did you get drunk, in the last 7 days?.....	51
Q31. On how many days did you get drunk, in the last 7 days?.....	51
Q31. Percentage answering that they got drunk on at least one day in the last 7 days.....	51
Q32. Total units of alcohol pupils reported drinking in the last 7 days: .....	52
Q32. Percentage answering that they drank over 14 units of alcohol in the 7 days before the survey. ....	52
Q32. Most popular alcoholic drinks from the 7 days before the survey (top 5 – Solihull Secondary data in brackets): .....	52
Q33. Percentage of pupils responding that they have drunk alcoholic drink at the following places in the 7 days before the survey (Solihull Secondary data in brackets):.....	52
Q34. Percentage of pupils responding that they have bought alcoholic drink from the following in the 7 days before the survey (Solihull Secondary data in brackets):.....	53
Q35. If you ever drink alcohol at home, do your parents know? .....	53
Q35. Percentage answering that they either never drink alcohol, or don't drink it at home. ....	53
Q35. Percentage answering that they drink alcohol at home and their parents 'always' know.....	53
Q35. Percentage answering that they drink alcohol at home and their parents 'never' or only 'sometimes' know. ....	53
Q37. Percentage answering that they know someone who uses drugs listed in the questionnaire. ....	54
Q38. Percentage answering that they have been offered cannabis.....	54
Q39. Percentage answering that they have been offered other drugs listed in the questionnaire. ....	54
Q40. Percentage answering that they have taken at least one of the drugs listed in the questionnaire. ....	54
Q41. Drugs summary: Percentage of pupils responding that they have tried at least one of the recreational drugs listed: ....	55
Q41. Percentage answering that they have taken one of the drugs listed during the last month.....	55
Q41. Percentage answering that they have taken one of the drugs listed during the last year. ....	55
Q36/41. Summary of some of the most common recreational drugs (Solihull Secondary data in brackets): .....	55
Q42. Mean age of pupils when they first took drugs: .....	56
Q43. Percentage answering that they have taken more than one type of drug listed on the same occasion. ....	56
Q44. Percentage answering that they have taken drugs and alcohol on the same occasion. ....	56
Q45a. Percentage answering that their personal safety has been at risk when they have used drugs listed in Q41.....	57
Q45b. Percentage answering that their personal safety has been at risk when they have used drugs and alcohol at the same time.....	57
Q45c. Percentage answering that their personal safety has been at risk when they have used alcohol.....	57
Q46. Percentage of pupils responding 'yes' to the following questions (Solihull Secondary data in brackets): .....	58
Q47. Percentage of pupils responding that they have used the Internet at the following places in the past week (Solihull Secondary data in brackets): .....	58
Q48. Percentage of pupils responding that they use the Internet for the following (top 5 – Solihull Secondary data in brackets): .....	58
Q48. Percentage of pupils responding that they use the Internet for the following: .....	59
Q49. Percentage of pupils responding 'yes' to the following questions (Solihull Secondary data in brackets): .....	59
Q50a. Percentage answering that they use social media and share images of themselves. ....	60
Q50b. Percentage answering that they share images of themselves which they wouldn't show their parents/carers.....	60
Q50c. Percentage answering that they share images of themselves which they wouldn't show their teachers or headteacher.....	60
Q51. Percentage answering that someone has shared an image of them via social media which has made them feel unhappy. ....	60
Q58. Feeling safe summary: How do you rate your safety at the following times in the area where you live?.....	61
Q58. Percentage of pupils rating their safety as 'good' or 'very good' at the following times (Solihull Secondary data in brackets): .....	61
Q58. Percentage of pupils rating their safety as 'poor' or 'very poor' at the following times (Solihull Secondary data in brackets): .....	61
Q59. Percentage answering that they have been the victim of violence or aggression in the area where they live in the last 12 months. ....	62
Q60. Do you or your friends carry weapons or other things for protection when going out? .....	62
Q60. Percentage answering that they are 'fairly sure' or 'certain' that they or their friends carry weapons or other things for protection when going out. ....	62
Q65. Do you ever feel afraid of going to school because of bullying? .....	63

Q65. Percentage answering that they feel afraid of going to school because of bullying at least 'sometimes'.....	63
Q65. Percentage answering that they 'often' or 'very often' feel afraid of going to school because of bullying. ....	63
Q66a. Percentage answering that they have been bullied at school in the last 12 months. ....	63
Q66c. Percentage answering that they have been bullied online or on a mobile phone in the last 12 months.....	63
Q67. Percentage of pupils responding that they think they have been picked on or bullied for the following (top 10 – Solihull Secondary data in brackets): .....	64
Q68. Percentage answering that they have bullied someone else at school in the last 12 months. ....	64
Q52. Percentage answering that they cleaned their teeth at least twice on the day before the survey. ....	65
Q52. Percentage answering that they did not clean their teeth at all on the day before the survey. ....	65
Q53. How long ago did you last visit the dentist? .....	65
Q53. Percentage answering that they last visited the dentist in the last 6 months. ....	65
Q53. Percentage answering that they last visited the dentist more than a year ago.....	65
Q54. Percentage of pupils responding that they have taken the following remedies or medications in the 7 days before the survey (top 5 – Solihull Secondary data in brackets):.....	66
Q54. Percentage of pupils responding that they have taken the following remedies or medications in the 7 days before the survey:.....	66
Q55. Percentage answering that they felt 'at ease' with the doctor on their last visit. ....	66
Q55. Percentage answering that they felt 'quite' or 'very' uneasy with the doctor on their last visit.....	66
Q56. How many hours sleep did you get last night? .....	67
Q56. Percentage answering that they got less than 6 hours sleep the night before the survey.....	67
Q56. Percentage answering that they got at least 8 hours sleep the night before the survey. ....	67
Q57a. Percentage answering that the amount of sleep they normally get is enough for them to stay alert and concentrate on their school work. ....	67
Q57b. Percentage answering that the amount of sleep they normally get is enough for their health. ....	67
Q61. Percentage of pupils responding that they 'agree with the following statements (Solihull Secondary data in brackets):	68
Q61. Percentage of pupils responding that they 'agree with the following statements:.....	68
Q62. Percentage of pupils responding that they would go to the following first for help or information about the corresponding issues (Solihull Secondary data in brackets):.....	69
Q70. Knowledge of sexually transmitted infections (Solihull Secondary data in brackets): .....	70
Q70. Percentage of pupils responding that they have 'never heard of' or 'know nothing about' the following sexually transmitted infections:.....	70
Q71. Percentage answering that they know where they can get condoms free of charge. ....	70
Q72. Knowledge of different contraceptive methods (Solihull Secondary data in brackets): .....	71
Q72b. Percentage answering that they think none of the contraceptive methods listed are reliable to stop STIs. ....	71
Q73. Percentage answering that they know where they can get emergency contraception free of charge.....	72
Q74. Percentage answering that if they had a sexual health concern, they would know where to go to get help. ....	72
Q75. At what age do you think most males first have sex? .....	72
Q76. At what age do you think most females first have sex? .....	73
Q77. Have any of these things happened to you in a relationship with a boyfriend/girlfriend? (Solihull Secondary data in brackets): .....	73
Q77. Percentage answering that at least one of the negative behaviours in Q77 has happened to them.....	74
Q78a. Percentage answering that if any of the things in Q77 happened to them, they would know what to do for themselves.....	74
Q78b. Percentage answering that if any of the things in Q77 happened to them, they could get some help.....	74
Q79. How well do you feel your school teaches you about the following? (Solihull Secondary data in brackets) .....	75
Q79. How well do you feel your school teaches you about the following? % responding 'fairly' or 'very' well.....	76
Q80a. Percentage answering that they know how to contact the school nurse.....	76
Q80b. Percentage answering that, if they wanted support, information or advice, they think they would go to the school nurse. ....	76
Q81. Percentage of pupils responding that they spent time doing the following after school on the day before the survey (Solihull Secondary data in brackets): .....	77
Q81. Percentage of pupils responding that they spent time doing the following after school on the day before the survey: ..	77
Q84. Percentage answering that they have a regular paid job during term-time.....	78

Q85. Percentage of pupils responding that the following best describes their regular term-time job (Solihull Secondary data in brackets): .....	78
Q86. Mean number of hours spent working in the week before the survey by those who have a paid job. ....	78
Q69. Percentage answering that they worry 'quite a lot' or 'a lot' about money. ....	78
Q87. How much do you enjoy physical activities? .....	79
Q87. Percentage answering that they don't enjoy physical activities at all. ....	79
Q87. Percentage answering that they enjoy physical activities 'quite a lot' or 'a lot'. ....	79
Q88. How fit do you think you are? .....	80
Q88. Percentage answering that they think they are 'unfit' or 'very unfit'. ....	80
Q88. Percentage answering that they think they are 'fit' or 'very fit'. ....	80
Q89. On how many days in the last week have you been physically active for an hour or more? .....	81
Q89. Percentage answering that they were not physically active for an hour or more at all in the week before the survey....	81
Q89. Percentage answering that they were physically active for an hour or more on at least three days in the week before the survey. ....	81
Q90. How much physical activity have you been involved in during school time in the last 7 days? .....	82
Q90. Percentage answering that they have not been involved in any physical activity during school time in the 7 days before the survey. ....	82
Q90. Percentage answering that they have been involved in at least 2 hours of physical activity during school time in the 7 days before the survey.....	82
Q91. Physical activity summary: Percentage of pupils responding that they play or do at least one of the physical activities listed...: .....	83
Q90. Percentage answering that they play or do one or more of the physical activities listed at least 'weekly'. ....	83
Q91. Percentage of pupils responding that they play or do the following physical activities at least 'weekly' (top 10 – Solihull Secondary data in brackets): .....	83





**This is not the end of your  
Health Related Behaviour Survey!**

**Ask us about...**

- ... Getting your data into your computers**
- ... Turning your data into graphs and pie charts**
- ... Your data and Healthy Schools**
- ... Free resources about young people's health-related  
behaviour: [www.sheu.org.uk/node/366](http://www.sheu.org.uk/node/366)**

***We may also be able to introduce you to health and  
education contacts, with money and resources, within your  
local community***