The Solihull Children and Young People's Health and Wellbeing Survey 2018

A report for Synergy Collaborative Years 4 & 6

The Schools Health Education Unit

www.sheu.org.uk



School Survey Report 2018

Synergy Collaborative compared with Solihull Primary

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The support service we offer benefits from the continuous use and development of our materials, and feedback from users. Therefore, if you wish to make any contribution based on your own use of the survey service, we would be delighted to hear from you.

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Foreword

The Schools Health Education Unit (SHEU) is pleased to be able to produce your Report, which contains detailed information about the health beliefs and behaviour of your pupils.

The report compares the data collected from your pupils with those from a larger, wider sample.

SHEU is sure that you, your colleagues, and your pupils will also find the information contained within this report to be of value in helping you to gauge some of the most important factors that affect the lives of our young people both now and in the future.

SHEU hope that your pupils found the experience of completing the questionnaire interesting and thought provoking.

Finally, SHEU would like to take this opportunity to thank you for your support and co-operation in agreeing to participate in this valuable research initiative.

Angela Balding

Angela Balding Survey Manager Schools Health Education Unit

David Kggis

Dr. David Regis Research Manager Schools Health Education Unit

Introduction

The Health-Related Behaviour Survey, developed by the Schools Health Education Unit, is designed for young people of primary and secondary school age. The surveys have been developed over 30 years by health and education professionals, and over a million school children have taken part. In the last ten years, over four thousand schools and colleges have participated. Data arising from the survey can be used to inform planning decisions as well as being used in the classroom as the stimulus for discussion with young people.

This report should ideally be studied with reference to the original questionnaire and the survey results tables. The first is recommended because we may have paraphrased a question below for reasons of space, and the precise wording and position may be important for interpretation.

Preceding this report you should have received **The Survey Results Tables** (or online results), which contain more information than can be summarised here. You may want to refer to this if you want to look in more detail at the results of a particular question. The Survey Results Tables show the number of responses received for each question, which may be less than the total sample. Also in the Results Tables we show the results of each response for multiple-choice questions, whereas in this report answers may be selective or grouped.

A school's results are confidential and will not be shared with other organisations without the express permission of the school.

Additional services (graphs and discs) are available; please contact SHEU. In particular, we have designed a set of INSET workshops around different examples of using the questionnaire data. If you would like further details of these or have any comments on this report please contact us at the address on the front of the report.

If you would like further details about Government policy background, we have created an overview which can be downloaded from our website at: <u>http://sheu.org.uk/content/page/appendix</u>.

Comparison figures

In this report the data gathered from this survey have been compared with a larger sample from your area. For example, if your school is in Exeter then the wider data might be Devon. This enables you to compare your results with others in the area and also go to the SHEU annual reports (summaries available at www.sheu.org.uk/publications) to find out about the UK statistics and trends.

If the figures in your survey have been compared with results from a reference sample, the reference figures are normally given second, and often in parentheses.

15% (20%) of the sample...

Your survey (Reference sample)

	Your su	rvey	Reference Sample		
	Year 8	Year 10	Year 8	Year 10	
Boys	10	20	30	40	
Girls	80	70	60	50	

Fav	ourite fruits		
1	Apples	70	(60)
2	Oranges	60	(50)
3	Bananas	50	(40)

Your survey (Reference sample)

The sample

This survey involved pupils from the following years. The numbers in each group are shown below.

	Synergy			Solihull
	Yr 4 Yr 6		Yr 4	Yr 6
Boys	262	212	1134	1157
Girls	227	194	1070	1062

Please note that 1 (15) pupil(s) didn't specify whether they are a boy or a girl or were unsure/ preferred not to say/described themselves in some other way and 0 (0) didn't specify what year group they are in. These pupils will not be included in any tables or charts which are split by sex or year respectively, however they will be included in any total figures.

If the sample you sent to Exeter for analysis was small, then it may have been aggregated by sex or year, or merged with a sample from another school or schools. This is done so that the figures are not too influenced by the behaviour of any one individual, and to ensure that the anonymity of the respondents is not compromised. If you would like to discuss this in more detail, please contact the Unit directly.

Spine Charts

Key Findings

In the chart below a coloured diamond represents Synergy Collaborative's result, while the hollow diamond represents the figure for Solihull Primary. The distance between the diamonds indicates the size of the difference between the percentages – the greater the gap, the larger the difference. The colour of the diamond reflects whether a difference is statistically significant and if the difference is positive (green/white spots), negative (red/white stripes) or if it is not statistically significant (blue). The white space is an indication of how spread out the scores are for Solihull Primary pupils (\pm one Standard Deviation, the paler grey is the next SD).

		Collabora tive	Solihull	
Diet	% who didn't have anything for breakfast on the day of the survey. (Q6)	1%	2%	
Food and Diet	% who ate at least 5 portions of fruit and vegetables on the day before the survey. (Q7)	28%	27%	
000	% who eat fresh fruit 'on most days'. (Q8)	70%	61%	\diamond
	% who eat vegetables 'on most days'. (Q8)	62%	52%	\diamond
Safe	% who 'never' feel afraid of going to school because of bullying. (Q10)	63%	65%	
Feeling Safe	% who have been bullied at or near school in the last 12 months. (Q11)	25%	24%	•
ш.	% who think their school takes bullying seriously. (Q15)	76%	77%	▲
	% who 'often' feel <u>happy</u> during school playtimes. (Q17a)	73%	69%	$\Diamond \Diamond$
	% who 'often' feel <u>safe</u> during school playtimes. (Q17b)	80%	77%	<
me	% who spent time playing sport or doing physical activity after school on the day before the survey. (Q19)	49%	49%	•
Leisure Time	% who were physically active for an hour or more on at least five days in the week before the survey. (Q22)	44%	41%	
Leis	% who have been involved in more than 2 hours of physical activity during school time in the 7 days before the survey. (Q23)	29%	28%	
	% who walked/scootered to school on the day of the survey. (Q24)	37%	39%	
Н&Н *	% who washed their hands before lunch on the day before the survey. (Q28)	77%	65%	$\diamond \diamond$
Internet Safety	% who said that their parents/carers have rules about what they are allowed to do online. (Q32)	81%	80%	
Inte Sai	% who have been told how to stay safe while chatting online. (Q36)	87%	88%	
٧B	% who had a high self-esteem score (15 or more). (Q39)	40%	39%	
EHWB	% who can 'usually or always' say no when a friend wants them to do something they don't want to do. (Q40)	50%	47%	
ß	% who have had an alcoholic drink at some point in their lives. (Q42)		13%	
Jrug	% of Year 6 pupils who do not drink alcohol. (Q46)	91%	87%	\diamond
б Г	% of Year 6 pupils who have never smoked a cigarette. (Q47)	99%	98%	
okin	% who think they will not smoke when they are older. (Q49)	94%	91%	
Alcohol, Smoking, Dru	% who said that their parents have talked with them about drugs. (Q56)	64%	63%	*
Alcoho	% who said that their teachers have talked with them in school lessons about drugs. (Q56)	47%	48%	♠
	% who are 'fairly sure' or 'certain' that they know someone who uses drugs (not as medicines). (Q57)	10%	14%	

* H&H = Health & Hygiene

0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%

Schools Health Education Unit

OFSTED Framework

	Sample size:						
		Synerg	У		Solihull		
	Yr 4	Yr 6	Total	Yr 4	Yr 6	Total	
Boys	262	212	474	1134	1157	2291	
Girls	227	194	421	1070	1062	2132	
Total	489	406	895	2204	2219	4423	

Personal development, behaviour and welfare (PDBW) score for Synergy Collaborative:

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
0% – 24% true	0%	0%	0%	0%	0%
25% – 49% true	15%	11%	7%	5%	10%
50% – 74% true	63%	64%	37%	40%	52%
75% – 100% true	22%	24%	57%	56%	38%

This table provides a summary PDBW score which reflects the percentage of positive responses a pupil gave throughout the questionnaire; a higher percentage of 'true' responses indicates good personal development, behaviour and welfare.

Personal development, behaviour and welfare (PDBW) score for Solihull Primary:

	Year 4		Year 6	Total	
	Boys	Girls	Boys	Girls	
0% – 24% true	0%	0%	0%	0%	0%
25% – 49% true	16%	15%	6%	7%	11%
50% – 74% true	63%	65%	47%	48%	56%
75% – 100% true	20%	20%	47%	44%	33%

Please note that the following charts only apply to Synergy Collaborative.

Synergy Collaborative: Pride in achievement and commitment to learning, supported by a positive culture across the whole provider:

	Year 4		Year 6	Total	
	Boys	Girls	Boys	Girls	
Pupils who think their school cares whether they are happy or not.	78%	82%	86%	90%	83%
Pupils who think their work is marked so they can see how to improve it.	93%	95%	98%	97%	95%
Pupils who think their achievements in and out of school are recognised.	53%	59%	66%	67%	60%
Pupils who think their school encourages everyone to take part in decisions	78%	88%	89%	89%	85%
Pupils who think that teachers listen to them at school.	75%	81%	82%	82%	80%

Synergy Collaborative: Self-confidence, self-awareness and understanding of how to be a successful learner:

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
Pupils who set their own targets and are helped to meet them.	70%	74%	91%	87%	80%
Pupils who spent some time going to a club after school on the day before the survey.	41%	42%	37%	34%	39%
Pupils who spent some time doing homework after school on the day before the survey.	48%	59%	59%	65%	57%
Pupils who have high self-esteem.	34%	30%	54%	44%	40%
Pupils who do not usually feel uneasy when they have to say something in front of teachers.	45%	47%	56%	48%	49%
Pupils who do not usually feel shy when they want to tell a teacher something.	54%	50%	62%	47%	53%

Synergy Collaborative: Choices about the next stage of their education, employment, selfemployment or training, where relevant, from impartial careers advice and guidance:

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
Pupils who think their school helps them work as part of a team.	82%	89%	88%	92%	87%
Pupils who think their school helps them prepare for when they leave their school.	69%	70%	90%	92%	79%

Synergy Collaborative: Following of any guidelines for behaviour and conduct, including management of their own feelings and behaviour, and how they relate to others:

	Year 4		Year 6	Total	
	Boys	Girls	Boys	Girls	
Pupils who think their school teaches them how to deal with their feelings positively.	71%	70%	76%	80%	74%
Pupils who never feel afraid of going to school because of bullying.	55%	50%	75%	75%	63%
Pupils who have not been bullied at or near school in the last 12 months.	42%	46%	70%	68%	56%
Pupils who think that their school takes bullying seriously.	70%	75%	83%	79%	76%
Pupils who think that others do not fear going to school because of them.	70%	76%	84%	84%	78%
Pupils who sometimes/often feel happy during school playtimes.	69%	66%	81%	79%	73%
Pupils who sometimes/often feel safe during school playtimes.	72%	79%	82%	89%	80%
Pupils who feel happy talking to children at school.	90%	89%	93%	95%	91%
Pupils who do not think that other pupils in the school often fall out with them.	45%	42%	64%	66%	53%
Pupils who do not think that other pupils in the school often say nasty things about them.	53%	54%	59%	56%	55%

Synergy Collaborative: Understanding of how to keep themselves safe from relevant risks such as abuse, sexual exploitation and extremism, including when using the internet and social media:

	Year 4	Year 4		Year 6		
	Boys	Girls	Boys	Girls		
Pupils whose parents/carers have rules about what they are allowed to do online.	77%	82%	80%	89%	81%	
Pupils who do not chat to people online that they have never met.	21%	10%	24%	19%	19%	
Pupils who have been told how to stay safe while chatting online.	81%	80%	92%	96%	87%	
Pupils who can 'usually or always say no' when a friend wants them to do something they don't want to do (i.e. resist peer pressure).	41%	40%	64%	59%	50%	
Pupils who said that teachers, the school nurse or school visitors/speakers have spoken with them about drugs (including medicines).	42%	31%	64%	63%	49%	

Synergy Collaborative: Knowledge of how to keep themselves healthy, both emotionally and physically, including through exercise and healthy eating:

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
Pupils who had at least something to eat for breakfast on the day of the survey.	92%	93%	96%	94%	94%
Pupils who ate at least 5 portions of fruit and vegetables on the day before the survey.	26%	26%	31%	28%	28%
Pupils who enjoy physical activities (at least 'quite a lot').	79%	77%	91%	86%	83%
Pupils who were physically active for an hour or more on at least three days in the week before the survey.	66%	68%	83%	76%	73%
Pupils who were physically active for at least an hour and a half during school time in the week before the survey.	57%	55%	73%	65%	62%
Pupils who washed their hands before lunch on the day before the survey.	76%	80%	80%	72%	77%
Pupils who wash their hands after visiting the toilet 'whenever possible'.	79%	89%	91%	96%	88%
Pupils who cleaned their teeth at least twice on the day before the survey.	83%	81%	84%	87%	84%
Pupils who did not drink alcohol in the last week.	86%	90%	97%	99%	92%
Pupils who have never even tried smoking a cigarette.	-	-	99%	99%	99%
Pupils who said that teachers, the school nurse or school visitors/speakers have spoken with them about how their body changes as they grow up.	57%	57%	87%	91%	72%
Pupils who feel that they know enough about how their body changes as they get older.	57%	48%	76%	72%	63%
Pupils who said that teachers, the school nurse or school visitors/speakers have spoken with them about how their emotions change as they grow up.	48%	42%	73%	76%	59%

Synergy Collaborative: Personal development, so that they are well prepared to respect others and contribute to wider society and life in Britain:

	Year 4	Year 4		Year 6	
	Boys	Girls	Boys	Girls	
Pupils who think their school values people with different backgrounds.	69%	73%	89%	93%	80%
Pupils who think their school encourages them to contribute to community events.	59%	65%	60%	72%	64%

Collaborative compared with Solihull Headlines

		Synergy	-	Solihull
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	262	212	1134	1157
Girls	227	194	1070	1062

Solihull Primary data in brackets; see notes on interpreting differences.

Home and School

ETHNICITY

□ 65% (71%) of pupils described themselves as White English.

HOME LIFE

- □ 58% (64%) of pupils responded that they have at least one brother, while 16% (24%) said they have more than one.
- □ 56% (62%) of pupils responded that they have at least one sister, while 16% (21%) said they have more than one.
- □ 53% (59%) of pupils responded that they have at least one older brother or sister, while 19% (25%) said they have more than one.

SCHOOL

- □ 95% (94%) of pupils responded that their work is marked so they can see how to improve it.
- □ 87% (86%) of pupils responded that their school helps them work as part of a team.

Food and Diet

WEIGHT

- □ 4% (5%) of pupils responded that they would like to put on weight.
- □ 21% (26%) of pupils responded that they would like to lose weight.
- □ 75% (69%) of pupils responded that they are happy with their weight as it is.

BREAKFAST

- 1% (2%) of pupils responded that they didn't have anything for breakfast on the day of the survey, while 7% (7%) said they had a cooked breakfast.
- □ 5% (5%) of pupils responded that they had only a drink for breakfast on the day of the survey.
- 57% (52%) of pupils responded that they had cereal to eat for breakfast on the day of the survey, while 32% (30%) said they had toast, bread, bagels or croissants.
- 2% (4%) of pupils responded that they had biscuits for breakfast on the day of the survey.
- 91% (87%) of pupils responded that they had something to eat or drink for breakfast at home on the day of the survey.

FIVE-A-DAY

□ 5% (12%) of boys and 5% (8%) of girls responded that they didn't eat any portions of fruit or vegetables on the day before the survey.

 28% (27%) of boys and 27% (27%) of girls responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.

FOOD

- □ 62% (52%) of pupils responded that they eat vegetables 'on most days'; 70% (61%) said the same of fresh fruit.
- □ 34% (41%) of pupils responded that they 'rarely or never' eat any fish/fish fingers.

WATER

- □ 4% (8%) of pupils responded that they didn't drink any water on the day before the survey.
- □ 41% (35%) of pupils responded that they drank at least 'about a litre' of water on the day before the survey.
- 93% (93%) of pupils responded that they are able to get water at school, while 6% (6%) said 'not easily'.
- 54% (58%) of pupils responded that they can get water from a water fountain at school; 74% (65%) said they can get it from their own drinking bottle.

Money

SPENDING

□ 24% (32%) of pupils responded that they spent their own money on sweets, chocolate etc. in the 7 days before the survey, while 36% (34%) said they bought books and 29% (31%) bought toys.

Feeling Safe

BULLYING

- 36% (30%) of boys and 38% (40%) of girls responded that they at least 'sometimes' feel afraid of going to school because of bullying.
- 7% (8%) of pupils responded that they 'often' or 'very often' feel afraid of going to school because of bullying.
- 25% (24%) of pupils responded that they have been bullied at or near school in the last 12 months, while 20% (18%) said they 'don't know'.
- □ 71% (68%) of boys and 63% (63%) of girls responded that they experienced at least one of the negative behaviours listed at least a 'few times' in the month before the survey, while 8% (10%) of boys and 5% (7%) of girls experienced such behaviour 'every day'.
- 36% (40%) of pupils responded that they have been called nasty names at least a 'few times' in the month before the survey; 40% (39%) said they have been pushed/hit for no reason.

- 38% (37%) of pupils responded that they have experienced at least one of the negative behaviours listed in the school playground/field during breaktimes, while 32% (31%) said they have experienced them in a classroom during breaktimes.
- 13% (15%) of pupils responded that they have been 'picked on' or bullied because of the way they look; 6% (5%) said it was because of their race, colour or religion.
- 76% (77%) of pupils responded that they think their school takes bullying seriously, while 16% (14%) said they 'don't know'.
- 3% (4%) of pupils responded that they think others may be frightened of going to school because of them, while 19% (20%) said they 'don't know'.

Leisure Time

SCHOOL BREAKTIMES

- 3% (5%) of pupils responded that they 'never/hardly ever' feel <u>happy</u> during school playtimes, while 23% (26%) said they do so 'sometimes'.
- □ 73% (69%) of pupils responded that they 'often' feel happy during school playtimes.
- 3% (5%) of pupils responded that they 'never/hardly ever' feel <u>safe</u> during school playtimes, while 17% (18%) said they do so 'sometimes'.
- □ 80% (77%) of pupils responded that they 'often' feel <u>safe</u> during school playtimes.
- 93% (89%) of pupils responded that they play running/skipping games/tag at least 'sometimes' during school playtimes; 68% (68%) said they play ball games like football or netball.

AFTER SCHOOL ACTIVITIES

66% (65%) of pupils responded that they spent time watching TV after school on the day before the survey, while 57% (53%) spent time doing homework and 49% (49%) played sport or other physical activity.

Physical Activity

FITNESS

- □ 6% (9%) of pupils responded that they think they are 'unfit' or 'very unfit'.
- □ 72% (67%) of pupils responded that they think they are 'fit' or 'very fit'.
- □ 2% (3%) of pupils responded that they don't enjoy physical activities at all.
- □ 83% (80%) of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.
- □ 5% (7%) of pupils responded that they were not physically active for an hour or more at all in the week before the survey.
- □ 73% (67%) of pupils responded that they were physically active for an hour or more on at least three days in the week before the survey.
- 9% (11%) of pupils responded that they have not been involved in any physical activity during school time in the 7 days before the survey.

□ 44% (43%) of pupils responded that they have been involved in more than 1½ hours of physical activity during school time in the 7 days before the survey.

ACTIVE TRAVEL

- □ 67% (61%) of pupils responded that they travelled to school by car/van on the day of the survey.
- 37% (39%) of pupils responded that they walked/scootered to school on the day of the survey.

SPORTS

- 95% (92%) of pupils responded that they play or do one or more of the physical activities listed at least 'once a week'.
- □ 58% (54%) of pupils responded that they run at least 'once a week', while 59% (54%) said the same of keep-fit and 21% (24%) ride their bike.

Hygiene

- 77% (65%) of pupils responded that they washed their hands before lunch on the day before the survey, while 11% (15%) said they were 'not sure'.
- 88% (86%) of pupils responded that they wash their hands 'whenever possible' after visiting the toilet.
- □ 1% (2%) of pupils responded that they 'never or almost never' wash their hands after visiting the toilet.

DENTAL HEALTH

- 84% (82%) of pupils responded that they cleaned their teeth at least twice the day before the survey.
- 1% (2%) of pupils responded that they did not clean their teeth at all on the day before the survey.
- 84% (80%) of pupils responded that they had a check-up the last time they visited the dentist, while 18% (24%) said they had fillings.

ASTHMA

- 10% (12%) of pupils responded that they have asthma, while 9% (11%) said they 'don't know' if they do.
- 7% (8%) of pupils responded that they took medicine for asthma (pills, inhaler) in the 7 days before the survey.

Internet Safety

- 70% (73%) of pupils responded that they use a computer/tablet unsupervised when their parents/carers aren't in the room.
- 81% (80%) of pupils responded that their parents/carers have rules about what they are allowed to do online.
- □ 94% (93%) of pupils responded that they have used the internet at home in the past week and 65% (57%) have used it at school.
- □ 75% (73%) of pupils responded that they use the internet for playing online games, while 74% (63%) said they use it for school work/homework.
- 19% (19%) of pupils responded that they chat online to people they have never met.
- 4% (5%) of pupils responded that they chat online to people they have never met and have received a message which scared them or made them upset.

87% (88%) of pupils responded that they have been told how to stay safe while chatting online.

Emotional Health and Wellbeing

SELF-ESTEEM

- 20% (23%) of pupils had a med-low self-esteem score (9 or less).
- □ 40% (39%) of pupils had a high self-esteem score (15 or more).
- 91% (89%) of pupils responded that they feel happy talking to other children at school.

PEER PRESSURE

- □ 50% (47%) of pupils responded that they can 'usually or always' say no when a friend wants them to do something they don't want to do.
- 20% (23%) of pupils responded that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.
- □ 48% (48%) of pupils responded that they 'usually or always' know what to say when they want a friend to do something.
- 13% (16%) of pupils responded that they 'hardly ever' or 'never' know what to say when they want a friend to do something.

WORRYING AND PROBLEMS

- 92% (89%) of pupils worry at least 'a little' about one or more of the issues listed, while 71% (67%) said they do so 'quite a lot' or 'a lot'.
- □ 13% (13%) of boys and 13% (14%) of girls responded that they worry about at least 3 of the issues listed 'quite a lot' or 'a lot'; while 29% (35%) of boys and 29% (31%) of girls said that they don't worry about any of them.
- □ 38% (35%) of pupils responded that they worry about crime 'quite a lot' or 'a lot', while 30% (31%) said they worry about school tests.
- 26% (27%) of pupils responded that they worry about family relationships 'quite a lot' or 'a lot'; 19% (20%) said they worry about the way they look.

Alcohol, Smoking, Drugs

- 11% (13%) of pupils responded that they have had an alcoholic drink at some point in their lives.
- □ Of the 92 (568) pupils who have had an alcoholic drink, they were on average 7 (7) years old when they first tried alcohol.
- 2% (3%) of Year 6 pupils responded that they had an alcoholic drink on at least one day in the 7 days before the survey; 0% (1%) said they drank alcohol on more than one day.
- 1% (1%) of pupils responded that they drank beer or lager in the 7 days before the survey, while 1% (1%) drank spirits.
- 91% (87%) of Year 6 pupils responded that they do not drink alcohol.
- 8% (11%) of Year 6 pupils responded that they do drink alcohol and their parents 'always' know, while 0% (1%) said their parents 'usually' know.

- 1% (2%) of Year 6 pupils responded that they drink alcohol and their parents 'never' or only 'sometimes' know.
- 15% (15%) of Year 4 pupils responded that they drink alcohol and their parents always know when they do, while 2% (4%) said their parents don't always know; 83% (81%) said they don't drink alcohol.

SMOKING

- 1% (2%) of Year 6 pupils said they have smoked in the past or smoke now.
- 1% (1%) of Year 4 pupils responded that they have smoked a cigarette.
- 0% (0%) of pupils responded that they smoked in the week before the survey.
- □ 94% (91%) of pupils responded that they think they will not smoke when they are older.
- 1% (1%) of pupils responded that they think they will smoke when they are older, while 5% (7%) think they may smoke.

E-CIGARETTES

- 97% (95%) of pupils responded that they have either never heard of or never used electronic cigarettes/'ecigarettes'.
- □ 1% (1%) of pupils responded that they have used an e-cigarette at least 'occasionally'.

DRUGS

- 64% (63%) of pupils responded that their parents have talked with them about drugs (including medicines), while 47% (48%) said their teachers have talked with them in school lessons and 23% (21%) said their friends have.
- 49% (51%) of pupils responded that either their teachers, the school nurse or visitors in school lessons have talked with them about drugs (incl. medicines).
- □ 10% (14%) of pupils responded that they are 'fairly sure' or 'certain' that they know someone who uses drugs (not as medicines).
- 1% (2%) of Year 6 pupils responded that they have been offered cannabis. 3% (4%) said they 'don't know' if they have.
- 0% (1%) of Year 6 pupils responded that they have been offered other drugs (not cannabis or medicines), while 2% (3%) said they 'don't know' if they have.

Growing Up

- 79% (76%) of pupils responded that their parents have talked with them about how their body changes as they grow up, while 69% (60%) said their teachers have talked with them in school lessons and 33% (32%) said their friends have.
- 72% (64%) of pupils responded that either their teachers, the school nurse or visitors in school lessons have talked with them about how their body changes as they grow up.
- □ 63% (62%) of pupils responded that they feel they know enough about how their body changes as they get older, while 9% (10%) feel they don't know enough.

- □ 79% (75%) of pupils responded that their parents have talked with them about how their feelings/emotions change as they grow up, while 56% (50%) said their teachers have talked with them in school lessons and 32% (32%) said their friends have.
- □ 59% (53%) of pupils responded that either their teachers, the school nurse or visitors in school lessons have talked with them about how their feelings/emotions change as they grow up.

PERIODS

 10% (13%) of Year 6 girls responded that they have started their periods, while 12% (11%) said they 'don't know' if they have.

HIV

- □ 21% (23%) of pupils responded that they know about AIDS (or HIV).
- □ 12% (13%) of pupils responded that their parents have talked with them about AIDS (or HIV), while 6% (6%) said their teachers have talked with them in school lessons.

Significant Differences

Where differences can be seen between your school and the reference sample, you may find the enclosed table of some use in deciding if the differences seen are significant. The 'standard error' of a proportion is an assessment of how reliable our figures are, that is, the margin of error.

Two points in particular should be made:

- 1. when the sample size is small, it may be that just one individual voting a different way would make a large percentage difference to the results (so, one in twenty is 5%)
- 2. even if your sample is small, you may have a very high proportion of your available population if, say, you sample every single pupil of your year 8 class. In this case, the notion of 'margin of error' doesn't really apply to the sampling, only to the process of collecting the responses.

		Percentage seen in sample				
		10%	20%	30%	40%	50%
Number	20	6.7	8.9	10.2	11.0	11.2
In	30	5.5	7.3	8.4	8.9	9.1
sample	40	4.7	6.3	7.2	7.7	7.9
	50	4.2	5.7	6.5	6.9	7.1
	60	3.9	5.2	5.9	6.3	6.5
	80	3.4	4.5	5.1	5.5	5.6
	100	3.0	4.0	4.6	4.9	5.0
	150	2.4	3.3	3.7	4.0	4.1
	200	2.1	2.8	3.2	3.5	3.5
	300	1.7	2.3	2.6	2.8	2.9
	500	1.3	1.8	2.0	2.2	2.2

TABLE OF STANDARD ERRORS OF PROPORTION

So, if you have a sample of 50 students and 30% of them think that the school needs a new swimming pool, we can see from the table that standard error of the percentage is about $\pm 6.5\%$.

List of Significant Differences

Below we have listed some statistically significant differences between Synergy Collaborative and Solihull Primary.

Sig	Collab.	Solihull	Question
***	77%	65%	of pupils responded that they washed their hands before lunch on the day before the survey.
* * *	74%	63%	of pupils responded that they use the internet for school work/homework.
* * *	70%	61%	of pupils responded that they eat fresh fruit 'on most days'.
* * *	62%	52%	of pupils responded that they eat vegetables 'on most days'.
* * *	74%	65%	of pupils responded that they can get water from their own drinking bottle at school.
***	69%	60%	of pupils responded that their teachers have talked with them in school lessons about how their body changes as they grow up.
* * *	5%	10%	responded that they didn't eat any portions of fruit or vegetables on the day before the survey.
* * *	24%	32%	of pupils responded that they spent their own money on sweets, chocolate etc. in the 7 days before the survey.
* * *	72%	64%	of pupils responded that either their teachers, the school nurse or visitors in school lessons have talked with them about how their body changes as they grow up.
* * *	18%	24%	of pupils responded that they had fillings the last time they visited the dentist.
* * *	4%	8%	of pupils responded that they didn't drink any water on the day before the survey.
* * *	58%	64%	of pupils responded that they have at least one brother.
* * *	75%	69%	of pupils responded that they are happy with their weight as it is.
* * *	34%	41%	of pupils responded that they 'rarely or never' eat any fish/fish fingers.
* * *	91%	87%	of pupils responded that they had something to eat or drink for breakfast at home on the day of the survey.
* * *	65%	71%	of pupils described themselves as White English.
***	73%	67%	of pupils responded that they were physically active for an hour or more on at least three days in the week before the survey.
* * *	2%	4%	of pupils responded that they had biscuits for breakfast on the day of the survey.
* * *	53%	59%	of pupils responded that they have at least one older brother or sister.
* * *	21%	26%	of pupils responded that they would like to lose weight.
***	93%	89%	of pupils responded that they play running/skipping games/tag at least 'sometimes' during school playtimes.
***	95%	92%	of pupils responded that they play or do one or more of the physical activities listed at least 'once a week'.
* * *	56%	62%	of pupils responded that they have at least one sister.
* * *	67%	61%	of pupils responded that they travelled to school by car/van on the day of the survey.
* * *	56%	50%	of pupils responded that their teachers have talked with them in school lessons about how their feelings/emotions change as they grow up.
***	41%	35%	of pupils responded that they drank at least 'about a litre' of water on the day before the survey.
* * *	59%	53%	of pupils responded that either their teachers, the school nurse or visitors in school lessons have talked with them about how their feelings/emotions change as they grow up.
* * *	73%	69%	of pupils responded that they 'often' feel happy during school playtimes.
* * *	94%	91%	of pupils responded that they think they will not smoke when they are older.
* * *	10%	14%	of pupils responded that they are 'fairly sure' or 'certain' that they know someone who uses drugs (not as medicines).
* * *	84%	80%	of pupils responded that they had a check-up the last time they visited the dentist.
* * *	72%	67%	of pupils responded that they think they are 'fit' or 'very fit'.
* * *	5%	7%	of pupils responded that they were not physically active for an hour or more at all in the week before the survey.
* * *	3%	5%	of pupils responded that they 'never/hardly ever' feel happy during school playtimes.
* * *	3%	5%	of pupils responded that they 'never/hardly ever' feel safe during school playtimes.
**	6%	9%	of pupils responded that they think they are 'unfit' or 'very unfit'.

Schools Health Education Unit

* *	57%	52%	of pupils responded that they had cereal to eat for breakfast on the day of the survey.
* *	13%	16%	of pupils responded that they 'hardly ever' or 'never' know what to say when they want a friend to do something.
*	97%	95%	of pupils responded that they have either never heard of or never used electronic cigarettes/'e- cigarettes'.
*	58%	54%	of pupils responded that they run at least 'once a week'.
*	71%	67%	of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.
*	36%	40%	of pupils responded that they have been called nasty names at least a 'few times' in the month before the survey.
*	57%	53%	of pupils responded that they spent time doing homework after school on the day before the survey.
*	11%	13%	of pupils responded that they have had an alcoholic drink at some point in their lives.
*	91%	87%	of Year 6 pupils responded that they do not drink alcohol.
*	95%	94%	of pupils responded that their work is marked so they can see how to improve it.
*	88%	86%	of pupils responded that they wash their hands 'whenever possible' after visiting the toilet.
*	83%	80%	of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.
*	79%	75%	of pupils responded that their parents have talked with them about how their feelings/emotions change as they grow up.
Tests:	Chi-squared	$d(\chi^2)$.	KEY: $* = p < 0.05 (5\%)$ $** = p < 0.01 (1\%)$ $*** = p < 0.001 (0.1\%).$

2018/2016 Comparisons

	_	2018	2016		
	Yr 4	Yr 6	Yr 4	Yr 6	
Boys	262	212	249	246	
Girls	227	194	220	206	

Your School's data for 2018 compared with your 2016 data in brackets; see notes on interpreting differences.

Home and School

HOME LIFE

- □ 58% (59%) of pupils responded that they have at least one brother, while 16% (18%) said they have more than one.
- □ 56% (58%) of pupils responded that they have at least one sister, while 16% (15%) said they have more than one.
- □ 53% (56%) of pupils responded that they have at least one older brother or sister, while 19% (21%) said they have more than one.

SCHOOL

- □ 95% (94%) of pupils responded that their work is marked so they can see how to improve it.
- □ 87% (87%) of pupils responded that their school helps them work as part of a team.

Food and Diet

WEIGHT

- □ 4% (4%) of pupils responded that they would like to put on weight.
- 21% (22%) of pupils responded that they would like to lose weight.
- □ 75% (73%) of pupils responded that they are happy with their weight as it is.

BREAKFAST

- 1% (1%) of pupils responded that they didn't have anything for breakfast on the day of the survey, while 7% (10%) said they had a cooked breakfast.
- □ 5% (5%) of pupils responded that they had only a drink for breakfast on the day of the survey.
- 57% (56%) of pupils responded that they had cereal to eat for breakfast on the day of the survey, while 32% (31%) said they had toast, bread, bagels or croissants.
- 2% (3%) of pupils responded that they had biscuits for breakfast on the day of the survey.
- 91% (92%) of pupils responded that they had something to eat or drink for breakfast at home on the day of the survey.

FIVE-A-DAY

- 5% (8%) of boys and 5% (3%) of girls responded that they didn't eat any portions of fruit or vegetables on the day before the survey.
- 28% (32%) of boys and 27% (27%) of girls responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.

FOOD

- □ 62% (60%) of pupils responded that they eat vegetables 'on most days'; 70% (66%) said the same of fresh fruit.
- □ 34% (33%) of pupils responded that they 'rarely or never' eat any fish/fish fingers.

WATER

- □ 4% (5%) of pupils responded that they didn't drink any water on the day before the survey.
- □ 41% (36%) of pupils responded that they drank at least 'about a litre' of water on the day before the survey.
- 93% (90%) of pupils responded that they are able to get water at school, while 6% (8%) said 'not easily'.
- 54% (55%) of pupils responded that they can get water from a water fountain at school; 74% (75%) said they can get it from their own drinking bottle.

Money

SPENDING

24% (30%) of pupils responded that they spent their own money on sweets, chocolate etc. in the 7 days before the survey, while 36% (33%) said they bought books and 29% (30%) bought toys.

Feeling Safe

BULLYING

- 36% (29%) of boys and 38% (40%) of girls responded that they at least 'sometimes' feel afraid of going to school because of bullying.
- 7% (6%) of pupils responded that they 'often' or 'very often' feel afraid of going to school because of bullying.
- 25% (26%) of pupils responded that they have been bullied at or near school in the last 12 months, while 20% (19%) said they 'don't know'.
- 71% (68%) of boys and 63% (64%) of girls responded that they experienced at least one of the negative behaviours listed at least a 'few times' in the month before the survey, while 8% (7%) of boys and 5% (5%) of girls experienced such behaviour 'every day'.
- 36% (39%) of pupils responded that they have been called nasty names at least a 'few times' in the month before the survey; 40% (41%) said they have been pushed/hit for no reason.
- 38% (44%) of pupils responded that they have experienced at least one of the negative behaviours listed in the school playground/field during breaktimes, while 32% (32%) said they have experienced them in a classroom during breaktimes.

- 13% (15%) of pupils responded that they have been 'picked on' or bullied because of the way they look;
 6% (5%) said it was because of their race, colour or religion.
- 76% (78%) of pupils responded that they think their school takes bullying seriously, while 16% (13%) said they 'don't know'.
- 3% (2%) of pupils responded that they think others may be frightened of going to school because of them, while 19% (16%) said they 'don't know'.

Leisure Time

SCHOOL BREAKTIMES

- 3% (4%) of pupils responded that they 'never/hardly ever' feel <u>happy</u> during school playtimes, while 23% (23%) said they do so 'sometimes'.
- □ 73% (73%) of pupils responded that they 'often' feel <u>happy</u> during school playtimes.
- 3% (3%) of pupils responded that they 'never/hardly ever' feel <u>safe</u> during school playtimes, while 17% (18%) said they do so 'sometimes'.
- 80% (78%) of pupils responded that they 'often' feel safe during school playtimes.
- 93% (92%) of pupils responded that they play running/skipping games/tag at least 'sometimes' during school playtimes; 68% (69%) said they play ball games like football or netball.

AFTER SCHOOL ACTIVITIES

 66% (65%) of pupils responded that they spent time watching TV after school on the day before the survey, while 57% (63%) spent time doing homework and 49% (51%) played sport or other physical activity.

Physical Activity

FITNESS

- □ 6% (6%) of pupils responded that they think they are 'unfit' or 'very unfit'.
- □ 72% (74%) of pupils responded that they think they are 'fit' or 'very fit'.
- 2% (2%) of pupils responded that they don't enjoy physical activities at all.
- 83% (84%) of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.
- □ 5% (6%) of pupils responded that they were not physically active for an hour or more at all in the week before the survey.
- □ 73% (68%) of pupils responded that they were physically active for an hour or more on at least three days in the week before the survey.
- 9% (12%) of pupils responded that they have not been involved in any physical activity during school time in the 7 days before the survey.
- □ 44% (45%) of pupils responded that they have been involved in more than 1½ hours of physical activity during school time in the 7 days before the survey.

ACTIVE TRAVEL

 67% (67%) of pupils responded that they travelled to school by car/van on the day of the survey.

Schools Health Education Unit

 37% (34%) of pupils responded that they walked/scootered to school on the day of the survey.

SPORTS

- 95% (94%) of pupils responded that they play or do one or more of the physical activities listed at least 'once a week'.
- □ 58% (57%) of pupils responded that they run at least 'once a week', while 59% (49%) said the same of keep-fit and 21% (28%) ride their bike.

Hygiene

- 77% (82%) of pupils responded that they washed their hands before lunch on the day before the survey, while 11% (7%) said they were 'not sure'.
- 88% (88%) of pupils responded that they wash their hands 'whenever possible' after visiting the toilet.
- 1% (1%) of pupils responded that they 'never or almost never' wash their hands after visiting the toilet.

DENTAL HEALTH

- □ 84% (85%) of pupils responded that they cleaned their teeth at least twice the day before the survey.
- 1% (1%) of pupils responded that they did not clean their teeth at all on the day before the survey.
- 84% (80%) of pupils responded that they had a check-up the last time they visited the dentist, while 18% (19%) said they had fillings.

ASTHMA

- 10% (10%) of pupils responded that they have asthma, while 9% (11%) said they 'don't know' if they do.
- 7% (11%) of pupils responded that they took medicine for asthma (pills, inhaler) in the 7 days before the survey.

Internet Safety

- 81% (77%) of pupils responded that their parents/carers have rules about what they are allowed to do online.
- □ 94% (94%) of pupils responded that they have used the internet at home in the past week and 65% (61%) have used it at school.
- □ 75% (69%) of pupils responded that they use the internet for playing online games, while 74% (77%) said they use it for school work/homework.
- 19% (15%) of pupils responded that they chat online to people they have never met.
- 4% (3%) of pupils responded that they chat online to people they have never met and have received a message which scared them or made them upset.
- 87% (88%) of pupils responded that they have been told how to stay safe while chatting online.

Emotional Health and Wellbeing

SELF-ESTEEM

- 20% (21%) of pupils had a med-low self-esteem score (9 or less).
- □ 40% (41%) of pupils had a high self-esteem score (15 or more).

91% (92%) of pupils responded that they feel happy talking to other children at school.

PEER PRESSURE

- 50% (46%) of pupils responded that they can 'usually or always' say no when a friend wants them to do something they don't want to do.
- 20% (23%) of pupils responded that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.
- 48% (51%) of pupils responded that they 'usually or always' know what to say when they want a friend to do something.
- □ 13% (12%) of pupils responded that they 'hardly ever' or 'never' know what to say when they want a friend to do something.

WORRYING AND PROBLEMS

- □ 92% (91%) of pupils worry at least 'a little' about one or more of the issues listed, while 71% (65%) said they do so 'quite a lot' or 'a lot'.
- □ 38% (34%) of pupils responded that they worry about crime 'quite a lot' or 'a lot', while 30% (28%) said they worry about school tests.
- 26% (26%) of pupils responded that they worry about family relationships 'quite a lot' or 'a lot'; 19% (19%) said they worry about the way they look.

Alcohol, Smoking, Drugs ALCOHOL

- □ 11% (11%) of pupils responded that they have had an alcoholic drink at some point in their lives.
- □ Of the 92 (101) pupils who have had an alcoholic drink, they were on average 7 (7) years old when they first tried alcohol.
- 2% (2%) of Year 6 pupils responded that they had an alcoholic drink on at least one day in the 7 days before the survey; 0% (1%) said they drank alcohol on more than one day.
- 1% (1%) of pupils responded that they drank beer or lager in the 7 days before the survey, while 1% (1%) drank spirits.
- □ 91% (89%) of Year 6 pupils responded that they do not drink alcohol.
- 8% (9%) of Year 6 pupils responded that they do drink alcohol and their parents 'always' know, while 0% (1%) said their parents 'usually' know.
- 1% (0%) of Year 6 pupils responded that they drink alcohol and their parents 'never' or only 'sometimes' know.

SMOKING

- 1% (1%) of Year 6 pupils said they have smoked in the past or smoke now.
- □ 0% (0%) of pupils responded that they smoked in the week before the survey.
- □ 94% (93%) of pupils responded that they think they will not smoke when they are older.

1% (1%) of pupils responded that they think they will smoke when they are older, while 5% (7%) think they may smoke.

DRUGS

- 64% (59%) of pupils responded that their parents have talked with them about drugs (including medicines), while 47% (52%) said their teachers have talked with them in school lessons and 23% (23%) said their friends have.
- 49% (54%) of pupils responded that either their teachers, the school nurse or visitors in school lessons have talked with them about drugs (incl. medicines).
- □ 10% (11%) of pupils responded that they are 'fairly sure' or 'certain' that they know someone who uses drugs (not as medicines).
- 1% (1%) of Year 6 pupils responded that they have been offered cannabis. 3% (4%) said they 'don't know' if they have.
- 0% (0%) of Year 6 pupils responded that they have been offered other drugs (not cannabis or medicines), while 2% (2%) said they 'don't know' if they have.

Growing Up

- 79% (77%) of pupils responded that their parents have talked with them about how their body changes as they grow up, while 69% (64%) said their teachers have talked with them in school lessons and 33% (29%) said their friends have.
- 72% (66%) of pupils responded that either their teachers, the school nurse or visitors in school lessons have talked with them about how their body changes as they grow up.
- 63% (55%) of pupils responded that they feel they know enough about how their body changes as they get older, while 9% (10%) feel they don't know enough.
- 79% (77%) of pupils responded that their parents have talked with them about how their feelings/emotions change as they grow up, while 56% (54%) said their teachers have talked with them in school lessons and 32% (34%) said their friends have.
- 59% (57%) of pupils responded that either their teachers, the school nurse or visitors in school lessons have talked with them about how their feelings/emotions change as they grow up.

PERIODS

□ 10% (9%) of Year 6 girls responded that they have started their periods, while 12% (5%) said they 'don't know' if they have.

HIV

- □ 21% (24%) of pupils responded that they know about AIDS (or HIV).
- 12% (17%) of pupils responded that their parents have talked with them about AIDS (or HIV), while 6% (10%) said their teachers have talked with them in school lessons.

Significant differences between 2018 and 2016 data

Below we have listed some statistically significant differences between the data collected in the 2018 survey and that collected in 2016. Please note that this list is not exhaustive – we have compared headline figures only.

					2010		
				Vr. 4	2018 Vr (No.4	2016 Vr C
				Yr 4	Yr 6	Yr 4	Yr 6
			Boys	262	212	249	246
			Girls	227	194	220	206
Sig	2018	2016	Questi	on			
* * *	21%	28%	of pupi	ils responded	l that they ride	their bike at l	east 'once a w
* * *	75%	69%	of pupi	ils responded	that they use	the internet fo	r playing onli
* * *	63%	55%	of pupi older.	ils responded	I that they feel	they know en	ough about h
* * *	7%	11%	of pupi survey.		I that they took	c medicine for	asthma (pills,
* * *	24%	30%		ils responded the survey.	I that they sper	nt their own m	ioney on swee
* * *	57%	63%	of pupi survey.		I that they sper	nt time doing h	nomework aft
* *	6%	10%	of pupi HIV).	ils responded	I that their teac	chers have talk	ed with them
* *	77%	82%	of pupi	ils responded	that they was	hed their hanc	ds before lunc
* *	81%	77%	of pupi online.	-	I that their pare	ents/carers hav	e rules about
* *	71%	65%	of pupi	ils responded	I that they wor	ry about at lea	ast one of the i
* *	38%	44%			l that they have nd/field during		at least one o
*	41%	36%	of pupi survey.		l that they drar	nk at least 'abo	out a litre' of v
*	12%	17%	of pupi	ils responded	l that their pare	ents have talke	ed with them a
*	72%	66%			l that either the em about how		
*	84%	80%	of pupi	ils responded	I that they had	a check-up th	e last time the
*	64%	59%	of pupi medici	•	I that their pare	ents have talke	ed with them a
*	19%	15%	of pupi	ils responded	I that they chat	t online to peo	ple they have
*	47%	52%		ils responded ing medicine	l that their teac es).	chers have talk	ed with them
*	2%	3%	of pupi	ils responded	I that they had	biscuits for br	eakfast on the
*	73%	68%		ils responded week before t	l that they were the survey.	e physically ac	ctive for an ho
Tests:	Chi-square	d (χ²).	KEY: *	p = p < 0.05	5 (5%)	** = p < 0.0	01 (1%)

Home and School

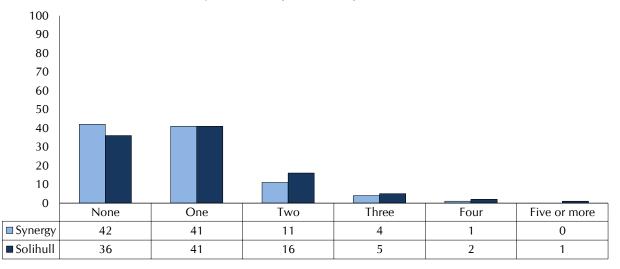
Ethnicity

65% (71%) of pupils described themselves as White English.

QD. Percentage who described themselves as White
English.

	S	ynergy	Solihull		
	Yr 4	Yr 6	Yr 4	Yr 6	
Boys	64	68	71	71	
Girls	67	63	72	71	

Home Life

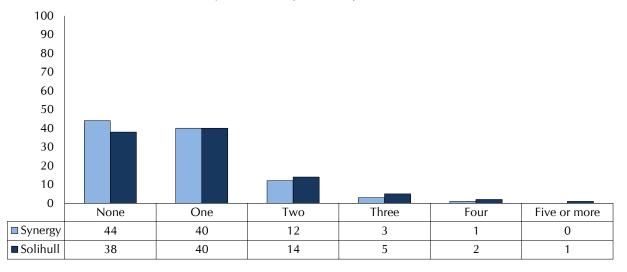


Q1a. How many brothers do you have?

58% (64%) of pupils responded that they have at least one brother, while 16% (24%) said they have more than one.

Q1a. Percentage answering that they have at least one brother.

	S	ynergy	Solihull		
	Yr 4	Yr 6	Yr 4	Yr 6	
Boys	57	57	63	63	
Girls	58	60	65	66	

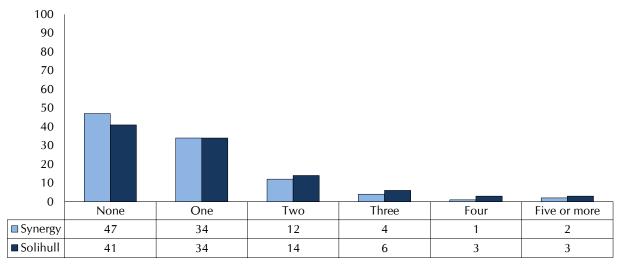


Q1b. How many sisters do you have?

56% (62%) of pupils responded that they have at least one sister, while 16% (21%) said they have more than one.

Q1b.	Percentage answering that they have at least one
sister.	

	S	ynergy	Solihull		
	Yr 4	Yr 6	Yr 4	Yr 6	
Boys	56	54	61	64	
Girls	54	60	60	62	



Q2. How many brothers and sister are older than you?

53% (59%) of pupils responded that they have at least one older brother or sister, while 19% (25%) said they have more than one.

Q2. Percentage answering that they have at least one older brother or sister.

	S	ynergy	Solihull		
	Yr 4	Yr 6	Yr 4	Yr 6	
Boys	55	51	61	59	
Girls	52	56	57	60	

School

95% (94%) of pupils responded that their work is marked so they can see how to improve it.

Q3. Percentage of pupils responding 'yes' to the following statements (Solihull Primary data in brackets):

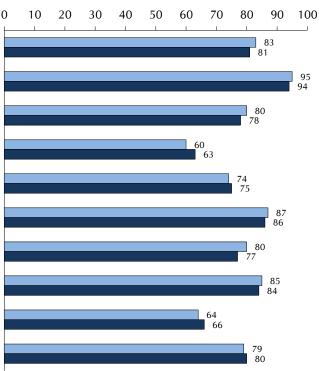
	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
The school cares whether I am happy or not	78 (77)	82 (81)	86 (81)	90 (84)	83 (81)
My work is marked so I can see how to improve it	93 (91)	95 (92)	98 (95)	97 (96)	95 (94)
I know my targets and I am helped to meet them	70 (70)	74 (73)	91 (85)	87 (83)	80 (78)
My achievements in and out of school are recognised	53 (58)	59 (63)	66 (66)	67 (65)	60 (63)
The school teaches me how to deal with my feelings positively	71 (76)	70 (77)	76 (72)	80 (76)	74 (75)
The school helps me work as part of a team	82 (84)	89 (87)	88 (85)	92 (87)	87 (86)
In this school, people with different backgrounds are valued	69 (68)	73 (75)	89 (80)	93 (85)	80 (77)
The school encourages everyone to take part in decisions (e.g. class discussions or school council	78 (79)	88 (83)	89 (85)	89 (89)	85 (84)
The school encourages me to contribute to community events	59 (64)	65 (70)	60 (63)	72 (68)	64 (66)
The school prepares me for when I leave this school	69 (71)	70 (73)	90 (86)	92 (89)	79 (80)

87% (86%) of pupils responded that their school helps them work as part of a team.

Q60. Percentage of pupils responding 'yes' to the following statements:

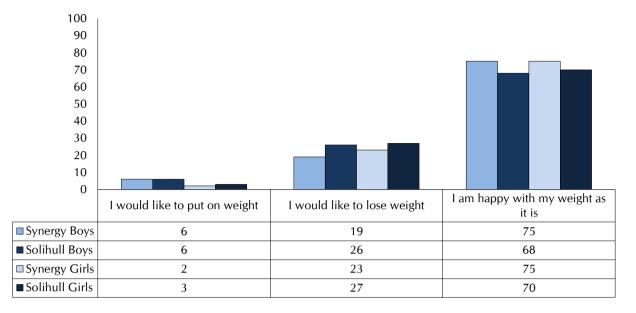
■ Synergy ■ Solihull





Food and Diet

Weight



Q4. Weight: Which statement describes you best?

4% (5%) of pupils responded that they would like to put on weight.

21% (26%) of pupils responded that they would like to lose weight.

75% (69%) of pupils responded that they are happy with their weight as it is.

Q4. Percentage answering that they would like to put on weight.

	S	ynergy	Solihull		
	Yr 4	Yr 6	Yr 4	Yr 6	
Boys	5	7	6	6	
Girls	3	1	3	3	

Q4. Percentage answering that they would like to lose weight.

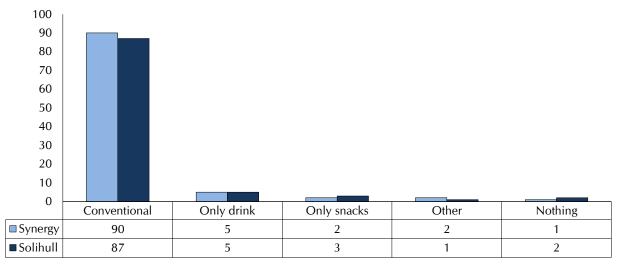
	S	ynergy	Solihull		
	Yr 4	Yr 6	Yr 4	Yr 6	
Boys	21	16	27	24	
Girls	22	25	25	29	

Q4. Percentage answering that they are happy with their weight as it is.

	Synergy		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	74	77	67	70
Girls	75	75	72	67

Breakfast

Q6. Percentage of pupils responding that they had the following types of breakfast on the day of the survey:



The chart shows the percentages having different types of breakfast. The category 'Conventional' means at least one of cereal; toast, bread, bagels or croissants; breakfast bar; cooked breakfast; fruit or yoghurt. Only snacks means: chocolate bars, sweets; pop tarts or cakes; biscuits or crisp-type snack but not conventional breakfast.

1% (2%) of pupils responded that they didn't have anything for breakfast on the day of the survey, while 7% (7%) said they had a cooked breakfast.

5% (5%) of pupils responded that they had only a drink for breakfast on the day of the survey.

Q6. Percentage answering that they didn't have anything to eat or drink before lessons this morning.

	S	ynergy	Solihull		
	Yr 4	Yr 6	Yr 4	Yr 6	
Boys	2	0	2	3	
Girls	2	2	1	2	

Q6. Percentage answering that they had only a drink for breakfast before lessons this morning.

	S	ynergy	Solihull		
	Yr 4	Yr 6	Yr 4	Yr 6	
Boys	6	3	7	5	
Girls	5	4	5	4	

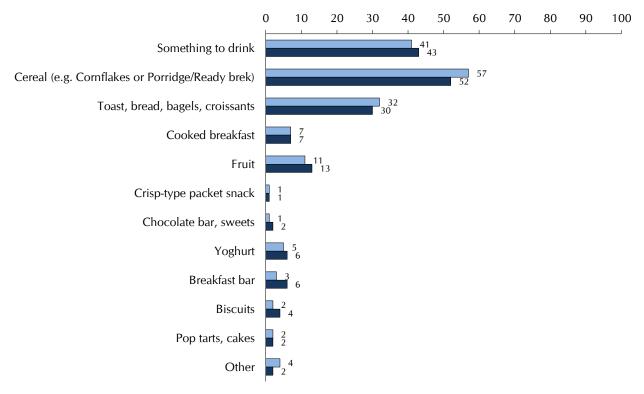
57% (52%) of pupils responded that they had cereal to eat for breakfast on the day of the survey, while 32% (30%) said they had toast, bread, bagels or croissants.

Q6. Percentage of pupils responding that they had the following to eat or drink for breakfast on the day of the survey (top 5 – Solihull Primary data in brackets):

	Boys				Girls		
1	Cereal (e.g. Cornflakes or Porridge/Ready brek)	60	(53)	1	Cereal (e.g. Cornflakes or Porridge/Ready brek)	53	(51)
2	Something to drink	40	(42)	2	Something to drink	41	(45)
3	Toast, bread, bagels or croissants	31	(29)	3	Toast, bread, bagels or croissants	33	(30)
4	Fruit	9	(12)	4	Fruit	13	(14)
5	Cooked breakfast	7	(8)	5	Yoghurt	8	(7)

2% (4%) of pupils responded that they had biscuits for breakfast on the day of the survey.

Q6. Percentage of pupils responding that they had the following to eat or drink for breakfast on the day of the survey:



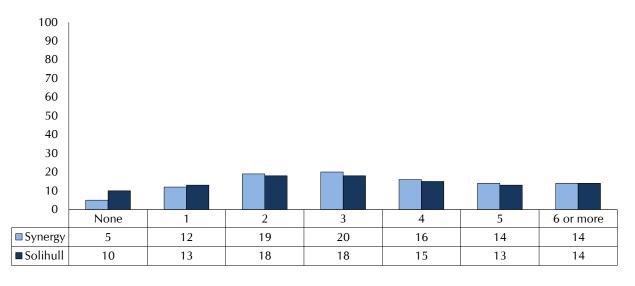
Synergy Solihull

91% (87%) of pupils responded that they had something to eat or drink for breakfast at home on the day of the survey.

Q5. Percentage of pupils responding that they had something to eat or drink at the following places for breakfast on the day of the survey (Solihull Primary data in brackets):

	Boys				Girls		
1	At home	92	(87)	1	At home	90	(88)
2	At school	12	(14)	2	At school	14	(16)
3	On the way to school	4	(6)	3	On the way to school	6	(6)

Five-a-day



Q7. How many portions of fruit and vegetables did you eat yesterday?

5% (12%) of boys and 5% (8%) of girls responded that they didn't eat any portions of fruit or vegetables on the day before the survey. **Q7.** Percentage answering that they didn't eat any portions of fruit or vegetables on the day before the survey.

	Synergy		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	7	3	14	9
Girls	7	3	11	6

Q7. Percentage answering that they ate at least 5 portions of fruit and vegetables on the day before the survey.

	S	Synergy		olihull
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	26	31	26	27
Girls	26	28	25	28

28% (27%) of boys and 27% (27%) of girls responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.

Food

62% (52%) of pupils responded that they eat vegetables 'on most days'; 70% (61%) said the same of fresh fruit. **Q8.** Percentage of pupils responding that they eat or drink the following 'on most days' (Solihull Primary data in brackets):

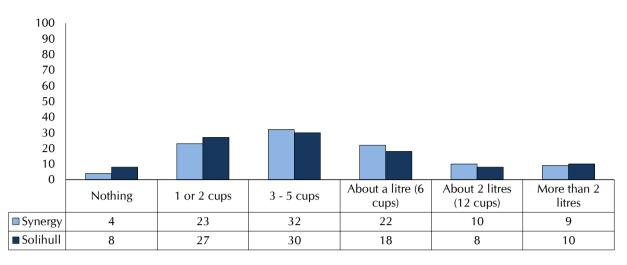
	Boys	Girls	Total
Any meat	38 (41)	32 (33)	35 (37)
Any fish/fish fingers	8 (9)	5 (6)	7 (8)
Any dairy produce (e.g. cheese, milk)	62 (58)	64 (59)	63 (59)
Vegetarian main meal	14 (11)	13 (11)	13 (11)
Wholemeal bread	31 (27)	29 (26)	30 (26)
Chips or roast potatoes	23 (25)	17 (22)	20 (24)
Rice or pasta	20 (20)	17 (19)	19 (20)
Sugar-coated cereals	19 (23)	11 (17)	15 (20)
High-fibre cereals or muesli	21 (20)	18 (18)	20 (19)
Fresh fruit	68 (57)	73 (65)	70 (61)
Salads	23 (21)	22 (25)	23 (23)
Vegetables	60 (50)	64 (56)	62 (52)
'Diet' fizzy drinks (low calorie)	12 (17)	9 (10)	11 (14)
Other fizzy drinks (not low-calorie)	12 (19)	6 (10)	9 (15)
Water	80 (71)	85 (76)	82 (73)
Crisps/crisp-type packet snack	29 (32)	22 (26)	26 (29)
Sweets, chocolate, choc bars	27 (31)	25 (27)	26 (29)

34% (41%) of pupils responded that they 'rarely or never' eat any fish/fish fingers.

Q8. Percentage of pupils responding that they 'rarely or never' eat or drink the following (Solihull Primary data in brackets):

	Boys	Girls	Total
Any meat	9 (10)	15 (11)	12 (10)
Any fish/fish fingers	32 (39)	37 (42)	34 (41)
Any dairy produce	12 (12)	5 (8)	9 (10)
Vegetarian main meal	60 (61)	60 (60)	60 (61)
Wholemeal bread	30 (37)	31 (37)	31 (37)
Chips or roast potatoes	12 (11)	9 (10)	11 (10)
Rice or pasta	12 (19)	12 (14)	12 (17)
Sugar-coated cereals	39 (38)	45 (40)	42 (39)
High-fibre cereals or muesli	43 (47)	44 (44)	43 (46)
Fresh fruit	3 (7)	3 (5)	3 (6)
Salads	30 (35)	23 (26)	27 (31)
Vegetables	5 (12)	4 (8)	5 (10)
'Diet' fizzy drinks (low calorie)	43 (37)	51 (44)	47 (40)
Other fizzy drinks (not low-calorie)	48 (38)	54 (46)	51 (42)
Water	4 (8)	4 (6)	4 (7)
Crisps/crisp-type packet snack	12 (11)	10 (12)	11 (11)
Sweets, chocolate, choc bars	9 (9)	7 (8)	8 (9)

Water



Q26. How much water did you drink yesterday?

4% (8%) of pupils responded that they didn't drink any water on the day before the survey.

41% (35%) of pupils responded that they drank at least 'about a litre' of water on the day before the survey.

93% (93%) of pupils responded that they are able to get water at school, while 6% (6%) said 'not easily'.

Q26. Percentage answering that they didn't drink any water on the day before the survey.

	S	ynergy	Solihull		
	Yr 4	Yr 6	Yr 4	Yr 6	
Boys	7	3	11	7	
Girls	5	1	8	5	

Q26. Percentage answering that they drank at least 'about a litre' of water on the day before the survey.

	S	ynergy	Solihull			
	Yr 4	Yr 6	Yr 4	Yr 6		
Boys	36	49	34	42		
Girls	36	44	29	36		

Q27a. Percentage answering that they can get water at school.

	S	ynergy	Solihull		
	Yr 4	Yr 6	Yr 4	Yr 6	
Boys	93	91	92	93	
Girls	96	90	93	92	

54% (58%) of pupils responded that they can get water from a water fountain at school; 74% (65%) said they can get it from their own drinking bottle.

Q27b. Percentage of pupils responding that they can get water from the following at school (Solihull Primary data in brackets):

	Boys				Girls		
1	My own drinking bottle	71	(61)	1	My own drinking bottle	77	(70)
2	Water fountain	51	(57)	2	Water fountain	58	(59)
3	Canteen/dinner room	42	(38)	3	Canteen/dinner room	43	(45)
4	Tap in classroom	38	(36)	4	Tap in classroom	37	(33)
5	Class water bottles	17	(21)	5	Class water bottles	14	(20)
6	Water cooler	9	(12)	6	Water cooler	8	(10)
7	Other	6	(3)	7	Other	7	(3)

Money

Spending

24% (32%) of pupils responded that they spent their own money on sweets, chocolate etc. in the 7 days before the survey, while 36% (34%) said they bought books and 29% (31%) bought toys.

Q9. Percentage of pupils responding that they spent their own money on the following during the 7 days before the survey (top 10 – Solihull Primary data in brackets):

				,			
	Boys				Girls		
1	Presents for other people	42	(45)	1	Presents for other people	48	(47)
2	Computer (e.g. games, equipment)	34	(42)	2	Books	41	(38)
3	Books	31	(31)	3	Clothes, shoes etc.	35	(41)
4	Toys	28	(30)	4	Toys	31	(32)
5	Clothes, shoes etc.	25	(34)	5	School equipment (e.g. pens, rulers etc.)	28	(33)
6	Sweets, chocolate etc.	25	(33)	6	Sweets, chocolate etc.	24	(31)
7	School equipment (e.g. pens, rulers etc.)	25	(28)	7	Jewellery, make up etc.	21	(27)
8	Leisure centre or sports centre activities	23	(30)	8	Leisure centre or sports centre activities	20	(20)
9	Music, CDs or DVDs, downloads	21	(28)	9	Snacks (e.g. crisps, chips etc.)	19	(24)
10	Snacks (e.g. crisps, chips etc.)	19	(29)	10	Music, CDs or DVDs, downloads	19	(21)

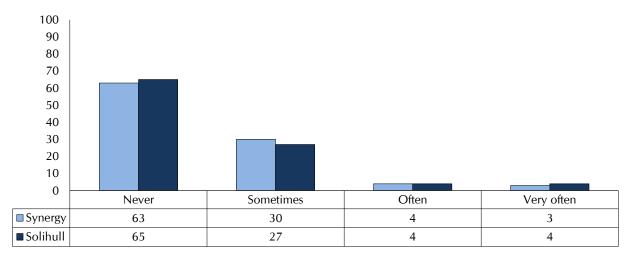
Q9. Percentage of pupils responding that they spent their own money on the following during the 7 days before the survey:

	0	10	20	30	40	50	60	70	80	90	100
Sweets, chocolate etc.		1		24 3	32						
Snacks (e.g. crisps, chips etc.)			19	26							
Fizzy drinks (not diet/low calorie)			13 2	1							
Comics, magazines			15 16								
Books					36 34						
Alcohol	1										
Cigarettes	1										
Going to discos etc.		7	13								
Music, CDs or DVDs, downloads			20	25							
Arcade games			13 19								
Leisure centre or sports centre activities			2	2 ² 25							
School equipment (e.g. pens, rulers etc.)				26 3	1						
Computer (e.g. games, equipment)				24 29							
Toys				29	1						
Clothes, shoes etc.					38						
Jewellery, make up etc.		1	² 15								
Mobile phones		1	2 2	1							
Other		9 6									
Presents for other people						45 46					

■Synergy ■Solihull

Feeling Safe

Bullying



Q10. Do you ever feel afraid of going to school because of bullying?

36% (30%) of boys and 38% (40%) of girls responded that they at least 'sometimes' feel afraid of going to school because of bullying.

7% (8%) of pupils responded that they 'often' or 'very often' feel afraid of going to school because of bullying.

25% (24%) of pupils responded that they have been bullied at or near school in the last 12 months, while 20% (18%) said they 'don't know'.

Q10. Percentage answering that they at least 'sometimes' feel afraid of going to school because of bullying.

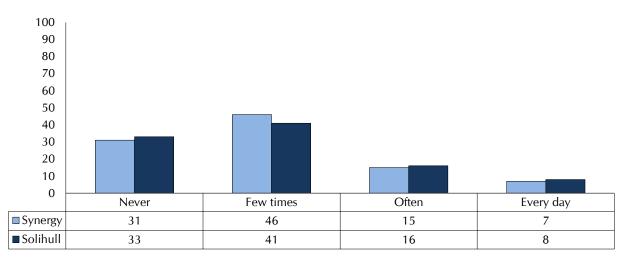
	S	ynergy	Solihull		
	Yr 4	Yr 6	Yr 4	Yr 6	
Boys	45	25	37	23	
Girls	50	25	46	34	

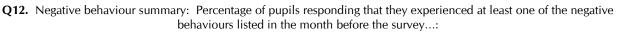
Q10. Percentage answering that they 'often' or 'very often' feel afraid of going to school because of bullying.

S	ynergy	Solihull		
Yr 4	Yr 6	Yr 4	Yr 6	
10	4	9	4	
10	3	11	7	
	Yr 4 10	10 4	Yr 4 Yr 6 Yr 4 10 4 9	

Q11. Percentage answering that they have been bullied at or near school in the last 12 months.

	S	ynergy	Solihull		
	Yr 4	Yr 6	Yr 4	Yr 6	
Boys	33	17	30	20	
Girls	30	15	27	22	





Most frequent negative behaviour recorded.

71% (68%) of boys and 63% (63%) of girls responded that they experienced at least one of the negative behaviours listed at least a 'few times' in the month before the survey, while 8% (10%) of boys and 5% (7%) of girls experienced such behaviour 'every day'. **Q12.** Percentage answering that they experienced one or more of the negative behaviours listed at least a 'few times' in the month before the survey.

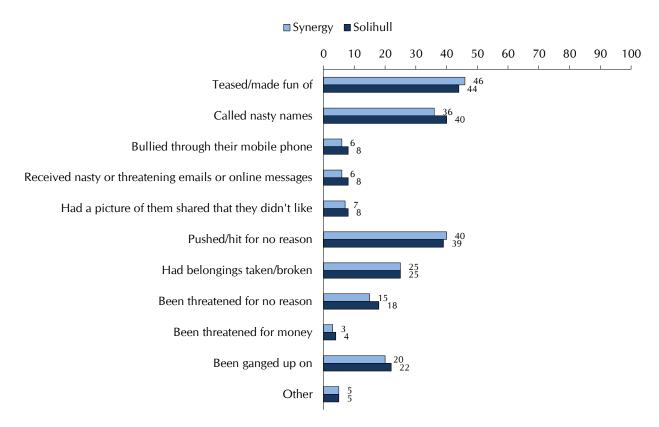
	S	ynergy	Solihull		
	Yr 4	Yr 6	Yr 4	Yr 6	
Boys	80	60	74	62	
Girls	65	61	64	61	

36% (40%) of pupils responded that they have been called nasty names at least a 'few times' in the month before the survey; 40% (39%) said they have been pushed/hit for no reason.

Q12. Percentage of pupils responding that they have experienced the following at least a 'few times' in the month before the survey (top 10 – Solihull Primary data in brackets):

	Boys				Girls		
1	Teased/made fun of	51	(47)	1	Teased/made fun of	41	(41)
2	Pushed/hit for no reason	47	(45)	2	Called nasty names	32	(36)
3	Called nasty names	39	(43)	3	Pushed/hit for no reason	32	(32)
4	Had belongings taken/broken	26	(26)	4	Had belongings taken/broken	23	(24)
5	Been ganged up on	25	(25)	5	Been ganged up on	14	(19)
6	Been threatened for no reason	22	(23)	6	Been threatened for no reason	8	(13)
7	Received nasty or threatening emails or online messages	8	(10)	7	Had a picture of them shared that they didn't like	6	(8)
8	Had a picture of them shared that they didn't like	8	(9)	8	Bullied through their mobile phone	5	(8)
9	Bullied through their mobile phone	7	(7)	9	Other	5	(5)
10	Been threatened for money	5	(6)	10	Received nasty or threatening emails or online messages	3	(6)

Q12. Percentage of pupils responding that they have experienced the following at least a 'few times' in the month before the survey:



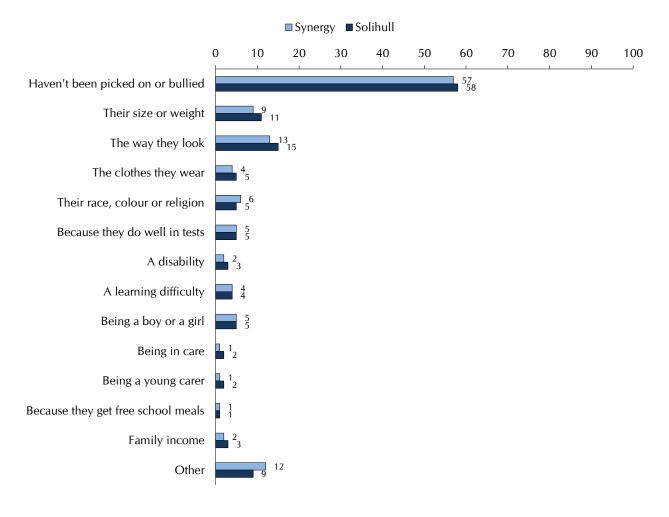
38% (37%) of pupils responded that they have experienced at least one of the negative behaviours listed in the school playground/field during breaktimes, while 32% (31%) said they have experienced them in a classroom during breaktimes.

Q13. Percentage of pupils responding that they have experienced negative behaviour listed at the following places in the last month (top 5 – Solihull Primary data in brackets):

	Boys	·			Girls		
1	In the school playground/field (breaktimes)	43	(38)	1	In the school playground/field (breaktimes)	33	(36)
2	In a classroom (breaktimes)	35	(31)	2	In a classroom (breaktimes)	30	(31)
3	At or near home	22	(18)	3	At or near home	18	(17)
4	On their mobile phone, computer, iPad etc.	13	(12)	4	During lesson time	16	(19)
5	During lesson time	12	(14)	5	In the corridors	13	(14)

13% (15%) of pupils responded that they have been 'picked on' or bullied because of the way they look; 6% (5%) said it was because of their race, colour or religion.

Q14. Percentage of pupils responding that they think they have been 'picked on' or bullied for the following reasons:



76% (77%) of pupils responded that they think their school takes bullying seriously, while 16% (14%) said they 'don't know'.

3% (4%) of pupils responded that they think others may be frightened of going to school because of them, while 19% (20%) said they 'don't know'. **Q15.** Percentage answering that they think their school takes bullying seriously.

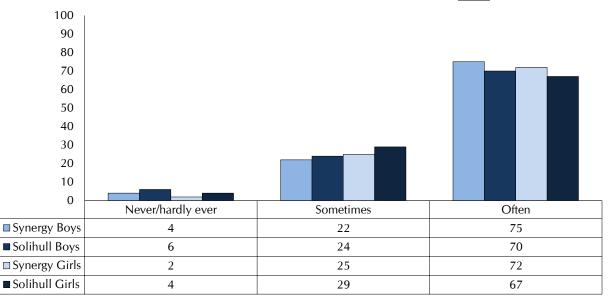
	S	ynergy	Solihull		
	Yr 4	Yr 6	Yr 4	Yr 6	
Boys	70	83	73	80	
Girls	75	79	75	79	

Q16. Percentage answering that they think others may feel frightened of going to school because of them.

	0	0 0		
	5	Synergy	So	olihull
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	5	1	5	4
Girls	4	1	3	2

Leisure Time

School breaktimes



Q17a. During school playtimes (including dinner times), do you feel happy?

3% (5%) of pupils responded that they 'never/hardly ever' feel <u>happy</u> during school playtimes, while 23% (26%) said they do so 'sometimes'.

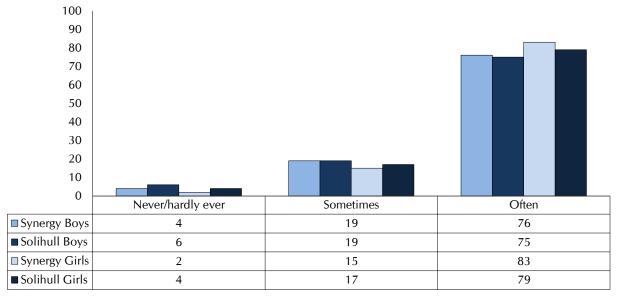
73% (69%) of pupils responded that they 'often' feel <u>happy</u> during school playtimes.

Q17a. Percentage answering that they 'never/hardly ever' feel <u>happy</u> during school playtimes.

	S	ynergy	Solihull		
	Yr 4	Yr 6	Yr 4	Yr 6	
Boys	6	1	9	4	
Girls	4	1	6	3	

Q17a. Percentage answering that they 'often' feel <u>happy</u> during school playtimes.

	S	ynergy	Solihull		
	Yr 4	Yr 6	Yr 4	Yr 6	
Boys	69	81	66	75	
Girls	66	79	64	70	



Q17b. During school playtimes (including dinner times), do you feel safe?

3% (5%) of pupils responded that they 'never/hardly ever' feel <u>safe</u> during school playtimes, while 17% (18%) said they do so 'sometimes'.

80% (77%) of pupils responded that they 'often' feel <u>safe</u> during school playtimes.

Q17b. Percentage answering that they 'never/hardly ever' feel safe during school playtimes.

	S	ynergy	Solihull		
	Yr 4	Yr 6	Yr 4	Yr 6	
Boys	6	2	8	4	
Girls	3	0	5	3	

Q17b. Percentage answering that they 'often' feel <u>safe</u> during school playtimes.

	S	ynergy	So	olihull
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	72	82	71	80
Girls	79	89	75	82

93% (89%) of pupils responded that they play running/skipping games/tag at least 'sometimes' during school playtimes; 68% (68%) said they play ball games like football or netball.

Q18. Percentage of pupils responding that they do the following at least 'sometimes' during school playtimes (top 5 – Solihull Primary data in brackets):

	Boys				Girls		
1	Chatting/talking	96	(95)	1	Chatting/talking	98	(97)
2	Running/skipping games/tag	93	(88)	2	Running/skipping games/tag	93	(91)
3	Ball games like football or netball	82	(81)	3	Queuing for lunch	65	(63)
4	Queuing for lunch	72	(66)	4	Ball games like football or netball	52	(55)
5	Reading quietly or being in the library	28	(33)	5	Reading quietly or being in the library	33	(43)

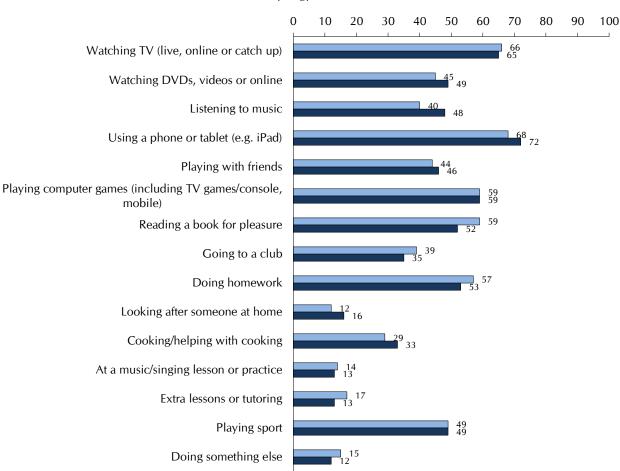
After school activities

66% (65%) of pupils responded that they spent time watching TV after school on the day before the survey, while 57% (53%) spent time doing homework and 49% (49%) played sport or other physical activity.

Q19. Percentage of pupils responding that they spent time doing the following after school on the day before the survey (top 10 – Solihull Primary data in brackets):

				/			
	Boys				Girls		
1	Playing computer games (including TV games/console, mobile)	74	(76)	1	Using a phone or tablet (e.g. iPad)	68	(71)
2	Using a phone or tablet (e.g. iPad)	68	(73)	2	Watching TV (live, online or catch up)	67	(64)
3	Watching TV (live, online or catch up)	66	(66)	3	Reading a book for pleasure	62	(57)
4	Reading a book for pleasure	57	(47)	4	Doing homework	62	(56)
5	Doing homework	53	(50)	5	Playing sport or other physical activity	48	(46)
6	Watching DVDs, videos or online	50	(55)	6	Playing computer games (including TV games/console, mobile)	42	(42)
7	Playing with friends	50	(54)	7	Listening to music	39	(49)
8	Playing sport or other physical activity	49	(51)	8	Watching DVDs, videos or online	39	(43)
9	Listening to music	40	(47)	9	Going to a club	38	(34)
10	Going to a club	39	(37)	10	Cooking/helping with cooking	36	(38)

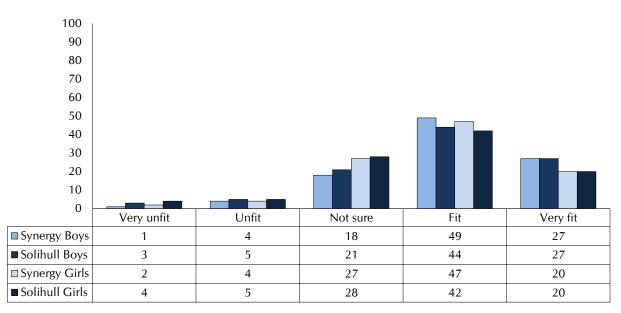
Q19. Percentage of pupils responding that they spent time doing the following after school on the day before the survey:



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Physical Activity

Fitness



Q20. How fit do you think you are?

6% (9%) of pupils responded that they think they are 'unfit' or 'very unfit'.

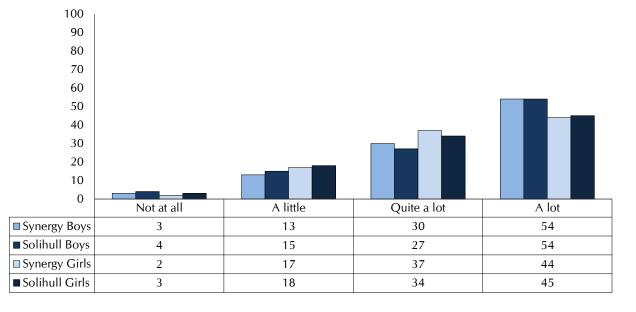
72% (67%) of pupils responded that they think they are 'fit' or 'very fit'.

Q20. Percentage answering that they think they are 'unfit' or 'very unfit'.

	S	ynergy	So	Solihull		
	Yr 4	Yr 6	Yr 4	Yr 6		
Boys	7	4	8	8		
Girls	5	7	7	12		

Q20. Percentage answering that they think they are 'fit' or 'very fit'.

	Synergy		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	72	81	69	73
Girls	70	64	64	61



Q21. How much do you enjoy physical activities?

2% (3%) of pupils responded that they don't enjoy physical activities at all.

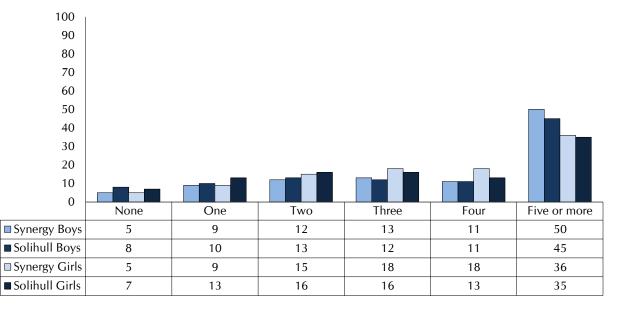
Q21. Percentage answering that they don't enjoy physical activities at all.

	Synergy		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	5	0	5	2
Girls	3	1	4	2

Q21. Percentage answering that they enjoy physical activities 'quite a lot' or 'a lot'.

	Synergy		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	79	91	76	87
Girls	77	86	76	82

83% (80%) of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.



Q22. On how many days in the last week have you been physically active for an hour or more?

5% (7%) of pupils responded that they were not physically active for an hour or more at all in the week before the survey.

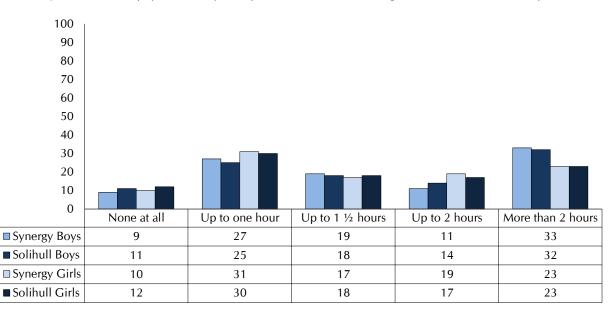
Q22. Percentage answering that they were not physically active for an hour or more at all in the week before the survey.

	Synergy		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	8	1	12	5
Girls	7	2	9	4

Q22. Percentage answering that they were physically active for an hour or more on at least three days in the week before the survey.

	Synergy		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	66	83	60	78
Girls	68	76	57	72

73% (67%) of pupils responded that they were physically active for an hour or more on at least three days in the week before the survey.



Q23. How much physical activity have you been involved in during school time in the last 7 days?

9% (11%) of pupils responded that they have not been involved in any physical activity during school time in the 7 days before the survey.

Q23. Percentage answering that they have not been involved in any physical activity during school time in the 7 days before the survey.

	Synergy		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	12	5	14	7
Girls	15	4	14	9

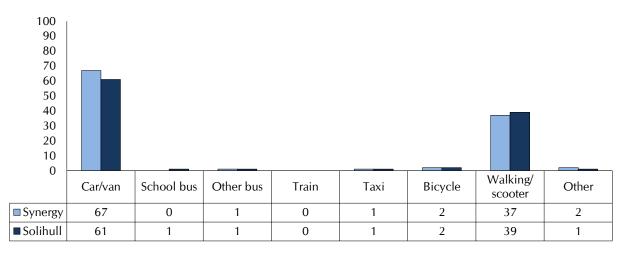
44% (43%) of pupils responded that they have been involved in more than 1½ hours of physical activity during school time in the 7 days before the survey.

Q23. Percentage answering that they have been involved in more than 1½ hours of physical activity during school time in the 7 days before the survey.

	Synergy		Sc	olihull
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	35	57	38	54
Girls	37	48	36	44

Active travel

Q24. How did you get to school today?



67% (61%) of pupils responded that they travelled to school by car/van on the day of the survey.

Q24. Percentage answering that they travelled to school by car/van on the day of the survey.

	Synergy		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	63	71	60	63
Girls	65	71	61	61

37% (39%) of pupils responded that they walked/scootered to school on the day of the survey.

Q24. Percentage answering that they walked/scootered to school on the day of the survey.

	Synergy		Sc	lihull
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	36	37	38	39
Girls	40	34	40	40

Sports

Once a week More than once a week Hardly ever or never Sometimes Synergy Boys Solihull Boys Synergy Girls ■ Solihull Girls

Q25. Physical activity summary: Percentage of pupils responding that they play or do at least one of the physical activities listed...:

Most frequent activity recorded.

95% (92%) of pupils responded that they play or do one or more of the physical activities listed at least 'once a week'.

Q25. Percentage answering that they play or do one or more of the physical activities listed at least 'once a week'.

	Synergy		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	96	95	93	94
Girls	94	97	90	93

58% (54%) of pupils responded that they run at least 'once a week', while 59% (54%) said the same of keep-fit and 21% (24%) ride their bike.

Q25. Percentage of pupils responding that they play or do the following physical activities at least 'once a week' (top 10 – Solihull Primary data in brackets):

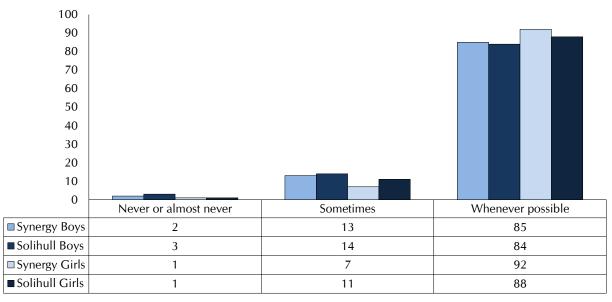
Boys				Girls		
Running (races or tag games)	62	(60)	1	Dancing/gymnastics/ballet/ trampolining	63	(55)
Keep-fit	62	(56)	2	Keep-fit	56	(52)
Football	58	(60)	3	Running (races or tag games)	54	(47)
Going for walks	39	(42)	4	Going for walks	45	(43)
Swimming	39	(34)	5	Swimming	45	(35)
Judo, karate (club), boxing	31	(27)	6	Netball/first step netball	18	(18)
Cricket/kwick cricket	30	(20)	7	Football	17	(18)
Riding their bike	25	(29)	8	Riding their bike	16	(19)
Tennis/short tennis/badminton	23	(17)	9	Tennis/short tennis/badminton	15	(10)
Basketball	18	(24)	10	Cricket/kwick cricket	14	(6)
	Running (races or tag games) Keep-fit Football Going for walks Swimming Judo, karate (club), boxing Cricket/kwick cricket Riding their bike Tennis/short tennis/badminton	Running (races or tag games)62Keep-fit62Football58Going for walks39Swimming39Judo, karate (club), boxing31Cricket/kwick cricket30Riding their bike25Tennis/short tennis/badminton23	Running (races or tag games)62(60)Keep-fit62(56)Football58(60)Going for walks39(42)Swimming39(34)Judo, karate (club), boxing31(27)Cricket/kwick cricket30(20)Riding their bike25(29)Tennis/short tennis/badminton23(17)	Running (races or tag games)62(60)1Keep-fit62(56)2Football58(60)3Going for walks39(42)4Swimming39(34)5Judo, karate (club), boxing31(27)6Cricket/kwick cricket30(20)7Riding their bike25(29)8Tennis/short tennis/badminton23(17)9	Running (races or tag games)62(60)1Dancing/gymnastics/ballet/ trampoliningKeep-fit62(56)2Keep-fitFootball58(60)3Running (races or tag games)Going for walks39(42)4Going for walksSwimming39(34)5SwimmingJudo, karate (club), boxing31(27)6Netball/first step netballCricket/kwick cricket30(20)7FootballRiding their bike25(29)8Riding their bikeTennis/short tennis/badminton23(17)9Tennis/short tennis/badminton	Running (races or tag games)62(60)1Dancing/gymnastics/ballet/ trampolining63Keep-fit62(56)2Keep-fit56Football58(60)3Running (races or tag games)54Going for walks39(42)4Going for walks45Swimming39(34)5Swimming45Judo, karate (club), boxing31(27)6Netball/first step netball18Cricket/kwick cricket30(20)7Football17Riding their bike25(29)8Riding their bike16Tennis/short tennis/badminton23(17)9Tennis/short tennis/badminton15

Health & Hygiene

77% (65%) of pupils responded that they washed their hands before lunch on the day before the survey, while 11% (15%) said they were 'not sure'.

Q28. Percentage answering that they washed their hands before lunch on the day before the survey.

	Synergy		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	76	80	63	67
Girls	80	72	64	65



Q29. Do you wash your hands after visiting the toilet?

88% (86%) of pupils responded that they wash their hands 'whenever possible' after visiting the toilet.

1% (2%) of pupils responded that they 'never or almost never' wash their hands after visiting the toilet.

Q29. Percentage answering that they wash their hands 'whenever possible' after visiting the toilet.

	Synergy		Sc	lihull
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	79	91	79	88
Girls	89	96	84	91

Q29. Percentage answering that they 'never or almost never' wash their hands after visiting the toilet.

	Synergy		Solihull		
	Yr 4	Yr 6	Yr 4	Yr 6	
Boys	2	2	3	2	
Girls	1	0	2	1	

Dental health

84% (82%) of pupils responded that they cleaned their teeth at least twice the day before the survey.

Q30. Percentage answering that they cleaned their teeth at least twice on the day before the survey.

	Synergy		Sc	olihull
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	83	84	79	82
Girls	81	87	84	85

1% (2%) of pupils responded that they did not clean their teeth at all on the day before the survey.

Q30. Percentage answering that they did not clean their teeth at all on the day before the survey.

	Synergy		Solihull		
	Yr 4	Yr 6	Yr 4	Yr 6	
Boys	2	0	4	1	
Girls	1	0	2	1	

84% (80%) of pupils responded that they had a check-up the last time they visited the dentist, while 18% (24%) said they had fillings.

Q31. Percentage of pupils responding that they received the following treatment on their last visit to the dentist (Solihull Primary data in brackets):

	Boys				Girls		
1	Check-up	80	(75)	1	Check-up	88	(84)
2	Fillings	18	(25)	2	Fillings	17	(24)
3	Other	7	(6)	3	Other	8	(8)
4	Brace fitted or checked	5	(5)	4	Brace fitted or checked	4	(4)

Asthma

10% (12%) of pupils responded that they have asthma, while 9% (11%) said they 'don't know' if they do.

7% (8%) of pupils responded that they took medicine for asthma (pills, inhaler) in the 7 days before the survey.

Q37.	Percentage	answering	that they	have asthma
Q3/1	reiteinage	answering	that they	nave astrina

	Synergy		Sc	olihull
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	12	10	14	13
Girls	8	9	9	12

Q38. Percentage answering that they took medicine for asthma (pills, inhaler) in the 7 days before the survey.

	Synergy		Solihull		
	Yr 4	Yr 6	Yr 4	Yr 6	
Boys	8	9	9	9	
Girls	6	5	6	8	

Internet Safety					
70% (73%) of pupils responded that they use a computer/tablet unsupervised when their parents/carers aren't in the room.	compu		unsupervise	that they us d when thei	e a r parents/carers
		S	ynergy	So	olihull
		Yr 4	Yr 6	Yr 4	Yr 6
	Boys	66	80	68	80
	Girls	57	79	64	77
81% (80%) of pupils responded that their parents/carers have rules about what they are	Q32. Percentage answering that their parents/carers harules about what they are allowed to do online.				
allowed to do online.		S	ynergy	So	olihull
		Yr 4	Yr 6	Yr 4	Yr 6
	Boys	77	80	73	78
	Girls	82	89	83	87

94% (93%) of pupils responded that they have used the internet at home in the past week and 65% (57%) have used it at school.

Q33. Percentage of pupils responding that they have used the internet at the following places in the past week (Solihull Primary data in brackets):

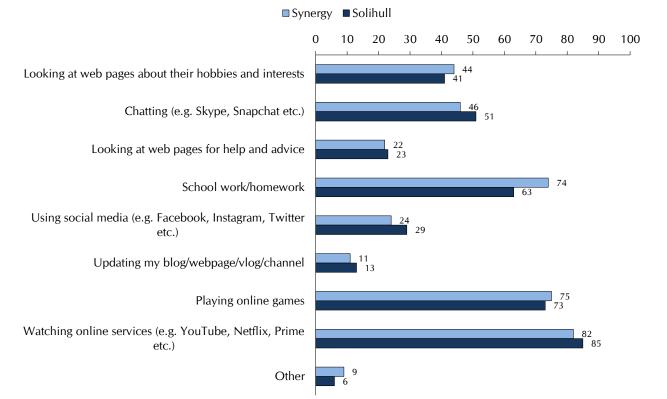
	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
At home	91 (90)	90 (89)	98 (97)	97 (96)	94 (93)
At school	56 (54)	59 (54)	71 (62)	76 (58)	65 (57)
Elsewhere	42 (46)	33 (39)	52 (55)	34 (47)	41 (47)

75% (73%) of pupils responded that they use the internet for playing online games, while 74% (63%) said they use it for school work/homework.

~ 5	I recentage of pupils responding that	uney use t	ine initerine		the following (top 5 – bolindir Filmar) at	atu ili biut	.necto).	
Boys			Girls					
1	Watching online services (e.g. YouTube, Netflix, Prime etc.)	85	(86)	1	Watching online services (e.g. YouTube, Netflix, Prime etc.)	79	(83)	
2	Playing online games	84	(83)	2	School work/homework	78	(69)	
3	School work/homework	71	(58)	3	Playing online games	65	(63)	
4	Looking at web pages about their hobbies and interests	43	(40)	4	Chatting (e.g. Skype, Snapchat etc.)	51	(55)	
5	Chatting (e.g. Skype, Snapchat etc.)	41	(46)	5	Looking at web pages about their hobbies and interests	44	(42)	

Q34. Percentage of pupils responding that they use the internet for the following (top 5 - Solihull Primary data in brackets):

Q34. Percentage of pupils responding that they use the internet for the following:



19% (19%) of pupils responded that they chat online to people they have never met.

4% (5%) of pupils responded that they chat online to people they have never met and have received a message which scared them or made them upset.

87% (88%) of pupils responded that they have been told how to stay safe while chatting online.

Q35a. Percentage answering that they chat online to people they have never met.

	Synergy		Solihull		
	Yr 4	Yr 6	Yr 4	Yr 6	
Boys	21	24	24	26	
Girls	10	19	12	12	

Q35b. Percentage answering that they chat online to people they have never met and have received a message which scared or upset them.

	Synergy		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	5	3	6	5
Girls	4	4	5	3

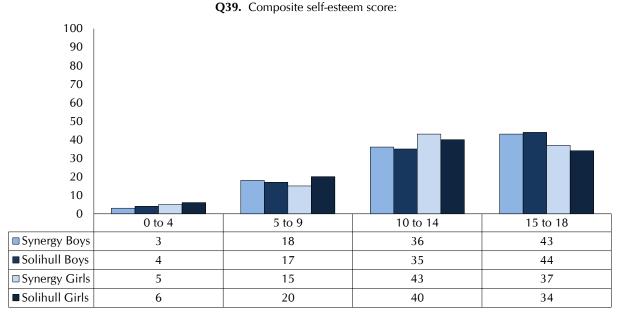
Q36. Percentage answering that they have been told how to stay safe while chatting online.

	Synergy		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	81	92	82	90
Girls	80	96	84	95

Emotional Health and Wellbeing

Self-esteem

This measurement is derived from the responses to a set of ten statements taken from a standard self-esteem enquiry method developed by Denis Lawrence (Lawrence, 1981). The scale is based on social confidence and relationships with friends. Overall the levels of esteem compared with wider data are:



Data from the 'Young People into...' series, reveal more girls than boys found at the lower end of the scale and more boys than girls at the higher end.

20% (23%) of pupils had a med-low self-esteem score (9 or less).

40% (39%) of pupils had a high self-esteem score (15 or more).

Q39. Percentage with a med-low self-esteem score (9 or less).

	Synergy		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	25	16	25	17
Girls	24	15	28	23

Q39. Percentage with a high self-esteem score (15 or more).

	Synergy		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	34	54	36	52
Girls	30	44	29	40

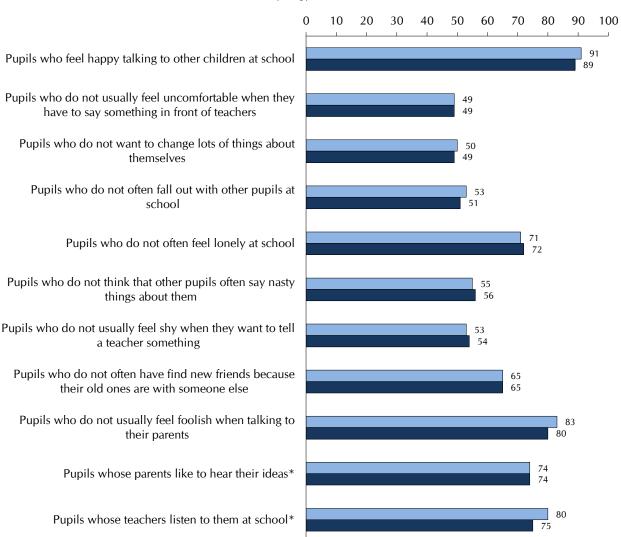
91% (89%) of pupils responded that they feel happy talking to other children at school.

Q39. (Individual self-esteem items) Percentage in each group giving a <u>high</u> esteem response (Solihull Primary data in brackets):

bracke	,				
	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
Pupils who feel happy talking to other children at school	90 (88)	89 (88)	93 (91)	95 (90)	91 (89)
Pupils who do not usually feel uncomfortable when they have to say something in front of teachers	45 (46)	47 (46)	56 (57)	48 (46)	49 (49)
Pupils who do not want to change lots of things about themselves	43 (44)	47 (46)	57 (57)	53 (50)	50 (49)
Pupils who do not often fall out with other pupils at school	45 (47)	42 (41)	64 (62)	66 (54)	53 (51)
Pupils who do not often feel lonely at school	67 (70)	60 (63)	80 (80)	79 (72)	71 (72)
Pupils who do not think that other pupils often say nasty things about them	53 (57)	54 (54)	59 (60)	56 (50)	55 (56)
Pupils who do not usually feel shy when they want to tell a teacher something	54 (56)	50 (46)	62 (66)	47 (45)	53 (54)
Pupils who do not often have find new friends because their old ones are with someone else	63 (62)	53 (55)	74 (75)	71 (68)	65 (65)
Pupils who do not usually feel foolish when talking to their parents	77 (76)	83 (78)	88 (84)	86 (81)	83 (80)
Pupils whose parents like to hear their ideas*	68 (69)	76 (71)	74 (76)	81 (79)	74 (74)
Pupils whose teachers listen to them at school*	75 (73)	81 (75)	82 (77)	82 (76)	80 (75)

*N.B: These items were not used in the calculation of the composite self-esteem score.

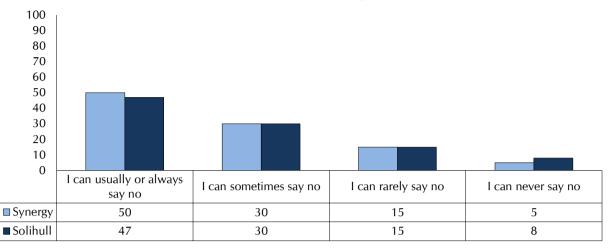
Q39. (Individual self-esteem items) Percentage in each group giving a <u>high</u> esteem response:



Synergy Solihull

*N.B: These items were not used in the calculation of the composite self-esteem score.

Peer pressure



Q40. When a friend wants me to do something I don't want to do...:

50% (47%) of pupils responded that they can 'usually or always' say no when a friend wants them to do something they don't want to do.

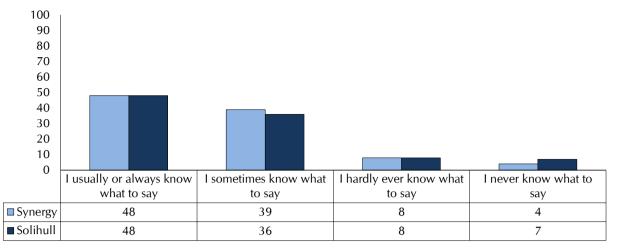
20% (23%) of pupils responded that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do. **Q40.** Percentage answering that they can 'usually or always' say no when a friend wants them to do something they don't want to do.

	Synergy		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	41	64	42	58
Girls	40	59	36	54

Q40. Percentage answering that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.

	Synergy		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	26	9	27	16
Girls	28	15	31	18

Q41. When I want a friend to do something...:



48% (48%) of pupils responded that they 'usually or always' know what to say when they want a friend to do something.

Q41. Percentage answering that they 'usually or always' know what to say when they want a friend to do something.

	Synergy		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	49	53	50	54
Girls	41	49	41	46

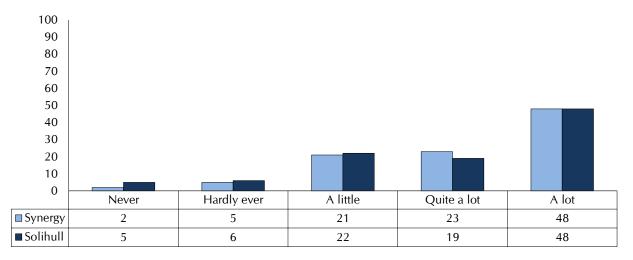
Q41. Percentage answering that they 'hardly ever' or 'never' know what to say when they want a friend to do something.

	Synergy		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	12	9	16	13
Girls	18	11	19	15

13% (16%) of pupils responded that they 'hardly ever' or 'never' know what to say when they want a friend to do something.

Worrying

Q60. Worrying summary: Percentage of pupils responding that they worry about at least one of the issues listed...:



Note: highest worry level recorded.

92% (89%) of pupils worry at least 'a little' about one or more of the issues listed, while 71% (67%) said they do so 'quite a lot' or 'a lot'.

13% (13%) of boys and 13% (14%) of girls responded that they worry about at least 3 of the issues listed 'quite a lot' or 'a lot'; while 29% (35%) of boys and 29% (31%) of girls said that they don't worry about any of them. **Q60.** Percentage answering that they worry 'quite a lot' or 'a lot' about one or more of the issues listed.

	Synergy		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	76	64	74	56
Girls	76	65	73	65

Q60. Percentage answering that they worry about at least 3 of the issues listed 'quite a lot' or 'a lot'.

	Synergy		Solihull	
	Yr 4 Yr 6		Yr 4	Yr 6
Boys	19	6	17	9
Girls	15	10	16	12

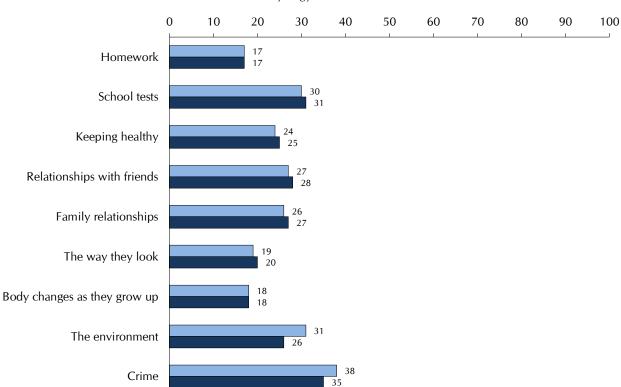
38% (35%) of pupils responded that they worry about crime 'quite a lot' or 'a lot', while 30% (31%) said they worry about school tests.

Q60. Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot' (Solihull Primary data in brackets):

			DIACK	ets).			
	Boys				Girls		
1	Crime	40	(36)	1	Crime	37	(35)
2	The environment	32	(27)	2	School tests	35	(36)
3	Family relationships	27	(27)	3	Relationships with friends	30	(31)
4	School tests	25	(27)	4	The environment	30	(25)
5	Relationships with friends	25	(24)	5	Family relationships	25	(26)
6	Keeping healthy	23	(25)	6	Keeping healthy	25	(25)
7	Homework	19	(17)	7	The way they look	22	(23)
8	The way they look	16	(17)	8	Body changes as they grow up	21	(21)
9	Body changes as they grow up	16	(15)	9	Homework	16	(16)

26% (27%) of pupils responded that they worry about family relationships 'quite a lot' or 'a lot'; 19% (20%) said they worry about the way they look.

Q60. Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot':



Synergy Solihull

Problem Solving

In question 61 the young people were asked to whom they would turn to share a range of problems including 'Keep it to myself'. Whom they talk to may depend on what the problem is. The top five sources of support for each problem are as follows (Solihull Primary data in brackets):

Problem with school

	Boys				Girls		
1	Mum/dad/carer	64	(66)	1	Mum/dad/carer	63	(64)
2	Adult in school	18	(17)	2	Adult in school	17	(17)
3	Keep it to myself	8	(9)	3	Friend	9	(8)
4	Friend	7	(6)	4	Keep it to myself	8	(7)
5	Brother or sister	2	(2)	5	Brother or sister	3	(3)
Family relationshi	ps						
	Boys				Girls		
1	Mum/dad/carer	62	(64)	1	Mum/dad/carer	60	(61)
2	Keep it to myself	14	(15)	2	Keep it to myself	15	(15)
3	Brother or sister	9	(7)	3	Friend	10	(10)
4	Friend	7	(6)	4	Brother or sister	9	(8)
5	Adult in school	6	(5)	5	Adult in school	4	(5)
Health worries							
	Boys				Girls		
1	Mum/dad/carer	81	(78)	1	Mum/dad/carer	77	(77)
2	Keep it to myself	11	(13)	2	Keep it to myself	14	(14)
3	Friend	3	(3)	3	Friend	4	(4)
4	Adult in school	3	(2)	4	Brother or sister	3	(3)
5	Brother or sister	2	(3)	5	Adult in school	1	(2)
Relationships with	n friends						
	Boys				Girls		
1	Mum/dad/carer	52	(55)	1	Mum/dad/carer	56	(55)
2	Keep it to myself	16	(16)	2	Friend	14	(15)
3	Friend	13	(13)	3	Adult in school	12	(12)
4	Adult in school	12	(11)	4	Keep it to myself	11	(11)
5	Brother or sister	6	(5)	5	Brother or sister	7	(6)
Bullying							
	Boys				Girls		
1	Mum/dad/carer	60	(62)	1	Mum/dad/carer	70	(66)
2	Adult in school	22	(20)	2	Adult in school	13	(18)
3	Keep it to myself	10	(10)	3	Keep it to myself	7	(8)
4	Friend	4	(3)	4	Friend	6	(5)
5	Brother or sister	3	(3)	5	Brother or sister	3	(3)

It is worth noting that 'keep it to myself' is not necessarily negative. For some pupils, it may mean that they feel they can deal with the problem without help.

Alcohol, Smoking, Drugs

Alcohol

11% (13%) of pupils responded that they have had an alcoholic drink at some point in their lives.

Of the 92 (568) pupils who have had an alcoholic drink, they were on average 7 (7) years old when they first tried alcohol.

2% (3%) of Year 6 pupils responded that they had an alcoholic drink on at least one day in the 7 days before the survey; 0% (1%) said they drank alcohol on more than one day. **Q42.** Percentage answering that they have had an alcoholic drink.

	S	ynergy	Sc	olihull
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	14	12	17	17
Girls	10	4	9	10

Q43. Mean age of pupils when they first tried alcohol. Synergy Solihull

	Yr 4	Yr 6	Yr 4	Yr 6
Boys	6	8	6	8
Girls	7	9	7	8

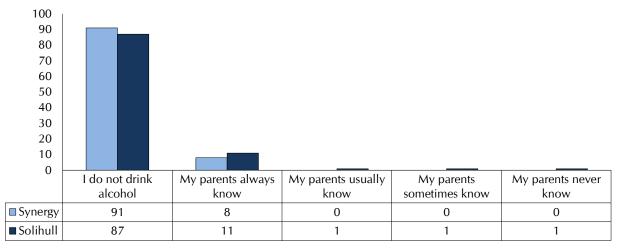
Q44 (Y6). Percentage of Year 6 pupils answering that they have had an alcoholic drink on at least one day in the 7 days before the survey.

	Synergy		Solihull
	Yr 6	Yr 6	
Boys	3	3	
Girls	1	1	

1% (1%) of pupils responded that they drank beer or lager in the 7 days before the survey, while 1% (1%) drank spirits.

Q45. Percentage of pupils responding that they have drunk the following alcoholic drinks in the 7 days before the survey (Solihull Primary data in brackets):

	Boys				Girls		
1	Wine	2	(2)	1	Wine	1	(1)
2	Beer or lager	2	(2)	2	Shandy (mixed)	0	(1)
3	Shandy (mixed)	2	(2)	3	Beer or lager	0	(1)
4	Spirits	1	(1)	4			



Q46 (Y6). Year 6 only: Do your parents know if you drink alcohol?

91% (87%) of Year 6 pupils responded that they do not drink alcohol.

8% (11%) of Year 6 pupils responded that they do drink alcohol and their parents 'always' know, while 0% (1%) said their parents 'usually' know.

1% (2%) of Year 6 pupils responded that they drink alcohol and their parents 'never' or only 'sometimes' know.

15% (15%) of Year 4 pupils responded that they drink alcohol and their parents always know when they do, while 2% (4%) said their parents don't always know; 83% (81%) said they don't drink alcohol.

Q46 (Y6). Percentage of Year 6 pupils answering that they do not drink alcohol.

	Synergy		Solihull
	Yr 6	Yr 6	
Boys	87	85	
Girls	96	90	

Q46 (Y6). Percentage of Year 6 pupils answering that they drink alcohol and their parents 'always' know.

	Synergy	Solihull
	Yr 6	Yr 6
Boys	11	13
Girls	3	9

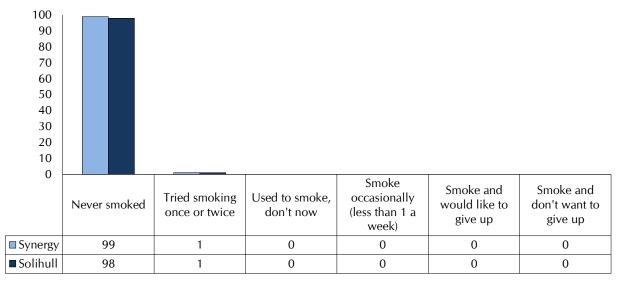
Q46 (Y6). Percentage of Year 6 pupils answering that they drink alcohol and their parents 'never' or only 'sometimes' know.

	Synergy	Solihull
	Yr 6	Yr 6
Boys	2	2
Girls	0	1

Q46 (Y4). Percentage of Year 4 pupils answering that they drink alcohol and their parents don't always know.

	Synergy		Solihull
	Yr 4	Yr 4	
Boys	3	5	
Girls	1	3	

Smoking



Q47 (Y6). Year 6 only: Smoking: Which statement describes you best?

1% (2%) of Year 6 pupils said they have smoked in the past or smoke now.

Q47 (Y6). Percentage of Year 6 pupils answering that they have smoked in the past or smoke now.

	Synergy	Solihull
	Yr 6	Yr 6
Boys	1	3
Girls	1	1

1% (1%) of Year 4 pupils responded that they have smoked a cigarette.

Q47 (Y4). Percentage of Year 4 pupils answering that they have smoked a cigarette.

	Synergy	Solihull
	Yr 4	Yr 4
Boys	2	2
Girls	0	0

0% (0%) of pupils responded that they smoked in the week before the survey.

94%~(91%) of pupils responded that they think they will not smoke when they are older.

1% (1%) of pupils responded that they think they will smoke when they are older, while 5% (7%) think they may smoke.

Q48. Percentage answering that they smoked in the week before the survey.

	Synergy		So	olihull
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	0	0	0	0
Girls	0	0	0	0

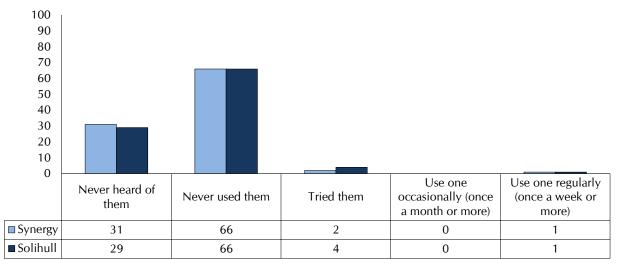
Q49. Percentage answering that they think they will not smoke when they are older.

	Synergy		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	92	92	89	90
Girls	98	97	93	95

Q49. Percentage answering that they think they will smoke when they are older.

	Synergy		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	1	1	2	2
Girls	0	0	1	0

E-cigarettes



Q50. E-cigarettes: What best describes your knowledge or use of electronic cigarettes, 'e-cigarettes'?

97% (95%) of pupils responded that they have either never heard of or never used electronic cigarettes/'e-cigarettes'.

Q50. Percentage answering that they have either never heard of or never used an electronic cigarettes/'e-cigarettes'.

	Synergy		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	94	97	91	95
Girls	98	99	96	98

1% (1%) of pupils responded that they have used an e-cigarette at least 'occasionally'.

Q50. Percentage answering that they have used an e-cigarette at least 'occasionally'.

	Synergy		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	3	1	3	1
Girls	0	0	1	0

Drugs

64% (63%) of pupils responded that their parents have talked with them about drugs (including medicines), while 47% (48%) said their teachers have talked with them in school lessons and 23% (21%) said their friends have.

Q56. Percentage of pupils responding that the following people have talked with them about drugs (including medicines – Solihull Primary data in brackets):

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
Parents	62 (58)	53 (54)	71 (70)	72 (70)	64 (63)
Teachers, in school lessons	39 (34)	29 (27)	62 (65)	63 (67)	47 (48)
School nurse	7 (9)	5 (7)	8 (11)	4 (9)	6 (9)
Visitors in school lessons	7 (8)	4 (5)	9 (13)	9 (14)	7 (10)
Friends	19 (18)	14 (13)	30 (28)	28 (26)	23 (21)
Brothers or sisters	21 (21)	13 (16)	16 (20)	21 (19)	18 (19)
Other close relatives	25 (21)	18 (16)	17 (21)	16 (21)	20 (20)

49% (51%) of pupils responded that either their teachers, the school nurse or visitors in school lessons have talked with them about drugs (incl. medicines).

10% (14%) of pupils responded that they are 'fairly sure' or 'certain' that they know someone who uses drugs (not as medicines).

1% (2%) of Year 6 pupils responded that they have been offered cannabis. 3% (4%) said they 'don't know' if they have.

0% (1%) of Year 6 pupils responded that they have been offered other drugs (not cannabis or medicines), while 2% (3%) said they 'don't know' if they have. **Q56.** Percentage answering that either their teachers, the school nurse or visitors in school lessons have talked with them about drugs (incl. medicines).

	Synergy		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	42	64	38	67
Girls	31	63	30	69

Q57. Percentage answering that they are 'fairly sure' or 'certain' that they know someone who uses drugs (not as medicines).

	Synergy		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	11	9	15	16
Girls	12	7	11	12

Q58 (Y6). Percentage of Year 6 pupils answering that they have been offered cannabis.

	Synergy		Solihull
	Yr 6	Yr 6	
Boys	2	2	
Girls	1	1	

Q59 (Y6). Percentage of Year 6 pupils answering that they have been offered other drugs (not cannabis or medicines).

	Synergy	Solihull
	Yr 6	Yr 6
Boys	0	2
Girls	1	1

Growing up

79% (76%) of pupils responded that their parents have talked with them about how their body changes as they grow up, while 69% (60%) said their teachers have talked with them in school lessons and 33% (32%) said their friends have.

Q51a. Percentage of pupils responding that the following people have talked with them about how their body changes as they grow up (Solihull Primary data in brackets):

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
Parents	71 (70)	77 (72)	79 (76)	93 (90)	79 (76)
Teachers, in school lessons	53 (43)	52 (42)	85 (73)	90 (82)	69 (60)
School nurse	9 (13)	8 (9)	8 (11)	5 (9)	8 (10)
Visitors in school lessons	13 (14)	8 (9)	23 (17)	15 (12)	14 (13)
Friends	31 (31)	22 (24)	31 (31)	51 (43)	33 (32)
Brothers or sisters	36 (36)	26 (31)	19 (26)	34 (28)	29 (30)
Other close relatives	31 (30)	22 (25)	20 (26)	32 (36)	26 (29)

72% (64%) of pupils responded that either their teachers, the school nurse or visitors in school lessons have talked with them about how their body changes as they grow up.

Q51a. Percentage answering that either their teachers, the school nurse or visitors in school lessons have talked with them about how their body changes as they grow up.

	S	ynergy	Sc	olihull
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	57	87	50	75
Girls	57	91	48	83

63% (62%) of pupils responded that they feel they know enough about how their body changes as they get older, while 9% (10%) feel they don't know enough. **Q51b.** Percentage answering that they feel they know enough about how their body changes as they get older.

	Synergy		Solihull		
	Yr 4	Yr 6	Yr 4	Yr 6	
Boys	57	76	54	75	
Girls	48	72	45	71	

79% (75%) of pupils responded that their parents have talked with them about how their feelings/emotions change as they grow up, while 56% (50%) said their teachers have talked with them in school lessons and 32% (32%) said their friends have.

Q52. Percentage of pupils responding that the following people have talked with them about how their feelings/emotions change as they grow up (Solihull Primary data in brackets):

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
Parents	76 (71)	72 (69)	81 (77)	87 (86)	79 (75)
Teachers, in school lessons	45 (37)	39 (39)	71 (58)	74 (66)	56 (50)
School nurse	8 (10)	4 (6)	6 (8)	4 (6)	6 (8)
Visitors in school lessons	9 (11)	4 (8)	19 (13)	12 (10)	11 (11)
Friends	32 (31)	24 (29)	29 (28)	42 (39)	32 (32)
Brothers or sisters	36 (31)	27 (30)	22 (25)	29 (27)	29 (28)
Other close relatives	32 (28)	22 (25)	19 (25)	24 (29)	25 (26)

59% (53%) of pupils responded that either their teachers, the school nurse or visitors in school lessons have talked with them about how their feelings/emotions change as they grow up.

Q52. Percentage answering that either their teachers, the school nurse or visitors in school lessons have talked with them about how their feelings/emotions change as they grow up.

	S	ynergy	Sc	olihull
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	48	73	42	60
Girls	42	76	42	68

Periods

10% (13%) of Year 6 girls responded that they have started their periods, while 12% (11%) said they 'don't know' if they have.

Q53 (Y6). Percentage of Year 6 girls answering that they have started their periods.

	Synergy		Solihull
	Yr 6	Yr 6	
Girls	10	13	

HIV

21% (23%) of pupils responded that they know about AIDS (or HIV).

Q54. Percentage answering that they know about AIDS (or HIV).

	S	ynergy	Solihull		
	Yr 4	Yr 6	Yr 4	Yr 6	
Boys	20	36	19	38	
Girls	15	13	11	22	

12% (13%) of pupils responded that their parents have talked with them about AIDS (or HIV), while 6% (6%) said their teachers have talked with them in school lessons.

Q55. Percentage of pupils responding that the following people have talked with them about AIDS (or HIV) (Solihull Primary data in brackets):

	Boys				Girls		
1	Parents	16	(16)	1	Parents	7	(10)
2	Teachers, in school lessons	8	(8)	2	Friends	4	(4)
3	Brothers or sisters	7	(7)	3	Teachers, in school lessons	3	(5)
4	Friends	6	(7)	4	Brothers or sisters	3	(5)
5	Other close relatives	5	(6)	5	Other close relatives	2	(4)
6	School nurse	4	(4)	6	School nurse	2	(2)
7	Visitors in school lessons	3	(3)	7	Visitors in school lessons	1	(2)

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Q47 (Y6). Percentage of Year 6 pupils answering that they have smoked in the past or smoke now.	
Q47 (Y4). Percentage of Year 4 pupils answering that they have smoked a cigarette.	
Q48. Percentage answering that they smoked in the week before the survey.	
Q49. Percentage answering that they think they will not smoke when they are older	
Q49. Percentage answering that they think they will smoke when they are older	
Q50. E-cigarettes: What best describes your knowledge or use of electronic cigarettes, 'e-cigarettes'?	
Q50. Percentage answering that they have either never heard of or never used an electronic cigarettes/'e-cigarettes'	
Q50. Percentage answering that they have used an e-cigarette at least 'occasionally'	
Q56. Percentage of pupils responding that the following people have talked with them about drugs (including medicines –	
Q36. Percentage of pupils responding that the following people have taked with them about drugs (including medicines – Solihull Primary data in brackets):	
Q56. Percentage answering that entire their teachers, the school hurse or visitors in school tessons have taked with them about drugs (incl. medicines)	
Q57. Percentage answering that they are fainy sure or certain that they know someone who uses drugs (not as medicine	

Q58 (Y6). Percentage of Year 6 pupils answering that they have been offered cannabis
Q59 (Y6). Percentage of Year 6 pupils answering that they have been offered other drugs (not cannabis or medicines) 62
Q51a. Percentage of pupils responding that the following people have talked with them about how their body changes as they grow up (Solihull Primary data in brackets):
Q51a. Percentage answering that either their teachers, the school nurse or visitors in school lessons have talked with them about how their body changes as they grow up
Q51b. Percentage answering that they feel they know enough about how their body changes as they get older
Q52. Percentage of pupils responding that the following people have talked with them about how their feelings/emotions change as they grow up (Solihull Primary data in brackets):
Q52. Percentage answering that either their teachers, the school nurse or visitors in school lessons have talked with them about how their feelings/emotions change as they grow up
Q53 (Y6). Percentage of Year 6 girls answering that they have started their periods
Q54. Percentage answering that they know about AIDS (or HIV)
Q55. Percentage of pupils responding that the following people have talked with them about AIDS (or HIV) (Solihull Primary data in brackets):



This is not the end of your Health Related Behaviour Survey!

Ask us about...

... Getting your data into your computers ... Turning your data into graphs and pie charts ... Your data and Healthy Schools ... Free resources about young people's health-related behaviour: www.sheu.org.uk/node/366

We may also be able to introduce you to health and education contacts, with money and resources, within your local community