

# **The Solihull Children and Young People's Health and Wellbeing Survey 2018**

**A report for  
Mosaic Collaborative  
Years 4 & 6**

**The Schools Health Education Unit**

**[www.sheu.org.uk](http://www.sheu.org.uk)**

**SHEU**



# **School Survey Report 2018**

Mosaic Collaborative compared with Solihull Primary

Produced by the  
Schools Health Education Unit

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The support service we offer benefits from the continuous use and development of our materials, and feedback from users. Therefore, if you wish to make any contribution based on your own use of the survey service, we would be delighted to hear from you.

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## Foreword

The Schools Health Education Unit (SHEU) is pleased to be able to produce your Report, which contains detailed information about the health beliefs and behaviour of your pupils.

The report compares the data collected from your pupils with those from a larger, wider sample.

SHEU is sure that you, your colleagues, and your pupils will also find the information contained within this report to be of value in helping you to gauge some of the most important factors that affect the lives of our young people both now and in the future.

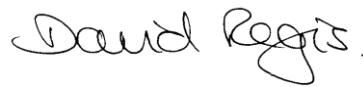
SHEU hope that your pupils found the experience of completing the questionnaire interesting and thought provoking.

Finally, SHEU would like to take this opportunity to thank you for your support and co-operation in agreeing to participate in this valuable research initiative.



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**Dr. David Regis**

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## Introduction

The Health-Related Behaviour Survey, developed by the Schools Health Education Unit, is designed for young people of primary and secondary school age. The surveys have been developed over 30 years by health and education professionals, and over a million school children have taken part. In the last ten years, over four thousand schools and colleges have participated. Data arising from the survey can be used to inform planning decisions as well as being used in the classroom as the stimulus for discussion with young people.

This report should ideally be studied with reference to the original questionnaire and the survey results tables. The first is recommended because we may have paraphrased a question below for reasons of space, and the precise wording and position may be important for interpretation.

Preceding this report you should have received **The Survey Results Tables** (or online results), which contain more information than can be summarised here. You may want to refer to this if you want to look in more detail at the results of a particular question. The Survey Results Tables show the number of responses received for each question, which may be less than the total sample. Also in the Results Tables we show the results of each response for multiple-choice questions, whereas in this report answers may be selective or grouped.

A school's results are confidential and will not be shared with other organisations without the express permission of the school.

Additional services (graphs and discs) are available; please contact SHEU. In particular, we have designed a set of INSET workshops around different examples of using the questionnaire data. If you would like further details of these or have any comments on this report please contact us at the address on the front of the report.

If you would like further details about Government policy background, we have created an overview which can be downloaded from our website at: <http://sheu.org.uk/content/page/appendix>.

### Comparison figures

In this report the data gathered from this survey have been compared with a larger sample from your area. For example, if your school is in Exeter then the wider data might be Devon. This enables you to compare your results with others in the area and also go to the SHEU annual reports (summaries available at [www.sheu.org.uk/publications](http://www.sheu.org.uk/publications)) to find out about the UK statistics and trends.

If the figures in your survey have been compared with results from a reference sample, the reference figures are normally given second, and often in parentheses.

15% (20%) of the sample...

**Your survey** (Reference sample)

	Your survey		Reference Sample	
	Year 8	Year 10	Year 8	Year 10
Boys	10	20	30	40
Girls	80	70	60	50

Favourite fruits

1	Apples	70	(60)
2	Oranges	60	(50)
3	Bananas	50	(40)

**Your survey** (Reference sample)

## The sample

This survey involved pupils from the following years. The numbers in each group are shown below.

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	208	210	1134	1157
Girls	189	177	1070	1062

Please note that 3 (15) pupil(s) didn't specify whether they are a boy or a girl or were unsure/ preferred not to say/described themselves in some other way and 0 (0) didn't specify what year group they are in. These pupils will not be included in any tables or charts which are split by sex or year respectively, however they will be included in any total figures.

If the sample you sent to Exeter for analysis was small, then it may have been aggregated by sex or year, or merged with a sample from another school or schools. This is done so that the figures are not too influenced by the behaviour of any one individual, and to ensure that the anonymity of the respondents is not compromised. If you would like to discuss this in more detail, please contact the Unit directly.

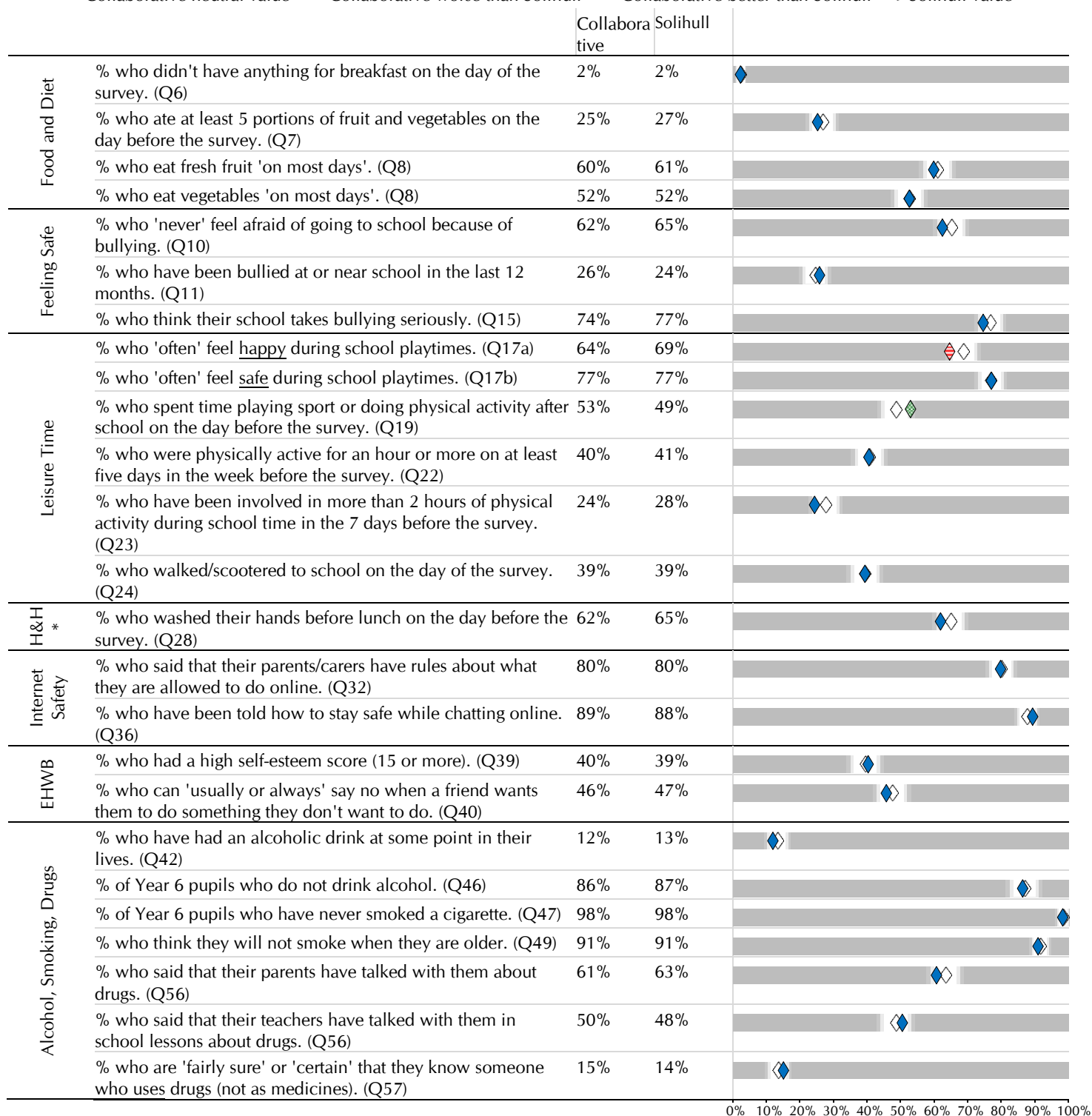


## Spine Charts

### Key Findings

In the chart below a coloured diamond represents Mosaic Collaborative's result, while the hollow diamond represents the figure for Solihull Primary. The distance between the diamonds indicates the size of the difference between the percentages – the greater the gap, the larger the difference. The colour of the diamond reflects whether a difference is statistically significant and if the difference is positive (green/white spots), negative (red/white stripes) or if it is not statistically significant (blue). The white space is an indication of how spread out the scores are for Solihull Primary pupils ( $\pm$  one Standard Deviation, the paler grey is the next SD).

◆ Collaborative neutral value   ◆ Collaborative worse than Solihull   ◆ Collaborative better than Solihull   ◇ Solihull value



\* H&H = Health & Hygiene

**Sample size:**

	Mosaic			Solihull		
	Yr 4	Yr 6	Total	Yr 4	Yr 6	Total
Boys	208	210	418	1134	1157	2291
Girls	189	177	366	1070	1062	2132
Total	397	387	784	2204	2219	4423

**Personal development, behaviour and welfare (PDBW) score for Mosaic Collaborative:**

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
0% – 24% true	0%	1%	0%	1%	0%
25% – 49% true	19%	12%	4%	8%	11%
50% – 74% true	58%	66%	54%	46%	56%
75% – 100% true	23%	21%	41%	45%	32%

This table provides a summary PDBW score which reflects the percentage of positive responses a pupil gave throughout the questionnaire; a higher percentage of 'true' responses indicates good personal development, behaviour and welfare.

**Personal development, behaviour and welfare (PDBW) score for Solihull Primary:**

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
0% – 24% true	0%	0%	0%	0%	0%
25% – 49% true	16%	15%	6%	7%	11%
50% – 74% true	63%	65%	47%	48%	56%
75% – 100% true	20%	20%	47%	44%	33%

Please note that the following charts only apply to Mosaic Collaborative.

**Mosaic Collaborative: Pride in achievement and commitment to learning, supported by a positive culture across the whole provider:**

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
Pupils who think their school cares whether they are happy or not.	75%	85%	79%	81%	80%
Pupils who think their work is marked so they can see how to improve it.	91%	90%	94%	95%	92%
Pupils who think their achievements in and out of school are recognised.	58%	70%	67%	64%	65%
Pupils who think their school encourages everyone to take part in decisions	78%	77%	80%	89%	81%
Pupils who think that teachers listen to them at school.	73%	80%	76%	78%	77%

**Mosaic Collaborative: Self-confidence, self-awareness and understanding of how to be a successful learner:**

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
Pupils who set their own targets and are helped to meet them.	69%	71%	84%	88%	78%
Pupils who spent some time going to a club after school on the day before the survey.	37%	32%	43%	31%	36%
Pupils who spent some time doing homework after school on the day before the survey.	53%	53%	51%	52%	52%
Pupils who have high self-esteem.	34%	39%	50%	37%	40%
Pupils who do not usually feel uneasy when they have to say something in front of teachers.	45%	54%	57%	49%	52%
Pupils who do not usually feel shy when they want to tell a teacher something.	60%	57%	69%	44%	58%

**Mosaic Collaborative: Choices about the next stage of their education, employment, self-employment or training, where relevant, from impartial careers advice and guidance:**

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
Pupils who think their school helps them work as part of a team.	86%	89%	83%	89%	87%
Pupils who think their school helps them prepare for when they leave their school.	67%	74%	85%	91%	79%

**Mosaic Collaborative: Following of any guidelines for behaviour and conduct, including management of their own feelings and behaviour, and how they relate to others:**

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
Pupils who think their school teaches them how to deal with their feelings positively.	74%	79%	68%	76%	74%
Pupils who never feel afraid of going to school because of bullying.	60%	54%	71%	63%	62%
Pupils who have not been bullied at or near school in the last 12 months.	44%	55%	64%	61%	56%
Pupils who think that their school takes bullying seriously.	73%	74%	75%	76%	74%
Pupils who think that others do not fear going to school because of them.	71%	72%	78%	84%	76%
Pupils who sometimes/often feel happy during school playtimes.	60%	63%	70%	64%	64%
Pupils who sometimes/often feel safe during school playtimes.	65%	81%	81%	82%	77%
Pupils who feel happy talking to children at school.	89%	93%	91%	88%	90%
Pupils who do not think that other pupils in the school often fall out with them.	44%	45%	59%	55%	51%
Pupils who do not think that other pupils in the school often say nasty things about them.	57%	64%	60%	54%	59%

**Mosaic Collaborative: Understanding of how to keep themselves safe from relevant risks such as abuse, sexual exploitation and extremism, including when using the internet and social media:**

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
Pupils whose parents/carers have rules about what they are allowed to do online.	74%	81%	75%	90%	80%
Pupils who do not chat to people online that they have never met.	22%	10%	26%	8%	17%
Pupils who have been told how to stay safe while chatting online.	85%	86%	91%	96%	89%
Pupils who can 'usually or always say no' when a friend wants them to do something they don't want to do (i.e. resist peer pressure).	42%	35%	54%	51%	46%
Pupils who said that teachers, the school nurse or school visitors/speakers have spoken with them about drugs (including medicines).	41%	30%	69%	69%	53%

**Mosaic Collaborative: Knowledge of how to keep themselves healthy, both emotionally and physically, including through exercise and healthy eating:**

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
Pupils who had at least something to eat for breakfast on the day of the survey.	89%	93%	91%	94%	92%
Pupils who ate at least 5 portions of fruit and vegetables on the day before the survey.	17%	21%	31%	31%	25%
Pupils who enjoy physical activities (at least 'quite a lot').	82%	79%	87%	84%	83%
Pupils who were physically active for an hour or more on at least three days in the week before the survey.	58%	53%	80%	72%	66%
Pupils who were physically active for at least an hour and a half during school time in the week before the survey.	61%	50%	71%	65%	62%
Pupils who washed their hands before lunch on the day before the survey.	61%	55%	64%	67%	62%
Pupils who wash their hands after visiting the toilet 'whenever possible'.	82%	89%	89%	94%	88%
Pupils who cleaned their teeth at least twice on the day before the survey.	83%	86%	80%	89%	84%
Pupils who did not drink alcohol in the last week.	86%	93%	96%	99%	94%
Pupils who have never even tried smoking a cigarette.	-	-	97%	99%	98%
Pupils who said that teachers, the school nurse or school visitors/speakers have spoken with them about how their body changes as they grow up.	55%	49%	79%	87%	67%
Pupils who feel that they know enough about how their body changes as they get older.	52%	47%	77%	74%	63%
Pupils who said that teachers, the school nurse or school visitors/speakers have spoken with them about how their emotions change as they grow up.	41%	40%	64%	74%	55%

**Mosaic Collaborative: Personal development, so that they are well prepared to respect others and contribute to wider society and life in Britain:**

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
Pupils who think their school values people with different backgrounds.	67%	68%	79%	82%	74%
Pupils who think their school encourages them to contribute to community events.	60%	63%	64%	61%	62%

## Collaborative compared with Solihull Headlines

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	208	210	1134	1157
Girls	189	177	1070	1062

Solihull Primary data in brackets; see notes on interpreting differences.

### Home and School

#### ETHNICITY

- ❑ 64% (71%) of pupils described themselves as White English.

#### HOME LIFE

- ❑ 65% (64%) of pupils responded that they have at least one brother, while 24% (24%) said they have more than one.
- ❑ 61% (62%) of pupils responded that they have at least one sister, while 19% (21%) said they have more than one.
- ❑ 58% (59%) of pupils responded that they have at least one older brother or sister, while 24% (25%) said they have more than one.

#### SCHOOL

- ❑ 92% (94%) of pupils responded that their work is marked so they can see how to improve it.
- ❑ 87% (86%) of pupils responded that their school helps them work as part of a team.

### Food and Diet

#### WEIGHT

- ❑ 6% (5%) of pupils responded that they would like to put on weight.
- ❑ 29% (26%) of pupils responded that they would like to lose weight.
- ❑ 65% (69%) of pupils responded that they are happy with their weight as it is.

#### BREAKFAST

- ❑ 2% (2%) of pupils responded that they didn't have anything for breakfast on the day of the survey, while 8% (7%) said they had a cooked breakfast.
- ❑ 5% (5%) of pupils responded that they had only a drink for breakfast on the day of the survey.
- ❑ 53% (52%) of pupils responded that they had cereal to eat for breakfast on the day of the survey, while 30% (30%) said they had toast, bread, bagels or croissants.
- ❑ 4% (4%) of pupils responded that they had biscuits for breakfast on the day of the survey.
- ❑ 88% (87%) of pupils responded that they had something to eat or drink for breakfast at home on the day of the survey.

#### FIVE-A-DAY

- ❑ 12% (12%) of boys and 7% (8%) of girls responded that they didn't eat any portions of fruit or vegetables on the day before the survey.

- ❑ 24% (27%) of boys and 26% (27%) of girls responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.

#### FOOD

- ❑ 52% (52%) of pupils responded that they eat vegetables 'on most days'; 60% (61%) said the same of fresh fruit.
- ❑ 38% (41%) of pupils responded that they 'rarely or never' eat any fish/fish fingers.

#### WATER

- ❑ 6% (8%) of pupils responded that they didn't drink any water on the day before the survey.
- ❑ 35% (35%) of pupils responded that they drank at least 'about a litre' of water on the day before the survey.
- ❑ 93% (93%) of pupils responded that they are able to get water at school, while 6% (6%) said 'not easily'.
- ❑ 35% (58%) of pupils responded that they can get water from a water fountain at school; 64% (65%) said they can get it from their own drinking bottle.

### Money

#### SPENDING

- ❑ 36% (32%) of pupils responded that they spent their own money on sweets, chocolate etc. in the 7 days before the survey, while 36% (34%) said they bought books and 34% (31%) bought toys.

### Feeling Safe

#### BULLYING

- ❑ 34% (30%) of boys and 42% (40%) of girls responded that they at least 'sometimes' feel afraid of going to school because of bullying.
- ❑ 7% (8%) of pupils responded that they 'often' or 'very often' feel afraid of going to school because of bullying.
- ❑ 26% (24%) of pupils responded that they have been bullied at or near school in the last 12 months, while 19% (18%) said they 'don't know'.
- ❑ 70% (68%) of boys and 57% (63%) of girls responded that they experienced at least one of the negative behaviours listed at least a 'few times' in the month before the survey, while 10% (10%) of boys and 7% (7%) of girls experienced such behaviour 'every day'.
- ❑ 43% (40%) of pupils responded that they have been called nasty names at least a 'few times' in the month before the survey; 41% (39%) said they have been pushed/hit for no reason.

- ❑ 39% (37%) of pupils responded that they have experienced at least one of the negative behaviours listed in the school playground/field during breaktimes, while 32% (31%) said they have experienced them in a classroom during breaktimes.
- ❑ 17% (15%) of pupils responded that they have been 'picked on' or bullied because of the way they look; 6% (5%) said it was because of their race, colour or religion.
- ❑ 74% (77%) of pupils responded that they think their school takes bullying seriously, while 14% (14%) said they 'don't know'.
- ❑ 3% (4%) of pupils responded that they think others may be frightened of going to school because of them, while 21% (20%) said they 'don't know'.

## Leisure Time

### SCHOOL BREAKTIMES

- ❑ 6% (5%) of pupils responded that they 'never/hardly ever' feel happy during school playtimes, while 30% (26%) said they do so 'sometimes'.
- ❑ 64% (69%) of pupils responded that they 'often' feel happy during school playtimes.
- ❑ 7% (5%) of pupils responded that they 'never/hardly ever' feel safe during school playtimes, while 17% (18%) said they do so 'sometimes'.
- ❑ 77% (77%) of pupils responded that they 'often' feel safe during school playtimes.
- ❑ 89% (89%) of pupils responded that they play running/skipping games/tag at least 'sometimes' during school playtimes; 72% (68%) said they play ball games like football or netball.

### AFTER SCHOOL ACTIVITIES

- ❑ 66% (65%) of pupils responded that they spent time watching TV after school on the day before the survey, while 52% (53%) spent time doing homework and 53% (49%) played sport or other physical activity.

## Physical Activity

### FITNESS

- ❑ 9% (9%) of pupils responded that they think they are 'unfit' or 'very unfit'.
- ❑ 68% (67%) of pupils responded that they think they are 'fit' or 'very fit'.
- ❑ 2% (3%) of pupils responded that they don't enjoy physical activities at all.
- ❑ 83% (80%) of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.
- ❑ 6% (7%) of pupils responded that they were not physically active for an hour or more at all in the week before the survey.
- ❑ 66% (67%) of pupils responded that they were physically active for an hour or more on at least three days in the week before the survey.
- ❑ 11% (11%) of pupils responded that they have not been involved in any physical activity during school time in the 7 days before the survey.
- ❑ 41% (43%) of pupils responded that they have been involved in more than 1½ hours of physical activity during school time in the 7 days before the survey.

### ACTIVE TRAVEL

- ❑ 62% (61%) of pupils responded that they travelled to school by car/van on the day of the survey.
- ❑ 39% (39%) of pupils responded that they walked/scootered to school on the day of the survey.

### SPORTS

- ❑ 93% (92%) of pupils responded that they play or do one or more of the physical activities listed at least 'once a week'.
- ❑ 52% (54%) of pupils responded that they run at least 'once a week', while 53% (54%) said the same of keep-fit and 25% (24%) ride their bike.

## Hygiene

- ❑ 62% (65%) of pupils responded that they washed their hands before lunch on the day before the survey, while 14% (15%) said they were 'not sure'.
- ❑ 88% (86%) of pupils responded that they wash their hands 'whenever possible' after visiting the toilet.
- ❑ 2% (2%) of pupils responded that they 'never or almost never' wash their hands after visiting the toilet.

### DENTAL HEALTH

- ❑ 84% (82%) of pupils responded that they cleaned their teeth at least twice the day before the survey.
- ❑ 1% (2%) of pupils responded that they did not clean their teeth at all on the day before the survey.
- ❑ 78% (80%) of pupils responded that they had a check-up the last time they visited the dentist, while 23% (24%) said they had fillings.

### ASTHMA

- ❑ 11% (12%) of pupils responded that they have asthma, while 9% (11%) said they 'don't know' if they do.
- ❑ 8% (8%) of pupils responded that they took medicine for asthma (pills, inhaler) in the 7 days before the survey.

## Internet Safety

- ❑ 70% (73%) of pupils responded that they use a computer/tablet unsupervised when their parents/carers aren't in the room.
- ❑ 80% (80%) of pupils responded that their parents/carers have rules about what they are allowed to do online.
- ❑ 93% (93%) of pupils responded that they have used the internet at home in the past week and 57% (57%) have used it at school.
- ❑ 75% (73%) of pupils responded that they use the internet for playing online games, while 61% (63%) said they use it for school work/homework.
- ❑ 17% (19%) of pupils responded that they chat online to people they have never met.
- ❑ 4% (5%) of pupils responded that they chat online to people they have never met and have received a message which scared them or made them upset.
- ❑ 89% (88%) of pupils responded that they have been told how to stay safe while chatting online.

## Emotional Health and Wellbeing

### SELF-ESTEEM

- ❑ 22% (23%) of pupils had a med-low self-esteem score (9 or less).
- ❑ 40% (39%) of pupils had a high self-esteem score (15 or more).
- ❑ 90% (89%) of pupils responded that they feel happy talking to other children at school.

### PEER PRESSURE

- ❑ 46% (47%) of pupils responded that they can 'usually or always' say no when a friend wants them to do something they don't want to do.
- ❑ 21% (23%) of pupils responded that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.
- ❑ 52% (48%) of pupils responded that they 'usually or always' know what to say when they want a friend to do something.
- ❑ 15% (16%) of pupils responded that they 'hardly ever' or 'never' know what to say when they want a friend to do something.

### WORRYING AND PROBLEMS

- ❑ 90% (89%) of pupils worry at least 'a little' about one or more of the issues listed, while 68% (67%) said they do so 'quite a lot' or 'a lot'.
- ❑ 12% (13%) of boys and 13% (14%) of girls responded that they worry about at least 3 of the issues listed 'quite a lot' or 'a lot'; while 33% (35%) of boys and 32% (31%) of girls said that they don't worry about any of them.
- ❑ 35% (35%) of pupils responded that they worry about crime 'quite a lot' or 'a lot', while 31% (31%) said they worry about school tests.
- ❑ 27% (27%) of pupils responded that they worry about family relationships 'quite a lot' or 'a lot'; 19% (20%) said they worry about the way they look.

## Alcohol, Smoking, Drugs

### ALCOHOL

- ❑ 12% (13%) of pupils responded that they have had an alcoholic drink at some point in their lives.
- ❑ Of the 88 (568) pupils who have had an alcoholic drink, they were on average 7 (7) years old when they first tried alcohol.
- ❑ 2% (3%) of Year 6 pupils responded that they had an alcoholic drink on at least one day in the 7 days before the survey; 1% (1%) said they drank alcohol on more than one day.
- ❑ 1% (1%) of pupils responded that they drank beer or lager in the 7 days before the survey, while 0% (1%) drank spirits.
- ❑ 86% (87%) of Year 6 pupils responded that they do not drink alcohol.
- ❑ 11% (11%) of Year 6 pupils responded that they do drink alcohol and their parents 'always' know, while 1% (1%) said their parents 'usually' know.
- ❑ 2% (2%) of Year 6 pupils responded that they drink alcohol and their parents 'never' or only 'sometimes' know.

- ❑ 13% (15%) of Year 4 pupils responded that they drink alcohol and their parents always know when they do, while 4% (4%) said their parents don't always know; 83% (81%) said they don't drink alcohol.

### SMOKING

- ❑ 2% (2%) of Year 6 pupils said they have smoked in the past or smoke now.
- ❑ 2% (1%) of Year 4 pupils responded that they have smoked a cigarette.
- ❑ 0% (0%) of pupils responded that they smoked in the week before the survey.
- ❑ 91% (91%) of pupils responded that they think they will not smoke when they are older.
- ❑ 1% (1%) of pupils responded that they think they will smoke when they are older, while 8% (7%) think they may smoke.

### E-CIGARETTES

- ❑ 95% (95%) of pupils responded that they have either never heard of or never used electronic cigarettes/'e-cigarettes'.
- ❑ 2% (1%) of pupils responded that they have used an e-cigarette at least 'occasionally'.

### DRUGS

- ❑ 61% (63%) of pupils responded that their parents have talked with them about drugs (including medicines), while 50% (48%) said their teachers have talked with them in school lessons and 22% (21%) said their friends have.
- ❑ 53% (51%) of pupils responded that either their teachers, the school nurse or visitors in school lessons have talked with them about drugs (incl. medicines).
- ❑ 15% (14%) of pupils responded that they are 'fairly sure' or 'certain' that they know someone who uses drugs (not as medicines).
- ❑ 2% (2%) of Year 6 pupils responded that they have been offered cannabis. 4% (4%) said they 'don't know' if they have.
- ❑ 2% (1%) of Year 6 pupils responded that they have been offered other drugs (not cannabis or medicines), while 5% (3%) said they 'don't know' if they have.

## Growing Up

- ❑ 76% (76%) of pupils responded that their parents have talked with them about how their body changes as they grow up, while 63% (60%) said their teachers have talked with them in school lessons and 34% (32%) said their friends have.
- ❑ 67% (64%) of pupils responded that either their teachers, the school nurse or visitors in school lessons have talked with them about how their body changes as they grow up.
- ❑ 63% (62%) of pupils responded that they feel they know enough about how their body changes as they get older, while 9% (10%) feel they don't know enough.
- ❑ 74% (75%) of pupils responded that their parents have talked with them about how their feelings/emotions change as they grow up, while 52% (50%) said their teachers have talked with them



in school lessons and 34% (32%) said their friends have.

- ❑ 55% (53%) of pupils responded that either their teachers, the school nurse or visitors in school lessons have talked with them about how their feelings/emotions change as they grow up.

#### **PERIODS**

- ❑ 15% (13%) of Year 6 girls responded that they have started their periods, while 9% (11%) said they 'don't know' if they have.

#### **HIV**

- ❑ 21% (23%) of pupils responded that they know about AIDS (or HIV).
- ❑ 14% (13%) of pupils responded that their parents have talked with them about AIDS (or HIV), while 7% (6%) said their teachers have talked with them in school lessons.

## Significant Differences

Where differences can be seen between your school and the reference sample, you may find the enclosed table of some use in deciding if the differences seen are significant. The 'standard error' of a proportion is an assessment of how reliable our figures are, that is, the margin of error.

Two points in particular should be made:

1. when the sample size is small, it may be that just one individual voting a different way would make a large percentage difference to the results (so, one in twenty is 5%)
2. even if your sample is small, you may have a very high proportion of your available population – if, say, you sample every single pupil of your year 8 class. In this case, the notion of 'margin of error' doesn't really apply to the sampling, only to the process of collecting the responses.

TABLE OF STANDARD ERRORS OF PROPORTION

		Percentage seen in sample				
		10%	20%	30%	40%	50%
Number In sample	20	6.7	8.9	10.2	11.0	11.2
	30	5.5	7.3	8.4	8.9	9.1
	40	4.7	6.3	7.2	7.7	7.9
	50	4.2	5.7	6.5	6.9	7.1
	60	3.9	5.2	5.9	6.3	6.5
	80	3.4	4.5	5.1	5.5	5.6
	100	3.0	4.0	4.6	4.9	5.0
	150	2.4	3.3	3.7	4.0	4.1
	200	2.1	2.8	3.2	3.5	3.5
	300	1.7	2.3	2.6	2.8	2.9
500	1.3	1.8	2.0	2.2	2.2	

So, if you have a sample of 50 students and 30% of them think that the school needs a new swimming pool, we can see from the table that standard error of the percentage is about  $\pm 6.5\%$ .

## List of Significant Differences

Below we have listed some statistically significant differences between Mosaic Collaborative and Solihull Primary.

Sig	Collab.	Solihull	Question
***	35%	58%	of pupils responded that they can get water from a water fountain at school.
***	64%	71%	of pupils described themselves as White English.
*	64%	69%	of pupils responded that they 'often' feel happy during school playtimes.
*	72%	68%	of pupils responded that they play ball games like football or netball at least 'sometimes' during school playtimes.
*	53%	49%	of pupils responded that they spent time playing sport or other physical activity after school on the day before the survey.
*	36%	32%	of pupils responded that they spent their own money on sweets, chocolate etc. in the 7 days before the survey.

Tests: Chi-squared ( $\chi^2$ ). KEY: \* =  $p < 0.05$  (5%)      \*\* =  $p < 0.01$  (1%)      \*\*\* =  $p < 0.001$  (0.1%).

## 2018/2016 Comparisons

	2018		2016	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	208	210	160	130
Girls	189	177	130	161

Your School's data for 2018 compared with your 2016 data in brackets; see notes on interpreting differences.

### Home and School

#### HOME LIFE

- ❑ 65% (62%) of pupils responded that they have at least one brother, while 24% (22%) said they have more than one.
- ❑ 61% (63%) of pupils responded that they have at least one sister, while 19% (19%) said they have more than one.
- ❑ 58% (60%) of pupils responded that they have at least one older brother or sister, while 24% (23%) said they have more than one.

#### SCHOOL

- ❑ 92% (96%) of pupils responded that their work is marked so they can see how to improve it.
- ❑ 87% (90%) of pupils responded that their school helps them work as part of a team.

### Food and Diet

#### WEIGHT

- ❑ 6% (6%) of pupils responded that they would like to put on weight.
- ❑ 29% (24%) of pupils responded that they would like to lose weight.
- ❑ 65% (69%) of pupils responded that they are happy with their weight as it is.

#### BREAKFAST

- ❑ 2% (3%) of pupils responded that they didn't have anything for breakfast on the day of the survey, while 8% (6%) said they had a cooked breakfast.
- ❑ 5% (5%) of pupils responded that they had only a drink for breakfast on the day of the survey.
- ❑ 53% (54%) of pupils responded that they had cereal to eat for breakfast on the day of the survey, while 30% (26%) said they had toast, bread, bagels or croissants.
- ❑ 4% (5%) of pupils responded that they had biscuits for breakfast on the day of the survey.
- ❑ 88% (90%) of pupils responded that they had something to eat or drink for breakfast at home on the day of the survey.

#### FIVE-A-DAY

- ❑ 12% (8%) of boys and 7% (5%) of girls responded that they didn't eat any portions of fruit or vegetables on the day before the survey.
- ❑ 24% (31%) of boys and 26% (30%) of girls responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.

#### FOOD

- ❑ 52% (55%) of pupils responded that they eat vegetables 'on most days'; 60% (60%) said the same of fresh fruit.
- ❑ 38% (40%) of pupils responded that they 'rarely or never' eat any fish/fish fingers.

#### WATER

- ❑ 6% (3%) of pupils responded that they didn't drink any water on the day before the survey.
- ❑ 35% (35%) of pupils responded that they drank at least 'about a litre' of water on the day before the survey.
- ❑ 93% (92%) of pupils responded that they are able to get water at school, while 6% (6%) said 'not easily'.
- ❑ 35% (31%) of pupils responded that they can get water from a water fountain at school; 64% (78%) said they can get it from their own drinking bottle.

### Money

#### SPENDING

- ❑ 36% (34%) of pupils responded that they spent their own money on sweets, chocolate etc. in the 7 days before the survey, while 36% (29%) said they bought books and 34% (28%) bought toys.

### Feeling Safe

#### BULLYING

- ❑ 34% (28%) of boys and 42% (34%) of girls responded that they at least 'sometimes' feel afraid of going to school because of bullying.
- ❑ 7% (3%) of pupils responded that they 'often' or 'very often' feel afraid of going to school because of bullying.
- ❑ 26% (20%) of pupils responded that they have been bullied at or near school in the last 12 months, while 19% (18%) said they 'don't know'.
- ❑ 70% (64%) of boys and 57% (58%) of girls responded that they experienced at least one of the negative behaviours listed at least a 'few times' in the month before the survey, while 10% (6%) of boys and 7% (3%) of girls experienced such behaviour 'every day'.
- ❑ 43% (40%) of pupils responded that they have been called nasty names at least a 'few times' in the month before the survey; 41% (32%) said they have been pushed/hit for no reason.
- ❑ 39% (36%) of pupils responded that they have experienced at least one of the negative behaviours listed in the school playground/field during breaktimes, while 32% (25%) said they have experienced them in a classroom during breaktimes.

- ❑ 17% (15%) of pupils responded that they have been 'picked on' or bullied because of the way they look; 6% (3%) said it was because of their race, colour or religion.
- ❑ 74% (82%) of pupils responded that they think their school takes bullying seriously, while 14% (11%) said they 'don't know'.
- ❑ 3% (2%) of pupils responded that they think others may be frightened of going to school because of them, while 21% (16%) said they 'don't know'.

## Leisure Time

### SCHOOL BREAKTIMES

- ❑ 6% (4%) of pupils responded that they 'never/hardly ever' feel happy during school playtimes, while 30% (21%) said they do so 'sometimes'.
- ❑ 64% (75%) of pupils responded that they 'often' feel happy during school playtimes.
- ❑ 7% (3%) of pupils responded that they 'never/hardly ever' feel safe during school playtimes, while 17% (15%) said they do so 'sometimes'.
- ❑ 77% (81%) of pupils responded that they 'often' feel safe during school playtimes.
- ❑ 89% (93%) of pupils responded that they play running/skipping games/tag at least 'sometimes' during school playtimes; 72% (70%) said they play ball games like football or netball.

### AFTER SCHOOL ACTIVITIES

- ❑ 66% (67%) of pupils responded that they spent time watching TV after school on the day before the survey, while 52% (47%) spent time doing homework and 53% (51%) played sport or other physical activity.

## Physical Activity

### FITNESS

- ❑ 9% (6%) of pupils responded that they think they are 'unfit' or 'very unfit'.
- ❑ 68% (71%) of pupils responded that they think they are 'fit' or 'very fit'.
- ❑ 2% (2%) of pupils responded that they don't enjoy physical activities at all.
- ❑ 83% (85%) of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.
- ❑ 6% (6%) of pupils responded that they were not physically active for an hour or more at all in the week before the survey.
- ❑ 66% (68%) of pupils responded that they were physically active for an hour or more on at least three days in the week before the survey.
- ❑ 11% (8%) of pupils responded that they have not been involved in any physical activity during school time in the 7 days before the survey.
- ❑ 41% (57%) of pupils responded that they have been involved in more than 1½ hours of physical activity during school time in the 7 days before the survey.

### ACTIVE TRAVEL

- ❑ 62% (60%) of pupils responded that they travelled to school by car/van on the day of the survey.

- ❑ 39% (43%) of pupils responded that they walked/scootered to school on the day of the survey.

### SPORTS

- ❑ 93% (91%) of pupils responded that they play or do one or more of the physical activities listed at least 'once a week'.
- ❑ 52% (54%) of pupils responded that they run at least 'once a week', while 53% (45%) said the same of keep-fit and 25% (24%) ride their bike.

## Hygiene

- ❑ 62% (62%) of pupils responded that they washed their hands before lunch on the day before the survey, while 14% (18%) said they were 'not sure'.
- ❑ 88% (91%) of pupils responded that they wash their hands 'whenever possible' after visiting the toilet.
- ❑ 2% (1%) of pupils responded that they 'never or almost never' wash their hands after visiting the toilet.

### DENTAL HEALTH

- ❑ 84% (87%) of pupils responded that they cleaned their teeth at least twice the day before the survey.
- ❑ 1% (1%) of pupils responded that they did not clean their teeth at all on the day before the survey.
- ❑ 78% (80%) of pupils responded that they had a check-up the last time they visited the dentist, while 23% (20%) said they had fillings.

### ASTHMA

- ❑ 11% (13%) of pupils responded that they have asthma, while 9% (11%) said they 'don't know' if they do.
- ❑ 8% (13%) of pupils responded that they took medicine for asthma (pills, inhaler) in the 7 days before the survey.

## Internet Safety

- ❑ 80% (79%) of pupils responded that their parents/carers have rules about what they are allowed to do online.
- ❑ 93% (94%) of pupils responded that they have used the internet at home in the past week and 57% (71%) have used it at school.
- ❑ 75% (70%) of pupils responded that they use the internet for playing online games, while 61% (83%) said they use it for school work/homework.
- ❑ 17% (14%) of pupils responded that they chat online to people they have never met.
- ❑ 4% (3%) of pupils responded that they chat online to people they have never met and have received a message which scared them or made them upset.
- ❑ 89% (90%) of pupils responded that they have been told how to stay safe while chatting online.

## Emotional Health and Wellbeing

### SELF-ESTEEM

- ❑ 22% (16%) of pupils had a med-low self-esteem score (9 or less).
- ❑ 40% (45%) of pupils had a high self-esteem score (15 or more).

- ❑ 90% (91%) of pupils responded that they feel happy talking to other children at school.

#### PEER PRESSURE

- ❑ 46% (50%) of pupils responded that they can 'usually or always' say no when a friend wants them to do something they don't want to do.
- ❑ 21% (18%) of pupils responded that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.
- ❑ 52% (50%) of pupils responded that they 'usually or always' know what to say when they want a friend to do something.
- ❑ 15% (14%) of pupils responded that they 'hardly ever' or 'never' know what to say when they want a friend to do something.

#### WORRYING AND PROBLEMS

- ❑ 90% (88%) of pupils worry at least 'a little' about one or more of the issues listed, while 68% (67%) said they do so 'quite a lot' or 'a lot'.
- ❑ 35% (36%) of pupils responded that they worry about crime 'quite a lot' or 'a lot', while 31% (33%) said they worry about school tests.
- ❑ 27% (26%) of pupils responded that they worry about family relationships 'quite a lot' or 'a lot'; 19% (18%) said they worry about the way they look.

### Alcohol, Smoking, Drugs

#### ALCOHOL

- ❑ 12% (11%) of pupils responded that they have had an alcoholic drink at some point in their lives.
- ❑ Of the 88 (65) pupils who have had an alcoholic drink, they were on average 7 (8) years old when they first tried alcohol.
- ❑ 2% (0%) of Year 6 pupils responded that they had an alcoholic drink on at least one day in the 7 days before the survey; 1% (0%) said they drank alcohol on more than one day.
- ❑ 1% (1%) of pupils responded that they drank beer or lager in the 7 days before the survey, while 0% (1%) drank spirits.
- ❑ 86% (92%) of Year 6 pupils responded that they do not drink alcohol.
- ❑ 11% (7%) of Year 6 pupils responded that they do drink alcohol and their parents 'always' know, while 1% (0%) said their parents 'usually' know.
- ❑ 2% (1%) of Year 6 pupils responded that they drink alcohol and their parents 'never' or only 'sometimes' know.

#### SMOKING

- ❑ 2% (1%) of Year 6 pupils said they have smoked in the past or smoke now.
- ❑ 0% (0%) of pupils responded that they smoked in the week before the survey.
- ❑ 91% (92%) of pupils responded that they think they will not smoke when they are older.

- ❑ 1% (1%) of pupils responded that they think they will smoke when they are older, while 8% (7%) think they may smoke.

#### DRUGS

- ❑ 61% (55%) of pupils responded that their parents have talked with them about drugs (including medicines), while 50% (58%) said their teachers have talked with them in school lessons and 22% (20%) said their friends have.
- ❑ 53% (59%) of pupils responded that either their teachers, the school nurse or visitors in school lessons have talked with them about drugs (incl. medicines).
- ❑ 15% (8%) of pupils responded that they are 'fairly sure' or 'certain' that they know someone who uses drugs (not as medicines).
- ❑ 2% (2%) of Year 6 pupils responded that they have been offered cannabis. 4% (5%) said they 'don't know' if they have.
- ❑ 2% (1%) of Year 6 pupils responded that they have been offered other drugs (not cannabis or medicines), while 5% (2%) said they 'don't know' if they have.

### Growing Up

- ❑ 76% (73%) of pupils responded that their parents have talked with them about how their body changes as they grow up, while 63% (64%) said their teachers have talked with them in school lessons and 34% (31%) said their friends have.
- ❑ 67% (66%) of pupils responded that either their teachers, the school nurse or visitors in school lessons have talked with them about how their body changes as they grow up.
- ❑ 63% (61%) of pupils responded that they feel they know enough about how their body changes as they get older, while 9% (7%) feel they don't know enough.
- ❑ 74% (70%) of pupils responded that their parents have talked with them about how their feelings/emotions change as they grow up, while 52% (57%) said their teachers have talked with them in school lessons and 34% (29%) said their friends have.
- ❑ 55% (59%) of pupils responded that either their teachers, the school nurse or visitors in school lessons have talked with them about how their feelings/emotions change as they grow up.

#### PERIODS

- ❑ 15% (14%) of Year 6 girls responded that they have started their periods, while 9% (11%) said they 'don't know' if they have.

#### HIV

- ❑ 21% (22%) of pupils responded that they know about AIDS (or HIV).
- ❑ 14% (14%) of pupils responded that their parents have talked with them about AIDS (or HIV), while 7% (4%) said their teachers have talked with them in school lessons.

## Significant differences between 2018 and 2016 data

Below we have listed some statistically significant differences between the data collected in the 2018 survey and that collected in 2016. Please note that this list is not exhaustive – we have compared headline figures only.

	2018		2016	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	208	210	160	130
Girls	189	177	130	161

Sig	2018	2016	Question
***	61%	83%	of pupils responded that they use the internet for school work/homework.
***	41%	57%	of pupils responded that they have been involved in more than 1½ hours of physical activity during school time in the 7 days before the survey.
***	64%	78%	of pupils responded that they can get water from their own drinking bottle at school.
***	64%	75%	of pupils responded that they 'often' feel happy during school playtimes.
***	15%	8%	of pupils responded that they are 'fairly sure' or 'certain' that they know someone who uses drugs (not as medicines).
***	41%	32%	of pupils responded that they have been pushed/hit for no reason at least a 'few times' in the month before the survey.
***	74%	82%	of pupils responded that they think their school takes bullying seriously.
***	7%	3%	of pupils responded that they 'often' or 'very often' feel afraid of going to school because of bullying.
***	8%	13%	of pupils responded that they took medicine for asthma (pills, inhaler) in the 7 days before the survey.
***	50%	58%	of pupils responded that their teachers have talked with them in school lessons about drugs (including medicines).
***	32%	25%	of pupils responded that they have experienced at least one of the negative behaviours listed in a classroom during breaktimes.
***	36%	29%	of pupils responded that they spent their own money on books in the 7 days before the survey.
**	22%	16%	of pupils had a med-low self-esteem score (9 or less).
**	7%	3%	of pupils responded that they 'never/hardly ever' feel safe during school playtimes.
**	38%	31%	of pupils responded that they at least 'sometimes' feel afraid of going to school because of bullying.
**	26%	20%	of pupils responded that they have been bullied at or near school in the last 12 months.
**	92%	96%	of pupils responded that their work is marked so they can see how to improve it.
**	89%	93%	of pupils responded that they play running/skipping games/tag at least 'sometimes' during school playtimes.
**	86%	92%	of Year 6 pupils responded that they do not drink alcohol.
**	53%	59%	of pupils responded that either their teachers, the school nurse or visitors in school lessons have talked with them about drugs (incl. medicines).
*	34%	28%	of pupils responded that they spent their own money on toys in the 7 days before the survey.
*	6%	3%	of pupils responded that they have been 'picked on' or bullied because of their race, colour or religion.
*	25%	30%	responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.
*	9%	6%	of pupils responded that they think they are 'unfit' or 'very unfit'.
*	3%	2%	of pupils responded that they think others may be frightened of going to school because of them.
*	10%	6%	responded that they didn't eat any portions of fruit or vegetables on the day before the survey.
*	75%	70%	of pupils responded that they use the internet for playing online games.

Tests: Chi-squared ( $\chi^2$ ). KEY: \* =  $p < 0.05$  (5%) \*\* =  $p < 0.01$  (1%) \*\*\* =  $p < 0.001$  (0.1%).

## Home and School

### Ethnicity

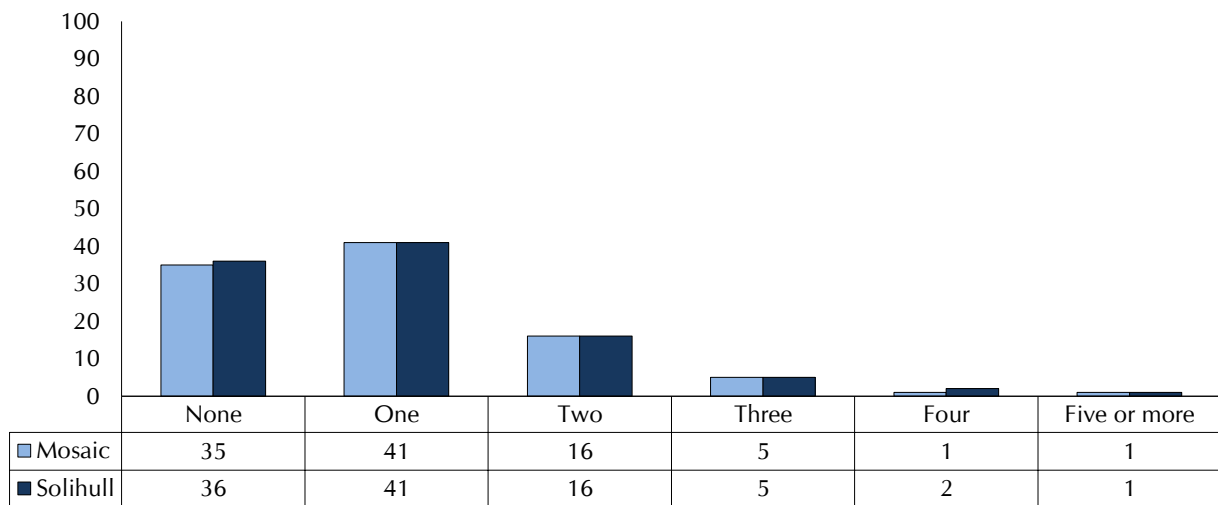
64% (71%) of pupils described themselves as White English.

**QD.** Percentage who described themselves as White English.

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	70	61	71	71
Girls	64	63	72	71

### Home Life

**Q1a.** How many brothers do you have?



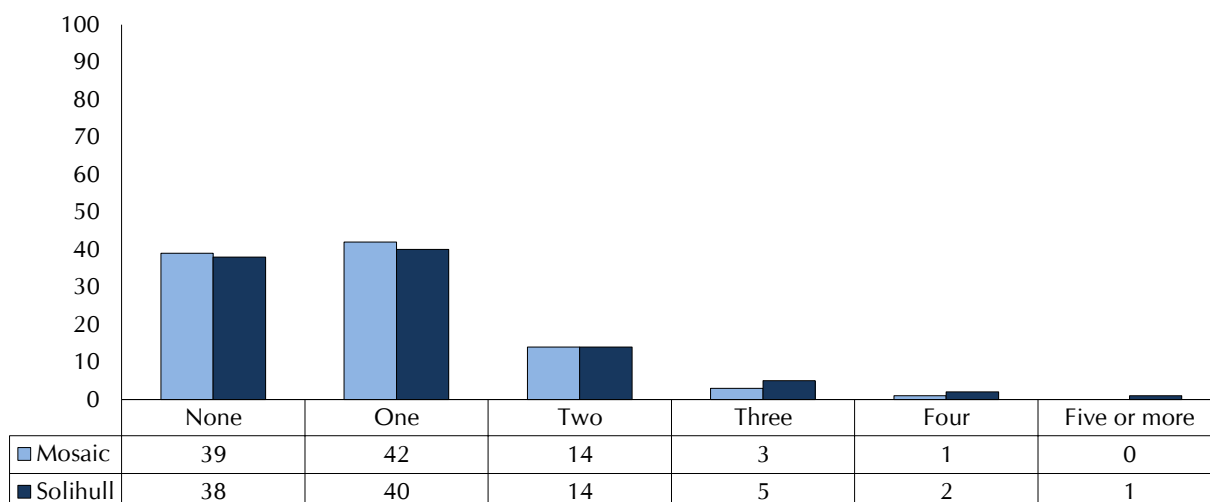
65% (64%) of pupils responded that they have at least one brother, while 24% (24%) said they have more than one.

**Q1a.** Percentage answering that they have at least one brother.

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	65	60	63	63
Girls	68	65	65	66



**Q1b. How many sisters do you have?**

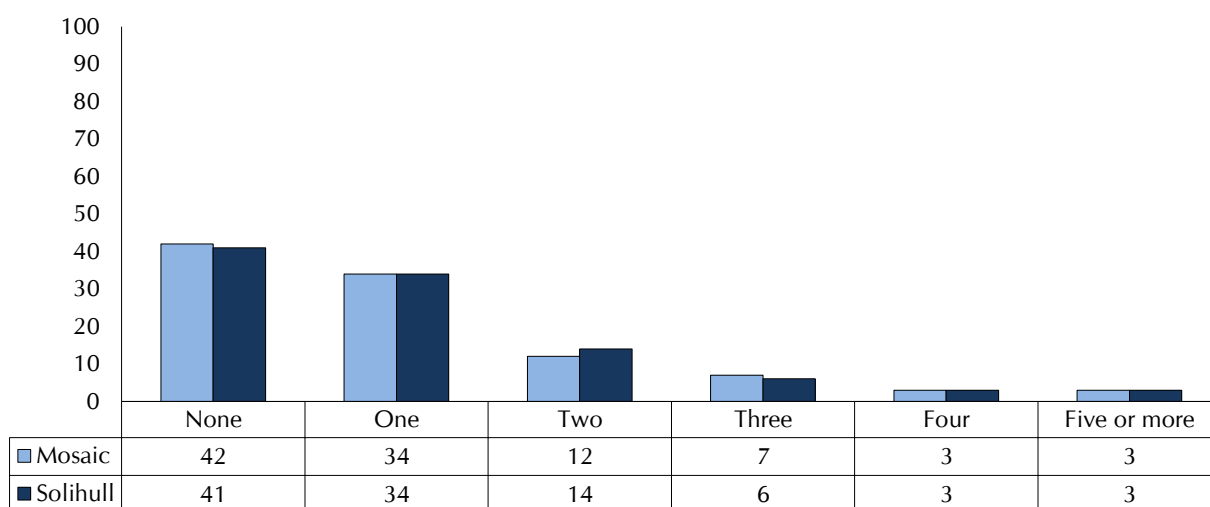


61% (62%) of pupils responded that they have at least one sister, while 19% (21%) said they have more than one.

**Q1b. Percentage answering that they have at least one sister.**

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	59	66	61	64
Girls	58	61	60	62

**Q2. How many brothers and sister are older than you?**



58% (59%) of pupils responded that they have at least one older brother or sister, while 24% (25%) said they have more than one.

**Q2. Percentage answering that they have at least one older brother or sister.**

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	62	61	61	59
Girls	51	59	57	60

## School

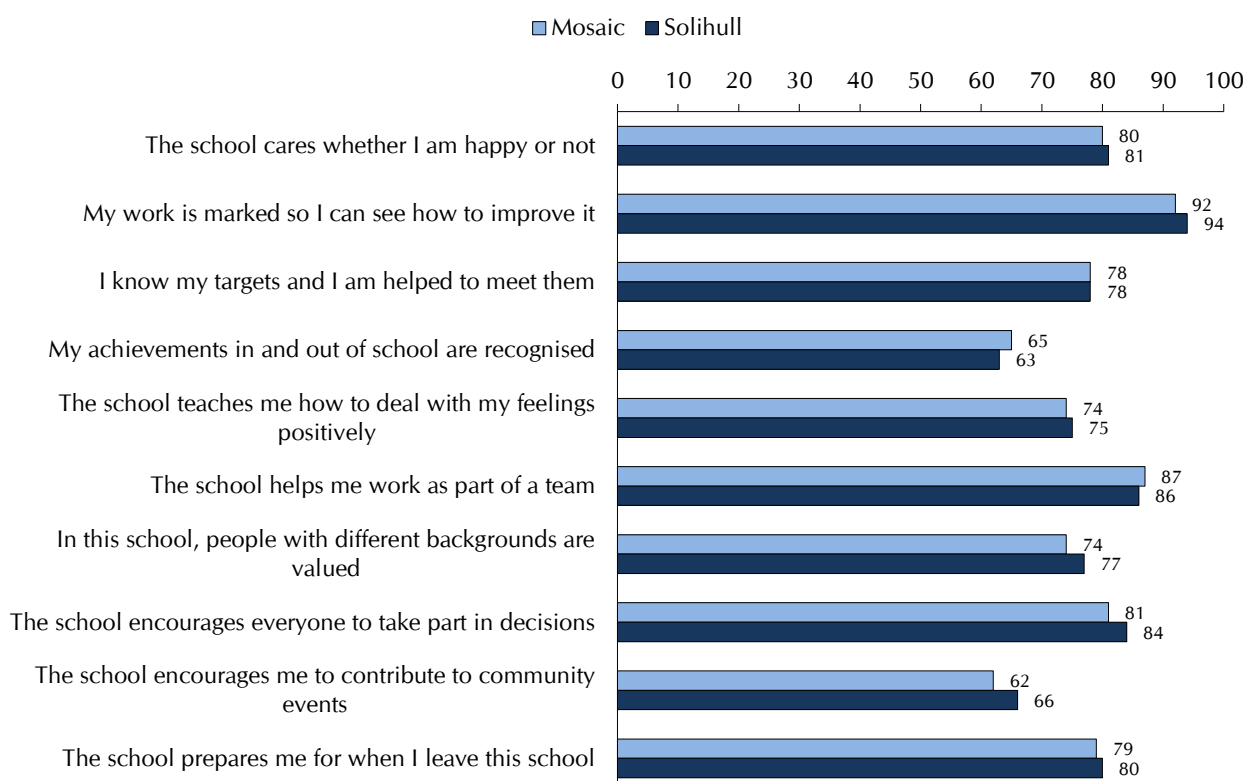
92% (94%) of pupils responded that their work is marked so they can see how to improve it.

**Q3.** Percentage of pupils responding 'yes' to the following statements (Solihull Primary data in brackets):

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
The school cares whether I am happy or not	75 (77)	85 (81)	79 (81)	81 (84)	80 (81)
My work is marked so I can see how to improve it	91 (91)	90 (92)	94 (95)	95 (96)	92 (94)
I know my targets and I am helped to meet them	69 (70)	71 (73)	84 (85)	88 (83)	78 (78)
My achievements in and out of school are recognised	58 (58)	70 (63)	67 (66)	64 (65)	65 (63)
The school teaches me how to deal with my feelings positively	74 (76)	79 (77)	68 (72)	76 (76)	74 (75)
The school helps me work as part of a team	86 (84)	89 (87)	83 (85)	89 (87)	87 (86)
In this school, people with different backgrounds are valued	67 (68)	68 (75)	79 (80)	82 (85)	74 (77)
The school encourages everyone to take part in decisions (e.g. class discussions or school council)	78 (79)	77 (83)	80 (85)	89 (89)	81 (84)
The school encourages me to contribute to community events	60 (64)	63 (70)	64 (63)	61 (68)	62 (66)
The school prepares me for when I leave this school	67 (71)	74 (73)	85 (86)	91 (89)	79 (80)

87% (86%) of pupils responded that their school helps them work as part of a team.

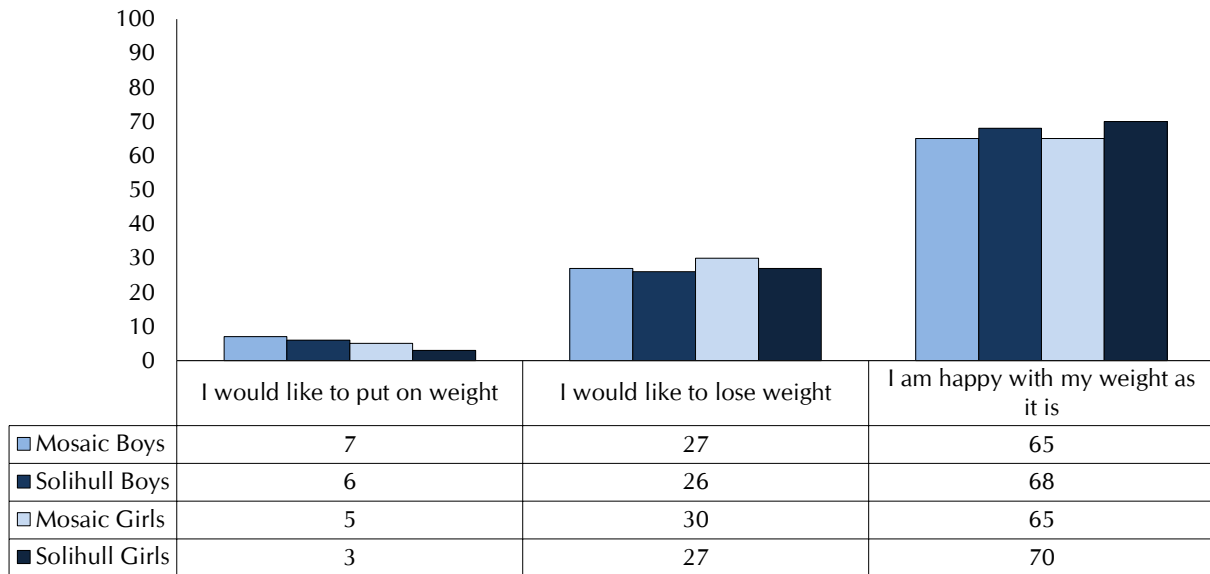
**Q60.** Percentage of pupils responding 'yes' to the following statements:



# Food and Diet

## Weight

**Q4.** Weight: Which statement describes you best?



6% (5%) of pupils responded that they would like to put on weight.

**Q4.** Percentage answering that they would like to put on weight.

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	8	6	6	6
Girls	5	5	3	3

29% (26%) of pupils responded that they would like to lose weight.

**Q4.** Percentage answering that they would like to lose weight.

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	29	26	27	24
Girls	24	35	25	29

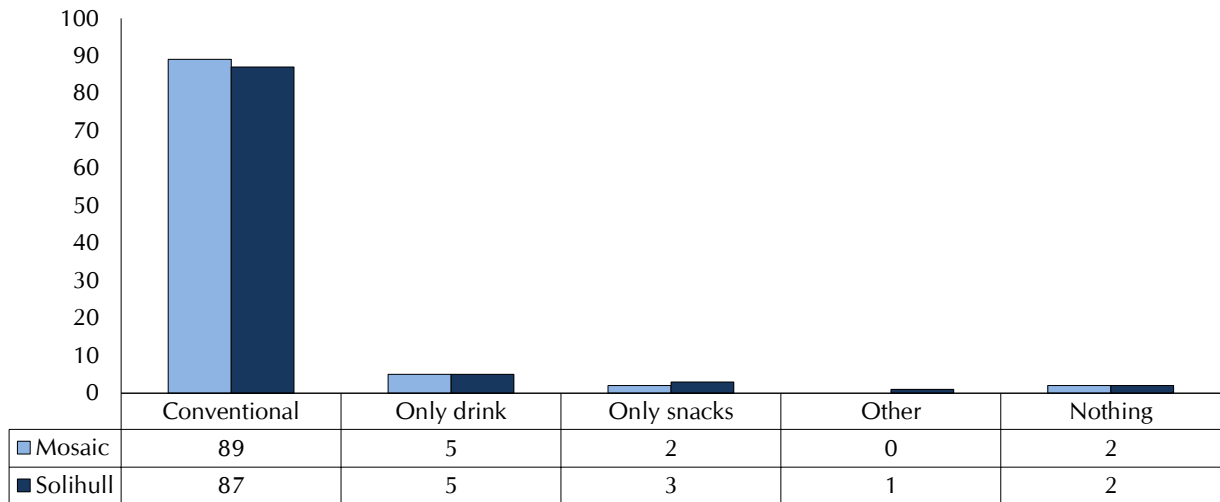
65% (69%) of pupils responded that they are happy with their weight as it is.

**Q4.** Percentage answering that they are happy with their weight as it is.

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	64	67	67	70
Girls	71	60	72	67

## Breakfast

**Q6.** Percentage of pupils responding that they had the following types of breakfast on the day of the survey:



The chart shows the percentages having different types of breakfast. The category 'Conventional' means at least one of cereal; toast, bread, bagels or croissants; breakfast bar; cooked breakfast; fruit or yoghurt. Only snacks means: chocolate bars, sweets; pop tarts or cakes; biscuits or crisp-type snack but not conventional breakfast.

2% (2%) of pupils responded that they didn't have anything for breakfast on the day of the survey, while 8% (7%) said they had a cooked breakfast.

**Q6.** Percentage answering that they didn't have anything to eat or drink before lessons this morning.

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	1	4	2	3
Girls	2	1	1	2

5% (5%) of pupils responded that they had only a drink for breakfast on the day of the survey.

**Q6.** Percentage answering that they had only a drink for breakfast before lessons this morning.

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	7	5	7	5
Girls	5	5	5	4

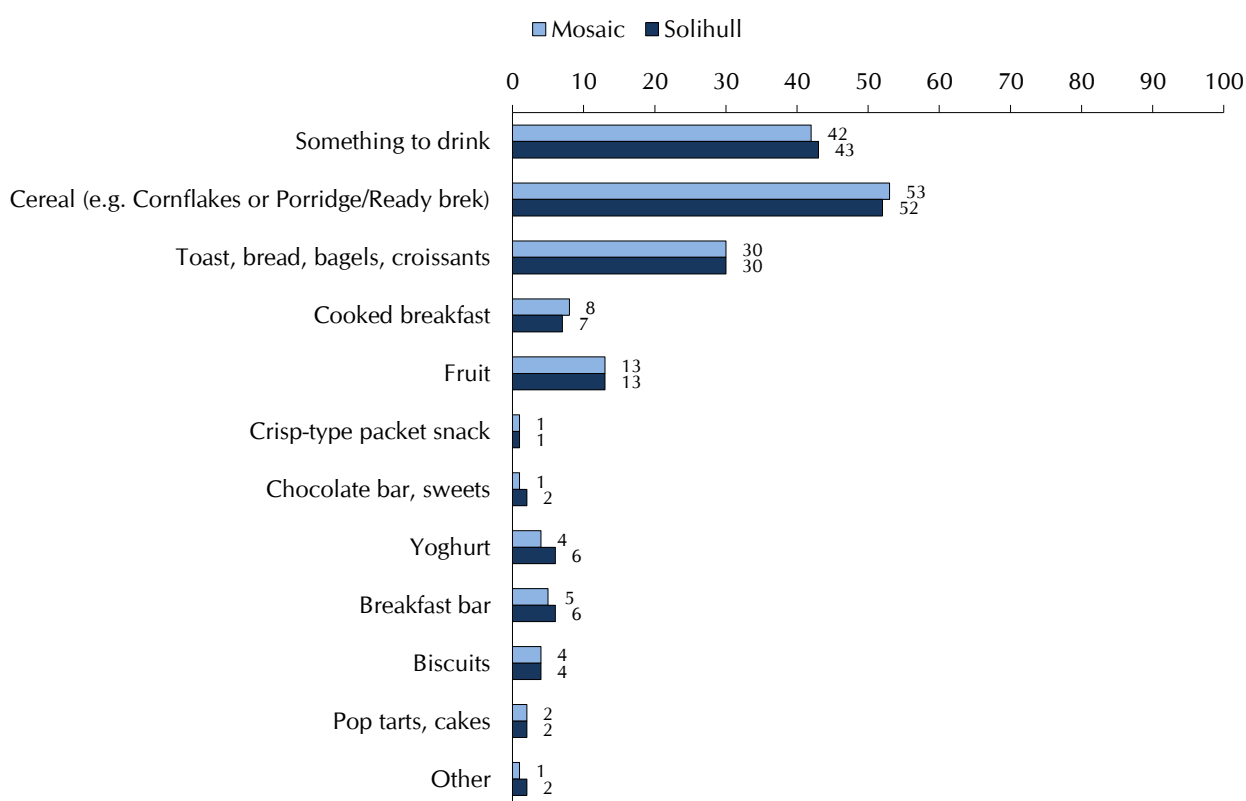
53% (52%) of pupils responded that they had cereal to eat for breakfast on the day of the survey, while 30% (30%) said they had toast, bread, bagels or croissants.

**Q6.** Percentage of pupils responding that they had the following to eat or drink for breakfast on the day of the survey (top 5 – Solihull Primary data in brackets):

Boys			Girls		
1	Cereal (e.g. Cornflakes or Porridge/Ready brek)	53 (53)	1	Cereal (e.g. Cornflakes or Porridge/Ready brek)	53 (51)
2	Something to drink	41 (42)	2	Something to drink	44 (45)
3	Toast, bread, bagels or croissants	29 (29)	3	Toast, bread, bagels or croissants	31 (30)
4	Fruit	12 (12)	4	Fruit	14 (14)
5	Cooked breakfast	9 (8)	5	Cooked breakfast	7 (7)

4% (4%) of pupils responded that they had biscuits for breakfast on the day of the survey.

**Q6.** Percentage of pupils responding that they had the following to eat or drink for breakfast on the day of the survey:



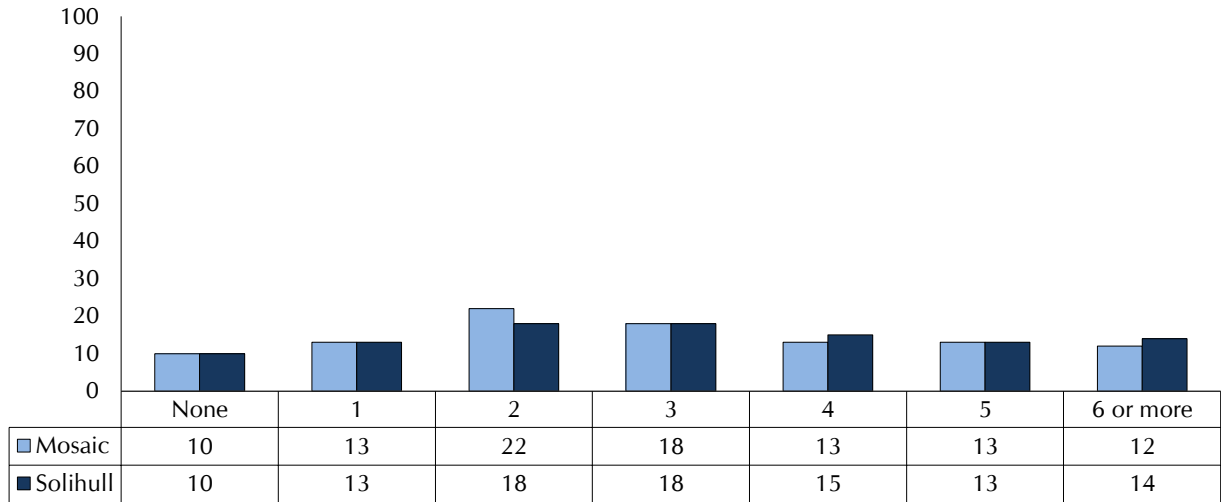
88% (87%) of pupils responded that they had something to eat or drink for breakfast at home on the day of the survey.

**Q5.** Percentage of pupils responding that they had something to eat or drink at the following places for breakfast on the day of the survey (Solihull Primary data in brackets):

Boys			Girls		
1	At home	87 (87)	1	At home	90 (88)
2	At school	14 (14)	2	At school	11 (16)
3	On the way to school	4 (6)	3	On the way to school	4 (6)

## Five-a-day

**Q7.** How many portions of fruit and vegetables did you eat yesterday?



12% (12%) of boys and 7% (8%) of girls responded that they didn't eat any portions of fruit or vegetables on the day before the survey.

**Q7.** Percentage answering that they didn't eat any portions of fruit or vegetables on the day before the survey.

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	16	9	14	9
Girls	11	2	11	6

24% (27%) of boys and 26% (27%) of girls responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.

**Q7.** Percentage answering that they ate at least 5 portions of fruit and vegetables on the day before the survey.

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	17	31	26	27
Girls	21	31	25	28

## Food

52% (52%) of pupils responded that they eat vegetables 'on most days'; 60% (61%) said the same of fresh fruit.

**Q8.** Percentage of pupils responding that they eat or drink the following 'on most days' (Solihull Primary data in brackets):

	Boys	Girls	Total
Any meat	42 (41)	35 (33)	39 (37)
Any fish/fish fingers	9 (9)	8 (6)	9 (8)
Any dairy produce (e.g. cheese, milk)	58 (58)	55 (59)	57 (59)
Vegetarian main meal	12 (11)	11 (11)	12 (11)
Wholemeal bread	24 (27)	30 (26)	27 (26)
Chips or roast potatoes	24 (25)	24 (22)	24 (24)
Rice or pasta	22 (20)	27 (19)	24 (20)
Sugar-coated cereals	23 (23)	17 (17)	20 (20)
High-fibre cereals or muesli	19 (20)	17 (18)	18 (19)
Fresh fruit	54 (57)	66 (65)	60 (61)
Salads	18 (21)	28 (25)	23 (23)
Vegetables	46 (50)	59 (56)	52 (52)
'Diet' fizzy drinks (low calorie)	20 (17)	9 (10)	15 (14)
Other fizzy drinks (not low-calorie)	21 (19)	8 (10)	15 (15)
Water	68 (71)	73 (76)	71 (73)
Crisps/crisp-type packet snack	30 (32)	26 (26)	28 (29)
Sweets, chocolate, choc bars	29 (31)	27 (27)	28 (29)

38% (41%) of pupils responded that they 'rarely or never' eat any fish/fish fingers.

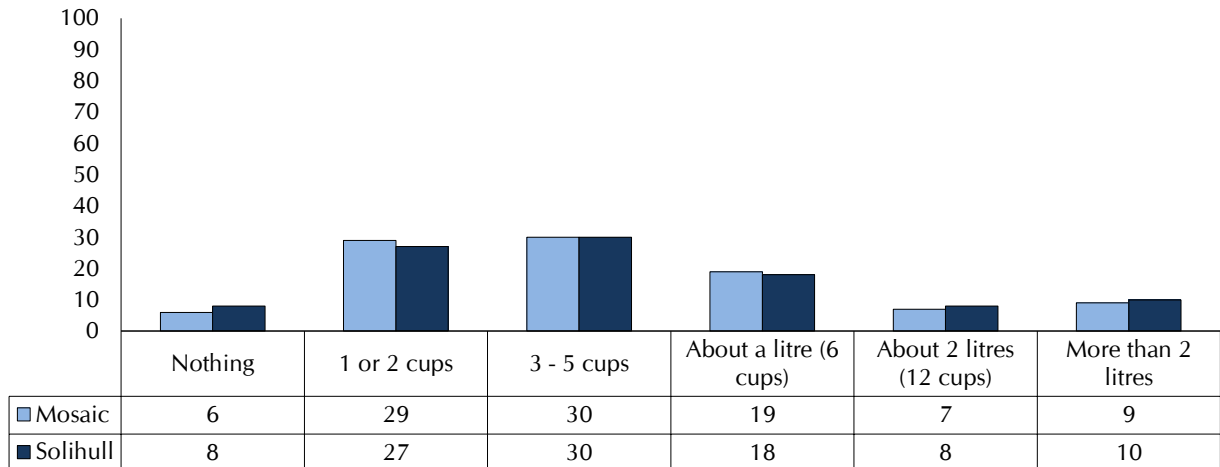
**Q8.** Percentage of pupils responding that they 'rarely or never' eat or drink the following (Solihull Primary data in brackets):

	Boys	Girls	Total
Any meat	11 (10)	10 (11)	11 (10)
Any fish/fish fingers	42 (39)	34 (42)	38 (41)
Any dairy produce	12 (12)	9 ( 8)	10 (10)
Vegetarian main meal	57 (61)	56 (60)	56 (61)
Wholemeal bread	37 (37)	28 (37)	33 (37)
Chips or roast potatoes	11 (11)	9 (10)	10 (10)
Rice or pasta	20 (19)	11 (14)	16 (17)
Sugar-coated cereals	38 (38)	35 (40)	37 (39)
High-fibre cereals or muesli	49 (47)	48 (44)	49 (46)
Fresh fruit	7 ( 7)	3 ( 5)	5 ( 6)
Salads	35 (35)	22 (26)	29 (31)
Vegetables	12 (12)	7 ( 8)	9 (10)
'Diet' fizzy drinks (low calorie)	35 (37)	42 (44)	38 (40)
Other fizzy drinks (not low-calorie)	33 (38)	43 (46)	38 (42)
Water	10 ( 8)	4 ( 6)	7 ( 7)
Crisps/crisp-type packet snack	13 (11)	10 (12)	11 (11)
Sweets, chocolate, choc bars	11 ( 9)	7 ( 8)	9 ( 9)



## Water

**Q26.** How much water did you drink yesterday?



6% (8%) of pupils responded that they didn't drink any water on the day before the survey.

**Q26.** Percentage answering that they didn't drink any water on the day before the survey.

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	8	4	11	7
Girls	7	2	8	5

35% (35%) of pupils responded that they drank at least 'about a litre' of water on the day before the survey.

**Q26.** Percentage answering that they drank at least 'about a litre' of water on the day before the survey.

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	32	43	34	42
Girls	29	34	29	36

93% (93%) of pupils responded that they are able to get water at school, while 6% (6%) said 'not easily'.

**Q27a.** Percentage answering that they can get water at school.

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	91	96	92	93
Girls	91	92	93	92

35% (58%) of pupils responded that they can get water from a water fountain at school; 64% (65%) said they can get it from their own drinking bottle.

**Q27b.** Percentage of pupils responding that they can get water from the following at school (Solihull Primary data in brackets):

Boys			Girls		
1	My own drinking bottle	60 (61)	1	My own drinking bottle	70 (70)
2	Tap in classroom	48 (36)	2	Canteen/dinner room	48 (45)
3	Canteen/dinner room	39 (38)	3	Tap in classroom	41 (33)
4	Water fountain	33 (57)	4	Water fountain	38 (59)
5	Water cooler	26 (12)	5	Water cooler	25 (10)
6	Class water bottles	17 (21)	6	Class water bottles	12 (20)
7	Other	3 (3)	7	Other	1 (3)

# Money

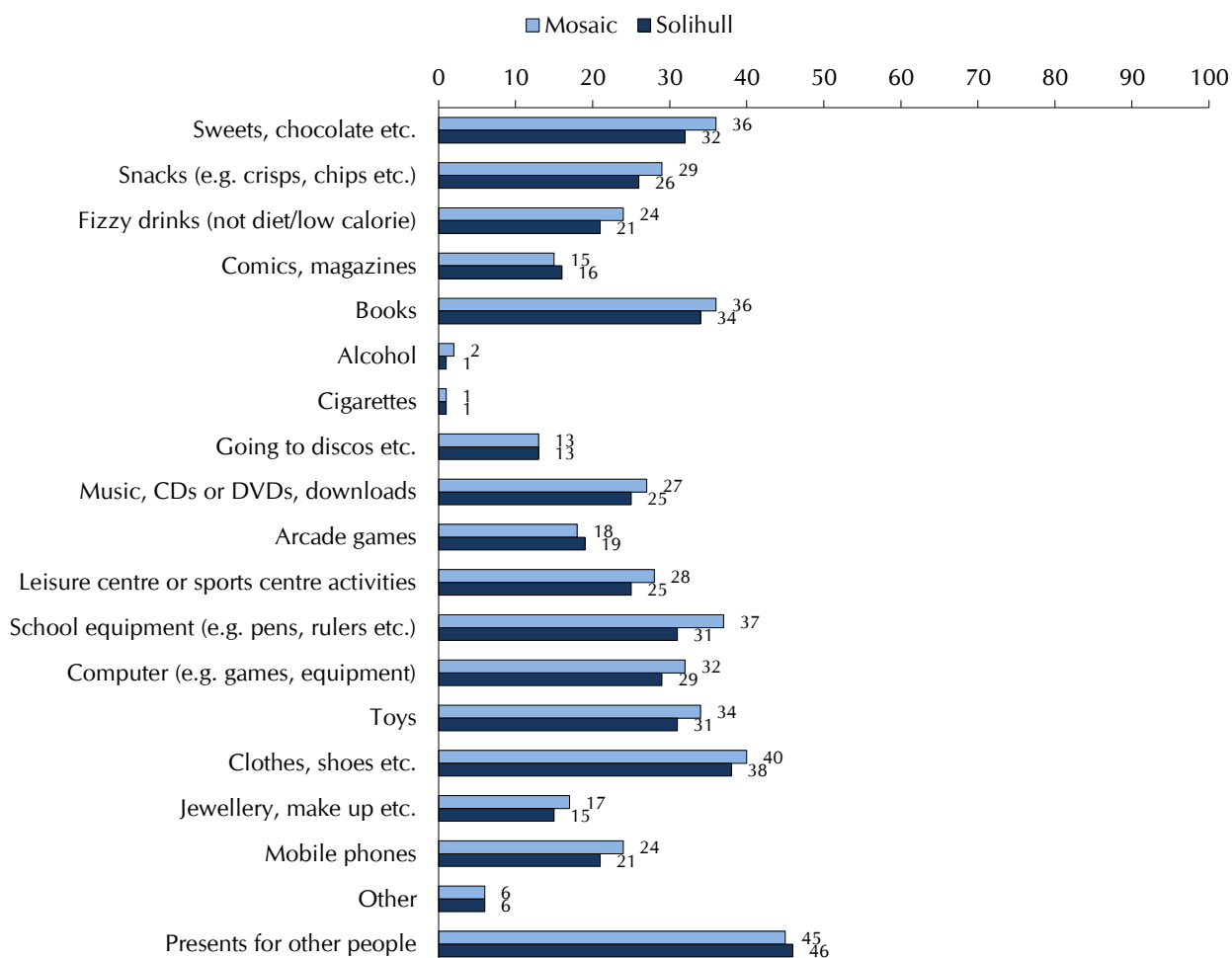
## Spending

36% (32%) of pupils responded that they spent their own money on sweets, chocolate etc. in the 7 days before the survey, while 36% (34%) said they bought books and 34% (31%) bought toys.

**Q9.** Percentage of pupils responding that they spent their own money on the following during the 7 days before the survey (top 10 – Solihull Primary data in brackets):

Boys				Girls			
1	Presents for other people	44	(45)	1	Presents for other people	46	(47)
2	Computer (e.g. games, equipment)	44	(42)	2	Clothes, shoes etc.	44	(41)
3	Sweets, chocolate etc.	38	(33)	3	Books	39	(38)
4	Clothes, shoes etc.	36	(34)	4	School equipment (e.g. pens, rulers etc.)	39	(33)
5	School equipment (e.g. pens, rulers etc.)	35	(28)	5	Toys	37	(32)
6	Books	34	(31)	6	Sweets, chocolate etc.	33	(31)
7	Leisure centre or sports centre activities	33	(30)	7	Jewellery, make up etc.	30	(27)
8	Snacks (e.g. crisps, chips etc.)	33	(29)	8	Snacks (e.g. crisps, chips etc.)	24	(24)
9	Toys	32	(30)	9	Music, CDs or DVDs, downloads	22	(21)
10	Music, CDs or DVDs, downloads	31	(28)	10	Leisure centre or sports centre activities	22	(20)

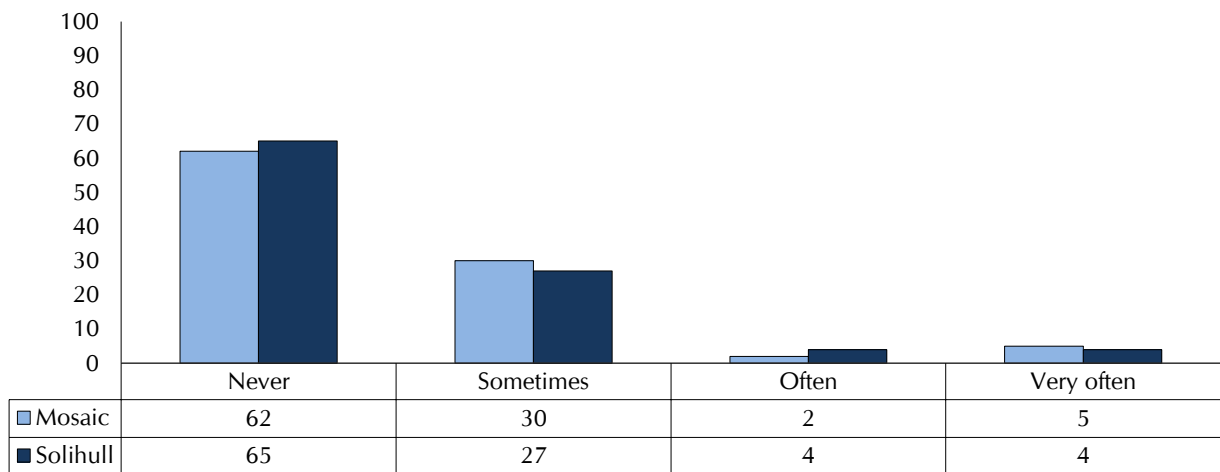
**Q9.** Percentage of pupils responding that they spent their own money on the following during the 7 days before the survey:



## Feeling Safe

### Bullying

**Q10.** Do you ever feel afraid of going to school because of bullying?



34% (30%) of boys and 42% (40%) of girls responded that they at least 'sometimes' feel afraid of going to school because of bullying.

**Q10.** Percentage answering that they at least 'sometimes' feel afraid of going to school because of bullying.

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	40	29	37	23
Girls	46	37	46	34

7% (8%) of pupils responded that they 'often' or 'very often' feel afraid of going to school because of bullying.

**Q10.** Percentage answering that they 'often' or 'very often' feel afraid of going to school because of bullying.

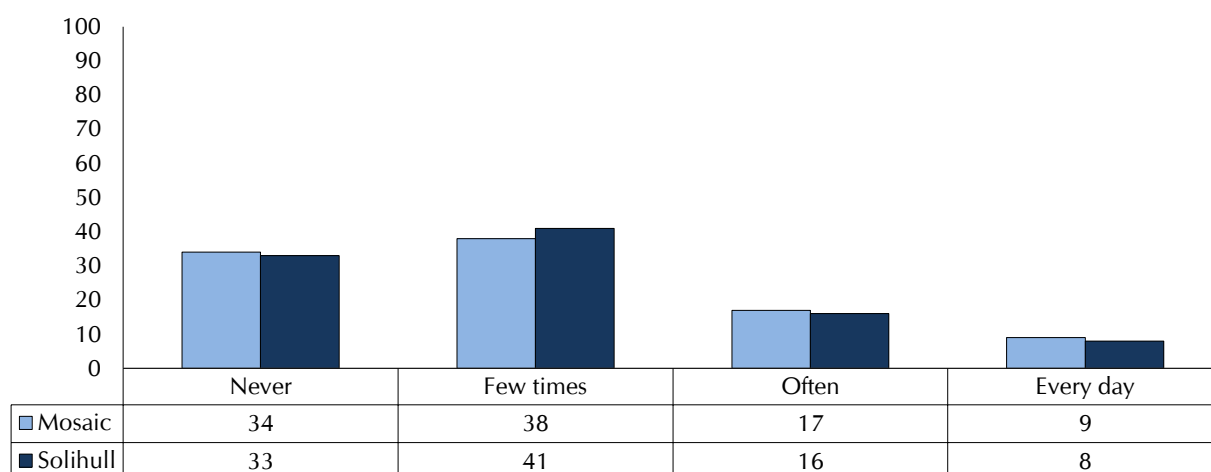
	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	8	4	9	4
Girls	8	10	11	7

26% (24%) of pupils responded that they have been bullied at or near school in the last 12 months, while 19% (18%) said they 'don't know'.

**Q11.** Percentage answering that they have been bullied at or near school in the last 12 months.

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	32	22	30	20
Girls	24	24	27	22

**Q12.** Negative behaviour summary: Percentage of pupils responding that they experienced at least one of the negative behaviours listed in the month before the survey...:



Most frequent negative behaviour recorded.

70% (68%) of boys and 57% (63%) of girls responded that they experienced at least one of the negative behaviours listed at least a 'few times' in the month before the survey, while 10% (10%) of boys and 7% (7%) of girls experienced such behaviour 'every day'.

**Q12.** Percentage answering that they experienced one or more of the negative behaviours listed at least a 'few times' in the month before the survey.

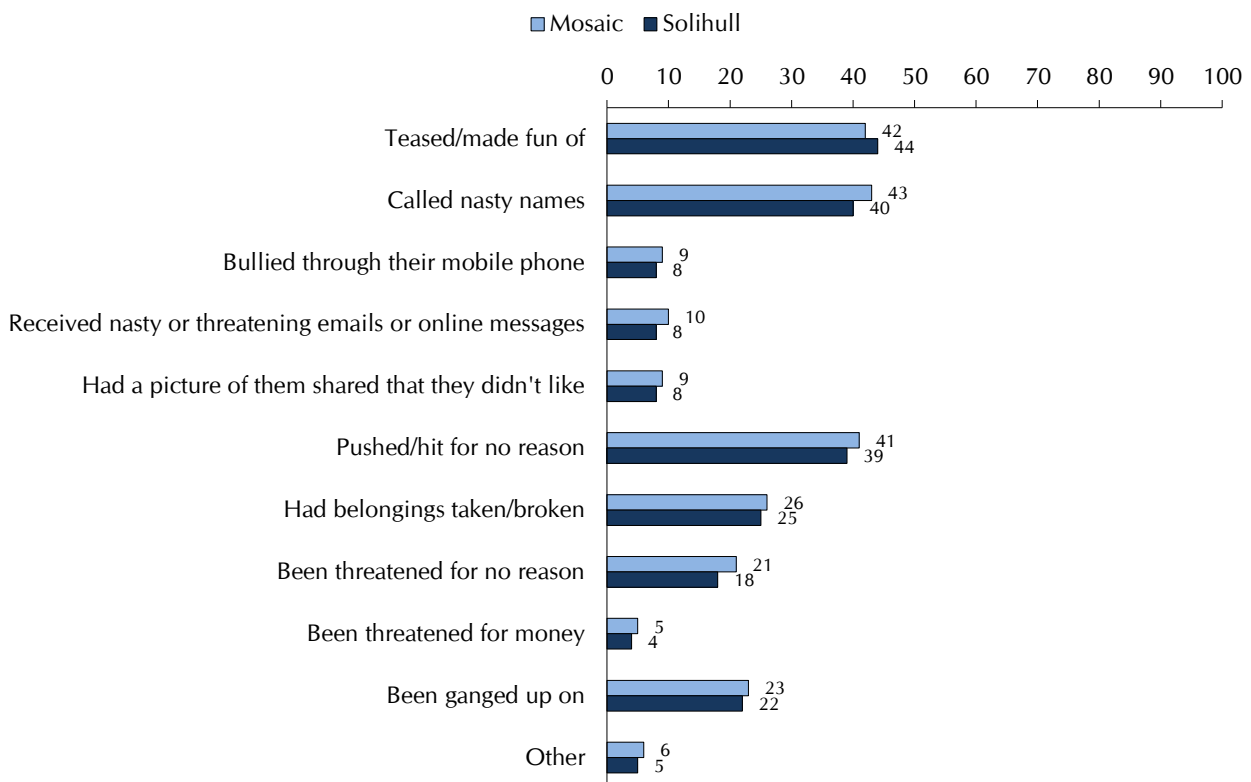
	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	76	64	74	62
Girls	60	55	64	61

43% (40%) of pupils responded that they have been called nasty names at least a 'few times' in the month before the survey; 41% (39%) said they have been pushed/hit for no reason.

**Q12.** Percentage of pupils responding that they have experienced the following at least a 'few times' in the month before the survey (top 10 – Solihull Primary data in brackets):

Boys				Girls			
1	Called nasty names	50	(43)	1	Teased/made fun of	35	(41)
2	Pushed/hit for no reason	49	(45)	2	Called nasty names	35	(36)
3	Teased/made fun of	48	(47)	3	Pushed/hit for no reason	31	(32)
4	Been ganged up on	30	(25)	4	Had belongings taken/broken	22	(24)
5	Had belongings taken/broken	29	(26)	5	Been ganged up on	16	(19)
6	Been threatened for no reason	26	(23)	6	Been threatened for no reason	14	(13)
7	Received nasty or threatening emails or online messages	13	(10)	7	Bullied through their mobile phone	9	(8)
8	Had a picture of them shared that they didn't like	11	(9)	8	Had a picture of them shared that they didn't like	7	(8)
9	Bullied through their mobile phone	8	(7)	9	Received nasty or threatening emails or online messages	6	(6)
10	Been threatened for money	8	(6)	10	Other	5	(5)

**Q12.** Percentage of pupils responding that they have experienced the following at least a 'few times' in the month before the survey:



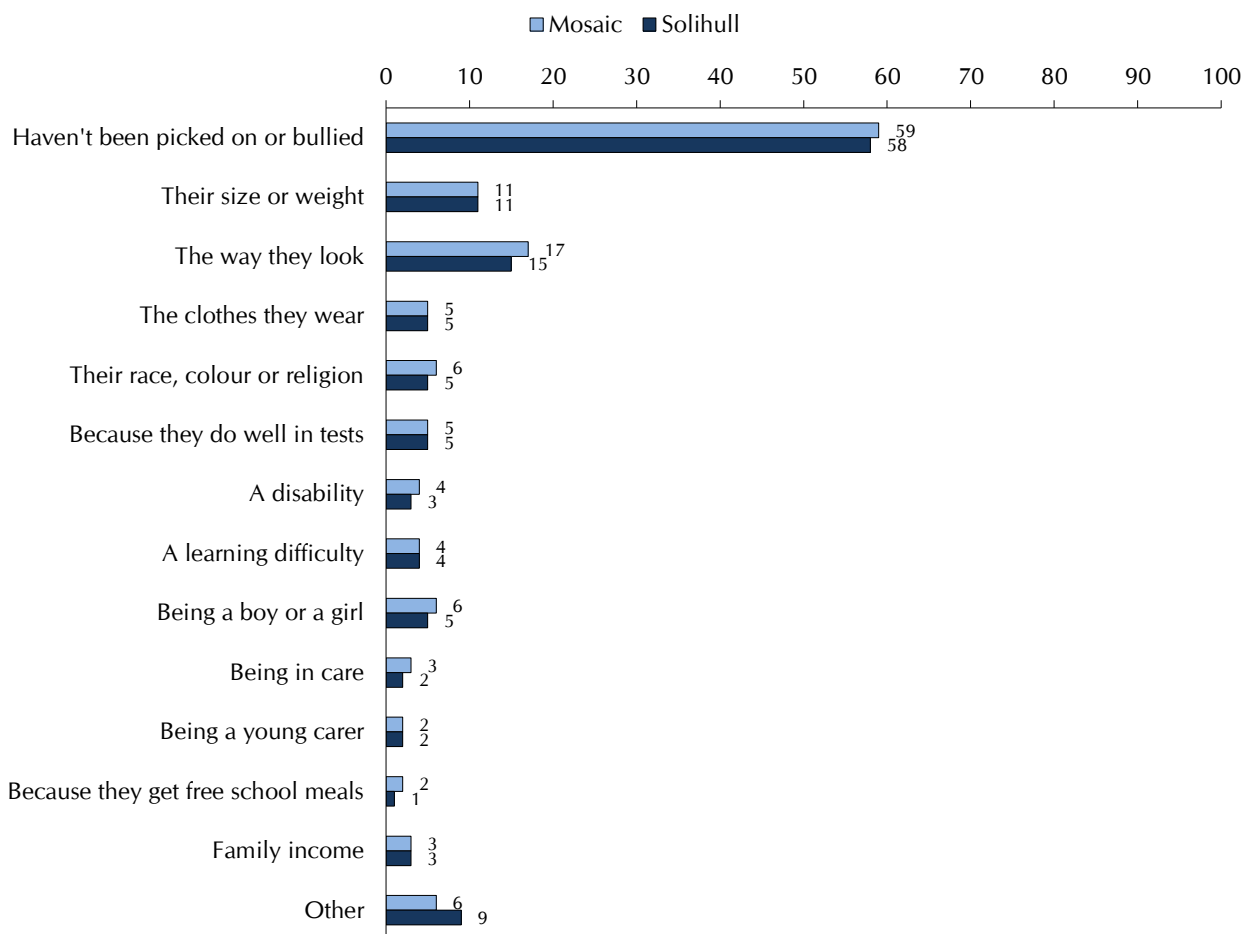
39% (37%) of pupils responded that they have experienced at least one of the negative behaviours listed in the school playground/field during breaktimes, while 32% (31%) said they have experienced them in a classroom during breaktimes.

**Q13.** Percentage of pupils responding that they have experienced negative behaviour listed at the following places in the last month (top 5 – Solihull Primary data in brackets):

Boys			Girls		
1	In the school playground/field (breaktimes)	43 (38)	1	In the school playground/field (breaktimes)	35 (36)
2	In a classroom (breaktimes)	34 (31)	2	In a classroom (breaktimes)	31 (31)
3	At or near home	17 (18)	3	During lesson time	19 (19)
4	During lesson time	16 (14)	4	In the corridors	16 (14)
5	In the corridors	14 (11)	5	At or near home	14 (17)

17% (15%) of pupils responded that they have been 'picked on' or bullied because of the way they look; 6% (5%) said it was because of their race, colour or religion.

**Q14.** Percentage of pupils responding that they think they have been 'picked on' or bullied for the following reasons:



74% (77%) of pupils responded that they think their school takes bullying seriously, while 14% (14%) said they 'don't know'.

**Q15.** Percentage answering that they think their school takes bullying seriously.

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	73	75	73	80
Girls	74	76	75	79

3% (4%) of pupils responded that they think others may be frightened of going to school because of them, while 21% (20%) said they 'don't know'.

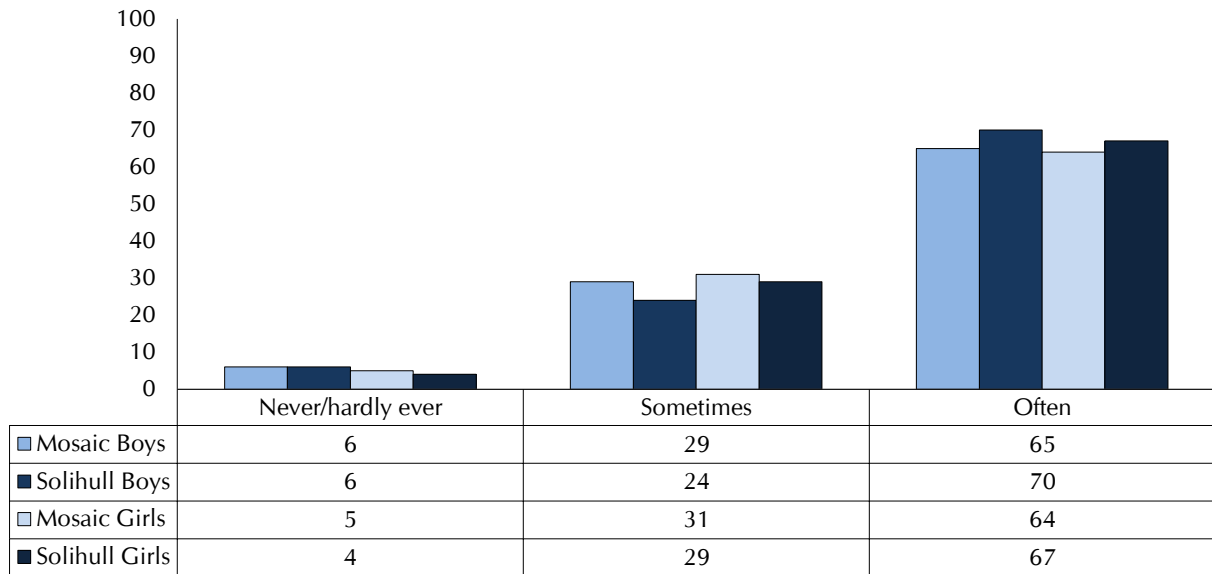
**Q16.** Percentage answering that they think others may feel frightened of going to school because of them.

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	3	5	5	4
Girls	2	3	3	2

## Leisure Time

### School breaktimes

**Q17a.** During school playtimes (including dinner times), do you feel happy?



6% (5%) of pupils responded that they 'never/hardly ever' feel happy during school playtimes, while 30% (26%) said they do so 'sometimes'.

**Q17a.** Percentage answering that they 'never/hardly ever' feel happy during school playtimes.

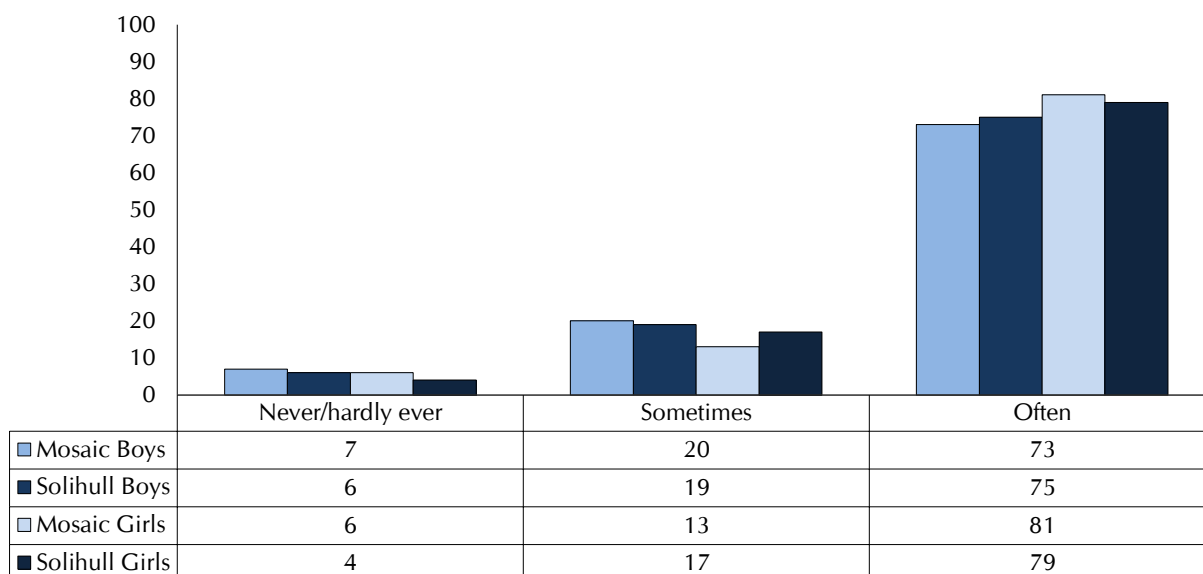
	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	8	4	9	4
Girls	5	5	6	3

64% (69%) of pupils responded that they 'often' feel happy during school playtimes.

**Q17a.** Percentage answering that they 'often' feel happy during school playtimes.

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	60	70	66	75
Girls	63	64	64	70

**Q17b.** During school playtimes (including dinner times), do you feel safe?



7% (5%) of pupils responded that they 'never/hardly ever' feel safe during school playtimes, while 17% (18%) said they do so 'sometimes'.

**Q17b.** Percentage answering that they 'never/hardly ever' feel safe during school playtimes.

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	10	5	8	4
Girls	5	6	5	3

77% (77%) of pupils responded that they 'often' feel safe during school playtimes.

**Q17b.** Percentage answering that they 'often' feel safe during school playtimes.

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	65	81	71	80
Girls	81	82	75	82

89% (89%) of pupils responded that they play running/skipping games/tag at least 'sometimes' during school playtimes; 72% (68%) said they play ball games like football or netball.

**Q18.** Percentage of pupils responding that they do the following at least 'sometimes' during school playtimes (top 5 – Solihull Primary data in brackets):

Boys			Girls		
1	Chatting/talking	96 (95)	1	Chatting/talking	98 (97)
2	Running/skipping games/tag	88 (88)	2	Running/skipping games/tag	91 (91)
3	Ball games like football or netball	84 (81)	3	Queuing for lunch	65 (63)
4	Queuing for lunch	68 (66)	4	Ball games like football or netball	60 (55)
5	Reading quietly or being in the library	42 (33)	5	Reading quietly or being in the library	55 (43)



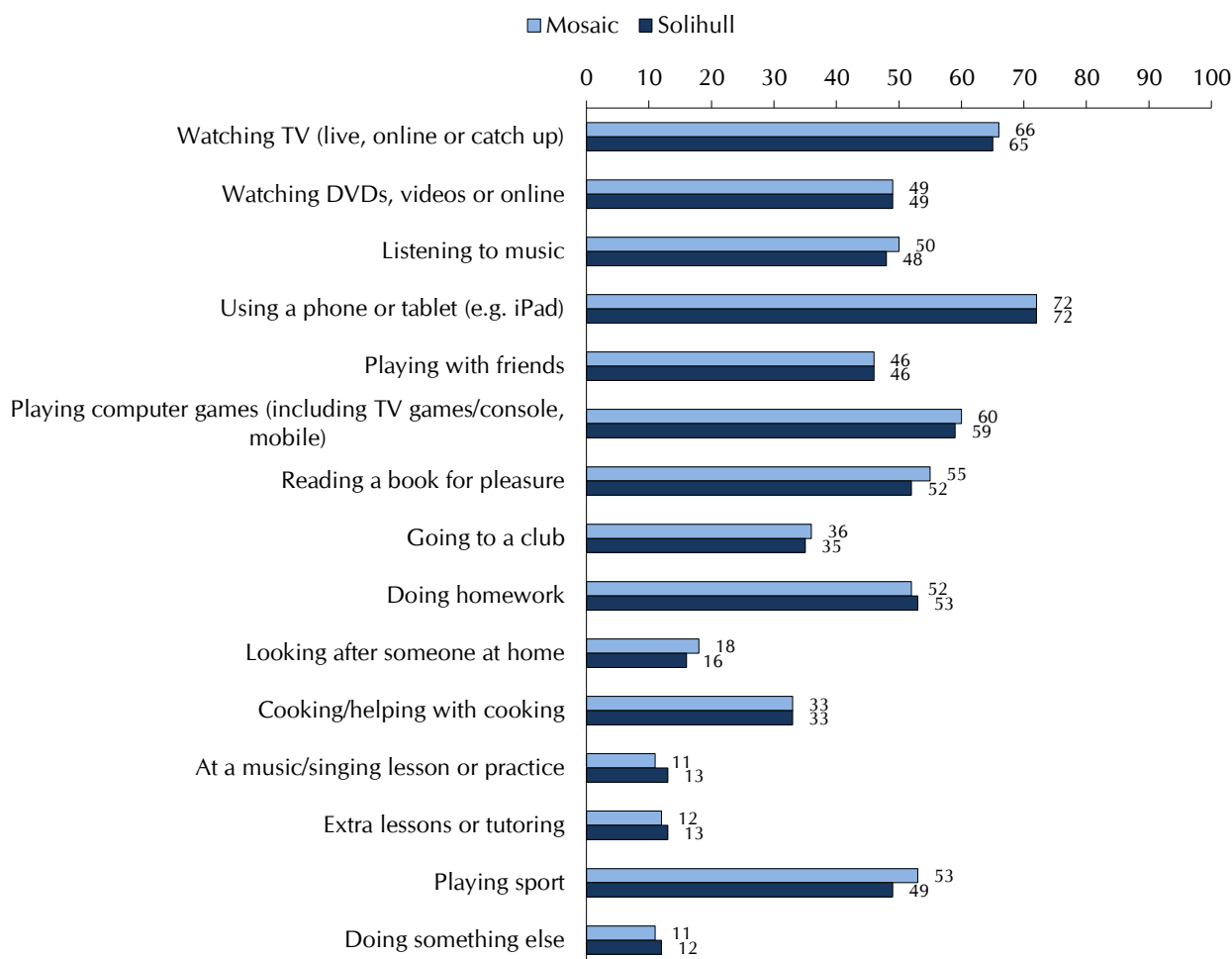
## After school activities

66% (65%) of pupils responded that they spent time watching TV after school on the day before the survey, while 52% (53%) spent time doing homework and 53% (49%) played sport or other physical activity.

**Q19.** Percentage of pupils responding that they spent time doing the following after school on the day before the survey (top 10 – Solihull Primary data in brackets):

Boys			Girls		
1	Playing computer games (including TV games/console, mobile)	76 (76)	1	Using a phone or tablet (e.g. iPad)	72 (71)
2	Using a phone or tablet (e.g. iPad)	72 (73)	2	Watching TV (live, online or catch up)	65 (64)
3	Watching TV (live, online or catch up)	67 (66)	3	Reading a book for pleasure	63 (57)
4	Playing with friends	58 (54)	4	Doing homework	53 (56)
5	Playing sport or other physical activity	57 (51)	5	Listening to music	52 (49)
6	Watching DVDs, videos or online	55 (55)	6	Playing sport or other physical activity	48 (46)
7	Doing homework	52 (50)	7	Playing computer games (including TV games/console, mobile)	43 (42)
8	Listening to music	49 (47)	8	Watching DVDs, videos or online	42 (43)
9	Reading a book for pleasure	48 (47)	9	Cooking/helping with cooking	38 (38)
10	Going to a club	40 (37)	10	Playing with friends	33 (38)

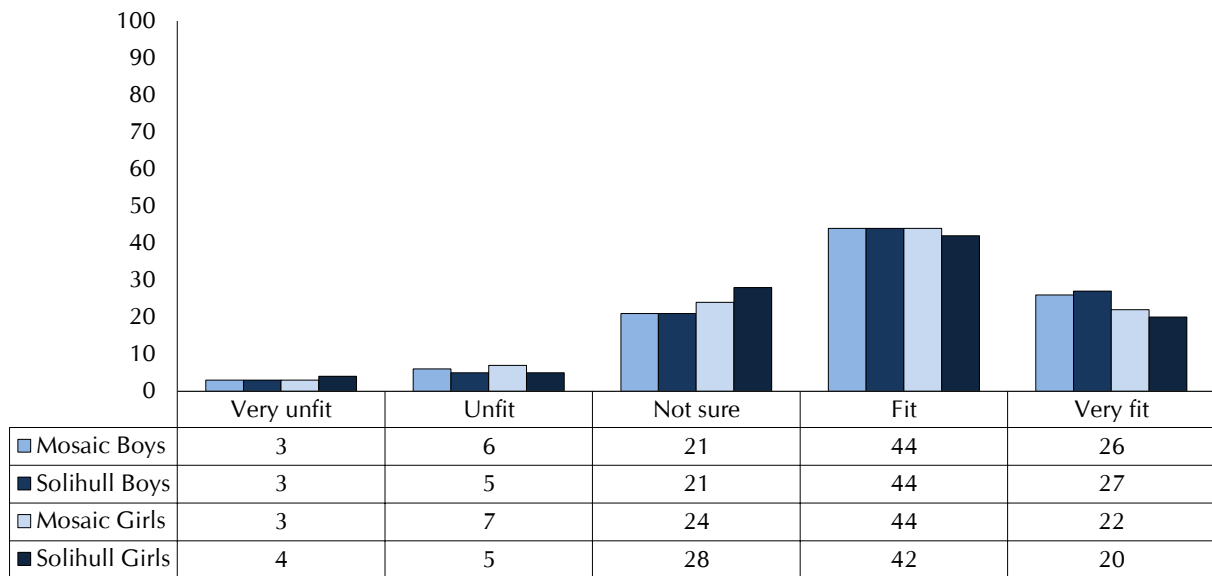
**Q19.** Percentage of pupils responding that they spent time doing the following after school on the day before the survey:



# Physical Activity

## Fitness

Q20. How fit do you think you are?



9% (9%) of pupils responded that they think they are 'unfit' or 'very unfit'.

Q20. Percentage answering that they think they are 'unfit' or 'very unfit'.

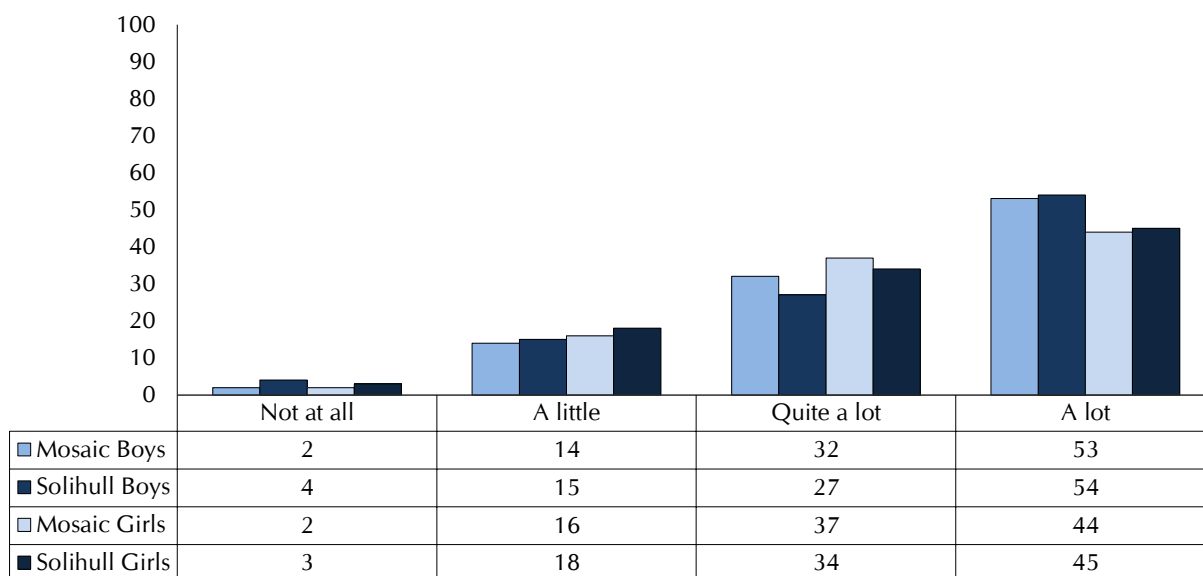
	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	11	6	8	8
Girls	6	14	7	12

68% (67%) of pupils responded that they think they are 'fit' or 'very fit'.

Q20. Percentage answering that they think they are 'fit' or 'very fit'.

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	65	75	69	73
Girls	63	68	64	61

**Q21. How much do you enjoy physical activities?**



2% (3%) of pupils responded that they don't enjoy physical activities at all.

**Q21.** Percentage answering that they don't enjoy physical activities at all.

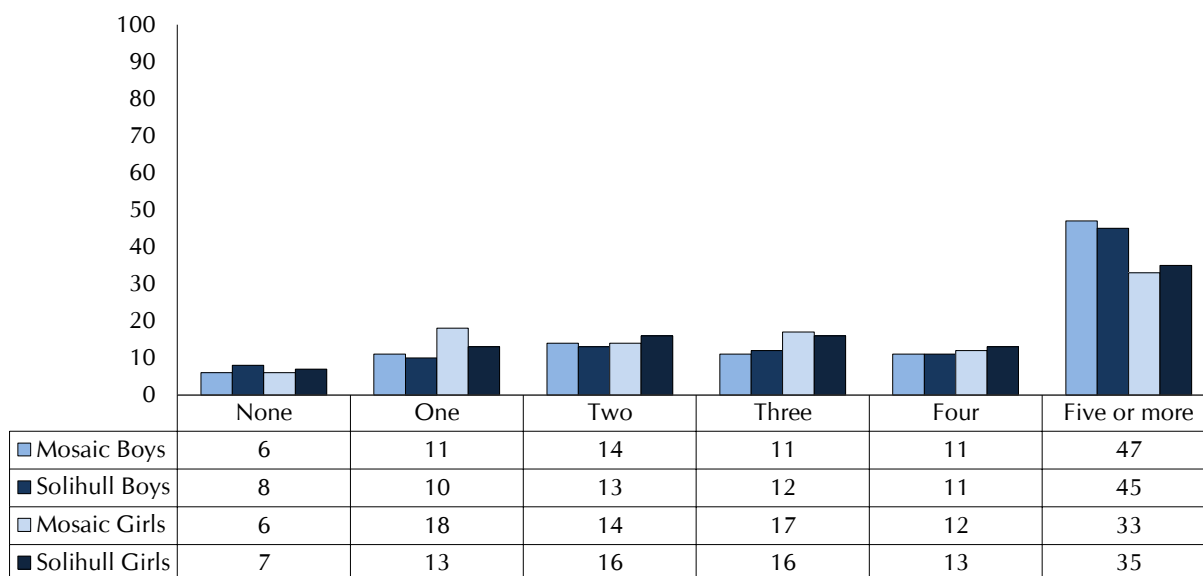
	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	2	2	5	2
Girls	3	1	4	2

83% (80%) of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.

**Q21.** Percentage answering that they enjoy physical activities 'quite a lot' or 'a lot'.

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	82	87	76	87
Girls	79	84	76	82

**Q22.** On how many days in the last week have you been physically active for an hour or more?



6% (7%) of pupils responded that they were not physically active for an hour or more at all in the week before the survey.

**Q22.** Percentage answering that they were not physically active for an hour or more at all in the week before the survey.

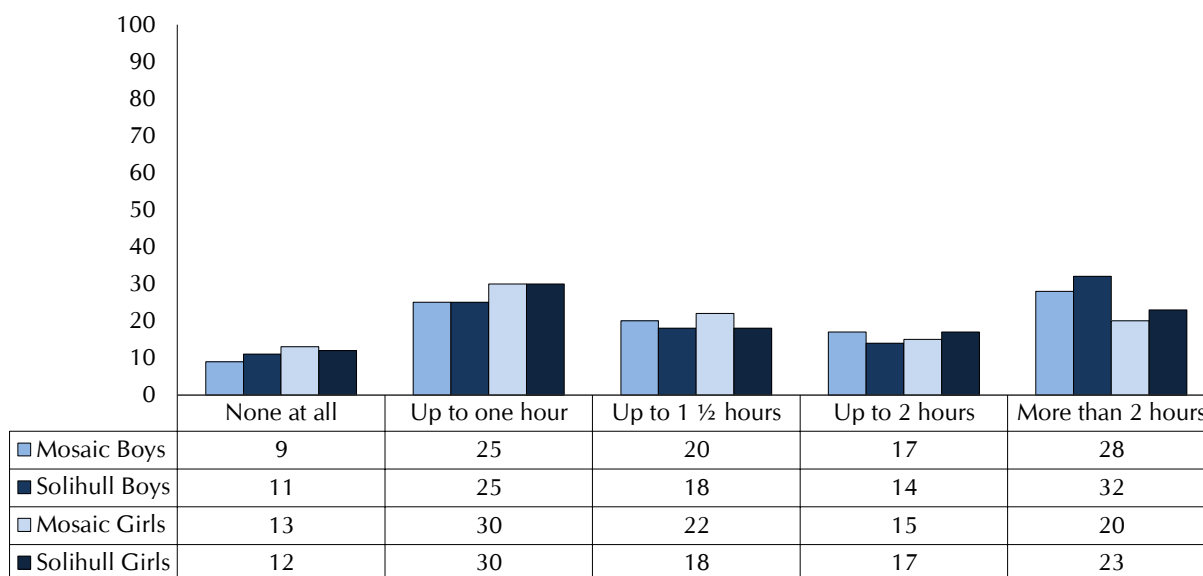
	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	9	3	12	5
Girls	7	3	9	4

66% (67%) of pupils responded that they were physically active for an hour or more on at least three days in the week before the survey.

**Q22.** Percentage answering that they were physically active for an hour or more on at least three days in the week before the survey.

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	58	80	60	78
Girls	53	72	57	72

**Q23.** How much physical activity have you been involved in during school time in the last 7 days?



11% (11%) of pupils responded that they have not been involved in any physical activity during school time in the 7 days before the survey.

**Q23.** Percentage answering that they have not been involved in any physical activity during school time in the 7 days before the survey.

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	12	6	14	7
Girls	16	10	14	9

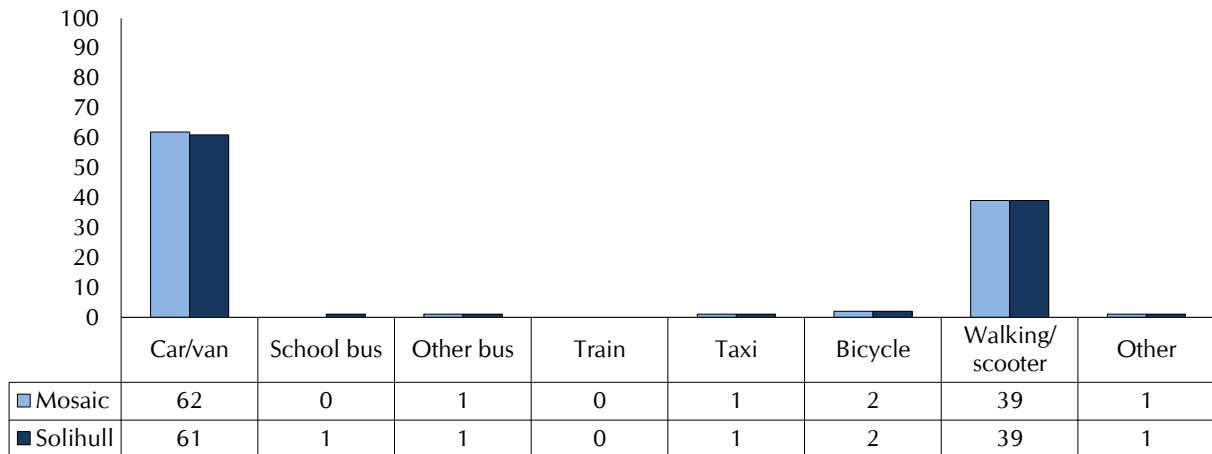
41% (43%) of pupils responded that they have been involved in more than 1 ½ hours of physical activity during school time in the 7 days before the survey.

**Q23.** Percentage answering that they have been involved in more than 1 ½ hours of physical activity during school time in the 7 days before the survey.

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	42	49	38	54
Girls	30	40	36	44

## Active travel

### Q24. How did you get to school today?



62% (61%) of pupils responded that they travelled to school by car/van on the day of the survey.

**Q24.** Percentage answering that they travelled to school by car/van on the day of the survey.

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	61	66	60	63
Girls	60	58	61	61

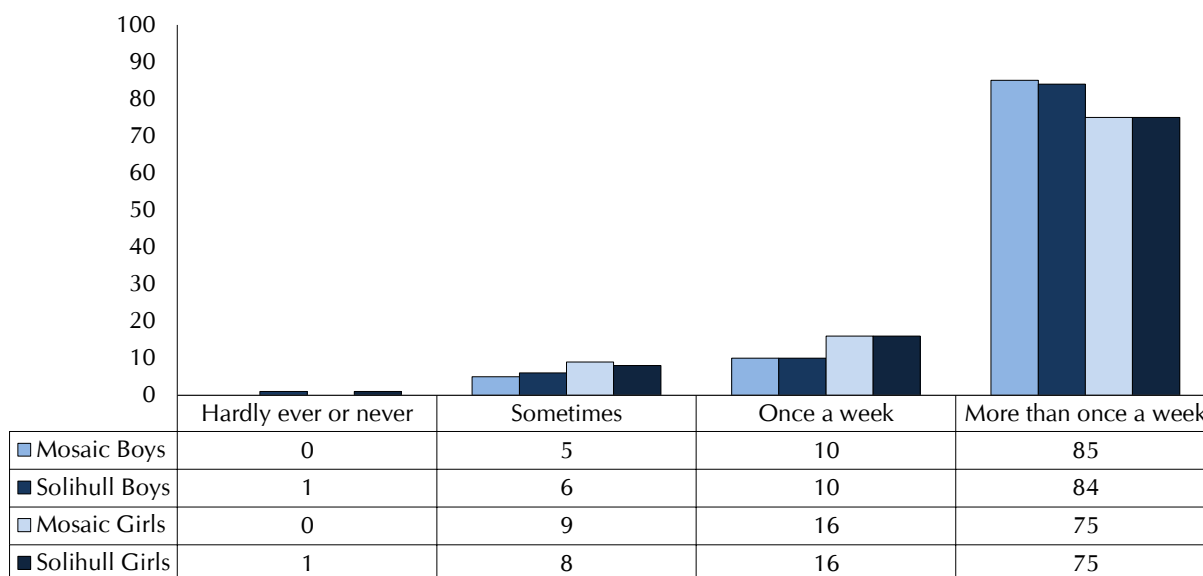
39% (39%) of pupils responded that they walked/scootered to school on the day of the survey.

**Q24.** Percentage answering that they walked/scootered to school on the day of the survey.

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	39	36	38	39
Girls	39	44	40	40

## Sports

**Q25.** Physical activity summary: Percentage of pupils responding that they play or do at least one of the physical activities listed....:



Most frequent activity recorded.

93% (92%) of pupils responded that they play or do one or more of the physical activities listed at least 'once a week'.

**Q25.** Percentage answering that they play or do one or more of the physical activities listed at least 'once a week'.

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	93	95	93	94
Girls	89	93	90	93

52% (54%) of pupils responded that they run at least 'once a week', while 53% (54%) said the same of keep-fit and 25% (24%) ride their bike.

**Q25.** Percentage of pupils responding that they play or do the following physical activities at least 'once a week' (top 10 – Solihull Primary data in brackets):

Boys				Girls			
1	Football	63	(60)	1	Dancing/gymnastics/ballet/trampoline	56	(55)
2	Running (races or tag games)	58	(60)	2	Keep-fit	50	(52)
3	Keep-fit	55	(56)	3	Running (races or tag games)	45	(47)
4	Going for walks	37	(42)	4	Going for walks	42	(43)
5	Swimming	33	(34)	5	Swimming	31	(35)
6	Riding their bike	29	(29)	6	Riding their bike	20	(19)
7	Basketball	29	(24)	7	Netball/first step netball	20	(18)
8	Judo, karate (club), boxing	26	(27)	8	Football	17	(18)
9	Cricket/kwicket cricket	19	(20)	9	Judo, karate (club), boxing	14	(10)
10	Dancing/gymnastics/ballet/trampoline	17	(18)	10	Basketball	11	(10)

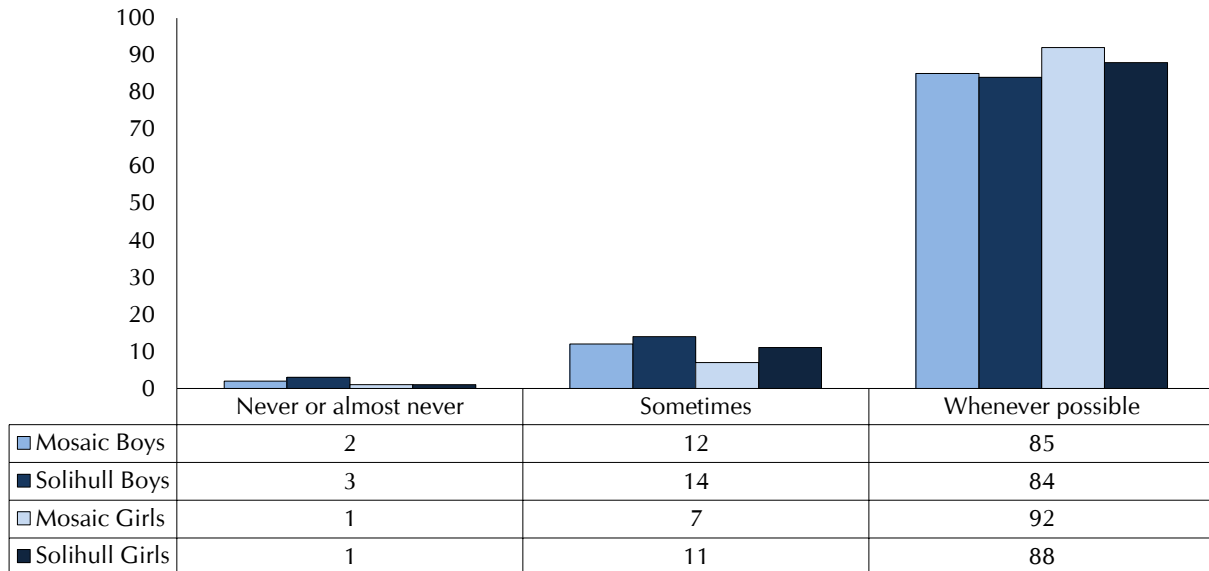
## Health & Hygiene

62% (65%) of pupils responded that they washed their hands before lunch on the day before the survey, while 14% (15%) said they were 'not sure'.

**Q28.** Percentage answering that they washed their hands before lunch on the day before the survey.

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	61	64	63	67
Girls	55	67	64	65

**Q29.** Do you wash your hands after visiting the toilet?



88% (86%) of pupils responded that they wash their hands 'whenever possible' after visiting the toilet.

**Q29.** Percentage answering that they wash their hands 'whenever possible' after visiting the toilet.

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	82	89	79	88
Girls	89	94	84	91

2% (2%) of pupils responded that they 'never or almost never' wash their hands after visiting the toilet.

**Q29.** Percentage answering that they 'never or almost never' wash their hands after visiting the toilet.

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	3	2	3	2
Girls	1	1	2	1



## Dental health

84% (82%) of pupils responded that they cleaned their teeth at least twice the day before the survey.

**Q30.** Percentage answering that they cleaned their teeth at least twice on the day before the survey.

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	83	80	79	82
Girls	86	89	84	85

1% (2%) of pupils responded that they did not clean their teeth at all on the day before the survey.

**Q30.** Percentage answering that they did not clean their teeth at all on the day before the survey.

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	2	0	4	1
Girls	1	1	2	1

78% (80%) of pupils responded that they had a check-up the last time they visited the dentist, while 23% (24%) said they had fillings.

**Q31.** Percentage of pupils responding that they received the following treatment on their last visit to the dentist (Solihull Primary data in brackets):

Boys			Girls		
1	Check-up	74 (75)	1	Check-up	83 (84)
2	Fillings	23 (25)	2	Fillings	23 (24)
3	Other	7 (6)	3	Other	8 (8)
4	Brace fitted or checked	3 (5)	4	Brace fitted or checked	5 (4)

## Asthma

11% (12%) of pupils responded that they have asthma, while 9% (11%) said they 'don't know' if they do.

**Q37.** Percentage answering that they have asthma.

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	15	12	14	13
Girls	6	11	9	12

8% (8%) of pupils responded that they took medicine for asthma (pills, inhaler) in the 7 days before the survey.

**Q38.** Percentage answering that they took medicine for asthma (pills, inhaler) in the 7 days before the survey.

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	10	8	9	9
Girls	5	8	6	8

## Internet Safety

70% (73%) of pupils responded that they use a computer/tablet unsupervised when their parents/carers aren't in the room.

**Q32.** Percentage answering that they use a computer/tablet unsupervised when their parents/carers aren't in the room.

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	69	75	68	80
Girls	61	75	64	77

80% (80%) of pupils responded that their parents/carers have rules about what they are allowed to do online.

**Q32.** Percentage answering that their parents/carers have rules about what they are allowed to do online.

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	74	75	73	78
Girls	81	90	83	87

93% (93%) of pupils responded that they have used the internet at home in the past week and 57% (57%) have used it at school.

**Q33.** Percentage of pupils responding that they have used the internet at the following places in the past week (Solihull Primary data in brackets):

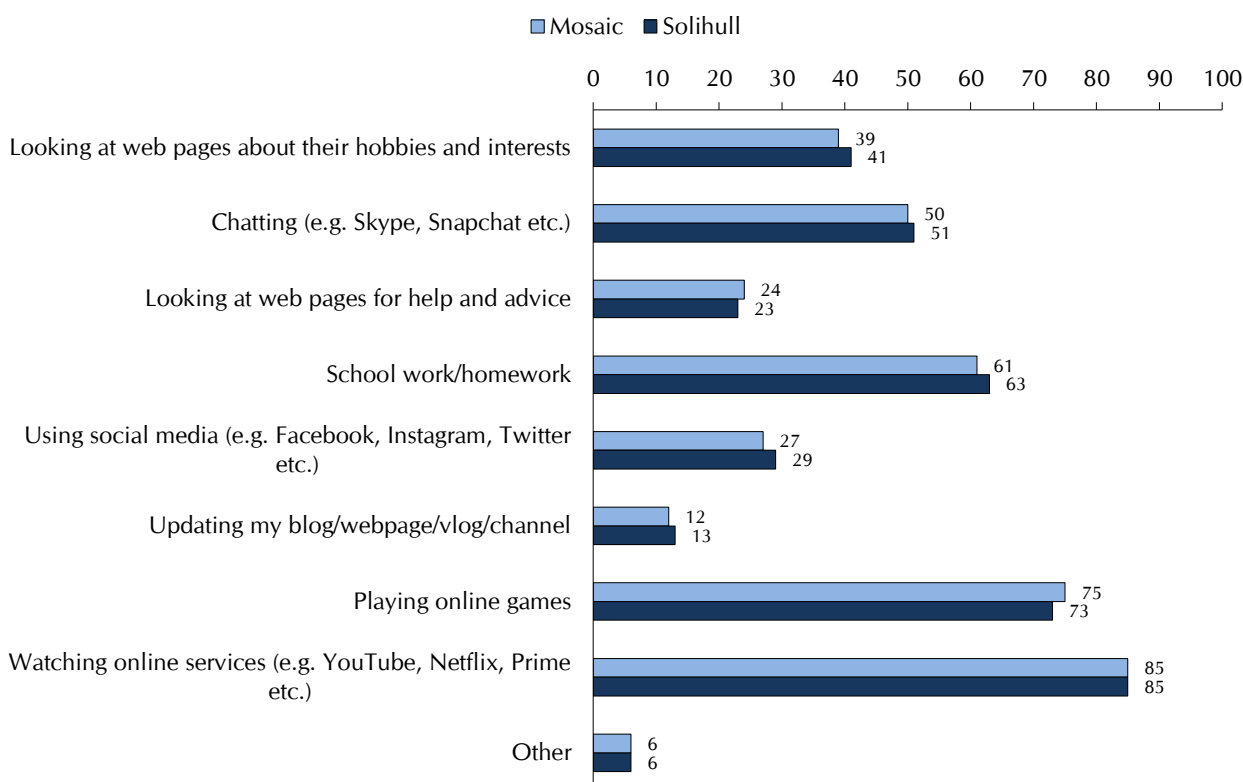
	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
	At home	91 (90)	87 (89)	96 (97)	
At school	52 (54)	55 (54)	64 (62)	56 (58)	57 (57)
Elsewhere	42 (46)	35 (39)	54 (55)	43 (47)	44 (47)

75% (73%) of pupils responded that they use the internet for playing online games, while 61% (63%) said they use it for school work/homework.

**Q34.** Percentage of pupils responding that they use the internet for the following (top 5 - Solihull Primary data in brackets):

Boys				Girls			
1	Watching online services (e.g. YouTube, Netflix, Prime etc.)	86	(86)	1	Watching online services (e.g. YouTube, Netflix, Prime etc.)	85	(83)
2	Playing online games	83	(83)	2	School work/homework	66	(69)
3	School work/homework	56	(58)	3	Playing online games	66	(63)
4	Chatting (e.g. Skype, Snapchat etc.)	47	(46)	4	Chatting (e.g. Skype, Snapchat etc.)	54	(55)
5	Looking at web pages about their hobbies and interests	39	(40)	5	Looking at web pages about their hobbies and interests	37	(42)

**Q34.** Percentage of pupils responding that they use the internet for the following:



17% (19%) of pupils responded that they chat online to people they have never met.

**Q35a.** Percentage answering that they chat online to people they have never met.

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	22	26	24	26
Girls	10	8	12	12

4% (5%) of pupils responded that they chat online to people they have never met and have received a message which scared them or made them upset.

**Q35b.** Percentage answering that they chat online to people they have never met and have received a message which scared or upset them.

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	5	3	6	5
Girls	4	3	5	3

89% (88%) of pupils responded that they have been told how to stay safe while chatting online.

**Q36.** Percentage answering that they have been told how to stay safe while chatting online.

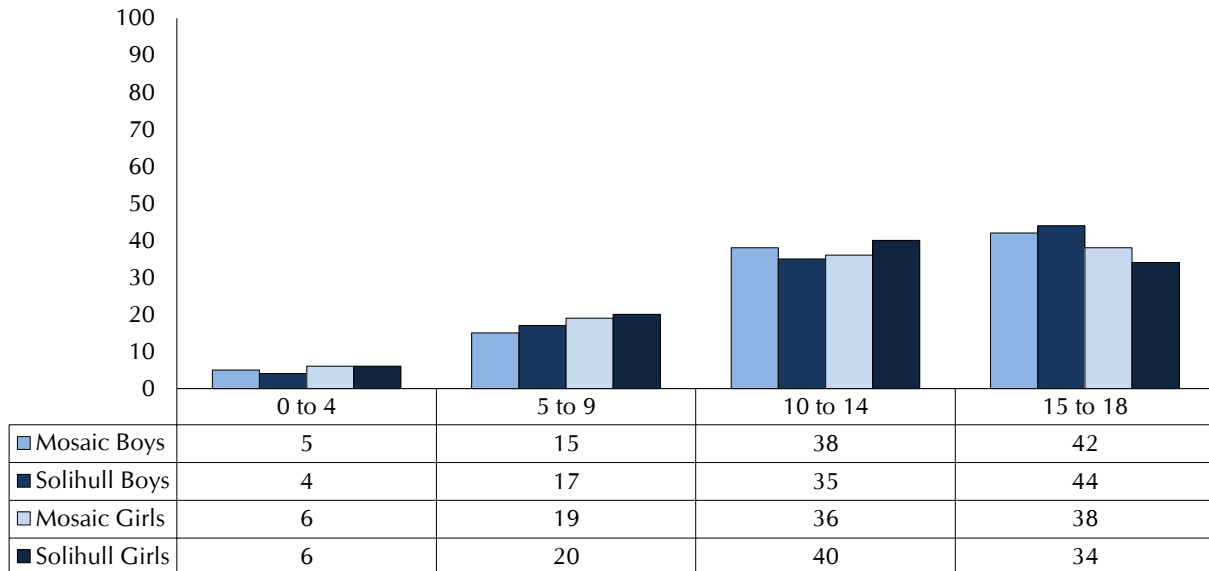
	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	85	91	82	90
Girls	86	96	84	95

## Emotional Health and Wellbeing

### Self-esteem

This measurement is derived from the responses to a set of ten statements taken from a standard self-esteem enquiry method developed by Denis Lawrence (Lawrence, 1981). The scale is based on social confidence and relationships with friends. Overall the levels of esteem compared with wider data are:

**Q39.** Composite self-esteem score:



Data from the 'Young People into...' series, reveal more girls than boys found at the lower end of the scale and more boys than girls at the higher end.

22% (23%) of pupils had a med-low self-esteem score (9 or less).

**Q39.** Percentage with a med-low self-esteem score (9 or less).

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	24	16	25	17
Girls	24	27	28	23

40% (39%) of pupils had a high self-esteem score (15 or more).

**Q39.** Percentage with a high self-esteem score (15 or more).

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	34	50	36	52
Girls	39	37	29	40

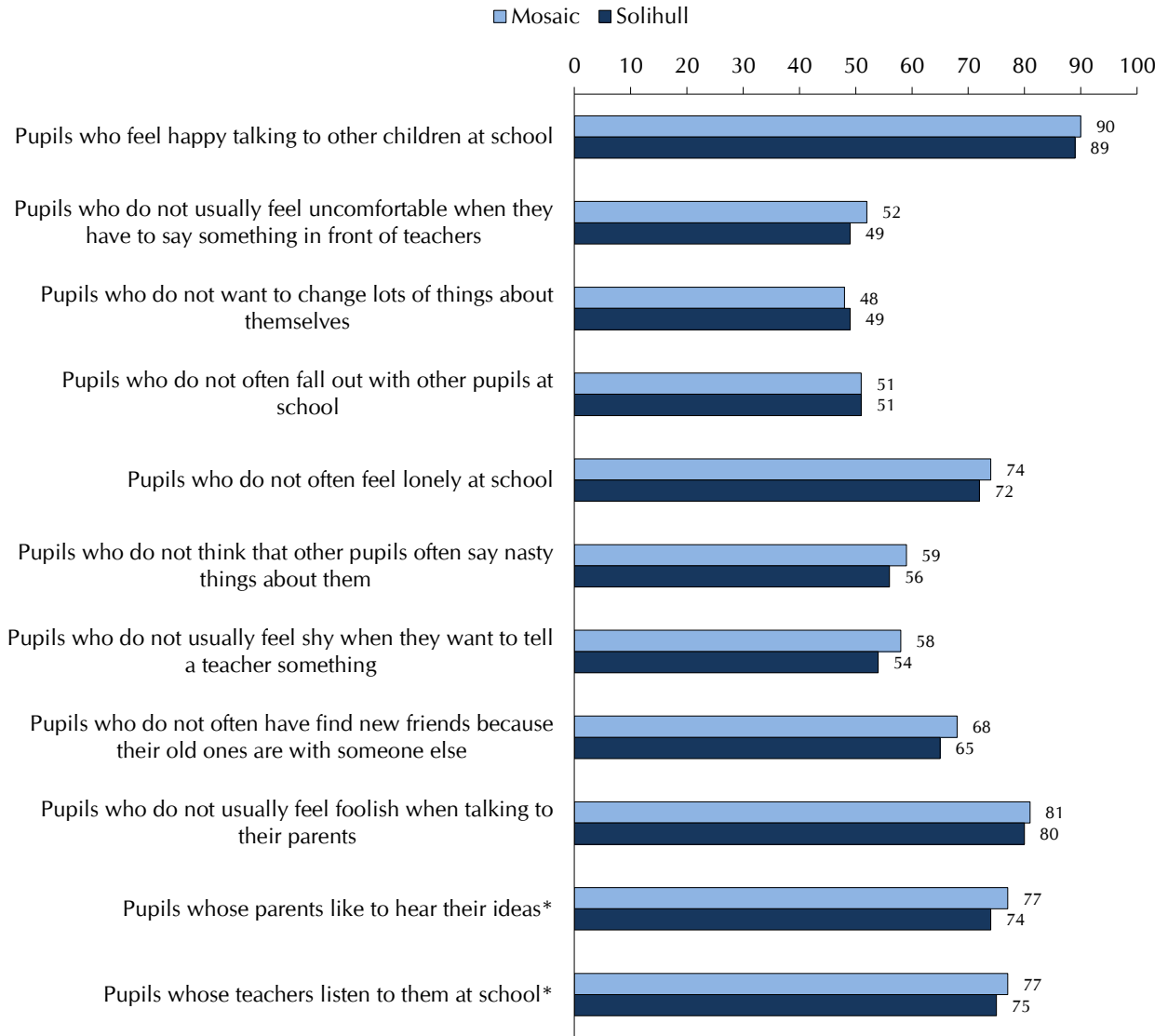
90% (89%) of pupils responded that they feel happy talking to other children at school.

**Q39.** (Individual self-esteem items) Percentage in each group giving a high esteem response (Solihull Primary data in brackets):

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
Pupils who feel happy talking to other children at school	89 (88)	93 (88)	91 (91)	88 (90)	90 (89)
Pupils who do not usually feel uncomfortable when they have to say something in front of teachers	45 (46)	54 (46)	57 (57)	49 (46)	52 (49)
Pupils who do not want to change lots of things about themselves	40 (44)	48 (46)	53 (57)	49 (50)	48 (49)
Pupils who do not often fall out with other pupils at school	44 (47)	45 (41)	59 (62)	55 (54)	51 (51)
Pupils who do not often feel lonely at school	67 (70)	70 (63)	85 (80)	74 (72)	74 (72)
Pupils who do not think that other pupils often say nasty things about them	57 (57)	64 (54)	60 (60)	54 (50)	59 (56)
Pupils who do not usually feel shy when they want to tell a teacher something	60 (56)	57 (46)	69 (66)	44 (45)	58 (54)
Pupils who do not often have find new friends because their old ones are with someone else	64 (62)	61 (55)	74 (75)	70 (68)	68 (65)
Pupils who do not usually feel foolish when talking to their parents	77 (76)	81 (78)	87 (84)	79 (81)	81 (80)
Pupils whose parents like to hear their ideas*	73 (69)	76 (71)	76 (76)	81 (79)	77 (74)
Pupils whose teachers listen to them at school*	73 (73)	80 (75)	76 (77)	78 (76)	77 (75)

\*N.B: These items were not used in the calculation of the composite self-esteem score.

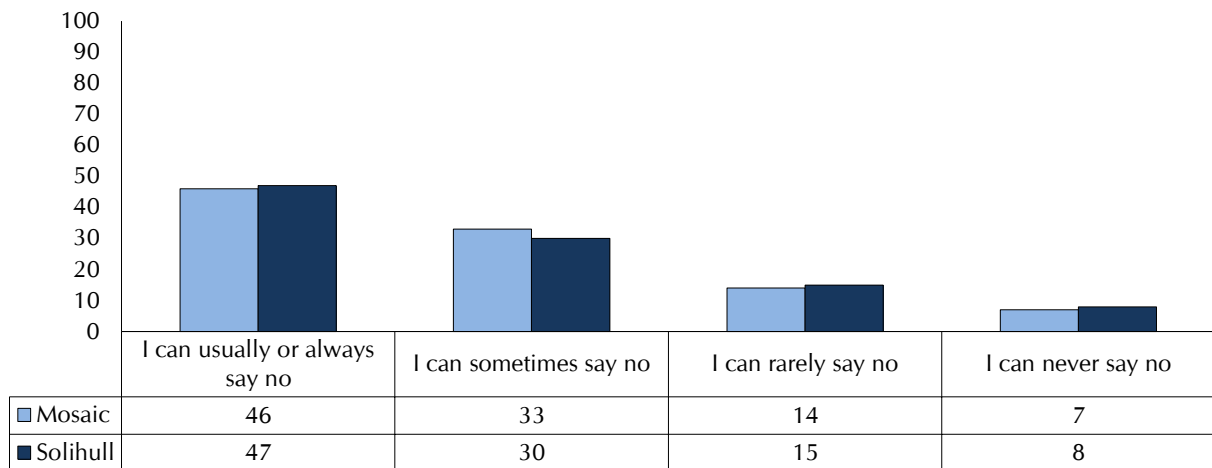
**Q39.** (Individual self-esteem items) Percentage in each group giving a high esteem response:



\*N.B: These items were not used in the calculation of the composite self-esteem score.

## Peer pressure

**Q40.** When a friend wants me to do something I don't want to do...



46% (47%) of pupils responded that they can 'usually or always' say no when a friend wants them to do something they don't want to do.

**Q40.** Percentage answering that they can 'usually or always' say no when a friend wants them to do something they don't want to do.

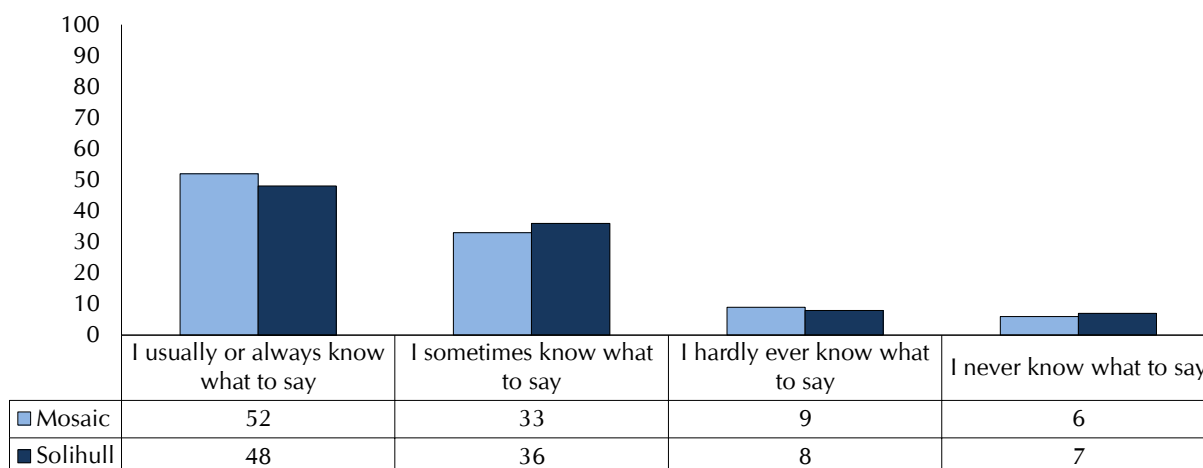
	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	42	54	42	58
Girls	35	51	36	54

21% (23%) of pupils responded that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.

**Q40.** Percentage answering that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	23	17	27	16
Girls	29	16	31	18

**Q41.** When I want a friend to do something...



52% (48%) of pupils responded that they 'usually or always' know what to say when they want a friend to do something.

**Q41.** Percentage answering that they 'usually or always' know what to say when they want a friend to do something.

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	55	55	50	54
Girls	48	50	41	46

15% (16%) of pupils responded that they 'hardly ever' or 'never' know what to say when they want a friend to do something.

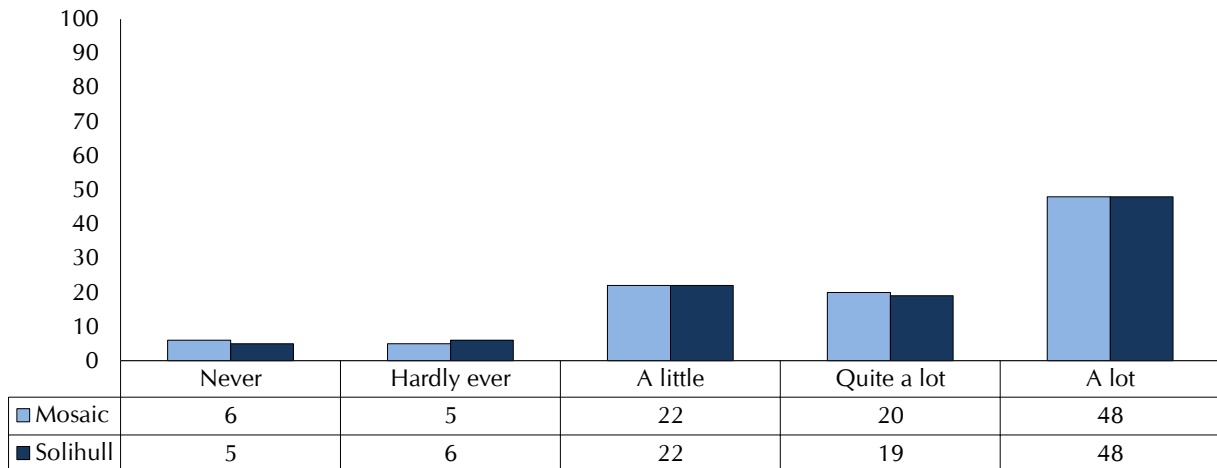
**Q41.** Percentage answering that they 'hardly ever' or 'never' know what to say when they want a friend to do something.

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	18	12	16	13
Girls	13	16	19	15



## Worrying

**Q60.** Worrying summary: Percentage of pupils responding that they worry about at least one of the issues listed...



Note: highest worry level recorded.

90% (89%) of pupils worry at least 'a little' about one or more of the issues listed, while 68% (67%) said they do so 'quite a lot' or 'a lot'.

**Q60.** Percentage answering that they worry 'quite a lot' or 'a lot' about one or more of the issues listed.

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	77	58	74	56
Girls	67	69	73	65

12% (13%) of boys and 13% (14%) of girls responded that they worry about at least 3 of the issues listed 'quite a lot' or 'a lot'; while 33% (35%) of boys and 32% (31%) of girls said that they don't worry about any of them.

**Q60.** Percentage answering that they worry about at least 3 of the issues listed 'quite a lot' or 'a lot'.

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	15	10	17	9
Girls	14	12	16	12

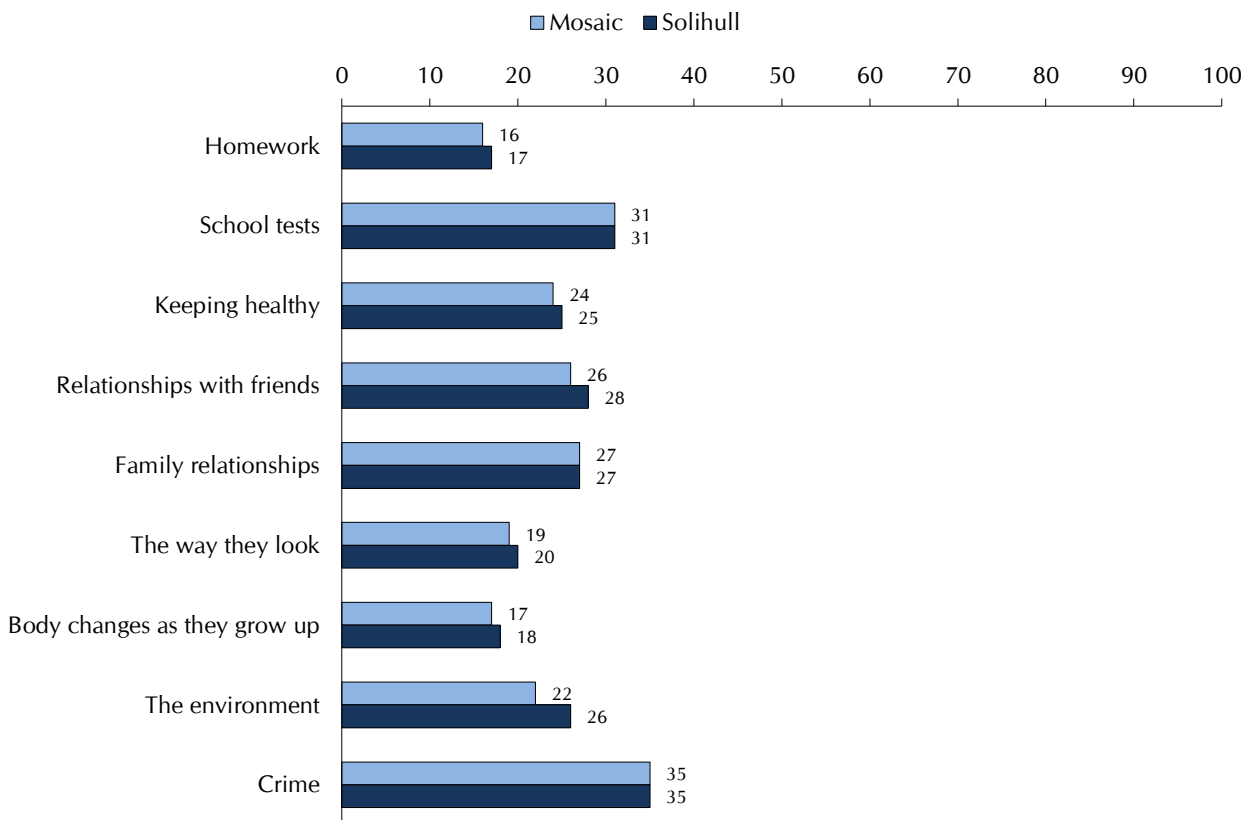
35% (35%) of pupils responded that they worry about crime 'quite a lot' or 'a lot', while 31% (31%) said they worry about school tests.

**Q60.** Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot' (Solihull Primary data in brackets):

Boys			Girls		
1	Crime	37 (36)	1	School tests	36 (36)
2	Family relationships	29 (27)	2	Crime	33 (35)
3	School tests	26 (27)	3	Relationships with friends	28 (31)
4	The environment	24 (27)	4	Family relationships	24 (26)
5	Keeping healthy	24 (25)	5	Keeping healthy	24 (25)
6	Relationships with friends	23 (24)	6	The environment	21 (25)
7	The way they look	18 (17)	7	The way they look	20 (23)
8	Homework	17 (17)	8	Body changes as they grow up	19 (21)
9	Body changes as they grow up	15 (15)	9	Homework	15 (16)

27% (27%) of pupils responded that they worry about family relationships 'quite a lot' or 'a lot'; 19% (20%) said they worry about the way they look.

**Q60.** Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot':



## Problem Solving

In question 61 the young people were asked to whom they would turn to share a range of problems including 'Keep it to myself'. Whom they talk to may depend on what the problem is. The top five sources of support for each problem are as follows (Solihull Primary data in brackets):

### Problem with school

Boys			Girls		
1	Mum/dad/carer	64 (66)	1	Mum/dad/carer	64 (64)
2	Adult in school	15 (17)	2	Adult in school	16 (17)
3	Keep it to myself	9 (9)	3	Keep it to myself	10 (7)
4	Friend	8 (6)	4	Friend	7 (8)
5	Brother or sister	2 (2)	5	Brother or sister	3 (3)

### Family relationships

Boys			Girls		
1	Mum/dad/carer	65 (64)	1	Mum/dad/carer	59 (61)
2	Keep it to myself	14 (15)	2	Keep it to myself	17 (15)
3	Friend	8 (6)	3	Friend	12 (10)
4	Brother or sister	5 (7)	4	Brother or sister	6 (8)
5	Adult in school	4 (5)	5	Adult in school	6 (5)

### Health worries

Boys			Girls		
1	Mum/dad/carer	77 (78)	1	Mum/dad/carer	78 (77)
2	Keep it to myself	13 (13)	2	Keep it to myself	14 (14)
3	Brother or sister	4 (3)	3	Friend	3 (4)
4	Friend	2 (3)	4	Brother or sister	3 (3)
5	Adult in school	2 (2)	5	Adult in school	2 (2)

### Relationships with friends

Boys			Girls		
1	Mum/dad/carer	54 (55)	1	Mum/dad/carer	52 (55)
2	Keep it to myself	16 (16)	2	Friend	14 (15)
3	Friend	14 (13)	3	Adult in school	13 (12)
4	Adult in school	10 (11)	4	Keep it to myself	12 (11)
5	Brother or sister	5 (5)	5	Brother or sister	7 (6)

### Bullying

Boys			Girls		
1	Mum/dad/carer	63 (62)	1	Mum/dad/carer	63 (66)
2	Adult in school	18 (20)	2	Adult in school	20 (18)
3	Keep it to myself	11 (10)	3	Keep it to myself	11 (8)
4	Brother or sister	4 (3)	4	Friend	4 (5)
5	Friend	3 (3)	5	Brother or sister	1 (3)

It is worth noting that 'keep it to myself' is not necessarily negative. For some pupils, it may mean that they feel they can deal with the problem without help.

## Alcohol, Smoking, Drugs

### Alcohol

12% (13%) of pupils responded that they have had an alcoholic drink at some point in their lives.

Of the 88 (568) pupils who have had an alcoholic drink, they were on average 7 (7) years old when they first tried alcohol.

2% (3%) of Year 6 pupils responded that they had an alcoholic drink on at least one day in the 7 days before the survey; 1% (1%) said they drank alcohol on more than one day.

1% (1%) of pupils responded that they drank beer or lager in the 7 days before the survey, while 0% (1%) drank spirits.

**Q45.** Percentage of pupils responding that they have drunk the following alcoholic drinks in the 7 days before the survey (Solihull Primary data in brackets):

Boys		Girls	
1 Shandy (mixed)	3 (2)	1 Wine	1 (1)
2 Beer or lager	2 (2)	2 Shandy (mixed)	1 (1)
3 Wine	1 (2)	3 Beer or lager	0 (1)
4 Spirits	1 (1)	4	

**Q42.** Percentage answering that they have had an alcoholic drink.

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	14	15	17	17
Girls	7	11	9	10

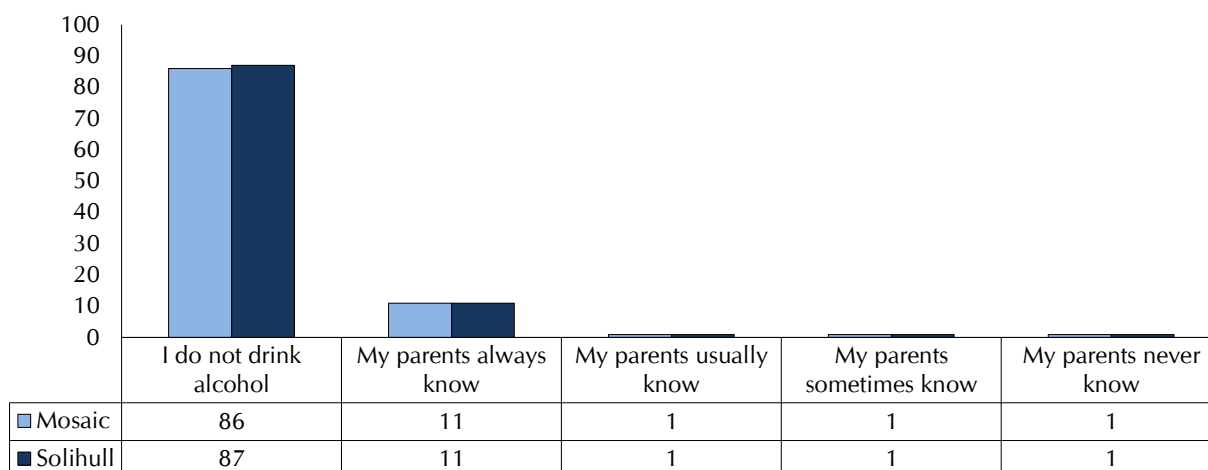
**Q43.** Mean age of pupils when they first tried alcohol.

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	6	8	6	8
Girls	8	9	7	8

**Q44 (Y6).** Percentage of Year 6 pupils answering that they have had an alcoholic drink on at least one day in the 7 days before the survey.

	Mosaic	Solihull
	Yr 6	Yr 6
Boys	4	3
Girls	1	1

**Q46 (Y6).** Year 6 only: Do your parents know if you drink alcohol?



86% (87%) of Year 6 pupils responded that they do not drink alcohol.

**Q46 (Y6).** Percentage of Year 6 pupils answering that they do not drink alcohol.

	Mosaic	Solihull
	Yr 6	Yr 6
Boys	84	85
Girls	88	90

11% (11%) of Year 6 pupils responded that they do drink alcohol and their parents 'always' know, while 1% (1%) said their parents 'usually' know.

**Q46 (Y6).** Percentage of Year 6 pupils answering that they drink alcohol and their parents 'always' know.

	Mosaic	Solihull
	Yr 6	Yr 6
Boys	13	13
Girls	9	9

2% (2%) of Year 6 pupils responded that they drink alcohol and their parents 'never' or only 'sometimes' know.

**Q46 (Y6).** Percentage of Year 6 pupils answering that they drink alcohol and their parents 'never' or only 'sometimes' know.

	Mosaic	Solihull
	Yr 6	Yr 6
Boys	2	2
Girls	2	1

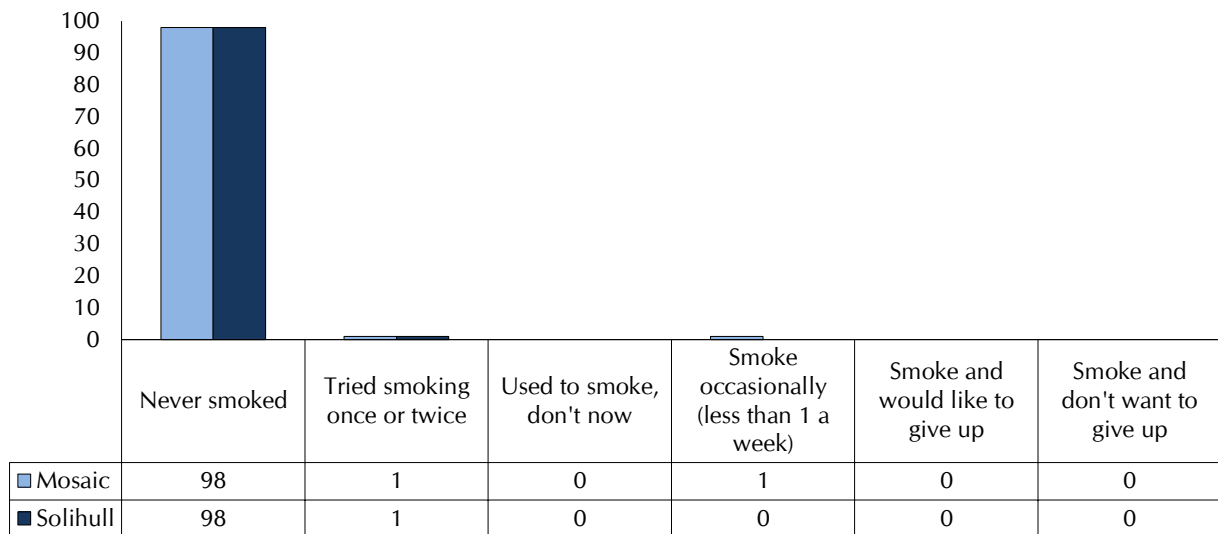
13% (15%) of Year 4 pupils responded that they drink alcohol and their parents always know when they do, while 4% (4%) said their parents don't always know; 83% (81%) said they don't drink alcohol.

**Q46 (Y4).** Percentage of Year 4 pupils answering that they drink alcohol and their parents don't always know.

	Mosaic	Solihull
	Yr 4	Yr 4
Boys	4	5
Girls	3	3

## Smoking

**Q47 (Y6).** Year 6 only: Smoking: Which statement describes you best?



2% (2%) of Year 6 pupils said they have smoked in the past or smoke now.

**Q47 (Y6).** Percentage of Year 6 pupils answering that they have smoked in the past or smoke now.

	Mosaic	Solihull
	Yr 6	Yr 6
Boys	3	3
Girls	1	1

2% (1%) of Year 4 pupils responded that they have smoked a cigarette.

**Q47 (Y4).** Percentage of Year 4 pupils answering that they have smoked a cigarette.

	Mosaic	Solihull
	Yr 4	Yr 4
Boys	3	2
Girls	0	0

0% (0%) of pupils responded that they smoked in the week before the survey.

**Q48.** Percentage answering that they smoked in the week before the survey.

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	0	1	0	0
Girls	0	0	0	0

91% (91%) of pupils responded that they think they will not smoke when they are older.

**Q49.** Percentage answering that they think they will not smoke when they are older.

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	88	88	89	90
Girls	94	94	93	95

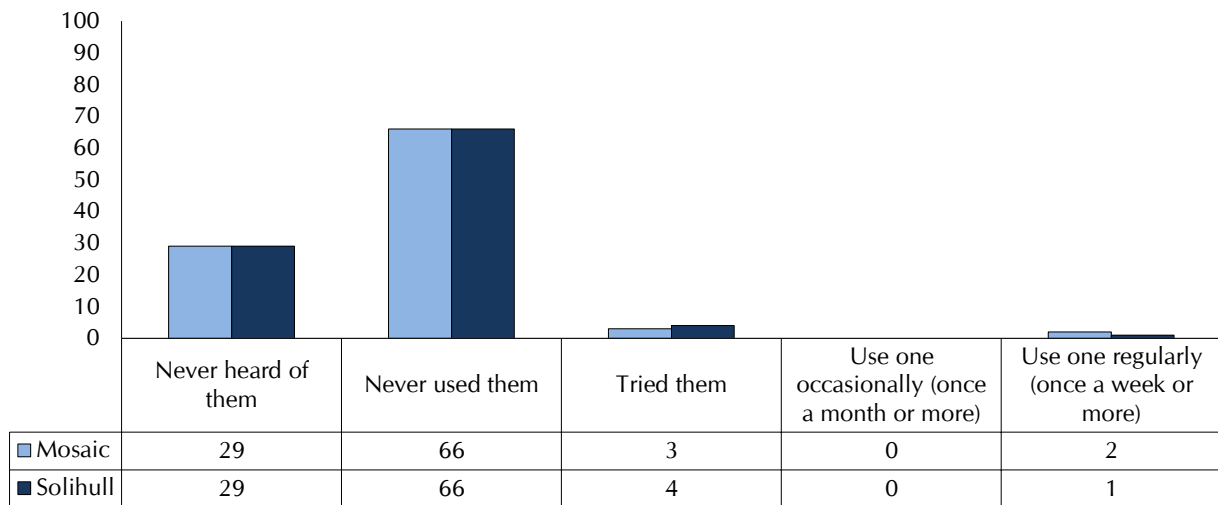
1% (1%) of pupils responded that they think they will smoke when they are older, while 8% (7%) think they may smoke.

**Q49.** Percentage answering that they think they will smoke when they are older.

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	2	2	2	2
Girls	1	1	1	0

## E-cigarettes

**Q50.** E-cigarettes: What best describes your knowledge or use of electronic cigarettes, 'e-cigarettes'?



95% (95%) of pupils responded that they have either never heard of or never used electronic cigarettes/'e-cigarettes'.

**Q50.** Percentage answering that they have either never heard of or never used an electronic cigarettes/'e-cigarettes'.

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	91	93	91	95
Girls	96	99	96	98

2% (1%) of pupils responded that they have used an e-cigarette at least 'occasionally'.

**Q50.** Percentage answering that they have used an e-cigarette at least 'occasionally'.

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	4	1	3	1
Girls	2	1	1	0



## Drugs

61% (63%) of pupils responded that their parents have talked with them about drugs (including medicines), while 50% (48%) said their teachers have talked with them in school lessons and 22% (21%) said their friends have.

**Q56.** Percentage of pupils responding that the following people have talked with them about drugs (including medicines – Solihull Primary data in brackets):

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
Parents	56 (58)	48 (54)	69 (70)	69 (70)	61 (63)
Teachers, in school lessons	36 (34)	29 (27)	68 (65)	68 (67)	50 (48)
School nurse	9 (9)	6 (7)	13 (11)	7 (9)	9 (9)
Visitors in school lessons	6 (8)	4 (5)	8 (13)	12 (14)	8 (10)
Friends	15 (18)	11 (13)	32 (28)	30 (26)	22 (21)
Brothers or sisters	19 (21)	14 (16)	19 (20)	20 (19)	18 (19)
Other close relatives	18 (21)	14 (16)	27 (21)	24 (21)	20 (20)

53% (51%) of pupils responded that either their teachers, the school nurse or visitors in school lessons have talked with them about drugs (incl. medicines).

**Q56.** Percentage answering that either their teachers, the school nurse or visitors in school lessons have talked with them about drugs (incl. medicines).

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	41	69	38	67
Girls	30	69	30	69

15% (14%) of pupils responded that they are 'fairly sure' or 'certain' that they know someone who uses drugs (not as medicines).

**Q57.** Percentage answering that they are 'fairly sure' or 'certain' that they know someone who uses drugs (not as medicines).

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	17	21	15	16
Girls	8	12	11	12

2% (2%) of Year 6 pupils responded that they have been offered cannabis. 4% (4%) said they 'don't know' if they have.

**Q58 (Y6).** Percentage of Year 6 pupils answering that they have been offered cannabis.

	Mosaic		Solihull	
	Yr 6		Yr 6	
Boys	2		2	
Girls	2		1	

2% (1%) of Year 6 pupils responded that they have been offered other drugs (not cannabis or medicines), while 5% (3%) said they 'don't know' if they have.

**Q59 (Y6).** Percentage of Year 6 pupils answering that they have been offered other drugs (not cannabis or medicines).

	Mosaic		Solihull	
	Yr 6		Yr 6	
Boys	3		2	
Girls	0		1	

## Growing up

76% (76%) of pupils responded that their parents have talked with them about how their body changes as they grow up, while 63% (60%) said their teachers have talked with them in school lessons and 34% (32%) said their friends have.

**Q51a.** Percentage of pupils responding that the following people have talked with them about how their body changes as they grow up (Solihull Primary data in brackets):

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
Parents	65 (70)	69 (72)	81 (76)	91 (90)	76 (76)
Teachers, in school lessons	47 (43)	44 (42)	77 (73)	86 (82)	63 (60)
School nurse	17 (13)	10 (9)	12 (11)	9 (9)	12 (10)
Visitors in school lessons	14 (14)	7 (9)	12 (17)	10 (12)	11 (13)
Friends	31 (31)	20 (24)	37 (31)	48 (43)	34 (32)
Brothers or sisters	35 (36)	28 (31)	25 (26)	29 (28)	29 (30)
Other close relatives	29 (30)	27 (25)	29 (26)	45 (36)	32 (29)

67% (64%) of pupils responded that either their teachers, the school nurse or visitors in school lessons have talked with them about how their body changes as they grow up.

**Q51a.** Percentage answering that either their teachers, the school nurse or visitors in school lessons have talked with them about how their body changes as they grow up.

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	55	79	50	75
Girls	49	87	48	83

63% (62%) of pupils responded that they feel they know enough about how their body changes as they get older, while 9% (10%) feel they don't know enough.

**Q51b.** Percentage answering that they feel they know enough about how their body changes as they get older.

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	52	77	54	75
Girls	47	74	45	71

74% (75%) of pupils responded that their parents have talked with them about how their feelings/emotions change as they grow up, while 52% (50%) said their teachers have talked with them in school lessons and 34% (32%) said their friends have.

**Q52.** Percentage of pupils responding that the following people have talked with them about how their feelings/emotions change as they grow up (Solihull Primary data in brackets):

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
Parents	67 (71)	64 (69)	79 (77)	88 (86)	74 (75)
Teachers, in school lessons	36 (37)	37 (39)	63 (58)	72 (66)	52 (50)
School nurse	13 (10)	7 (6)	11 (8)	6 (6)	9 (8)
Visitors in school lessons	11 (11)	5 (8)	11 (13)	10 (10)	9 (11)
Friends	31 (31)	26 (29)	34 (28)	46 (39)	34 (32)
Brothers or sisters	33 (31)	26 (30)	25 (25)	29 (27)	28 (28)
Other close relatives	28 (28)	26 (25)	27 (25)	34 (29)	29 (26)

55% (53%) of pupils responded that either their teachers, the school nurse or visitors in school lessons have talked with them about how their feelings/emotions change as they grow up.

**Q52.** Percentage answering that either their teachers, the school nurse or visitors in school lessons have talked with them about how their feelings/emotions change as they grow up.

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	41	64	42	60
Girls	40	74	42	68

## Periods

15% (13%) of Year 6 girls responded that they have started their periods, while 9% (11%) said they 'don't know' if they have.

**Q53 (Y6).** Percentage of Year 6 girls answering that they have started their periods.

	Mosaic	Solihull
	Yr 6	Yr 6
Girls	15	13

## HIV

21% (23%) of pupils responded that they know about AIDS (or HIV).

**Q54.** Percentage answering that they know about AIDS (or HIV).

	Mosaic		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	15	37	19	38
Girls	8	23	11	22

14% (13%) of pupils responded that their parents have talked with them about AIDS (or HIV), while 7% (6%) said their teachers have talked with them in school lessons.

**Q55.** Percentage of pupils responding that the following people have talked with them about AIDS (or HIV) (Solihull Primary data in brackets):

Boys				Girls			
1	Parents	15	(16)	1	Parents	12	(10)
2	Teachers, in school lessons	9	(8)	2	Teachers, in school lessons	5	(5)
3	Other close relatives	8	(6)	3	Brothers or sisters	4	(5)
4	Brothers or sisters	7	(7)	4	Friends	3	(4)
5	Friends	6	(7)	5	Other close relatives	3	(4)
6	School nurse	4	(4)	6	School nurse	3	(2)
7	Visitors in school lessons	2	(3)	7	Visitors in school lessons	1	(2)

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