

The Solihull Children and Young People's Health and Wellbeing Survey 2018

**A report for
Evolve Collaborative
Years 4 & 6**

The Schools Health Education Unit

www.sheu.org.uk

SHEU

School Survey Report 2018

Evolve Collaborative compared with Solihull Primary

Produced by the
Schools Health Education Unit

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The support service we offer benefits from the continuous use and development of our materials, and feedback from users. Therefore, if you wish to make any contribution based on your own use of the survey service, we would be delighted to hear from you.

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Foreword

The Schools Health Education Unit (SHEU) is pleased to be able to produce your Report, which contains detailed information about the health beliefs and behaviour of your pupils.

The report compares the data collected from your pupils with those from a larger, wider sample.

SHEU is sure that you, your colleagues, and your pupils will also find the information contained within this report to be of value in helping you to gauge some of the most important factors that affect the lives of our young people both now and in the future.

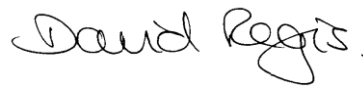
SHEU hope that your pupils found the experience of completing the questionnaire interesting and thought provoking.

Finally, SHEU would like to take this opportunity to thank you for your support and co-operation in agreeing to participate in this valuable research initiative.



Angela Balding

Survey Manager
Schools Health Education Unit



Dr. David Regis

Research Manager
Schools Health Education Unit

Introduction

The Health-Related Behaviour Survey, developed by the Schools Health Education Unit, is designed for young people of primary and secondary school age. The surveys have been developed over 30 years by health and education professionals, and over a million school children have taken part. In the last ten years, over four thousand schools and colleges have participated. Data arising from the survey can be used to inform planning decisions as well as being used in the classroom as the stimulus for discussion with young people.

This report should ideally be studied with reference to the original questionnaire and the survey results tables. The first is recommended because we may have paraphrased a question below for reasons of space, and the precise wording and position may be important for interpretation.

Preceding this report you should have received **The Survey Results Tables** (or online results), which contain more information than can be summarised here. You may want to refer to this if you want to look in more detail at the results of a particular question. The Survey Results Tables show the number of responses received for each question, which may be less than the total sample. Also in the Results Tables we show the results of each response for multiple-choice questions, whereas in this report answers may be selective or grouped.

A school's results are confidential and will not be shared with other organisations without the express permission of the school.

Additional services (graphs and discs) are available; please contact SHEU. In particular, we have designed a set of INSET workshops around different examples of using the questionnaire data. If you would like further details of these or have any comments on this report please contact us at the address on the front of the report.

If you would like further details about Government policy background, we have created an overview which can be downloaded from our website at: <http://sheu.org.uk/content/page/appendix>.

Comparison figures

In this report the data gathered from this survey have been compared with a larger sample from your area. For example, if your school is in Exeter then the wider data might be Devon. This enables you to compare your results with others in the area and also go to the SHEU annual reports (summaries available at www.sheu.org.uk/publications) to find out about the UK statistics and trends.

If the figures in your survey have been compared with results from a reference sample, the reference figures are normally given second, and often in parentheses.

15% (20%) of the sample...

Your survey (Reference sample)

	Your survey		Reference Sample	
	Year 8	Year 10	Year 8	Year 10
Boys	10	20	30	40
Girls	80	70	60	50

Favourite fruits

1	Apples	70	(60)
2	Oranges	60	(50)
3	Bananas	50	(40)

Your survey (Reference sample)

The sample

This survey involved pupils from the following years. The numbers in each group are shown below.

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	211	214	1134	1157
Girls	204	226	1070	1062

Please note that 2 (15) pupil(s) didn't specify whether they are a boy or a girl or were unsure/ preferred not to say/described themselves in some other way and 0 (0) didn't specify what year group they are in. These pupils will not be included in any tables or charts which are split by sex or year respectively, however they will be included in any total figures.

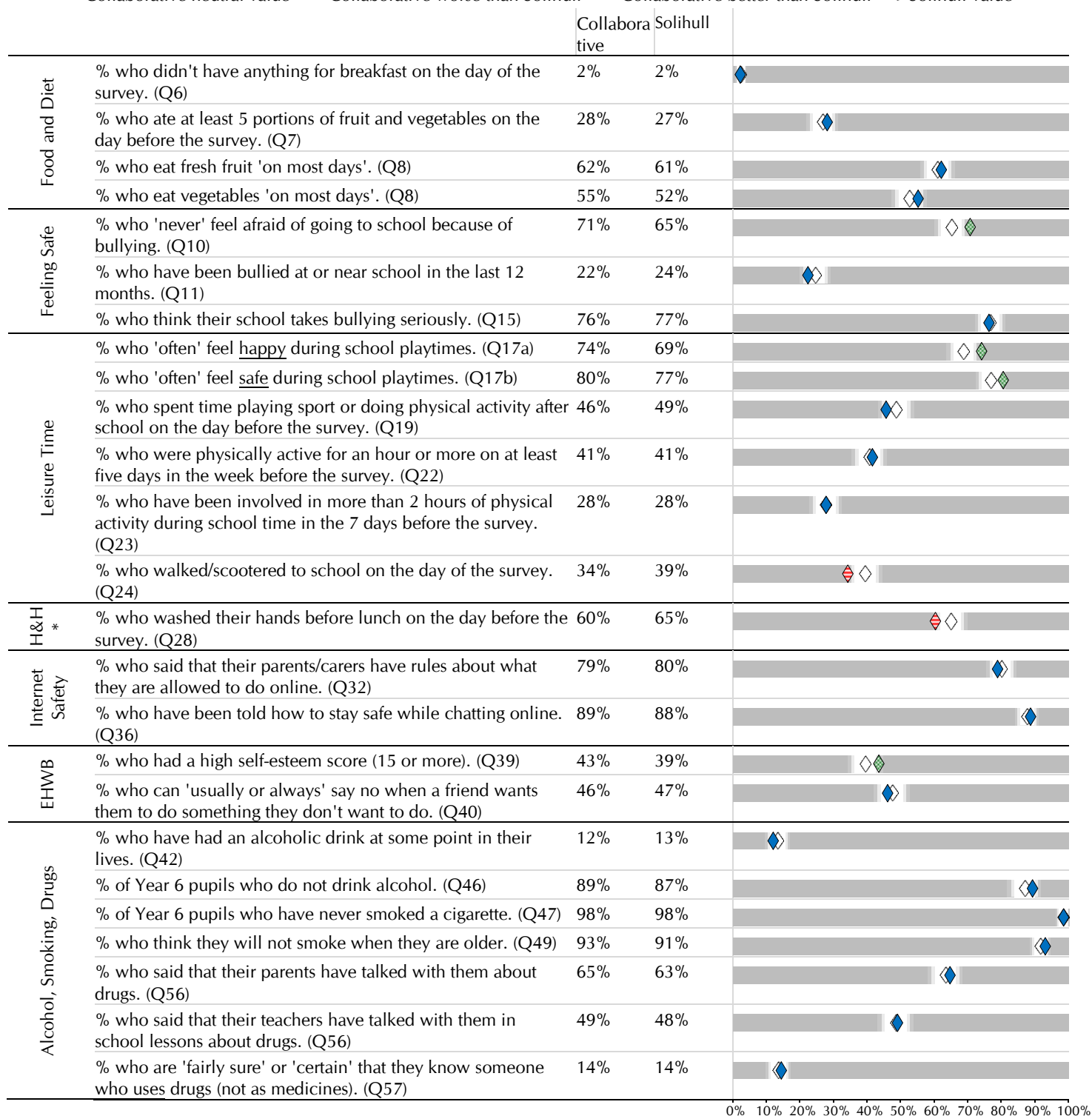
If the sample you sent to Exeter for analysis was small, then it may have been aggregated by sex or year, or merged with a sample from another school or schools. This is done so that the figures are not too influenced by the behaviour of any one individual, and to ensure that the anonymity of the respondents is not compromised. If you would like to discuss this in more detail, please contact the Unit directly.

Spine Charts

Key Findings

In the chart below a coloured diamond represents Evolve Collaborative's result, while the hollow diamond represents the figure for Solihull Primary. The distance between the diamonds indicates the size of the difference between the percentages – the greater the gap, the larger the difference. The colour of the diamond reflects whether a difference is statistically significant and if the difference is positive (green/white spots), negative (red/white stripes) or if it is not statistically significant (blue). The white space is an indication of how spread out the scores are for Solihull Primary pupils (\pm one Standard Deviation, the paler grey is the next SD).

◆ Collaborative neutral value ◆ Collaborative worse than Solihull ◆ Collaborative better than Solihull ◇ Solihull value



* H&H = Health & Hygiene

Sample size:

	Evolve			Solihull		
	Yr 4	Yr 6	Total	Yr 4	Yr 6	Total
Boys	211	214	425	1134	1157	2291
Girls	204	226	430	1070	1062	2132
Total	415	440	855	2204	2219	4423

Personal development, behaviour and welfare (PDBW) score for Evolve Collaborative:

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
0% – 24% true	0%	0%	0%	0%	0%
25% – 49% true	11%	18%	2%	6%	9%
50% – 74% true	68%	62%	45%	46%	55%
75% – 100% true	20%	20%	52%	48%	36%

This table provides a summary PDBW score which reflects the percentage of positive responses a pupil gave throughout the questionnaire; a higher percentage of 'true' responses indicates good personal development, behaviour and welfare.

Personal development, behaviour and welfare (PDBW) score for Solihull Primary:

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
0% – 24% true	0%	0%	0%	0%	0%
25% – 49% true	16%	15%	6%	7%	11%
50% – 74% true	63%	65%	47%	48%	56%
75% – 100% true	20%	20%	47%	44%	33%

Please note that the following charts only apply to Evolve Collaborative.

Evolve Collaborative: Pride in achievement and commitment to learning, supported by a positive culture across the whole provider:

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
Pupils who think their school cares whether they are happy or not.	81%	78%	86%	89%	84%
Pupils who think their work is marked so they can see how to improve it.	93%	91%	95%	97%	94%
Pupils who think their achievements in and out of school are recognised.	56%	60%	67%	69%	63%
Pupils who think their school encourages everyone to take part in decisions	79%	81%	89%	94%	86%
Pupils who think that teachers listen to them at school.	75%	71%	79%	80%	76%

Evolve Collaborative: Self-confidence, self-awareness and understanding of how to be a successful learner:

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
Pupils who set their own targets and are helped to meet them.	74%	74%	86%	87%	80%
Pupils who spent some time going to a club after school on the day before the survey.	37%	33%	34%	40%	36%
Pupils who spent some time doing homework after school on the day before the survey.	42%	57%	51%	48%	50%
Pupils who have high self-esteem.	38%	27%	61%	47%	43%
Pupils who do not usually feel uneasy when they have to say something in front of teachers.	51%	44%	64%	48%	52%
Pupils who do not usually feel shy when they want to tell a teacher something.	59%	46%	71%	51%	57%

Evolve Collaborative: Choices about the next stage of their education, employment, self-employment or training, where relevant, from impartial careers advice and guidance:

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
Pupils who think their school helps them work as part of a team.	84%	80%	89%	85%	85%
Pupils who think their school helps them prepare for when they leave their school.	71%	71%	86%	89%	80%

Evolve Collaborative: Following of any guidelines for behaviour and conduct, including management of their own feelings and behaviour, and how they relate to others:

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
Pupils who think their school teaches them how to deal with their feelings positively.	76%	78%	77%	78%	77%
Pupils who never feel afraid of going to school because of bullying.	72%	50%	84%	74%	71%
Pupils who have not been bullied at or near school in the last 12 months.	53%	50%	69%	64%	59%
Pupils who think that their school takes bullying seriously.	73%	71%	77%	82%	76%
Pupils who think that others do not fear going to school because of them.	75%	68%	85%	84%	78%
Pupils who sometimes/often feel happy during school playtimes.	68%	67%	85%	75%	74%
Pupils who sometimes/often feel safe during school playtimes.	70%	77%	85%	88%	80%
Pupils who feel happy talking to children at school.	90%	86%	94%	90%	90%
Pupils who do not think that other pupils in the school often fall out with them.	50%	37%	69%	56%	53%
Pupils who do not think that other pupils in the school often say nasty things about them.	60%	49%	67%	52%	57%

Evolve Collaborative: Understanding of how to keep themselves safe from relevant risks such as abuse, sexual exploitation and extremism, including when using the internet and social media:

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
Pupils whose parents/carers have rules about what they are allowed to do online.	69%	82%	78%	85%	79%
Pupils who do not chat to people online that they have never met.	24%	14%	25%	10%	18%
Pupils who have been told how to stay safe while chatting online.	83%	88%	89%	94%	89%
Pupils who can 'usually or always say no' when a friend wants them to do something they don't want to do (i.e. resist peer pressure).	39%	35%	59%	50%	46%
Pupils who said that teachers, the school nurse or school visitors/speakers have spoken with them about drugs (including medicines).	42%	37%	61%	65%	52%

Evolve Collaborative: Knowledge of how to keep themselves healthy, both emotionally and physically, including through exercise and healthy eating:

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
Pupils who had at least something to eat for breakfast on the day of the survey.	89%	94%	94%	94%	93%
Pupils who ate at least 5 portions of fruit and vegetables on the day before the survey.	28%	31%	27%	27%	28%
Pupils who enjoy physical activities (at least 'quite a lot').	76%	77%	89%	88%	82%
Pupils who were physically active for an hour or more on at least three days in the week before the survey.	61%	55%	76%	73%	66%
Pupils who were physically active for at least an hour and a half during school time in the week before the survey.	62%	49%	67%	66%	61%
Pupils who washed their hands before lunch on the day before the survey.	55%	61%	65%	60%	60%
Pupils who wash their hands after visiting the toilet 'whenever possible'.	86%	88%	89%	92%	89%
Pupils who cleaned their teeth at least twice on the day before the survey.	80%	85%	84%	89%	85%
Pupils who did not drink alcohol in the last week.	81%	91%	98%	98%	92%
Pupils who have never even tried smoking a cigarette.	-	-	98%	99%	98%
Pupils who said that teachers, the school nurse or school visitors/speakers have spoken with them about how their body changes as they grow up.	44%	50%	72%	78%	61%
Pupils who feel that they know enough about how their body changes as they get older.	55%	41%	72%	69%	60%
Pupils who said that teachers, the school nurse or school visitors/speakers have spoken with them about how their emotions change as they grow up.	34%	41%	53%	61%	48%

Evolve Collaborative: Personal development, so that they are well prepared to respect others and contribute to wider society and life in Britain:

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
Pupils who think their school values people with different backgrounds.	70%	75%	75%	89%	77%
Pupils who think their school encourages them to contribute to community events.	70%	70%	70%	74%	71%

Collaborative compared with Solihull Headlines

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	211	214	1134	1157
Girls	204	226	1070	1062

Solihull Primary data in brackets; see notes on interpreting differences.

Home and School

ETHNICITY

- ❑ 69% (71%) of pupils described themselves as White English.

HOME LIFE

- ❑ 63% (64%) of pupils responded that they have at least one brother, while 21% (24%) said they have more than one.
- ❑ 61% (62%) of pupils responded that they have at least one sister, while 19% (21%) said they have more than one.
- ❑ 60% (59%) of pupils responded that they have at least one older brother or sister, while 24% (25%) said they have more than one.

SCHOOL

- ❑ 94% (94%) of pupils responded that their work is marked so they can see how to improve it.
- ❑ 85% (86%) of pupils responded that their school helps them work as part of a team.

Food and Diet

WEIGHT

- ❑ 5% (5%) of pupils responded that they would like to put on weight.
- ❑ 27% (26%) of pupils responded that they would like to lose weight.
- ❑ 69% (69%) of pupils responded that they are happy with their weight as it is.

BREAKFAST

- ❑ 2% (2%) of pupils responded that they didn't have anything for breakfast on the day of the survey, while 8% (7%) said they had a cooked breakfast.
- ❑ 4% (5%) of pupils responded that they had only a drink for breakfast on the day of the survey.
- ❑ 58% (52%) of pupils responded that they had cereal to eat for breakfast on the day of the survey, while 31% (30%) said they had toast, bread, bagels or croissants.
- ❑ 4% (4%) of pupils responded that they had biscuits for breakfast on the day of the survey.
- ❑ 88% (87%) of pupils responded that they had something to eat or drink for breakfast at home on the day of the survey.

FIVE-A-DAY

- ❑ 12% (12%) of boys and 7% (8%) of girls responded that they didn't eat any portions of fruit or vegetables on the day before the survey.

- ❑ 27% (27%) of boys and 29% (27%) of girls responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.

FOOD

- ❑ 55% (52%) of pupils responded that they eat vegetables 'on most days'; 62% (61%) said the same of fresh fruit.
- ❑ 39% (41%) of pupils responded that they 'rarely or never' eat any fish/fish fingers.

WATER

- ❑ 7% (8%) of pupils responded that they didn't drink any water on the day before the survey.
- ❑ 34% (35%) of pupils responded that they drank at least 'about a litre' of water on the day before the survey.
- ❑ 94% (93%) of pupils responded that they are able to get water at school, while 5% (6%) said 'not easily'.
- ❑ 81% (58%) of pupils responded that they can get water from a water fountain at school; 66% (65%) said they can get it from their own drinking bottle.

Money

SPENDING

- ❑ 28% (32%) of pupils responded that they spent their own money on sweets, chocolate etc. in the 7 days before the survey, while 31% (34%) said they bought books and 33% (31%) bought toys.

Feeling Safe

BULLYING

- ❑ 22% (30%) of boys and 37% (40%) of girls responded that they at least 'sometimes' feel afraid of going to school because of bullying.
- ❑ 6% (8%) of pupils responded that they 'often' or 'very often' feel afraid of going to school because of bullying.
- ❑ 22% (24%) of pupils responded that they have been bullied at or near school in the last 12 months, while 19% (18%) said they 'don't know'.
- ❑ 65% (68%) of boys and 63% (63%) of girls responded that they experienced at least one of the negative behaviours listed at least a 'few times' in the month before the survey, while 7% (10%) of boys and 4% (7%) of girls experienced such behaviour 'every day'.
- ❑ 37% (40%) of pupils responded that they have been called nasty names at least a 'few times' in the month before the survey; 38% (39%) said they have been pushed/hit for no reason.

- ❑ 37% (37%) of pupils responded that they have experienced at least one of the negative behaviours listed in the school playground/field during breaktimes, while 29% (31%) said they have experienced them in a classroom during breaktimes.
- ❑ 14% (15%) of pupils responded that they have been 'picked on' or bullied because of the way they look; 5% (5%) said it was because of their race, colour or religion.
- ❑ 76% (77%) of pupils responded that they think their school takes bullying seriously, while 14% (14%) said they 'don't know'.
- ❑ 2% (4%) of pupils responded that they think others may be frightened of going to school because of them, while 19% (20%) said they 'don't know'.

Leisure Time

SCHOOL BREAKTIMES

- ❑ 5% (5%) of pupils responded that they 'never/hardly ever' feel happy during school playtimes, while 21% (26%) said they do so 'sometimes'.
- ❑ 74% (69%) of pupils responded that they 'often' feel happy during school playtimes.
- ❑ 5% (5%) of pupils responded that they 'never/hardly ever' feel safe during school playtimes, while 15% (18%) said they do so 'sometimes'.
- ❑ 80% (77%) of pupils responded that they 'often' feel safe during school playtimes.
- ❑ 92% (89%) of pupils responded that they play running/skipping games/tag at least 'sometimes' during school playtimes; 71% (68%) said they play ball games like football or netball.

AFTER SCHOOL ACTIVITIES

- ❑ 66% (65%) of pupils responded that they spent time watching TV after school on the day before the survey, while 50% (53%) spent time doing homework and 46% (49%) played sport or other physical activity.

Physical Activity

FITNESS

- ❑ 7% (9%) of pupils responded that they think they are 'unfit' or 'very unfit'.
- ❑ 67% (67%) of pupils responded that they think they are 'fit' or 'very fit'.
- ❑ 3% (3%) of pupils responded that they don't enjoy physical activities at all.
- ❑ 82% (80%) of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.
- ❑ 7% (7%) of pupils responded that they were not physically active for an hour or more at all in the week before the survey.
- ❑ 66% (67%) of pupils responded that they were physically active for an hour or more on at least three days in the week before the survey.
- ❑ 10% (11%) of pupils responded that they have not been involved in any physical activity during school time in the 7 days before the survey.
- ❑ 41% (43%) of pupils responded that they have been involved in more than 1½ hours of physical activity during school time in the 7 days before the survey.

ACTIVE TRAVEL

- ❑ 70% (61%) of pupils responded that they travelled to school by car/van on the day of the survey.
- ❑ 34% (39%) of pupils responded that they walked/scootered to school on the day of the survey.

SPORTS

- ❑ 94% (92%) of pupils responded that they play or do one or more of the physical activities listed at least 'once a week'.
- ❑ 54% (54%) of pupils responded that they run at least 'once a week', while 53% (54%) said the same of keep-fit and 24% (24%) ride their bike.

Hygiene

- ❑ 60% (65%) of pupils responded that they washed their hands before lunch on the day before the survey, while 17% (15%) said they were 'not sure'.
- ❑ 89% (86%) of pupils responded that they wash their hands 'whenever possible' after visiting the toilet.
- ❑ 1% (2%) of pupils responded that they 'never or almost never' wash their hands after visiting the toilet.

DENTAL HEALTH

- ❑ 85% (82%) of pupils responded that they cleaned their teeth at least twice the day before the survey.
- ❑ 2% (2%) of pupils responded that they did not clean their teeth at all on the day before the survey.
- ❑ 82% (80%) of pupils responded that they had a check-up the last time they visited the dentist, while 20% (24%) said they had fillings.

ASTHMA

- ❑ 12% (12%) of pupils responded that they have asthma, while 10% (11%) said they 'don't know' if they do.
- ❑ 8% (8%) of pupils responded that they took medicine for asthma (pills, inhaler) in the 7 days before the survey.

Internet Safety

- ❑ 76% (73%) of pupils responded that they use a computer/tablet unsupervised when their parents/carers aren't in the room.
- ❑ 79% (80%) of pupils responded that their parents/carers have rules about what they are allowed to do online.
- ❑ 94% (93%) of pupils responded that they have used the internet at home in the past week and 59% (57%) have used it at school.
- ❑ 72% (73%) of pupils responded that they use the internet for playing online games, while 61% (63%) said they use it for school work/homework.
- ❑ 18% (19%) of pupils responded that they chat online to people they have never met.
- ❑ 4% (5%) of pupils responded that they chat online to people they have never met and have received a message which scared them or made them upset.
- ❑ 89% (88%) of pupils responded that they have been told how to stay safe while chatting online.

Emotional Health and Wellbeing

SELF-ESTEEM

- ❑ 18% (23%) of pupils had a med-low self-esteem score (9 or less).
- ❑ 43% (39%) of pupils had a high self-esteem score (15 or more).
- ❑ 90% (89%) of pupils responded that they feel happy talking to other children at school.

PEER PRESSURE

- ❑ 46% (47%) of pupils responded that they can 'usually or always' say no when a friend wants them to do something they don't want to do.
- ❑ 23% (23%) of pupils responded that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.
- ❑ 48% (48%) of pupils responded that they 'usually or always' know what to say when they want a friend to do something.
- ❑ 15% (16%) of pupils responded that they 'hardly ever' or 'never' know what to say when they want a friend to do something.

WORRYING AND PROBLEMS

- ❑ 88% (89%) of pupils worry at least 'a little' about one or more of the issues listed, while 62% (67%) said they do so 'quite a lot' or 'a lot'.
- ❑ 10% (13%) of boys and 12% (14%) of girls responded that they worry about at least 3 of the issues listed 'quite a lot' or 'a lot'; while 38% (35%) of boys and 38% (31%) of girls said that they don't worry about any of them.
- ❑ 34% (35%) of pupils responded that they worry about crime 'quite a lot' or 'a lot', while 28% (31%) said they worry about school tests.
- ❑ 23% (27%) of pupils responded that they worry about family relationships 'quite a lot' or 'a lot'; 17% (20%) said they worry about the way they look.

Alcohol, Smoking, Drugs

ALCOHOL

- ❑ 12% (13%) of pupils responded that they have had an alcoholic drink at some point in their lives.
- ❑ Of the 99 (568) pupils who have had an alcoholic drink, they were on average 7 (7) years old when they first tried alcohol.
- ❑ 2% (3%) of Year 6 pupils responded that they had an alcoholic drink on at least one day in the 7 days before the survey; 1% (1%) said they drank alcohol on more than one day.
- ❑ 1% (1%) of pupils responded that they drank beer or lager in the 7 days before the survey, while 0% (1%) drank spirits.
- ❑ 89% (87%) of Year 6 pupils responded that they do not drink alcohol.
- ❑ 10% (11%) of Year 6 pupils responded that they do drink alcohol and their parents 'always' know, while 1% (1%) said their parents 'usually' know.
- ❑ 1% (2%) of Year 6 pupils responded that they drink alcohol and their parents 'never' or only 'sometimes' know.

- ❑ 14% (15%) of Year 4 pupils responded that they drink alcohol and their parents always know when they do, while 4% (4%) said their parents don't always know; 83% (81%) said they don't drink alcohol.

SMOKING

- ❑ 2% (2%) of Year 6 pupils said they have smoked in the past or smoke now.
- ❑ 1% (1%) of Year 4 pupils responded that they have smoked a cigarette.
- ❑ 0% (0%) of pupils responded that they smoked in the week before the survey.
- ❑ 93% (91%) of pupils responded that they think they will not smoke when they are older.
- ❑ 1% (1%) of pupils responded that they think they will smoke when they are older, while 6% (7%) think they may smoke.

E-CIGARETTES

- ❑ 94% (95%) of pupils responded that they have either never heard of or never used electronic cigarettes/'e-cigarettes'.
- ❑ 2% (1%) of pupils responded that they have used an e-cigarette at least 'occasionally'.

DRUGS

- ❑ 65% (63%) of pupils responded that their parents have talked with them about drugs (including medicines), while 49% (48%) said their teachers have talked with them in school lessons and 24% (21%) said their friends have.
- ❑ 52% (51%) of pupils responded that either their teachers, the school nurse or visitors in school lessons have talked with them about drugs (incl. medicines).
- ❑ 14% (14%) of pupils responded that they are 'fairly sure' or 'certain' that they know someone who uses drugs (not as medicines).
- ❑ 2% (2%) of Year 6 pupils responded that they have been offered cannabis. 4% (4%) said they 'don't know' if they have.
- ❑ 2% (1%) of Year 6 pupils responded that they have been offered other drugs (not cannabis or medicines), while 3% (3%) said they 'don't know' if they have.

Growing Up

- ❑ 78% (76%) of pupils responded that their parents have talked with them about how their body changes as they grow up, while 58% (60%) said their teachers have talked with them in school lessons and 32% (32%) said their friends have.
- ❑ 61% (64%) of pupils responded that either their teachers, the school nurse or visitors in school lessons have talked with them about how their body changes as they grow up.
- ❑ 60% (62%) of pupils responded that they feel they know enough about how their body changes as they get older, while 10% (10%) feel they don't know enough.
- ❑ 77% (75%) of pupils responded that their parents have talked with them about how their feelings/emotions change as they grow up, while 45% (50%) said their teachers have talked with them

in school lessons and 28% (32%) said their friends have.

- ❑ 48% (53%) of pupils responded that either their teachers, the school nurse or visitors in school lessons have talked with them about how their feelings/emotions change as they grow up.

PERIODS

- ❑ 12% (13%) of Year 6 girls responded that they have started their periods, while 12% (11%) said they 'don't know' if they have.

HIV

- ❑ 22% (23%) of pupils responded that they know about AIDS (or HIV).
- ❑ 12% (13%) of pupils responded that their parents have talked with them about AIDS (or HIV), while 4% (6%) said their teachers have talked with them in school lessons.

Significant Differences

Where differences can be seen between your school and the reference sample, you may find the enclosed table of some use in deciding if the differences seen are significant. The 'standard error' of a proportion is an assessment of how reliable our figures are, that is, the margin of error.

Two points in particular should be made:

1. when the sample size is small, it may be that just one individual voting a different way would make a large percentage difference to the results (so, one in twenty is 5%)
2. even if your sample is small, you may have a very high proportion of your available population – if, say, you sample every single pupil of your year 8 class. In this case, the notion of 'margin of error' doesn't really apply to the sampling, only to the process of collecting the responses.

TABLE OF STANDARD ERRORS OF PROPORTION

		Percentage seen in sample				
		10%	20%	30%	40%	50%
Number	20	6.7	8.9	10.2	11.0	11.2
In	30	5.5	7.3	8.4	8.9	9.1
sample	40	4.7	6.3	7.2	7.7	7.9
	50	4.2	5.7	6.5	6.9	7.1
	60	3.9	5.2	5.9	6.3	6.5
	80	3.4	4.5	5.1	5.5	5.6
	100	3.0	4.0	4.6	4.9	5.0
	150	2.4	3.3	3.7	4.0	4.1
	200	2.1	2.8	3.2	3.5	3.5
	300	1.7	2.3	2.6	2.8	2.9
	500	1.3	1.8	2.0	2.2	2.2

So, if you have a sample of 50 students and 30% of them think that the school needs a new swimming pool, we can see from the table that standard error of the percentage is about $\pm 6.5\%$.

List of Significant Differences

Below we have listed some statistically significant differences between Evolve Collaborative and Solihull Primary.

Sig	Collab.	Solihull	Question
***	81%	58%	of pupils responded that they can get water from a water fountain at school.
***	70%	61%	of pupils responded that they travelled to school by car/van on the day of the survey.
***	58%	52%	of pupils responded that they had cereal to eat for breakfast on the day of the survey.
***	29%	35%	of pupils responded that they at least 'sometimes' feel afraid of going to school because of bullying.
***	74%	69%	of pupils responded that they 'often' feel happy during school playtimes.
***	18%	23%	of pupils had a med-low self-esteem score (9 or less).
***	34%	39%	of pupils responded that they walked/scootered to school on the day of the survey.
***	48%	53%	of pupils responded that either their teachers, the school nurse or visitors in school lessons have talked with them about how their feelings/emotions change as they grow up.
***	45%	50%	of pupils responded that their teachers have talked with them in school lessons about how their feelings/emotions change as they grow up.
**	60%	65%	of pupils responded that they washed their hands before lunch on the day before the survey.
**	89%	86%	of pupils responded that they wash their hands 'whenever possible' after visiting the toilet.
**	62%	67%	of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.
**	28%	32%	of pupils responded that they spent their own money on sweets, chocolate etc. in the 7 days before the survey.
*	23%	27%	of pupils responded that they worry about family relationships 'quite a lot' or 'a lot'.
*	20%	24%	of pupils responded that they had fillings the last time they visited the dentist.
*	80%	77%	of pupils responded that they 'often' feel safe during school playtimes.
*	43%	39%	of pupils had a high self-esteem score (15 or more).
*	4%	6%	of pupils responded that their teachers have talked with them in school lessons about AIDS (or HIV).
*	76%	73%	of pupils responded that they use a computer/tablet unsupervised when their parents/carers aren't in the room.
*	4%	5%	of pupils responded that they had only a drink for breakfast on the day of the survey.

Tests: Chi-squared (χ^2). KEY: * = $p < 0.05$ (5%) ** = $p < 0.01$ (1%) *** = $p < 0.001$ (0.1%).

2018/2016 Comparisons

	2018		2016	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	211	214	249	252
Girls	204	226	240	204

Your School's data for 2018 compared with your 2016 data in brackets; see notes on interpreting differences.

Home and School

HOME LIFE

- ❑ 63% (62%) of pupils responded that they have at least one brother, while 21% (21%) said they have more than one.
- ❑ 61% (62%) of pupils responded that they have at least one sister, while 19% (21%) said they have more than one.
- ❑ 60% (60%) of pupils responded that they have at least one older brother or sister, while 24% (24%) said they have more than one.

SCHOOL

- ❑ 94% (95%) of pupils responded that their work is marked so they can see how to improve it.
- ❑ 85% (85%) of pupils responded that their school helps them work as part of a team.

Food and Diet

WEIGHT

- ❑ 5% (6%) of pupils responded that they would like to put on weight.
- ❑ 27% (25%) of pupils responded that they would like to lose weight.
- ❑ 69% (69%) of pupils responded that they are happy with their weight as it is.

BREAKFAST

- ❑ 2% (2%) of pupils responded that they didn't have anything for breakfast on the day of the survey, while 8% (8%) said they had a cooked breakfast.
- ❑ 4% (4%) of pupils responded that they had only a drink for breakfast on the day of the survey.
- ❑ 58% (55%) of pupils responded that they had cereal to eat for breakfast on the day of the survey, while 31% (30%) said they had toast, bread, bagels or croissants.
- ❑ 4% (4%) of pupils responded that they had biscuits for breakfast on the day of the survey.
- ❑ 88% (92%) of pupils responded that they had something to eat or drink for breakfast at home on the day of the survey.

FIVE-A-DAY

- ❑ 12% (10%) of boys and 7% (8%) of girls responded that they didn't eat any portions of fruit or vegetables on the day before the survey.
- ❑ 27% (26%) of boys and 29% (29%) of girls responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.

FOOD

- ❑ 55% (52%) of pupils responded that they eat vegetables 'on most days'; 62% (61%) said the same of fresh fruit.
- ❑ 39% (36%) of pupils responded that they 'rarely or never' eat any fish/fish fingers.

WATER

- ❑ 7% (6%) of pupils responded that they didn't drink any water on the day before the survey.
- ❑ 34% (34%) of pupils responded that they drank at least 'about a litre' of water on the day before the survey.
- ❑ 94% (88%) of pupils responded that they are able to get water at school, while 5% (9%) said 'not easily'.
- ❑ 81% (80%) of pupils responded that they can get water from a water fountain at school; 66% (70%) said they can get it from their own drinking bottle.

Money

SPENDING

- ❑ 28% (36%) of pupils responded that they spent their own money on sweets, chocolate etc. in the 7 days before the survey, while 31% (36%) said they bought books and 33% (31%) bought toys.

Feeling Safe

BULLYING

- ❑ 22% (30%) of boys and 37% (45%) of girls responded that they at least 'sometimes' feel afraid of going to school because of bullying.
- ❑ 6% (6%) of pupils responded that they 'often' or 'very often' feel afraid of going to school because of bullying.
- ❑ 22% (28%) of pupils responded that they have been bullied at or near school in the last 12 months, while 19% (17%) said they 'don't know'.
- ❑ 65% (66%) of boys and 63% (64%) of girls responded that they experienced at least one of the negative behaviours listed at least a 'few times' in the month before the survey, while 7% (7%) of boys and 4% (7%) of girls experienced such behaviour 'every day'.
- ❑ 37% (41%) of pupils responded that they have been called nasty names at least a 'few times' in the month before the survey; 38% (40%) said they have been pushed/hit for no reason.
- ❑ 37% (45%) of pupils responded that they have experienced at least one of the negative behaviours listed in the school playground/field during breaktimes, while 29% (34%) said they have experienced them in a classroom during breaktimes.

- ❑ 14% (16%) of pupils responded that they have been 'picked on' or bullied because of the way they look; 5% (6%) said it was because of their race, colour or religion.
- ❑ 76% (75%) of pupils responded that they think their school takes bullying seriously, while 14% (15%) said they 'don't know'.
- ❑ 2% (2%) of pupils responded that they think others may be frightened of going to school because of them, while 19% (21%) said they 'don't know'.

Leisure Time

SCHOOL BREAKTIMES

- ❑ 5% (5%) of pupils responded that they 'never/hardly ever' feel happy during school playtimes, while 21% (25%) said they do so 'sometimes'.
- ❑ 74% (71%) of pupils responded that they 'often' feel happy during school playtimes.
- ❑ 5% (5%) of pupils responded that they 'never/hardly ever' feel safe during school playtimes, while 15% (18%) said they do so 'sometimes'.
- ❑ 80% (77%) of pupils responded that they 'often' feel safe during school playtimes.
- ❑ 92% (89%) of pupils responded that they play running/skipping games/tag at least 'sometimes' during school playtimes; 71% (70%) said they play ball games like football or netball.

AFTER SCHOOL ACTIVITIES

- ❑ 66% (66%) of pupils responded that they spent time watching TV after school on the day before the survey, while 50% (51%) spent time doing homework and 46% (52%) played sport or other physical activity.

Physical Activity

FITNESS

- ❑ 7% (8%) of pupils responded that they think they are 'unfit' or 'very unfit'.
- ❑ 67% (72%) of pupils responded that they think they are 'fit' or 'very fit'.
- ❑ 3% (3%) of pupils responded that they don't enjoy physical activities at all.
- ❑ 82% (82%) of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.
- ❑ 7% (8%) of pupils responded that they were not physically active for an hour or more at all in the week before the survey.
- ❑ 66% (69%) of pupils responded that they were physically active for an hour or more on at least three days in the week before the survey.
- ❑ 10% (8%) of pupils responded that they have not been involved in any physical activity during school time in the 7 days before the survey.
- ❑ 41% (46%) of pupils responded that they have been involved in more than 1½ hours of physical activity during school time in the 7 days before the survey.

ACTIVE TRAVEL

- ❑ 70% (66%) of pupils responded that they travelled to school by car/van on the day of the survey.

- ❑ 34% (36%) of pupils responded that they walked/scootered to school on the day of the survey.

SPORTS

- ❑ 94% (93%) of pupils responded that they play or do one or more of the physical activities listed at least 'once a week'.
- ❑ 54% (55%) of pupils responded that they run at least 'once a week', while 53% (47%) said the same of keep-fit and 24% (24%) ride their bike.

Hygiene

- ❑ 60% (70%) of pupils responded that they washed their hands before lunch on the day before the survey, while 17% (12%) said they were 'not sure'.
- ❑ 89% (89%) of pupils responded that they wash their hands 'whenever possible' after visiting the toilet.
- ❑ 1% (1%) of pupils responded that they 'never or almost never' wash their hands after visiting the toilet.

DENTAL HEALTH

- ❑ 85% (86%) of pupils responded that they cleaned their teeth at least twice the day before the survey.
- ❑ 2% (1%) of pupils responded that they did not clean their teeth at all on the day before the survey.
- ❑ 82% (77%) of pupils responded that they had a check-up the last time they visited the dentist, while 20% (20%) said they had fillings.

ASTHMA

- ❑ 12% (12%) of pupils responded that they have asthma, while 10% (10%) said they 'don't know' if they do.
- ❑ 8% (11%) of pupils responded that they took medicine for asthma (pills, inhaler) in the 7 days before the survey.

Internet Safety

- ❑ 79% (73%) of pupils responded that their parents/carers have rules about what they are allowed to do online.
- ❑ 94% (93%) of pupils responded that they have used the internet at home in the past week and 59% (60%) have used it at school.
- ❑ 72% (72%) of pupils responded that they use the internet for playing online games, while 61% (70%) said they use it for school work/homework.
- ❑ 18% (18%) of pupils responded that they chat online to people they have never met.
- ❑ 4% (5%) of pupils responded that they chat online to people they have never met and have received a message which scared them or made them upset.
- ❑ 89% (88%) of pupils responded that they have been told how to stay safe while chatting online.

Emotional Health and Wellbeing

SELF-ESTEEM

- ❑ 18% (22%) of pupils had a med-low self-esteem score (9 or less).
- ❑ 43% (40%) of pupils had a high self-esteem score (15 or more).

- ❑ 90% (90%) of pupils responded that they feel happy talking to other children at school.

PEER PRESSURE

- ❑ 46% (44%) of pupils responded that they can 'usually or always' say no when a friend wants them to do something they don't want to do.
- ❑ 23% (26%) of pupils responded that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.
- ❑ 48% (51%) of pupils responded that they 'usually or always' know what to say when they want a friend to do something.
- ❑ 15% (14%) of pupils responded that they 'hardly ever' or 'never' know what to say when they want a friend to do something.

WORRYING AND PROBLEMS

- ❑ 88% (90%) of pupils worry at least 'a little' about one or more of the issues listed, while 62% (66%) said they do so 'quite a lot' or 'a lot'.
- ❑ 34% (32%) of pupils responded that they worry about crime 'quite a lot' or 'a lot', while 28% (30%) said they worry about school tests.
- ❑ 23% (29%) of pupils responded that they worry about family relationships 'quite a lot' or 'a lot'; 17% (21%) said they worry about the way they look.

Alcohol, Smoking, Drugs

ALCOHOL

- ❑ 12% (15%) of pupils responded that they have had an alcoholic drink at some point in their lives.
- ❑ Of the 99 (130) pupils who have had an alcoholic drink, they were on average 7 (7) years old when they first tried alcohol.
- ❑ 2% (4%) of Year 6 pupils responded that they had an alcoholic drink on at least one day in the 7 days before the survey; 1% (1%) said they drank alcohol on more than one day.
- ❑ 1% (2%) of pupils responded that they drank beer or lager in the 7 days before the survey, while 0% (1%) drank spirits.
- ❑ 89% (85%) of Year 6 pupils responded that they do not drink alcohol.
- ❑ 10% (13%) of Year 6 pupils responded that they do drink alcohol and their parents 'always' know, while 1% (1%) said their parents 'usually' know.
- ❑ 1% (1%) of Year 6 pupils responded that they drink alcohol and their parents 'never' or only 'sometimes' know.

SMOKING

- ❑ 2% (2%) of Year 6 pupils said they have smoked in the past or smoke now.
- ❑ 0% (0%) of pupils responded that they smoked in the week before the survey.
- ❑ 93% (89%) of pupils responded that they think they will not smoke when they are older.

- ❑ 1% (2%) of pupils responded that they think they will smoke when they are older, while 6% (9%) think they may smoke.

DRUGS

- ❑ 65% (59%) of pupils responded that their parents have talked with them about drugs (including medicines), while 49% (37%) said their teachers have talked with them in school lessons and 24% (22%) said their friends have.
- ❑ 52% (39%) of pupils responded that either their teachers, the school nurse or visitors in school lessons have talked with them about drugs (incl. medicines).
- ❑ 14% (15%) of pupils responded that they are 'fairly sure' or 'certain' that they know someone who uses drugs (not as medicines).
- ❑ 2% (3%) of Year 6 pupils responded that they have been offered cannabis. 4% (4%) said they 'don't know' if they have.
- ❑ 2% (3%) of Year 6 pupils responded that they have been offered other drugs (not cannabis or medicines), while 3% (2%) said they 'don't know' if they have.

Growing Up

- ❑ 78% (74%) of pupils responded that their parents have talked with them about how their body changes as they grow up, while 58% (53%) said their teachers have talked with them in school lessons and 32% (29%) said their friends have.
- ❑ 61% (56%) of pupils responded that either their teachers, the school nurse or visitors in school lessons have talked with them about how their body changes as they grow up.
- ❑ 60% (58%) of pupils responded that they feel they know enough about how their body changes as they get older, while 10% (9%) feel they don't know enough.
- ❑ 77% (74%) of pupils responded that their parents have talked with them about how their feelings/emotions change as they grow up, while 45% (41%) said their teachers have talked with them in school lessons and 28% (29%) said their friends have.
- ❑ 48% (43%) of pupils responded that either their teachers, the school nurse or visitors in school lessons have talked with them about how their feelings/emotions change as they grow up.

PERIODS

- ❑ 12% (9%) of Year 6 girls responded that they have started their periods, while 12% (13%) said they 'don't know' if they have.

HIV

- ❑ 22% (26%) of pupils responded that they know about AIDS (or HIV).
- ❑ 12% (16%) of pupils responded that their parents have talked with them about AIDS (or HIV), while 4% (4%) said their teachers have talked with them in school lessons.

Significant differences between 2018 and 2016 data

Below we have listed some statistically significant differences between the data collected in the 2018 survey and that collected in 2016. Please note that this list is not exhaustive – we have compared headline figures only.

	2018		2016	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	211	214	249	252
Girls	204	226	240	204

Sig	2018	2016	Question
***	52%	39%	of pupils responded that either their teachers, the school nurse or visitors in school lessons have talked with them about drugs (incl. medicines).
***	49%	37%	of pupils responded that their teachers have talked with them in school lessons about drugs (including medicines).
***	94%	88%	of pupils responded that they are able to get water at school.
***	60%	70%	of pupils responded that they washed their hands before lunch on the day before the survey.
***	61%	70%	of pupils responded that they use the internet for school work/homework.
***	28%	36%	of pupils responded that they spent their own money on sweets, chocolate etc. in the 7 days before the survey.
***	29%	37%	of pupils responded that they at least 'sometimes' feel afraid of going to school because of bullying.
***	88%	92%	of pupils responded that they had something to eat or drink for breakfast at home on the day of the survey.
***	37%	45%	of pupils responded that they have experienced at least one of the negative behaviours listed in the school playground/field during breaktimes.
***	23%	29%	of pupils responded that they worry about family relationships 'quite a lot' or 'a lot'.
***	46%	52%	of pupils responded that they spent time playing sport or other physical activity after school on the day before the survey.
***	93%	89%	of pupils responded that they think they will not smoke when they are older.
***	82%	77%	of pupils responded that they had a check-up the last time they visited the dentist.
**	22%	28%	of pupils responded that they have been bullied at or near school in the last 12 months.
**	79%	73%	of pupils responded that their parents/carers have rules about what they are allowed to do online.
**	67%	72%	of pupils responded that they think they are 'fit' or 'very fit'.
**	65%	59%	of pupils responded that their parents have talked with them about drugs (including medicines).
*	17%	21%	of pupils responded that they worry about the way they look 'quite a lot' or 'a lot'.
*	29%	34%	of pupils responded that they have experienced at least one of the negative behaviours listed in a classroom during breaktimes.
*	61%	56%	of pupils responded that either their teachers, the school nurse or visitors in school lessons have talked with them about how their body changes as they grow up.
*	41%	46%	of pupils responded that they have been involved in more than 1½ hours of physical activity during school time in the 7 days before the survey.
*	31%	36%	of pupils responded that they spent their own money on books in the 7 days before the survey.
*	58%	53%	of pupils responded that their teachers have talked with them in school lessons about how their body changes as they grow up.
*	12%	16%	of pupils responded that their parents have talked with them about AIDS (or HIV).

Tests: Chi-squared (χ^2). KEY: * = $p < 0.05$ (5%) ** = $p < 0.01$ (1%) *** = $p < 0.001$ (0.1%).

Home and School

Ethnicity

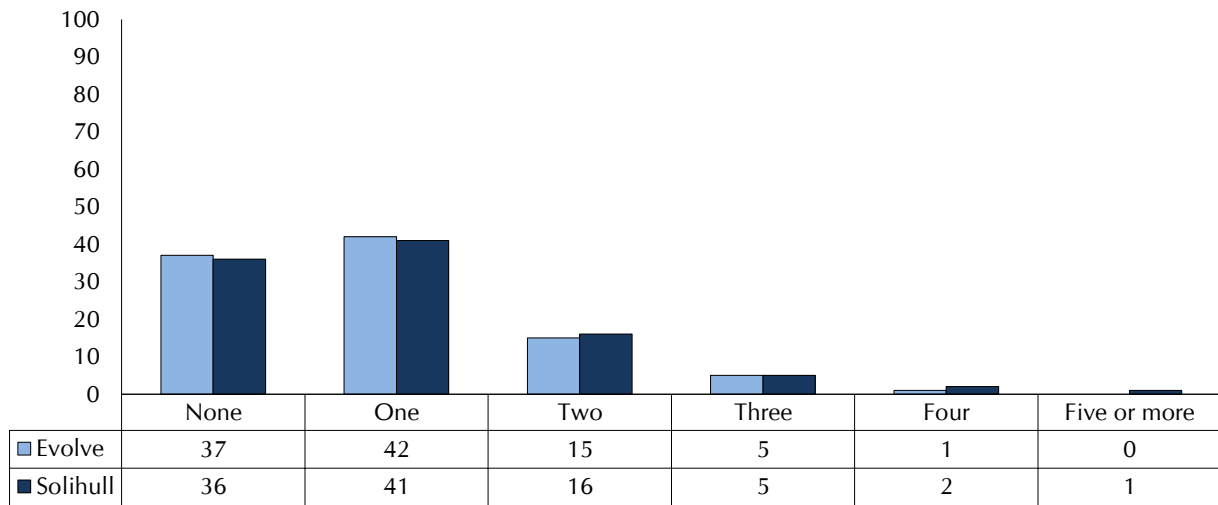
69% (71%) of pupils described themselves as White English.

QD. Percentage who described themselves as White English.

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	67	71	71	71
Girls	67	72	72	71

Home Life

Q1a. How many brothers do you have?

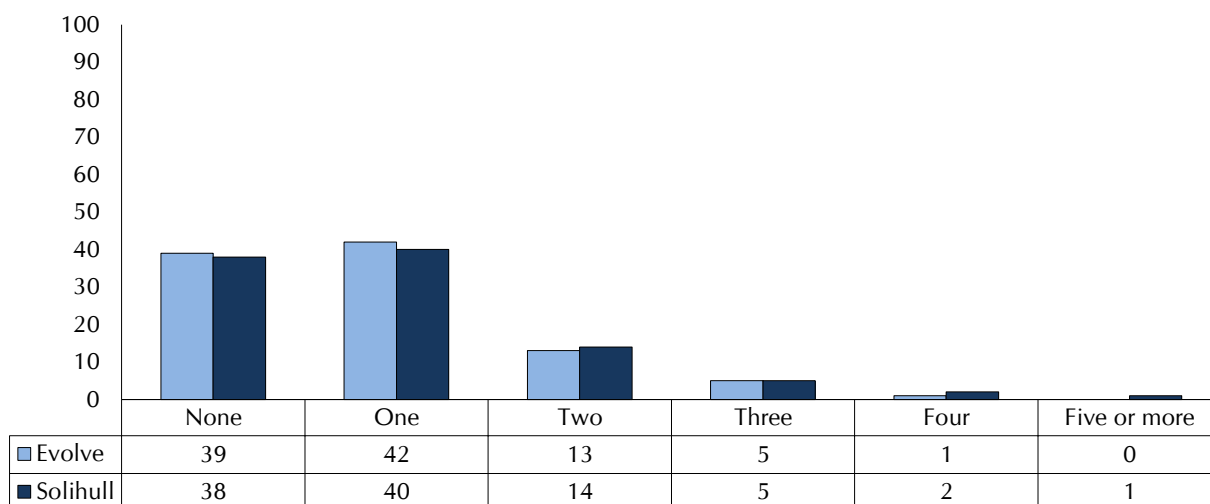


63% (64%) of pupils responded that they have at least one brother, while 21% (24%) said they have more than one.

Q1a. Percentage answering that they have at least one brother.

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	59	62	63	63
Girls	64	68	65	66

Q1b. How many sisters do you have?

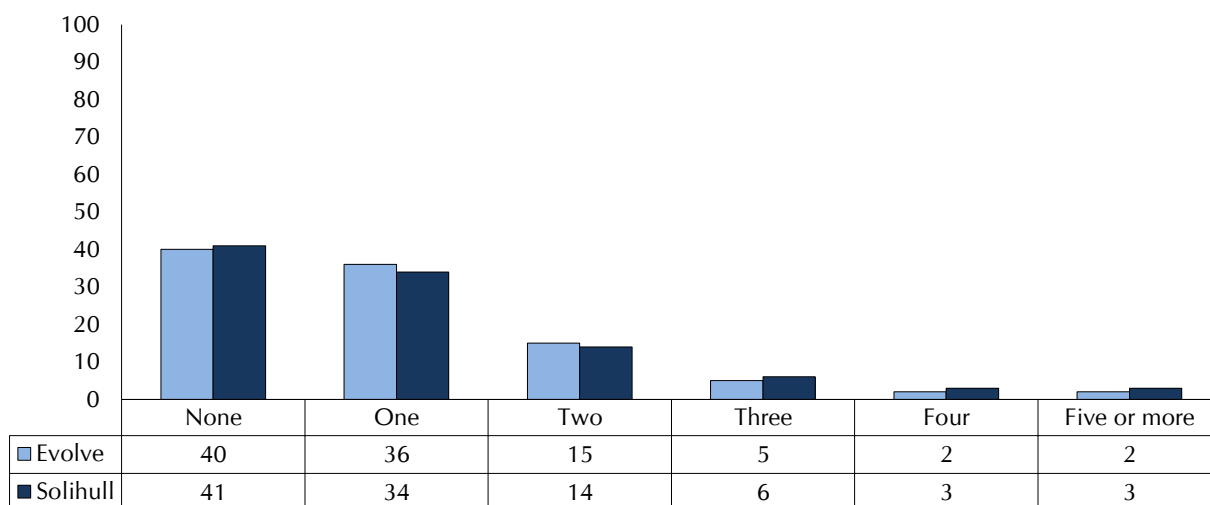


61% (62%) of pupils responded that they have at least one sister, while 19% (21%) said they have more than one.

Q1b. Percentage answering that they have at least one sister.

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	62	61	61	64
Girls	63	57	60	62

Q2. How many brothers and sister are older than you?



60% (59%) of pupils responded that they have at least one older brother or sister, while 24% (25%) said they have more than one.

Q2. Percentage answering that they have at least one older brother or sister.

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	64	59	61	59
Girls	60	58	57	60

School

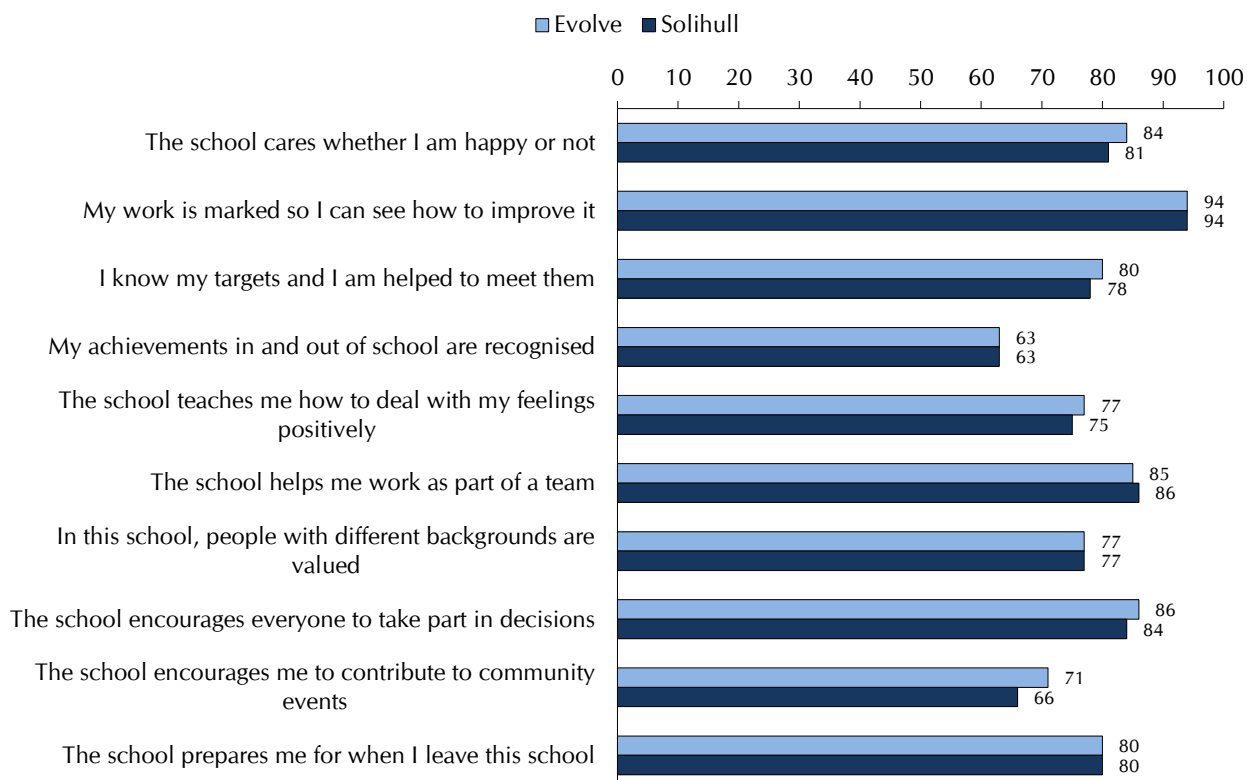
94% (94%) of pupils responded that their work is marked so they can see how to improve it.

Q3. Percentage of pupils responding 'yes' to the following statements (Solihull Primary data in brackets):

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
The school cares whether I am happy or not	81 (77)	78 (81)	86 (81)	89 (84)	84 (81)
My work is marked so I can see how to improve it	93 (91)	91 (92)	95 (95)	97 (96)	94 (94)
I know my targets and I am helped to meet them	74 (70)	74 (73)	86 (85)	87 (83)	80 (78)
My achievements in and out of school are recognised	56 (58)	60 (63)	67 (66)	69 (65)	63 (63)
The school teaches me how to deal with my feelings positively	76 (76)	78 (77)	77 (72)	78 (76)	77 (75)
The school helps me work as part of a team	84 (84)	80 (87)	89 (85)	85 (87)	85 (86)
In this school, people with different backgrounds are valued	70 (68)	75 (75)	75 (80)	89 (85)	77 (77)
The school encourages everyone to take part in decisions (e.g. class discussions or school council)	79 (79)	81 (83)	89 (85)	94 (89)	86 (84)
The school encourages me to contribute to community events	70 (64)	70 (70)	70 (63)	74 (68)	71 (66)
The school prepares me for when I leave this school	71 (71)	71 (73)	86 (86)	89 (89)	80 (80)

85% (86%) of pupils responded that their school helps them work as part of a team.

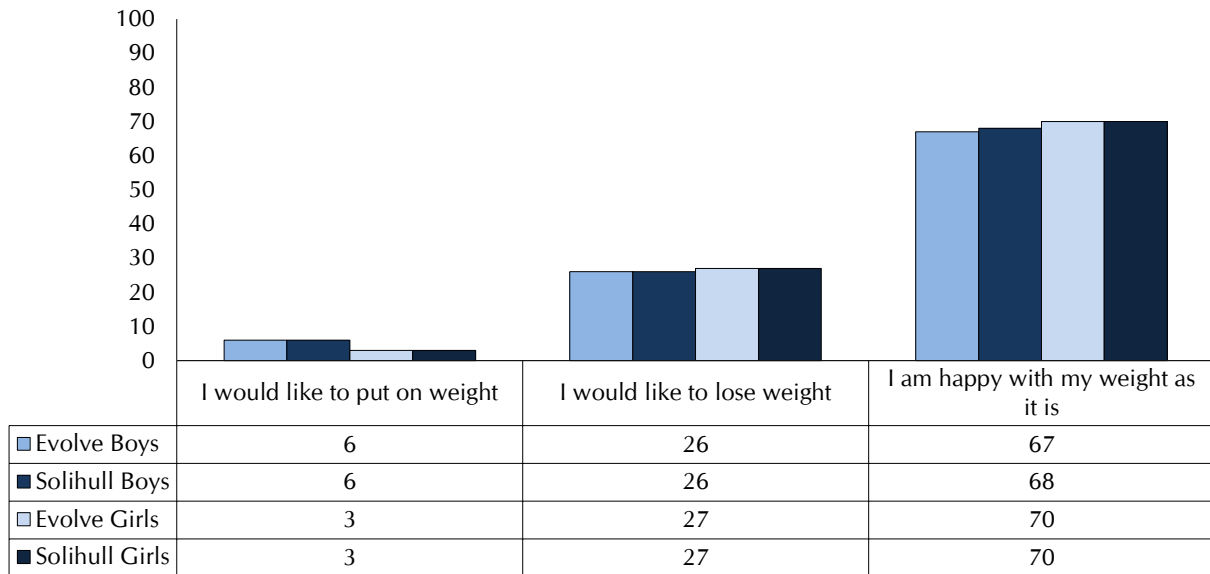
Q60. Percentage of pupils responding 'yes' to the following statements:



Food and Diet

Weight

Q4. Weight: Which statement describes you best?



5% (5%) of pupils responded that they would like to put on weight.

Q4. Percentage answering that they would like to put on weight.

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	7	6	6	6
Girls	2	4	3	3

27% (26%) of pupils responded that they would like to lose weight.

Q4. Percentage answering that they would like to lose weight.

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	30	23	27	24
Girls	28	26	25	29

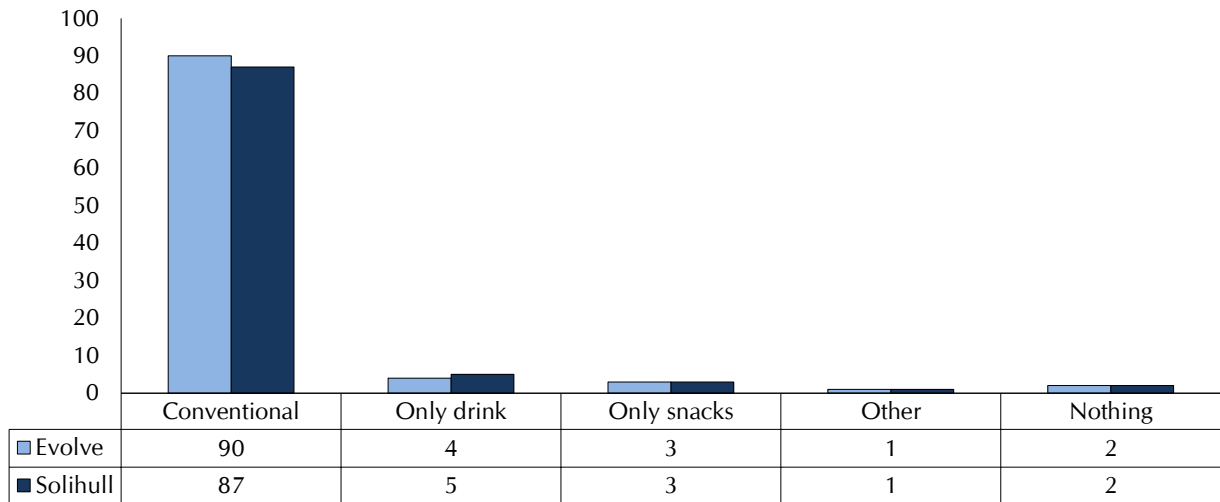
69% (69%) of pupils responded that they are happy with their weight as it is.

Q4. Percentage answering that they are happy with their weight as it is.

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	63	71	67	70
Girls	70	71	72	67

Breakfast

Q6. Percentage of pupils responding that they had the following types of breakfast on the day of the survey:



The chart shows the percentages having different types of breakfast. The category 'Conventional' means at least one of cereal; toast, bread, bagels or croissants; breakfast bar; cooked breakfast; fruit or yoghurt. Only snacks means: chocolate bars, sweets; pop tarts or cakes; biscuits or crisp-type snack but not conventional breakfast.

2% (2%) of pupils responded that they didn't have anything for breakfast on the day of the survey, while 8% (7%) said they had a cooked breakfast.

Q6. Percentage answering that they didn't have anything to eat or drink before lessons this morning.

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	2	2	2	3
Girls	0	3	1	2

4% (5%) of pupils responded that they had only a drink for breakfast on the day of the survey.

Q6. Percentage answering that they had only a drink for breakfast before lessons this morning.

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	6	3	7	5
Girls	4	2	5	4

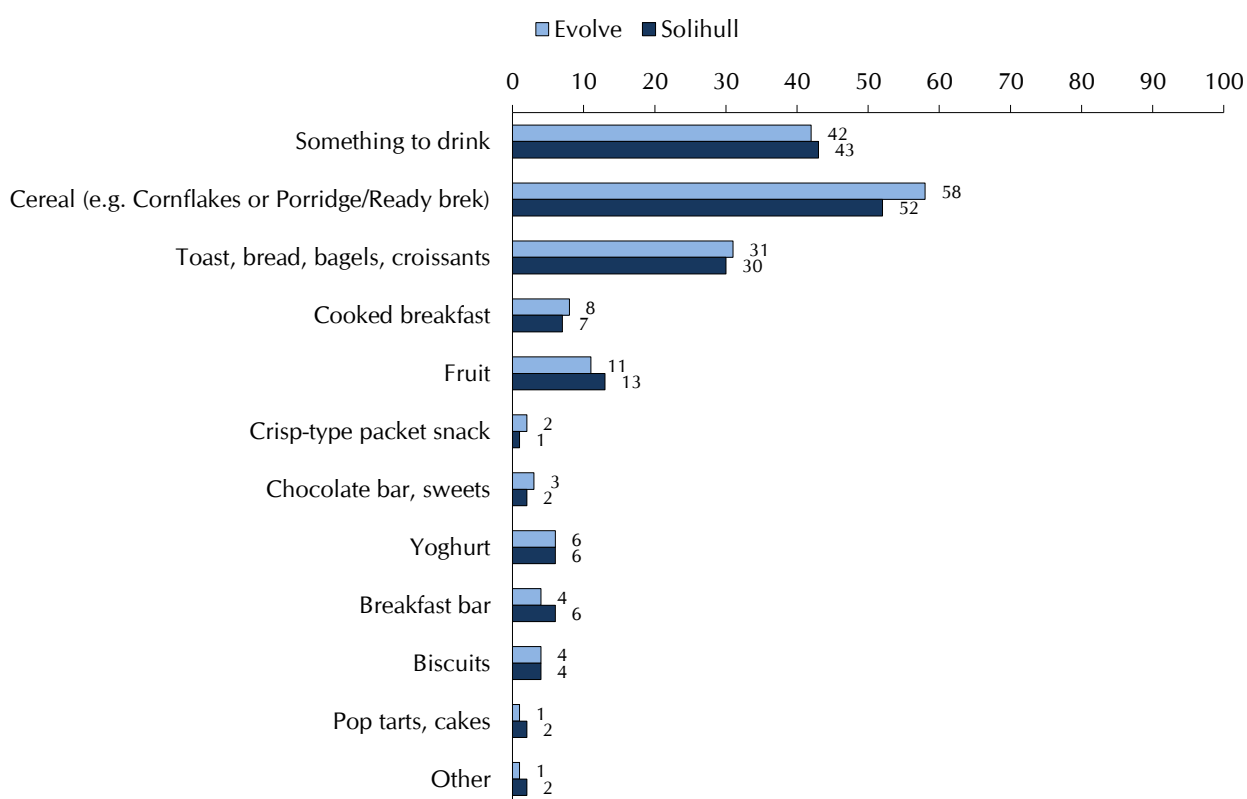
58% (52%) of pupils responded that they had cereal to eat for breakfast on the day of the survey, while 31% (30%) said they had toast, bread, bagels or croissants.

Q6. Percentage of pupils responding that they had the following to eat or drink for breakfast on the day of the survey (top 5 – Solihull Primary data in brackets):

Boys			Girls		
1	Cereal (e.g. Cornflakes or Porridge/Ready brek)	56 (53)	1	Cereal (e.g. Cornflakes or Porridge/Ready brek)	60 (51)
2	Something to drink	40 (42)	2	Something to drink	43 (45)
3	Toast, bread, bagels or croissants	33 (29)	3	Toast, bread, bagels or croissants	29 (30)
4	Fruit	11 (12)	4	Fruit	12 (14)
5	Cooked breakfast	9 (8)	5	Yoghurt	7 (7)

4% (4%) of pupils responded that they had biscuits for breakfast on the day of the survey.

Q6. Percentage of pupils responding that they had the following to eat or drink for breakfast on the day of the survey:



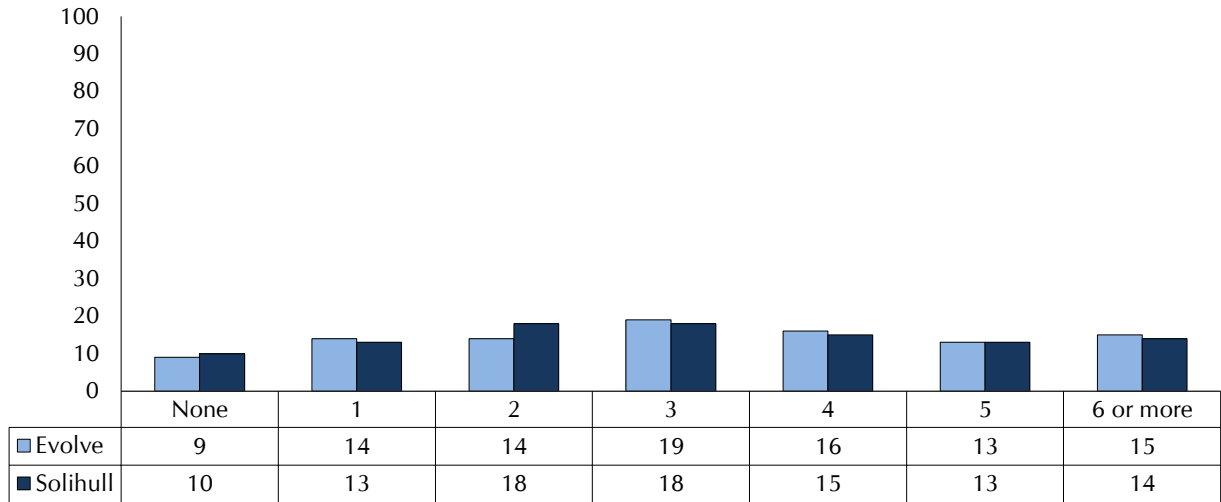
88% (87%) of pupils responded that they had something to eat or drink for breakfast at home on the day of the survey.

Q5. Percentage of pupils responding that they had something to eat or drink at the following places for breakfast on the day of the survey (Solihull Primary data in brackets):

Boys			Girls		
1	At home	88 (87)	1	At home	88 (88)
2	At school	15 (14)	2	At school	18 (16)
3	On the way to school	5 (6)	3	On the way to school	7 (6)

Five-a-day

Q7. How many portions of fruit and vegetables did you eat yesterday?



12% (12%) of boys and 7% (8%) of girls responded that they didn't eat any portions of fruit or vegetables on the day before the survey.

Q7. Percentage answering that they didn't eat any portions of fruit or vegetables on the day before the survey.

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	14	9	14	9
Girls	8	5	11	6

27% (27%) of boys and 29% (27%) of girls responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.

Q7. Percentage answering that they ate at least 5 portions of fruit and vegetables on the day before the survey.

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	28	27	26	27
Girls	31	27	25	28

Food

55% (52%) of pupils responded that they eat vegetables 'on most days'; 62% (61%) said the same of fresh fruit.

Q8. Percentage of pupils responding that they eat or drink the following 'on most days' (Solihull Primary data in brackets):

	Boys	Girls	Total
Any meat	43 (41)	28 (33)	35 (37)
Any fish/fish fingers	8 (9)	6 (6)	7 (8)
Any dairy produce (e.g. cheese, milk)	62 (58)	61 (59)	61 (59)
Vegetarian main meal	11 (11)	13 (11)	12 (11)
Wholemeal bread	30 (27)	25 (26)	27 (26)
Chips or roast potatoes	19 (25)	19 (22)	19 (24)
Rice or pasta	22 (20)	20 (19)	21 (20)
Sugar-coated cereals	24 (23)	19 (17)	22 (20)
High-fibre cereals or muesli	19 (20)	16 (18)	18 (19)
Fresh fruit	58 (57)	66 (65)	62 (61)
Salads	22 (21)	25 (25)	24 (23)
Vegetables	52 (50)	59 (56)	55 (52)
'Diet' fizzy drinks (low calorie)	14 (17)	10 (10)	12 (14)
Other fizzy drinks (not low-calorie)	16 (19)	10 (10)	13 (15)
Water	75 (71)	79 (76)	78 (73)
Crisps/crisp-type packet snack	34 (32)	27 (26)	30 (29)
Sweets, chocolate, choc bars	30 (31)	29 (27)	29 (29)

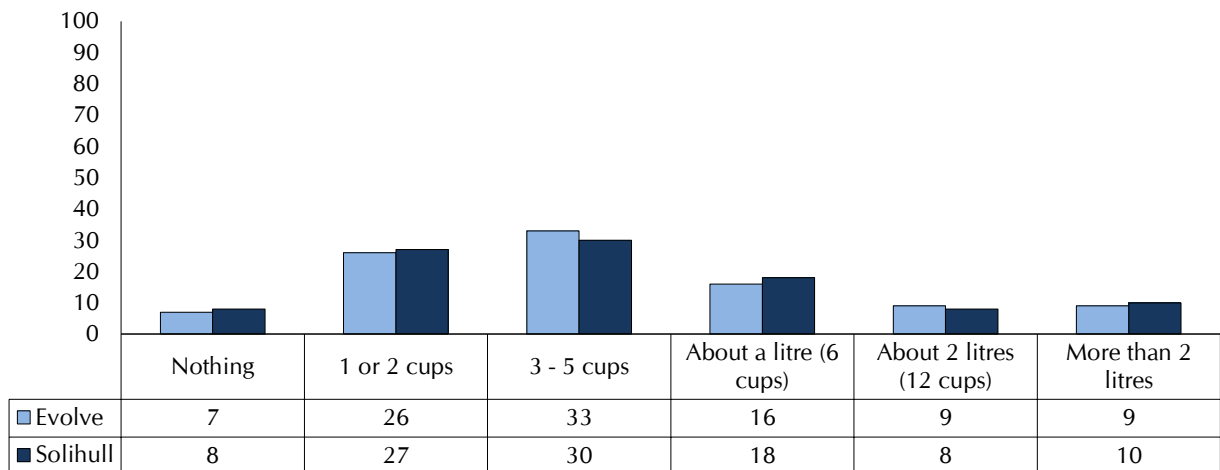
39% (41%) of pupils responded that they 'rarely or never' eat any fish/fish fingers.

Q8. Percentage of pupils responding that they 'rarely or never' eat or drink the following (Solihull Primary data in brackets):

	Boys	Girls	Total
Any meat	9 (10)	11 (11)	10 (10)
Any fish/fish fingers	38 (39)	41 (42)	39 (41)
Any dairy produce	8 (12)	7 (8)	8 (10)
Vegetarian main meal	67 (61)	61 (60)	64 (61)
Wholemeal bread	35 (37)	35 (37)	35 (37)
Chips or roast potatoes	11 (11)	11 (10)	11 (10)
Rice or pasta	20 (19)	10 (14)	15 (17)
Sugar-coated cereals	41 (38)	42 (40)	42 (39)
High-fibre cereals or muesli	49 (47)	41 (44)	45 (46)
Fresh fruit	7 (7)	4 (5)	6 (6)
Salads	33 (35)	23 (26)	28 (31)
Vegetables	11 (12)	7 (8)	9 (10)
'Diet' fizzy drinks (low calorie)	41 (37)	47 (44)	44 (40)
Other fizzy drinks (not low-calorie)	40 (38)	49 (46)	45 (42)
Water	4 (8)	5 (6)	5 (7)
Crisps/crisp-type packet snack	10 (11)	13 (12)	11 (11)
Sweets, chocolate, choc bars	8 (9)	7 (8)	7 (9)

Water

Q26. How much water did you drink yesterday?



7% (8%) of pupils responded that they didn't drink any water on the day before the survey.

Q26. Percentage answering that they didn't drink any water on the day before the survey.

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	12	5	11	7
Girls	5	7	8	5

34% (35%) of pupils responded that they drank at least 'about a litre' of water on the day before the survey.

Q26. Percentage answering that they drank at least 'about a litre' of water on the day before the survey.

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	32	39	34	42
Girls	30	35	29	36

94% (93%) of pupils responded that they are able to get water at school, while 5% (6%) said 'not easily'.

Q27a. Percentage answering that they can get water at school.

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	95	95	92	93
Girls	90	96	93	92

81% (58%) of pupils responded that they can get water from a water fountain at school; 66% (65%) said they can get it from their own drinking bottle.

Q27b. Percentage of pupils responding that they can get water from the following at school (Solihull Primary data in brackets):

Boys				Girls			
1	Water fountain	79	(57)	1	Water fountain	83	(59)
2	My own drinking bottle	59	(61)	2	My own drinking bottle	73	(70)
3	Canteen/dinner room	37	(38)	3	Canteen/dinner room	46	(45)
4	Tap in classroom	15	(36)	4	Class water bottles	17	(20)
5	Class water bottles	15	(21)	5	Tap in classroom	14	(33)
6	Water cooler	11	(12)	6	Water cooler	8	(10)
7	Other	1	(3)	7	Other	3	(3)

Money

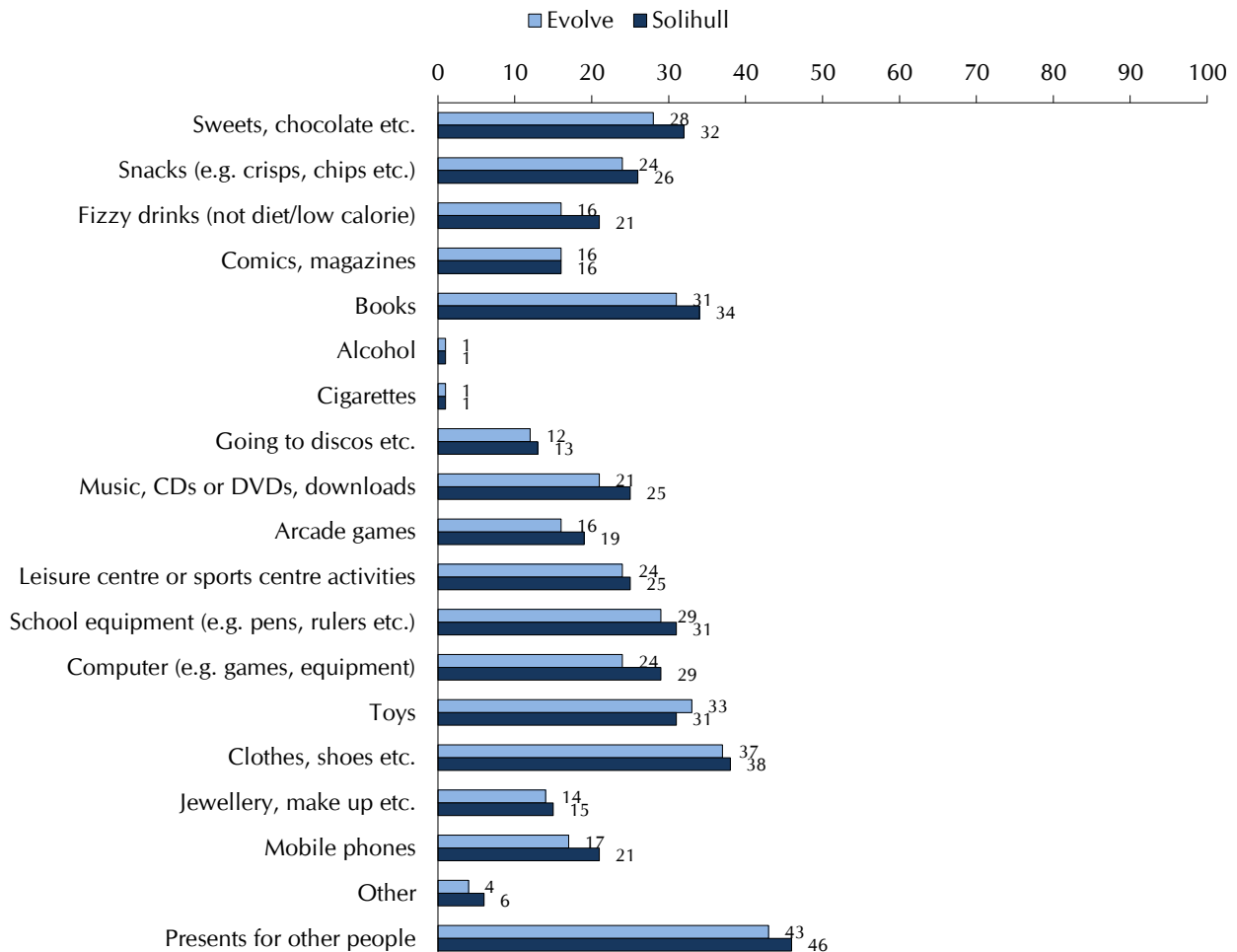
Spending

28% (32%) of pupils responded that they spent their own money on sweets, chocolate etc. in the 7 days before the survey, while 31% (34%) said they bought books and 33% (31%) bought toys.

Q9. Percentage of pupils responding that they spent their own money on the following during the 7 days before the survey (top 10 – Solihull Primary data in brackets):

Boys				Girls			
1	Presents for other people	40	(45)	1	Presents for other people	45	(47)
2	Computer (e.g. games, equipment)	37	(42)	2	Clothes, shoes etc.	42	(41)
3	Clothes, shoes etc.	32	(34)	3	Books	33	(38)
4	Toys	32	(30)	4	Toys	33	(32)
5	Sweets, chocolate etc.	29	(33)	5	School equipment (e.g. pens, rulers etc.)	32	(33)
6	Leisure centre or sports centre activities	29	(30)	6	Sweets, chocolate etc.	26	(31)
7	Books	28	(31)	7	Jewellery, make up etc.	25	(27)
8	Snacks (e.g. crisps, chips etc.)	26	(29)	8	Snacks (e.g. crisps, chips etc.)	22	(24)
9	School equipment (e.g. pens, rulers etc.)	26	(28)	9	Leisure centre or sports centre activities	20	(20)
10	Music, CDs or DVDs, downloads	24	(28)	10	Music, CDs or DVDs, downloads	17	(21)

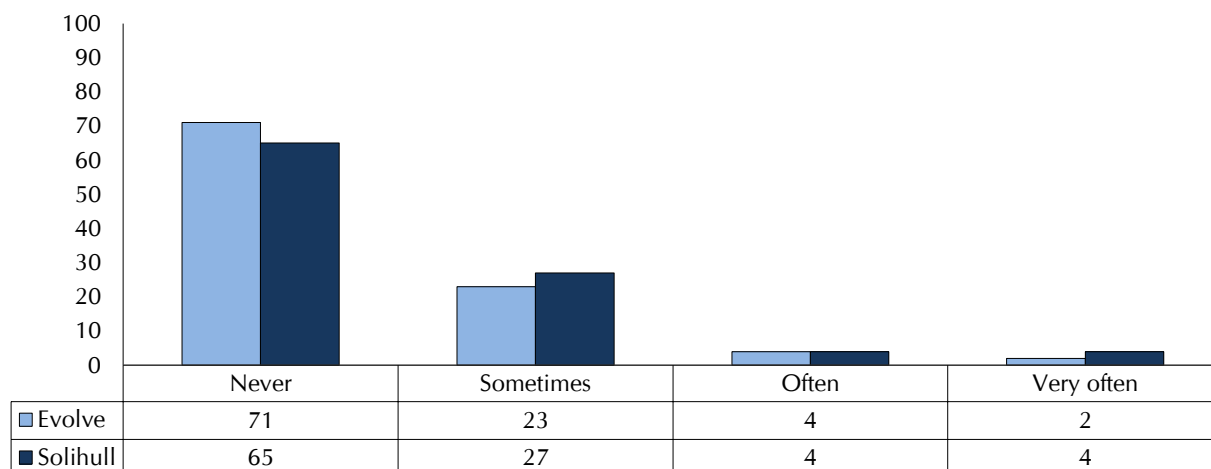
Q9. Percentage of pupils responding that they spent their own money on the following during the 7 days before the survey:



Feeling Safe

Bullying

Q10. Do you ever feel afraid of going to school because of bullying?



22% (30%) of boys and 37% (40%) of girls responded that they at least 'sometimes' feel afraid of going to school because of bullying.

Q10. Percentage answering that they at least 'sometimes' feel afraid of going to school because of bullying.

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	28	16	37	23
Girls	50	26	46	34

6% (8%) of pupils responded that they 'often' or 'very often' feel afraid of going to school because of bullying.

Q10. Percentage answering that they 'often' or 'very often' feel afraid of going to school because of bullying.

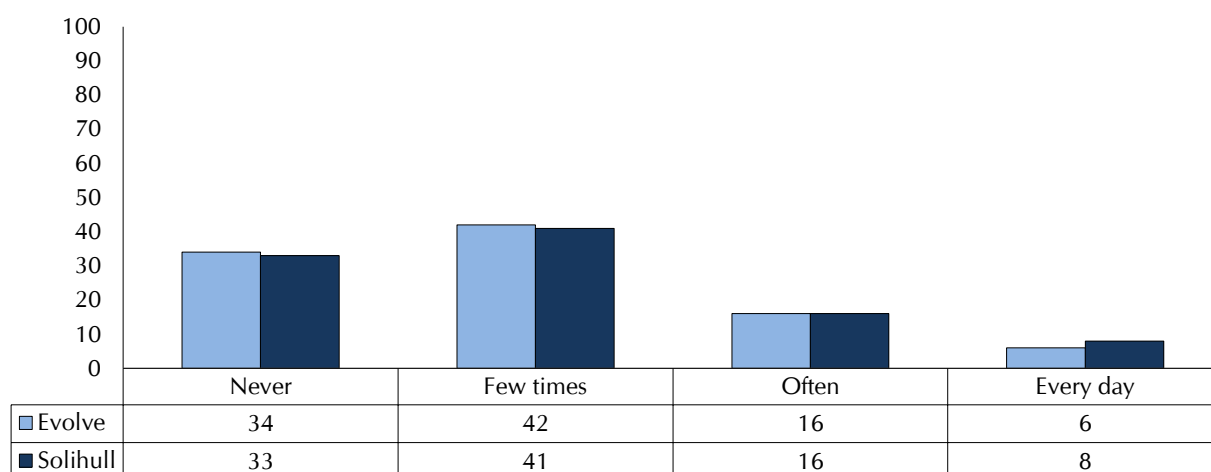
	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	6	2	9	4
Girls	11	6	11	7

22% (24%) of pupils responded that they have been bullied at or near school in the last 12 months, while 19% (18%) said they 'don't know'.

Q11. Percentage answering that they have been bullied at or near school in the last 12 months.

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	27	15	30	20
Girls	30	18	27	22

Q12. Negative behaviour summary: Percentage of pupils responding that they experienced at least one of the negative behaviours listed in the month before the survey...:



Most frequent negative behaviour recorded.

65% (68%) of boys and 63% (63%) of girls responded that they experienced at least one of the negative behaviours listed at least a 'few times' in the month before the survey, while 7% (10%) of boys and 4% (7%) of girls experienced such behaviour 'every day'.

Q12. Percentage answering that they experienced one or more of the negative behaviours listed at least a 'few times' in the month before the survey.

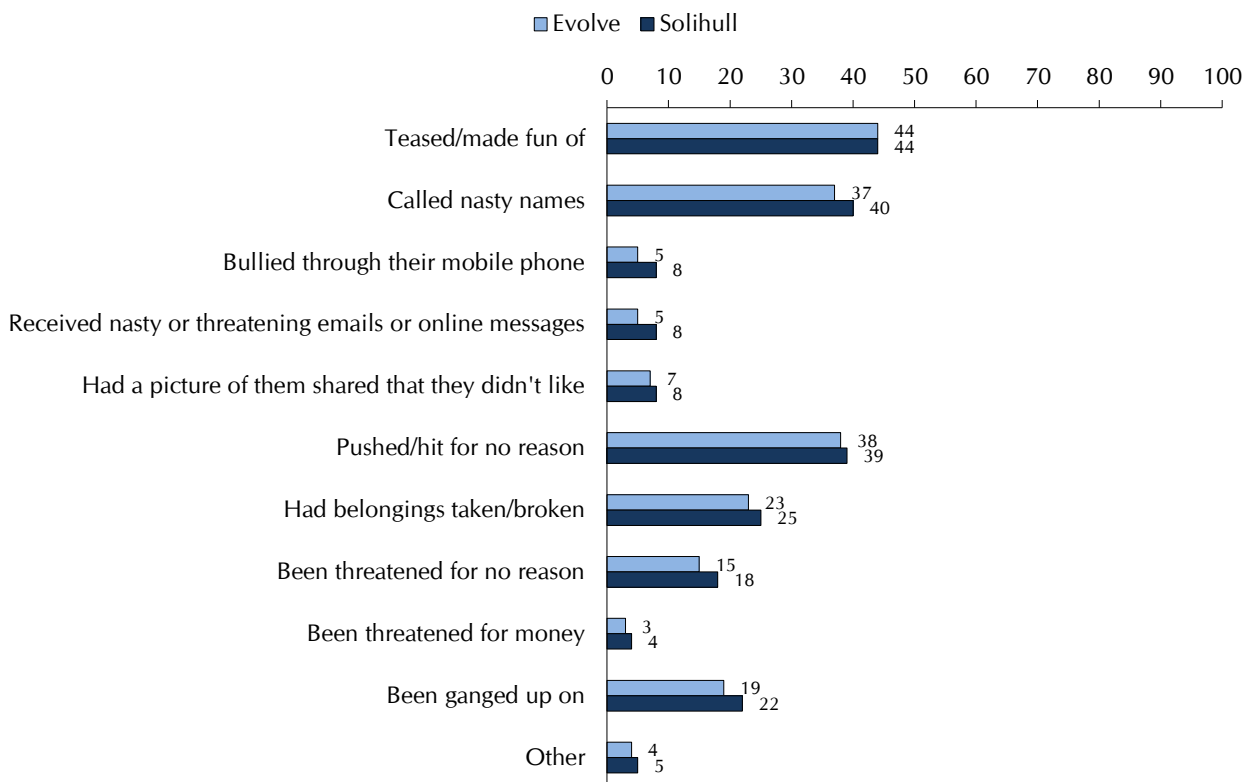
	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	72	58	74	62
Girls	72	54	64	61

37% (40%) of pupils responded that they have been called nasty names at least a 'few times' in the month before the survey; 38% (39%) said they have been pushed/hit for no reason.

Q12. Percentage of pupils responding that they have experienced the following at least a 'few times' in the month before the survey (top 10 – Solihull Primary data in brackets):

Boys			Girls		
1	Teased/made fun of	46 (47)	1	Teased/made fun of	43 (41)
2	Pushed/hit for no reason	43 (45)	2	Called nasty names	36 (36)
3	Called nasty names	37 (43)	3	Pushed/hit for no reason	33 (32)
4	Had belongings taken/broken	22 (26)	4	Had belongings taken/broken	24 (24)
5	Been ganged up on	21 (25)	5	Been ganged up on	18 (19)
6	Been threatened for no reason	18 (23)	6	Been threatened for no reason	13 (13)
7	Had a picture of them shared that they didn't like	7 (9)	7	Had a picture of them shared that they didn't like	8 (8)
8	Received nasty or threatening emails or online messages	6 (10)	8	Bullied through their mobile phone	6 (8)
9	Bullied through their mobile phone	4 (7)	9	Received nasty or threatening emails or online messages	4 (6)
10	Been threatened for money	4 (6)	10	Other	4 (5)

Q12. Percentage of pupils responding that they have experienced the following at least a 'few times' in the month before the survey:



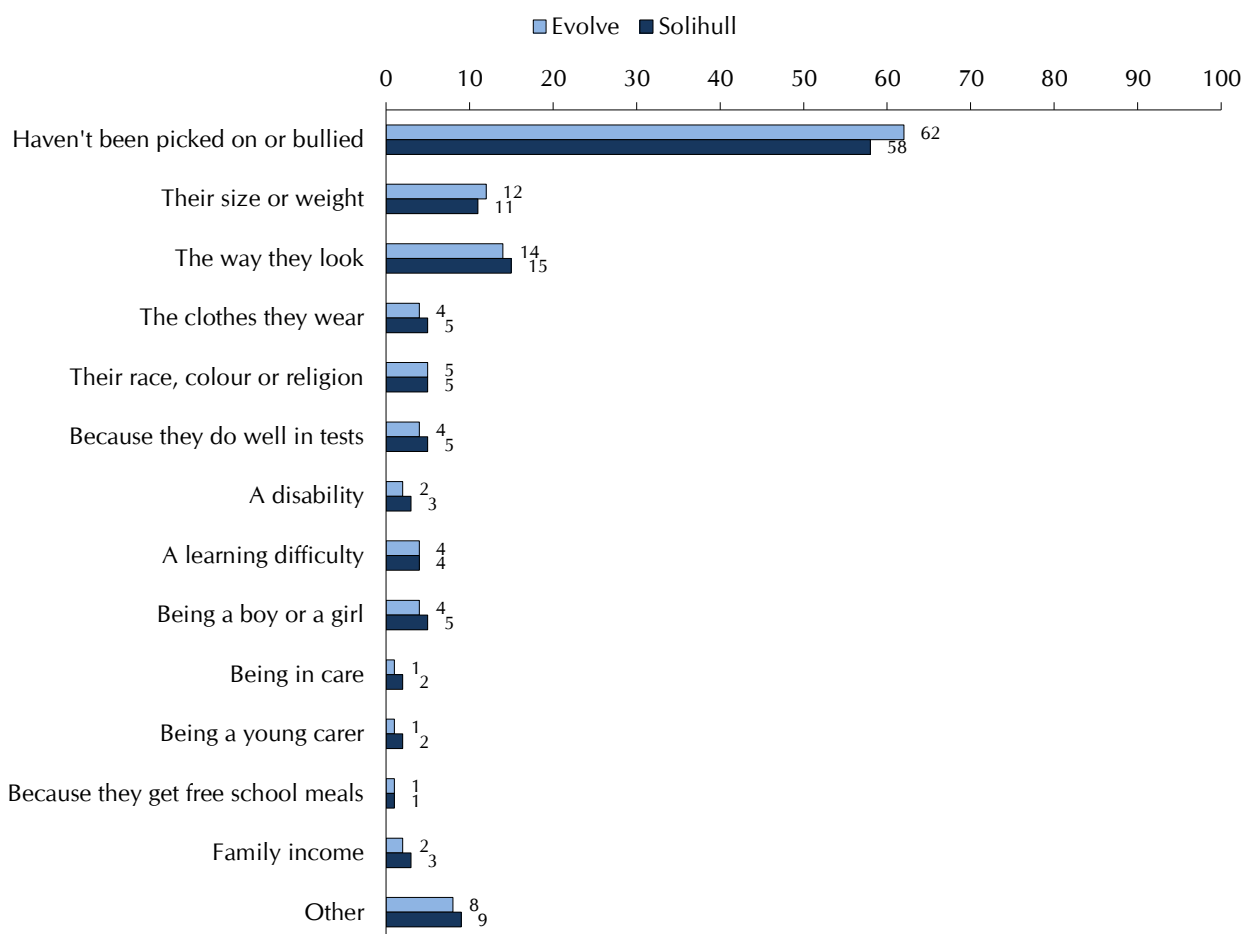
37% (37%) of pupils responded that they have experienced at least one of the negative behaviours listed in the school playground/field during breaktimes, while 29% (31%) said they have experienced them in a classroom during breaktimes.

Q13. Percentage of pupils responding that they have experienced negative behaviour listed at the following places in the last month (top 5 – Solihull Primary data in brackets):

Boys			Girls		
1	In the school playground/field (breaktimes)	38 (38)	1	In the school playground/field (breaktimes)	37 (36)
2	In a classroom (breaktimes)	29 (31)	2	In a classroom (breaktimes)	29 (31)
3	At or near home	14 (18)	3	During lesson time	18 (19)
4	During lesson time	10 (14)	4	At or near home	16 (17)
5	On their mobile phone, computer, iPad etc.	9 (12)	5	In the corridors	11 (14)

14% (15%) of pupils responded that they have been 'picked on' or bullied because of the way they look; 5% (5%) said it was because of their race, colour or religion.

Q14. Percentage of pupils responding that they think they have been 'picked on' or bullied for the following reasons:



76% (77%) of pupils responded that they think their school takes bullying seriously, while 14% (14%) said they 'don't know'.

Q15. Percentage answering that they think their school takes bullying seriously.

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	73	77	73	80
Girls	71	82	75	79

2% (4%) of pupils responded that they think others may be frightened of going to school because of them, while 19% (20%) said they 'don't know'.

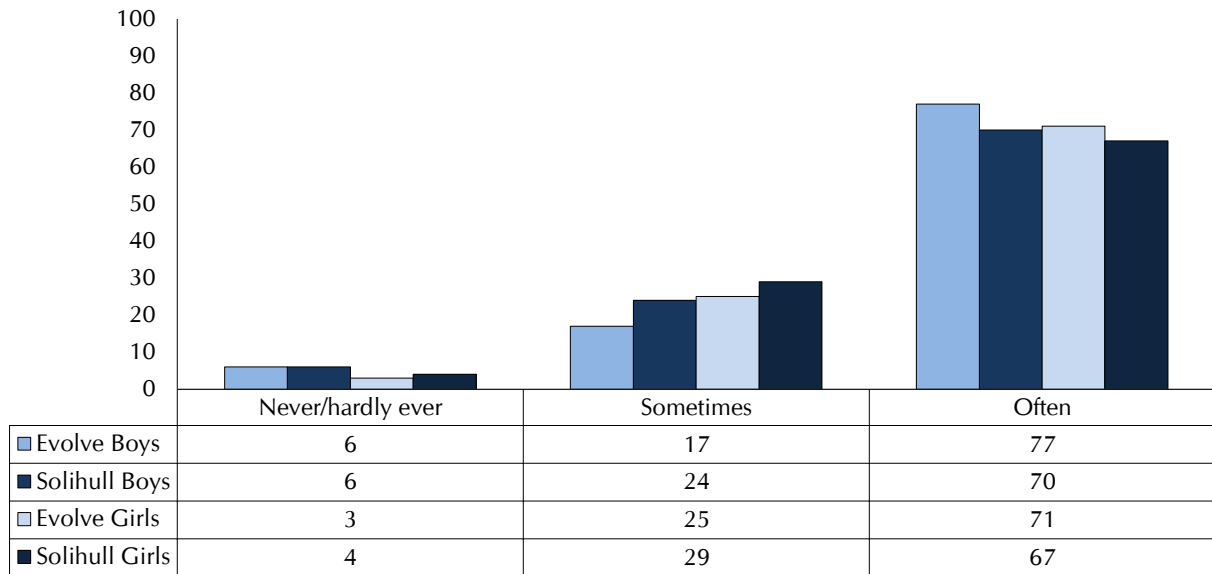
Q16. Percentage answering that they think others may feel frightened of going to school because of them.

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	2	2	5	4
Girls	5	1	3	2

Leisure Time

School breaktimes

Q17a. During school playtimes (including dinner times), do you feel happy?



5% (5%) of pupils responded that they 'never/hardly ever' feel happy during school playtimes, while 21% (26%) said they do so 'sometimes'.

Q17a. Percentage answering that they 'never/hardly ever' feel happy during school playtimes.

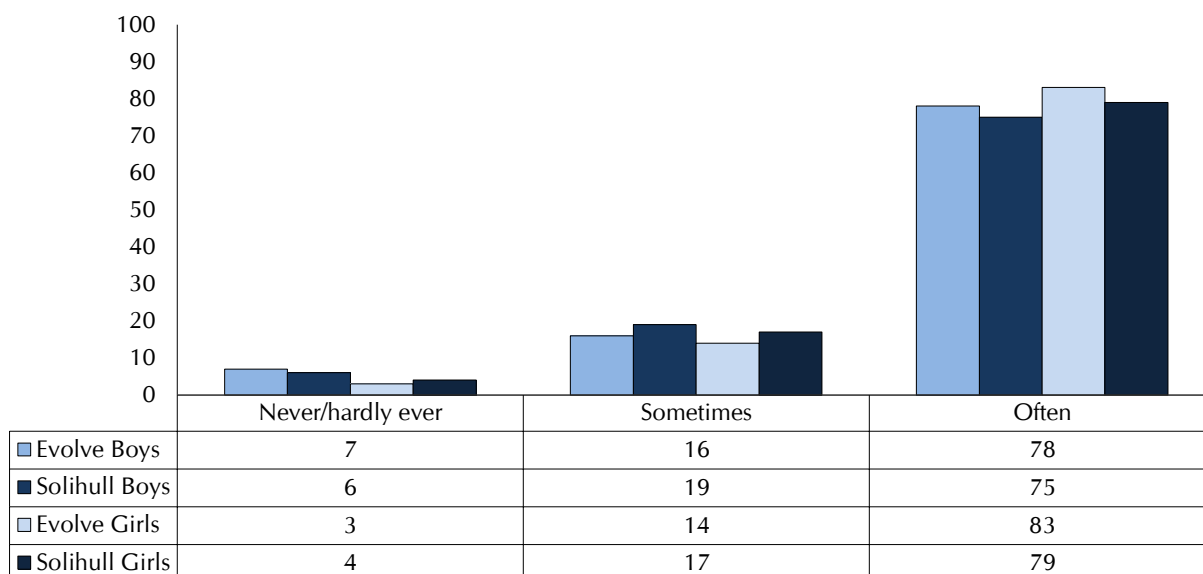
	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	9	3	9	4
Girls	4	2	6	3

74% (69%) of pupils responded that they 'often' feel happy during school playtimes.

Q17a. Percentage answering that they 'often' feel happy during school playtimes.

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	68	85	66	75
Girls	67	75	64	70

Q17b. During school playtimes (including dinner times), do you feel safe?



5% (5%) of pupils responded that they 'never/hardly ever' feel safe during school playtimes, while 15% (18%) said they do so 'sometimes'.

Q17b. Percentage answering that they 'never/hardly ever' feel safe during school playtimes.

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	10	3	8	4
Girls	4	3	5	3

80% (77%) of pupils responded that they 'often' feel safe during school playtimes.

Q17b. Percentage answering that they 'often' feel safe during school playtimes.

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	70	85	71	80
Girls	77	88	75	82

92% (89%) of pupils responded that they play running/skipping games/tag at least 'sometimes' during school playtimes; 71% (68%) said they play ball games like football or netball.

Q18. Percentage of pupils responding that they do the following at least 'sometimes' during school playtimes (top 5 – Solihull Primary data in brackets):

Boys			Girls		
1	Chatting/talking	95 (95)	1	Chatting/talking	97 (97)
2	Running/skipping games/tag	92 (88)	2	Running/skipping games/tag	91 (91)
3	Ball games like football or netball	85 (81)	3	Queuing for lunch	57 (63)
4	Queuing for lunch	63 (66)	4	Ball games like football or netball	57 (55)
5	Reading quietly or being in the library	32 (33)	5	Reading quietly or being in the library	37 (43)

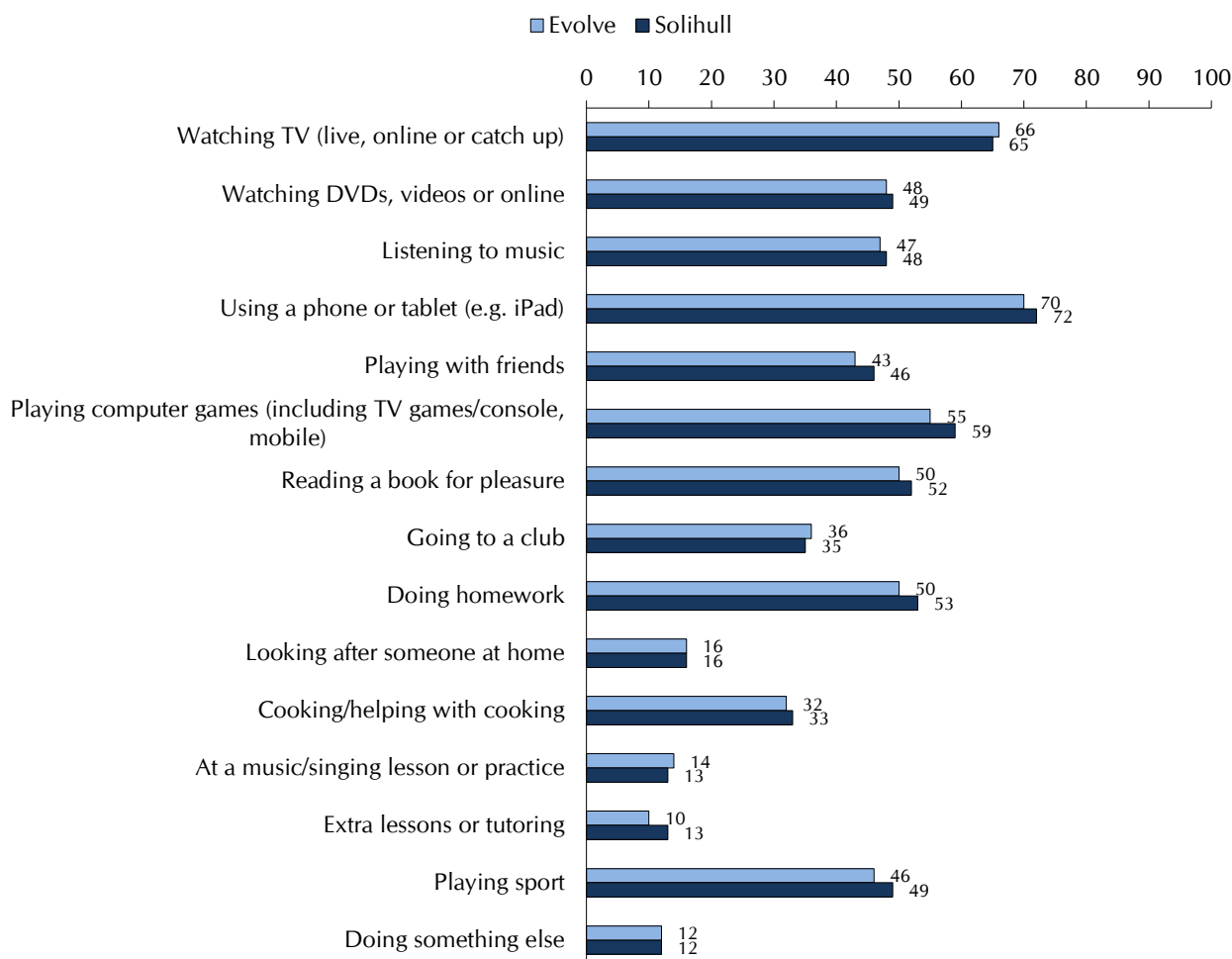
After school activities

66% (65%) of pupils responded that they spent time watching TV after school on the day before the survey, while 50% (53%) spent time doing homework and 46% (49%) played sport or other physical activity.

Q19. Percentage of pupils responding that they spent time doing the following after school on the day before the survey (top 10 – Solihull Primary data in brackets):

Boys			Girls		
1	Using a phone or tablet (e.g. iPad)	73 (73)	1	Using a phone or tablet (e.g. iPad)	67 (71)
2	Playing computer games (including TV games/console, mobile)	72 (76)	2	Watching TV (live, online or catch up)	63 (64)
3	Watching TV (live, online or catch up)	68 (66)	3	Reading a book for pleasure	53 (57)
4	Watching DVDs, videos or online	53 (55)	4	Doing homework	52 (56)
5	Playing with friends	49 (54)	5	Listening to music	49 (49)
6	Doing homework	47 (50)	6	Playing sport or other physical activity	45 (46)
7	Playing sport or other physical activity	46 (51)	7	Watching DVDs, videos or online	42 (43)
8	Reading a book for pleasure	46 (47)	8	Playing computer games (including TV games/console, mobile)	39 (42)
9	Listening to music	44 (47)	9	Cooking/helping with cooking	37 (38)
10	Going to a club	36 (37)	10	Playing with friends	37 (38)

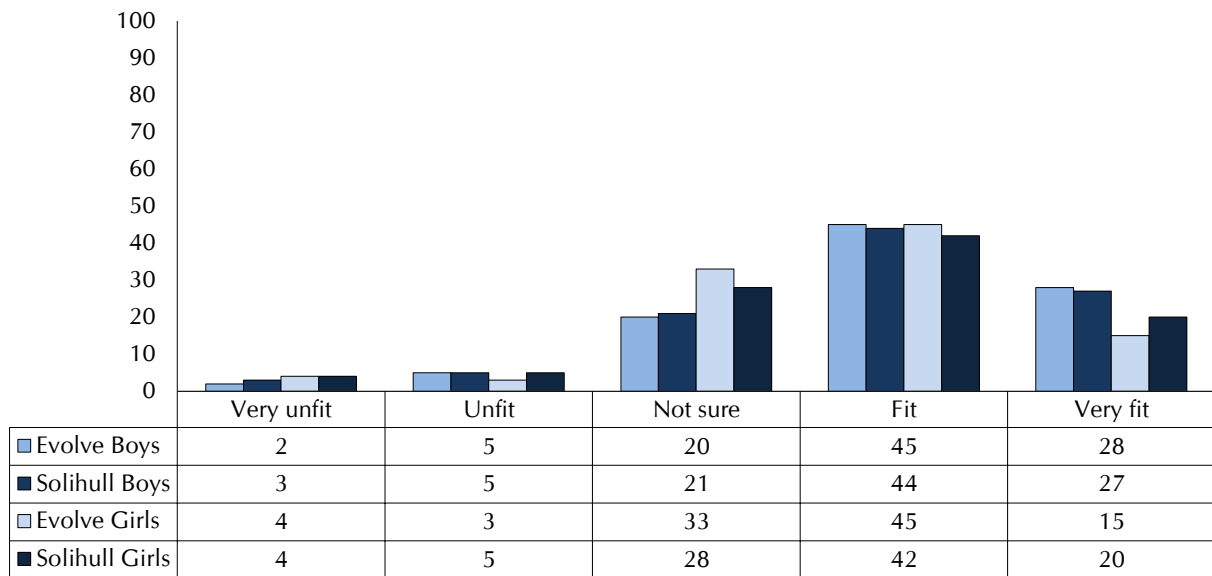
Q19. Percentage of pupils responding that they spent time doing the following after school on the day before the survey:



Physical Activity

Fitness

Q20. How fit do you think you are?



7% (9%) of pupils responded that they think they are 'unfit' or 'very unfit'.

Q20. Percentage answering that they think they are 'unfit' or 'very unfit'.

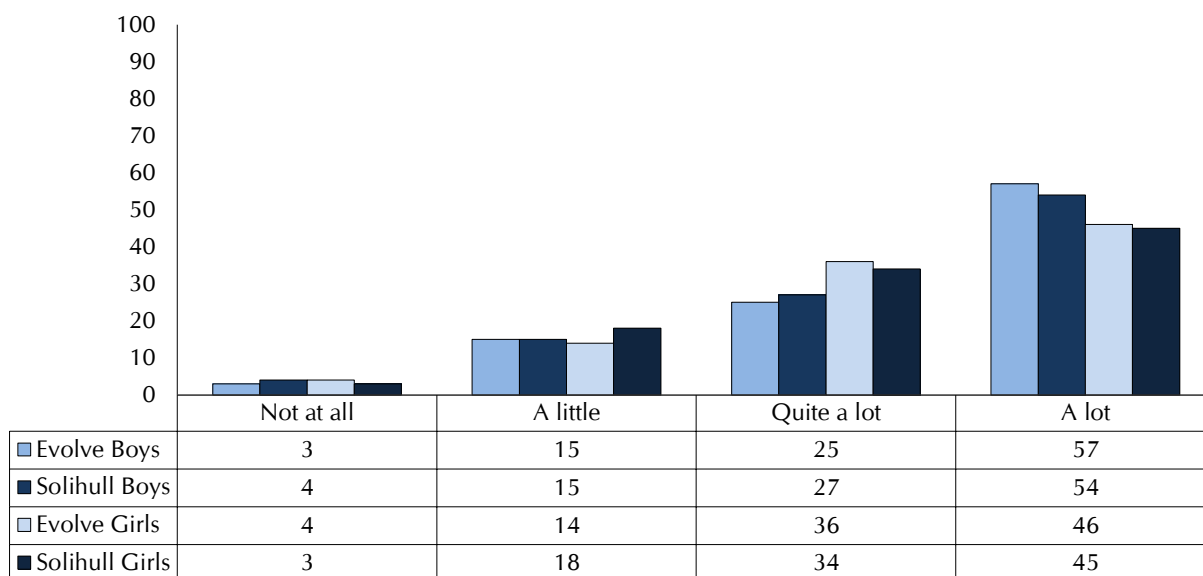
	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	8	7	8	8
Girls	6	8	7	12

67% (67%) of pupils responded that they think they are 'fit' or 'very fit'.

Q20. Percentage answering that they think they are 'fit' or 'very fit'.

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	70	76	69	73
Girls	59	61	64	61

Q21. How much do you enjoy physical activities?



3% (3%) of pupils responded that they don't enjoy physical activities at all.

Q21. Percentage answering that they don't enjoy physical activities at all.

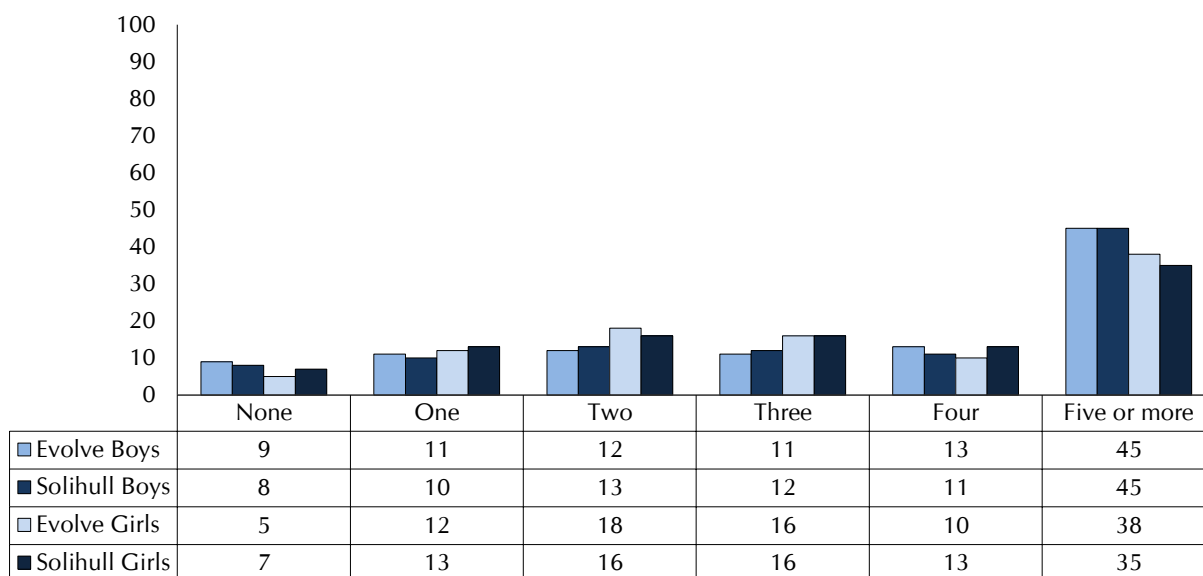
	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	5	1	5	2
Girls	4	3	4	2

82% (80%) of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.

Q21. Percentage answering that they enjoy physical activities 'quite a lot' or 'a lot'.

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	76	89	76	87
Girls	77	88	76	82

Q22. On how many days in the last week have you been physically active for an hour or more?



7% (7%) of pupils responded that they were not physically active for an hour or more at all in the week before the survey.

Q22. Percentage answering that they were not physically active for an hour or more at all in the week before the survey.

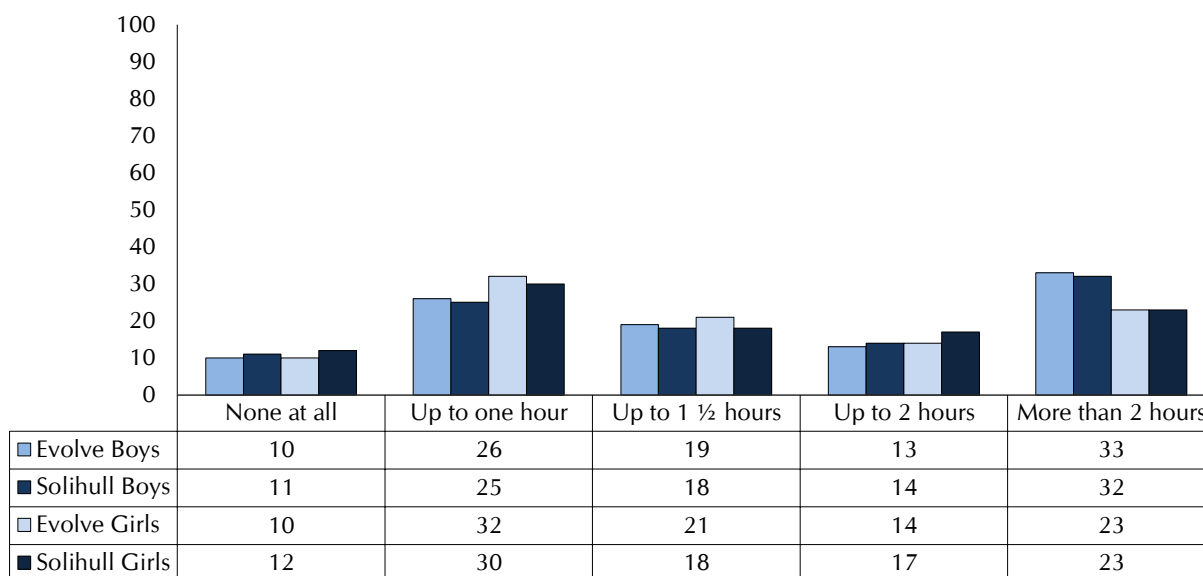
	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	12	6	12	5
Girls	8	3	9	4

66% (67%) of pupils responded that they were physically active for an hour or more on at least three days in the week before the survey.

Q22. Percentage answering that they were physically active for an hour or more on at least three days in the week before the survey.

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	61	76	60	78
Girls	55	73	57	72

Q23. How much physical activity have you been involved in during school time in the last 7 days?



10% (11%) of pupils responded that they have not been involved in any physical activity during school time in the 7 days before the survey.

Q23. Percentage answering that they have not been involved in any physical activity during school time in the 7 days before the survey.

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	11	9	14	7
Girls	15	5	14	9

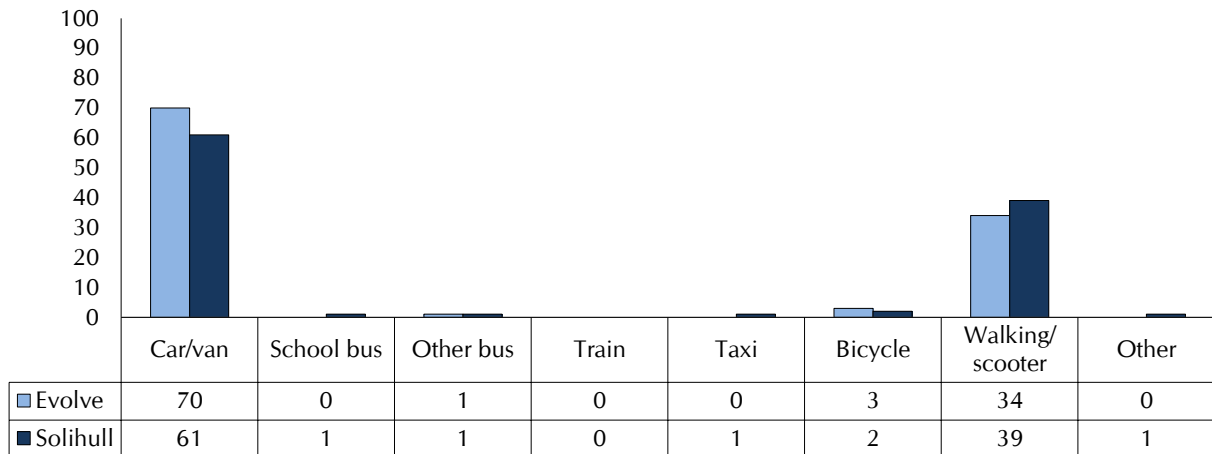
41% (43%) of pupils responded that they have been involved in more than 1½ hours of physical activity during school time in the 7 days before the survey.

Q23. Percentage answering that they have been involved in more than 1½ hours of physical activity during school time in the 7 days before the survey.

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	38	54	38	54
Girls	32	41	36	44

Active travel

Q24. How did you get to school today?



70% (61%) of pupils responded that they travelled to school by car/van on the day of the survey.

Q24. Percentage answering that they travelled to school by car/van on the day of the survey.

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	69	68	60	63
Girls	71	70	61	61

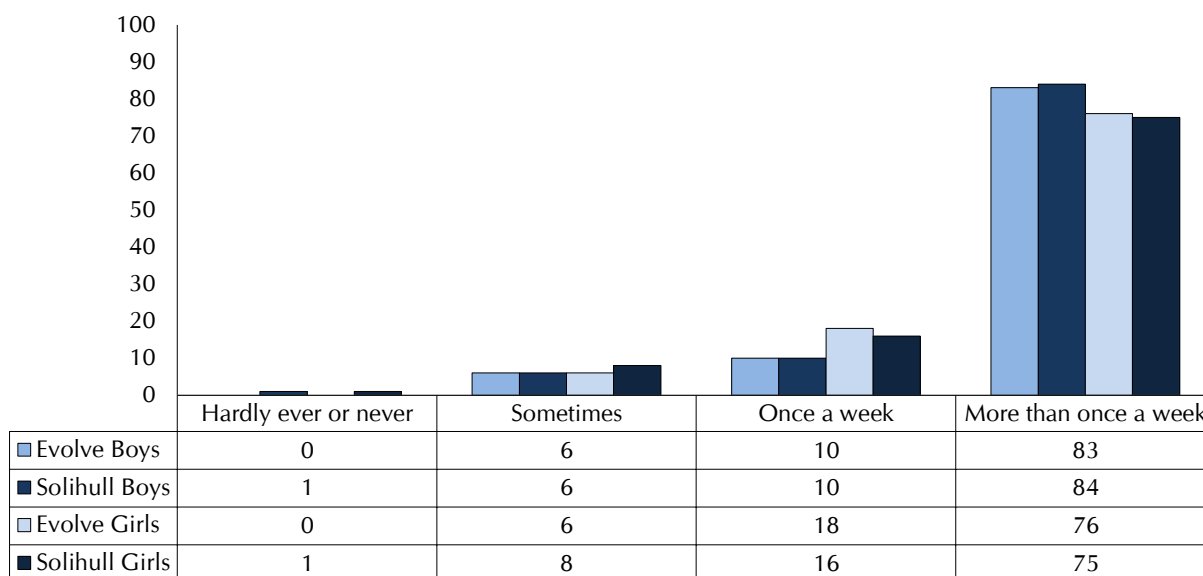
34% (39%) of pupils responded that they walked/scootered to school on the day of the survey.

Q24. Percentage answering that they walked/scootered to school on the day of the survey.

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	33	34	38	39
Girls	34	36	40	40

Sports

Q25. Physical activity summary: Percentage of pupils responding that they play or do at least one of the physical activities listed....:



Most frequent activity recorded.

94% (92%) of pupils responded that they play or do one or more of the physical activities listed at least 'once a week'.

Q25. Percentage answering that they play or do one or more of the physical activities listed at least 'once a week'.

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	93	94	93	94
Girls	93	95	90	93

54% (54%) of pupils responded that they run at least 'once a week', while 53% (54%) said the same of keep-fit and 24% (24%) ride their bike.

Q25. Percentage of pupils responding that they play or do the following physical activities at least 'once a week' (top 10 – Solihull Primary data in brackets):

Boys				Girls			
1	Football	63	(60)	1	Dancing/gymnastics/ballet/trampoline	55	(55)
2	Running (races or tag games)	58	(60)	2	Keep-fit	52	(52)
3	Keep-fit	55	(56)	3	Running (races or tag games)	49	(47)
4	Going for walks	40	(42)	4	Going for walks	42	(43)
5	Swimming	34	(34)	5	Swimming	36	(35)
6	Riding their bike	29	(29)	6	Netball/first step netball	23	(18)
7	Judo, karate (club), boxing	26	(27)	7	Riding their bike	19	(19)
8	Basketball	22	(24)	8	Football	16	(18)
9	Cricket/kwicket cricket	21	(20)	9	Roller skating	11	(9)
10	Tennis/short tennis/badminton	17	(17)	10	Basketball	10	(10)

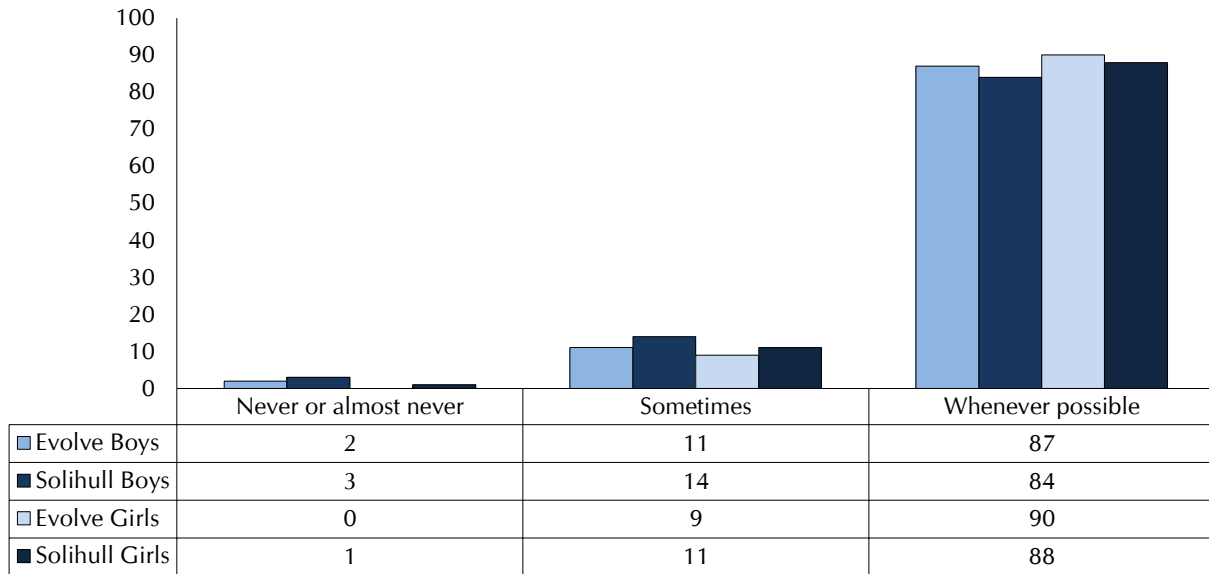
Health & Hygiene

60% (65%) of pupils responded that they washed their hands before lunch on the day before the survey, while 17% (15%) said they were 'not sure'.

Q28. Percentage answering that they washed their hands before lunch on the day before the survey.

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	55	65	63	67
Girls	61	60	64	65

Q29. Do you wash your hands after visiting the toilet?



89% (86%) of pupils responded that they wash their hands 'whenever possible' after visiting the toilet.

Q29. Percentage answering that they wash their hands 'whenever possible' after visiting the toilet.

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	86	89	79	88
Girls	88	92	84	91

1% (2%) of pupils responded that they 'never or almost never' wash their hands after visiting the toilet.

Q29. Percentage answering that they 'never or almost never' wash their hands after visiting the toilet.

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	3	1	3	2
Girls	1	0	2	1

Dental health

85% (82%) of pupils responded that they cleaned their teeth at least twice the day before the survey.

Q30. Percentage answering that they cleaned their teeth at least twice on the day before the survey.

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	80	84	79	82
Girls	85	89	84	85

2% (2%) of pupils responded that they did not clean their teeth at all on the day before the survey.

Q30. Percentage answering that they did not clean their teeth at all on the day before the survey.

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	4	1	4	1
Girls	2	1	2	1

82% (80%) of pupils responded that they had a check-up the last time they visited the dentist, while 20% (24%) said they had fillings.

Q31. Percentage of pupils responding that they received the following treatment on their last visit to the dentist (Solihull Primary data in brackets):

Boys			Girls		
1	Check-up	78 (75)	1	Check-up	86 (84)
2	Fillings	21 (25)	2	Fillings	19 (24)
3	Brace fitted or checked	5 (5)	3	Other	7 (8)
4	Other	2 (6)	4	Brace fitted or checked	2 (4)

Asthma

12% (12%) of pupils responded that they have asthma, while 10% (11%) said they 'don't know' if they do.

Q37. Percentage answering that they have asthma.

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	13	15	14	13
Girls	11	8	9	12

8% (8%) of pupils responded that they took medicine for asthma (pills, inhaler) in the 7 days before the survey.

Q38. Percentage answering that they took medicine for asthma (pills, inhaler) in the 7 days before the survey.

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	9	10	9	9
Girls	8	7	6	8

Internet Safety

76% (73%) of pupils responded that they use a computer/tablet unsupervised when their parents/carers aren't in the room.

Q32. Percentage answering that they use a computer/tablet unsupervised when their parents/carers aren't in the room.

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	74	82	68	80
Girls	71	77	64	77

79% (80%) of pupils responded that their parents/carers have rules about what they are allowed to do online.

Q32. Percentage answering that their parents/carers have rules about what they are allowed to do online.

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	69	78	73	78
Girls	82	85	83	87

94% (93%) of pupils responded that they have used the internet at home in the past week and 59% (57%) have used it at school.

Q33. Percentage of pupils responding that they have used the internet at the following places in the past week (Solihull Primary data in brackets):

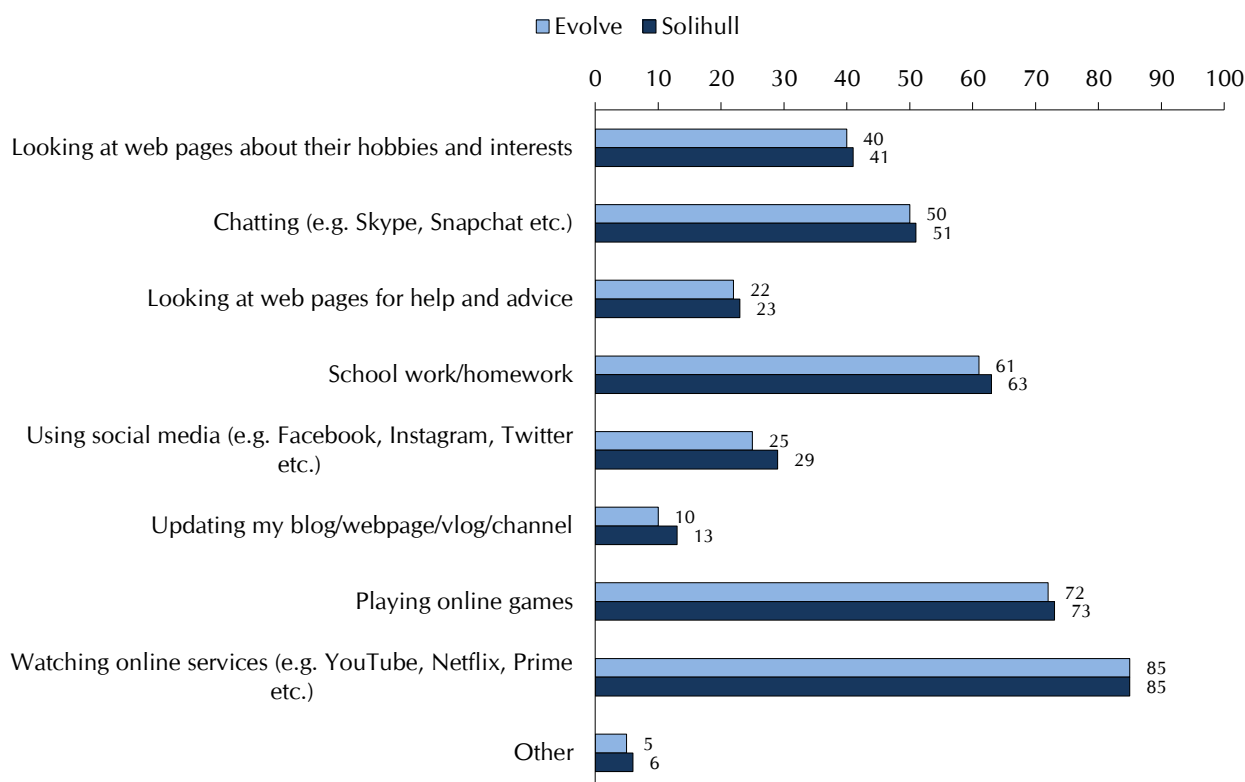
	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
At home	92 (90)	89 (89)	98 (97)	96 (96)	94 (93)
At school	57 (54)	55 (54)	60 (62)	63 (58)	59 (57)
Elsewhere	44 (46)	39 (39)	45 (55)	48 (47)	44 (47)

72% (73%) of pupils responded that they use the internet for playing online games, while 61% (63%) said they use it for school work/homework.

Q34. Percentage of pupils responding that they use the internet for the following (top 5 - Solihull Primary data in brackets):

Boys				Girls			
1	Watching online services (e.g. YouTube, Netflix, Prime etc.)	88	(86)	1	Watching online services (e.g. YouTube, Netflix, Prime etc.)	81	(83)
2	Playing online games	81	(83)	2	School work/homework	67	(69)
3	School work/homework	55	(58)	3	Playing online games	63	(63)
4	Chatting (e.g. Skype, Snapchat etc.)	44	(46)	4	Chatting (e.g. Skype, Snapchat etc.)	55	(55)
5	Looking at web pages about their hobbies and interests	37	(40)	5	Looking at web pages about their hobbies and interests	43	(42)

Q34. Percentage of pupils responding that they use the internet for the following:



18% (19%) of pupils responded that they chat online to people they have never met.

Q35a. Percentage answering that they chat online to people they have never met.

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	24	25	24	26
Girls	14	10	12	12

4% (5%) of pupils responded that they chat online to people they have never met and have received a message which scared them or made them upset.

Q35b. Percentage answering that they chat online to people they have never met and have received a message which scared or upset them.

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	4	3	6	5
Girls	5	2	5	3

89% (88%) of pupils responded that they have been told how to stay safe while chatting online.

Q36. Percentage answering that they have been told how to stay safe while chatting online.

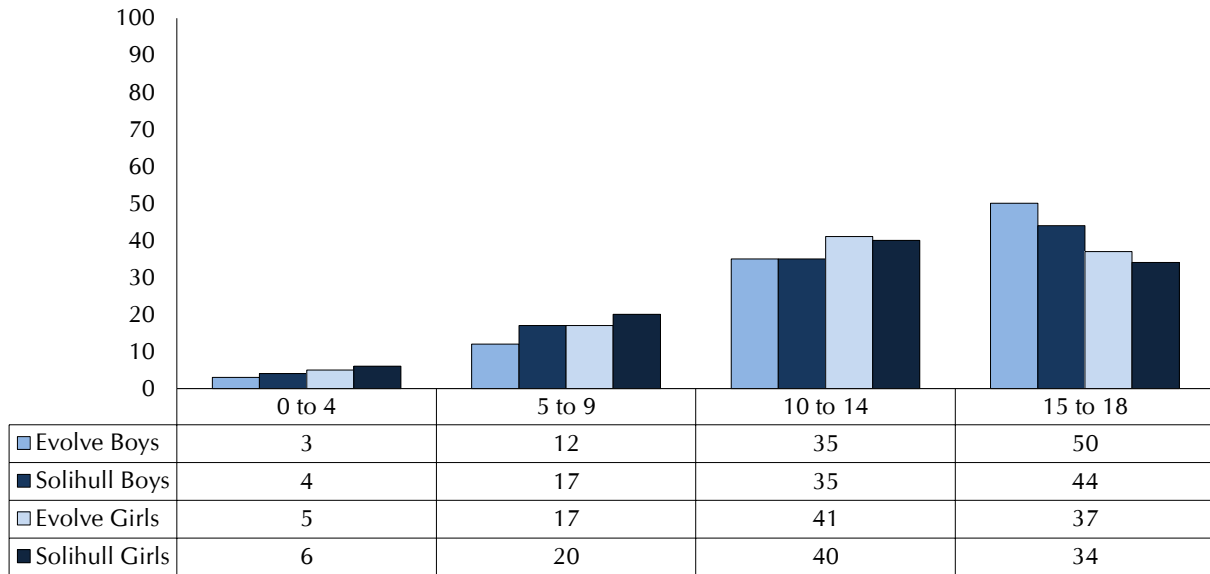
	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	83	89	82	90
Girls	88	94	84	95

Emotional Health and Wellbeing

Self-esteem

This measurement is derived from the responses to a set of ten statements taken from a standard self-esteem enquiry method developed by Denis Lawrence (Lawrence, 1981). The scale is based on social confidence and relationships with friends. Overall the levels of esteem compared with wider data are:

Q39. Composite self-esteem score:



Data from the 'Young People into...' series, reveal more girls than boys found at the lower end of the scale and more boys than girls at the higher end.

18% (23%) of pupils had a med-low self-esteem score (9 or less).

Q39. Percentage with a med-low self-esteem score (9 or less).

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	20	10	25	17
Girls	26	18	28	23

43% (39%) of pupils had a high self-esteem score (15 or more).

Q39. Percentage with a high self-esteem score (15 or more).

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	38	61	36	52
Girls	27	47	29	40

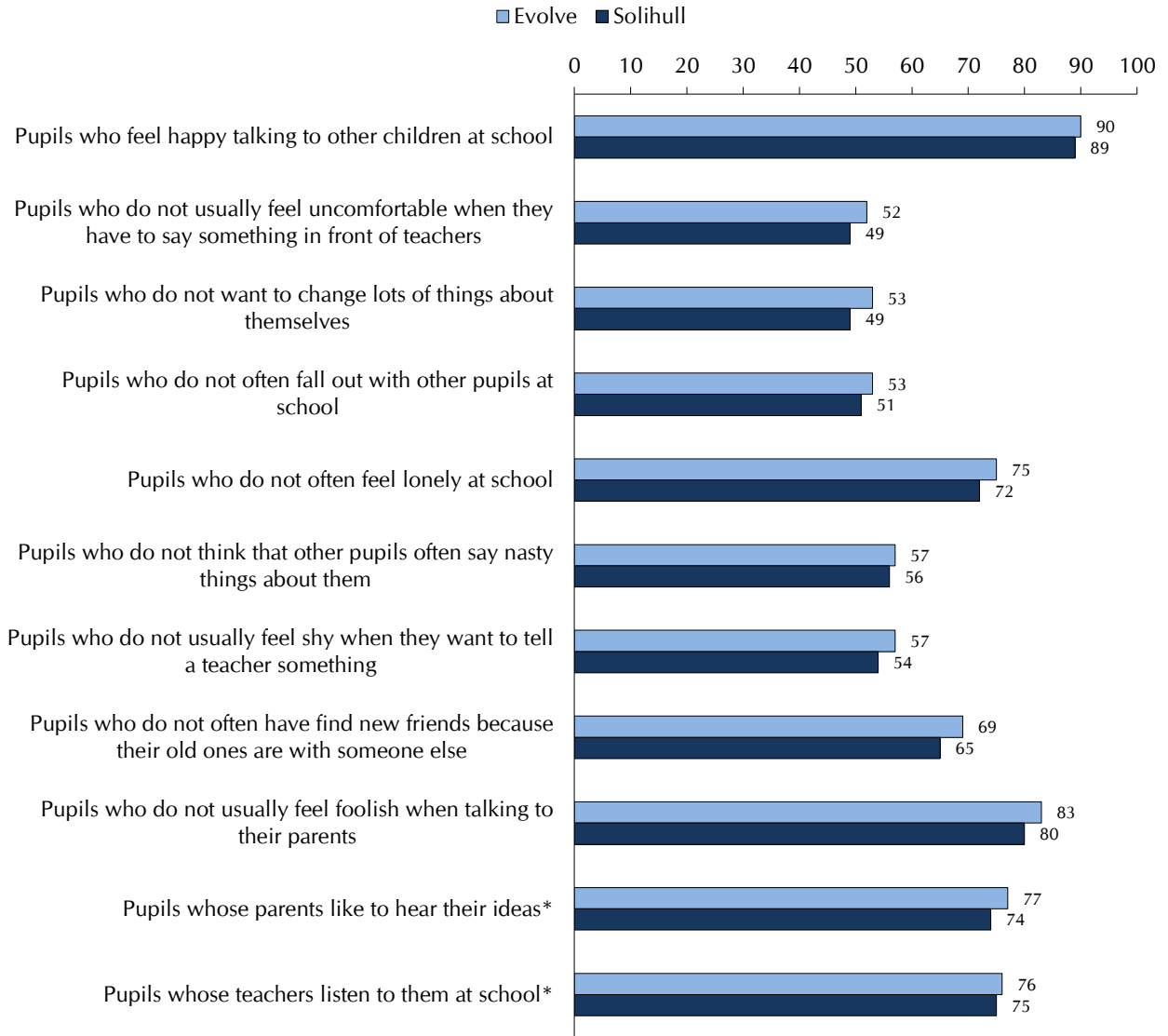
90% (89%) of pupils responded that they feel happy talking to other children at school.

Q39. (Individual self-esteem items) Percentage in each group giving a high esteem response (Solihull Primary data in brackets):

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
Pupils who feel happy talking to other children at school	90 (88)	86 (88)	94 (91)	90 (90)	90 (89)
Pupils who do not usually feel uncomfortable when they have to say something in front of teachers	51 (46)	44 (46)	64 (57)	48 (46)	52 (49)
Pupils who do not want to change lots of things about themselves	43 (44)	47 (46)	67 (57)	56 (50)	53 (49)
Pupils who do not often fall out with other pupils at school	50 (47)	37 (41)	69 (62)	56 (54)	53 (51)
Pupils who do not often feel lonely at school	78 (70)	63 (63)	87 (80)	73 (72)	75 (72)
Pupils who do not think that other pupils often say nasty things about them	60 (57)	49 (54)	67 (60)	52 (50)	57 (56)
Pupils who do not usually feel shy when they want to tell a teacher something	59 (56)	46 (46)	71 (66)	51 (45)	57 (54)
Pupils who do not often have find new friends because their old ones are with someone else	62 (62)	59 (55)	81 (75)	74 (68)	69 (65)
Pupils who do not usually feel foolish when talking to their parents	78 (76)	77 (78)	88 (84)	87 (81)	83 (80)
Pupils whose parents like to hear their ideas*	72 (69)	72 (71)	81 (76)	82 (79)	77 (74)
Pupils whose teachers listen to them at school*	75 (73)	71 (75)	79 (77)	80 (76)	76 (75)

*N.B: These items were not used in the calculation of the composite self-esteem score.

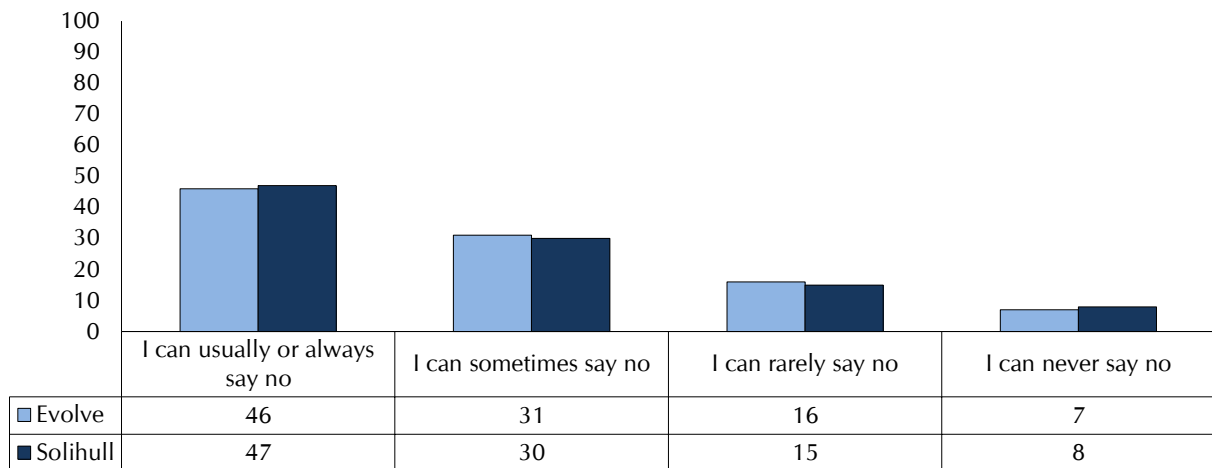
Q39. (Individual self-esteem items) Percentage in each group giving a high esteem response:



*N.B: These items were not used in the calculation of the composite self-esteem score.

Peer pressure

Q40. When a friend wants me to do something I don't want to do...



46% (47%) of pupils responded that they can 'usually or always' say no when a friend wants them to do something they don't want to do.

Q40. Percentage answering that they can 'usually or always' say no when a friend wants them to do something they don't want to do.

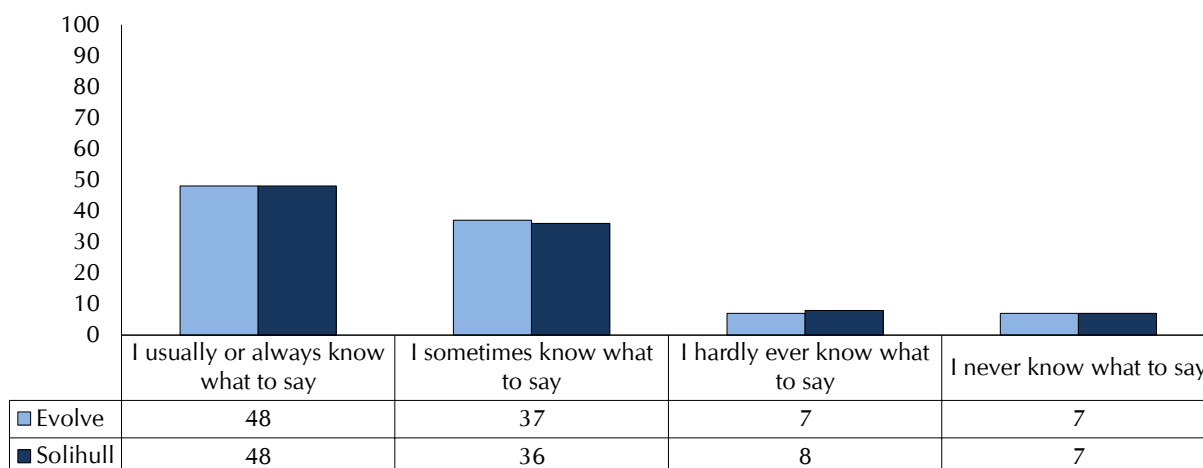
	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	39	59	42	58
Girls	35	50	36	54

23% (23%) of pupils responded that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.

Q40. Percentage answering that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	30	15	27	16
Girls	27	22	31	18

Q41. When I want a friend to do something...



48% (48%) of pupils responded that they 'usually or always' know what to say when they want a friend to do something.

Q41. Percentage answering that they 'usually or always' know what to say when they want a friend to do something.

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	47	53	50	54
Girls	48	45	41	46

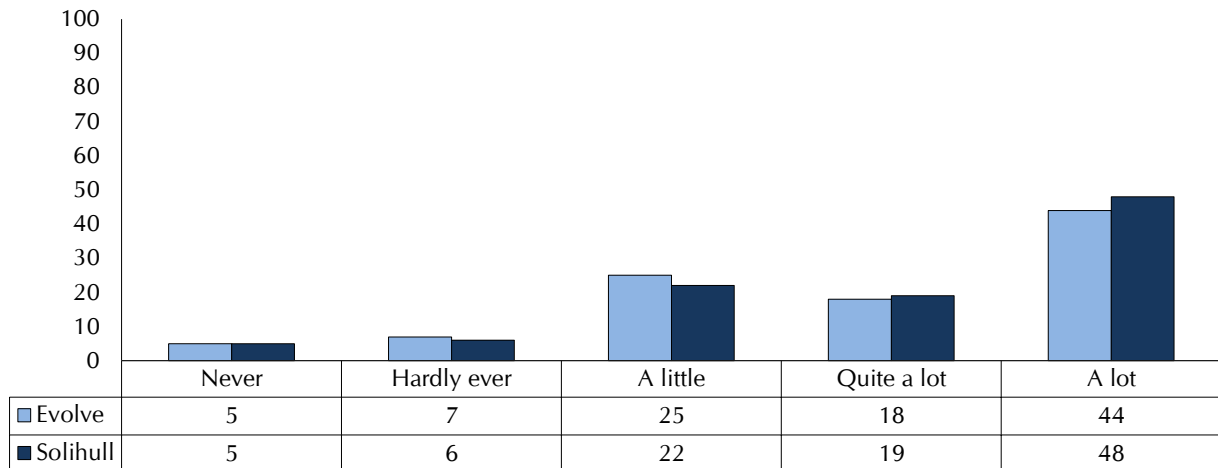
15% (16%) of pupils responded that they 'hardly ever' or 'never' know what to say when they want a friend to do something.

Q41. Percentage answering that they 'hardly ever' or 'never' know what to say when they want a friend to do something.

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	15	14	16	13
Girls	17	14	19	15

Worrying

Q60. Worrying summary: Percentage of pupils responding that they worry about at least one of the issues listed...



Note: highest worry level recorded.

88% (89%) of pupils worry at least 'a little' about one or more of the issues listed, while 62% (67%) said they do so 'quite a lot' or 'a lot'.

Q60. Percentage answering that they worry 'quite a lot' or 'a lot' about one or more of the issues listed.

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	75	50	74	56
Girls	71	55	73	65

10% (13%) of boys and 12% (14%) of girls responded that they worry about at least 3 of the issues listed 'quite a lot' or 'a lot'; while 38% (35%) of boys and 38% (31%) of girls said that they don't worry about any of them.

Q60. Percentage answering that they worry about at least 3 of the issues listed 'quite a lot' or 'a lot'.

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	14	7	17	9
Girls	15	10	16	12

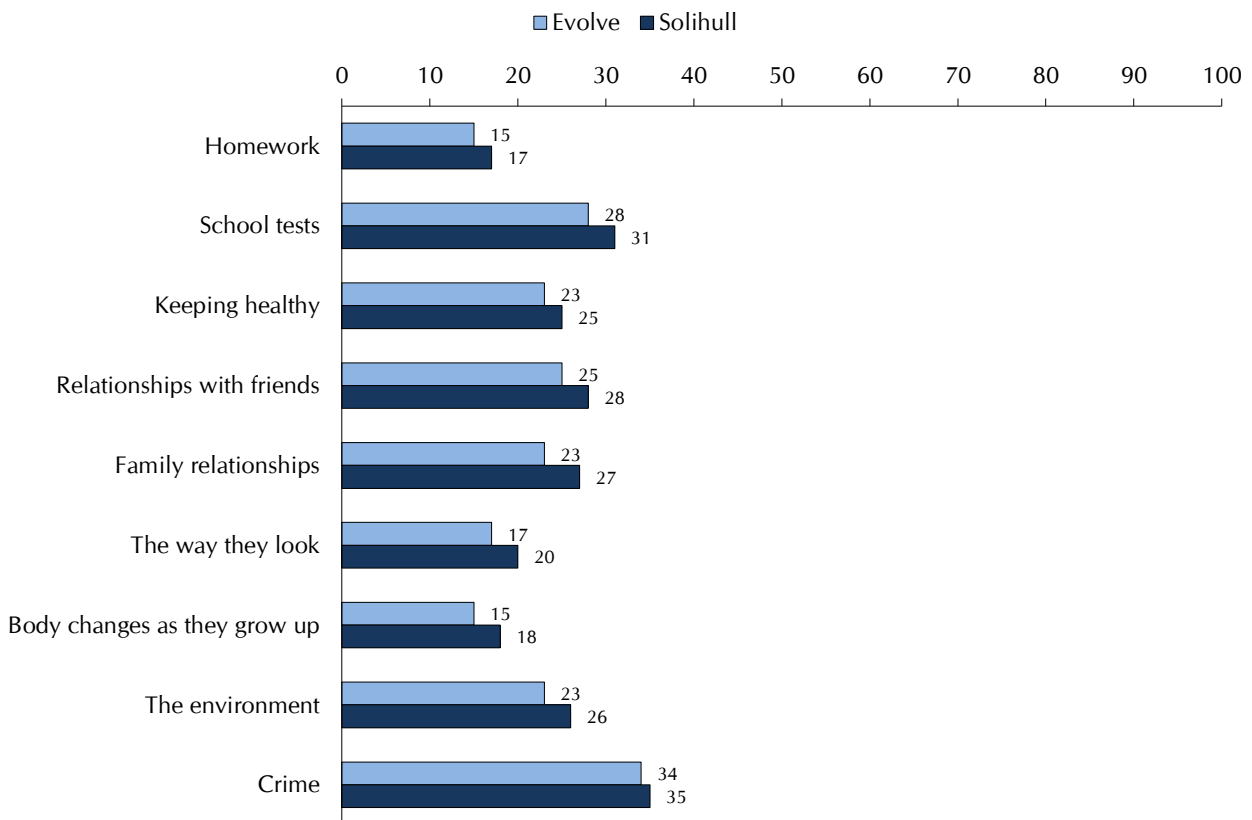
34% (35%) of pupils responded that they worry about crime 'quite a lot' or 'a lot', while 28% (31%) said they worry about school tests.

Q60. Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot' (Solihull Primary data in brackets):

Boys			Girls		
1	Crime	35 (36)	1	School tests	33 (36)
2	The environment	26 (27)	2	Crime	32 (35)
3	School tests	24 (27)	3	Relationships with friends	27 (31)
4	Keeping healthy	24 (25)	4	Keeping healthy	23 (25)
5	Family relationships	23 (27)	5	Family relationships	22 (26)
6	Relationships with friends	22 (24)	6	The environment	21 (25)
7	Homework	15 (17)	7	The way they look	19 (23)
8	The way they look	15 (17)	8	Body changes as they grow up	18 (21)
9	Body changes as they grow up	13 (15)	9	Homework	14 (16)

23% (27%) of pupils responded that they worry about family relationships 'quite a lot' or 'a lot'; 17% (20%) said they worry about the way they look.

Q60. Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot':



Problem Solving

In question 61 the young people were asked to whom they would turn to share a range of problems including 'Keep it to myself'. Whom they talk to may depend on what the problem is. The top five sources of support for each problem are as follows (Solihull Primary data in brackets):

Problem with school

Boys			Girls		
1	Mum/dad/carer	67 (66)	1	Mum/dad/carer	68 (64)
2	Adult in school	14 (17)	2	Adult in school	15 (17)
3	Keep it to myself	8 (9)	3	Friend	8 (8)
4	Friend	6 (6)	4	Keep it to myself	5 (7)
5	Brother or sister	3 (2)	5	Brother or sister	3 (3)

Family relationships

Boys			Girls		
1	Mum/dad/carer	63 (64)	1	Mum/dad/carer	58 (61)
2	Keep it to myself	15 (15)	2	Keep it to myself	12 (15)
3	Brother or sister	8 (7)	3	Brother or sister	11 (8)
4	Friend	7 (6)	4	Friend	10 (10)
5	Adult in school	5 (5)	5	Adult in school	6 (5)

Health worries

Boys			Girls		
1	Mum/dad/carer	80 (78)	1	Mum/dad/carer	80 (77)
2	Keep it to myself	13 (13)	2	Keep it to myself	11 (14)
3	Friend	2 (3)	3	Friend	3 (4)
4	Brother or sister	2 (3)	4	Brother or sister	3 (3)
5	Adult in school	1 (2)	5	Adult in school	2 (2)

Relationships with friends

Boys			Girls		
1	Mum/dad/carer	60 (55)	1	Mum/dad/carer	56 (55)
2	Keep it to myself	15 (16)	2	Friend	13 (15)
3	Friend	12 (13)	3	Adult in school	13 (12)
4	Adult in school	8 (11)	4	Keep it to myself	10 (11)
5	Brother or sister	5 (5)	5	Brother or sister	7 (6)

Bullying

Boys			Girls		
1	Mum/dad/carer	65 (62)	1	Mum/dad/carer	68 (66)
2	Adult in school	18 (20)	2	Adult in school	16 (18)
3	Keep it to myself	9 (10)	3	Keep it to myself	8 (8)
4	Friend	5 (3)	4	Friend	5 (5)
5	Brother or sister	2 (3)	5	Brother or sister	2 (3)

It is worth noting that 'keep it to myself' is not necessarily negative. For some pupils, it may mean that they feel they can deal with the problem without help.

Alcohol, Smoking, Drugs

Alcohol

12% (13%) of pupils responded that they have had an alcoholic drink at some point in their lives.

Of the 99 (568) pupils who have had an alcoholic drink, they were on average 7 (7) years old when they first tried alcohol.

2% (3%) of Year 6 pupils responded that they had an alcoholic drink on at least one day in the 7 days before the survey; 1% (1%) said they drank alcohol on more than one day.

1% (1%) of pupils responded that they drank beer or lager in the 7 days before the survey, while 0% (1%) drank spirits.

Q45. Percentage of pupils responding that they have drunk the following alcoholic drinks in the 7 days before the survey (Solihull Primary data in brackets):

Boys			Girls		
1	Wine	2 (2)	1	Wine	2 (1)
2	Shandy (mixed)	1 (2)	2	Beer or lager	0 (1)
3	Beer or lager	1 (2)	3	Shandy (mixed)	0 (1)
4	Cider	1 (1)	4		

Q42. Percentage answering that they have had an alcoholic drink.

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	20	10	17	17
Girls	9	9	9	10

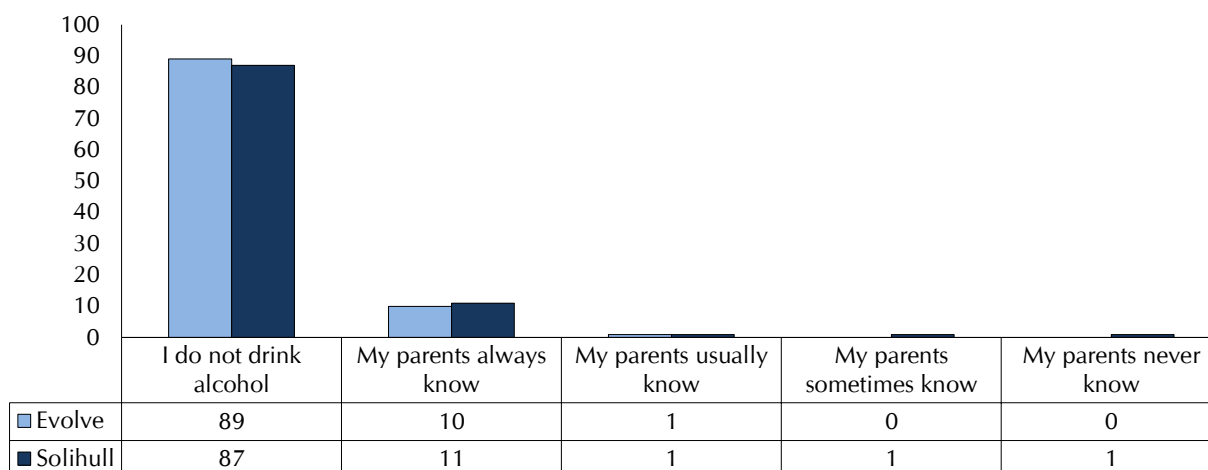
Q43. Mean age of pupils when they first tried alcohol.

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	6	8	6	8
Girls	7	8	7	8

Q44 (Y6). Percentage of Year 6 pupils answering that they have had an alcoholic drink on at least one day in the 7 days before the survey.

	Evolve	Solihull
	Yr 6	Yr 6
Boys	2	3
Girls	2	1

Q46 (Y6). Year 6 only: Do your parents know if you drink alcohol?



89% (87%) of Year 6 pupils responded that they do not drink alcohol.

Q46 (Y6). Percentage of Year 6 pupils answering that they do not drink alcohol.

	Evolve	Solihull
	Yr 6	Yr 6
Boys	90	85
Girls	89	90

10% (11%) of Year 6 pupils responded that they do drink alcohol and their parents 'always' know, while 1% (1%) said their parents 'usually' know.

Q46 (Y6). Percentage of Year 6 pupils answering that they drink alcohol and their parents 'always' know.

	Evolve	Solihull
	Yr 6	Yr 6
Boys	9	13
Girls	10	9

1% (2%) of Year 6 pupils responded that they drink alcohol and their parents 'never' or only 'sometimes' know.

Q46 (Y6). Percentage of Year 6 pupils answering that they drink alcohol and their parents 'never' or only 'sometimes' know.

	Evolve	Solihull
	Yr 6	Yr 6
Boys	1	2
Girls	0	1

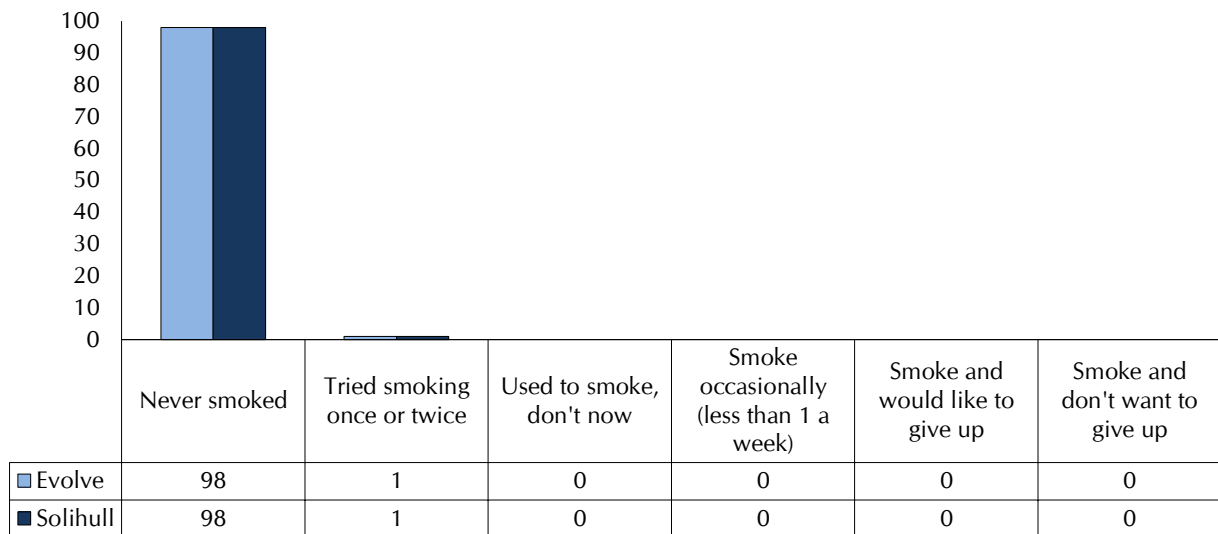
14% (15%) of Year 4 pupils responded that they drink alcohol and their parents always know when they do, while 4% (4%) said their parents don't always know; 83% (81%) said they don't drink alcohol.

Q46 (Y4). Percentage of Year 4 pupils answering that they drink alcohol and their parents don't always know.

	Evolve	Solihull
	Yr 4	Yr 4
Boys	4	5
Girls	3	3

Smoking

Q47 (Y6). Year 6 only: Smoking: Which statement describes you best?



2% (2%) of Year 6 pupils said they have smoked in the past or smoke now.

Q47 (Y6). Percentage of Year 6 pupils answering that they have smoked in the past or smoke now.

	Evolve	Solihull
	Yr 6	Yr 6
Boys	2	3
Girls	1	1

1% (1%) of Year 4 pupils responded that they have smoked a cigarette.

Q47 (Y4). Percentage of Year 4 pupils answering that they have smoked a cigarette.

	Evolve	Solihull
	Yr 4	Yr 4
Boys	2	2
Girls	0	0

0% (0%) of pupils responded that they smoked in the week before the survey.

Q48. Percentage answering that they smoked in the week before the survey.

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	0	0	0	0
Girls	0	0	0	0

93% (91%) of pupils responded that they think they will not smoke when they are older.

Q49. Percentage answering that they think they will not smoke when they are older.

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	92	92	89	90
Girls	90	97	93	95

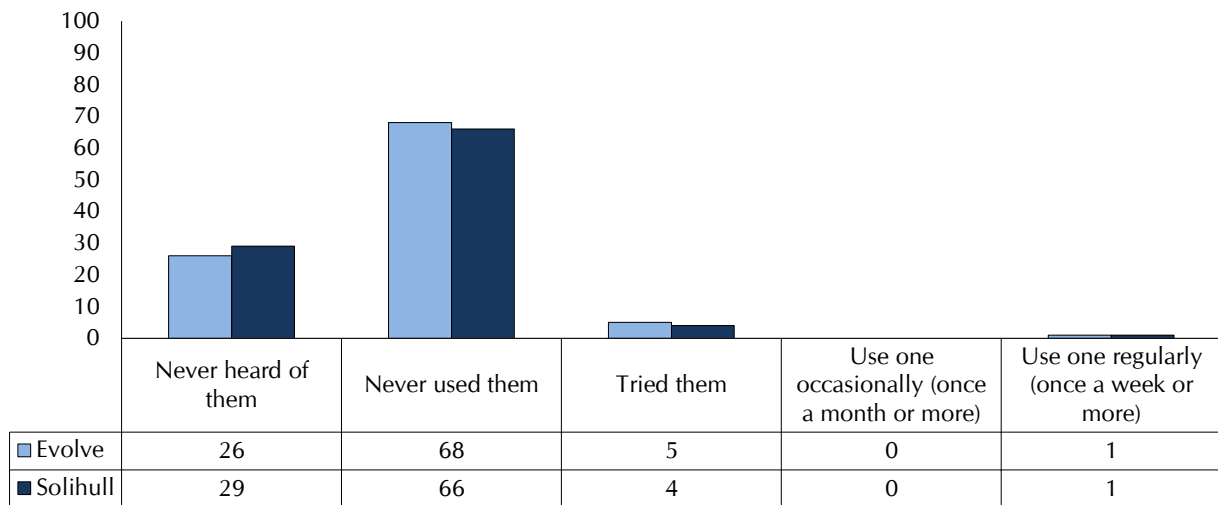
1% (1%) of pupils responded that they think they will smoke when they are older, while 6% (7%) think they may smoke.

Q49. Percentage answering that they think they will smoke when they are older.

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	1	1	2	2
Girls	2	0	1	0

E-cigarettes

Q50. E-cigarettes: What best describes your knowledge or use of electronic cigarettes, 'e-cigarettes'?



94% (95%) of pupils responded that they have either never heard of or never used electronic cigarettes/'e-cigarettes'.

Q50. Percentage answering that they have either never heard of or never used an electronic cigarettes/'e-cigarettes'.

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	90	93	91	95
Girls	94	97	96	98

2% (1%) of pupils responded that they have used an e-cigarette at least 'occasionally'.

Q50. Percentage answering that they have used an e-cigarette at least 'occasionally'.

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	3	1	3	1
Girls	2	0	1	0

Drugs

65% (63%) of pupils responded that their parents have talked with them about drugs (including medicines), while 49% (48%) said their teachers have talked with them in school lessons and 24% (21%) said their friends have.

Q56. Percentage of pupils responding that the following people have talked with them about drugs (including medicines – Solihull Primary data in brackets):

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
Parents	60 (58)	59 (54)	72 (70)	66 (70)	65 (63)
Teachers, in school lessons	37 (34)	33 (27)	61 (65)	63 (67)	49 (48)
School nurse	12 (9)	8 (7)	11 (11)	12 (9)	11 (9)
Visitors in school lessons	10 (8)	6 (5)	11 (13)	11 (14)	10 (10)
Friends	20 (18)	17 (13)	31 (28)	25 (26)	24 (21)
Brothers or sisters	21 (21)	21 (16)	23 (20)	18 (19)	21 (19)
Other close relatives	21 (21)	16 (16)	18 (21)	21 (21)	19 (20)

52% (51%) of pupils responded that either their teachers, the school nurse or visitors in school lessons have talked with them about drugs (incl. medicines).

Q56. Percentage answering that either their teachers, the school nurse or visitors in school lessons have talked with them about drugs (incl. medicines).

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	42	61	38	67
Girls	37	65	30	69

14% (14%) of pupils responded that they are 'fairly sure' or 'certain' that they know someone who uses drugs (not as medicines).

Q57. Percentage answering that they are 'fairly sure' or 'certain' that they know someone who uses drugs (not as medicines).

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	17	15	15	16
Girls	13	13	11	12

2% (2%) of Year 6 pupils responded that they have been offered cannabis. 4% (4%) said they 'don't know' if they have.

Q58 (Y6). Percentage of Year 6 pupils answering that they have been offered cannabis.

	Evolve		Solihull	
	Yr 6		Yr 6	
Boys	3		2	
Girls	1		1	

2% (1%) of Year 6 pupils responded that they have been offered other drugs (not cannabis or medicines), while 3% (3%) said they 'don't know' if they have.

Q59 (Y6). Percentage of Year 6 pupils answering that they have been offered other drugs (not cannabis or medicines).

	Evolve		Solihull	
	Yr 6		Yr 6	
Boys	2		2	
Girls	1		1	

Growing up

78% (76%) of pupils responded that their parents have talked with them about how their body changes as they grow up, while 58% (60%) said their teachers have talked with them in school lessons and 32% (32%) said their friends have.

Q51a. Percentage of pupils responding that the following people have talked with them about how their body changes as they grow up (Solihull Primary data in brackets):

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
Parents	72 (70)	76 (72)	73 (76)	88 (90)	78 (76)
Teachers, in school lessons	38 (43)	44 (42)	71 (73)	76 (82)	58 (60)
School nurse	10 (13)	8 (9)	12 (11)	10 (9)	10 (10)
Visitors in school lessons	17 (14)	9 (9)	10 (17)	8 (12)	11 (13)
Friends	33 (31)	26 (24)	26 (31)	44 (43)	32 (32)
Brothers or sisters	34 (36)	39 (31)	23 (26)	26 (28)	30 (30)
Other close relatives	34 (30)	26 (25)	22 (26)	33 (36)	29 (29)

61% (64%) of pupils responded that either their teachers, the school nurse or visitors in school lessons have talked with them about how their body changes as they grow up.

Q51a. Percentage answering that either their teachers, the school nurse or visitors in school lessons have talked with them about how their body changes as they grow up.

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	44	72	50	75
Girls	50	78	48	83

60% (62%) of pupils responded that they feel they know enough about how their body changes as they get older, while 10% (10%) feel they don't know enough.

Q51b. Percentage answering that they feel they know enough about how their body changes as they get older.

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	55	72	54	75
Girls	41	69	45	71

77% (75%) of pupils responded that their parents have talked with them about how their feelings/emotions change as they grow up, while 45% (50%) said their teachers have talked with them in school lessons and 28% (32%) said their friends have.

Q52. Percentage of pupils responding that the following people have talked with them about how their feelings/emotions change as they grow up (Solihull Primary data in brackets):

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
Parents	72 (71)	72 (69)	75 (77)	89 (86)	77 (75)
Teachers, in school lessons	30 (37)	39 (39)	51 (58)	59 (66)	45 (50)
School nurse	8 (10)	6 (6)	10 (8)	6 (6)	8 (8)
Visitors in school lessons	11 (11)	8 (8)	9 (13)	6 (10)	9 (11)
Friends	28 (31)	27 (29)	24 (28)	35 (39)	28 (32)
Brothers or sisters	27 (31)	34 (30)	22 (25)	25 (27)	27 (28)
Other close relatives	27 (28)	24 (25)	25 (25)	29 (29)	26 (26)

48% (53%) of pupils responded that either their teachers, the school nurse or visitors in school lessons have talked with them about how their feelings/emotions change as they grow up.

Q52. Percentage answering that either their teachers, the school nurse or visitors in school lessons have talked with them about how their feelings/emotions change as they grow up.

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	34	53	42	60
Girls	41	61	42	68

Periods

12% (13%) of Year 6 girls responded that they have started their periods, while 12% (11%) said they 'don't know' if they have.

Q53 (Y6). Percentage of Year 6 girls answering that they have started their periods.

	Evolve	Solihull
	Yr 6	Yr 6
Girls	12	13

HIV

22% (23%) of pupils responded that they know about AIDS (or HIV).

Q54. Percentage answering that they know about AIDS (or HIV).

	Evolve		Solihull	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	21	35	19	38
Girls	13	18	11	22

12% (13%) of pupils responded that their parents have talked with them about AIDS (or HIV), while 4% (6%) said their teachers have talked with them in school lessons.

Q55. Percentage of pupils responding that the following people have talked with them about AIDS (or HIV) (Solihull Primary data in brackets):

Boys				Girls			
1	Parents	13	(16)	1	Parents	11	(10)
2	Friends	7	(7)	2	Brothers or sisters	5	(5)
3	Brothers or sisters	7	(7)	3	Other close relatives	5	(4)
4	Other close relatives	6	(6)	4	Friends	5	(4)
5	Teachers, in school lessons	5	(8)	5	Teachers, in school lessons	3	(5)
6	School nurse	4	(4)	6	School nurse	2	(2)
7	Visitors in school lessons	2	(3)	7	Visitors in school lessons	1	(2)

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