

The Solihull Children and Young People's Health and Wellbeing Survey 2018

**A report for
Synergy Collaborative
Year 2**

The Schools Health Education Unit

www.sheu.org.uk

SHEU

School Survey Report 2018

Synergy Collaborative compared with Solihull Primary

Produced by the
Schools Health Education Unit

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The support service we offer benefits from the continuous use and development of our materials, and feedback from users. Therefore, if you wish to make any contribution based on your own use of the survey service, we would be delighted to hear from you.

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Foreword

The Schools Health Education Unit (SHEU) is pleased to be able to produce your Report, which contains detailed information about the health beliefs and behaviour of your pupils.

The report compares the data collected from your pupils with those from a larger, wider sample.

SHEU is sure that you, your colleagues, and your pupils will also find the information contained within this report to be of value in helping you to gauge some of the most important factors that affect the lives of our young people both now and in the future.

SHEU hope that your pupils found the experience of completing the questionnaire interesting and thought provoking.

Finally, SHEU would like to take this opportunity to thank you for your support and co-operation in agreeing to participate in this valuable research initiative.



Angela Balding

Survey Manager
Schools Health Education Unit



Dr. David Regis

Research Manager
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Introduction

The Health-Related Behaviour Survey, developed by the Schools Health Education Unit, is designed for young people of primary and secondary school age. The surveys have been developed over 30 years by health and education professionals, and over a million school children have taken part. In the last ten years, over four thousand schools and colleges have participated. Data arising from the survey can be used to inform planning decisions as well as being used in the classroom as the stimulus for discussion with young people.

This report should ideally be studied with reference to the original questionnaire and the survey results tables. The first is recommended because we may have paraphrased a question below for reasons of space, and the precise wording and position may be important for interpretation.

Preceding this report you should have received **The Survey Results Tables** (or online results), which contain more information than can be summarised here. You may want to refer to this if you want to look in more detail at the results of a particular question. The Survey Results Tables show the number of responses received for each question, which may be less than the total sample. Also in the Results Tables we show the results of each response for multiple-choice questions, whereas in this report answers may be selective or grouped.

A school's results are confidential and will not be shared with other organisations without the express permission of the school.

Additional services (graphs and discs) are available; please contact SHEU. In particular, we have designed a set of INSET workshops around different examples of using the questionnaire data. If you would like further details of these or have any comments on this report please contact us at the address on the front of the report.

If you would like further details about Government policy background, we have created an overview which can be downloaded from our website at: <http://sheu.org.uk/content/page/appendix>.

Comparison figures

In this report the data gathered from this survey have been compared with a larger sample from your area. For example, if your school is in Exeter then the wider data might be Devon. This enables you to compare your results with others in the area and also go to the SHEU annual reports (summaries available at www.sheu.org.uk/publications) to find out about the UK statistics and trends.

If the figures in your survey have been compared with results from a reference sample, the reference figures are normally given second, and often in parentheses.

15% (20%) of the sample...

Your survey (Reference sample)

	Your survey		Reference Sample	
	Year 8	Year 10	Year 8	Year 10
Boys	10	20	30	40
Girls	80	70	60	50

Favourite fruits

1	Apples	70	(60)
2	Oranges	60	(50)
3	Bananas	50	(40)

Your survey (Reference sample)

The sample

This survey involved pupils from the following years. The numbers in each group are shown below.

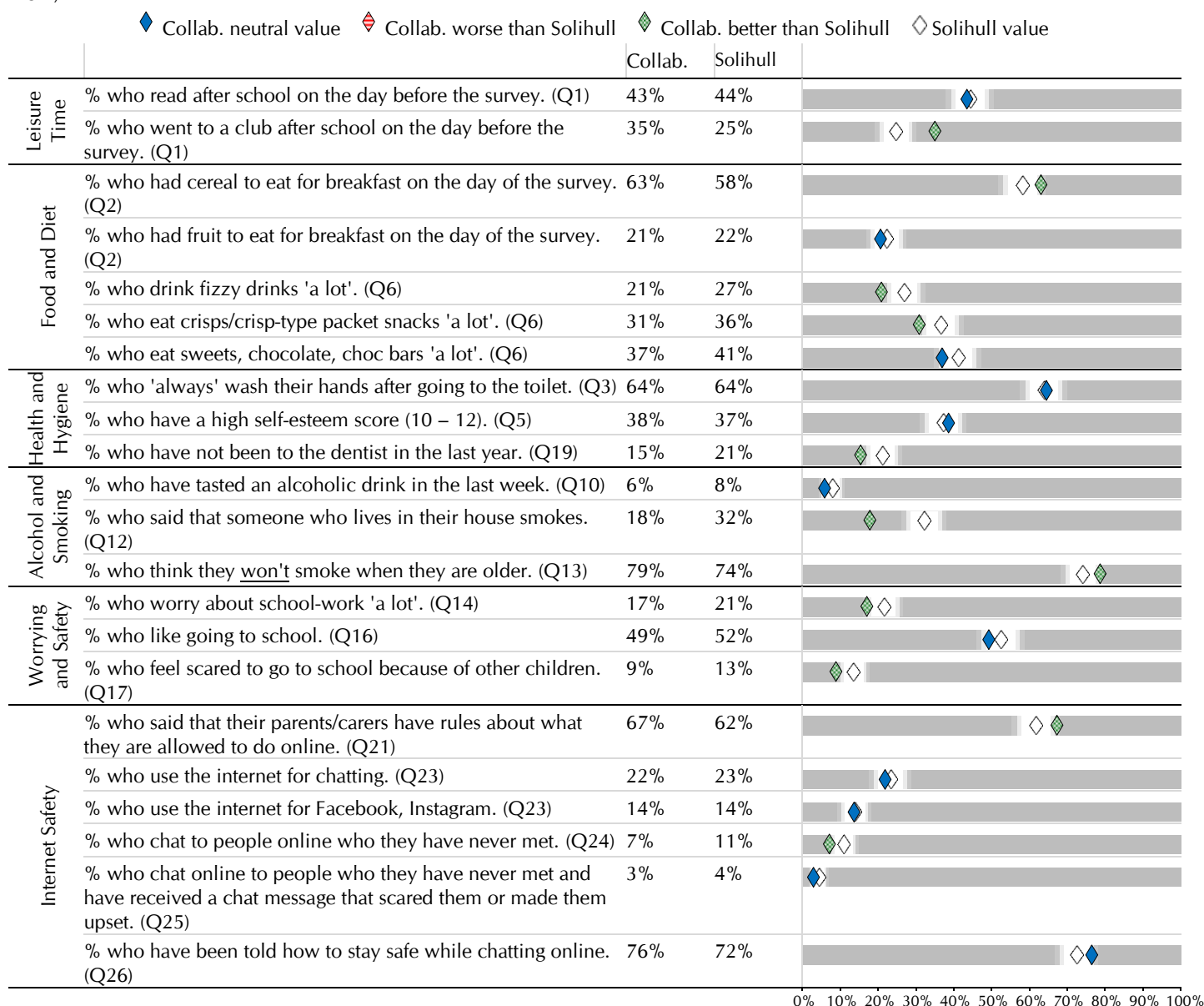
	Synergy	Solihull
	Yr 2	Yr 2
Boys	295	1232
Girls	282	1177

If the sample you sent to Exeter for analysis was small, then it may have been aggregated by sex or year, or merged with a sample from another school or schools. This is done so that the figures are not too influenced by the behaviour of any one individual, and to ensure that the anonymity of the respondents is not compromised. If you would like to discuss this in more detail, please contact the Unit directly.

Spine Charts

Key Findings

In the chart below a coloured diamond represents Synergy Collaborative's result, while the hollow diamond represents the figure for Solihull Primary. The distance between the diamonds indicates the size of the difference between the percentages – the greater the gap, the larger the difference. The colour of the diamond reflects whether a difference is statistically significant and if the difference is positive (green/white spots), negative (red/white stripes) or if it is not statistically significant (blue). The white space is an indication of how spread out the scores are for Solihull Primary pupils (\pm one Standard Deviation, the paler grey is the next SD).



Your School compared with Solihull Headlines

	Synergy	Solihull
	Yr 2	Yr 2
Boys	295	1232
Girls	282	1177

Solihull Primary data in brackets; see notes on interpreting differences.

Home and School

HOME LIFE

- ❑ 61% (61%) of pupils responded that they have at least one brother, while 17% (20%) said they have more than one.
- ❑ 58% (61%) of pupils responded that they have at least one sister, while 13% (17%) said they have more than one.
- ❑ 62% (62%) of pupils responded that they have at least one older brother or sister, while 25% (28%) said they have more than one.

ETHNICITY

- ❑ 70% (78%) of pupils responded that they are White (UK or European).

LEISURE TIME

- ❑ 62% (63%) of pupils responded that they watched TV after school on the day before the survey, while 49% (49%) said they played at home.

Food and Diet

BREAKFAST

- ❑ 1% (1%) of pupils responded that they didn't have anything to eat or drink for breakfast on the day of the survey, while 19% (17%) said they had a cooked breakfast.
- ❑ 2% (2%) of pupils responded that they had at most a drink for breakfast on the day of the survey.
- ❑ 63% (58%) of pupils responded that they had cereal to eat for breakfast on the day of the survey, while 38% (36%) said they had toast or bread.

FOOD

- ❑ 51% (44%) of pupils responded that they eat vegetables 'a lot'; 59% (58%) said the same of fresh fruit.
- ❑ 12% (18%) of pupils responded that they 'never' eat any fish/fish fingers.

Health and Hygiene

HYGIENE

- ❑ 4% (5%) of pupils responded that they 'never' wash their hands after going to the toilet, while 32% (31%) said they do so only 'sometimes'.
- ❑ 64% (64%) of pupils responded that they 'always' wash their hands after going to the toilet.

ASTHMA

- ❑ 11% (10%) of pupils responded that they have asthma, while 16% (14%) said they 'don't know' if they do.

MENTAL AND EMOTIONAL HEALTH

- ❑ 66% (64%) of pupils responded that they mostly feel happy and 68% (69%) said they usually feel safe.
- ❑ 38% (37%) of pupils have a high self-esteem score (10 – 12), while 1% (2%) have a low self-esteem score (0 – 3).

DENTAL HEALTH

- ❑ 4% (5%) of pupils responded that they didn't clean their teeth at all on the day before the survey.
- ❑ 79% (72%) of pupils responded that they cleaned their teeth at least twice on the day before the survey.
- ❑ 65% (60%) of pupils responded that they have been to a dentist in the last year, while 20% (19%) said they 'don't know' if they have.

Money

- ❑ 68% (61%) of pupils responded that they have saved money in the last week, while 36% (37%) spent it on toys.

Physical Activity

- ❑ 73% (73%) of pupils responded that they ride their bike at least 'sometimes', while 86% (81%) said they go swimming at least 'sometimes'.

Alcohol and Smoking

ALCOHOL

- ❑ 28% (31%) of pupils responded that they have tasted an alcoholic drink, while 13% (11%) said they 'don't know' if they have.
- ❑ 6% (8%) of pupils responded that they tasted an alcoholic drink in the week before the survey, while 7% (6%) said they 'don't know' if they did.

SMOKING

- ❑ 18% (32%) of pupils responded that someone who lives in their house smokes.
- ❑ 4% (6%) of pupils responded that they think they will smoke when they are older, while 18% (20%) think they may smoke and 79% (74%) think they won't.

Worrying and Safety

WORRYING

- ❑ 43% (48%) of pupils responded that they worry about their family 'a lot'.

SCHOOL

- ❑ 49% (52%) of pupils responded that they like going to school, while 33% (31%) said they 'sometimes' do.
- ❑ 18% (17%) of pupils responded that they don't like going to school.

- ❑ 9% (13%) of pupils responded that they feel scared to go to school because of other children, while 31% (25%) said they 'sometimes' do.

Internet Safety

- ❑ 34% (40%) of pupils responded that they go on the internet when parents/carers aren't in the room.
- ❑ 67% (62%) of pupils responded that their parents/carers have rules about what they are allowed to do online.
- ❑ 64% (66%) of pupils responded that they have used the internet at home in the last week, while 51% (46%) said they have used it at school.
- ❑ 7% (11%) of pupils responded that they chat to people online who they have never met.
- ❑ 3% (4%) of pupils responded that they chat online to people who they have never met and have received a chat message that scared them or made them upset.
- ❑ 76% (72%) of pupils responded that they have been told how to stay safe while chatting online.

Significant Differences

Where differences can be seen between your school and the reference sample, you may find the enclosed table of some use in deciding if the differences seen are significant. The 'standard error' of a proportion is an assessment of how reliable our figures are, that is, the margin of error.

Two points in particular should be made:

1. when the sample size is small, it may be that just one individual voting a different way would make a large percentage difference to the results (so, one in twenty is 5%)
2. even if your sample is small, you may have a very high proportion of your available population – if, say, you sample every single pupil of your year 8 class. In this case, the notion of 'margin of error' doesn't really apply to the sampling, only to the process of collecting the responses.

TABLE OF STANDARD ERRORS OF PROPORTION

		Percentage seen in sample				
		10%	20%	30%	40%	50%
Number	20	6.7	8.9	10.2	11.0	11.2
In	30	5.5	7.3	8.4	8.9	9.1
sample	40	4.7	6.3	7.2	7.7	7.9
	50	4.2	5.7	6.5	6.9	7.1
	60	3.9	5.2	5.9	6.3	6.5
	80	3.4	4.5	5.1	5.5	5.6
	100	3.0	4.0	4.6	4.9	5.0
	150	2.4	3.3	3.7	4.0	4.1
	200	2.1	2.8	3.2	3.5	3.5
	300	1.7	2.3	2.6	2.8	2.9
	500	1.3	1.8	2.0	2.2	2.2

So, if you have a sample of 50 students and 30% of them think that the school needs a new swimming pool, we can see from the table that standard error of the percentage is about $\pm 6.5\%$.

List of Significant Differences

Below we have listed some statistically significant differences between Synergy Collaborative and Solihull Primary.

Sig	Collab.	Solihull	Question
***	18%	32%	of pupils responded that someone who lives in their house smokes.
***	70%	78%	of pupils responded that they are White (UK or European).
***	12%	18%	of pupils responded that they 'never' eat any fish/fish fingers.
***	68%	61%	of pupils responded that they have saved money in the last week.
***	79%	72%	of pupils responded that they cleaned their teeth at least twice on the day before the survey.
***	51%	44%	of pupils responded that they eat vegetables 'a lot'.
***	86%	81%	of pupils responded that they go swimming at least 'sometimes'.
***	7%	11%	of pupils responded that they chat to people online who they have never met.
**	34%	40%	of pupils responded that they go on the internet when parents/carers aren't in the room.
**	67%	62%	of pupils responded that their parents/carers have rules about what they are allowed to do online.
*	65%	60%	of pupils responded that they have been to a dentist in the last year.
*	63%	58%	of pupils responded that they had cereal to eat for breakfast on the day of the survey.

Tests: Chi-squared (χ^2). KEY: * = $p < 0.05$ (5%) ** = $p < 0.01$ (1%) *** = $p < 0.001$ (0.1%).

2018/2016 Comparisons

	2018	2016
	Yr 2	Yr 2
Boys	295	267
Girls	282	250

Your School's data for 2018 compared with your 2016 data in brackets; see notes on interpreting differences.

Home and School

HOME LIFE

- ❑ 61% (58%) of pupils responded that they have at least one brother, while 17% (16%) said they have more than one.
- ❑ 58% (55%) of pupils responded that they have at least one sister, while 13% (14%) said they have more than one.
- ❑ 62% (53%) of pupils responded that they have at least one older brother or sister, while 25% (19%) said they have more than one.

ETHNICITY

- ❑ 70% (71%) of pupils responded that they are White (UK or European).

LEISURE TIME

- ❑ 62% (66%) of pupils responded that they watched TV after school on the day before the survey, while 49% (46%) said they played at home.

Food and Diet

BREAKFAST

- ❑ 1% (1%) of pupils responded that they didn't have anything to eat or drink for breakfast on the day of the survey, while 19% (17%) said they had a cooked breakfast.
- ❑ 2% (3%) of pupils responded that they had at most a drink for breakfast on the day of the survey.
- ❑ 63% (60%) of pupils responded that they had cereal to eat for breakfast on the day of the survey, while 38% (32%) said they had toast or bread.

FOOD

- ❑ 51% (48%) of pupils responded that they eat vegetables 'a lot'; 59% (58%) said the same of fresh fruit.
- ❑ 12% (17%) of pupils responded that they 'never' eat any fish/fish fingers.

Health and Hygiene

HYGIENE

- ❑ 4% (3%) of pupils responded that they 'never' wash their hands after going to the toilet, while 32% (31%) said they do so only 'sometimes'.
- ❑ 64% (65%) of pupils responded that they 'always' wash their hands after going to the toilet.

ASTHMA

- ❑ 11% (11%) of pupils responded that they have asthma, while 16% (19%) said they 'don't know' if they do.

MENTAL AND EMOTIONAL HEALTH

- ❑ 66% (60%) of pupils responded that they mostly feel happy and 68% (64%) said they usually feel safe.
- ❑ 38% (36%) of pupils have a high self-esteem score (10 – 12), while 1% (1%) have a low self-esteem score (0 – 3).

DENTAL HEALTH

- ❑ 4% (4%) of pupils responded that they didn't clean their teeth at all on the day before the survey.
- ❑ 79% (76%) of pupils responded that they cleaned their teeth at least twice on the day before the survey.
- ❑ 65% (59%) of pupils responded that they have been to a dentist in the last year, while 20% (26%) said they 'don't know' if they have.

Money

- ❑ 68% (67%) of pupils responded that they have saved money in the last week, while 36% (29%) spent it on toys.

Physical Activity

- ❑ 73% (72%) of pupils responded that they ride their bike at least 'sometimes', while 86% (83%) said they go swimming at least 'sometimes'.

Alcohol and Smoking

ALCOHOL

- ❑ 28% (27%) of pupils responded that they have tasted an alcoholic drink, while 13% (18%) said they 'don't know' if they have.
- ❑ 6% (9%) of pupils responded that they tasted an alcoholic drink in the week before the survey, while 7% (11%) said they 'don't know' if they did.

SMOKING

- ❑ 18% (19%) of pupils responded that someone who lives in their house smokes.
- ❑ 4% (5%) of pupils responded that they think they will smoke when they are older, while 18% (20%) think they may smoke and 79% (75%) think they won't.

Worrying and Safety

WORRYING

- ❑ 43% (46%) of pupils responded that they worry about their family 'a lot'.

SCHOOL

- ❑ 49% (49%) of pupils responded that they like going to school, while 33% (32%) said they 'sometimes' do.
- ❑ 18% (19%) of pupils responded that they don't like going to school.

- ❑ 9% (15%) of pupils responded that they feel scared to go to school because of other children, while 31% (28%) said they 'sometimes' do.

Internet Safety

- ❑ 34% (36%) of pupils responded that they go on the internet when parents/carers aren't in the room.
- ❑ 67% (62%) of pupils responded that their parents/carers have rules about what they are allowed to do online.
- ❑ 64% (63%) of pupils responded that they have used the internet at home in the last week, while 51% (67%) said they have used it at school.
- ❑ 7% (7%) of pupils responded that they chat to people online who they have never met.
- ❑ 3% (2%) of pupils responded that they chat online to people who they have never met and have received a chat message that scared them or made them upset.
- ❑ 76% (78%) of pupils responded that they have been told how to stay safe while chatting online.

Significant differences between 2018 and 2016 data

Below we have listed some statistically significant differences between the data collected in the 2018 survey and that collected in 2016.

	2018	2016
	Yr 2	Yr 2
Boys	295	267
Girls	282	250

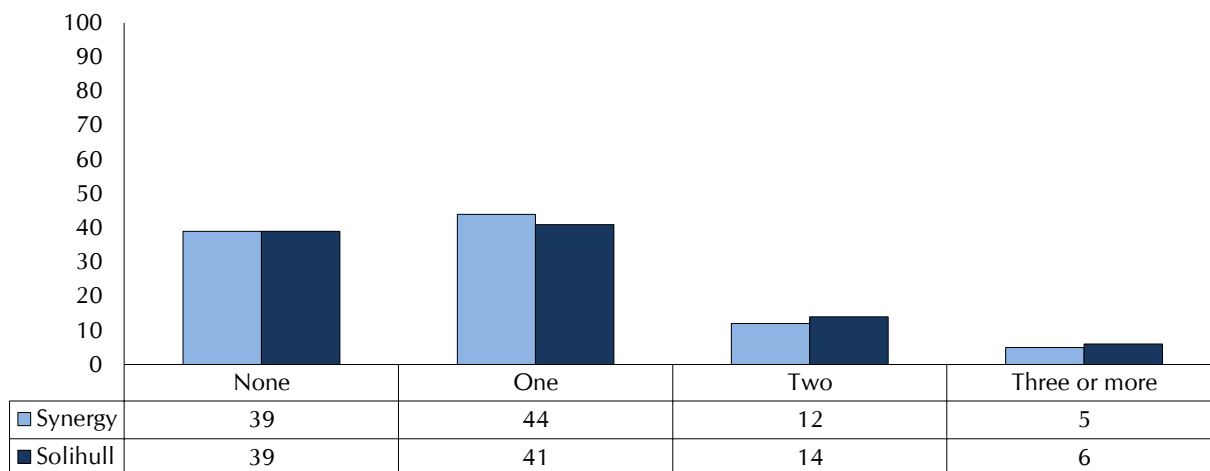
Sig	2018	2016	Question
***	51%	67%	of pupils responded that they have used the internet at school in the last week.
***	62%	53%	of pupils responded that they have at least one older brother or sister.
**	36%	29%	of pupils responded that they spent money on toys in the last week.
**	12%	17%	of pupils responded that they 'never' eat any fish/fish fingers.
*	6%	9%	of pupils responded that they tasted an alcoholic drink in the week before the survey.
*	66%	60%	of pupils responded that they mostly feel happy.
*	65%	59%	of pupils responded that they have been to a dentist in the last year.

Tests: Chi-squared (χ^2). KEY: * = $p < 0.05$ (5%) ** = $p < 0.01$ (1%) *** = $p < 0.001$ (0.1%).

Home and School

Home life

QD. How many brothers do you have?

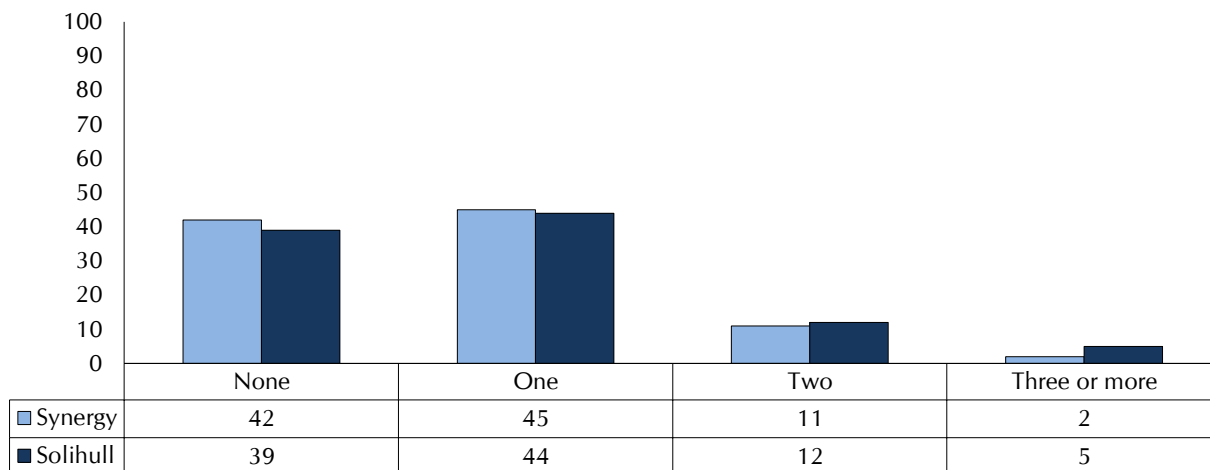


61% (61%) of pupils responded that they have at least one brother, while 17% (20%) said they have more than one.

QD. Percentage answering that they have at least one brother.

	Synergy	Solihull
Yr 2		
Boys	60	61
Girls	61	61

QE. How many sisters do you have?

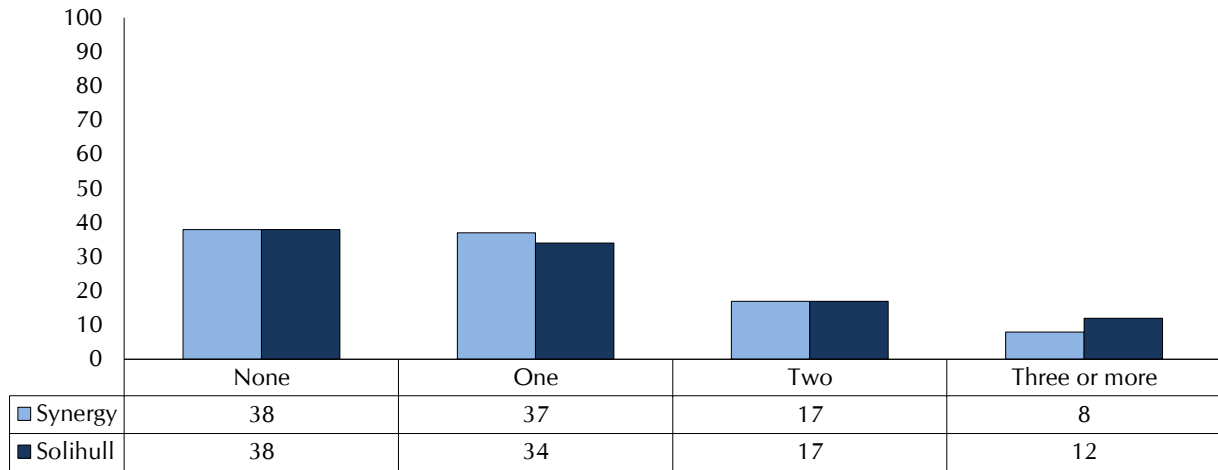


58% (61%) of pupils responded that they have at least one sister, while 13% (17%) said they have more than one.

QE. Percentage answering that they have at least one sister.

	Synergy	Solihull
Yr 2		
Boys	58	61
Girls	57	61

QF. How many brothers and sisters are older than you?



62% (62%) of pupils responded that they have at least one older brother or sister, while 25% (28%) said they have more than one.

QF. Percentage answering that they have at least one older brother or sister.

	Synergy	Solihull
	Yr 2	Yr 2
Boys	63	62
Girls	60	63

Ethnicity

70% (78%) of pupils responded that they are White (UK or European).

QG. Percentage responding that they are White (UK or European).

	Synergy	Solihull
	Yr 2	Yr 2
Boys	68	77
Girls	72	79

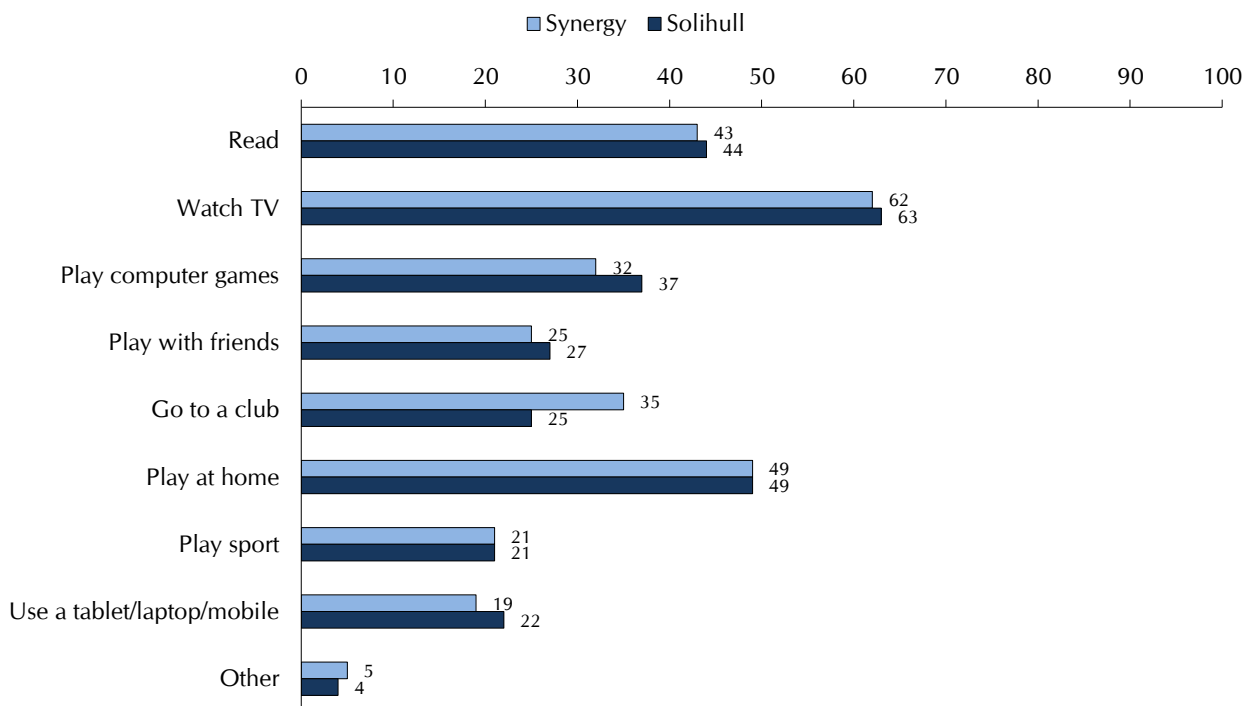
Leisure time

62% (63%) of pupils responded that they watched TV after school on the day before the survey, while 49% (49%) said they played at home.

Q1. Percentage of pupils responding that they did the following after school on the day before the survey (Solihull Primary data in brackets):

Boys			Girls		
1	Watch TV	64 (65)	1	Watch TV	59 (62)
2	Play at home	50 (48)	2	Play at home	48 (50)
3	Play computer games	47 (51)	3	Read	43 (47)
4	Read	44 (41)	4	Go to a club	37 (26)
5	Go to a club	33 (24)	5	Play with friends	23 (25)
6	Play with friends	26 (28)	6	Play sport	18 (15)
7	Play sport	23 (27)	7	Use a tablet/laptop/mobile	17 (21)
8	Use a tablet/laptop/mobile	20 (22)	8	Play computer games	15 (22)
9	Other	3 (3)	9	Other	8 (6)

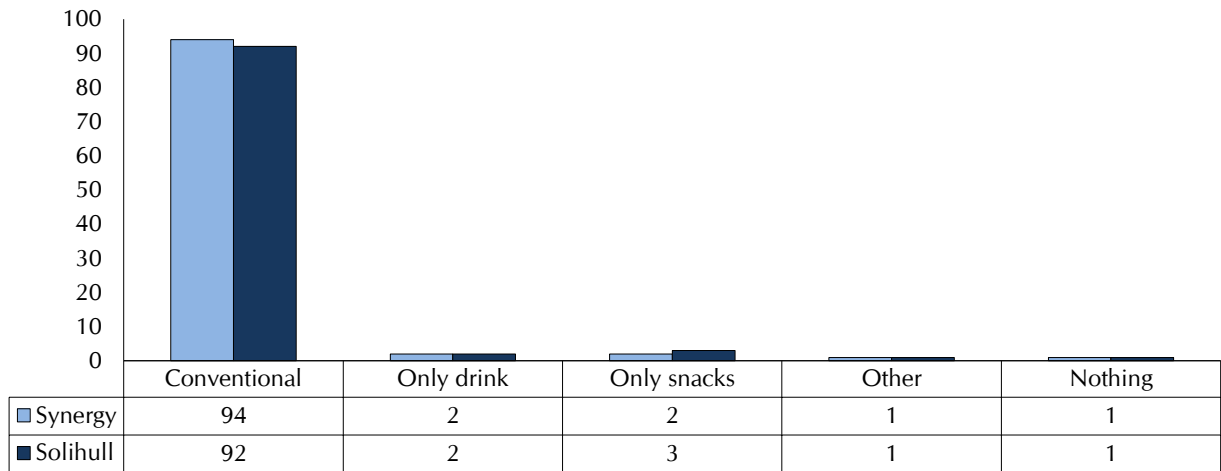
Q1. Percentage of pupils responding that they did the following after school on the day before the survey:



Food and Diet

Breakfast

Q2. Percentage of pupils responding that they had the following types of breakfast on the day of the survey:



The chart shows the percentages having different types of breakfast. The category 'Conventional' means at least one of cereal; toast or bread; cooked breakfast; fruit or yoghurt. Only snacks means: chocolate bar; sweets or crisp-type snack but not conventional breakfast.

1% (1%) of pupils responded that they didn't have anything to eat or drink for breakfast on the day of the survey, while 19% (17%) said they had a cooked breakfast.

2% (2%) of pupils responded that they had at most a drink for breakfast on the day of the survey.

63% (58%) of pupils responded that they had cereal to eat for breakfast on the day of the survey, while 38% (36%) said they had toast or bread.

Q2. Percentage of pupils responding that they had the following to eat or drink for breakfast or before school on the day of the survey (Solihull Primary data in brackets):

Boys			Girls		
1	Something to drink	71 (69)	1	Something to drink	71 (70)
2	Cereal	63 (59)	2	Cereal	63 (57)
3	Toast or bread	40 (36)	3	Toast or bread	35 (35)
4	Cooked breakfast	21 (20)	4	Fruit	21 (24)
5	Fruit	20 (21)	5	Cooked breakfast	16 (15)

Q2. Percentage answering that they didn't have anything to eat or drink before lessons on the day of the survey.

	Synergy	Solihull
Yr 2		
Boys	1	2
Girls	1	1

Q2. Percentage answering that they had only a drink for breakfast before lessons on the day of the survey.

	Synergy	Solihull
Yr 2		
Boys	1	2
Girls	2	2

Food

51% (44%) of pupils responded that they eat vegetables 'a lot'; 59% (58%) said the same of fresh fruit.

Q6. Percentage of pupils responding that they eat or drink the following 'a lot' (Solihull Primary data in brackets):

	Boys	Girls	Total
Any meat	31 (35)	24 (25)	28 (30)
Any fish or fish fingers	34 (31)	26 (26)	30 (28)
Any cheese, milk	37 (35)	35 (37)	37 (36)
Brown bread or brown bread rolls	25 (24)	20 (21)	23 (22)
Chips or roast potatoes	37 (41)	33 (38)	35 (39)
Rice or pasta	39 (36)	42 (39)	41 (38)
Sugary cereals	36 (37)	27 (32)	32 (35)
Weetabix, Shredded Wheat, Branflakes	29 (32)	25 (30)	27 (31)
Fresh fruit	55 (55)	63 (62)	59 (58)
Vegetables	49 (42)	53 (46)	51 (44)
Fizzy drinks	27 (32)	15 (22)	21 (27)
Crisps/crisp-type packet snack	39 (40)	22 (33)	31 (36)
Sweets, chocolate, choc bars	43 (46)	30 (36)	37 (41)

12% (18%) of pupils responded that they 'never' eat any fish/fish fingers.

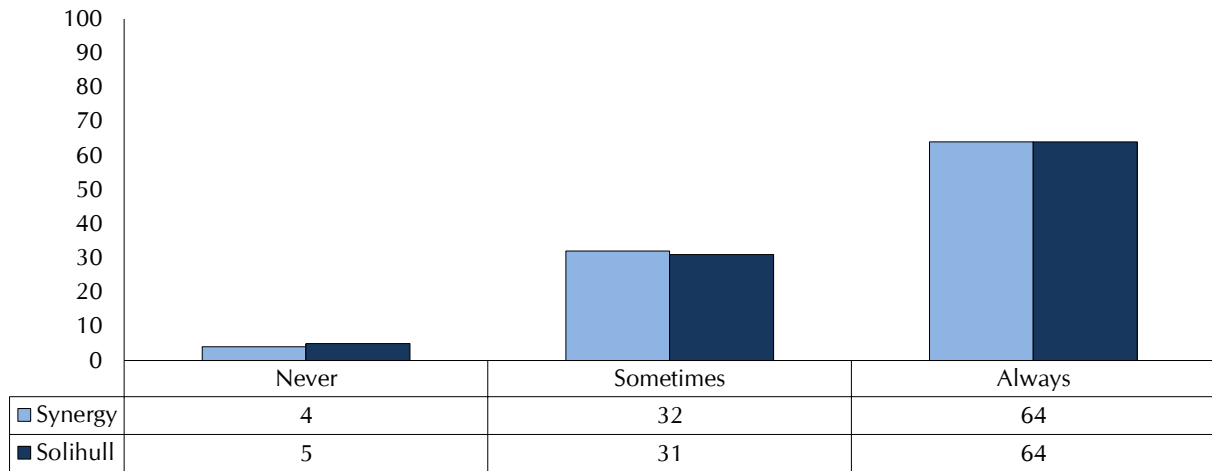
Q6. Percentage of pupils responding that they 'never' eat or drink the following (Solihull Primary data in brackets):

	Boys	Girls	Total
Any meat	15 (13)	11 (11)	13 (12)
Any fish or fish fingers	13 (18)	11 (18)	12 (18)
Any cheese, milk	23 (25)	18 (19)	21 (22)
Brown bread or brown bread rolls	32 (36)	31 (38)	31 (37)
Chips or roast potatoes	12 (13)	9 (9)	11 (11)
Rice or pasta	16 (17)	7 (13)	11 (15)
Sugary cereals	18 (20)	19 (19)	18 (20)
Weetabix, Shredded Wheat, Branflakes	30 (30)	26 (28)	28 (29)
Fresh fruit	3 (7)	2 (4)	3 (5)
Vegetables	13 (16)	5 (11)	9 (14)
Fizzy drinks	23 (19)	23 (25)	23 (22)
Crisps/crisp-type packet snack	7 (9)	5 (6)	6 (8)
Sweets, chocolate, choc bars	4 (5)	4 (5)	4 (5)

Health and Hygiene

Hygiene

Q3. Do you wash your hands after going to the toilet?



4% (5%) of pupils responded that they 'never' wash their hands after going to the toilet, while 32% (31%) said they do so only 'sometimes'.

Q3. Percentage answering that they 'never' wash their hands after going to the toilet.

	Synergy	Solihull
	Yr 2	Yr 2
Boys	5	6
Girls	3	4

64% (64%) of pupils responded that they 'always' wash their hands after going to the toilet.

Q3. Percentage answering that they 'always' wash their hands after going to the toilet.

	Synergy	Solihull
	Yr 2	Yr 2
Boys	57	58
Girls	72	69

Asthma

11% (10%) of pupils responded that they have asthma, while 16% (14%) said they 'don't know' if they do.

Q4. Percentage answering that they have asthma.

	Synergy	Solihull
	Yr 2	Yr 2
Boys	12	11
Girls	11	10

Mental and emotional health

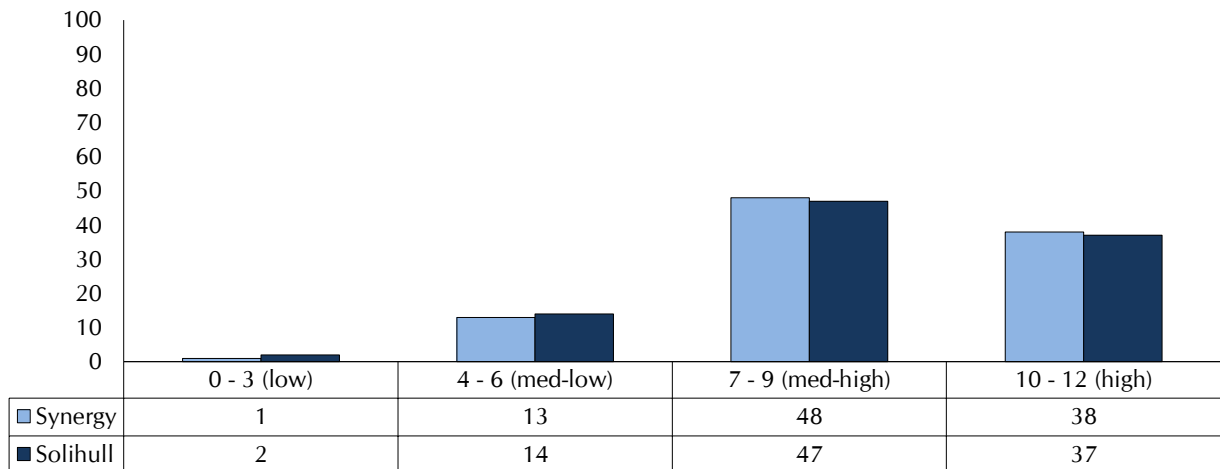
66% (64%) of pupils responded that they mostly feel happy and 68% (69%) said they usually feel safe.

Q5. Percentage of pupils responding to the following questions:

Boys	No	Sometimes	Yes
Do you have lots of friends to play with?	4 (5)	24 (24)	72 (71)
Do your parents like to listen to you?	6 (12)	48 (42)	46 (45)
When a teacher asks you something, do you feel shy?	65 (63)	27 (26)	9 (11)
Do you worry a lot?	53 (49)	34 (36)	13 (14)
Do you fall out with your friends a lot?	44 (45)	46 (41)	9 (13)
Do you mostly feel happy?	3 (6)	27 (30)	70 (63)
Do you usually feel safe?	7 (8)	23 (23)	68 (68)

Girls	No	Sometimes	Yes
Do you have lots of friends to play with?	3 (4)	34 (31)	63 (65)
Do your parents like to listen to you?	7 (8)	45 (41)	47 (51)
When a teacher asks you something, do you feel shy?	56 (55)	35 (32)	9 (12)
Do you worry a lot?	39 (34)	49 (47)	12 (18)
Do you fall out with your friends a lot?	27 (34)	59 (50)	13 (16)
Do you mostly feel happy?	8 (6)	29 (29)	62 (65)
Do you usually feel safe?	5 (7)	26 (21)	68 (70)

Q5. Composite self-esteem score:



38% (37%) of pupils have a high self-esteem score (10 – 12), while 1% (2%) have a low self-esteem score (0 – 3).

Q5. Percentage with a high self-esteem score (10 – 12).

	Synergy	Solihull
Yr 2		
Boys	46	42
Girls	31	33

Dental health

4% (5%) of pupils responded that they didn't clean their teeth at all on the day before the survey.

79% (72%) of pupils responded that they cleaned their teeth at least twice on the day before the survey.

65% (60%) of pupils responded that they have been to a dentist in the last year, while 20% (19%) said they 'don't know' if they have.

Q18. Percentage answering that they didn't clean their teeth at all on the day before the survey.

	Synergy	Solihull
	Yr 2	Yr 2
Boys	4	6
Girls	3	4

Q18. Percentage answering that they cleaned their teeth at least twice on the day before the survey.

	Synergy	Solihull
	Yr 2	Yr 2
Boys	76	70
Girls	81	74

Q19. Percentage answering that they have been to a dentist in the last year.

	Synergy	Solihull
	Yr 2	Yr 2
Boys	66	60
Girls	64	60

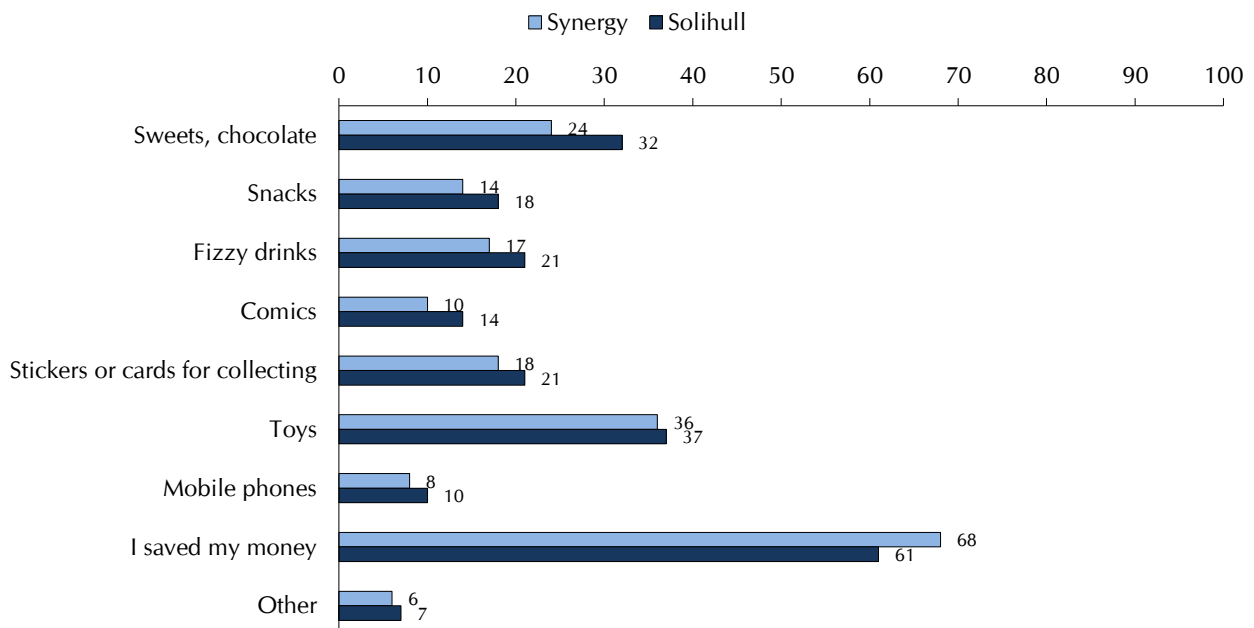
Money

68% (61%) of pupils responded that they have saved money in the last week, while 36% (37%) spent it on toys.

Q7. Percentage of pupils responding that they have spent money on the following in the last week (Solihull Primary data in brackets):

Boys			Girls		
1	I saved my money	67 (59)	1	I saved my money	70 (63)
2	Toys	37 (37)	2	Toys	34 (37)
3	Sweets, chocolate	26 (33)	3	Sweets, chocolate	22 (30)
4	Stickers or cards for collecting	21 (24)	4	Fizzy drinks	16 (18)
5	Fizzy drinks	18 (24)	5	Stickers or cards for collecting	14 (18)
6	Snacks	18 (19)	6	Snacks	10 (16)
7	Comics	13 (17)	7	Comics	7 (11)
8	Mobile phones	10 (11)	8	Mobile phones	6 (8)
9	Other	7 (7)	9	Other	4 (7)

Q7. Percentage of pupils responding that they have spent money on the following in the last week:



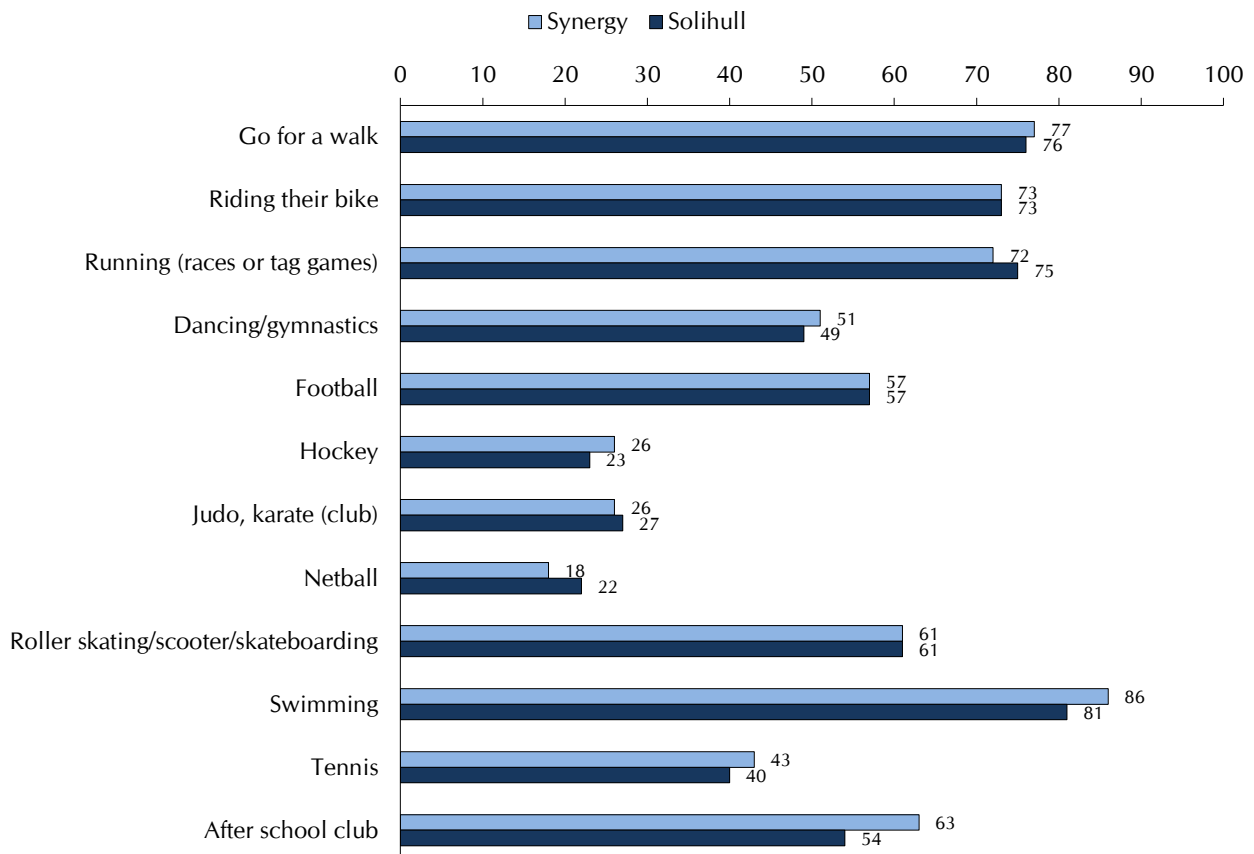
Physical Activity

73% (73%) of pupils responded that they ride their bike at least 'sometimes', while 86% (81%) said they go swimming at least 'sometimes'.

Q8. Percentage of pupils responding that they do the following at least 'sometimes' (Solihull Primary data in brackets):

Boys			Girls		
1	Swimming	88 (80)	1	Swimming	84 (82)
2	Football	78 (76)	2	Dancing/gymnastics	82 (75)
3	Running (races or tag games)	74 (77)	3	Go for a walk	80 (80)
4	Go for a walk	74 (72)	4	Riding their bike	73 (74)
5	Riding their bike	74 (71)	5	Running (races or tag games)	71 (72)
6	After school club	62 (53)	6	Roller skating/scooter/skateboarding	69 (66)
7	Roller skating/scooter/skateboarding	54 (57)	7	After school club	65 (55)
8	Tennis	50 (46)	8	Football	36 (38)
9	Judo, karate (club)	35 (35)	9	Tennis	36 (34)
10	Hockey	31 (29)	10	Hockey	21 (18)

Q8. Percentage of pupils responding that they do the following at least 'sometimes':



Alcohol and Smoking

Alcohol

28% (31%) of pupils responded that they have tasted an alcoholic drink, while 13% (11%) said they 'don't know' if they have.

6% (8%) of pupils responded that they tasted an alcoholic drink in the week before the survey, while 7% (6%) said they 'don't know' if they did.

Smoking

18% (32%) of pupils responded that someone who lives in their house smokes.

4% (6%) of pupils responded that they think they will smoke when they are older, while 18% (20%) think they may smoke and 79% (74%) think they won't.

Q9. Percentage answering that they have tasted an alcoholic drink.

	Synergy	Solihull
	Yr 2	Yr 2
Boys	28	33
Girls	27	28

Q10. Percentage answering that they tasted an alcoholic drink in the week before the survey.

	Synergy	Solihull
	Yr 2	Yr 2
Boys	6	9
Girls	5	6

Q12. Percentage answering that someone who lives in their house smokes.

	Synergy	Solihull
	Yr 2	Yr 2
Boys	16	31
Girls	20	33

Q13. Percentage answering that they think they will smoke when they are older.

	Synergy	Solihull
	Yr 2	Yr 2
Boys	5	8
Girls	2	3

Worrying and Safety

Worrying

43% (48%) of pupils responded that they worry about their family 'a lot'.

Q14. Percentage of pupils responding that they worry about the following... (Solihull Primary data in brackets):

Boys	Never	Sometimes	A lot
School-work	46 (38)	36 (38)	17 (23)
Keeping well	38 (33)	32 (33)	30 (33)
Friendships	42 (39)	29 (28)	29 (32)
Family	36 (29)	25 (23)	40 (48)
The way they look	55 (49)	24 (27)	22 (24)

Girls	Never	Sometimes	A lot
School-work	32 (32)	51 (48)	17 (20)
Keeping well	29 (28)	42 (37)	28 (34)
Friendships	29 (32)	38 (34)	31 (33)
Family	28 (25)	26 (28)	46 (47)
The way they look	40 (41)	35 (33)	24 (25)

Problem solving

Q15. Percentage of pupils responding that they would go to the following people if they were worried or upset about the issues listed... (Solihull Primary data in brackets):

Boys	Mum/Dad/carer	Brother or sister	Friend	Adult in school	Other adult	Keep it to themselves
School	49 (45)	5 (7)	10 (12)	24 (23)	0 (1)	11 (12)
Their family	48 (50)	15 (15)	11 (12)	5 (6)	2 (3)	18 (14)
Their friendships	30 (32)	10 (10)	21 (21)	19 (17)	3 (2)	17 (16)
How they feel	54 (53)	10 (9)	11 (10)	9 (10)	1 (2)	14 (16)

Girls	Mum/Dad/carer	Brother or sister	Friend	Adult in school	Other adult	Keep it to themselves
School	51 (46)	5 (6)	13 (13)	24 (24)	1 (1)	6 (9)
Their family	56 (51)	15 (15)	11 (14)	6 (7)	2 (3)	10 (10)
Their friendships	38 (37)	8 (10)	23 (23)	17 (19)	3 (2)	9 (9)
How they feel	53 (51)	7 (8)	15 (13)	8 (12)	4 (3)	12 (12)

School

49% (52%) of pupils responded that they like going to school, while 33% (31%) said they 'sometimes' do.

Q16. Percentage answering that they like going to school.

	Synergy	Solihull
	Yr 2	Yr 2
Boys	47	48
Girls	51	58

18% (17%) of pupils responded that they don't like going to school.

9% (13%) of pupils responded that they feel scared to go to school because of other children, while 31% (25%) said they 'sometimes' do.

Q16. Percentage answering that they don't like going to school.

	Synergy	Solihull
	Yr 2	Yr 2
Boys	24	23
Girls	11	11

Q17. Percentage answering that they feel scared to go to school because of other children.

	Synergy	Solihull
	Yr 2	Yr 2
Boys	8	13
Girls	10	14

Internet Safety

34% (40%) of pupils responded that they go on the internet when parents/carers aren't in the room.

Q20. Percentage answering that they go on the internet when parents/carers aren't in the room.

	Synergy		Solihull	
	Yr 2		Yr 2	
Boys	38		43	
Girls	31		38	

67% (62%) of pupils responded that their parents/carers have rules about what they are allowed to do online.

Q21. Percentage answering that their parents/carers have rules about what they are allowed to do online.

	Synergy		Solihull	
	Yr 2		Yr 2	
Boys	63		57	
Girls	72		66	

64% (66%) of pupils responded that they have used the internet at home in the last week, while 51% (46%) said they have used it at school.

Q22. Percentage of pupils responding that they have used the internet at the following places in the last week (Solihull Primary data in brackets):

	Year 2		Total
	Boys	Girls	
At home	66 (68)	63 (64)	64 (66)
At school	48 (45)	54 (48)	51 (46)
Elsewhere	33 (34)	27 (29)	30 (32)

Q23. Percentage of pupils responding that they use the internet for the following (Solihull Primary data in brackets):

Boys				Girls			
1	Playing games	80	(81)	1	Playing games	82	(77)
2	Watching YouTube, Netflix, Prime	72	(77)	2	Watching YouTube, Netflix, Prime	78	(80)
3	School work	61	(54)	3	School work	68	(62)
4	Looking at web pages about their hobbies and interests	22	(28)	4	Chatting	24	(24)
5	Chatting	20	(23)	5	Looking at web pages about their hobbies and interests	23	(24)
6	Using Facebook, Instagram, WhatsApp	11	(14)	6	Using Facebook, Instagram, WhatsApp	16	(14)
7	Other	10	(11)	7	Other	10	(9)

7% (11%) of pupils responded that they chat to people online who they have never met.

Q24. Percentage answering that they chat to people online who they have never met.

	Synergy		Solihull	
	Yr 2		Yr 2	
Boys	8		14	
Girls	6		7	

3% (4%) of pupils responded that they chat online to people who they have never met and have received a chat message that scared them or made them upset.

76% (72%) of pupils responded that they have been told how to stay safe while chatting online.

Q25. Percentage answering that they chat to people online who they have never met and have received a message which scared or upset them.

	Synergy	Solihull
	Yr 2	Yr 2
Boys	2	5
Girls	4	3

Q26. Percentage answering that they have been told how to stay safe while chatting online.

	Synergy	Solihull
	Yr 2	Yr 2
Boys	71	70
Girls	83	75

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Health Related Behaviour Survey!**

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- ... Getting your data into your computers**
- ... Turning your data into graphs and pie charts**
- ... Your data and Healthy Schools**
- ... Free resources about young people's health-related
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***We may also be able to introduce you to health and
education contacts, with money and resources, within your
local community***