**Staff Wellbeing**

[[NHS Every mind matters](https://www.nhs.uk/oneyou/every-mind-matters/)](https://www.nhs.uk/oneyou/every-mind-matters/)

[[Mind-taking care of your staff](https://www.mind.org.uk/workplace/mental-health-at-work/taking-care-of-your-staff/)](https://www.mind.org.uk/workplace/mental-health-at-work/taking-care-of-your-staff/)

[[Mental health and the early years workforce](https://www.eyalliance.org.uk/mental-health-and-early-years-workforce)](https://www.eyalliance.org.uk/mental-health-and-early-years-workforce#:~:text=In%20April%202018%2C%20the%20Alliance%20launched%20its%20landmark,childminders%20%E2%80%94%20making%20it%20our%20biggest%20survey%20ever)

[[Smile approach](https://www.forest-oak.solihull.sch.uk/smile/)](https://www.forest-oak.solihull.sch.uk/smile/)

[[NHS 5 steps to mental wellbeing](https://www.nhs.uk/conditions/stress-anxiety-depression/improve-mental-wellbeing/)](https://www.nhs.uk/conditions/stress-anxiety-depression/improve-mental-wellbeing/)